

2019 Winter All-CIF

BOYS BASKETBALL

First Team

Name	Team	Year
Boogie Ellis	Mission Bay	Sr.
Bryce Pope	Torrey Pines	Sr.
Chibuzo Agbo	St. Augustine	Jr.
DJ Carter-Hollinger	Foothills Christian	Sr.
Kyle Paranada	Montgomery	Sr.
Luke Haupt	St. Augustine	Jr.
Michael Pope	Torrey Pines	Sr.
Obinna Anyanwu	Cathedral Catholic	So.
Ryan Langborg	La Jolla Country Day	Sr.
Yassine Gharram	Foothills Christian	Jr.

Second Team

Adam Sevier	Poway	Jr.
Diego Edwards	Southwest (SD)	Sr.
DJ Dudley	San Ysidro	Fr.
Domanic Safarta	Valhalla	Sr.
Jailen Nelson	Carlsbad	Jr.
Jaren Nafarrete	Foothills Christian	Sr.
Jordan Hilstock	Vista	Sr.
Kimo Ferrari	Francis Parker	Jr.
Marquise Edwards	Mount Miguel	Sr.
Thomas Notarainni	Cathedral Catholic	So.

Player of the Year: Bryce Pope, Torrey Pines

Coach of the Year: Sam Eshelman, Carlsbad

GIRLS BASKETBALL

First Team

Name	Team	Year
Angie Robles	Bishop's	Fr.
Isuneh Brady	Cathedral Catholic	Fr.
Mazatlan Harris	Cathedral Catholic	Jr.
Allie Carreon	Christian	Jr.
Te-hina Paopao	La Jolla Country Day	Jr.
Jazlyn Anousinh	La Jolla Country Day	So.
Chloe Webb	Mater Dei Catholic	Sr.
Kathryn Neff	Mission Hills	Sr.
Catherine Beus	Mission Hills	Sr.
Sylena Peterson	Mount Miguel	So.

Second Team

Renee Chong	Bishop's	Fr.
Anneeth Grijalba	Bonita Vista	Sr.
Simone James	Christian	Jr.

MacKenzie Curtis	El Capitan	So.
Alexis Machain	La Costa Canyon	Sr.
Paris Atchley	La Jolla Country Day	Jr.
Lojong Gore	Mira Mesa	Sr.
Auren Isaacson	Mission Hills	Sr.
Citalli Gurrola	Mount Miguel	Sr.
Colby Neal	Poway	So.

Player of the Year: Sylena Peterson, Mount Miguel

Coach of the Year: Jackie Turpin, Cathedral Catholic

BOYS SOCCER

First Team

Name	Team	Year
Ali Demiralp	Torrey Pines	Sr.
Andrew Miranda	Rancho Bernardo	Sr.
Andrew Torres	Oceanside	Sr.
Denzel Zepeda	Torrey Pines	Sr.
Isaac Tamer	St. Augustine	Jr.
Izel Smith	Westview	Sr.
Jake Aaknes	La Costa Canyon	Sr.
Kurt Pena	Hilltop	Sr.
Matt Guthrie	Scripps Ranch	Sr.
Ramiro Rodriguez	San Pasqual	Sr.
Rian Stiles	West Hills	Sr.
Will Barba	Point Loma	Sr.

Second Team

Cade Kronemyer	Canyon Crest	Sr.
Chris Bourdon	Point Loma	Sr.
Chris Sanchez	Poway	Sr.
Daniel Santos	Mission Vista	Sr.
Garrett Seamans	Torrey Pines	Sr.
Gavin Mahoney	Cathedral Catholic	Jr.
Juan Munoz	Preuss	Sr.
Melvin Alvarado	Hoover	So.
Nathan Muttu	Coronado	Sr.
Richard Pena	Mission Hills	Sr.
Sahid Curi-Rueda	St. Augustine	Sr.
Titus Washington	Sage Creek	Sr.

Player of the Year: Denzel Zepeda, Torrey Pines

Coach of the Year: Andy Hargreaves, Torrey Pines

GIRLS SOCCER

First Team

Name	Team	Year
Lexi Wright	Carlsbad	So.

Erin Healy	Our Lady of Peace	Sr.
Gianna Creighton	West Hills	Sr.
Kelsey Oen	Cathedral Catholic	Sr.
Abigail Stewart	Scripps Ranch	Sr.
Megan Donovan	Del Norte	Sr.
Angelina Espinal	Steele Canyon	Sr.
Tatum Lenain	Torrey Pines	Jr.
Emily Gresser	Canyon Crest	Sr.
Rylie Curran	Our Lady of Peace	Sr.
Marisa Bubnis	Carlsbad	Jr.
Olivia Sekimoto	Eastlake	Jr.

Second Team

Mia Foster	Grossmont	Jr.
Mara Hyde	San Diego	Jr.
Alejandra Jaramillo	Bonita Vista	Jr.
Nancy Guerrero	Hoover	Sr.
Gracie Knowd	Ramona	Jr.
Alyssa Huynh	Bishop's	Jr.
Taylor Gomez	West Hills	Sr.
Marie Temprendola	Cathedral Catholic	Sr.
Olivia Zeldin	Steele Canyon	Sr.
Audrey Ketterer	Carlsbad	Sr.
Liliana Morales	Our Lady of Peace	Sr.
Sara Lopez	Grossmont	Fr.

Player of the Year: Lexi Wright, Carlsbad

Coach of the Year: Dean Balent, Carlsbad

BOYS WRESTLING

First Team

Name	Team	Year
Andre Gonzalez	Poway	So.
Brock Bobzien	Poway	Fr.
Carson Sauriol	Poway	Sr.
Jason Miranda	Poway	Jr.
Chaz Hallmark	Scripps Ranch	Sr.
Jaden Le	Rancho Bernardo	Jr.
Jaden Abas	Rancho Bernardo	Sr.
Aaron Gandara	Poway	Jr.
Alexander Hernandez	Poway	Jr.
Ivan Hernandez	Poway	Sr.
Javen Jovero	Rancho Bernardo	So.
Shane Hansen	Oceanside	Jr.
Tyler Watson	Mt. Carmel	Sr.
Andrew Johnson	Poway	Jr.

Second Team

Alexander Beato	Rancho Bernardo	So.
Nicolas Demers	Mater Dei Catholic	Jr.

Israel Ramirez	San Ysidro	Jr.
Alexander Schwaebe	San Diego	Jr.
Zane Stoddard	Poway	Jr.
Noah Tolentino	Poway	Fr.
Jeffrey Ramsthaler	Ramona	Sr.
Tyler Badgett	Rancho Bernardo	Jr.
Jayden Smith	Brawley	Sr.
Noah Rupp	Maranatha	Jr.
Joseph Curtis	La Costa Canyon	Jr.
Michael Morgan	Eastlake	Sr.
Saul Sanchez	West Hills	Sr.
Luis Castro	Olympian	Sr.

Athlete of the Year: Jaden Abas, Rancho Bernardo
Coach of the Year: Joe Terribilini, Rancho Bernardo

GIRLS WRESTLING

Name	Team	Year
Karen Salais	Calexico	Fr.
Yesenia Marin Deguire	Olympian	Jr.
Savannah Kiddoo	Ramona	Sr.
Victoria Bjork	Westview	Jr.
Ariah Barragan	Imperial	So.
Anne-Marie Maskalenko	Clairemont	Sr.
Phonisha Pruitt	Lincoln	Sr.
Jadyn Jardon	Brawley	Fr.
Annabel He	Rancho Bernardo	Fr.
Maddie Konopka	La Costa Canyon	Jr.
Sierra Mefford	Valley Center	So.
Paulina Jimenez	Serra	Sr.
Madelyn Navarro	El Camino	Sr.
Kerri Gordon	Mount Miguel	Sr.
 Second Team		
Carla Leon	San Diego	So.
Berlin Kiddoo	Ramona	Fr.
Ann Mercado	Eastlake	Sr.
Toren Dunbar	Steele Canyon	Jr.
Cora Johnson-Woessner	La Costa Canyon	Sr.
Amber Placencia	Madison	Jr.
Nadia Barrientos	Hilltop	Jr.
Esmeralda Santiago	San Pasqual	Sr.
Trinity Sanchez	Mira Mesa	Sr.
Savanna Mefford	Valley Center	So.
Brooke Klomp	Eastlake	Fr.
Jasmin Ballasteros	Montgomery	Jr.
Aylin Salas	Otay Ranch	Sr.
Aislinn Hernandez	Brawley	Jr.

Athlete of the Year: Maddie Konopka, La Costa Canyon
Coach of the Year: Ray Leon, Brawley

GIRLS WATER POLO

First Team

Name	Team	Year
Sophia Sanders	Bishop's	So.
Maeve Murphy	Carlsbad	Sr.
Katie Scott	Bishop's	Jr.
Lauren Padilla	Carlsbad	Jr.
Jensine Bugelli	La Jolla	Sr.
Reese Oliver	Coronado	Sr.
Izze Zimmerman	Cathedral	So.
Sierra Martin	Bishop's	Jr.
Sheila Tomlin	Coronado	Sr.
Shauna Franke	La Jolla	So.

Second Team

Name	Team	Year
Brooke Ochoa	Carlsbad	So.
Mia Salatka	Bishop's	Jr.
Jordan Neushul	Carlsbad	Jr.
Alex Bonaguidi	Bishop's	Fr.
Ryan Sund	Coronado	Sr.
Margaux Pierquin	Rancho Bernardo	Jr.
Madison Graceguerra	Cathedral	So.
Fallon Burnworth	West Hills	Sr.
Zoe Johnson	Valhalla	Sr.
Piper McCulloch	Westview	Sr.

Player of the Year: Sophia Sanders Bishop's

Coach of the Year Doug Peabody, Bishop's

ROLLER HOCKEY

First Team

Name	Team	Year
Ike Frankel	Rancho Bernardo	Sr.
Braden Mayer	Eastlake	Jr.
Miles Cook	Rancho Bernardo	Sr.
Sean Devaney	Otay Ranch	Jr.
Jacob Lopez	Hilltop	Jr.

Second Team

Matt Vogel	Patrick Henry	Sr.
Luke Killeen	Eastlake	Sr.
Cody Ayers	Scripps Ranch	Jr.
Martin Mari	Castle Park	Sr.
Taylor Cady	Scripps Ranch	Jr.

Player of the Year: Miles Cook, Rancho Bernardo

Coach of the Year: Paul Tesner, Hilltop

