



Crawford High Cross Country Teams Honored As CIF's Fall 2016 Victory With Honor Recipients

Epic Wings 'N Things Helps Recognize Outstanding Student-Athletes



The boys and girls cross country teams at Crawford High have been named the CIF San Diego Section's Victory with Honor recipient for the Fall season, recognizing the teams' accomplishments in their sport, their school, and their community.

Sponsored by Epic Wings 'N Things, a longtime sponsor the CIF San Diego Section, the award honors one Section team at the end of each season that exemplifies the CIF's core philosophy of Victory With Honor.

"The students treat each other like a family," wrote Crawford cross country coach Rachel Venancio. "The new arrival refugee runners have found fast friends in students that were already here, creating a diverse and fun-loving group that really cares for each other."

“They cheer each other on in the races,” Venancio continued, “bring each other food, help each other with schoolwork, and have each other’s backs when it comes to juggling the life of a student-athlete. Many of our runners are new English learners from a variety of countries, but there is no sense of frustration during communication with other, more proficient teammates. Instead, they patiently work together to find a solution to their problem and to move ahead together as a team.”

At a lunchtime reception for the teams, Crawford Principal Richard Lawrence and CIF Commissioner Jerry Schniepp each commended the athletes for their achievement. “You should all be very proud,” said Schniepp. “You’re outstanding representatives of all the 60,000 athletes that compete in the San Diego Section.”