



REQUEST PERMISSION TO COMPETE IN
CIFSDS TEAM OR INDIVIDUAL CHAMPIONSHIPS

_____ a student at _____
(Name - First and Last) (School)

has been unable to compete in the recommended number of events in the sport of _____
(Sport)

for the following reasons:

Please check all that apply:

- 1. Has suffered a debilitating illness/injury and has been under a physician's care during the period of time from _____ to _____. (Physician's statement required.)
2. Suffered an incapacitating injury and has been under a physician's care during the period of time from _____ to _____. (Physician's statement required.)
3. Did not have the opportunity to participate in minimum contests required due to academic ineligibility. (Copy of team schedule and report cards required.)
4. Did not have the opportunity to participate in minimum contests required due to the Sit out Period as part of a Transfer. (Copy of team schedule and any required Transfer paperwork.)
5. Did not have the opportunity to participate in minimum contests required. (Copy of team schedule required.)

Explanation:

For students who have not competed during the current season due to illness or injury (# 1 and/or #2 above), please attach a copy of the physician's "verification of condition" and "release for competition" to this request and submit via CIF Home by the date of the CIFSDS, Master Calendar (of the current year) last date of non-playoff contest for your sport.

In keeping with the CIF operating principles of equal opportunity, fairness and the development of responsible student athletes, all verified requests shall be granted for athletes meeting the criteria in #1, #2, #3 and/or #4 above.

Any athlete who, as a result of this request, is granted permission to compete during the remainder of the season must compete in at least one school meet (league, non-league, invitational, or league "prelims") prior to league finals.

Administrative Signature Title Date
(Principal, Assistant Principal, or Athletic Director only)

Commissioners Decision: [] Approved
[] Not Approved due to inadequate verification

Date _____