

For release: Friday, June 10

2016 Spring All-CIF Teams

BASEBALL

First team

P-Kevin Abel, Madison, Sr.
P-Connor Lunn, Cathedral Catholic, Sr.
P-Noah Nunez, Santana, Jr., Sr.
P-Julian Escobedo, Eastlake, Sr.
P-Grant Holman, Eastlake, So.
C-Ryan Orr, La Costa Canyon, Sr.
Inf-Casey Schmitt, Eastlake, Jr.
Inf-Dillon Shrum, Granite Hills, Sr.
Inf-Zach Weller, Coronado, Sr.
Inf-Nick Allen, Francis Parker, Jr.
Inf-Jack Stronach, Helix, Sr.
OF-Mickey Moniak, La Costa Canyon, Sr.
OF-Kyle Stowers, Christian, Sr.
OF-Calvin Mitchell, Rancho Bernardo, Jr.
OF-Tristen Salinas, Santana, Jr.

Second Team

P-Kyle Hurt, Torrey Pines, Jr.
P-Andrew Brown, Granite Hills, Sr.
P-Joey Magrisi, Rancho Bernardo, So.
P-Jack Dashwood, St. Augustine, Sr.
P-Calvin Farris, Grossmont, Sr.
C-Briley Knight, Coronado, So.
C-Korey Lee, Vista, Sr.
Inf-Jacob Blas, San Marcos, Jr.
Inf-Ben Ramirez, Eastlake, Jr.
Inf-Kellen McCoy, Escondido, Jr.
Inf-Josh Leaser, Coronado, Sr.
Inf-Ivan Luna, Vista, So.
OF-Matt Rudick, Scripps Ranch, Jr.
OF-Tora Otsuka, Rancho Bernardo, Jr.
OF-Andrew Shebloski, Madison, Sr.

Player of the Year: Mickey Moniak, La Costa Canyon

Coach of the Year: Jeff Dufek, San Marcos

SOFTBALL

First Team

P-Kellie White, Mater Dei Catholic, Sr.
P-Samaria Roope, Grossmont, Fr.
P-Megan Faraimo, Cathedral Catholic, So.
P-Payton Tidd, San Marcos, So.
C-Sharlize Palacios, Eastlake, Fr.
C-Cristiona Caccamise, Henry, Jr.
Inf-Malia Martinez, Poway, Sr.
Inf-Xstaviana Augur, Torrey Pines, Jr.
Inf-Jessica Alexander, Vista, Sr.
Inf-Chloe Camarero, Grossmont, Jr.
Inf-Deshea Hill, Carlsbad, Jr.

OF-Gabrielle Callaway, Poway, Sr.
OF-Livy Schiele, Bishop's, Jr.
OF-Mikaila Reyes, Torrey Pines, Sr.
OF-Hannah McEwen, Henry, Jr.

Second team

P-Hanah Bowen, Ramona, Jr.
P-Haley White, Torrey Pines, Fr.
P-Devyn Magnett, Cathedral Catholic, Sr.
P-Samantha Manti, Eastlake, Sr.
P-Kasey Cazares, Calexico, Sr.
C-Mackenzie Bennett, Santana, So.
Inf-Kayla Krantz, Escondido, Sr.
Inf-Destiny Bacon, Grossmont, Jr.
Inf-Kelsey Munoz, Mater Dei Catholic, Jr.
Inf-Kate Braunsdorf, Clairemont, Jr.
Inf-Lexi Osowski, Scripps Ranch, Sr.
Inf-Carina Nicolas, High Tech High San Diego, Jr.
OF-Aaliyah Jordan, Bonita Vista, Sr.
OF-Sydney Poh, Torrey Pines, Jr.
OF-Taylor Baez, Grossmont, Jr.

Player of the Year: Malia Martinez, Poway
Coach of the year: Jerry Lerud, Grossmont

BOYS VOLLEYBALL

First team

Matthew Faraimo, Cathedral Catholic, Sr.
Keenan Sanders, Scripps Ranch, Sr.
Dane Pieper, La Jolla, Sr.
Grant Holve, Carlsbad, Sr.
Braeden Waumans, Carlsbad, Sr.
Jake Stevens, Carlsbad, Sr.
Jack Goedken, Carlsbad, Jr.
Reece Salmons, Parker, Sr.
Patrick Sohacki, Eastlake, Sr.
Gavin Heap, La Jolla, Sr.
Curran Robertson, La Jolla, Sr.

Second team

Josh House, Eastlake, Sr.
Kellen Peet, Carlsbad, Sr.
Christian Seiber, Cathedral Catholic, Jr.
Adam Gordon, Parker, Jr.
Dominic Madden, Cathedral Catholic, Sr.
Devin Pontigon, El Camino, Sr.
Dylan Hunt, Mt. Carmel, Jr.
Cameron Burnett, Parker, Sr.
Jake Northrup, La Jolla, Sr.
Christopher Cheung, Scripps Ranch, Jr.

Player of the Year: Braeden Waumans, Carlsbad
Libero of the Year: Curran Robertson, La Jolla
Coach of the Year: Andy Tomkinson, Carlsbad

BOYS TRACK

Theo Goodwin, Christian, Jr.
Rashid Shaheed, Mt. Carmel, Sr.
Jarett Chinn, Poway, Jr.
Joaquin Martinez, Cathedral Catholic, So.
Charlie Pope, Torrey Pines, Sr.
Devon Alvarado, RBV, Sr.
Quoi Ellis, Mt. Carmel, So.
Tahjai Sullivan, Mt. Carmel, Jr.
Lucas Johnson, Mt. Carmel, Sr.
Josiah Punay, Mira Mesa, Sr.
Marcus Dean, Mira Mesa, Fr.
Grant Senn, Mira Mesa, Sr.
Lawrence Willis, Mira Mesa, Jr.
Nick Heid, St. Augustine, Sr.
Kyle Brown, La Costa Canyon, Sr.
Matt DeRoos, Tri-City Christian, Jr.
Antonio Riggins, Olympian, Sr.
Charles Lenford, Oceanside, Sr.
Connor Anderson, Ramona, Sr.

Track Athlete of the Year: Devon Alvarado, Rancho Buena Vista
Field Athlete of the Year: Kyle Brown, La Costa Canyon
Coach of the Year: Dennis McClanahan, Mt. Carmel

GIRLS TRACK

Jackie Patterson, Rancho Bernardo, Sr.
Ann Caroline Kaseberg, Torrey Pines, Sr.
Nia Akins, Rancho Bernardo, Sr.
McKenna Brown, La Costa Canyon, So.
Erica Barrett, Westview, Jr.
Dani Johnson, Cathedral Catholic, Sr.
Tajanique Bell, Steele Canyon, Sr.
Jayla Williams, Torrey Pines, Sr.
Isabella Hoang, Torrey Pines, Sr.
Kaitlyn Iwanowicz, Torrey Pines, Sr.
Claire Hobrock, Cathedral Catholic, Sr.
Olivia Firsching, Cathedral Catholic, So.
Lauren Mammini, Cathedral Catholic, Jr.
Alana Snow, Carlsbad, Jr.
Bianca Becker, Canyon Crest, Sr.
Holly Stallman, Ramona, Sr.
Olivia Nash, Calvin Christian, Sr.
Laulauga Tausaga, Mount Miguel, Sr.

Track Athlete of the Year: Nia Akins, Rancho Bernardo
Field Athlete of the Year: Laulauga Tausaga, Mount Miguel
Coach of the Year: Dan Geiger, Cathedral Catholic

BOYS GOLF

First Team
Kaiwen Liu, Torrey Pines, Jr.
Kento Yamawaki, La Costa Canyon, Fr.
Adam Navigato, Torrey Pines, Sr.

Harrison Mahon, Rancho Bernardo, Sr.
Cullen Plousha, Carlsbad, Jr.
Zihao Jin, Rancho Bernardo, Jr.
Michael Zhang, University City, Sr.
Noah Henderson, Torrey Pines, Sr.
Gian-Luca Martinez, Torrey Pines, Fr.
Joseph Vrzich, Christian, Jr.

Second Team

Adam Matteson, Scripps Ranch, So.
Kyle Maspas, Scripps Ranch, Jr.
James Song, Torrey Pines, So.
Mason Schulze, Poway, Sr.
Tommy Stephenson, Carlsbad, So.
Jarid Morrison, La Jolla, Sr.
Cameron Sisk, Valhalla, So.
Matthew Moomjian, Patrick Henry, Sr.
Jose Olazabal, Mater Dei Catholic, Jr.
Hunter Reed, La Costa Canyon, Sr.

Athlete of the Year: Kaiwen Liu, Torrey Pines
Coach of the Year: Aaron Quesnell, La Jolla

BOYS TENNIS

Keegan Smith, Point Loma, Jr.
Ivan Thamma, Point Loma, Jr.
Billy Rowe, Coronado, Sr.
Ryan Seggerman, Coronado, Jr.
Daniel de la Torre, Torrey Pines, Sr.
Josh Langman, SD Jewish Academy, So.
Rae Lan, Westview, Sr.
Ben Gollin, La Jolla Country Day, So.
Roman Shenkiryk, Canyon Crest, Jr.
Jake Williams, Canyon Crest, Jr.
Sreeganesh Manoharan, Torrey Pines, Sr.
Matthew Sah, Torrey Pines, Fr.

Athlete of the Year: Keegan Smith, Point Loma
Coach of the Year: Joe Tomasi, San Dieguito

BOYS SWIMMING

Dominick Wallace, La Jolla, Jr.
Parker Seale, La Jolla, Jr.
Simon Hirschfield, La Jolla, Sr.
Johnny Dickerson, La Jolla, So.
Jacob Sauter, Del Norte, So.
Joshua Parmenter, San Marcos, Sr.
Cody Dreesen, Granite Hills, Jr.
Riley Ferguson, Coronado, Sr.
Brendan Santana, University City, Jr.
Tin Huynh, Rancho Bernardo, Sr.
Jordan Blitz, Torrey Pines, So.
Austin Nguyen, Del Norte, Jr.
Dorian Humbert, Del Norte, So.
Reo Yoo, Del Norte, Sr.

Athlete of the Year: Brendan Santana, University City
Coach of the Year: Pete Murphy, Del Norte

GIRLS SWIMMING

Julee Keenan-Rivers, Torrey Pines, Jr.
Dani Rosenthal, Torrey Pines, Fr.
Leah Coffin, Torrey Pines, Fr.
Katherine Lauerman, Torrey Pines, Sr.
Rachel Rhee, La Costa Canyon, Fr.
Taylor Lynch, Christian, Sr.
Jackie Im, Torrey Pines, Jr.
Jessica Pentlarge, Cathedral Catholic, Jr.
Sarah Nowaski, West Hills, Sr.
Alexandra Suarez, Cathedral Catholic, So.
Madeline Cosgrove, Cathedral Catholic, Sr.
Cora McClelland, Cathedral Catholic, Sr.
Jordan Payne, El Camino, Sr.
Tegan Preston, La Costa Canyon, Fr.
Skylar Swan, Carlsbad, Jr.
Kalie Novosedliak, Carlsbad, So.
Anna Brooker, Carlsbad, Fr.
Lindsay Turner, Carlsbad, Fr.

Athlete of the Year: Jackie Im, Torrey Pines
Coach of the Year: Ali Karbassi, Scripps Ranch

BOYS LACROSSE

First Team

Nick Beeson, Poway, Sr.
Anthony DeMaio, Coronado, Sr.
Zach Hodge, Poway, Sr.
Mo Mirer, Cathedral Catholic, Jr.
Christian Ford, Bishop's, Sr.
Brendan Egan, Torrey Pines, Jr.
Spencer Grant, Torrey Pines, So.
Jake Fiske, Poway, Sr.
Beau Botkiss, Torrey Pines, Sr.
Crew Taylor, La Costa Canyon, Sr.
Kellan Cutting, Poway, So.
Jake McLean, La Costa Canyon, Sr.

Second Team

Ryan Hastings, Bishop's, Sr.
Jojo Biddle, Pacific Ridge, Sr.
Easton Gormican, Coronado, Jr.
Brad Belasco, Poway, Sr.
Connor Ciemiewicz, Westview, Jr.
Ara Suhadolnik, Torrey Pines, Sr.
Ryan Marasco, Westview, Jr.
Cole Winship, Cathedral Catholic, Sr.
Pierce Mazcko, La Costa Canyon, Sr.
Mikhael Eyerman, Coronado, Jr.
Chase Crawford, Poway, So.
Ryan Fazio, Cathedral Catholic, Sr.

Player of the Year: Zach Hodge, Poway
Coach of the Year: Zack Burke, Poway

GIRLS LACROSSE

First Team

Alyssa Deremer, Canyon Crest, Jr.
Samantha Fish, Scripps Ranch, Jr.
Isabelle Flud, Poway, Jr.
Sabrina Grovom, Mission Hills, Jr.
Rayna Higuchi, Canyon Crest, Sr.
Kayle Kaesbauer, Westview, Sr.
Bridget Knowles, Cathedral Catholic, Sr.
Marisa Kuberra, Torrey Pines, Jr.
Madison Lambert, La Costa Canyon, Sr.
Sophia LeRose, Torrey Pines, So.
Ryli Quinn, San Marcos, Sr.
Taylor Scornacacco, Torrey Pines, Jr.

Second Team

Devon Doheny, Cathedral Catholic, Sr.
Erin Dunn, Poway, Jr.
Kaia Evans, Del Norte, So.
Brooke Greene, Otay Ranch, Jr.
Breanna Gunderson, Rancho Bernardo, Jr.
Caitlin Jones, La Costa Canyon, So.
Talia Kraus, La Costa Canyon, Jr.
Helen Lee, La Jolla, Sr.
Marissa McRae, Mt. Carmel, Sr.
Nicole Morris, Torrey Pines, Sr.
Stephanie Plowden, Bishop's, Jr.
Natalie Wilson, Coronado, So.

Athlete of the Year: Taylor Scornavacco, Torrey Pines
Coach of the Year: Kaitlin Doucette, Torrey Pines

GYMNASTICS

Tessa Anderson, West Hills, Fr.
Olivia Koehnke, La Costa Canyon, So.
Carter Clatterbuck, Mt. Carmel, Sr.
Baylee Mumma, Del Norte, Sr.
Jasmine Onepeng, Mt. Carmel, Fr.
Julia Spurgeon, Steele Canyon, Sr.
Catherine Widay, West Hills, Sr.
Kelli Lucas, Poway, Jr.
Molly Helmbacher, La Costa Canyon, Sr.

Athlete of the Year: Tessa Anderson, West Hills
Coach of the Year: Liz Ladley, West Hills

BADMINTON

Alex Gonsalves, University City, Sr.
Audrey Chan, La Jolla, Jr.
Kenny Liu, University City, Sr.

Jim Xu, University City, Jr.
Luann Nguyen, Madison, Sr.
Ana Fung, Madison, Sr.
Christian Lien, University City, Sr.

Athlete of the Year: Alex Gonsalves, University City, Sr.
Coach of the Year: Gary Tran, Patrick Henry