

GIRLS WATER POLO

TEAM CHAMPIONS

OPEN DIVISION

2/28/15 Bishops Doug Peabody Cathedral Catholic 7-6
 2/27/16 Bishops Doug Peabody La Jolla Tom Atwell 5-4
 2/25/17 Bishop's Doug Peabody La Jolla Tom Atwell 3-2
 2/24/18 Carlsbad Greg Horman Cathedral Catholic Jaclyn Puccino 4-2

DIVISION I

Date Winner Coach Runner-up Coach Score

1997 Patrick Henry Brad Kreutzkamp Coronado Jon Reichardt 6-5
 1998 Poway Greg Ormsby Valhalla Pat Higginson 12-3
 1999 Carlsbad Chip O'Rourke Valhalla Pat Higginson 8-7
 2000 Carlsbad Chip O'Rourke Fallbrook Bill Richardson 17-12
 2001 Carlsbad Chip O'Rourke Poway Donovan Russell 8-5
 2/23/02 Poway Jim McNees Carlsbad Chip O'Rourke 6-2
 3/01/03 Rancho Bernardo Jeff Bush Fallbrook Bill Richardson 7-5
 2/28/04 Carlsbad Chip O'Rourke Poway Jim McNees 8-6
 2/26/05 Carlsbad Chip O'Rourke Poway Jim McNees 8-6
 2/25/06 Poway Kathy Sheehy Vista Dave Spence 9-5
 2/24/07 Poway Gubba Sheehy Carlsbad Shawn Donahue 13-9
 2/23/08 Vista Dave Spence Carlsbad Shawn Donahue 12-11
 2/28/09 Vista Dave Spence Carlsbad Shawn Donahue 8-4
 2/27/10 Vista Dave Spence Carlsbad Shawn Donahue 10-6
 2/26/11 Vista Dave Spence Torrey Pines Heather Langridge 13-5
 2/25/12 Carlsbad Greg Horman Torrey Pines Heather Langridge 15-10
 2/23/13 Carlsbad Greg Horman Torrey Pines Tim Reed 8-5
 2/23/14 Carlsbad Greg Horman Granite Hills Tracie Bennett 16-3
 3/01/15 Rancho Bernardo Fred Gleason Granite Hills Tracie Bennett 9-8
 2/27/16 Vista Sydney Witt Fallbrook Sean Redmond 7-4
 2/25/17 Clairemont Joey Kienle Helix Lenelle Wylie 5-4
 2/24/18 El Camino Dana Ochsner Westview Emma Sasson 3-2

DIVISION II

Date Winner Coach Runner-up Coach Score

1998 Coronado Randall Burgess Bishop's Doug Peabody 9-6
 1999 Coronado Randall Burgess Bishop's Doug Peabody 9-6
 2000 Bishop's Doug Peabody USDHS Chad Golden 15-8
 2001 Bishop's Doug Peabody Coronado Randall Burgess 6-5
 2/23/02 Bishop's Doug Peabody USDHS Sean Green 12-11
 3/01/03 Coronado Randall Burgess Bishop's Doug Peabody 12-11 (OT)
 2/28/04 Bishop's Doug Peabody USDHS Sean Green 12-7
 2/26/05 Bishop's Doug Peabody Coronado Randall Burgess 11-9
 2/25/06 Bishop's Doug Peabody Coronado David Throop 13-7
 2/24/07 Bishop's Doug Peabody Coronado David Throop 6-5
 2/23/08 Coronado David Throop Bishop's Doug Peabody 8-6
 2/28/09 Coronado David Throop Bishop's Doug Peabody 12-11 (OT)
 2/27/10 Coronado David Throop Bishop's Doug Peabody 10-7
 2/26/11 Valhalla Page Small Mt. Carmel Jon Au 7-6
 2/25/12 Mt. Carmel Jon Au Valhalla Page Small 8-6
 2/23/13 Ramona Don Williams Valhalla Page Small 8-7
 3/01/14 Valhalla Page Small Westview Amy Jennings 8-4
 2/28/15 RBV Kym King El Camino Garrett Rutz 7-5
 2/27/16 Mar Vista Chad Kavanagh Scripps Ranch AJ Ferrill 8-6
 2/25/17 Del Norte Greg Ormsby/ Andy Avila West Hills James Searls 12-5
 2/24/18 Canyon Crest Nicholas Ratekin University City Audra Bloom 6-3

DIVISION III

Date Winner Coach Runner-up Coach Score

2/26/11 Bishop's Doug Peabody La Jolla Dante Laghetto 10-6
 2/25/12 Bishop's Doug Peabody La Jolla Tom Atwell 9-6
 2/23/13 Bishop's Doug Peabody La Jolla Tom Atwell 13-5
 3/01/14 Bishop's Doug Peabody La Jolla Tom Atwell 9-5
 2/28/15 Eastlake Stuart Sokil San Pasqual Heather Calvin 9-7
 2/27/16 Hilltop Ernie Medina Serra Chris Love 7-6
 2/25/17 Canyon Crest Tyler Ormsby Santana Will Hutchison 5-2

2/24/18 Point Loma Mt. Carmel Anjuli Crawford 6-3

CIFSDS COACHES DIVISIONAL PLAYERS OF THE YEAR

- 1998 Div I — Sandy Onweller, Poway
Div II — Brenna Fleener, Bishop's
- 1999 Div I — Jodie Needles, Valhalla
Div II — Ericka Lorenz, Patrick Henry
- 2000 Div I — Holly Hartzell, Fallbrook
Div II — Erin Brown, Bishop's
- 2001 Div I — Jodie Needles, Valhalla
Div II — Erin Brown, Bishop's
- 2002 Div I — Scotti Shafer, Carlsbad
Div II — Moriah Van Norman, USDHS
- 2003 Div I — Tanya Gandy, Rancho Bernardo
Div II — Katie Hansen, Coronado
- 2004 Div I — Lauren Machanis, Carlsbad
Div II — Katie Rulon, USDHS
- 2005 Div I — Tanya Gandy, Rancho Bernardo
Div II — Katie Rulon, USDHS
- 2006 Div I — Krystyna McCright, Poway
Div II — Sarah Van Norman, Bishop's
- 2007 Div I — Lauren Orth, Poway
Div II — Sarah Van Norman, Bishop's
- 2008 Div I — Victoria Williams, Vista
Div II — Hannah Sebenaler, Coronado
- 2009 Div I — Dana Ochsner, El Camino
Div II — Dominique Sardo, Bishop's
- 2010 Div I — Victoria Williams, Vista
Div II — Ashley Young, Coronado
- 2011 Div I —
Div II — Kaitlyn Persky, Valhalla

CIFSDS HALL OF CHAMPIONS/MEDIA PLAYER OF THE YEAR

- 1997 — Ericka Lorenz, Patrick Henry
- 1998 — Sandy Onweller, Poway
- 1999 — Ericka Lorenz, Patrick Henry
- 2000 — Holly Hartzell, Fallbrook
- 2001 — Scotti Shafer, Carlsbad
- 2002 — Scotti Shafer, Carlsbad
- 2003 — Megan May, Bishop's
- 2004 — Megan May, Bishop's
- 2005 — Katie Rulon, USDHS
- 2006 — Sarah Van Norman, Bishop's
- 2007 — Sarah Van Norman, Bishop's
- 2008 — Hannah Sebenaler, Coronado
- 2009 — Dominique Sardo, Bishop's
- 2010 — Ashley Young, Coronado
- 2011 — Victoria Williams, Vista
- 2012 — Gabby Stone, Bishop's
- 2013 — Jessica Webster, Bishop's
- 2014 — Jill Bushman, Bishop's
- 2015 — Hannah Carrillo, Bishop's
- 2016 — Georgia Gilmore, Bishop's
- 2017 — Cassidy Ball, Bishop's
- 2018 — Laura Larkin, Cathedral Catholic

TEAM RECORDS

Longest Winning Streak

- 33 — Bishop's (2002-2003)
- 28 — Coronado (1997-99)
- 28 — Bishop's (2001-2002)
- 23 — Granite Hills (2012)
- 22 — Poway (1999)
- 20 — Bishop's (2000-2001)
- 18 — Valhalla (2013-2014)
- 17 — Bishop's (1998)

16 — Westview (2012-2013)
14 — Poway (1997)
14 — Scripps Ranch (2009)
12 — Bishop's (2002)
12 — Fallbrook (2003)

Longest League Winning Streak

70 — Valhalla (1997-2003)
46 — Poway (1998-2002)
46 — Vista (2007-11)
45 — Valhalla (2013-18)
42 — Granite Hills (2006-10)
41 — Bishop's (2000-2003)
28 — Valley Center (2006-08)
23 — Mission Bay (2008-11)
20 — Coronado (1996-99)
20 — Valley Center (2006-07)
18 — Granite Hills (2004-05)
16 — Patrick Henry (2010-11)
12 — Valley Center (2004-05)
12 — Valhalla (2010)
11 — Poway (2005)
11 — Mission Bay (2010)
10 — Poway (1997)
10 — Fallbrook (1999)
10 — Poway (2004-05)

Most Shutouts (Season)

5 — Otay Ranch (2008)
5 — Otay Ranch (2012)
4 — Fallbrook (1999, 2010)
4 — Valhalla (1999)

Most CIFSDS Championships

13 — Bishop's (2000-2002, 2004-2007, 2010-12)
8 — Carlsbad (1999-2001, 2004-2005, 2012-14)
6 — Coronado (1998-99, 2003, 2008-10)
4 — Poway (1998, 2002, 2006-07)
4 — Vista (2008-11)

Most Consecutive CIFSDS Championships

6 — Bishop's (2011-17)
4 — Bishop's (2004-2007)
4 — Vista (2008-11)
3 — Carlsbad (1999-2001)
3 — Bishop's (2000-2002)
3 — Coronado (2008-10)
2 — Coronado (1998-99, 2008-09)
2 — Carlsbad (2004-2005)
2 — Poway (2006-07)
2 — Bishop's (2011-12)

Most Consecutive League Champions or Co-Champions

11 — Valhalla (2013-2014)
8 — Bishop's (1997-2005)
7 — Granite Hills (2004-10)
6 — Valhalla (2013-18)
4 — Coronado (1997-2000)
4 — Mission Bay (2008-11)
4 — Vista (2008-11)
3 — University City (1999-2001)
3 — Valley Center (2006-08)
2 — Fallbrook (1999-2000)
2 — Valley Center (2003-04)
2 — Scripps Ranch (2008-09)

INDIVIDUAL RECORDS

Most Goals Scored (Career)

560 — Quinne Pursell, El Camino (2014-17)
555 — Victoria Williams, Vista (2008-11)
507 — Sarah Van Norman, Bishop's (2004-07)
483 — Katie Rulon, USDHS (2002-2005)

478 — Kaitlyn Persky, Valhalla (2008-2012)
445 — Kellsie Arolla, La Costa Canyon (2004-07)
432 — Rosie Carreras, Chula Vista (1999-2002)
428 — Sophia Zamoyski, Del Norte (2015-18)
415 — Rebecca Smith, Valley Center (2006-09)
409 — Jody Needles, Valhalla (1998-2001)
390 — Dominique Sardo, Bishop's (2006-09)
383 — Krista Kenna, Granite Hills (2002-2005)
383 — Dagmara Czajka, Del Norte (2015-18)
357 — Kelsie Emerick, Vista (2003-07)
353 — Spencer Samuel, Del Norte (2014-18)
352 — Savannah Rutz, El Camino (2010-2013)
344 — Holly Hartzell, Fallbrook (1997-2000)
339 — Sydney Witt, Vista (2008-11)
338 — Chelsea Smith-Carmichael, Bishop's (2004-07)
335 — Sarah Medina, Otay Ranch (2010-2013)
329 — Sophia Zamoyski, Del Norte (2015-
322 — Tiffany Hodgins, Bishop's (1997-99)
319 — Scotti Shafer, Carlsbad (1999-2002)
318 — Megan May, Bishop's (2001-2004)
317 — Roni Coffey, Otay Ranch (2005-08)
315 — Megan Hausmann, Bishop's (1999-2002)
304 — Rachele Smith, Valley Center (2003-06)
302 — Jenna Cvitkovich, Calhalla (2004-2007)
300 — Paige Squiller, University City (2005-08)
297 — Shelby Keyser, Poway (2002-05)
295 — Riley Agerbeek, Granite Hills (2014-17)
293 — Sandy Onweller, Poway (1997-99)
285 — Dagmara Czajka, Del Norte (2015-
276 — Rachel Bender, Fallbrook (2001-2003)
272 — Erin Brown, Bishop's (1998-2001)
244 — Maegan Zitren, Valhalla (2000-03)
242 — Jasmine Miller, Valhalla (2011-15)
241 — Dawn Rodriguez, Rancho Buena Vista (1997-98)
231 — Donna Stivers, El Cajon Valley (1997-2000)
230 — Christy Decker, University City (1998-2001)
220 — Tiffany Oney, Valley Center (2001-04)
217 — River Croteau-Hanson (2006-09)
210 — Dana Nelsen, University City (2003-06)

Most Goals Scored (Season)

191 — Katie Rulon, USDHS (2005)
165 — Kellsie Arolla, La Costa Canyon (2006)
160 — Quinne Pursell, El Camino (2016)
160 — Sophia Zamoyski, Del Norte (2017)
159 — Paige Squiller, University City (2008)
159 — Quinne Pursell, El Camino (2015)
158 — Sarah Van Norman, Bishop's (2005)
152 — Tiffany Hodgins, Bishop's (1999)
152 — Katie Rulon, USDHS (2003)
151 — Dominique Sardo, Bishop's (2009)
150 — Ericka Lorenz, Patrick Henry (1998)
150 — Kaitlyn Persky, Valhalla (2011)
148 — Victoria Williams, Vista (2011)
146 — Dominique Sardo, Bishop's (2008)
146 — Victoria Williams, Vista (2010)
144 — Rebecca Smith, Valley Center (2009)
143 — Kaitlyn Persky, Valhalla (2012)
142 — Ariana Trammel, Mar Vista (2011)
142 — Quinne Pursell, El Camino (2017)
140 — Katie Rulon, USDHS (2004)
140 — Sarah Medina, Otay Ranch (2013)
138 — Rachel Bender, Fallbrook (2003)
138 — Emilia Halmay, El Capitan (2006)
138 — Sarah Van Norman, Bishop's (2007)
138 — Victoria Williams, Vista (2008)
136 — Dawn Rodriguez, RB Vista (1997)

- 135 — Tiffany Oney, Valley Center (2004)
- 134 — Krista Kenna, Granite Hills (2003)
- 133 — Rebecca Smith, Valley Center (2007)
- 131 — Megan May, Bishop's (2003)
- 130 — Holly Hartzell, Fallbrook (2000)
- 130 — Rachelle Smith, Valley Center (2006)
- 126 — Rachel Camacho, Bishop's (2003)
- 125 — Rosie Carreras, Chula Vista (2002)
- 124 — Roni Coffey, Otay Ranch (2007)
- 124 — Anique Herman, Torrey Pines (2009)
- 123 — Victoria Williams, Vista (2009)
- 121 — Donna Stivers, El Cajon Valley (2000)
- 121 — Riley Agerbeek, Granite Hills (2017)
- 119 — Christy Decker, University City (2000)
- 119 — Jodie Needles, Valhalla (2000)

Most Goals Scored (Game)

- 14 — Tiffany Hodgins, Bishop's vs. USDHS (2/24/98)
- 13 — Paige Squiller, University City vs. Serra (1/23/08)
- 13 — Ericka Lorenz, Patrick Henry vs. Dana Hills (1997)
- 13 — Melody Warren, San Pasqual vs. Vista (2/12/97)
- 12 — Tanya Gandy, Rancho Bernardo vs. West Hills (2/17/05)
- 12 — Kellsie Arolla, La Costa Canyon vs. Camarillo (12/5/05)
- 12 — Sarah Medina, Otay Ranch vs. Point Loma (12/06/12)
- 12 — Sarah Medina, Otay Ranch vs. Mission Hills (12/12/12)
- 12 — Quinne Pursell, El Camino vs. Scripps Ranch (12/6/14)
vs. Oak Christian (1/24/16)
- 11 — Ericka Lorenz, Patrick Henry (1997)
- 11 — Holly Hartzell, Fallbrook vs. Eastlake (2/11/99)
- 11 — Jodie Needles, Valhalla (2000)
- 11 — Ashley Zamora, Southwest SD vs. Morse (1/14/04)
- 11 — Kellsie Arolla, La Costa Canyon vs. San Pasqual (12/14/05)
vs. West Hills (1/21/06)
- 11 — Dana Nelsen, University City vs. Eastlake (2/4/06)
- 11 — Savannah Rutz, El Camino vs. Escondido (1/18/13)
- 11 — Quinne Pursell, El Camino vs. Scripps Ranch (12/5/15)
- 11 — Megan Perko, San Pasqual vs. Mt. Carmel (2/7/15)
- 10 — Dawn Rodriguez, Rancho Buena Vista vs. Carlsbad (1/18/97)
vs. Eastlake (1997)
- 10 — Jamie Fullen, Patrick Henry vs. Mission Viejo (12/28/00)
- 10 — Ashley Zamora, Southwest SD vs. Eastlake (12/17/03)
- 10 — Tanya Gandy, Rancho Bernardo vs. Westview (12/15/04)
- 10 — Rachelle Smith, Valley Center vs. Ramona (1/26/05)
- 10 — Sarah Van Norman, Bishop's vs. University City (2/22/05)
- 10 — Busscali, Helix vs. Otay Ranch (1/16/06)
- 10 — Dana Nelsen, University City vs. Monte Vista (2/16/06)
- 10 — Rebecca Smith, Valley Center vs. Escondido (1/18/08)
- 10 — Anique Herman, Torrey Pines (2009)
- 10 — Demiko Barrett, Fallbrook (2010)
- 10 — Savannah Rutz, El Camino vs. Valley Center (1/11/13)
- 10 — Quinne Pursell, El Camino vs. Torrey Pines (12/5/14)
vs. Helix (12/7/15) vs. Poway (1/24/16) vs. Los Altos (1/24/16)
- 10 — Sophia Zamoyski, Del Norte vs. Poway (1/21/17)
- 9 — By 21 players.

Most Assists (Career)

- 309 — Jamie Brown, Bishop's (2000-2003)
- 295 — Erin Brown, Bishop's (1998-2001)
- 282 — Krista Kenna, Granite Hills (2002-2005)
- 255 — Shelby Keyser, Poway (2002-05)
- 245 — Quinne Pursell, El Camino (2014-17)
- 216 — Dagmara Czajka, Del Norte (2015-18)
- 212 — Savannah Rutz, El Camino (2010-2013)
- 206 — Spencer Samuel, Del Norte (2014-18)
- 191 — Sydney Witt, Vista (2008-11)
- 184 — Tory Haynes, Valley Center (2004-07)
- 181 — Scotti Shafer, Carlsbad (1999-2002)

179 — Erica Zemke, Valhalla (2008-2012)
 172 — Maegan Zitren, Valhalla (2000-03)
 171 — Megan May, Bishop's (2001-2004)
 167 — Dominique Sardo, Bishop's (2006-09)
 166 — Rachelle Smith, Valley Center (2003-06)
 165 — Morgan Small, Valhalla (2008-11)
 164 — Arin Keyser, Poway (1999-2002)
 162 — Roxy Herron, Valhalla (2011-2014)
 159 — Victoria Williams, Vista (2008-11)
 152 — Chelsea Smith-Carmichael, Bishop's (2004-07)
 150 — Rebecca Smith, Valley Center (2006-09)
 150 — Dana Johnson, Valhalla (2001-04)
 149 — Dagmara Czajka, Del Norte (2015-
 146 — Courtney Bayuk, Valhalla (2009-2013)
 145 — Kelsie Emerick, Vista (2003-07)
 130 — Donna Stivers, El Cajon Valley (1997-2000)
 128 — Katrina Hill, Vista (2007-10)
 126 — Ryane Austin, Carlsbad (1999-2002)
 124 — Jennifer Rodriguez-Bruno, Coronado (1997-2000)
 124 — Taylor Morrison, Valley Center (2006-09)
 120 — Jodie Needles, Valhalla (1998-2001)
 119 — Barbara Edwards, Bishop's (1998-2001)
 116 — Erica Horman, Carlsbad (1998-2000)
 116 — Tristan Kennedy-Donohue, Vista (2004-06)
 115 — Brittany Hansen, Coronado (1997-2001)
 110 — Sarah Medina, Otay Ranch (2010-2013)
 109 — Rachael Sanks, Santana (1997-2000)
 105 — Tory Haynes, Valley Center (2004-06)
 99 — Sarah Van Norman, Bishop's (2004-07)
 95 — Lauren Arthur, Bishop's (1998-2001)
 93 — Amy Lightner, Coronado (1996-99)
 90 — Sandy Onweller, Poway (1997-99)
 90 — Riley Agerbeek, Granite Hills (2014-17)
 86 — Kaili Shumilak, Bishop's (1998-2001)
 85 — Devon McIntyre, Coronado (1996-99)
 84 — Katie O'Neill, Carlsbad (2000-2002)

Most Assists (Season)

150 — Jamie Brown, Bishop's (2003)
 111 — Jamie Brown, Bishop's (2002)
 111 — Helen Meigs, Bishop's (2006)
 108 — Kelley Tiffany, Patrick Henry (1998)
 97 — Krista Kenna, Granite Hills (2005)
 93 — Erin Brown, Bishop's (2000)
 88 — Krista Kenna, Granite Hills (2004)
 85 — Rachel Camacho, Bishop's (2004)
 85 — Megan May, Bishop's (2004)
 84 — Shelby Keyser, Poway (2004)
 83 — Erin Brown, Bishop's (2001)
 79 — Tory Haynes, Valley Center (2007)
 78 — Sarah Van Norman, Bishop's (2005)
 77 — Quinne Pursell, El Camino (2015)
 74 — Katie Hansen, Cornado (2003)
 73 — Krista Kenna, Granite Hills (2003)
 73 — Mary Kate McDonough, San Pasqual (2015)
 71 — Brenna Fleener, Bishop's (1998)
 71 — Morgan Small, Valhalla (2011)
 70 — Helen Meigs, Bishop's (2005)
 69 — Katrina Hill, Vista (2010)
 68 — Rosie Carreras, Chula Vista (2001)
 68 — Tristan Kennedy-Donohue, Vista (2006)
 68 — Quinne Pursell, El Camino (2016)
 67 — Dagmara Czajka, Del Norte (2017-18)
 66 — Erin Brown, Bishop's (1998)
 65 — Kelley Tiffany, Patrick Henry (1997)
 64 — Shelby Keyser, Poway (2003)
 63 — Donna Stivers, El Cajon Valley (2000)

- 63 — Courtney Peterson, University City (2004)
- 63 — Erika Zemke, Valhalla (2012)
- 61 — Emily Neill, San Pasqual (2016)
- 59 — Spencer Samuel, Valhalla (2016)
- 57 — Dagmara Czajka, Del Norte (2017)
- 57 — Madelyn Ward, Granite Hills (2017)
- 56 — Dagmara Czajka, Del Norte (2016)
- 53 — Bailey Deck, Del Norte (2017-18)
- 51 — Sarah Medina, Otay Ranch (2012)

Most Assists (Game)

- 12 — Danielle Doelman, Ramona vs. S.D. Southwest (2/04/05)
- 10 — Kelley Tiffany, Patrick Henry vs. Dana Hills (1998)
- 10 — Haley Derrod, Eastlake vs. Mater Dei (2013)
- 9 — Tory Haynes, Valley Center vs. Escondido (12/13/06)
- 8 — Erin Brown, Bishop's vs. USDHS (1999)
- 8 — Koree Blyleven, Bishop's vs. El Capitan (2/4/05)
- 8 — Helen Meigs, Bishop's vs. Tustin (2/4/06)
- 8 — Dominique Sardo, Cathedral Catholic (2/05/07)
- 8 — Quinne Pursell, El Camino vs. Olympian (12/18/14)
- 7 — Emily Gates, Patrick Henry vs. Bishop's (1/24/97)
- 7 — Kristin Haddock, Poway vs. Mira Mesa (12/11/98)
- 7 — Barbara Edwards, Bishop's vs. Torrey Pines (1/10/99)
- 7 — Amber Tissue, Carlsbad vs. RB Vista (12/13/97)
- 7 — Donna Stivers, El Cajon Valley vs. Mt. Miguel (1/13/00)
- 7 — Maegan Zitren, Valhalla vs. USDHS (2000)
- 7 — Erin Brown, Bishop's vs. La Jolla (1/26/01)
vs. Serra (2/08/01)
- 7 — Krista Kenna, Granite Hills vs. Valhalla (2/10/05)
- 7 — Helen Meigs, Bishop's vs. University City (1/24/06)
vs. Patrick Henry (2/7/06)
vs. Santana (2/16/06)
- 7 — Quinne Pursell, El Camino vs. Mira Mesa
- 7 — Mary Kate McDonough, San Pasqual vs. San Ysidro (2/23/15)
vs. Mt. Carmel (2/7/15)
- 7 — Catherine Dennis, Del Norte vs. Torrey Pines (1/17/17)
- 7 — Dagmara Czajka, Del Norte vs. Oceanside (1/13/16)
- 6 — Erica Horman, Carlsbad vs. La Jolla (1/30/98)
- 6 — Brenna Fleener, Bishop's vs. La Jolla (1/08/98)
vs. RB Vista (12/12/98)
- 6 — Tiffany Hodgens, Bishop's vs. Mission Bay (1/12/98)
- 6 — Mary Dentice, Valhalla vs. Clairemont (1998)
- 6 — Arin Keyser, Poway vs. Escondido (1/10/01)
- 6 — Shelby Keyser, Poway vs. Rancho Bernardo (2004)
- 6 — Alex Haynes, Valley Center vs. La Costa Canyon (12/16/04)
vs. Escondido (1/07/05)
- 6 — Krista Kenna, Granite Hills vs. Scripps Ranch (2/04/05)
vs. RB Vista (2/17/05)
- 6 — Helen Meigs, Bishop's vs. La Jolla (1/30/06)
- 6 — Dominique Sardo, Bishop's vs. Scripps Ranch (1/31/06)
vs. Torrey Pines (2/4/06)
- 6 — Kellsie Arolla, La Costa Canyon vs. Otay Ranch (12/21/06)
- 6 — Zinnea Alexander, Bishop's vs. Fallbrook (2/1/07)
- 6 — Tatyanna Barr, El Camino vs. Torrey Pines (12/5/14)
- 6 — Emily Neill, San Pasqual vs. Eastlake (1/5/16)
vs. Valley Center (1/7/16)
- 6 — Paris Huffman, San Pasqual vs. Point Loma (12/19/15)
- 6 — Quinne Pursell, El Camino vs. Grossmont (12/4/15)
vs. Del Norte (12/5/15)
vs. Santana (12/1/16)
- 6 — Juliette Zamoyski, Del Norte vs. Junipero Serra Catholic (1/25/17)
- 6 — Catherine Dennis, Del Norte vs. Rancho Bernardo (1/11/18)
- 5 — By 19 players.

Most Goalie Saves (Career)

- 920 — Haley Derrod, Eastlake (2009-2013)
- 908 — Mia Harris, Granite Hills (2011-15)
- 884 — Kaylee Caster, USDHS & Cathedral Catholic (2003-2005)

879 — Tiffany Horner, Granite Hills (2002-2004).
850 — Audriana Hull, Westview (2011-2013)
757 — Alex Feune de Colombi, Bishop's (1999-2002)
750 — Julie Lupfer, Westview (2007-2010)
708 — Sun Chamblee, Carlsbad (1997-2000)
693 — Cary Robbins, University City (2003-05)
687 — Renee Horner, Granite Hills (1999-2001)
647 — Allison Smith, University City (2005-08)
645 — Jenny Miller, Poway (1997-99)
645 — Danielle Doelman, Ramona (2003-2005)
615 — Marrina Nation, Vista (2009-11)
599 — Julia Gilmore, Valhalla (2008-10)
585 — Lauren Adams, Valhalla (2011-2014)
582 — Zoe Morgan, Santana (2016-18)
562 — Sara Stanford, Poway (2000-02)
538 — Lindsay Magnuson, Santana (1997-2001)
535 — Keri Holcomb, Valhalla (2003-2005)
525 — Cristen Owens, Patrick Henry (1998-2001)
518 — Hayley Miller, Valley Center (2007-09)
501 — Kiera Kenney, Vista (2004-06)
484 — Briana Patricio, Otay Ranch (2010-12)
484 — Abigail LaSogga, Granite Hills (2014-17)
478 — Kelly Hall, Coronado (1995-98)
468 — Shaian Hata, Valley Center (2005-06)
457 — Lauren Machanis, Carlsbad (2002-2003)
438 — Sheri Rendler, Westview (2002-2005)
435 — Christina Michel, Bishop's (2004-07)
427 — Kelsey Granquist, Westview (2005-2007)
424 — Annie Manchester, Bishop's (1998-99)
416 — Katie Bentley, Poway (2003-04)
389 — Jana Stewart, Fallbrook (2002-2003)
358 — Torrey Simonsen, Valley Center (2005-06)
351 — Erin Hanscom, Valhalla (2002-03)
331 — Jordan Gilmore, Valhalla (2011)
324 — Leslie Carson, Valhalla (1995-97)
337 — Tahlia Kerr, Coronado (1998-2001)
326 — Molly Hogan, Valhalla (1998-99)
324 — Leslie Carson, Valhalla (1994-97)
298 — Sally Stone, Bishop's (2002-2003)
253 — Christa Tackaberry, San Pasqual (1997)
245 — Kristi Hall, Valhalla (2001-02)
231 — Krystyna McCright, Poway (2005)

Most Goalie Saves (Season)

419 — Candice Caster, Cathedral Catholic (2006)
393 — Kaylee Caster, Cathedral Catholic (2005)
387 — Amber Handel, West Hills (2003)
376 — Kelly Kobliska, Del Norte (2012-13)
363 — Zoe Morgan, Santana (2017-18)
354 — Keri Holcomb, Valhalla (2005)
345 — Renee Horner, Granite Hills (2001)
342 — Tiffany Horner, Granite Hills (2003)
342 — Mia Harris, Granite Hills (2015)
332 — Mackenzie Habib, Del Norte (2014-16)
331 — Jordan Gilmore, Valhalla (2011)
321 — Emma Cornwell, Otay Ranch (2013)
313 — Haley Derrod, Eastlake (2013)
311 — Amanda Matuk, Grossmont (2001)
304 — Julia Gilmore, Valhalla (2009)
303 — Melanie Merritt, Patrick Henry (2011)
295 — Hayley Miller, Valley Center (2009)
295 — Julia Gilmore, Valhalla (2010)
289 — Amanda Wightman, Patrick Henry (1998)
287 — Zoe Johnson, Valhalla (2016)
286 — Lauren Machanis, Carlsbad (2003)
281 — Marrina Nation, Vista (2010)
271 — Alex Feune de Colombi, Bishop's (2001)

271 — Allison Smith, University City (2008)
270 — Kiera Kenney, Vista (2006)
262 — Sally Stone, Bishop's (2003)
261 — Cary Robbins, University City (2005)
260 — Cristen Owens, Patrick Henry (2001)
257 — Alex Feune de Colombi, Bishop's (2002)
255 — Danielle Doelman, Ramona (2004)
254 — Briana Patricio, Otay Ranch (2012)
253 — Christa Tackaberry, San Pasqual (1997)
252 — Rebekka Williams, Poway (2016)
248 — Haley Derrod, Eastlake (2012)
244 — Shaian Hata, Valley Center (2003)
243 — Annie Manchester, Bishop's (1999)
242 — Danielle Doelman, Ramona (2005)
241 — Stephanie Gac, Valhalla (2006)
239 — Erin Hanscom, Valhalla (2003)
237 — Jana Stewart, Fallbrook (2003)
237 — Reigh Lively, San Pasqual (2016)
236 — Kaylee Caster, USDHS (2003)

Most Goalie Saves (Game)

28 — Candice Caster, Cathedral Catholic vs. SF Christian (2/4/06)
25 — Candice Caster, Cathedral Catholic vs. Mission Bay (1/20/06)
24 — Amanda Matuk, Grossmont vs. Monte Vista (12/22/00)
24 — Zoe Morgan, Santana vs. Steele Canyon (2/9/18)
22 — Kelly Hall, Coronado vs. Patrick Henry (3/01/97)
22 — Renee Horner, Granite Hills vs. Torrey Pines (2/14/01)
21 — Renee Horner, Granite Hills vs. El Cajon (2/10/01)
vs. Carlsbad (2/17/01)
20 — Christa Tackaberry, San Pasqual vs. Hilltop (2/21/97)
20 — Lori Harris, Escondido vs. Carlsbad (2/13/97)
20 — Haley Derrod, Eastlake vs. Hilltop (1/10/13)
20 — Jordan Gilmore, Valhalla vs Fallbrook (1/28/11)
19 — Annie Manchester, Bishop's vs. Carlsbad (2/10/98)
19 — Alex Feune de Colombi, Bishop's vs Coronado (2/07/02)
19 — Candice Caster, Cathedral Catholic vs. Torrey Pines
(1/20/06)
19 — Haley Derrod, Eastlake vs. El Capitan (02/02/13)
18 — Cristen Owens, Patrick Henry vs. USDHS (2/19/00)
18 — Amanda Matuk, Grossmont vs. Santana (1/09/01)
18 — Hayley Miller, Valley Center vs. Bishop's (1/27/09)
18 — Haley Derrod, Eastlake vs. Rancho Buena Vista (12/11/11)
18 — Emma Cornwell, Otay Ranch vs Fallbrook (2/20/14)
17 — Emma Cornwell, Otay Ranch vs. Helix (1/21/13)
17 — Kelly Kobliska, Del Norte vs. La Jolla Country Day (2/13)

Most Steals (Career)

559 — Quinne Pursell, El Camino (2017)
506 — Sarah Medina, Otay Ranch (2010-2013)
486 — Dominique Sardo, Bishop's (2006-09)
484 — Scotti Shafer, Carlsbad (1999-2002)
459 — Jodie Needles, Valhalla (1998-2001)
435 — Rachael Sanks, Santana (1997-2000)
428 — Dagmara Czajka, Del Norte (2015-18)
388 — Erica Horman, Carlsbad (1998-2000)
374 — Sydney Witt, Vista (2008-11)
372 — Krista Kenna, Granite Hills (2002-2005)
356 — Katie Rulon, USDHS (2002-2005)
337 — Spencer Samuel, Del Norte (2014-18)
324 — Dana Johnson, Valhalla (2001-04)
316 — Dagmara Czajka, Del Norte (2015-
288 — Ryane Austin, Carlsbad (1999-2002)
288 — Michelle Perkins, Poway (1999-2002)
288 — Sarah Bushnell, Fallbrook (2010-11)
278 — Megan May, Bishop's (2001-2004)
277 — Kristin Fast, Fallbrook, (2001-2003)
276 — Gabby Martinez, Valhalla (2013-17)
272 — Rebecca Smith, Valley Center (2006-09)

272 — Morgan Small, Valhalla (2008-11)
272 — Jasmine Miller, Valhalla (2011-15)
264 — Ashley McCullum, Poway (2000-03)
264 — Victoria Williams, Vista (2008-11)
263 — Erin Brown, Bishop's (1998-2001)
258 — Michelle Benzie, Granite Hills (2002-2003)
253 — Rachelle Smith, Valley Center (2003-06)
248 — Barbara Edwards, Bishop's (1998-2001)
241 — Stacey El-Hajj, Valhalla (1997-99)
239 — Lauren Nowakowski, Valhalla (1994-97)
239 — Jenna Cvitkovich, Valhalla (2004-2007)
232 — Devon McIntyre, Coronado (1996-99)
225 — Chelsea Smith-Carmichael, Bishop's (2004-07)
222 — Taylor Morrison, Valley Center (2006-09)
220 — Maegan Zitren, Valhalla (2000-03)
219 — Keira DeVigne, Santana (1998-2001)

Most Steals (Season)

194 — Rachael Sanks, Santana (1999)
190 — Kelsie Emerick, Vista (2003-07)
181 — Sarah Medina, Otay Ranch (2013)
167 — Rachael Sanks, Santana (2000)
157 — Quinne Pursell, El Camino (2015)
150 — Sarah Bushnell, Fallbrook (2011)
150 — Sarah Medina, Otay Ranch (2011)
149 — Jodie Needles, Valhalla (1999)
148 — Scotti Shafer, Carlsbad (2002)
146 — Dominique Sardo, Bishop's (2008)
145 — Erica Horman, Carlsbad (1999)
142 — Sarah Medina, Otay Ranch (2012)
138 — Sarah Bushnell, Fallbrook (2010)
131 — Scotti Shafer, Carlsbad (2000)
131 — Katie Rulon, USDHS (2004)
131 — Dominique Sardo, Bishop's (2009)
131 — Dagmara Czajka, Del Norte (2015)
129 — Jodie Needles, Valhalla (1998)
127 — Kristin Fast, Fallbrook (2002)
125 — Devon McIntyre, Coronado (1998)
124 — Erica Horman, Carlsbad (2000)
124 — Sydney Peters, El Capitan (2015)
123 — Michaelle Sanks, Santana (2001)
121 — Brande Huntamer, Valhalla (1995)
121 — Lauren Nowakowski, Valhalla (1995)
119 — Erica Horman, Carlsbad (1998)
118 — Dana Johnson, Valhalla (2003)
117 — Sydney Witt, Vista (2008)
116 — Lauren Nowakowski, Valhalla (1996)
116 — Dana Johnson, Valhalla (2002)
115 — Michelle Perkins, Poway (2001)
114 — Scotti Shafer, Carlsbad (2001)
114 — Katie Rulon, USDHS (2003)
113 — Ryane Austin, Carlsbad (2002)
113 — Megan May, Bishop's (2004)
113 — Morgan Small, Valhalla (2010)
113 — Emily Neill, San Pasqual (2016)
112 — Michelle Benzie, Granite Hills (2004)
112 — Dagmara Czajka, Del Norte (2017-18)
111 — Dominique Sardo, Bishop's (2007)
110 — Anique Herman, Torrey Pines (2009)
110 — Quinne Pursell, El Camino (2016)
107 — Krista Kenna, Granite Hills (2003)
107 — Stephanie Lambert, Ramona (2004)

Most Steals (Game)

15 — Wendy Dorr, Mt. Carmel vs. Westview (1/22/08)
15 — Dagmara Czajka, Del Norte vs. Mar Vista (2/7/15)
14 — Jodie Needles, Valhalla vs. La Jolla (1998)
13 — Dana Johnson, Valhalla vs. Granite Hills (2002)

- 13 — Sarah Medina, Otay Ranch vs. Mater Dei (1/24/12)
- 13 — Sarah Medina, Otay Ranch vs. Mater Dei (1/6/13)
- 12 — Brande Huntamer, Valhalla vs. El Capitan (1994)
- 12 — Scotti Shafer, Carlsbad vs. Poway (2/24/01)
- 12 — Katie O'Neill, Carlsbad vs. R. Bernardo (2/20/02)
- 12 — Sarah Medina, Otay Ranch (2011)
- 11 — Holly Hartzell, Fallbrook vs. Vista (1/13/00)
- 11 — Erica Horman, Carlsbad vs. Helix (2/14/98)
- 11 — Scotti Shafer, Carlsbad vs. Torrey Pines (2/16/02)
- 11 — Kristin Fast, Fallbrook vs. Chula Vista (1/11/02)
- 11 — Quinne Pursell, El Camino vs. Mira Mesa (12/11/14)
vs. San Marcos (1/25/17)
- 11 — Emily Neill, San Pasqual vs. Poway (2/16/16)
- 11 — Dagmara Czajka, Del Norte vs. Poway (1/31/18)
- 10 — Barbara Edwards, Bishop's vs. Scripps Ranch (1/29/99)
- 10 — Erica Horman, Carlsbad vs. Mt. Carmel (2/05/99)
- 10 — Scotti Shafer, Carlsbad vs. El Toro (1/08/02)
vs. Newport Harbor (1/05/02)
vs. Poway (12/19/01)
- 10 — Ryane Austin, Carlsbad vs. El Toro (1/08/02)
- 10 — Dominique Sardo, Bishop's vs. Newport (2/09/07)
- 10 — Taylor Morrison, Valley Center vs. Dana Hills (12/05/08)
- 10 — Anique Herman, Torrey Pines vs. (2009)
- 10 — Amanda Thompson, Steele Canyon vs. Grossmont
(2/12/10)
- 10 — Sarah Bushnell, Fallbrook vs. Escondido (1/14/10)
- 10 — Emily Neill, San Pasqual vs. Escondido (2/11/16)
- 10 — Quinne Pursell, El Camino vs. Point Loma (12/17/15)
vs. Mission Hills (1/12/17)
- 9 — Erica Horman, Carlsbad vs. Vista (1/20/98)
vs. Bishop's (2/13/99)
- 9 — Scotti Shafer, Carlsbad vs. Rancho Bernardo (12/16/98)
vs. Torrey Pines (1/22/00)
- 9 — Maegan Zitren, Valhalla vs. Santana (2002)
- 9 — Kristin Fast, Fallbrook vs. Carlsbad (2/22/03)
- 9 — Erin Hanscom, Valhalla vs. Poway (2003)
- 9 — Hillary Raya, University City vs. Lake Elsinore (2006)
- 9 — Sarah Medina, Otay Ranch vs. Hilltop (1/20/12)
- 9 — Quinne Pursell, El Camino vs. Patrick Henry (12/18/14)
vs. Mar Vista (2/24/15)

5 Meters Drawn (Career)

- 67 — Rebecca Smith, Valley Center (2006-09)
- 53 — Spencer Samuel, Del Norte (2014-18)
- 51 — Sarah Medina, Otay Ranch (2010-2013)
- 49 — Shelby Keyser, Poway (2002-05)
- 41 — Scotti Shafer, Carlsbad (1999-2002)
- 39 — Arin Keyser, Poway (1999-2002)
- 38 — Megan May, Bishop's (2001-2004)
- 19 — Rachelle Smith, Valley Center (2003-06)
- 18 — Ryane Austin, Carlsbad (1999-2002)

5 Meters Drawn (Season)

- 25 — Rebecca Smith, Valley Center (2007)
- 24 — Rebecca Smith, Valley Center (2008)
- 22 — Roni Coffey, Otay Ranch (2008)
- 19 — Megan May, Bishop's (2003)
- 19 — Sarah Medina, Otay Ranch (2013)
- 19 — Megan May, Bishop's (2004)
- 17 — Sarah Medina, Otay Ranch (2012)
- 15 — Shelby Keyser, Poway (2004)
- 15 — Kellsie Arolla, La Costa Canyon (2007)
- 14 — Scotti Shafer, Carlsbad (2001)
- 14 — Arin Keyser, Poway (2002)
- 14 — Shelby Keyser, Poway (2005)
- 14 — Roni Coffey, Otay Ranch (2007)
- 14 — Rebecca Smith, Valley Center (2009)
- 12 — Scotti Shafer, Carlsbad (2000)

- 12 — Arin Keyser, Poway (2001)
- 12 — Sarah Medina, Otay Ranch (2011)
- 11 — Shelby Keyser, Poway (2003)
- 11 — Rachelle Smith, Valley Center (2005)
- 10 — Scotti Shafer, Carlsbad (2002)
- 9 — Shelby Keyser, Poway (2002)
- 8 — Arin Keyser, Poway (2000)
- 8 — Ryane Austin, Carlsbad (2001)
- 8 — Rachelle Smith, Valley Center (2006)
- 6 — Hilary Horman, Carlsbad (1998)

5 Meters Drawn (Game)

- 4 — Sophia Zamoyski, Del Norte vs. El Capitan (2/4/17)
- 3 — Shelby Keyser, Poway vs. Santa Margarita (2004)
- 3 — Roni Coffey, Otay Ranch vs. Eastlake (1/30/06)
- 3 — Rebecca Smith, Valley Center vs. West Hills (1/20/07)
vs. Bishop's (2/17/07)
vs. Ramona (1/16/08)
- 3 — Sarah Medina, Otay Ranch vs. Mira Mesa (12/2/11)
- 3 — Sarah Medina, Otay ranch vs. Mission Hills (12/12/12)
- 2 — Erica Horman, Carlsbad vs. Hilltop (2/14/98)
- 2 — Scotti Shafer, Carlsbad vs. RB Vista (12/14/99)
vs. Torrey Pines (1/22/00)
vs. Fallbrook (1/25/00)
vs. Long Beach Poly (12/08/00)
vs. Irvine (2/01/01)
vs. Fallbrook (1/26/02)
- 2 — Ryane Austin, Carlsbad vs. Fallbrook (1/24/01)
- 2 — Nicole Fisher, Granite Hills vs. Valhalla (1/28/03)
- 2 — Lauren Presant, Poway vs. Fallbrook (2005)
- 2 — Emily Atkins, Valley Center vs. El Dorado (2/05/05)
- 2 — Kellsie Arolla, La Costa Canyon vs. RB Vista (1/05/07)
vs. El Dorado (2/2/07)
vs. RB Vista (2/03/07)
- 2 — Rebecca Smith, Valley Center vs. Santa Ana Mater Dei
(1/23/09)
- 2 — Sophia Zamoyski, Del Norte vs. Diamond Bar (2/2/18)

Ejections Drawn (Career)

- 320 — Sarah Van Norman, Bishop's (2004-07)
- 276 — Shelby Keyser, Poway (2002-05)
- 244 — Scotti Shafer, Carlsbad (1999-2002)
- 243 — Jenna Cvitkovich, Valhalla (2004-07)
- 239 — Rebecca Smith, Valley Center (2006-09)
- 222 — Sarah Medina, Otay Ranch (2010-2013)
- 212 — Erin Brown, Bishop's (1998-2001)
- 212 — Erica Zemke, Valhalla (2008-12)
- 210 — Arin Keyser, (1999-2002)
- 198 — Sophia Zamoyski, Del Norte (2015-18)
- 180 — Rachelle Smith, Valley Center (2003-06)
- 150 — Kaitlyn Persky, Valhalla (2008-12)
- 148 — Sophia Zamoyski, Del Norte (2015-
- 141 — Spencer Samuel, Del Norte (2014-18)
- 132 — Jodie Needles, Valhalla (1998-2001)
- 130 — Gabby Martinez, Valhalla (2013-17)
- 128 — Dominique Sardo, Bishop's (2006-09)
- 122 — Madison Stockton, Valhalla (2011-14)
- 116 — Paige Squiller, University City (2005-08)
- 115 — Jamie Brown, Bishop's (2000-2003)
- 112 — Jasmine Miller, Valhalla (2011-15)
- 111 — Kelsie Emerick, Vista (2003-07)
- 110 — Dana Johnson, Valhalla (2001-04)
- 105 — Karianne Gwinn, Granite Hills (2003-06)
- 103 — Ryane Austin, Carlsbad (1999-2002)
- 98 — Dana Esbensen, Fallbrook (2002-2003)
- 96 — Dana Nelsen, University City (2003-06)
- 92 — Margan Zitren, Valhalla (2000-03)

84 — Katie Hansen, Coronado (2003)
79 — Rachel Bender, Fallbrook (2001-2003)

Ejections Drawn (Season)

96 — Rebecca Smith, Valley Center (2007)
94 — Sarah Van Norman, Bishop's (2006)
93 — Sarah Medina, Otay Ranch (2013)
92 — Kellsie Arolla, La Costa Canyon (2006)
91 — Sarah Van Norman, Bishop's (2005)
89 — Shelby Keyser, Poway (2003)
85 — Erin Brown, Bishop's (2000)
84 — Katie Hansen, Coronado (2003)
84 — Shelby Keyser, Poway (2005)
84 — Jenna Cvitkovich, Valhalla (2007)
81 — Sarah Van Norman, Bishop's (2004)
81 — Rachelle Smith, Valley Center (2005)
81 — Rebecca Smith, Valley Center (2009)
77 — Arin Keyser, Poway (2002)
76 — Rachelle Smith, Valley Center (2006)
76 — Shelby Keyser, Poway (2004)
75 — Scotti Shafer, Carlsbad (2002)
75 — Sarah Van Norman, Bishop's (2005)
71 — Scotti Shafer, Carlsbad (2000)
71 — Sarah Medina, Otay Ranch (2012)
70 — Erin Brown, Bishop's (1999)
68 — Jenna Cvitkovich, Valhalla (2005)
68 — Jenna Cvitkovich, Valhalla (2006)
68 — Madelyn Ward, Granite Hills (2017)
67 — Erica Zemke, Valhalla (2011)
65 — Jasmine Miller, Valhalla (2015)
65 — Spencer Samuel, Valhalla (2016)
63 — Paige Squiller, University City (2007)
61 — Sarah Van Norman, Bishop's (2007)
59 — Rachel Camacho, Bishop's (2004)
59 — Megan May, Bishop's (2004)
59 — Sarah Van Norman, Bishop's (2004)
59 — Mariah Fiske, San Pasqual (2016)
56 — Scotti Shafer, Carlsbad (2001)
56 — Julie Nestlebush, El Cajon Valley (2003)
56 — Kara Butler, Poway (2005)
56 — Erica Zemke, Valhalla (2010)
56 — Madison, Stockton, Valhalla (2014)
55 — Jamie Brown, Bishop's (2002)
54 — Dana Esbensen, Fallbrook (2003)
54 — Sophia Zamoyski, Del Norte (2015)

Ejections Drawn (Game)

11 — Jenna Cvitkovich, Valhalla vs. Capo Valley (2007)
10 — Rebecca Smith, Valley Center vs. Great Oak (1/24/09)
9 — Shelby Keyser, Poway vs. Santa Margarita (12/29/03)
9 — Roni Coffey, Otay Ranch vs. Bonita Vista (2/06/07)
9 — Rebecca Smith, Valley Center vs. Escondido (1/18/08)
9 — Reilly Landry, Mar Vista vs. El Capitan (2/16/12)
8 — Sarah Van Norman, Bishop's vs. Newport (12/17/05)
vs. Coronado (2/9/06)
vs. Coronado (2/25/06)
8 — Sarah Medina, Otay Ranch vs. Eastlake (2/5/13)
7 — Scotti Shafer, Carlsbad vs. Santa Barbara (12/28/01)
7 — Nicole Fisher, Granite Hills vs. Valhalla (1/28/03)
7 — Dana Johnson, Valhalla vs. Granite Hills (2003)
7 — Shelby Keyser, Poway vs. La Costa Canyon (2005)
7 — Sarah Van Norman, Bishop's vs. Foothill (2/9/05)
7 — Mellisa Long, University City vs. La Jolla (2/19/05)
7 — Sophia Zamoyski, Del Norte vs. Mar Vista (2/7/15)
6 — Malia McKee, Valhalla vs. Mt. Carmel (1994)
6 — Scotti Shafer, Carlsbad vs. Newport Harbor (1/05/02)
vs. El Toro (1/08/02)
vs. Mt. Carmel (12/16/99)

- vs. Clairemont (2/10/00)
- vs. Mt Carmel (2/20/01)
- 6 — Dana Esbensen, Fallbrook vs. Valhalla (2/16/02)
- 6 — Kelly Ott, Valhalla vs. San Clemente (2002)
- 6 — Arin Keyser, Poway vs. Patrick Henry (12/10/99)
vs. Carlsbad (2/5/00)
- 6 — Rachelle Smith, Valley Center vs. Ramona (1/04/06)
vs. Ramona (1/27/06)
- 6 — Rebecca Smith, Valley Center vs. Escondido (12/13/06)
vs. Westview (1/04/07)
- 6 — Paige Squiller, University City vs. San Clemente (2006)
- 6 — Amanda Thompson, Steele Canyon vs. Granite Hills (1/14/10)
- 6 — Sophia Zamoyski, Del Norte vs. El Capitan (2/4/17)
- 5 — Mariah Fiske, San Pasqual vs La Costa Canyon (1/20/16)