

# GIRLS WATER POLO

## TEAM CHAMPIONS

### OPEN DIVISION

2/28/15 Bishops Doug Peabody Cathedral Catholic 7-6  
 2/27/16 Bishops Doug Peabody La Jolla Tom Atwell 5-4  
 2/25/17 Bishop's Doug Peabody La Jolla Tom Atwell 3-2  
 2/24/18 Carlsbad Greg Horman Cathedral Catholic Jaclyn Puccino 4-2

### DIVISION I

#### Date Winner Coach Runner-up Coach Score

1997 Patrick Henry Brad Kreutzkamp Coronado Jon Reichardt 6-5  
 1998 Poway Greg Ormsby Valhalla Pat Higginson 12-3  
 1999 Carlsbad Chip O'Rourke Valhalla Pat Higginson 8-7  
 2000 Carlsbad Chip O'Rourke Fallbrook Bill Richardson 17-12  
 2001 Carlsbad Chip O'Rourke Poway Donovan Russell 8-5  
 2/23/02 Poway Jim McNees Carlsbad Chip O'Rourke 6-2  
 3/01/03 Rancho Bernardo Jeff Bush Fallbrook Bill Richardson 7-5  
 2/28/04 Carlsbad Chip O'Rourke Poway Jim McNees 8-6  
 2/26/05 Carlsbad Chip O'Rourke Poway Jim McNees 8-6  
 2/25/06 Poway Kathy Sheehy Vista Dave Spence 9-5  
 2/24/07 Poway Gubba Sheehy Carlsbad Shawn Donahue 13-9  
 2/23/08 Vista Dave Spence Carlsbad Shawn Donahue 12-11  
 2/28/09 Vista Dave Spence Carlsbad Shawn Donahue 8-4  
 2/27/10 Vista Dave Spence Carlsbad Shawn Donahue 10-6  
 2/26/11 Vista Dave Spence Torrey Pines Heather Langridge 13-5  
 2/25/12 Carlsbad Greg Horman Torrey Pines Heather Langridge 15-10  
 2/23/13 Carlsbad Greg Horman Torrey Pines Tim Reed 8-5  
 2/23/14 Carlsbad Greg Horman Granite Hills Tracie Bennett 16-3  
 3/01/15 Rancho Bernardo Fred Gleason Granite Hills Tracie Bennett 9-8  
 2/27/16 Vista Sydney Witt Fallbrook Sean Redmond 7-4  
 2/25/17 Clairemont Joey Kienle Helix Lenelle Wylie 5-4  
 2/24/18 El Camino Dana Ochsner Westview Emma Sasson 3-2

### DIVISION II

#### Date Winner Coach Runner-up Coach Score

1998 Coronado Randall Burgess Bishop's Doug Peabody 9-6  
 1999 Coronado Randall Burgess Bishop's Doug Peabody 9-6  
 2000 Bishop's Doug Peabody USDHS Chad Golden 15-8  
 2001 Bishop's Doug Peabody Coronado Randall Burgess 6-5  
 2/23/02 Bishop's Doug Peabody USDHS Sean Green 12-11  
 3/01/03 Coronado Randall Burgess Bishop's Doug Peabody 12-11 (OT)  
 2/28/04 Bishop's Doug Peabody USDHS Sean Green 12-7  
 2/26/05 Bishop's Doug Peabody Coronado Randall Burgess 11-9  
 2/25/06 Bishop's Doug Peabody Coronado David Throop 13-7  
 2/24/07 Bishop's Doug Peabody Coronado David Throop 6-5  
 2/23/08 Coronado David Throop Bishop's Doug Peabody 8-6  
 2/28/09 Coronado David Throop Bishop's Doug Peabody 12-11 (OT)  
 2/27/10 Coronado David Throop Bishop's Doug Peabody 10-7  
 2/26/11 Valhalla Page Small Mt. Carmel Jon Au 7-6  
 2/25/12 Mt. Carmel Jon Au Valhalla Page Small 8-6  
 2/23/13 Ramona Don Williams Valhalla Page Small 8-7  
 3/01/14 Valhalla Page Small Westview Amy Jennings 8-4  
 2/28/15 RBV Kym King El Camino Garrett Rutz 7-5  
 2/27/16 Mar Vista Chad Kavanagh Scripps Ranch AJ Ferrill 8-6  
 2/25/17 Del Norte Greg Ormsby/ Andy Avila West Hills James Searls 12-5  
 2/24/18 Canyon Crest Nicholas Ratekin University City Audra Bloom 6-3

### DIVISION III

#### Date Winner Coach Runner-up Coach Score

2/26/11 Bishop's Doug Peabody La Jolla Dante Laghetto 10-6  
 2/25/12 Bishop's Doug Peabody La Jolla Tom Atwell 9-6  
 2/23/13 Bishop's Doug Peabody La Jolla Tom Atwell 13-5  
 3/01/14 Bishop's Doug Peabody La Jolla Tom Atwell 9-5  
 2/28/15 Eastlake Stuart Sokil San Pasqual Heather Calvin 9-7  
 2/27/16 Hilltop Ernie Medina Serra Chris Love 7-6  
 2/25/17 Canyon Crest Tyler Ormsby Santana Will Hutchison 5-2

2/24/18 Point Loma Mt. Carmel Anjuli Crawford 6-3

### **CIFSDS COACHES DIVISIONAL PLAYERS OF THE YEAR**

1998 Div I — Sandy Onweller, Poway  
Div II — Brenna Fleener, Bishop's  
1999 Div I — Jodie Needles, Valhalla  
Div II — Ericka Lorenz, Patrick Henry  
2000 Div I — Holly Hartzell, Fallbrook  
Div II — Erin Brown, Bishop's  
2001 Div I — Jodie Needles, Valhalla  
Div II — Erin Brown, Bishop's  
2002 Div I — Scotti Shafer, Carlsbad  
Div II — Moriah Van Norman, USDHS  
2003 Div I — Tanya Gandy, Rancho Bernardo  
Div II — Katie Hansen, Coronado  
2004 Div I — Lauren Machanis, Carlsbad  
Div II — Katie Rulon, USDHS  
2005 Div I — Tanya Gandy, Rancho Bernardo  
Div II — Katie Rulon, USDHS  
2006 Div I — Krystyna McCright, Poway  
Div II — Sarah Van Norman, Bishop's  
2007 Div I — Lauren Orth, Poway  
Div II — Sarah Van Norman, Bishop's  
2008 Div I — Victoria Williams, Vista  
Div II — Hannah Sebenaler, Coronado  
2009 Div I — Dana Ochsner, El Camino  
Div II — Dominique Sardo, Bishop's  
2010 Div I — Victoria Williams, Vista  
Div II — Ashley Young, Coronado  
2011 Div I —  
Div II — Kaitlyn Persky, Valhalla

### **CIFSDS HALL OF CHAMPIONS/MEDIA PLAYER OF THE YEAR**

1997 — Ericka Lorenz, Patrick Henry  
1998 — Sandy Onweller, Poway  
1999 — Ericka Lorenz, Patrick Henry  
2000 — Holly Hartzell, Fallbrook  
2001 — Scotti Shafer, Carlsbad  
2002 — Scotti Shafer, Carlsbad  
2003 — Megan May, Bishop's  
2004 — Megan May, Bishop's  
2005 — Katie Rulon, USDHS  
2006 — Sarah Van Norman, Bishop's  
2007 — Sarah Van Norman, Bishop's  
2008 — Hannah Sebenaler, Coronado  
2009 — Dominique Sardo, Bishop's  
2010 — Ashley Young, Coronado  
2011 — Victoria Williams, Vista  
2012 — Gabby Stone, Bishop's  
2013 — Jessica Webster, Bishop's  
2014 — Jill Bushman, Bishop's  
2015 — Hannah Carrillo, Bishop's  
2016 — Georgia Gilmore, Bishop's  
2017 — Cassidy Ball, Bishop's  
2018 — Laura Larkin, Cathedral Catholic

### **TEAM RECORDS**

#### **Longest Winning Streak**

33 — Bishop's (2002-2003)  
28 — Coronado (1997-99)  
28 — Bishop's (2001-2002)  
23 — Granite Hills (2012)  
22 — Poway (1999)  
20 — Bishop's (2000-2001)  
18 — Valhalla (2013-2014)  
17 — Bishop's (1998)

16 — Westview (2012-2013)  
14 — Poway (1997)  
14 — Scripps Ranch (2009)  
12 — Bishop's (2002)  
12 — Fallbrook (2003)

**Longest League Winning Streak**

70 — Valhalla (1997-2003)  
46 — Poway (1998-2002)  
46 — Vista (2007-11)  
45 — Valhalla (2013-18)  
42 — Granite Hills (2006-10)  
41 — Bishop's (2000-2003)  
28 — Valley Center (2006-08)  
23 — Mission Bay (2008-11)  
20 — Coronado (1996-99)  
20 — Valley Center (2006-07)  
18 — Granite Hills (2004-05)  
16 — Patrick Henry (2010-11)  
12 — Valley Center (2004-05)  
12 — Valhalla (2010)  
11 — Poway (2005)  
11 — Mission Bay (2010)  
10 — Poway (1997)  
10 — Fallbrook (1999)  
10 — Poway (2004-05)

**Most Shutouts (Season)**

5 — Otay Ranch (2008)  
5 — Otay Ranch (2012)  
4 — Fallbrook (1999, 2010)  
4 — Valhalla (1999)

**Most CIFSDS Championships**

13 — Bishop's (2000-2002, 2004-2007, 2010-12)  
8 — Carlsbad (1999-2001, 2004-2005, 2012-14)  
6 — Coronado (1998-99, 2003, 2008-10)  
4 — Poway (1998, 2002, 2006-07)  
4 — Vista (2008-11)

**Most Consecutive CIFSDS Championships**

6 — Bishop's (2011-17)  
4 — Bishop's (2004-2007)  
4 — Vista (2008-11)  
3 — Carlsbad (1999-2001)  
3 — Bishop's (2000-2002)  
3 — Coronado (2008-10)  
2 — Coronado (1998-99, 2008-09)  
2 — Carlsbad (2004-2005)  
2 — Poway (2006-07)  
2 — Bishop's (2011-12)

**Most Consecutive League Champions or Co-Champions**

11 — Valhalla (2013-2014)  
8 — Bishop's (1997-2005)  
7 — Granite Hills (2004-10)  
6 — Valhalla (2013-18)  
4 — Coronado (1997-2000)  
4 — Mission Bay (2008-11)  
4 — Vista (2008-11)  
3 — University City (1999-2001)  
3 — Valley Center (2006-08)  
2 — Fallbrook (1999-2000)  
2 — Valley Center (2003-04)  
2 — Scripps Ranch (2008-09)

**INDIVIDUAL RECORDS**

**Most Goals Scored (Career)**

560 — Quinne Pursell, El Camino (2014-17)  
555 — Victoria Williams, Vista (2008-11)  
507 — Sarah Van Norman, Bishop's (2004-07)  
483 — Katie Rulon, USDHS (2002-2005)

478 — Kaitlyn Persky, Valhalla (2008-2012)  
 445 — Kellsie Arolla, La Costa Canyon (2004-07)  
 432 — Rosie Carreras, Chula Vista (1999-2002)  
 428 — Sophia Zamoyski, Del Norte (2015-18)  
 415 — Rebecca Smith, Valley Center (2006-09)  
 409 — Jody Needles, Valhalla (1998-2001)  
 390 — Dominique Sardo, Bishop's (2006-09)  
 383 — Krista Kenna, Granite Hills (2002-2005)  
 383 — Dagmara Czajka, Del Norte (2015-18)  
 357 — Kelsie Emerick, Vista (2003-07)  
 353 — Spencer Samuel, Del Norte (2014-18)  
 352 — Savannah Rutz, El Camino (2010-2013)  
 344 — Holly Hartzell, Fallbrook (1997-2000)  
 339 — Sydney Witt, Vista (2008-11)  
 338 — Chelsea Smith-Carmichael, Bishop's (2004-07)  
 335 — Sarah Medina, Otay Ranch (2010-2013)  
 329 — Sophia Zamoyski, Del Norte (2015-  
 322 — Tiffany Hodgins, Bishop's (1997-99)  
 319 — Scotti Shafer, Carlsbad (1999-2002)  
 318 — Megan May, Bishop's (2001-2004)  
 317 — Roni Coffey, Otay Ranch (2005-08)  
 315 — Megan Hausmann, Bishop's (1999-2002)  
 304 — Rachelle Smith, Valley Center (2003-06)  
 302 — Jenna Cvitkovich, Calhalla (2004-2007)  
 300 — Paige Squiller, University City (2005-08)  
 297 — Shelby Keyser, Poway (2002-05)  
 295 — Riley Agerbeek, Granite Hills (2014-17)  
 293 — Sandy Onweller, Poway (1997-99)  
 285 — Dagmara Czajka, Del Norte (2015-  
 276 — Rachel Bender, Fallbrook (2001-2003)  
 272 — Erin Brown, Bishop's (1998-2001)  
 244 — Maegan Zitren, Valhalla (2000-03)  
 242 — Jasmine Miller, Valhalla (2011-15)  
 241 — Dawn Rodriguez, Rancho Buena Vista (1997-98)  
 231 — Donna Stivers, El Cajon Valley (1997-2000)  
 230 — Christy Decker, University City (1998-2001)  
 220 — Tiffany Oney, Valley Center (2001-04)  
 217 — River Croteau-Hanson (2006-09)  
 210 — Dana Nelsen, University City (2003-06)  
**Most Goals Scored (Season)**  
 191 — Katie Rulon, USDHS (2005)  
 165 — Kellsie Arolla, La Costa Canyon (2006)  
 160 — Quinne Pursell, El Camino (2016)  
 160 — Sophia Zamoyski, Del Norte (2017)  
 159 — Paige Squiller, University City (2008)  
 159 — Quinne Pursell, El Camino (2015)  
 158 — Sarah Van Norman, Bishop's (2005)  
 152 — Tiffany Hodgins, Bishop's (1999)  
 152 — Katie Rulon, USDHS (2003)  
 151 — Dominique Sardo, Bishop's (2009)  
 150 — Ericka Lorenz, Patrick Henry (1998)  
 150 — Kaitlyn Persky, Valhalla (2011)  
 148 — Victoria Williams, Vista (2011)  
 146 — Dominique Sardo, Bishop's (2008)  
 146 — Victoria Williams, Vista (2010)  
 144 — Rebecca Smith, Valley Center (2009)  
 143 — Kaitlyn Persky, Valhalla (2012)  
 142 — Ariana Trammel, Mar Vista (2011)  
 142 — Quinne Pursell, El Camino (2017)  
 140 — Katie Rulon, USDHS (2004)  
 140 — Sarah Medina, Otay Ranch (2013)  
 138 — Rachel Bender, Fallbrook (2003)  
 138 — Emilia Halmay, El Capitan (2006)  
 138 — Sarah Van Norman, Bishop's (2007)  
 138 — Victoria Williams, Vista (2008)  
 136 — Dawn Rodriguez, RB Vista (1997)

- 135 — Tiffany Oney, Valley Center (2004)
- 134 — Krista Kenna, Granite Hills (2003)
- 133 — Rebecca Smith, Valley Center (2007)
- 131 — Megan May, Bishop's (2003)
- 130 — Holly Hartzell, Fallbrook (2000)
- 130 — Rachelle Smith, Valley Center (2006)
- 126 — Rachel Camacho, Bishop's (2003)
- 125 — Rosie Carreras, Chula Vista (2002)
- 124 — Roni Coffey, Otay Ranch (2007)
- 124 — Anique Herman, Torrey Pines (2009)
- 123 — Victoria Williams, Vista (2009)
- 121 — Donna Stivers, El Cajon Valley (2000)
- 121 — Riley Agerbeek, Granite Hills (2017)
- 119 — Christy Decker, University City (2000)
- 119 — Jodie Needles, Valhalla (2000)

**Most Goals Scored (Game)**

- 14 — Tiffany Hodgins, Bishop's vs. USDHS (2/24/98)
- 13 — Paige Squiller, University City vs. Serra (1/23/08)
- 13 — Ericka Lorenz, Patrick Henry vs. Dana Hills (1997)
- 13 — Melody Warren, San Pasqual vs. Vista (2/12/97)
- 12 — Tanya Gandy, Rancho Bernardo vs. West Hills (2/17/05)
- 12 — Kellsie Arolla, La Costa Canyon vs. Camarillo (12/5/05)
- 12 — Sarah Medina, Otay Ranch vs. Point Loma (12/06/12)
- 12 — Sarah Medina, Otay Ranch vs. Mission Hills (12/12/12)
- 12 — Quinne Pursell, El Camino vs. Scripps Ranch (12/6/14)  
vs. Oak Christian (1/24/16)
- 11 — Ericka Lorenz, Patrick Henry (1997)
- 11 — Holly Hartzell, Fallbrook vs. Eastlake (2/11/99)
- 11 — Jodie Needles, Valhalla (2000)
- 11 — Ashley Zamora, Southwest SD vs. Morse (1/14/04)
- 11 — Kellsie Arolla, La Costa Canyon vs. San Pasqual (12/14/05)  
vs. West Hills (1/21/06)
- 11 — Dana Nelsen, University City vs. Eastlake (2/4/06)
- 11 — Savannah Rutz, El Camino vs. Escondido (1/18/13)
- 11 — Quinne Pursell, El Camino vs. Scripps Ranch (12/5/15)
- 11 — Megan Perko, San Pasqual vs. Mt. Carmel (2/7/15)
- 10 — Dawn Rodriguez, Rancho Buena Vista vs. Carlsbad (1/18/97)  
vs. Eastlake (1997)
- 10 — Jamie Fullen, Patrick Henry vs. Mission Viejo (12/28/00)
- 10 — Ashley Zamora, Southwest SD vs. Eastlake (12/17/03)
- 10 — Tanya Gandy, Rancho Bernardo vs. Westview (12/15/04)
- 10 — Rachelle Smith, Valley Center vs. Ramona (1/26/05)
- 10 — Sarah Van Norman, Bishop's vs. University City (2/22/05)
- 10 — Busscali, Helix vs. Otay Ranch (1/16/06)
- 10 — Dana Nelsen, University City vs. Monte Vista (2/16/06)
- 10 — Rebecca Smith, Valley Center vs. Escondido (1/18/08)
- 10 — Anique Herman, Torrey Pines (2009)
- 10 — Demiko Barrett, Fallbrook (2010)
- 10 — Savannah Rutz, El Camino vs. Valley Center (1/11/13)
- 10 — Quinne Pursell, El Camino vs. Torrey Pines (12/5/14)  
vs. Helix (12/7/15) vs. Poway (1/24/16) vs. Los Altos (1/24/16)
- 10 — Sophia Zamoyski, Del Norte vs. Poway (1/21/17)
- 9 — By 21 players.

**Most Assists (Career)**

- 309 — Jamie Brown, Bishop's (2000-2003)
- 295 — Erin Brown, Bishop's (1998-2001)
- 282 — Krista Kenna, Granite Hills (2002-2005)
- 255 — Shelby Keyser, Poway (2002-05)
- 245 — Quinne Pursell, El Camino (2014-17)
- 216 — Dagmara Czajka, Del Norte (2015-18)
- 212 — Savannah Rutz, El Camino (2010-2013)
- 206 — Spencer Samuel, Del Norte (2014-18)
- 191 — Sydney Witt, Vista (2008-11)
- 184 — Tory Haynes, Valley Center (2004-07)
- 181 — Scotti Shafer, Carlsbad (1999-2002)

179 — Erica Zemke, Valhalla (2008-2012)  
 172 — Maegan Zitren, Valhalla (2000-03)  
 171 — Megan May, Bishop's (2001-2004)  
 167 — Dominique Sardo, Bishop's (2006-09)  
 166 — Rachelle Smith, Valley Center (2003-06)  
 165 — Morgan Small, Valhalla (2008-11)  
 164 — Arin Keyser, Poway (1999-2002)  
 162 — Roxy Herron, Valhalla (2011-2014)  
 159 — Victoria Williams, Vista (2008-11)  
 152 — Chelsea Smith-Carmichael, Bishop's (2004-07)  
 150 — Rebecca Smith, Valley Center (2006-09)  
 150 — Dana Johnson, Valhalla (2001-04)  
 149 — Dagmara Czajka, Del Norte (2015-  
 146 — Courtney Bayuk, Valhalla (2009-2013)  
 145 — Kelsie Emerick, Vista (2003-07)  
 130 — Donna Stivers, El Cajon Valley (1997-2000)  
 128 — Katrina Hill, Vista (2007-10)  
 126 — Ryane Austin, Carlsbad (1999-2002)  
 124 — Jennifer Rodriguez-Bruno, Coronado (1997-2000)  
 124 — Taylor Morrison, Valley Center (2006-09)  
 120 — Jodie Needles, Valhalla (1998-2001)  
 119 — Barbara Edwards, Bishop's (1998-2001)  
 116 — Erica Horman, Carlsbad (1998-2000)  
 116 — Tristan Kennedy-Donohue, Vista (2004-06)  
 115 — Brittany Hansen, Coronado (1997-2001)  
 110 — Sarah Medina, Otay Ranch (2010-2013)  
 109 — Rachael Sanks, Santana (1997-2000)  
 105 — Tory Haynes, Valley Center (2004-06)  
 99 — Sarah Van Norman, Bishop's (2004-07)  
 95 — Lauren Arthur, Bishop's (1998-2001)  
 93 — Amy Lightner, Coronado (1996-99)  
 90 — Sandy Onweller, Poway (1997-99)  
 90 — Riley Agerbeek, Granite Hills (2014-17)  
 86 — Kaili Shumilak, Bishop's (1998-2001)  
 85 — Devon McIntyre, Coronado (1996-99)  
 84 — Katie O'Neill, Carlsbad (2000-2002)

**Most Assists (Season)**

150 — Jamie Brown, Bishop's (2003)  
 111 — Jamie Brown, Bishop's (2002)  
 111 — Helen Meigs, Bishop's (2006)  
 108 — Kelley Tiffany, Patrick Henry (1998)  
 97 — Krista Kenna, Granite Hills (2005)  
 93 — Erin Brown, Bishop's (2000)  
 88 — Krista Kenna, Granite Hills (2004)  
 85 — Rachel Camacho, Bishop's (2004)  
 85 — Megan May, Bishop's (2004)  
 84 — Shelby Keyser, Poway (2004)  
 83 — Erin Brown, Bishop's (2001)  
 79 — Tory Haynes, Valley Center (2007)  
 78 — Sarah Van Norman, Bishop's (2005)  
 77 — Quinne Pursell, El Camino (2015)  
 74 — Katie Hansen, Cornado (2003)  
 73 — Krista Kenna, Granite Hills (2003)  
 73 — Mary Kate McDonough, San Pasqual (2015)  
 71 — Brenna Fleener, Bishop's (1998)  
 71 — Morgan Small, Valhalla (2011)  
 70 — Helen Meigs, Bishop's (2005)  
 69 — Katrina Hill, Vista (2010)  
 68 — Rosie Carreras, Chula Vista (2001)  
 68 — Tristan Kennedy-Donohue, Vista (2006)  
 68 — Quinne Pursell, El Camino (2016)  
 67 — Dagmara Czajka, Del Norte (2017-18)  
 66 — Erin Brown, Bishop's (1998)  
 65 — Kelley Tiffany, Patrick Henry (1997)  
 64 — Shelby Keyser, Poway (2003)  
 63 — Donna Stivers, El Cajon Valley (2000)

- 63 — Courtney Peterson, University City (2004)
- 63 — Erika Zemke, Valhalla (2012)
- 61 — Emily Neill, San Pasqual (2016)
- 59 — Spencer Samuel, Valhalla (2016)
- 57 — Dagmara Czajka, Del Norte (2017)
- 57 — Madelyn Ward, Granite Hills (2017)
- 56 — Dagmara Czajka, Del Norte (2016)
- 53 — Bailey Deck, Del Norte (2017-18)
- 51 — Sarah Medina, Otay Ranch (2012)

**Most Assists (Game)**

- 12 — Danielle Doelman, Ramona vs. S.D. Southwest (2/04/05)
- 10 — Kelley Tiffany, Patrick Henry vs. Dana Hills (1998)
- 10 — Haley Derrod, Eastlake vs. Mater Dei (2013)
- 9 — Tory Haynes, Valley Center vs. Escondido (12/13/06)
- 8 — Erin Brown, Bishop's vs. USDHS (1999)
- 8 — Koree Blyleven, Bishop's vs. El Capitan (2/4/05)
- 8 — Helen Meigs, Bishop's vs. Tustin (2/4/06)
- 8 — Dominique Sardo, Cathedral Catholic (2/05/07)
- 8 — Quinne Pursell, El Camino vs. Olympian (12/18/14)
- 7 — Emily Gates, Patrick Henry vs. Bishop's (1/24/97)
- 7 — Kristin Haddock, Poway vs. Mira Mesa (12/11/98)
- 7 — Barbara Edwards, Bishop's vs. Torrey Pines (1/10/99)
- 7 — Amber Tissue, Carlsbad vs. RB Vista (12/13/97)
- 7 — Donna Stivers, El Cajon Valley vs. Mt. Miguel (1/13/00)
- 7 — Maegan Zitren, Valhalla vs. USDHS (2000)
- 7 — Erin Brown, Bishop's vs. La Jolla (1/26/01)  
vs. Serra (2/08/01)
- 7 — Krista Kenna, Granite Hills vs. Valhalla (2/10/05)
- 7 — Helen Meigs, Bishop's vs. University City (1/24/06)  
vs. Patrick Henry (2/7/06)  
vs. Santana (2/16/06)
- 7 — Quinne Pursell, El Camino vs. Mira Mesa
- 7 — Mary Kate McDonough, San Pasqual vs. San Ysidro (2/23/15)  
vs. Mt. Carmel (2/7/15)
- 7 — Catherine Dennis, Del Norte vs. Torrey Pines (1/17/17)
- 7 — Dagmara Czajka, Del Norte vs. Oceanside (1/13/16)
- 6 — Erica Horman, Carlsbad vs. La Jolla (1/30/98)
- 6 — Brenna Fleener, Bishop's vs. La Jolla (1/08/98)  
vs. RB Vista (12/12/98)
- 6 — Tiffany Hodgins, Bishop's vs. Mission Bay (1/12/98)
- 6 — Mary Dentice, Valhalla vs. Clairemont (1998)
- 6 — Arin Keyser, Poway vs. Escondido (1/10/01)
- 6 — Shelby Keyser, Poway vs. Rancho Bernardo (2004)
- 6 — Alex Haynes, Valley Center vs. La Costa Canyon (12/16/04)  
vs. Escondido (1/07/05)
- 6 — Krista Kenna, Granite Hills vs. Scripps Ranch (2/04/05)  
vs. RB Vista (2/17/05)
- 6 — Helen Meigs, Bishop's vs. La Jolla (1/30/06)
- 6 — Dominique Sardo, Bishop's vs. Scripps Ranch (1/31/06)  
vs. Torrey Pines (2/4/06)
- 6 — Kellsie Arolla, La Costa Canyon vs. Otay Ranch (12/21/06)
- 6 — Zinnea Alexander, Bishop's vs. Fallbrook (2/1/07)
- 6 — Tatyanna Barr, El Camino vs. Torrey Pines (12/5/14)
- 6 — Emily Neill, San Pasqual vs. Eastlake (1/5/16)  
vs. Valley Center (1/7/16)
- 6 — Paris Huffman, San Pasqual vs. Point Loma (12/19/15)
- 6 — Quinne Pursell, El Camino vs. Grossmont (12/4/15)  
vs. Del Norte (12/5/15)  
vs. Santana (12/1/16)
- 6 — Juliette Zamoyski, Del Norte vs. Junipero Serra Catholic (1/25/17)
- 6 — Catherine Dennis, Del Norte vs. Rancho Bernardo (1/11/18)
- 5 — By 19 players.

**Most Goalie Saves (Career)**

- 920 — Haley Derrod, Eastlake (2009-2013)
- 908 — Mia Harris, Granite Hills (2011-15)
- 884 — Kaylee Caster, USDHS & Cathedral Catholic (2003-2005)

879 — Tiffany Horner, Granite Hills (2002-2004).  
850 — Audriana Hull, Westview (2011-2013)  
757 — Alex Feune de Colombi, Bishop's (1999-2002)  
750 — Julie Lupfer, Westview (2007-2010)  
708 — Sun Chamblee, Carlsbad (1997-2000)  
693 — Cary Robbins, University City (2003-05)  
687 — Renee Horner, Granite Hills (1999-2001)  
647 — Allison Smith, University City (2005-08)  
645 — Jenny Miller, Poway (1997-99)  
645 — Danielle Doelman, Ramona (2003-2005)  
615 — Marrina Nation, Vista (2009-11)  
599 — Julia Gilmore, Valhalla (2008-10)  
585 — Lauren Adams, Valhalla (2011-2014)  
582 — Zoe Morgan, Santana (2016-18)  
562 — Sara Stanford, Poway (2000-02)  
538 — Lindsay Magnuson, Santana (1997-2001)  
535 — Keri Holcomb, Valhalla (2003-2005)  
525 — Cristen Owens, Patrick Henry (1998-2001)  
518 — Hayley Miller, Valley Center (2007-09)  
501 — Kiera Kenney, Vista (2004-06)  
484 — Briana Patricio, Otay Ranch (2010-12)  
484 — Abigail LaSogga, Granite Hills (2014-17)  
478 — Kelly Hall, Coronado (1995-98)  
468 — Shaian Hata, Valley Center (2005-06)  
457 — Lauren Machanis, Carlsbad (2002-2003)  
438 — Sheri Rendler, Westview (2002-2005)  
435 — Christina Michel, Bishop's (2004-07)  
427 — Kelsey Granquist, Westview (2005-2007)  
424 — Annie Manchester, Bishop's (1998-99)  
416 — Katie Bentley, Poway (2003-04)  
389 — Jana Stewart, Fallbrook (2002-2003)  
358 — Torrey Simonsen, Valley Center (2005-06)  
351 — Erin Hanscom, Valhalla (2002-03)  
331 — Jordan Gilmore, Valhalla (2011)  
324 — Leslie Carson, Valhalla (1995-97)  
337 — Tahlia Kerr, Coronado (1998-2001)  
326 — Molly Hogan, Valhalla (1998-99)  
324 — Leslie Carson, Valhalla (1994-97)  
298 — Sally Stone, Bishop's (2002-2003)  
253 — Christa Tackaberry, San Pasqual (1997)  
245 — Kristi Hall, Valhalla (2001-02)  
231 — Krystyna McCright, Poway (2005)

**Most Goalie Saves (Season)**

419 — Candice Caster, Cathedral Catholic (2006)  
393 — Kaylee Caster, Cathedral Catholic (2005)  
387 — Amber Handel, West Hills (2003)  
376 — Kelly Kobliska, Del Norte (2012-13)  
363 — Zoe Morgan, Santana (2017-18)  
354 — Keri Holcomb, Valhalla (2005)  
345 — Renee Horner, Granite Hills (2001)  
342 — Tiffany Horner, Granite Hills (2003)  
342 — Mia Harris, Granite Hills (2015)  
332 — Mackenzie Habib, Del Norte (2014-16)  
331 — Jordan Gilmore, Valhalla (2011)  
321 — Emma Cornwell, Otay Ranch (2013)  
313 — Haley Derrod, Eastlake (2013)  
311 — Amanda Matuk, Grossmont (2001)  
304 — Julia Gilmore, Valhalla (2009)  
303 — Melanie Merritt, Patrick Henry (2011)  
295 — Hayley Miller, Valley Center (2009)  
295 — Julia Gilmore, Valhalla (2010)  
289 — Amanda Wightman, Patrick Henry (1998)  
287 — Zoe Johnson, Valhalla (2016)  
286 — Lauren Machanis, Carlsbad (2003)  
281 — Marrina Nation, Vista (2010)  
271 — Alex Feune de Colombi, Bishop's (2001)



271 — Allison Smith, University City (2008)  
270 — Kiera Kenney, Vista (2006)  
262 — Sally Stone, Bishop's (2003)  
261 — Cary Robbins, University City (2005)  
260 — Cristen Owens, Patrick Henry (2001)  
257 — Alex Feune de Colombi, Bishop's (2002)  
255 — Danielle Doelman, Ramona (2004)  
254 — Briana Patricio, Otay Ranch (2012)  
253 — Christa Tackaberry, San Pasqual (1997)  
252 — Rebekka Williams, Poway (2016)  
248 — Haley Derrod, Eastlake (2012)  
244 — Shaian Hata, Valley Center (2003)  
243 — Annie Manchester, Bishop's (1999)  
242 — Danielle Doelman, Ramona (2005)  
241 — Stephanie Gac, Valhalla (2006)  
239 — Erin Hanscom, Valhalla (2003)  
237 — Jana Stewart, Fallbrook (2003)  
237 — Reigh Lively, San Pasqual (2016)  
236 — Kaylee Caster, USDHS (2003)

#### **Most Goalie Saves (Game)**

28 — Candice Caster, Cathedral Catholic vs. SF Christian (2/4/06)  
25 — Candice Caster, Cathedral Catholic vs. Mission Bay (1/20/06)  
24 — Amanda Matuk, Grossmont vs. Monte Vista (12/22/00)  
24 — Zoe Morgan, Santana vs. Steele Canyon (2/9/18)  
22 — Kelly Hall, Coronado vs. Patrick Henry (3/01/97)  
22 — Renee Horner, Granite Hills vs. Torrey Pines (2/14/01)  
21 — Renee Horner, Granite Hills vs. El Cajon (2/10/01)  
vs. Carlsbad (2/17/01)  
20 — Christa Tackaberry, San Pasqual vs. Hilltop (2/21/97)  
20 — Lori Harris, Escondido vs. Carlsbad (2/13/97)  
20 — Haley Derrod, Eastlake vs. Hilltop (1/10/13)  
20 — Jordan Gilmore, Valhalla vs Fallbrook (1/28/11)  
19 — Annie Manchester, Bishop's vs. Carlsbad (2/10/98)  
19 — Alex Feune de Colombi, Bishop's vs Coronado (2/07/02)  
19 — Candice Caster, Cathedral Catholic vs. Torrey Pines  
(1/20/06)  
19 — Haley Derrod, Eastlake vs. El Capitan (02/02/13)  
18 — Cristen Owens, Patrick Henry vs. USDHS (2/19/00)  
18 — Amanda Matuk, Grossmont vs. Santana (1/09/01)  
18 — Hayley Miller, Valley Center vs. Bishop's (1/27/09)  
18 — Haley Derrod, Eastlake vs. Rancho Buena Vista (12/11/11)  
18 — Emma Cornwell, Otay Ranch vs Fallbrook (2/20/14)  
17 — Emma Cornwell, Otay Ranch vs. Helix (1/21/13)  
17 — Kelly Kobliska, Del Norte vs. La Jolla Country Day (2/13)

#### **Most Steals (Career)**

559 — Quinne Pursell, El Camino (2017)  
506 — Sarah Medina, Otay Ranch (2010-2013)  
486 — Dominique Sardo, Bishop's (2006-09)  
484 — Scotti Shafer, Carlsbad (1999-2002)  
459 — Jodie Needles, Valhalla (1998-2001)  
435 — Rachael Sanks, Santana (1997-2000)  
428 — Dagmara Czajka, Del Norte (2015-18)  
388 — Erica Horman, Carlsbad (1998-2000)  
374 — Sydney Witt, Vista (2008-11)  
372 — Krista Kenna, Granite Hills (2002-2005)  
356 — Katie Rulon, USDHS (2002-2005)  
337 — Spencer Samuel, Del Norte (2014-18)  
324 — Dana Johnson, Valhalla (2001-04)  
316 — Dagmara Czajka, Del Norte (2015-  
288 — Ryane Austin, Carlsbad (1999-2002)  
288 — Michelle Perkins, Poway (1999-2002)  
288 — Sarah Bushnell, Fallbrook (2010-11)  
278 — Megan May, Bishop's (2001-2004)  
277 — Kristin Fast, Fallbrook, (2001-2003)  
276 — Gabby Martinez, Valhalla (2013-17)  
272 — Rebecca Smith, Valley Center (2006-09)

272 — Morgan Small, Valhalla (2008-11)  
272 — Jasmine Miller, Valhalla (2011-15)  
264 — Ashley McCullum, Poway (2000-03)  
264 — Victoria Williams, Vista (2008-11)  
263 — Erin Brown, Bishop's (1998-2001)  
258 — Michelle Benzie, Granite Hills (2002-2003)  
253 — Rachelle Smith, Valley Center (2003-06)  
248 — Barbara Edwards, Bishop's (1998-2001)  
241 — Stacey El-Hajj, Valhalla (1997-99)  
239 — Lauren Nowakowski, Valhalla (1994-97)  
239 — Jenna Cvitkovich, Valhalla (2004-2007)  
232 — Devon McIntyre, Coronado (1996-99)  
225 — Chelsea Smith-Carmichael, Bishop's (2004-07)  
222 — Taylor Morrison, Valley Center (2006-09)  
220 — Maegan Zitren, Valhalla (2000-03)  
219 — Keira DeVigne, Santana (1998-2001)

**Most Steals (Season)**

194 — Rachael Sanks, Santana (1999)  
190 — Kelsie Emerick, Vista (2003-07)  
181 — Sarah Medina, Otay Ranch (2013)  
167 — Rachael Sanks, Santana (2000)  
157 — Quinne Pursell, El Camino (2015)  
150 — Sarah Bushnell, Fallbrook (2011)  
150 — Sarah Medina, Otay Ranch (2011)  
149 — Jodie Needles, Valhalla (1999)  
148 — Scotti Shafer, Carlsbad (2002)  
146 — Dominique Sardo, Bishop's (2008)  
145 — Erica Horman, Carlsbad (1999)  
142 — Sarah Medina, Otay Ranch (2012)  
138 — Sarah Bushnell, Fallbrook (2010)  
131 — Scotti Shafer, Carlsbad (2000)  
131 — Katie Rulon, USDHS (2004)  
131 — Dominique Sardo, Bishop's (2009)  
131 — Dagmara Czajka, Del Norte (2015)  
129 — Jodie Needles, Valhalla (1998)  
127 — Kristin Fast, Fallbrook (2002)  
125 — Devon McIntyre, Coronado (1998)  
124 — Erica Horman, Carlsbad (2000)  
124 — Sydney Peters, El Capitan (2015)  
123 — Michaelle Sanks, Santana (2001)  
121 — Brande Huntamer, Valhalla (1995)  
121 — Lauren Nowakowski, Valhalla (1995)  
119 — Erica Horman, Carlsbad (1998)  
118 — Dana Johnson, Valhalla (2003)  
117 — Sydney Witt, Vista (2008)  
116 — Lauren Nowakowski, Valhalla (1996)  
116 — Dana Johnson, Valhalla (2002)  
115 — Michelle Perkins, Poway (2001)  
114 — Scotti Shafer, Carlsbad (2001)  
114 — Katie Rulon, USDHS (2003)  
113 — Ryane Austin, Carlsbad (2002)  
113 — Megan May, Bishop's (2004)  
113 — Morgan Small, Valhalla (2010)  
113 — Emily Neill, San Pasqual (2016)  
112 — Michelle Benzie, Granite Hills (2004)  
112 — Dagmara Czajka, Del Norte (2017-18)  
111 — Dominique Sardo, Bishop's (2007)  
110 — Anique Herman, Torrey Pines (2009)  
110 — Quinne Pursell, El Camino (2016)  
107 — Krista Kenna, Granite Hills (2003)  
107 — Stephanie Lambert, Ramona (2004)

**Most Steals (Game)**

15 — Wendy Dorr, Mt. Carmel vs. Westview (1/22/08)  
15 — Dagmara Czajka, Del Norte vs. Mar Vista (2/7/15)  
14 — Jodie Needles, Valhalla vs. La Jolla (1998)  
13 — Dana Johnson, Valhalla vs. Granite Hills (2002)

- 13 — Sarah Medina, Otay Ranch vs. Mater Dei (1/24/12)
- 13 — Sarah Medina, Otay Ranch vs. Mater Dei (1/6/13)
- 12 — Brande Huntamer, Valhalla vs. El Capitan (1994)
- 12 — Scotti Shafer, Carlsbad vs. Poway (2/24/01)
- 12 — Katie O'Neill, Carlsbad vs. R. Bernardo (2/20/02)
- 12 — Sarah Medina, Otay Ranch (2011)
- 11 — Holly Hartzell, Fallbrook vs. Vista (1/13/00)
- 11 — Erica Horman, Carlsbad vs. Helix (2/14/98)
- 11 — Scotti Shafer, Carlsbad vs. Torrey Pines (2/16/02)
- 11 — Kristin Fast, Fallbrook vs. Chula Vista (1/11/02)
- 11 — Quinne Pursell, El Camino vs. Mira Mesa (12/11/14)  
vs. San Marcos (1/25/17)
- 11 — Emily Neill, San Pasqual vs. Poway (2/16/16)
- 11 — Dagmara Czajka, Del Norte vs. Poway (1/31/18)
- 10 — Barbara Edwards, Bishop's vs. Scripps Ranch (1/29/99)
- 10 — Erica Horman, Carlsbad vs. Mt. Carmel (2/05/99)
- 10 — Scotti Shafer, Carlsbad vs. El Toro (1/08/02)  
vs. Newport Harbor (1/05/02)  
vs. Poway (12/19/01)
- 10 — Ryane Austin, Carlsbad vs. El Toro (1/08/02)
- 10 — Dominique Sardo, Bishop's vs. Newport (2/09/07)
- 10 — Taylor Morrison, Valley Center vs. Dana Hills (12/05/08)
- 10 — Anique Herman, Torrey Pines vs. (2009)
- 10 — Amanda Thompson, Steele Canyon vs. Grossmont  
(2/12/10)
- 10 — Sarah Bushnell, Fallbrook vs. Escondido (1/14/10)
- 10 — Emily Neill, San Pasqual vs. Escondido (2/11/16)
- 10 — Quinne Pursell, El Camino vs. Point Loma (12/17/15)  
vs. Mission Hills (1/12/17)
- 9 — Erica Horman, Carlsbad vs. Vista (1/20/98)  
vs. Bishop's (2/13/99)
- 9 — Scotti Shafer, Carlsbad vs. Rancho Bernardo (12/16/98)  
vs. Torrey Pines (1/22/00)
- 9 — Maegan Zitren, Valhalla vs. Santana (2002)
- 9 — Kristin Fast, Fallbrook vs. Carlsbad (2/22/03)
- 9 — Erin Hanscom, Valhalla vs. Poway (2003)
- 9 — Hillary Raya, University City vs. Lake Elsinore (2006)
- 9 — Sarah Medina, Otay Ranch vs. Hilltop (1/20/12)
- 9 — Quinne Pursell, El Camino vs. Patrick Henry (12/18/14)  
vs. Mar Vista (2/24/15)

**5 Meters Drawn (Career)**

- 67 — Rebecca Smith, Valley Center (2006-09)
- 53 — Spencer Samuel, Del Norte (2014-18)
- 51 — Sarah Medina, Otay Ranch (2010-2013)
- 49 — Shelby Keyser, Poway (2002-05)
- 41 — Scotti Shafer, Carlsbad (1999-2002)
- 39 — Arin Keyser, Poway (1999-2002)
- 38 — Megan May, Bishop's (2001-2004)
- 19 — Rachelle Smith, Valley Center (2003-06)
- 18 — Ryane Austin, Carlsbad (1999-2002)

**5 Meters Drawn (Season)**

- 25 — Rebecca Smith, Valley Center (2007)
- 24 — Rebecca Smith, Valley Center (2008)
- 22 — Roni Coffey, Otay Ranch (2008)
- 19 — Megan May, Bishop's (2003)
- 19 — Sarah Medina, Otay Ranch (2013)
- 19 — Megan May, Bishop's (2004)
- 17 — Sarah Medina, Otay Ranch (2012)
- 15 — Shelby Keyser, Poway (2004)
- 15 — Kellsie Arolla, La Costa Canyon (2007)
- 14 — Scotti Shafer, Carlsbad (2001)
- 14 — Arin Keyser, Poway (2002)
- 14 — Shelby Keyser, Poway (2005)
- 14 — Roni Coffey, Otay Ranch (2007)
- 14 — Rebecca Smith, Valley Center (2009)
- 12 — Scotti Shafer, Carlsbad (2000)

- 12 — Arin Keyser, Poway (2001)
- 12 — Sarah Medina, Otay Ranch (2011)
- 11 — Shelby Keyser, Poway (2003)
- 11 — Rachelle Smith, Valley Center (2005)
- 10 — Scotti Shafer, Carlsbad (2002)
- 9 — Shelby Keyser, Poway (2002)
- 8 — Arin Keyser, Poway (2000)
- 8 — Ryane Austin, Carlsbad (2001)
- 8 — Rachelle Smith, Valley Center (2006)
- 6 — Hilary Horman, Carlsbad (1998)

**5 Meters Drawn (Game)**

- 4 — Sophia Zamoyski, Del Norte vs. El Capitan (2/4/17)
- 3 — Shelby Keyser, Poway vs. Santa Margarita (2004)
- 3 — Roni Coffey, Otay Ranch vs. Eastlake (1/30/06)
- 3 — Rebecca Smith, Valley Center vs. West Hills (1/20/07)  
vs. Bishop's (2/17/07)  
vs. Ramona (1/16/08)
- 3 — Sarah Medina, Otay Ranch vs. Mira Mesa (12/2/11)
- 3 — Sarah Medina, Otay ranch vs. Mission Hills (12/12/12)
- 2 — Erica Horman, Carlsbad vs. Hilltop (2/14/98)
- 2 — Scotti Shafer, Carlsbad vs. RB Vista (12/14/99)  
vs. Torrey Pines (1/22/00)  
vs. Fallbrook (1/25/00)  
vs. Long Beach Poly (12/08/00)  
vs. Irvine (2/01/01)  
vs. Fallbrook (1/26/02)
- 2 — Ryane Austin, Carlsbad vs. Fallbrook (1/24/01)
- 2 — Nicole Fisher, Granite Hills vs. Valhalla (1/28/03)
- 2 — Lauren Presant, Poway vs. Fallbrook (2005)
- 2 — Emily Atkins, Valley Center vs. El Dorado (2/05/05)
- 2 — Kellsie Arolla, La Costa Canyon vs. RB Vista (1/05/07)  
vs. El Dorado (2/2/07)  
vs. RB Vista (2/03/07)
- 2 — Rebecca Smith, Valley Center vs. Santa Ana Mater Dei  
(1/23/09)
- 2 — Sophia Zamoyski, Del Norte vs. Diamond Bar (2/2/18)

**Ejections Drawn (Career)**

- 320 — Sarah Van Norman, Bishop's (2004-07)
- 276 — Shelby Keyser, Poway (2002-05)
- 244 — Scotti Shafer, Carlsbad (1999-2002)
- 243 — Jenna Cvitkovich, Valhalla (2004-07)
- 239 — Rebecca Smith, Valley Center (2006-09)
- 222 — Sarah Medina, Otay Ranch (2010-2013)
- 212 — Erin Brown, Bishop's (1998-2001)
- 212 — Erica Zemke, Valhalla (2008-12)
- 210 — Arin Keyser, (1999-2002)
- 198 — Sophia Zamoyski, Del Norte (2015-18)
- 180 — Rachelle Smith, Valley Center (2003-06)
- 150 — Kaitlyn Persky, Valhalla (2008-12)
- 148 — Sophia Zamoyski, Del Norte (2015-
- 141 — Spencer Samuel, Del Norte (2014-18)
- 132 — Jodie Needles, Valhalla (1998-2001)
- 130 — Gabby Martinez, Valhalla (2013-17)
- 128 — Dominique Sardo, Bishop's (2006-09)
- 122 — Madison Stockton, Valhalla (2011-14)
- 116 — Paige Squiller, University City (2005-08)
- 115 — Jamie Brown, Bishop's (2000-2003)
- 112 — Jasmine Miller, Valhalla (2011-15)
- 111 — Kelsie Emerick, Vista (2003-07)
- 110 — Dana Johnson, Valhalla (2001-04)
- 105 — Karianne Gwinn, Granite Hills (2003-06)
- 103 — Ryane Austin, Carlsbad (1999-2002)
- 98 — Dana Esbensen, Fallbrook (2002-2003)
- 96 — Dana Nelsen, University City (2003-06)
- 92 — Margan Zitren, Valhalla (2000-03)

84 — Katie Hansen, Coronado (2003)  
79 — Rachel Bender, Fallbrook (2001-2003)

**Ejections Drawn (Season)**

96 — Rebecca Smith, Valley Center (2007)  
94 — Sarah Van Norman, Bishop's (2006)  
93 — Sarah Medina, Otay Ranch (2013)  
92 — Kellsie Arolla, La Costa Canyon (2006)  
91 — Sarah Van Norman, Bishop's (2005)  
89 — Shelby Keyser, Poway (2003)  
85 — Erin Brown, Bishop's (2000)  
84 — Katie Hansen, Coronado (2003)  
84 — Shelby Keyser, Poway (2005)  
84 — Jenna Cvitkovich, Valhalla (2007)  
81 — Sarah Van Norman, Bishop's (2004)  
81 — Rachelle Smith, Valley Center (2005)  
81 — Rebecca Smith, Valley Center (2009)  
77 — Arin Keyser, Poway (2002)  
76 — Rachelle Smith, Valley Center (2006)  
76 — Shelby Keyser, Poway (2004)  
75 — Scotti Shafer, Carlsbad (2002)  
75 — Sarah Van Norman, Bishop's (2005)  
71 — Scotti Shafer, Carlsbad (2000)  
71 — Sarah Medina, Otay Ranch (2012)  
70 — Erin Brown, Bishop's (1999)  
68 — Jenna Cvitkovich, Valhalla (2005)  
68 — Jenna Cvitkovich, Valhalla (2006)  
68 — Madelyn Ward, Granite Hills (2017)  
67 — Erica Zemke, Valhalla (2011)  
65 — Jasmine Miller, Valhalla (2015)  
65 — Spencer Samuel, Valhalla (2016)  
63 — Paige Squiller, University City (2007)  
61 — Sarah Van Norman, Bishop's (2007)  
59 — Rachel Camacho, Bishop's (2004)  
59 — Megan May, Bishop's (2004)  
59 — Sarah Van Norman, Bishop's (2004)  
59 — Mariah Fiske, San Pasqual (2016)  
56 — Scotti Shafer, Carlsbad (2001)  
56 — Julie Nestlebush, El Cajon Valley (2003)  
56 — Kara Butler, Poway (2005)  
56 — Erica Zemke, Valhalla (2010)  
56 — Madison, Stockton, Valhalla (2014)  
55 — Jamie Brown, Bishop's (2002)  
54 — Dana Esbensen, Fallbrook (2003)  
54 — Sophia Zamoyski, Del Norte (2015)

**Ejections Drawn (Game)**

11 — Jenna Cvitkovich, Valhalla vs. Capo Valley (2007)  
10 — Rebecca Smith, Valley Center vs. Great Oak (1/24/09)  
9 — Shelby Keyser, Poway vs. Santa Margarita (12/29/03)  
9 — Roni Coffey, Otay Ranch vs. Bonita Vista (2/06/07)  
9 — Rebecca Smith, Valley Center vs. Escondido (1/18/08)  
9 — Reilly Landry, Mar Vista vs. El Capitan (2/16/12)  
8 — Sarah Van Norman, Bishop's vs. Newport (12/17/05)  
vs. Coronado (2/9/06)  
vs. Coronado (2/25/06)  
8 — Sarah Medina, Otay Ranch vs. Eastlake (2/5/13)  
7 — Scotti Shafer, Carlsbad vs. Santa Barbara (12/28/01)  
7 — Nicole Fisher, Granite Hills vs. Valhalla (1/28/03)  
7 — Dana Johnson, Valhalla vs. Granite Hills (2003)  
7 — Shelby Keyser, Poway vs. La Costa Canyon (2005)  
7 — Sarah Van Norman, Bishop's vs. Foothill (2/9/05)  
7 — Mellisa Long, University City vs. La Jolla (2/19/05)  
7 — Sophia Zamoyski, Del Norte vs. Mar Vista (2/7/15)  
6 — Malia McKee, Valhalla vs. Mt. Carmel (1994)  
6 — Scotti Shafer, Carlsbad vs. Newport Harbor (1/05/02)  
vs. El Toro (1/08/02)  
vs. Mt. Carmel (12/16/99)

- vs. Clairemont (2/10/00)
- vs. Mt Carmel (2/20/01)
- 6 — Dana Esbensen, Fallbrook vs. Valhalla (2/16/02)
- 6 — Kelly Ott, Valhalla vs. San Clemente (2002)
- 6 — Arin Keyser, Poway vs. Patrick Henry (12/10/99)  
vs. Carlsbad (2/5/00)
- 6 — Rachelle Smith, Valley Center vs. Ramona (1/04/06)  
vs. Ramona (1/27/06)
- 6 — Rebecca Smith, Valley Center vs. Escondido (12/13/06)  
vs. Westview (1/04/07)
- 6 — Paige Squiller, University City vs. San Clemente (2006)
- 6 — Amanda Thompson, Steele Canyon vs. Granite Hills (1/14/10)
- 6 — Sophia Zamoyski, Del Norte vs. El Capitan (2/4/17)
- 5 — Mariah Fiske, San Pasqual vs La Costa Canyon (1/20/16)