

CIF San Diego Section Championships 2022 - 5/21/2022

Mt. Carmel High School

Meet Program - Girls Finals

Event 2 Girls 4x100 Meter Relay (27)

Saturday 5/21/2022 - 10:00 AM

CIF-SDS Meet: 46.40 1977 Crawford

Danita Young, Judy Reed, Katie Gaston, Groce Garne

CIF-SDS: 45.94 1977 Crawford

Young, Reed, Gaston, Lovelady

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

1	Helix	A	49.46
2	Mission Hill	A	49.30
3	Poway	A	49.20
4	Carlsbad	A	48.77
5	La Jolla	A	48.56
6	Cathedral Ca	A	48.58
7	Steele Canyo	A	48.83
8	Sage Creek	A	49.22
9	Mt Carmel	A	49.37

Section 2 of 3 Finals

1	Monte Vista	A	50.76
2	Ramona	A	50.14
3	Madison	A	49.92
4	La Costa Can	A	49.74
5	Otay Ranch	A	49.57
6	Rancho Berna	A	49.70
7	Torrey Pines	A	49.89
8	Bonita Vista	A	50.12
9	West Hills	A	50.71

Section 3 of 3 Finals

1	Christian	A	53.70
2	Valley Cente	A	53.08
3	Mater Dei	A	52.45
4	Francis Park	A	52.24
5	Our Lady of	A	51.05
6	Lincoln	A	51.40
7	Mission Bay	A	52.43
8	Tri-City Chr	A	52.77
9	Escondido Ch	A	53.39

Alternates

1	San Marcos D1	A	50.58
2	Del Norte O1	A	50.69
3	Canyon Crest Academy D1	A	50.73
4	Brawley D2	A	52.84
5	Central Union D2	A	53.02
6	Rock Academy D3	A	53.86
7	Imperial D3	A	53.98
8	Crawford D3	A	54.17
9	El Cajon Valley D2	A	54.89

Event 4 Girls 1600 Meter Run (27)

Saturday 5/21/2022 - 10:20 AM

CIF-SDS Meet: 4:47.86 2011 Alli Billmeyer

CIF-SDS: 4:41.71 2011 Alli Billmeyer

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Rogers, Mackenzie	12	D-1-Poway	4:52.97
2	Riggins, Hannah	11	D-1-Del Norte	5:03.84
3	Selbrede, Breea	11	D-2-Mt Carmel	5:03.92
4	Dame, McCall	11	D-1-El Camino (O	5:03.97
5	Rall, Keira	11	D-2-Cathedral Ca	5:04.23
6	Pena, Alexandria	10	D-2-Cathedral Ca	5:07.85
7	Scuba, Kaya	10	D-2-Sage Creek	5:10.28
8	Russo, Emily	9	D-1-Del Norte	5:12.02
9	Richardson, Addy	9	D-2-Scripps Ranc	5:13.39
10	Bonomi, Chiara	9	D-2-Cathedral Ca	5:14.10
11	Echsner, Ella	10	D-1-Del Norte	5:17.53
12	Purcell, Ashley	10	D-1-San Marcos	5:17.84
13	Mapes, Bethany	12	D-3-Liberty Char	5:19.35
14	Steer, Clara	11	D-3-Pacific Ridg	5:21.65

Section 2 of 2 Finals

1	Paul, Sydney	12	D-2-Mt Carmel	5:18.71
2	Basinet, Madelyn	11	D-2-Cathedral Ca	5:20.61
3	Kozina, Mackenzie	12	D-1-El Camino (O	5:20.80
4	Mitchell, Allison	10	D-1-Mira Mesa	5:22.99
5	DeVore, Aviva	9	D-1-Otay Ranch	5:24.52
6	Steer, Elsa	11	D-3-Pacific Ridg	5:25.05
7	Fisk, Kirra	10	D-3-La Jolla	5:27.88
8	Mayer, Daphne	10	D-3-La Jolla	5:29.54
9	O'Beirne, Jenna	11	D-2-University C	5:30.76
10	Strahm, Lillian	10	D-3-Holtville	5:33.51
11	Gladden, Stella	12	D-3-High Tech Hi	5:33.68
12	Gibson, Alexa	12	D-3-Francis Park	5:34.83
13	Stark, Danielle	10	D-3-Christian	5:43.27

Alternates

1	Zerboni, Dasha	D1	11 Canyon Crest	5:25.97
2	Challburg, Amanda	D1	11 Eastlake	5:28.81
3	Petersen, Abby	D2	10 Fallbrook	5:34.52
4	Janis, Sara	D1	10 Torrey Pines	5:35.28
5	Colton, Reesc	D2	9 Mission Vist	5:37.77
6	Turpen, Emma	D2	12 Mt Carmel	5:37.92
7	Jennings, Dana	D3	11 Coronado	5:45.27
8	Patterson, Faith	D3	9 Christian	5:49.37
9	Kingston, Jade	D3	11 High Tech Hi	5:51.60

CIF San Diego Section Championships 2022 - 5/21/2022

Mt. Carmel High School
Meet Program - Girls Finals

Event 6 Girls 100 Meter Hurdles (27)

Saturday 5/21/2022 - 10:40 AM

CIF-SDS Meet: 13.85 2021 Aaliyah McCormick
CIF-SDS: 13.61 2022 Aaliyah McCormick

Lane	Name	Yr	School	Seed	Time
Section 1 of 3 Finals					
1	Mohanraj, Iniyaa	12	D-1-Del Norte	15.81	
2	Medley, Lauren	12	D-1-Del Norte	15.65	
3	Truscott, Sophia	12	D-2-Mt Carmel	15.48	
4	Coleman, Kapiolani	11	D-2-Cathedral Ca	14.21	
5	McCormick, Aaliyah	12	D-2-Scripps Ranc	13.46	
6	James, Charlize	12	D-1-San Diego	14.18	
7	Bowen-Fontenot, Anisa	9	D-1-San Diego	15.06	
8	Pingley, Jenniece	12	D-1-El Camino (O	15.50	
9	Robinson, Isabella	10	D-1-Eastlake	15.67	
Section 2 of 3 Finals					
1	Lozano, Melanie	12	D-2-Ramona	17.25	
2	Mattson, Claire	12	D-2-Sage Creek	17.22	
3	Hughes, Grace	12	D-2-Cathedral Ca	17.02	
4	Joyner, Skylar	12	D-1-San Marcos	16.03	
5	Janik, Dominika	11	D-1-Torrey Pines	15.83	
6	Janik, Karina	11	D-1-Torrey Pines	15.87	
7	Laube, Catherine	11	D-2-Sage Creek	16.08	
8	Marsowicz, Petra	9	D-3-Mission Bay	17.12	
9	Martinez, Yvette	12	D-2-Ramona	17.24	
Section 3 of 3 Finals					
1	Svensden, Halcy	9	D-3-Liberty Char	18.23	
2	Kuritz, Dessa	10	D-3-Francis Park	18.00	
3	Jones, Jady	9	D-3-Kearny	17.75	
4	Anthony, Maliyah	11	D-2-Lincoln	17.60	
5	Riley, Rose	10	D-3-Rock Academ	17.47	
6	Lopez, Natalic	12	D-3-Imperial	17.50	
7	White, Callie	11	D-3-Canyon Hills	17.73	
8	Gomez, Cheney	11	D-3-Imperial	17.99	
9	Morrisette, Savannah	10	D-3-Valley Cente	18.20	
Alternates					
1	Goldberg, Megan	D1	12 Poway	16.04	
2	Badrani, Rasha	D1	12 San Pasqual	16.05	
3	Guevara, Natalie	D1	10 Bonita Vista	16.06	
4	Cox, Halle	D2	11 Santana	17.73	
5	Morton, Sophia	D2	12 El Capitan	17.73	
6	Clark, Livia	D2	9 University C	17.82	
7	Murray, Alyssa	D3	12 Canyon Hills	18.52	
8	Duynstee, Kaylin	D3	10 Santa Fe Chr	18.59	
9	Reyes, Riley	D3	11 Christian	18.60	

Event 9 Girls 400 Meter Dash (27)

Saturday 5/21/2022 - 11:00 AM

CIF-SDS Meet: 51.31 2000 Monique Henderson
CIF-SDS: 50.74 2000 Monique Henderson

Lane	Name	Yr	School	Seed	Time
Section 1 of 3 Finals					
1	Blanco, Claire	12	D-1-Poway	59.59	
2	Burkhardt, Nicoletta	10	D-1-Steele Caryo	59.29	
3	Garcia, Sidney	12	D-2-Southwest (E	58.63	
4	Livingston, Arionn	12	D-1-Steele Caryo	58.08	
5	Bean, Alyssa	12	D-1-Poway	56.42	
6	Smith, Payton	10	D-3-La Jolla	57.64	
7	Thomas, Deja	12	D-1-Mission Hill	58.23	
8	Herbst, Makenna	9	D-1-Carlsbad	58.69	
9	Prasouvo, Anna	10	D-1-Del Norte	59.46	
Section 2 of 3 Finals					
1	Farrar, Elena	9	D-3-La Jolla	1:00.79	
2	Herbst, Morgan	9	D-1-Carlsbad	1:00.48	
3	Lofgran, Kassie	9	D-2-El Capitan	1:00.23	
4	Bush, Alonna	10	D-2-Valhalla	59.96	
5	Vargas, Audrey	11	D-2-Mt Carmel	59.70	
6	Werts, Megan	11	D-1-San Marcos	59.80	
7	Jimerson, Brille	10	D-3-Madison	1:00.03	
8	Polite, Keilani	12	D-2-Monte Vista	1:00.24	
9	Williams, Charlotte	12	D-3-Tri-City Chr	1:00.79	
Section 3 of 3 Finals					
1	Zuber, Adrianna	9	D-3-Tri-City Chr	1:02.81	
2	Gizzo, Catherine	11	D-3-La Jolla Cou	1:02.34	
3	Raynaud, Celeste	10	D-2-Rancho Buen	1:01.76	
4	Baez, Helena	10	D-2-Our Lady of	1:01.49	
5	Wenstrand, Isabella	10	D-3-High Tech Hi	1:01.26	
6	Macatee, Jaclyn	11	D-2-Scripps Ranc	1:01.42	
7	Matteson, Izzy	9	D-2-Cathedral Ca	1:01.59	
8	Moseley, Sadie	9	D-3-La Jolla	1:01.98	
9	Navarro, Jasmine	12	D-3-Mater Dei	1:02.36	
Alternates					
1	Harris, Shayla	D1	12 Patrick Henr	1:00.64	
2	Badrani, Rasha	D1	12 San Pasqual	1:00.74	
3	Rodgers, Ella	D1	12 San Marcos	1:01.25	
4	Keehn, Hannah	D2	10 Sage Creek	1:01.97	
5	Garro, Emma	D2	9 Cathedral Ca	1:02.05	
6	Gillespie, Savanna	D2	12 West Hills	1:03.00	
7	Guesnard, Maelig	D3	9 Mission Bay	1:03.20	
8	Merrick, Sophia	D3	9 Valley Cente	1:03.69	
9	Palms, Aryah	D3	9 Kearny	1:03.94	

CIF San Diego Section Championships 2022 - 5/21/2022

Mt. Carmel High School

Meet Program - Girls Finals

Event 12 Girls 100 Meter Dash (27)

Saturday 5/21/2022 - 11:20 AM

CIF-SDS Meet: 11.57 2015 Susie Acolaste
CIF-SDS: 11.43 2012 Jasmine Gibbs

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Nash, Ashley	11	D-2-Morse	12.39
2	Dickens, Brionna	10	D-1-Steele Canyo	12.27
3	Ruskovich, Tianna	10	D-2-Mt Carmel	12.16
4	Hattón, Elizabeth	12	D-2-Sage Creek	11.91
5	McCormick, Aaliyah	12	D-2-Scripps Ranc	11.71
6	Shaheed, Amirah	10	D-3-Madison	11.91
7	Lyons, Maddie	12	D-3-La Jolla	12.13
8	Nakamoto, D'Lainey	12	D-2-Rancho Buen	12.18
9	Herren, Kendall	12	D-2-Monte Vista	12.30

Section 2 of 3 Finals

1	Freeland, Jess	10	D-1-Canyon Crest	12.53
2	Williams, Charlotte	12	D-3-Tri-City Chr	12.51
3	Thomas, Ceana	12	D-2-Cathedral Ca	12.46
4	Smith, Daniella	12	D-1-Patrick Henr	12.45
5	Leath, Alexis	10	D-2-West Hills	12.43
6	Moore, Caira	12	D-3-Kearny	12.45
7	Swyncey, Kelscy	11	D-1-Carlsbad	12.46
8	Fields, Jenna	11	D-2-Santana	12.50
9	Odom, Alana	12	D-1-Helix	12.51

Section 3 of 3 Finals

1	Hallahan, JoJo	10	D-3-Foothills Ch	13.06
2	Toliver, Marissa	10	D-3-Mission Bay	12.90
3	Simpson, Skyler	11	D-3-Calvin Chris	12.64
4	Burton, Chanel	10	D-1-Helix	12.56
5	Lankford, Riley	11	D-1-Rancho Berna	12.55
6	Fernandez Cabrera, Juana	12	D-1-Mission Hill	12.55
7	Taylor, Malaya	9	D-3-Bishops	12.60
8	Blea, Anissa	12	D-1-Bonita Vista	12.64
9	Dzeketey, Solange	11	D-3-Pacific Ridg	13.05

Alternates

1	Norban, Eve	D2	11 Point Loma	12.62
2	Rebollar, Isabella	D2	12 Brawley	12.72
3	Bento, Mia	D2	11 Cathedral Ca	12.72
4	Logan, Denac	D1	12 Patrick Henr	12.76
5	Langford, Indiana	D1	12 Poway	12.77
6	Hunt, Katherine	D1	9 San Marcos	12.83
7	Buenviaje, Jolie	D3	12 Rock Academy	13.08
8	Quitevis, Caitrin	D3	12 River Valley	13.12
9	Blaney, Jakiya	D3	12 Mission Bay	13.14

Event 14 Girls 100 Meter Dash Ambulatory (1)

Saturday 5/21/2022 - 11:31 AM

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

5	Cisneros, Yizereth	10	D-2-Southwest (E	49.56
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Event 16 Girls 100 Meter Dash Wheelchair (1)

Saturday 5/21/2022 - 11:34 AM

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

5	Aguilar, Audrey	10	D-3-Imperial	27.22
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Event 18 Girls 800 Meter Run (27)

Saturday 5/21/2022 - 11:40 AM

CIF-SDS Meet: 2:08.00 1985 Leslie Noll
CIF-SDS: 2:08.00 1985 Leslie Noll

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Buswell, Tessa	10	D-1-Poway	2:12.64
2	Dixon, Trinity	12	D-1-San Marcos	2:13.86
3	Arciaga, Kaitlyn	9	D-1-Westview	2:15.09
4	Villatoro, Kalista	11	D-1-Canyon Crest	2:15.35
5	Farmer, Jacey	12	D-1-Rancho Berna	2:15.61
6	Dame, McCall	11	D-1-El Camino (O	2:18.17
7	Echsner, Paige	9	D-1-Del Norte	2:19.77
8	Cramer, Madeline	12	D-3-Bishops	2:20.03
9	Rail, Keira	11	D-2-Cathedral Ca	2:20.12
10	Nauman, Samantha	12	D-2-Scripps Ranc	2:20.44
11	Horning, Mikayla	11	D-2-Santana	2:21.49
12	Merrifield, Lake	12	D-1-Eastlake	2:21.52
13	Biesinger, Sophia	11	D-2-La Costa Can	2:21.81
14	Steer, Clara	11	D-3-Pacific Ridg	2:22.57

Section 2 of 2 Finals

1	Paul, Sydney	12	D-2-Mt Carmel	2:21.93
2	Leupold, Malia	11	D-2-Sage Creek	2:21.96
3	Miracco, Michela	9	D-2-Sage Creek	2:22.08
4	Niednagel, Rebekah	12	D-2-La Costa Can	2:22.74
5	Hobrock, Elaine	11	D-2-Cathedral Ca	2:23.37
6	Tedrow, Anne	11	D-1-Mission Hill	2:23.47
7	Steer, Elsa	11	D-3-Pacific Ridg	2:27.13
8	Gibson, Alexa	12	D-3-Francis Park	2:28.83
9	Plezia, Abigail	10	D-3-La Jolla	2:30.60
10	Gibson, Brooke	10	D-3-High Tech Hi	2:31.80
11	Phillip, Amanda	12	D-3-Horizon Prep	2:32.96
12	Gavin, Grace	10	D-3-Classical Ac	2:32.99
13	Slagter, Scarlett	11	D-3-La Jolla	2:34.34

Alternates

1	Scuba, Kaya	D2	10 Sage Creek	2:23.40
2	Kozina, Mackenzie	D1	12 El Camino (O	2:23.96
3	Aguirre, Miriam	D1	9 Patrick Henr	2:24.00
4	Busse, Brianna	D1	10 Del Norte	2:24.03
5	Selbrede, Breea	D2	11 Mt Carmel	2:25.42
6	Levis-Mussa, Shemsy	D2	10 University C	2:27.08
7	Shabani, Mwamini	D3	11 Crawford	2:34.56
8	Houk, Alexandra	D3	11 Bishops	2:35.04
9	Stark, Danielle	D3	10 Christian	2:35.42

CIF San Diego Section Championships 2022 - 5/21/2022

Mt. Carmel High School
Meet Program - Girls Finals

Event 20 Girls 300 Meter Hurdles (27)

Saturday 5/21/2022 - 11:57 AM

CIF-SDS Meet: 41.99 2016 Dani Johnson
CIF-SDS: 41.30 2015 Dani Johnson

Lane	Name	Yr	School	Seed	Time
Section 1 of 3 Finals					
1	Badrani, Rasha	12	D-1-San Pasqual		46.73
2	Truscott, Sophia	12	D-2-Mt Carmel		46.59
3	James, Charlize	12	D-1-San Diego		45.05
4	Janik, Dominika	11	D-1-Torrey Pines		44.21
5	Janik, Karina	11	D-1-Torrey Pines		43.90
6	Coleman, Kapiolani	11	D-2-Cathedral Ca		44.04
7	McCormick, Aaliyah	12	D-2-Scripps Ranc		44.99
8	Ceballos, Melanie	12	D-1-El Camino (O		46.31
9	Bowen-Fontenot, Anisa	9	D-1-San Diego		46.61
Section 2 of 3 Finals					
1	Lake, Kassa	10	D-2-Mt Carmel		48.81
2	Martinez, Yvette	12	D-2-Ramona		48.48
3	Laws, Isabella	12	D-3-La Jolla Cou		48.23
4	Lozano, Melanie	12	D-2-Ramona		47.76
5	Joyner, Skylar	12	D-1-San Marcos		46.86
6	Medley, Lauren	12	D-1-Del Norte		47.22
7	Galvan, Maya	12	D-1-Olympian		47.93
8	Balsley, Lindsey	10	D-3-Coronado		48.30
9	Laube, Catherine	11	D-2-Sage Creek		48.65
Section 3 of 3 Finals					
1	Gaut, Ally	11	D-3-Christian		51.02
2	Kuritz, Dessa	10	D-3-Francis Park		50.22
3	Svensden, Haley	9	D-3-Liberty Char		49.95
4	Riley, Rose	10	D-3-Rock Academ		49.74
5	Fletcher, Jenah	12	D-2-Ramona		49.01
6	Marsowicz, Petra	9	D-3-Mission Bay		49.57
7	Miracco, Juliana	9	D-2-Sage Creek		49.87
8	Kaiser, Shayden	9	D-3-Mountain Em		50.12
9	Lopez, Natalie	12	D-3-Imperial		50.54
Alternates					
1	Robinson, Isabella	D1	10 Eastlake		48.10
2	Jambi, Riya	D1	11 Granite Hill		48.13
3	Cook, Lillian	D1	10 Steele Canyo		48.76
4	Ortiz, Alana	D2	9 Central Unio		50.21
5	Courtoglous, Margot	D2	11 Mt Carmel		50.38
6	Hughes, Grace	D2	12 Cathedral Ca		50.67
7	Gonzalez, Genesis	D3	10 Valley Cente		51.10
8	Tremoulet, Yvonne	D3	9 Francis Park		51.13
9	Herriot Campos, Nayomi	D3	10 Madison		51.17

Event 22 Girls 200 Meter Dash (27)

Saturday 5/21/2022 - 12:17 PM

CIF-SDS Meet: 23.38 2000 Monique Henderson
CIF-SDS: 23.16 2001 Monique Henderson

Lane	Name	Yr	School	Seed	Time
Section 1 of 3 Finals					
1	Macatee, Jaclyn	11	D-2-Scripps Ranc		25.54
2	Moore, Caira	12	D-3-Kearny		25.42
3	Nakamoto, D'Lainey	12	D-2-Rancho Buen		25.34
4	Smith, Payton	10	D-3-La Jolla		24.92
5	Shaheed, Amirah	10	D-3-Madison		24.62
6	Ruskovich, Tianna	10	D-2-Mt Carmel		24.83
7	Bean, Alyssa	12	D-1-Poway		24.95
8	Lyons, Maddie	12	D-3-La Jolla		25.34
9	Sukay, Vanessa	12	D-2-Cathedral Ca		25.42
Section 2 of 3 Finals					
1	Thomas, Ceana	12	D-2-Cathedral Ca		25.98
2	Norban, Eve	11	D-2-Point Lonza		25.86
3	Dickens, Brionna	10	D-1-Steele Canyo		25.71
4	Swyney, Kelsey	11	D-1-Carlsbad		25.64
5	Thomas, Deja	12	D-1-Mission Hill		25.56
6	Williams, Charlotte	12	D-3-Tri-City Chr		25.62
7	Cramer, Madeline	12	D-3-Bishops		25.70
8	Livingston, Arionn	12	D-1-Steele Canyo		25.84
9	Leath, Alexis	10	D-2-West Hills		25.95
Section 3 of 3 Finals					
1	Navarro, Jasmine	12	D-3-Mater Dei		26.47
2	Freeland, Jess	10	D-1-Canyon Crest		26.27
3	Taylor, Malaya	9	D-3-Bishops		26.18
4	Odom, Alana	12	D-1-Helix		26.14
5	Sanders, Aryn	10	D-1-Otay Ranch		26.10
6	Gillespie, Savanna	12	D-2-West Hills		26.13
7	Herren, Kendall	12	D-2-Monte Vista		26.16
8	Blanco, Claire	12	D-1-Poway		26.19
9	Wenstrand, Isabella	10	D-3-High Tech Hi		26.44
Alternates					
1	Blea, Anissa	D1	12 Bonita Vista		26.30
2	Davis, Dayjah	D2	10 Lincoln		26.31
3	Smith, Daniella	D1	12 Patrick Henr		26.43
4	Lofgran, Kassie	D2	9 El Capitan		26.43
5	Herbst, Makenna	D1	9 Carlsbad		26.47
6	Bush, Alonna	D2	10 Valhalla		26.50
7	Dzeketey, Solange	D3	11 Pacific Ridg		26.77
8	Simpson, Skyler	D3	11 Calvin Chris		26.82
9	Quitevis, Caitrin	D3	12 River Valley		27.03

CIF San Diego Section Championships 2022 - 5/21/2022

Mt. Carmel High School
Meet Program - Girls Finals

Event 26 Girls 3200 Meter Run (27)

Saturday 5/21/2022 - 12:37 PM

CIF-SDS Meet: 10:25.99 2018

Kristin Fahy

CIF-SDS: 10:11.38 2019

Kristin Fahy

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Rogers, Mackenzie	12	D-1-Poway	10:55.96	
2	Lopizzo, Gioana	10	D-2-La Costa Can	10:59.64	
3	Compton, Sophie	12	D-2-Point Loma	11:02.57	
4	Compton, Kyra	12	D-2-La Costa Can	11:04.21	
5	Salz, Annika	12	D-1-Torrey Pines	11:09.01	
6	Bronstein, Rebecca	11	D-1-Canyon Crest	11:11.04	
7	Taylor, Scarlett	10	D-1-Torrey Pines	11:12.11	
8	Russo, Emily	9	D-1-Del Norte	11:15.77	
9	Sutherland, Audra	11	D-1-Rancho Berna	11:17.71	
10	Wallace, Stormy	12	D-2-Sage Creek	11:21.01	
11	Gaut, Marissa	11	D-1-Torrey Pines	11:21.54	
12	Riggins, Hannah	11	D-1-Del Norte	11:25.80	
13	Dorostkar, Nikki	11	D-1-Torrey Pines	11:26.75	
14	Schmidt, Revere	11	D-3-Santa Fe Chr	11:29.52	
15	Pena, Alexandria	10	D-2-Cathedral Ca	11:31.32	
16	Martin, Scarlett	10	D-2-Cathedral Ca	11:33.72	
17	Bonomi, Chiara	9	D-2-Cathedral Ca	11:35.82	
18	Mapes, Bethany	12	D-3-Liberty Char	11:36.81	
19	Peters, Gabriella	9	D-2-Sage Creek	11:37.56	
20	Lamer, Kira	11	D-2-La Costa Can	11:40.99	
21	Noble, Alexis	11	D-3-Clairemont	11:48.31	
22	Fisk, Kirra	10	D-3-La Jolla	11:52.76	
23	Allen, Natalie	10	D-3-Valley Cente	12:33.04	
24	Strahm, Lillian	10	D-3-Holtville	12:33.44	
25	Mayer, Daphne	10	D-3-La Jolla	12:33.75	
26	Talarico-Smith, Mica	11	D-3-Mission Bay	12:35.69	
27	Patterson, Faith	9	D-3-Christian	12:38.58	
Alternates					
1	Dorostkar, Sammi	D1	11 Torrey Pines	11:28.94	
2	Wang, Natalic	D1	10 Torrey Pines	11:39.20	
3	George, Emma	D1	11 Torrey Pines	11:45.80	
4	Arambulo, Lexi	D2	12 Cathedral Ca	11:50.56	
5	Tayson, Sierra	D2	10 Scripps Ranc	11:51.55	
6	Basinet, Madelyn	D2	11 Cathedral Ca	11:58.62	
7	Kingston, Jade	D3	11 High Tech Hi	13:16.97	
8	Memmlaar, Sophie	D3	10 Calvin Chris	13:25.97	
9	Kinney, Rosette	D3	11 Clairemont	13:37.15	

Event 28 Girls 4x400 Meter Relay (27)

Saturday 5/21/2022 - 12:57 PM

CIF-SDS Meet: 3:49.55 2015

Cathedral Catholic

CIF-SDS: 3:47.63 2015

Cathedral Catholic

Lane	Team	Relay	Seed	Time
Section 1 of 3 Finals				
1	Southwest (E)	A		4:06.67
2	West Hills	A		4:06.03
3	San Marcos	A		4:01.41
4	Carlsbad	A		3:59.43
5	Poway	A		3:54.65
6	Torrey Pines	A		3:58.92
7	Steele Canyo	A		4:00.70
8	Mt Carmel	A		4:03.74
9	Del Norte	A		4:06.58
Section 2 of 3 Finals				
1	Cathedral Ca	A		4:16.26
2	Scripps Ranc	A		4:13.17
3	El Camino (O	A		4:09.03
4	Canyon Crest	A		4:07.90
5	Ramona	A		4:07.57
6	La Costa Can	A		4:07.81
7	Sage Creek	A		4:08.27
8	Olympian	A		4:10.48
9	Our Lady of	A		4:15.78
Section 3 of 3 Finals				
1	Francis Park	A		4:30.10
2	Valley Cente	A		4:28.00
3	La Jolla Cou	A		4:27.01
4	Crawford	A		4:22.89
5	Bishops	A		4:16.70
6	Mission Bay	A		4:19.90
7	Imperial	A		4:24.43
8	Classical Ac	A		4:27.60
9	Christian	A		4:28.20
Alternates				
1	Patrick Henry	D1	A	4:13.11
2	Mission Hills	D1	A	4:13.98
3	San Pasqual	D1	A	4:14.95
4	Rancho Buena Vista	D2	A	4:16.90
5	Central Union	D2	A	4:19.84
6	El Capitan	D2	A	4:22.02
7	Canyon Hills	D3	A	4:32.26
8	Liberty Charter	D3	A	4:32.90
9	Kearny	D3	A	4:40.40

CIF San Diego Section Championships 2022 - 5/21/2022

Mt. Carmel High School
Meet Program - Girls Finals

Event 30 Girls High Jump (27)

Saturday 5/21/2022 - 9:20 AM

CIF-SDS Meet: 5-11 2007 Whitney Sisler
CIF-SDS: 5-11 2007 Whitney Sisler

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Jambi, Riya	11	D-1-Granite Hill	4-11.00	
2	Redfern, Avery	10	D-3-La Jolla	4-11.00	
3	Carle-Parra, Sabrina	12	D-1-Eastlake	4-11.00	
4	Neves, Gracc	10	D-1-San Marcos	4-11.00	
5	Gisler, Jozie	12	D-3-Canyon Hills	4-11.00	
6	Pingley, Jenniece	12	D-1-El Camino (O	4-11.00	
7	Czapinski, Breeze	11	D-1-Poway	5-01.00	
8	Roberts, Cheyenne	12	D-1-Westview	5-01.00	
9	De Jong, Kelly	10	D-3-Maranatha Ch	5-01.00	
10	Thibeault, Aliyah	11	D-2-El Capitan	5-01.00	
11	Jones, Ella	11	D-2-Our Lady of	5-01.00	
12	Shea, Maria	11	D-1-Rancho Berna	5-01.00	
13	Moore-Bastide, Macaria	12	D-1-Eastlake	5-05.00	
14	Chambers, Toni	12	D-1-Canyon Crest	5-05.00	
15	Tarczy, Lizzie	11	D-2-Scripps Ranc	5-07.00	
Flight 2 of 2 Finals					
1	Henson, Bryn	10	D-3-Santa Fe Chr	4-07.00	
2	Burns, Megan	11	D-2-Scripps Ranc	4-07.00	
3	Snedden, Katie	10	D-2-Our Lady of	4-07.00	
4	Rowe, Faith	12	D-2-Santana	4-07.00	
5	Basil, Anna	12	D-3-Santa Fe Chr	4-07.00	
6	Villela, Ana	10	D-3-La Jolla	4-09.00	
7	Bateman, Siena	9	D-3-La Jolla Cou	4-09.00	
8	Menck, Delilah	12	D-2-Mt Carmel	4-09.00	
9	Townsend, Marazanae	11	D-2-University C	4-09.00	
10	Fickas, Mallory	11	D-3-Escondido Ch	4-09.00	
11	Backus, Sasha	12	D-3-La Jolla	4-09.00	
12	Wade, Nora	12	D-2-Point Loma	4-09.00	
Alternates					
3	+ Hilt, Olivia	D1	12 Del Norte	4-09.00	
2	→ Yent, Addison	D1	10 Patrick Henr	4-09.00	
1	→ Geddy, Julia	D1	11 Rancho Berna	4-09.00	
2	+ Tremoulet, Yvonne	D3	9 Francis Park	4-07.00	
1	→ Cao, Shannon	D2	10 La Jolla	4-07.00	
3	+ Meldrum, Zoe	D3	12 Foothills Ch	4-07.00	
2	→ Scott, Chaya	D2	10 University C	4-07.00	
3	+ Sporrer, Georgia	D2	9 La Costa Can	4-07.00	
1	→ Kapelczak, Lana	D2	9 Ramona	4-07.00	

Event 31 Girls Pole Vault (27)

Saturday 5/21/2022 - 11:00 AM

CIF-SDS Meet: 14-06 2021 Ashley Callahan
CIF-SDS: 14-06 2021 Ashley Callahan

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Kinhead, Jordan	11	D-3-La Jolla Cou	11-03.00	
2	Raibert, Eleanor	11	D-1-Poway	11-09.00	
3	Cinzori, Cassandra	11	D-1-San Dieguito	11-09.00	
4	De Jong, Kelly	10	D-3-Maranatha Ch	11-09.00	
5	Montiel, Lilia	11	D-1-Rancho Berna	11-09.00	
6	Hilliard, Avery	11	D-1-Poway	11-09.00	
7	O'Connor, Charlotte	12	D-1-Rancho Berna	12-03.00	
8	Hansen, Quincy	12	D-1-San Dieguito	12-03.00	
9	Thomson, Evangeline	11	D-1-Poway	12-03.00	
10	Wagner, Rose	12	D-2-Fallbrook	12-03.00	
11	Leigh, Allison	12	D-1-Del Norte	12-03.00	
12	Downing, Iliana	10	D-2-La Costa Can	12-09.00	
13	Quiroz, Melodic	12	D-1-Rancho Berna	12-09.00	
14	Evans, Lexi	12	D-2-Scripps Ranc	13-03.00	
Flight 2 of 2 Finals					
1	Tarlton, Kacey	10	D-3-Valley Cente	6-09.00	
2	Hawranik, Grace	9	D-3-Valley Cente	7-03.00	
3	Roloff, Jane	11	D-3-Mission Bay	7-03.00	
4	Contreras, Roxana	10	D-3-Valley Cente	7-03.00	
5	Olson, Julia	10	D-3-La Jolla	7-03.00	
6	Rizo, Ria	10	D-3-Clairemont	8-03.00	
7	Korevaar, Nina	11	D-3-La Jolla	8-09.00	
8	Snedden, Katie	10	D-2-Our Lady of	9-03.00	
9	Vo, Alice	12	D-2-Mt Carmel	9-03.00	
10	Khoury, Maya	10	D-2-Fallbrook	9-09.00	
11	Scarpelli, Lauren	10	D-2-Sage Creek	9-09.00	
12	Hobbs, Natalie	10	D-2-Cathedral Ca	9-09.00	
13	Huff, Annika	12	D-2-Point Loma	10-09.00	
Alternates					
1	Echsner, Paige	D1	9 Del Norte	11-03.00	
2	Tseng, Chloe	D1	10 Del Norte	10-03.00	
2	→ McLaughlin, Claire	D1	12 Westview	10-03.00	
1	→ Khoury, Sahara	D2	10 Fallbrook	8-09.00	
1	→ Thompson, Sierra	D2	12 University C	8-09.00	
1	→ Arista, Nathalia	D2	11 University C	8-09.00	
2	→ Pickett, Matisse	D3	9 La Jolla	6-09.00	
1	→ Harrison, Lili	D3	11 Clairemont	6-09.00	
3	→ Clay, Cynthia	D3	10 La Jolla	6-03.00	

CIF San Diego Section Championships 2022 - 5/21/2022

Mt. Carmel High School
Meet Program - Girls Finals

Event 32 Girls Long Jump (28)

Saturday 5/21/2022 - 9:00 AM				
CIF-SDS Meet: 19-07.50 2019				
CIF-SDS: 20-07 1984				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Mendoza, Camila	10	D-1-Sweetwater	16-07.00
2	Miles, Mikaela	12	D-2-Point Loma	16-07.50
3	Bento, Mia	11	D-2-Cathedral Ca	16-08.00
4	Lankford, Riley	11	D-1-Rancho Berna	16-08.50
5	Mohanraj, Iniyaa	12	D-1-Del Norte	16-09.25
6	Bateman, Siena	9	D-3-La Jolla Cou	16-11.00
7	Scott, Chaya	10	D-2-University C	16-11.00
8	Slater, Allison	12	D-2-Valhalla	17-00.00
9	Ceballos, Melanie	12	D-1-El Camino (O)	17-02.75
10	Moore, Caira	12	D-3-Kearny	17-08.00
11	Fields, Jenna	11	D-2-Santana	18-01.50
12	Herren, Kendall	12	D-2-Monte Vista	18-04.50
13	Taylor, Ricki	11	D-2-Morse	18-05.00
14	Hatton, Elizabeth	12	D-2-Sage Creek	18-08.50
Flight 2 of 2 Finals				
1	Fickas, Mallory	11	D-3-Escondido Ch	15-04.00
2	Kaiscr, Shayden	9	D-3-Mountain Em	15-05.50
3	Mitchell, Breauna	11	D-3-La Jolla	15-05.50
4	Henson, Bryn	10	D-3-Santa Fe Chr	15-10.00
5	Balsley, Lindsey	10	D-3-Coronado	16-00.50
6	Bucnviajc, Jolic	12	D-3-Rock Academ	16-01.00
7	Owen, Camille	10	D-2-Valhalla	16-02.00
8	Wade, Kylie	10	D-2-Point Loma	16-02.00
9	Hoagland, Tayhlore	10	D-1-Rancho Berna	16-02.00
10	Huang, Erin	11	D-1-Rancho Berna	16-02.75
11	Simpson, Skyler	11	D-3-Calvin Chris	16-03.00
12	Guevara, Natalie	10	D-1-Bonita Vista	16-03.25
13	Goldberg, Megan	12	D-1-Poway	16-05.50
14	Miller, Angel	11	D-1-El Camino (O)	16-07.00
Alternates				
1	Loy, Nicole	D1	12 Del Norte	16-01.00
2	Blandford, Breck	D2	12 Cathedral Ca	15-10.00
3	Harris, Samantha	D1	11 Vista	15-08.50
4	Mcdowell, Evin	D1	9 Grossmont	15-07.75
5	Menck, Delilah	D2	12 Mt Carmel	15-07.50
6	Kinkead, Jordan	D3	11 La Jolla Cou	15-00.75
7	Cook-Weaver, Kanayjah	D3	10 Mt Miguel	15-00.00
8	Redfern, Avery	D3	10 La Jolla	14-09.50

Event 33 Girls Triple Jump (27)

Saturday 5/21/2022 - 11:15 AM				
CIF-SDS Meet: 42-03.50 2021				
CIF-SDS: 42-03.50 2021				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Burton, Chanel	10	D-1-Helix	34-08.50
2	Taylor, Ricki	11	D-2-Morse	34-10.00
3	Cook, Lillian	10	D-1-Steele Canyo	34-10.50
4	Bento, Mia	11	D-2-Cathedral Ca	34-11.00
5	Inzunza, Jacqueline	12	D-2-Point Loma	35-01.00
6	Ceballos, Melanie	12	D-1-El Camino (O)	35-02.50
7	Lankford, Riley	11	D-1-Rancho Berna	35-03.50
8	Bateman, Siena	9	D-3-La Jolla Cou	35-05.00
9	Fields, Jenna	11	D-2-Santana	35-06.50
10	Mohanraj, Iniyaa	12	D-1-Del Norte	36-02.00
11	Slater, Allison	12	D-2-Valhalla	36-06.50
12	Guevara, Natalie	10	D-1-Bonita Vista	36-09.50
13	Miles, Mikaela	12	D-2-Point Loma	37-06.00
14	Pingley, Jenniece	12	D-1-El Camino (O)	38-04.75
Flight 2 of 2 Finals				
1	Kinong, Jaylen	11	D-3-Christian	30-06.00
2	Jacobs, Havana	9	D-3-Mater Dei	30-06.50
3	Mitchell, Breauna	11	D-3-La Jolla	30-08.00
4	Henson, Bryn	10	D-3-Santa Fe Chr	31-08.50
5	Simpson, Skyler	11	D-3-Calvin Chris	32-00.50
6	Wadc, Kylie	10	D-2-Point Loma	32-09.50
7	Cook-Weaver, Kanayjah	10	D-3-Mt Miguel	32-10.50
8	Plezia, Abigail	10	D-3-La Jolla	33-05.00
9	Blandford, Breck	12	D-2-Cathedral Ca	33-07.50
10	Suarez, Capri	12	D-2-Sage Creek	33-10.00
11	Vaughn, Amari	11	D-1-Steele Canyo	34-03.50
12	Moore, Caira	12	D-3-Kearny	34-06.00
13	Miller, Angel	11	D-1-El Camino (O)	34-06.50
Alternates				
1	Rucks, Laura	D1	11 Torrey Pines	34-00.50
2	Huang, Erin	D1	11 Rancho Berna	34-00.50
3	Mcdowell, Evin	D1	9 Grossmont	33-10.50
4	Martin, Briana	D2	11 Central Unio	32-09.00
5	Gates, Natalic	D2	9 Point Loma	32-07.50
6	Menck, Delilah	D2	12 Mt Carmel	31-09.00
7	Jauregui, Janna	D3	9 Valley Cente	30-06.00
8	Dorn, Bella	D3	12 Santa Fe Chr	30-03.00
9	Marsowicz, Petra	D3	9 Mission Bay	30-02.00

CIF San Diego Section Championships 2022 - 5/21/2022

Mt. Carmel High School

Meet Program - Girls Finals

Event 34 Girls Shot Put (28)

Saturday 5/21/2022 - 9:10 AM				
CIF-SDS Meet: 48-03.50 2015				
CIF-SDS: 48-03.50 2015				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Martin, Azaria	11	D-2-Brawley	32-04.00
2	Gomez, Cheney	11	D-3-Imperial	33-02.00
3	Williams, Lillianna	9	D-2-El Capitan	33-05.00
4	Houston, Taylor	11	D-1-Grossmont	33-08.00
5	Frankel, Mairead	9	D-2-Sage Creek	33-09.00
6	Jones, Kennedy	11	D-1-Steele Canyo	34-01.00
7	Loy, Nicole	12	D-1-Del Norte	34-09.00
8	Ford, Shani	9	D-1-Helix	34-10.75
9	Seabolt, Madeleine	12	D-2-Mt Carmel	35-09.00
10	Rucks, Laura	11	D-1-Torrey Pines	35-11.25
11	Shojgreen, Logan	11	D-1-Rancho Berna	36-00.50
12	Keene, Lelia	11	D-1-El Camino (O	36-04.25
13	Kimuli, Kais	12	D-2-Mt Carmel	38-06.00
14	Clarke, Kennedy	12	D-2-Cathedral Ca	39-07.00
Flight 2 of 2 Finals				
1	Haisell, Nychelle	9	D-3-Kearny	26-11.50
2	Anderson, Olivia	10	D-3-Santa Fe Chr	27-09.25
3	Winslow, Yolanda	12	D-3-Canyon Hills	27-10.25
4	Evans, Khouri	11	D-3-Mission Bay	27-11.50
5	Wade, Tatum	12	D-3-Coronado	27-11.75
6	Diaz, Iris	11	D-3-Valley Cente	28-09.00
7	Driscoll, Elisabeth	10	D-1-Canyon Crest	30-08.50
8	Cruz, Zoe	10	D-3-Mater Dei	30-10.50
9	Fangman, Lily	11	D-3-Pacific Ridg	31-05.00
10	Place, Miryssa	12	D-2-Ramona	31-09.00
11	Colon Gipson, Gabriella	10	D-1-Otay Ranch	32-00.00
12	Alamillo, Reina	12	D-2-Oceanside	32-02.00
13	Gentry-Thomas, Lovely	10	D-2-Morse	32-03.00
14	Lauifi, Hailey	10	D-1-Helix	32-03.50
Alternates				
1	Mulic, Asja	D1	12 Eastlake	31-10.75
2	Lauifi, Leilah	D1	10 Helix	31-09.00
3	Burton, Hannah	D2	12 El Capitan	31-05.00
4	Williams, Brenna	D2	10 Cathedral Ca	31-03.00
5	Miller, Bianca	D1	11 San Dieguito	31-02.50
6	Ketts, Breanne	D2	11 Sage Creek	31-02.00
7	Nelson, Samantha	D3	10 Rock Academy	26-07.50
8	Terry, Serenaety	D3	11 Mt Miguel	26-06.00
9	Cardona, Amalia	D3	11 Imperial	26-05.00

Event 35 Girls Shot Put Wheelchair (1)

Saturday 5/21/2022 - 10:30 AM				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Aguilar, Audrey	10	D-3-Imperial	15-08.00

Event 36 Girls Discus Throw (27)

Saturday 5/21/2022 - 11:00 AM				
CIF-SDS Meet: 166-04 2016				
CIF-SDS: 167-03 2015				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Jones, Kennedy	11	D-1-Steele Canyo	97-00
2	Lauifi, Hailey	10	D-1-Helix	98-01
3	Robles, Mia	10	D-2-Mt Carmel	98-06
4	Lee, Sharron	11	D-2-Brawley	98-08
5	Frankel, Mairead	9	D-2-Sage Creek	100-05
6	Jones, Emma	12	D-2-El Capitan	100-07
7	Rosa, Jazmine	12	D-1-Rancho Berna	101-05
8	Loy, Nicole	12	D-1-Del Norte	101-09
9	Alamillo, Reina	12	D-2-Oceanside	102-00
10	Mulic, Asja	12	D-1-Eastlake	110-10
11	Williams, Brenna	10	D-2-Cathedral Ca	111-03
12	Shojgreen, Logan	11	D-1-Rancho Berna	113-02
13	Seabolt, Madeleine	12	D-2-Mt Carmel	114-11
14	Clarke, Kennedy	12	D-2-Cathedral Ca	147-09
Flight 2 of 2 Finals				
1	Ripley, Lauren	11	D-3-Holtville	74-10
2	Fangman, Lily	11	D-3-Pacific Ridg	75-05
3	Couey, Maya	10	D-3-La Jolla Cou	78-09
4	Evans, Khouri	11	D-3-Mission Bay	81-00
5	Wade, Tatum	12	D-3-Coronado	81-08
6	Diaz, Iris	11	D-3-Valley Cente	84-07
7	Ruiz, Natalia	12	D-3-Valley Cente	86-08
8	Cruz, Zoe	10	D-3-Mater Dei	92-05
9	Teagle, Kayley	11	D-2-Sage Creek	93-10
10	Pica, Gaya	12	D-1-Rancho Berna	94-09
11	Keene, Lelia	11	D-1-El Camino (O	95-04
12	Nelson, Samantha	10	D-3-Rock Academ	95-04
13	McKinney, Carsen	10	D-1-Del Norte	96-09
Alternates				
1	Miller, Bianca	D1	11 San Dieguito	93-11
2	Kalauli-Martin, Mikaela	D1	12 Steele Canyo	93-08
3	Caruso, Sofia	D1	11 Rancho Berna	93-05
4	Kimuli, Kais	D2	12 Mt Carmel	90-04
5	McGrath, Hannah	D2	10 El Capitan	89-06
6	Danks, Natalie	D2	10 El Capitan	87-08
7	Alamillo, Stephanie	D3	9 Christian	74-04
8	Hernandez Palomo, Semalu	D3	9 Valley Cente	74-01
9	Peltier, Sophia	D3	10 La Jolla Cou	73-03