

ALL-CIF TEAMS

FOOTBALL

First Team

Offense

Pos.	Name	School	Ht.	Wt.	Yr.
QB	Dillon Baxter	Mission Bay	6-0	205	Sr.
QB	Peter Thomas	Valhalla	6-5	220	Sr.
RB	Ricky Seale	Escondido	5-9	185	Sr.
RB	Damien Williams	Mira Mesa	5-11	200	Sr.
RB	Brennan Clay	Scripps Ranch	6-0	198	Sr.
RB	Tony Jefferson	Eastlake	6-1	205	Sr.
OL	Alex Crosthwaite	Cathedral Catholic	6-4	315	Sr.
OL	Randy Reschke	Vista	6-1	240	Sr.
OL	Spencer Johnston	Ramona	6-3	245	Sr.
OL	Corey Lamb	La Costa Canyon	6-2	275	Sr.
OL	Ference Kacsinta	Steele Canyon	6-1	296	Sr.
WR	Kenny Stills	La Costa Canyon	6-2	185	Sr.
WR	Victor Dean	Lincoln	6-6	210	Sr.
WR	Jerry Whittaker	Oceanside	5-10	170	Sr.
TE	Robert Graves	Eastlake	6-3	245	Sr.
K	Bobby Zalud	La Costa Canyon	5-7	170	Sr.

Defense

Pos.	Name	School	Ht.	Wt.	Yr.
DL	Thomas Molesi	Oceanside	6-2	280	Sr.
DL	Mustafa Jalil	Cathedral Catholic	6-4	305	Jr.
DL	Kenny Galeai	Oceanside	6-1	275	Sr.
DL	Shane Pennix,	Valhalla	6-3	246	Sr.
LB	Jake Fely	Oceanside	5-10	215	Sr.
LB	Ofisa Kose	Vista	6-2	235	Sr.
LB	Marcus Mendillo	Eastlake	5-11	210	Sr.
LB	Anthony Joyner	Point Loma	6-2	220	Sr.
LB	Rene Siluano	Oceanside	5-10	190	Sr.
LB	Matt Cellery	Eastlake	5-11	235	Sr.
DB	Stefan McClure	Vista	5-10	175	Jr.
DB	King Holder	Oceanside	5-10	165	Sr.
DB	Davon Dunn	Lincoln	6-0	180	Sr.
DB	Ray Herring	Mission Bay	6-0	170	Sr.
DB	Dominic Prouty	El Capitan	5-10	190	Sr.

Offensive Player of the Year: Dillon Baxter, Mission Bay

Defensive Player of the Year: Thomas Molesi, Oceanside

Coach of the Year: John McFadden, Eastlake

Second Team

Offense

Pos.	Name	School	Ht.	Wt.	Yr.
QB	Deon Randall	Parker	5-9	180	Sr.
QB	D'Angelo Barksdale	Eastlake	6-2	185	Sr.
RB	Stanton Upson	Valley Center	5-9	170	Sr.
RB	Derall Hunter	Mount Miguel	5-10	181	Sr.
OL	Stehly Reden	Valley Center	6-5	235	Jr.
OL	Larsen Romo	Escondido	6-2	225	Sr.
OL	James Rooks	Mission Bay	6-1	250	Sr.
OL	David Vasquez	Oceanside	6-1	235	Jr.
OL	Markis Tokio	Oceanside	6-0	250	Sr.
WR	Dana Barbaro	St. Augustine	6-2	185	Sr.
WR	Chance Early	Cathedral Catholic	6-0	170	Jr.
WR	Troy Ware	Vista	6-2	180	Sr.
WR	Austin Gonzalez	Helix	5-11	170	Jr.
TE	Dallas Butler	Mission Hills	6-1	220	Sr.
TE	Jordan Sparkman	Point Loma	6-6	230	Sr.
K	Jorge Medina	Mount Miguel	5-10	210	Jr.

Second Team

Defense

Pos.	Name	School	Ht.	Wt.	Yr.
DL	Tom Jauregui	Valley Center	6-3	190	Sr.
DL	Sam Meredith	Helix	6-4	250	Jr.
DL	Adam Witzmann	La Costa Canyon	6-0	225	Sr.
DL	Eddie Vega	Eastlake	5-11	195	Sr.
DL	Ian Seau	La Costa Canyon	6-4	240	Jr.
LB	J.J. Taele	El Camino	5-11	205	Sr.
LB	Jordan Lance	Cathedral Catholic	5-11	190	Sr.
LB	Thomas Tutogi	Chula Vista	6-0	240	Sr.
LB	Kurt Luedtke	Santa Fe Christian	6-1	180	Sr.
LB	Nic Quintero	Mission Bay	6-1	210	Sr.
DB	Larry East	Vista	6-1	200	Sr.
DB	Dominick Markham	El Camino	5-9	165	Sr.
DB	Brien Moynihan	Cathedral Catholic	5-11	175	Sr.
DB	Tim Zier	Escondido	5-9	195	Sr.
DB	Devin Taverna	Oceanside	6-1	185	Sr.

GIRLS VOLLEYBALL

First Team

Name	School	Yr.
Kelly Reeves	Cathedral Catholic	Sr.
Katie Dutchman	Torrey Pines	Sr.
Kendall Polan	La Costa Canyon	Sr.
Jenny Woolway	Torrey Pines	Sr.

Natalie Hagglund	La Costa Canyon	Sr.
Taylor Milton	Cathedral Catholic	Jr.
Lauren Birks	La Jolla Country Day	Jr.
Mollie Rogers	La Jolla Country Day	Jr.
Chloe Mathis	La Jolla Country Day	Jr.
Chloe Buckendahl	Rancho Buena Vista	Jr.

Second Team

Name	School	Yr.
Taylor Parker	Scripps Ranch	Sr.
Bailey Kotas	Ramona	Sr.
Haley Cameron	La Jolla	Sr.
Stephanie Becvar	Valley Center	Sr.
Ina Kamenova	Bishop's	Sr.
Kelley Larsen	Christian	Sr.
Kristen Casey	Bishop's	Jr.
Thea Derrough	Bishop's	Sr.
Mariah Counts	Poway	Jr.
Megan Glennie	Valley Center	Sr.

Player of the year: Kelly Reeves, Cathedral Catholic

Coach of the year: Peter Ogle, La Jolla Country Day

BOYS WATER POLO

First Team

Name	School	Yr.
Chris Fahlsing	Cathedral Catholic	Sr.
Collin Smith	Carlsbad	Sr.
Alex Johnson	Coronado	Sr.
Alex Bowen	Santana	Jr.
Robert Robinson	Carlsbad	Sr.
Patrick Scahill	Rancho Buena Vista	Sr.
Rex Butler	Coronado	Sr.
Drew Hoffenberg	Bishop's	Jr.
Stephen White	Cathedral Catholic	Jr.
Ryan Brunansky	Poway	Sr.

Second Team

Name	School	Yr.
Preston Rodman	Carlsbad	Sr.
Jacob Schrimpf	Cathedral Catholic	Sr.
Tim Atkinson	Granite Hills	Sr.
Jacob Pril	Fallbrook	Sr.
Greg Nelson	University City	Sr.

Stephen Perdw	Cathedral Catholic	Sr.
Brian Penney	Rancho Buena Vista	Sr.
Weston Garretson	Poway	Jr.
Andrew Ireland	Coronado	Sr.
Alex Schamp	Carlsbad	Sr.

Player of the year: Collin Smith, Carlsbad

Coach of the Year: Brett Ormsby, Cathedral Catholic

FIELD HOCKEY

First Team

Name	School	Yr.
Mallory Albini	San Pasqual	Sr.
Alohi Ornellas	San Pasqual	Sr.
Allison Swartz	Scripps Ranch	Sr.
Andrea Earle	Scripps Ranch	Sr.
Katy Haus	Vista	Jr.
Kyle Little	Fallbrook	Sr.
Chelsea Yogerst	Torrey Pines	Sr.
Jessica Olafson	Serra	Sr.
Melanie Kahn	Serra	Sr.
Katie Sirota	Serra	Sr.
Jenny Snyder	Rancho Buena Vista	Sr.

Second Team

Name	School	Yr.
Kaitlin Mayall	Hilltop	Sr.
Christine Russell	Fallbrook	Sr.
Stephanie Cowles	Torrey Pines	Sr.
Melissa Effertz	Rancho Buena Vista	Sr.
Caitlin Chamberlain	La Costa Canyon	Sr.
Jahna Jordan	Fallbrook	Sr.
Kelsey Harbin	San Pasqual	Sr.
Sandy Kramer	Rancho Buena Vista	Jr.
Lauren Hughey	Fallbrook	Jr.
Mackenzie Menotti	Cathedral Catholic	Sr.
Maggie Sevilla	Scripps Ranch	Jr.

Athlete of the Year: Allison Swartz, Scripps Ranch

GIRLS TENNIS

First Team

Name	School	Yr.
Lacey Smith	San Marcos	Sr.
Danielle Flores	Cathedral Catholic	Jr.
Tory Parravi	Torrey Pines	Jr.

Karen Forman	Torrey Pines	Jr.
Jessica Willett	Fallbrook	Jr.
Analese Snyder	Cathedral Catholic	Sr.
Ciria Mariscal	Cathedral Catholic	Sr.
Jenny Borck	Mater Dei Catholic	Jr.
Kaley Schultz	Poway	Sr.
Laina Matsuda	Poway	Jr.
Michaela Johnson	Fallbrook	Sr.
Hailey Johnson	Fallbrook	Jr.

CROSS COUNTRY

BOYS

First Team

1. Darren Fahy	La Costa Canyon	So.
2. Kellen Blumberg	Patrick Henry	Sr.
3. Eamonn McCarey	Clairemont	Sr.
4. Matt Carpowich	Torrey Pines	Jr.
5. Alex Smith	Poway	Jr.
6. Alfredo Rodriguez	Bonita Vista	Sr.
7. Ryan Urie	Patrick Henry	Jr.
8. Dylan Marx	Mt. Miguel	Sr.
9. Connor Jaramillo	Poway	Jr.
10. Cameron Barela	Mission Hills	Jr.

Second Team

11. Lee McAllister	Helix	Jr.
12. Eric Causey	La Costa Canyon	So.
13. Dillon Breen	Monte Vista	Sr.
14. Jacob Wood	Mt. Carmel	Sr.
15. Shinaola Agbede	Bonita Vista	Jr.
16. Chris Brewer	Rancho Buena Vista	Jr.
17. Tyler Robinson	Cathedral Catholic	Sr.
18. Eddie Ramos	Patrick Henry	Sr.
19. Leo Banales	Brawley	Sr.
20. Alex Jafek	Torrey Pines	Sr.

Runner of the Year: Kellen Blumberg, Patrick Henry

Coach of the Year: Dan Schaitel, Poway

GIRLS

First Team

1. Molly Grabill	Rancho Bernardo	Jr.
2. Megan Morgan	Torrey Pines	Sr.
3. Alli Billmeyer	Torrey Pines	Jr.
4. Erin Menefee	Mt. Carmel	Sr.
5. Kelly Lawson	La Costa Canyon	Fr.

6. Ashlyn Dadkhah	Torrey Pines	So.
7. Paige Hughes	Valhalla	Jr.
8. Elisa Karhu	Rancho Bernardo	Sr.
9. Savannah Vasquez	Mission Hills	Sr.
10. Caitlin Krol	Cathedral Catholic	So.

Second Team

11. Sabrina Seay	Mt. Carmel	Fr.
12. Michelle Read	Clairemont	Jr.
13. Sarah Heisner	Rancho Buena Vista	Fr.
14. Meghan Breadmore	Point Loma	Jr.
15. Savannah Roberts	Clairemont	So.
16. Michelle Walling	Eastlake	Sr.
17. Michelle LeRoux	Rancho Bernardo	Jr.
18. Ellie Abrahamson	La Costa Canyon	Fr.
19. Besty Armitage	Clairemont	Fr.
20. Megan Hughes	Valhalla	Jr.

Runner of the Year: Molly Grabill, Rancho Bernardo

Coach of the Year: Sean Stevenson, Clairemont

GOLF

First Team

Rachel Morris	Carlsbad
Minjia Luo	Torrey Pines
Devon Brown	Cathedral Catholic
Danielle Frasier	La Costa Canyon
Sorelle Sedej	Poway
Courtney Hooton	Bishop's
Sandy Choi	Torrey Pines
Sarah Baek	Torrey Pines
Joyce Kim	Cathedral Catholic
Kathleen Crossley	Helix

Second Team

Kaylee Markowski	San Pasqual
Georgiana Salant	La Costa Canyon
Madilena Mendiola	Rancho Bernardo
Taylor Crandall	West Hills
Angelica Rodriguez	Sweetwater
Lindsay Kadowaki	Rancho Bernardo
Marissa Borja	Steele Canyon
Savannah Knox	Point Loma
Claire Kinsey	Francis Parker
Kassidy Teare	Rancho Buena Vista

Player of the Year: Rachel Morris, Carlsbad