

GIRLS WRESTLING

TEAM CHAMPIONS

Year Winner Coach Score Runner-up Coach Score

DIVISION I

Year Winner Coach Score Runner-up Coach Score

2012 Steele Canyon Trevor Keifer Bonita Vista

2013 Steele Canyon Trevor Keifer San Pasqual Rick Sherry 200- 107.5

2014 Steele Canyon Jeannie Lam Rancho Buena Vista 111-102.5

2015 Rancho Buena Vista Bill Halsey Steele Canyon Irene Esquibel 175-135

2016 Rancho Buena Vista Bill Halsey Clairemont Travis Ricks 152.5- 109

2017 Westview Duayne Guile 173 Brawley Ray Leon 158

2018 San Pasqual Danny Harris 148.5 Otay Ranch Gabe Ruz 115.5

2019 Brawley Ray Leon 183 Valley Center Wes Jones 146

STATE TOURNAMENT TEAM CHAMPIONS

TEAM RECORDS

Most Consecutive Unbeaten

Most Consecutive Victories

Most Consecutive Wins (League)

Most Consecutive Unbeaten (League)

Most League Championships or Co-Championships

Most Consecutive League Championships or Co-Champs

Most Section/Divisional Championships

Most State CIF Championships

Most State CIF Place Winners (History)

Most State CIF Place Winners (Season)

Most Points Scored (Meet)

Average Victory Margin (Season)

Most Falls (Season)

Most Falls (Meet)

INDIVIDUAL RECORDS

Most Victories (Career)

Most Victories (Season)

Most Consecutive Victories

Most Points (Career)

Most Points (Season)

Most Takedowns (Career)

Most Takedowns (Season)

Most Falls (Career)

Most Falls (Season)

Fastest Fall

Most State CIF Place Winners (Career)

Most State CIF Championships (Career)

WRESTLING

WEIGHT CLASS CHAMPIONS

2012

Wt. Name, School

100 Kenia Rendon, Hoover

105 Brittany Lopez, Bonita Vista

110 Apolonia Pina, Steele Canyon

116 Kayla Lam- Little, Steele Canyon

120 Danielle Schneider, Steele Canyon

124 Brooke Huerta, Steele Canyon

128 Desiree Macias-Palomata, Bonita Vista

134 Marki Simmons, Steele Canyon

140 Cassie Bettner, Steele Canyon

148 Brittney Yost, Steele Canyon

156 Penelope Lilly King- Smithson, San Diego

167 Mariana Angel, San Pasqual

191 Carole Neri, Steele Canyon

237 Dejauh Thompson, Steele Canyon

2013**Wt. Name, School**

100 Kayla Ochoa, Hilltop
105 Victoria Smith, Central Union
110 Clarissa Gutierrez, Steele Canyon
116 Apolonia Pina, Steele Canyon
120 Desiree Palomata, Bonita Vista
124 Alexandra Gonzalez, Steele Canyon
128 Joy Muniz, Westview
134 Marki Simmons, Steele Canyon
140 Gabriel Fleming, Monte Vista
148 Maria Valencia, Steele Canyon
156 Lily King-Smithson, San Diego
167 Erica Sanchez, San Pasqual
191 Alysia Baker, Hilltop
237 Leimori Tausaga, Mt Miguel

2014**Wt. Name, School**

103 **Kayla Ochoa, Hilltop**
108 Marissa Gutierrez, Steele Canyon
113 Victoria Smith, Brawley
118 Clarissa Gutierrez, Steele Canyon
123 Lauren Horgan, Westview
128 Talisha Dozier, Mt. Miguel
133 Joy Muniz, Westview
139 Brittney Yost, Steele Canyon
145 Jazmin Ibanez, Hilltop
152 Haley Halsey, Rancho Buena Vista
162 Alyssa LaFrancis, Poway
172 Alysia Baker, Hilltop
191 Vanessa White, Mar Vista
237 Leimori Tausaga, Mt. Miguel

2015**Wt. Name, School**

103 Trinity Oredina, Rancho Buena Vista
108 Marissa Gutierrez, Steele Canyon
113 Victoria Smith, Brawley
118 Angelena Petschek, Steele Canyon
123 Clarissa Gutierrez, Steele Canyon
128 Linh Cook, Steele Canyon
133 Vanessa Montiel, Imperial
139 Haley Halsey, Rancho Buena Vista
145 Maria Valencia, Steele Canyon
152 Alysia Baker, Hilltop
162 Alyssa LaFrancis, Rancho Buena Vista
172 Karla Urena, Crawford
191 Tania Sanchez, Rancho Buena Vista
237 Melissa Gleason, San Pasqual

2016**Wt. Name, School**

103 Jasmine Plasencia, Hilltop
108 Lyric Quinto, Westview
113 Isabel Flores, San Ysidro
118 Iesha Washington, Rancho Buena Vista
123 Isabela Hook, Eastlake
128 Caitlyn Lamouree, Poway
133 Claire Bjork, Westview
139 Destiny Adeley- Lyng, Helix
145 Sadie Tackett, Rancho Buena Vista
152 Loraine Tejano, Eastlake
162 Emma Urrutia, San Pasqual
172 Karla Urena, Crawford
191 Tanja Sanchez, Rancho Buena Vista
237 Stephanie Maldonado, Clairemont

2017

Wt. Name, School

103 Jasmine Plasencia, Hilltop
108 Lyric Quinto, Westview
113 Isabel Flores, San Ysidro
118 Maria Sanchez, San Pasqual
123 Isabela Hook, Eastlake
128 Caitlyn Lamouree, Poway
133 Destiny Lyng, Helix
139 Claire Bjork, Westview
145 Melanie Olivarria, San Ysidro
152 Barbara Martinez, Brawley
162 Emma Urrutia, San Pasqual
172 Emily Velasquez, San Pasqual
191 Francisca Diaz, Mission Bay
237 Stephanie Maldonado, Clairemont

2018

Wt. Name, School

103 Emily Sway, Torrey Pines
108 Jasmine Plasencia, Hilltop
113 Savannah Kiddoo, Ramona
118 Candee Nunez, Granite Hills
123 Alexa V Downs, Olympian
128 Phonisha Pruitt, Lincoln
133 Anne- Marie Maskalenko, Clairemont
139 Destiny Lyng, Helix
145 Maddie Konopka, La Costa Canyon
152 Dayna Mitchem, Otay Ranch
162 Larisa Vasquez, Montgomery
172 Jasmin Ballesteros, Montgomery
191 Emily Velazquez, San Pasqual
237 Madlyne Navarro, El Camino

2019

Wt. Name, School

103 Karen Salais, Calexico
108 Yesenia Marin Deguire, Olympian
113 Savannah Kiddoo, Ramona
118 Victoria Bjork, Westview
123 Aria Barragan, Imperial
128 Anne- Marie Maskalenko, Clairemont
133 Phonisha Pruitt, Lincoln
139 Jady Jardon, Brawley
145 Annabelle He, Rancho Bernardo
152 Maddie Konopka, La Costa Canyon
162 Sierra Mefford, Valley Center
172 Paulina Jimenez, Serra
191 Madelyn Navarro, El Camino
237 Kerri Gordon, Mt. Miguel

WRESTLING

CIFSDS COACHES AND HALL OF CHAMPIONS/ MEDIA WRESTLER OF THE YEAR

2012 — Kayla Lam-Little, Steele Canyon
2013 — Marki Simmons, Steele Canyon
2014 — Alyssa LaFrancis, Poway
2015 — Alyssa LaFrancis, RBV
2016 — Stephanie Maldonado, Clairemont
2017 — Stephanie Maldonado, Clairemont
2018 — Destiny Lyng, Helix
2019 — Maddie Konopka, La Costa Canyon

INDIVIDUAL STATE CHAMPIONS

2014 — Alyssa LaFrancis, Poway (160)

2015 — Alyssa LaFrancis, RBV (160)
2017 — Stephanie Maldonado, Clairemont (235)
INDIVIDUAL STATE RUNNER UP
2015 — Tania Sanchez, RBV (189)
2018 — Destiny Lyng, Helix (137)
2019 — Maddie Konopka, La Costa Canyon (150)