

For release: Saturday, June 1

2019 Spring All-CIF Teams

BASEBALL

First team

P-Ricky Tibbett, Eastlake, Sr.
P-Stephen Klenske, Sage Creek, Sr.
P-Ivran Romero, Poway, Jr.
P-Jordan Thompson, Helix, Jr.
P-Joseph Ingrassia, Valhalla, Sr.
C-Taylor Johnson, Poway, Sr.
Inf-Keoni Cavaco, Eastlake, Sr.
Inf-Marcelo Mayer, Eastlake, So.
Inf-Thomas Saggese, Carlsbad, Jr.
Inf-Scott Anderson, Sage Creek, Sr.
OF-Brandon Glowacki, Santana, Sr.
OF-Adam Lovato, Madison, Sr.
OF-Derek Diamond, Ramona, Sr.
OF-Billy Tellous, Steele Canyon, Sr.
OF-Mac Bingham, Torrey Pines, Sr.

Second Team

P-Trevor Elliott, Mountain Empire, Sr.
P-Hunter Otjen, Point Loma, Jr.
P-Jansen Lublin, San Pasqual, Sr.
P-Jake Rons, Cathedral Catholic, Sr.
P-Christian Becerra, Madison, Jr.
C-Austin Machado, La Costa Canyon, Jr.
Inf-Miles Cook, Rancho Bernardo, Sr.
Inf-Ethan Gourson, Point Loma, So.
Inf-Jim Jarvis, Clairemont, Sr.
Inf-TK Parker, Granite Hills, Jr.
Inf-Anthony Hall, Point Loma, Sr.
OF-Zack Jordan, Classical Academy, Sr.
OF-Eric Smelko, Helix, Sr.
OF-Kyle Casper, Valhalla, Jr.
OF-Keoni Valdez, Grossmont, Sr.

Player of the Year: Keoni Cavaco, Eastlake
Pitcher of the Year: Stephen Klenske, Sage Creek
Coach of the Year: Dallas Booker, Morse

SOFTBALL

First Team

P-Lexi Sosa, Mater Dei Catholic, Sr.
P-Allie Boaz, Rancho Bernardo, Sr.
P-Haley White, Torrey Pines, Sr.
P-Staci Chambers, Granite Hills, Jr.
P-Alexis Guevara, Bonita Vista, So.

C-Alyssa Garcia, Mater Dei Catholic, Sr.
C-Sharlize Palacios, Eastlake, Sr.
C-Desiree Dufek, La Costa Canyon, Sr.
Inf-Cydney Sanders, San Marcos, So.
Inf-Sydney Steele, Poway, Sr.
Inf-Rachel Warrens, SD High Tech High, Sr.
Inf-Seneca Curo, Ramona, Sr.
Inf-Alexa Williams, El Capitan, Jr.
OF-Alyssa Vilke, Scripps Ranch, Sr.
OF-Paige Dimler, Rancho Buena Vista, So.

Second Team

P-Samaria Roope, Grossmont, Sr.
P-Cassidy West, Mission Bay, Jr.
P-Lilly Martinez, Brawley, Jr.
C-Annie Villalobos, San Pasqual, Sr.
Inf-Sophia Real, Poway, Sr.
Inf-Taylor Gray, Scripps Ranch, Sr.
Inf-Catalina Contreras, Grossmont, Jr.
Inf-Alena Ramirez, Mater Dei Catholic, Jr.
Inf-Jessica Acosta, Central Union, Jr.
Inf.-Micaela Macario, Bonita Vista, So.
Inf.-Jessica Venzor, Steele Canyon, Sr.
OF-Mia Rushton, Rancho Bernardo, Jr.
OF-Bailey Wallace, Granite Hills, Jr.
OF-Kyra Chan, Torrey Pines, Fr.
OF-Hannah Slike, Eastlake, So.

Player of the Year: Lexi Sosa, Mater Dei Catholic
Pitcher of the Year: Haley White, Torrey Pines
Coach of the year: Mike Centrullo, Mater Dei Catholic

BOYS VOLLEYBALL

First team

Slater Bird, Westview, Sr.
Adam Chang, Westview, Sr.
Cameron Einhorn, Mt. Carmel, Sr.
Chaz Galloway, Del Norte, Sr.
Nick Gustafson, Francis Parker, Sr.
Evan Marks, Scripps Ranch, Sr.
Lance Muret, La Costa Canyon, Sr.
Nick Slight, Torrey Pines, Jr.
Tanner Swindall, Poway, Jr.
Jano Tello, Eastlake, Sr.

Second team

Ethan Champlin, Classical, Sr.
Nathaniel Gates, La Jolla, Sr.

Stephen Goedken, Carlsbad, Jr.
Connor Martin, University City, Sr.
Will Meader, Torrey Pines, Sr.
Bijan Sagart, Francis Parker, Sr.
Lucas Shepard, Poway, Jr.
Wesley Wang, Westview, Sr.
Cormack Williams, Rancho Bernardo, Sr.
Justin Yates, Sage Creek, So.

Player of the Year: Slater Bird, Westview
Libero of the Year: Taylon Cook, Sage Creek
Coach of the Year: Mike Bird, Mt. Carmel

BOYS TRACK

Kenan Christon, Madison, Sr.
Eric Parker, Helix, Jr.
Drake Prince, CV High Tech, Jr.
Garrett Stanford, La Costa Canyon, Sr.
Jonathan Velasco, Mission Hills, Sr.
Jarel Sayles, Steele Canyon, Jr.
Kamon Stewart, Canyon Crest, Sr.
Prentiss Robinson, Madison, So
Jamauri Jackson, Madison, So.
Daniel Stokes, Madison, Sr.
Devin Anders, Grossmont, Sr.
Carson Sanchez, Grossmont, Sr.
Xavier Bradford, Grossmont, So
Leyikun Solomon, Grossmont, Sr.
Kyle Brownell, San Dieguito, Sr.
Jacob Rice, Rancho Bernardo, Sr.
Altan Mitchell, Point Loma, Sr.
Matt Amankonah, Canyon Crest, Sr.
Joshua Boamah, Scripps Ranch, Jr.

Track Athlete of the Year: Kenan Christon, Madison
Field Athlete of the Year: Altan Mitchell, Point Loma
Coach of the Year: Andrew Corman, Canyon Crest

GIRLS TRACK

Aysha Shaheed, Madison, So.
Katriina Wright, University City, So.
Jacey Farmer, Rancho Bernardo, Fr.
Kristin Fahy, La Costa Canyon, Sr.
Sonia Redon, San Diego, Sr.
Makell Edwards, San Pasqual, Sr.
Jaymie Ruskovich, Scripps Ranch, So.
Aubree Bell, Scripps Ranch, Jr.
Brianna Sproles, Scripps Ranch, Sr.
Aaliyah McCormick, Scripps Ranch, Fr.

Cassie Ferguson, Scripps Ranch, Fr.
Julia Morales, Scripps Ranch, Sr.
Alysah Hickey, Coronado, Sr.
Ashley Callahan, Rancho Bernardo, So.
Elise Miller, San Pasqual, So.
Brandy Atuatasi, West Hills, So.
Kiera Cruz, Mission Hills, Sr.

Track Athlete of the Year: Kristin Fahy, La Costa Canyon
Field Athlete of the Year: Alysah Hickey, Coronado
Coach of the Year: Mike Kirwan, Christian

BOYS GOLF

First Team

Kento Yamawaki, La Costa Canyon, Sr.
Caden Fioroni, Torrey Pines, Jr.
Luke Potter, La Costa Canyon, Fr.
Isaac Rodea, Torrey Pines, Sr.
Ryan Smith, Classical Academy, Jr.
Justin Biwer, Torrey Pines, Jr.
Kevin Jiang, Cathedral Catholic, So.
Shane Ffrench, Classical Academy, Jr.
Alex Conley, Torrey Pines, Sr.
Jackson Moss, Point Loma, Jr.

Second Team

Ian Maspas, Classical Academy, So.
Shea Lague, Steele Canyon, So.
Eric Doyle, Cathedral Catholic, So.
Jackson Rivera, Torrey Pines, So.
Andre Nacional, El Camino, Jr.
Ryan Mendez, Torrey Pines, Jr.
Mason Johnson, Carlsbad, Sr.
Yuefeng Ma, Cathedral Catholic, So.
Darien Zhao, Rancho Bernardo, Jr.
Dylan Oyama, Pacific Ridge, Fr.

Athlete of the Year: Kento Yamawaki, La Costa Canyon
Coach of the Year: Casey Sovacool, La Costa Canyon

BOYS TENNIS

Michael Hao, Torrey Pines, Sr.
Ethan Talluri, Torrey Pines, Sr.
Matthew Mu, Bishop's, Sr.
Ivan Smith, Hilltop, Jr.
Marco Alvarez, Eastlake, Sr.
Daniel Traxler, El Camino, Sr.
Hernan Olivas, Vincent Memorial, Jr.
Ryan Hahn, Poway, Sr.
Jay Blando, Rancho Bernardo, Sr.
Michael Blando, Rancho Bernardo, Sr.

Luke Williams, Canyon Crest, Sr.
Bryce Nakashima, Canyon Crest, Fr.

Athlete of the Year: Michael Hao, Torrey Pines
Coach of the Year: Kevin Brown, Orange Glen

BOYS SWIMMING

George Wythes, Torrey Pines, Sr.
Kaito Koyama, Torrey Pines, Sr.
Stephan Lukashev, Torrey Pines, So.
Eric Workman, Torrey Pines, Jr.
Pierce Dietze, Bishop's, Sr.
Aidan Simpson, San Marcos, So.
Devin Hunt, West Hills, Sr.
Chris Nagy, University City, Jr.
Max Brown, Bishop's Sr.
Michael Xu, Bishop's, Sr.
Lucius Brown, Bishop's, Fr.
Jacque Wenger, Westview, So.
Justin Lee, Torrey Pines, Sr.
Mason Morris, Bishop's, So.
Kato Fraley, Bishop's, So.
Perry Mikic, Bishop's, Jr.

Athlete of the Year: Josh He, Cathedral Catholic
Coach of the Year: Jim Jordan/ Doug Peabody, Bishop's

GIRLS SWIMMING

Leah Coffin, Torrey Pines, Sr.
Amelia Cho, Torrey Pines, Sr.
Mia Kragh, Torrey Pines, So.
Kira Crage, Torrey Pines, Sr.
Rachel Rhee, La Costa Canyon, Sr.
Tegan Preston, La Costa Canyon, Sr.
Jaye Patrick, Canyon Crest, Sr.
Greta Fanta, Cathedral Catholic, Jr.
Jordan Naughton, Torrey Pines, Sr.
Megan Woelkers, Torrey Pines, Jr.
Anna Brooker, Carlsbad, Sr.
Ava Delaney, La Costa Canyon, Fr.
Bella Bram, La Costa Canyon, Sr.
Noelle Harvey, La Costa Canyon, So.

Athlete of the Year: Rachel Rhee, La Costa Canyon
Coach of the Year: Charlie Equels, Patrick Henry

BOYS LACROSSE

First Team
J.J. Sillstrop, La Costa Canyon, Jr..

Colin O'Connor, La Costa Canyon, Sr.
Joe Walsh, Coronado, Sr.
Alex Pistorius, Torrey Pines, Sr.
Marco Napolitano, Torrey Pines, Sr.
Teagan Bultman, Torrey Pines, Jr.
Marquez White, Poway, Jr.
Oscar Hertz, Bishop's, Sr.
Morgan Watson, La Jolla, Sr.
Luca Lietti, San Marcos, Sr.
Miles Botkiss, Torrey Pines, Jr.
Jake Auger, La Costa Canyon, Sr.

Second Team

Porter Hollen, Torrey Pines, Sr.
Luke Mikolajewski, Torrey Pines, Sr.
Blake Erlbeck, Torrey Pines, Jr.
Cavan Walsh, La Jolla, Sr.
Andrew Bell, Coronado, Sr.
Oliver Mirer, Cathedral Catholic, Sr.
Eli Butler, Poway, Sr.
Matt Beddow, St. Augustine, Sr.
Nate Ryan, La Jolla, Sr.
Ryan Crews, Grossmont, Jr.
Wynton Bastian, La Jolla Country Day, Sr.
Preston Graubart, Santa Fe Christian, Jr.

Player of the Year: Marco Napolitano, Torrey Pines
Coach of the Year: Jono Zissi, Torrey Pines

GIRLS LACROSSE

First Team

Ella Brislin, Scripps Ranch, So.
Ari Conboy, La Jolla, So.
Bailey Gehler, Our Lady of Peace, Sr.
Kat Green, Coronado, Sr.
Drew Hemerick, Cathedral Canyon, Sr.
Anna Hong, Canyon Crest, Sr.
Reagan Jetter, La Jolla, Sr.
Skyler Johnson, San Marcos, Sr.
Mia Kohn, Torrey Pines, Jr.
Camdyn O'Donnell, Poway, Sr.
Sarah McLean, La Costa Canyon, Sr.
Jolie Riedell, Scripps Ranch, Sr.

Second Team

Carly Irvine, San Marcos, Jr.
Lexie Likens, La Costa Canyon, Sr.
Sierra Lizerbram, San Marcos, Jr.

Natalie Markman, Scripps Ranch, So.
Meaghan McDaniel, Cathedral Catholic, Sr.
Kayla Nitahara, La Jolla, Sr.
Kate Rothman, Torrey Pines, Jr.
Libby Swanson, Patrick Henry, Sr.
Kayla Tracy, Mission Hills, Jr.
America Vizciano, El Camino, Jr.
Catie Ward, Coronado, Jr.
Mara Zajac, Scripps Ranch, Jr.

Athlete of the Year: Jolie Riedell, Scripps Ranch
Coach of the Year: Michele Uhlfelder, Scripps Ranch

GYMNASTICS

Tessa Anderson, West Hills, Sr.
Gabi Howze, La Costa Canyon, So.
Megan Lee, Torrey Pines, Jr.
Melia Groeger, El Capitan, So.
Emlyn Helmbacher, La Costa Canyon,
Theresa Nguyen, Westview, Sr.

Athlete of the Year: Tessa Anderson, West Hills
Coach of the Year: Monique Lamphiere-Tamayoshi

BADMINTON

Lawrence Taing, Patrick Henry, Jr.
Valerie Nguyen, Westview, So.
Leon Tiang, Patrick Henry, So.
Athena Aguilar, Patrick Henry, Jr.
Kayla In, Patrick Henry, Jr.

Athlete of the Year: Lawrence Taing, Patrick Henry
Coach of the Year: Y.Y. Liew, Serra