

GIRLS BASKETBALL

TEAM CHAMPIONS

OPEN Division

3/08/14 Bishop's Marlon Wells Mater Dei David Monroe 53-47
3/07/15 Mission Hills Chris Kroesch Mt. Carmel Tim Jollett 58-41
3/05/16 Mission Hills Chris Kroesch La Jolla Country Day Terri Bamford 68-64
3/04/17 Mission Hills Chris Kroesch Bishop's Marlon Wells 65-47
3/02/18 Mount Miguel Robbie Sandoval Mission Hills Chris Kroesch 50-49

DIVISION I

Date Winner Coach Runner-up Coach Score

3/04/88 Mt. Carmel Peggy Brose Santana Wade Vickery 57-47
3/04/89 Point Loma Lee Trepanier Mira Mesa Gary Blevins 44-25
3/02/90 Mt. Carmel Peggy Brose Santana Wade Vickery 56-55
3/02/91 Poway Jay Trousdale Mt. Carmel Tracey Johnson 55-41
3/07/92 Poway Jay Trousdale Mt. Carmel Tracey Johnson 55-33
3/04/93 Rancho Bernardo Peggy Brose Poway Jay Trousdale 48-38
3/04/94 Vista Pat Moramarco Poway Jay Trousdale 51-41
3/04/95 Poway Jay Trousdale Rancho Bernardo Peggy Brose 61-55
3/01/96 Rancho Bernardo Peggy Brose Vista Pat Moramarco 48-46
3/07/97 Rancho Bernardo Peggy Brose RB Vista Kathy George 51-47
3/07/98 RB Vista Kathy George El Camino Terry Scaife 50-22
3/05/99 El Camino Terry Scaife El Capitan Jim Mottershaw 56-48
3/04/00 Mt. Carmel Robin Blalock El Camino Terry Scaife 55-54 (OT)
3/02/01 Mt. Carmel Robin Blalock El Camino Terry Scaife 54-47
3/02/02 El Camino Vicki Evans-Thomas Poway Jay Trousdale 48-29
3/07/03 El Camino Vicki Evans-Thomas Poway Jay Trousdale 66-34
3/05/04 San Diego** Marlon Wells Mt. Carmel Robin Blalock 61-56
3/05/05 Carlsbad Mark Pixley San Diego Marlon Wells 58-53
3/04/06 San Diego Marlon Wells Eastlake Janet Eleazar 65-61
3/03/07 Eastlake Janet Eleazar Helix Tina Meridith 61-47
2/29/08 Poway Jay Trousdale Bonita Vista Wayne Wooten 50-46
3/07/09 La Costa Canyon John Labeta Poway Jay Trousdale 47-33
3/06/10 San Diego Lonnie Jones Poway Jay Trousdale 68-56
3/05/11 La Costa Canyon John Labeta San Diego Lonnie Jones 76-41
3/03/12 San Diego Lonnie Jones Granite Hills Jerry Parker 64-44
3/01/13 Granite Hills Jerry Parker Rancho Buena Vista Pete La France 55-44
3/08/14 Mission Hills Chris Kroesch Mt. Carmel Tim Jollett 62-43
3/6/15 Horizon Vickie Carrington Mt Miguel Robbie Sandoval 66-59
3/5/16 Eastlake David Coopman La Costa Canyon John Farrell 43-23
3/3/17 Mater Dei David Monroe San Marcos Roger DiCarlo 55-54
3/02/18 Bonita Vista Tristan Lamb Mater Dei Catholic David Monroe 68-59

DIVISION II

Date Winner Coach Runner-up Coach Score

3/04/88 San Pasqual* Lori Becker Fallbrook Gerry Port 45-40
3/04/89 Vista Joe DeMaria San Marcos Bob Kellison 65-51
3/03/90 Point Loma Lee Trepanier San Pasqual Terri Bamford 62-34
3/02/91 El Cajon Valley Robert Holm Carlsbad John Duperville 55-42
3/07/92 Carlsbad John Duperville University City Steve Vukojevich 53-43
3/04/93 University City Steve Vukojevich Carlsbad John Duperville 46-37
3/04/94 Mission Bay Larry Willis Escondido Lori Becker 68-44
3/04/95 Torrey Pines Ken Baumann Scripps Ranch Dan Regas 75-69
3/01/96 Scripps Ranch Dan Regas Santana Wade Vickery 67-60
3/07/97 Santana Wade Vickery Montgomery Lori Morris 49-48
3/07/98 Eastlake Larry Armbrust Santana Kris Farris 60-58
3/05/99 University City Kathy Platt La Jolla Nancy Moyer 54-42
3/04/00 Santana Wade Vickery University City Kathy Platt 50-47
3/02/01 University City Jennifer Gross Santana Wade Vickery 48-39
3/02/02 Orange Glen Phill Anderson Mount Miguel Robbie Sandoval 52-41
3/07/03 Mount Miguel Robbie Sandoval El Capitan Darin Curtis 55-49 (2 OT)
3/05/04 Mount Miguel Robbie Sandoval Ramona Dan Marshall 58-44
3/04/05 Mount Miguel Robbie Sandoval El Capitan Darin Curtis 53-47
3/03/06 Mt. Carmel Robin Blalock Mount Miguel Robbie Sandoval 52-51
3/02/07 Mt. Carmel Robin Blalock Montgomery Lori Morris 60-49

3/01/08 Mt. Carmel Robin Blalock Westview Bob McHeffey 50-44
3/06/09 West Hills Ryan Kinser Mount Miguel Robbie Sandoval 46-44
3/05/10 West Hills Ryan Kinser Westview Bob McHeffey 40-25
3/04/11 Westview Bob McHeffey Mt. Carmel Tim Jollett 50-44
3/02/12 Serra Corey Wright West Hills Ryan Kinser 50-47
3/1/13 La Costa Canyon Mario Flores Serra Cory Wright 56-52
3/08/14 Helix Patrick Tabor San Marcos Roger DiCarlo 57-45
3/06/15 Carlsbad Amanda Waters Montgomery Cassie Klockgether 53-38
3/05/16 Imperial Rich Ponchione Bonita Vista Wayne Wooten 62-54
3/03/17 Rancho Bernardo Kyle Williamson Scripps Ranch James Stewart 34-33
3/02/18 Olympian Fred VonHusen Vista Pat Moramarco 61-55

DIVISION III

Date Winner Coach Runner-up Coach Score

3/04/88 Ramona Joe Bess Lincoln Prep Dorothy Robinson 41-23
3/04/89 USDHS Rob Gorney Ramona Joe Bess 54-46
3/01/90 OLP Yvonne Sanchez Lincoln Prep Dorothy Robinson 67-60
3/01/91 Santana Wade Vickery Kearny Joe Hernandez 46-36
3/05/92 OLP Yvonne Sanchez West Hills LuAnn Gores 61-38
3/01/93 USDHS Sean Doyle Santana Wade Vickery 52-44
3/04/94 Santana Wade Vickery Scripps Ranch Dan Regas 61-53
3/04/95 Santana* Wade Vickery OLP Lyn Anastasio 52-28
3/01/96 Eastlake Larry Armbrust USDHS Sean Doyle 75-47
3/08/97 Eastlake* Larry Armbrust USDHS Richard Butcher 51-35
3/07/98 Kearny Scotty Gilbert USDHS Demetrius Laffitte 48-42
3/05/99 Kearny Scotty Gilbert USDHS Demetrius Laffitte 44-40 (OT)
3/04/00 Kearny Scotty Gilbert USDHS Demetrius Laffitte 47-35
3/02/01 USDHS Demetrius Laffitte Valley Center Tiffany Vasquez 53-43
3/02/02 Santana Wade Vickery University City Jennifer Gross 69-59
3/08/03 Mission Bay* Melissa Barker Kearny Scotty Gilbert 59-53
3/05/04 Mission Bay Melissa Barker Kearny Scotty Gilbert 48-41
3/05/05 Santana Wade Vickery Valley Center Mark Melton 47-39
3/04/06 Santana Wade Vickery Kearny Scotty Gilbert 71-59
3/03/07 Mount Miguel Robbie Sandoval Cathedral Catholic Melissa Padgett 55-39
2/29/08 Cathedral Catholic Melissa Padgett Mount Miguel Robbie Sandoval 56-50
3/07/09 Canyon Crest Terry Ryan OLP Norman Guay 56-51
3/06/10 Mount Miguel Robbie Sandoval OLP Norman Guay 57-49
3/05/11 Mount Miguel Robbie Sandoval Cathedral Catholic Nicky Geis 63-55
3/03/12 Mission Bay* Sade Wiley-Gatewood Mount Miguel Robbie Sandoval 64-29
3/02/13 Our Lady of Peace Denice Carnaje Cathedral Catholic Jackie Turpin 60-42
3/08/14 Central Union Jason McClain La Jolla David Westhem 51-48
3/06/15 Rancho Bernardo Kai Harris Kearny Bracy Smith 53-44
3/04/16 Mira Mesa Lonnie Jones Hilltop Ray Jindra 56-48
3/03/17 Lincoln Rod Cooksey Santana Larry Clark 59-25
3/03/18 Christian Vickie Carrington Escondido Adventist Academy Mario Perez 67-49

DIVISION IV

Date Winner Coach Runner-up Coach Score

3/05/88 Holtville Mike Pacheco Coronado William Cass 47-34
3/02/89 Holtville Mike Pacheco Coronado Ernie Dickerson 44-30
3/02/90 Holtville Mike Pacheco Coronado William Cass 57-31
3/01/91 Lincoln Prep Dorothy Robinson Coronado William Cass 63-34
3/05/92 Lincoln Prep Dorothy Robinson Coronado William Cass 58-43
3/01/93 Coronado Brad Couture Lincoln Prep Dorothy Robinson 55-50
3/04/94 Lincoln Prep Dorothy Robinson Holtville Tom Peckham 58-43
3/04/95 Clairemont Lamont Jackson Holtville Tom Peckham 52-50 (OT)
3/01/96 Coronado William Cass Lincoln Prep Dorothy Robinson 43-41
3/08/97 Bishop's Fentriss Winn Coronado William Cass 56-38
3/07/98 Bishop's Fentriss Winn Coronado William Cass 50-28
3/05/99 Bishop's* Fentriss Winn Horizon Alan Nazamura 48-22
3/04/00 Bishop's* Fentriss Winn Coronado Toler Goodwin 48-20
3/02/01 Bishop's# Fentriss Winn Lincoln Prep Dorothy Robinson 75-42
3/02/02 Bishop's Fentriss Winn Coronado Toler Goodwin 72-31
3/07/03 La Jolla Country Day** Terri Bamford Bishop's Lakeysa Wright 73-54
3/06/04 La Jolla Country Day** Terri Bamford Bishop's Lakeysa Wright 57-31
3/05/05 La Jolla Country Day* Terri Bamford Bishop's John Farrell 59-47
3/03/06 La Jolla Country Day* Terri Bamford Bishop's John Farrell 44-37
3/03/07 La Jolla Country Day* Terri Bamford Francis Parker Lakeysa Wright 45-38

3/01/08 La Jolla Country Day** Terri Bamford Bishop's Marlon Wells 56-38
3/07/09 Bishop's Marlon Wells Mater Dei# David Monroe 71-63
3/06/10 La Jolla Country Day Terri Bamford Bishop's Marlon Wells 62-51
3/05/11 La Jolla Country Day* Terri Bamford Bishop's Marlon Wells 79-50
3/03/12 La Jolla Country Day# Terri Bamford Bishop's Marlon Wells 64-39
3/01/13 La Jolla Country Day Terri Bamford Bishop's Marlon Wells 49-39
3/07/14 Point Loma Dave Aros Hoover Vanessa Stahley 43-36
3/06/15 El Capitan Don Furrow San Ysidro Alex Vargas 55-40
3/04/16 Grossmont Grace Campbell Crawford Dwight McDonald Sr. 38-31
3/03/17 Escondido Adventist Mario Perez Mission Vista Jerry Garrett 48-46
3/03/18 San Dieguito Academy Aubree Smithey Castle Park Josh Baker 55-36

DIVISION V

Date Winner Coach Runner-up Coach Score

3/05/88 La Jolla Country Day Jack Wigley Lutheran Steve Kuschel 48-32
3/02/89 La Jolla Country Day Jack Wigley Calvin Christian Ron Smith 49-47
3/02/90 La Jolla Country Day Jack Wigley Christian Rod Bell 70-63
3/02/91 Christian+ Ken Weeks Calvin Christian Preston Bruxvoort 63-51
3/07/92 Christian# Mike Zazvrskey Julian Carl Focarelli 75-47
3/04/93 Christian+ Ken Grainger Bishop's Richard Butcher 53-48
3/04/94 Christian** Ken Grainger Bishop's Fentriss Winn 64-46
3/04/95 Christian# Ken Grainger Julian Carl Focarelli 86-52
3/01/96 Julian* Carl Focarelli Horizon Lamont Jackson 53-35
3/08/97 Horizon Richard Andujo Christian Scott Oatsvall 49-45
3/07/98 Horizon Richard Andujo Julian Carl Focarelli 63-53
3/05/99 Santa Fe Christian Tobie Braun Francis Parker Nicole Anderson 53-52
3/04/00 Santa Fe Christian** Paul Clark La Jolla Country Day Terri Bamford 49-39
3/02/01 La Jolla Country Day# Terri Bamford Santa Fe Christian Paul Clark 66-39
3/02/02 La Jolla Country Day# Terri Bamford Julian Jennifer Hylie 108-35
3/07/03 Santa Fe Christian Paul Clark Calvin Christian Scott Boyens 34-28
3/06/04 Santa Fe Christian Paul Clark Julian Jennifer Wylie 67-43
3/04/05 Santa Fe Christian Paul Clark Calipatria Martin Gaines 41-34
3/04/06 Julian Mark Aumann Santa Fe Christian Paul Clark 52-44
3/02/07 Calvin Christian Scott Boyens Christian Life Todd Nash 48-35
2/29/08 Calvin Christian* Brad Jansen Escondido Adventist Michael DeFreece 41-28
3/06/09 Christian Life Scott Boyens Vincent Memorial Jesus Gonzalez 54-29
3/05/10 Christian Life Scott Boyens Vincent Memorial Jesus Gonzalez 82- 54
3/04/11 Horizon Victoria Carrington Christian Life Scott Iverson 61-42
3/02/12 Tri-City Christian Stan Bickley Ocean View Christian Steve Johnson 54-38
3/2/13 Horizon** Vickie Carrington Tri- City Christian Stan Bickley 61-13
**Regional Runner-Up Lost to Sierra Canyon
3/6/14 Liberty Charter Al Silva Foothills Christian Jonathan McCaskill 64-39
3/05/15 Palo Verde Tim Cox Escondido Adventist Mario Perez 53-38
3/03/16 Escondido Adventist Academy Mario Perez The Rock Academy Nick Bertaux 52-31
3/02/17 Maranatha Christian Nate Jackson Pacific Ridge Sara VanderHorst 68-61
3/01/18 Madison Milton Clark Hoover Vanessa Stahley 54-49

CLASS 3A

Date Winner Coach Runner-up Coach Score

6/01/82 Fallbrook Buck White Madison RaNae Seaman 43-32
6/01/83 Poway Dave Boulware Bonita Vista Ralph Carrier 57-46
2/29/84 Santana Wade Vickery Patrick Henry John Ferguson 54-50
2/27/85 Point Loma# Lee Trepanier Fallbrook Buck White 86-52
3/08/86 Point Loma# Lee Trepanier Monte Vista Manny Silva 65-42
3/07/87 Point Loma# Lee Trepanier Vista Joe DeMaria 52-39

CLASS 2A

Date Winner Coach Runner-up Coach Score

5/10/75 Hilltop Janet Balsley Helix Marianne Loftus 41-38
5/22/76 Helix Marianne Loftus Fallbrook Buck White 35-31
5/26/77 El Capitan Ross Furrow Fallbrook Buck White 60-57
5/25/78 Fallbrook Buck White El Capitan Ross Furrow 52-47
5/23/79 Patrick Henry Fritz Ziegenfuss Valhalla Dennis Biletnikoff 46-45
5/30/80 Helix John Singer Patrick Henry Fritz Ziegenfuss 41-40
5/29/81 Patrick Henry Fritz Ziegenfuss Helix John Singer 45-36
6/01/82 San Marcos Gary Keith Chula Vista Larry Armbrust 59-38
6/01/83 El Camino+ Ray Johnson Chula Vista Larry Armbrust 71-61
2/29/84 Point Loma# Lee Trepanier El Camino Ray Johnson 64-47
2/27/85 El Camino** Ray Johnson USDHS Dana Shelburne 75-42
3/08/86 San Marcos Bob Kellison SD Southwest John Boone 55-52

3/07/87 La Jolla Lori Schwalbach San Pasqual Brad Merrill 44-40

+ Southern California Regional Champion * Southern California Regional Runner-up

** Southern California Regional Champion and State CIF Runner-Up # Southern California Regional Champion and State CIF Champion

GIRLS BASKETBALL

CIFSDS HALL OF CHAMPIONS/

MEDIA PLAYER OF THE YEAR

- 1996 — Alissa Murphy, Scripps Ranch
- 1997 — Eisha Bohman, RB Vista
- 1998 — Eisha Bohman, RB Vista
- 1999 — Kendra Rhea, El Capitan
- 2000 — La Toya Bristow, El Camino
- 2001 — Candice Wiggins, LJCD
- 2002 — Candice Wiggins, LJCD
- 2003 — Candice Wiggins, LJCD
- 2004 — Candice Wiggins, LJCD and
Charde Houston, San Diego
- 2005 — Jerica Williams, Mount Miguel
- 2006 — Jordan Franey, Santana
- 2007 — Paris Johnson, San Diego
- 2008 — Dominique Conners, LJCD
- 2009 — Gizelle Studevant, Bishop's
- 2010 — Ariana Elegado, LJCD
- 2011 — Danielle Miller, Mount Miguel
- 2012 — Maya Hood, LJCD
- 2013 — Kelsey Plum, La Jolla Country Day
- 2014 — Imani Littleton, Bishop's
- 2015 — Destiny Littleton, Bishop's
- 2016 — Destiny Littleton, Bishop's
- 2017 — Destiny Littleton, Bishop's
- 2018 — Shyla Latone, Bonita Vista

CIFSDS COACHES DIVISION

PLAYER OF THE YEAR

- 1975 — Deanna Castro, Helix
- 1976 — Debbie Baer, Helix
- 1977 — Gayle Suttles, El Capitan and
Jaima Oxley, Fallbrook
- 1978 — Tami Fick, Coronado
- 1979 — LuAnn Gores, Valhalla
- 1980 — Kirsten Cummings, Patrick Henry
- 1981 — Kirsten Cummings, Patrick Henry
- 1982 — Cathy O'Brien, San Marcos
- 1983 — Debbie Dunbar, Fallbrook
- 1984 — Suzanne Eagye, Point Loma
- 1985 — Terri Mann, Point Loma
- 1986 — Terri Mann, Point Loma
- 1987 — Terri Mann, Point Loma
- 1988 — Chris Enger, Vista
- 1989 — Chris Enger, Vista and
Monica Filer, Point Loma (3A)
Susie O'Brien, San Marcos and
Christina Willis, Mission Bay (2A)
Betsy Wilgenburg, C. Christian
(1A)
- 1990 — Tyeast Brown, Point Loma (3A)
Christina Adams, Grossmont
and Mildred Conston,
Oceanside (2A)
Vicki Teter, Julian (1A)
- 1991 — Christian Murguia, Castle Park (3A)
Sheila Dixon, Lincoln Prep and
Desiree Weiman, Santana
(2A) Annetta DeJong, Calvin
Christian and Isabel
Schoepflin, LJCD (1A)

- 1992 — Jamie Shadian, Poway (3A)
Heather Holm, El Cajon (2A)
Juli Cheskaty, Francis Parker
(1A)
- 1993 — Lorraine Watson, R. Bernardo
and Jamie Shadian, Poway
(3A) Vanessa Nygaard,
Carlsbad (2A) Amanda
Undegraff, Bishop's (1A)
- 1994 — DeAngela Minter, Vista (Div I)
Adia Barnes, Mission Bay and
Reco Edwards, El Cajon
(Div II) Alissa Murphy, Sc.
Ranch (Div III) Shondel
Robinson, Lincoln (Div IV)
Stephanie Shadwell,
Christian and Amanda
Undegraff, Bishop's (Div V)
- 1995 — Kelly Speas, R. Bernardo (Div I)
Alissa Murphy, Sc. Ranch (Div II)
Susie Erpelding, OLP (Div III)
Dawn Page, Clairemont (Div IV)
Stephanie Shadwell, Christian (Div V)
- 1996 — Courtney Bale, Vista (Div I)
Alissa Murphy, Scripps Ranch and Sophia
Sledge, Santana (Div II)
Jacqueline Montalban, Eastlake (Div III)
Vanessa Bowman, Coronado (Div IV)
April Olsen, Julian (Div V)
- 1997 — Eisha Bohman, RB Vista (Div I)
Paige Sutton, Santana (Div II)
Jacqueline Montalban, Eastlake (Div III)
Angela Ortega, Bishop's (Div IV)
Tracey Epps, Christian (Div V)
- 1998 — Eisha Bohman, RB Vista (Div I)
Debbie Stanton, Eastlake (Div II)
Triola Alexander, Kearny (Div III)
Brianna Winn, Bishop's (Div IV)
Katie Magnuson, Horizon (Div V)
- 1999 — Kendra Rhea, El Capitan (Div I)
Shannon Torregrosa, University City (Div II)
Triola Alexander, Kearny (Div III)
Kirsten Grimm, Bishop's (Div IV)
Brandi Collato, SF Christian (Div V)
- 2000 — La Toya Bristow, El Camino (Div I)
Kathryn Wynne, Santana (Div II)
Triola Alexander, Kearny (Div III)
Kirsten Grimm, Bishop's (Div IV)
Brandi Collato, SF Christian (Div V)
- 2001 — Candace Doung, Mt. Carmel (Div I)
Breezy Ambort, University City (Div II)
Alexis Castro, USDHS (Div III)
Brianna Winn, Bishop's (Div IV)
Candice Wiggins, LJCD (Div V)
- 2002 — Jamie Campbell, Mt. Carmel (Div I)
Christine Fitzgerald, Mt. Miguel (Div II)
Jackie Turpin, Santana (Div III)
Mallorie Winn, Bishop's (Div IV)
Candice Wiggins, LJCD (Div V)
- 2003 — Charde Houston, San Diego (Div I)
None selected (Div II)
Amber Sprague, M. Bay (Div III)
Candice Wiggins, LJCD (Div IV)
Kelly Leppert, SF Christian (Div V)
- 2004 — Charde Houston, San Diego (Div I)
Allison Duffy, El Capitan (Div II)
Amber Sprague, M. Bay (Div III)
Candice Wiggins, LJCD (Div IV)

- Kelly Leppert, SF Christian (Div V)
- 2005** — Lauren Aadland, Carlsbad (Div I)
 Jerica Williams, Mt. Miguel (Div II)
 Jordan Franey, Santana (Div III)
 Mercedes Fox-Griffin, LJCD (Div IV)
 Robin Darcy, SF Christian (Div V)
- 2006** — Paris Johnson, San Diego (Div I)
 Whitney Spence, Mt. Carmel (Div II)
 Jordan Franey, Santana (Div III)
 Kathleen Roehrkasse, Bishop's (Div IV)
 Robin Darcy, SF Christian (Div V)
- 2007** — Brittany Palmer, Eastlake (Div I)
 Jenna Briete, Mt. Carmel (Div II)
 Precious Robinson, Mount Miguel (Div III)
 Dominique Conners, LJCD (Div IV)
 Briana Jackson, Calvin Christian (Div V)
- 2008** — Danielle Boykin, Bonita Vista (Div I)
 Kelly Hansen, Mt. Carmel (Div II)
 Victoria Lippert, Cathedral (Div III)
 Janae Fulcher, LJCD (Div IV)
 Lissette Covarrubias, Vincent Memorial (Div V)
- 2009** — Emily Osga, Patrick Henry (Div I)
 Danesia Williamson, Mount Miguel (Div II)
 Ashley Guay, OLP (Div III)
 Jhazmine Lynch, Mater Dei (Div IV)
 Kimmy Iverson, Christian Life (Div V)
- 2010** — Tia Dixon, San Diego (Div I)
 Marilyn Naderhoff, West Hills (Div II)
 Y'vonte Neal, Mount Miguel (Div III)
 Ariana Elegado, LJCD (Div IV)
 Melanie Lombardi, Christian Life (Div V)
- 2011** — Jen Dumiak, LCC (Div I)
 Melissa Peng, Westview (Div II)
 Danielle Miller, Mt. Miguel (Div III)
 Kelsey Plum, LJCD (Div IV)
 Kimbreli Flournoy, Horizon (Div V)

TEAM RECORDS

Most Points (Game)

- 159 — San Pasqual Aca. vs. Guajome Park
 137 — Kearny vs. Morse (48), (1/31/03)
 135 — LJCD vs. Tri-City Christian (1/30/04)
 123 — Eastlake vs. Gila Bend (AZ), (12/29/95)
 122 — Chula Vista vs. Castle Park (10), (1/04/84)
 122 — El Camino vs. Carlsbad (26), (1/10/85)
 122 — Point Loma vs. Mira Mesa (30), (2/19/86)
 122 — San Diego vs. Oceanside (12/27/01)
 121 — El Camino vs. Ramona (16), (1/17/85)
 119 — Christian vs. Crawford (13), (1/24/95)
 117 — Christian vs. Mar Vista (8), (1/04/95)
 116 — Kearny vs. Patrick Henry (12/14/00)
 115 — El Camino vs. Basic (NV) (16), (12/28/84)
 115 — San Diego vs. Patrick Henry (58), (2/07/03)
 114 — Rancho Bernardo vs. Sweetwater (18), (2/23/93)
 113 — Chula Vista vs. Mar Vista (19), (4/22/82)
 113 — Rancho Bernardo vs. York House (12/28/98)

Most Points (One Quarter)

- 45 — Christian vs. Sweetwater (11/25/94)
 44 — Christian vs. Crawford (1/24/95)
 43 — Morse vs. Patrick Henry (12/27/97)
 43 — Kearny vs. Patrick Henry (12/14/00)
 43 — Bishops vs. Montgomery (12/15/16)
 Vs. Our Lady of Peace (12/16/16)
 Vs. Rock Academy (1/27/17)
 42 — Bishops vs. Olympian (12/1/16)
 40 — Holtville vs. Vincent Memorial (2/15/94)
 40 — Eastlake vs. Gila Bend (AZ), (12/29/95)

40 — Bishop's Vs. Chula Vista (12/3/16)
Vs. Brawley (12/5/16)

39 — Point Loma vs. Serra (1/17/86)
39 — Christian vs. Eastlake (11/26/94)
38 — Fallbrook vs. Orange Glen (4/22/82)
38 — Francis Parker vs. Victory Christian (1/12/84)
38 — LJCD vs. Tri-City Christian (1/30/04)
38 — Valley Center vs. Horizon (12/02/04)
37 — Mt. Carmel vs. San Dieguito (1/23/87)
37 — Eastlake vs. Castle Park (1/28/97)
vs. Hilltop (2/04/97)
37 — Morse vs. Carson (12/31/97)
37 — Kearny vs. Morse (1/31/03)
37 — San Diego vs. Morse (2/04/03)
vs. Calexico (2/25/03)
37 — Eastlake vs. San Ysidro (2/01/08)
37 — Bishops vs. San Diego (12/7/16)
Vs. Scripps Ranch (12/17/17)

Consecutive League Champion or Co-Champion

13 — Mt. Miguel, Grossmont South & Valley (2001-2013)
13 — Holtville, Desert (1984-96)
12 — Eastlake, (1995-2007)
10 — Fallbrook, Palomar (1974-83)
10 — Santana, Grossmont 2A & Grossmont North (1987-95)
9 — Point Loma, Western (3) & Eastern (6), (1982-90)
8 — Julian, Citrus East (1997-2004)
6 — Calvin Christian, Citrus (1990-95)
6 — Christian, Harbor (1991-94)
6 — Morse, Eastern (1993-98)
6 — Bonita Vista, (2001-2006)
4 — Patrick Henry, Eastern (1978-81)
4 — San Marcos, Palomar & Avocado (1979-82)
4 — La Jolla, Western (1985-88)
4 — Bishop's, Coastal (1991-94)
4 — LJCD, Coastal South (2000-2004)
4 — Ocean View Christian, Sunset (2011-2014)

Longest Home Court Winning Streak

143 — Point Loma (1981-88)
63 — Fallbrook (1975-80)
52 — Patrick Henry (1978-81)
44 — LJCD (1999-2004)
41 — Fallbrook (1980-83)
33 — Kearny (1977-79)
28 — Helix (1979-81)
26 — Santana (1982-85)
26 — Ocean View Christian (2010-2012)
25 — Kearny (1975-77)

Longest Winning Streak

74 — Point Loma (1985-88)
74 — Mt Miguel (2013-2014)
62 — Point Loma (1983-85)
44 — Fallbrook (1978-79)
42 — Fallbrook (1982-83)
41 — Helix (1979-81)
34 — Helix (1975-77)
26 — El Capitan (1976-77)
26 — Mt. Miguel (2002-2003)
25 — San Marcos (1979-80)
24 — San Diego (2006)
23 — San Marcos (1981-82)
23 — Santana (1984-85)
23 — Poway (1990-91)

Most Southern California Regional Championships

5 — Christian, Ken Weeks (coach) Div V, (1991)
Mike Zazvrskey, Div V, (1992)
Ken Grainger, Div V, (1993, 1994, & 1995)
4 — Point Loma, Lee Trepanier, Div II, (1984)

- Lee Trepanier, Div I, (1985, 1986, & 1987)
- 4 — LJCD, Terri Bamford, Div V, (2001 & 2002)
Terri Bamford, Div IV (2003 & 2004)
- 1 — El Camino, Ray Johnson, Div II, (1985)
- 1 — Lincoln Prep, Dot Robinson, Div IV, (1992)
Most State CIF Championships
- 4 — Point Loma, Lee Trepanier (coach), Div II, (1984)
Lee Trepanier, Div I, (1985, 1986, & 1987)
- 2 — LJCD, Terri Bamford, Div V, (2001 & 2002)
- 2 — Christian, Mike Zazvrskey, Div V, (1992)
Ken Grainger, Div V, (1995)

Most 3-Point Field Goals Attempted (Season)

- 1,212 — Bishop's (2017)
- 906 — Bishop's (2016)
- 867 — Horizon Christian (2016)
- 754 — Westview (2008)
- 741 — Bishop's (2015)
- 683 — Vista (1999)
- 673 — Horizon Christian (2017)
- 650 — Horizon Christian (2015)
- 647 — Vista (2000)
- 636 — Horizon Christian (2014)
- 592 — Westview (2007)
- 536 — Vista (1994)
- 507 — Monte Vista (2001)
- 480 — West Hills (2004)
- 478 — LJCD (2001)
- 472 — Eastlake (2008)
- 468 — Westview (2006)
- 438 — Bishop's (2014)
- 437 — Rancho Bernardo (1999)
- 429 — Monte Vista (2000)
- 419 — LJCD (2004)
- 417 — Rancho Bernardo (1995)
- 410 — LJCD (2002)
- 381 — Eastlake (2007)
- 379 — Westview (2005)
- 376 — Torrey Pines (1997)

Most 3-Point Field Goals Made (Season)

- 425 — Bishop's (2017)
- 296 — Bishop's (2016)
- 236 — El Cajon Valley (1999)
- 233 — Bishop's (2015)
- 231 — Westview (2008)
- 213 — Santana (1996)
- 210 — Horizon Christian (2016)
- 188 — Vista (2000)
- 178 — Santana (1995)
- 174 — Vista (1999)
- 169 — Westview (2007)
- 168 — Horizon Christian (2014)
- 166 — Santana (1994)
- 164 — Vista (1998)
- 163 — Horizon Christian (2017)
- 157 — Santana (1993)
- 154 — Rancho Bernardo (1999)
- 153 — LJCD (2004)
- 149 — Eastlake (2008)
- 147 — Horizon Christian (2015)
- 146 — Vista (1994)
- 146 — Holtville (1995)
- 146 — LJCD (2001)

Most 3-Point Field Goals Attempted (Game)

- 50 — Bishop's vs University City (12/14/2016)
- 49 — Bishop's vs Scripps Ranch (12/16/2016)
- 48 — Bishop's vs Rancho Buena Vista (12/8/2016)
- 46 — Bishop's vs Brawley (12/5/2016)
- 42 — Bishop's vs Ramona (1/14/16)

41 — Monte Vista vs. Hilltop (12/28/00)
 41 — Bishop's vs. Olympian (12/1/16)
 40 — Bishop's vs Rock Academy (1/27/2017)
 vs Santa Fe Christian (2/10/2017)
 39 — Bishop's vs. Westview (1/23/16)
 38 — Vista vs. Fallbrook (1/05/99)
 38 — Bishop's vs La Jolla (1/20/16)
 vs Montgomery (12/15/2016)
 vs Bonita Vista (1/15/2017)
 37 — Vista vs. San Marcos (1/28/99)
 37 — Bishop's vs. Santa Fe Christian (1/27/16)
 vs Granite Hills (2/10/17)
 36 — Vista vs. Valhalla (12/16/99)
 36 — Bishop's vs Bonita Vista (12/10/16)
 vs. Scripps Ranch (12/18/16)
 35 — Bishop's vs. J Serra (1/30/16)
 vs San Diego (12/7/16)
 vs. Mira Mesa (12/13/16)
 vs. Great Oak (12/29/16)
 vs. La Costa Canyon (2/24/17)
 34 — Vista vs. Oceanside (1/06/00)
 34 — Bishop's vs. Los Alamitos (1/2/16)
 vs. Lincoln (2/4/17)
 vs. La Jolla Country Day (2/16/17)
 33 — Monte Vista vs. Burbank (12/28/99)
 33 — Bishop's vs Chula Vista (12/3/16)
 vs. Eastlake (12/27/16)
 vs La Jolla Country Day (2/28/2017)
 32 — Vista vs. El Toro (12/11/99)
 vs. Rancho Bernardo (2/26/00)
 32 — Westview vs. Santana (12/03/07)
 32 — Bishop's vs Eastlake (12/27/16)
 31 — Westview vs. Bishop's (12/15/07)
 vs. Bonita Vista (12/14/07)
 31 — Bishop's vs Horizon (1/20/17)
 30 — Vista vs. El Toro (12/12/98)
 vs. San Marcos (2/16/99)
 vs. Jasper Place (12/16/99)
 vs. RB Vista (2/17/00)
 30 — Monte Vista vs. Clairemont (12/12/00)
 30 — West Hills vs. Mar Vista (1/05/04)
 30 — Westview vs. Vista del Lago (12/27/07)
 30 — Bishop's vs. La Jolla Country Day (1/15/16)
 29 — Vista vs. West Hills (12/15/98)
 vs. Eastlake (12/29/98)
 29 — Monte Vista vs. Fallbrook (1/30/00)
 29 — West Hills vs. Grossmont (2/20/04)
 29 — Westview vs. Mt. Carmel (1/25/08)
 vs. La Costa Canyon (1/18/08)
 29 — Bishop's vs Chula Vista (12/3/2016)
 Vs. JSerra (1/21/17)
 28 — Vista vs. West Hills (2/23/00)
 28 — Bishop's vs La Jolla Country Day (1/13/16)
 27 — Vista vs. El Camino (12/16/92)
 27 — Monte Vista vs. Valhalla (2/09/01)
 27 — West Hills vs. El Capitan (1/27/04)
Most 3-Point Field Goals Made (Game)
 22 — Bishop's vs. The Rock Academy (1/27/17)
 20 — Bishop's vs. La Jolla (1/20/16)
 vs. Santa Fe Christian (2/10/17)
 19 — Bishop's vs. Scripps Ranch (12/16/16)
 18 — Bishop's vs. Bonita Vista (12/10/16)
 vs. University City (12/14/16)
 17 — Bishop's vs. Great Oak (12/29/16)
 vs. Horizon (1/20/17)
 16 — Bishop's vs. Granite Hills (2/10/17)
 15 — Rancho Bernardo vs. York House (12/28/98)

- 15 — Bishop's vs. San Diego (12/1/16)
 - vs. Brawley (12/5/16)
 - vs. Olympian (12/7/16)
 - vs. Serra (12/28/15)
- 15 — Bishop's vs. Serra (12/28/15)
- 14 — Bishop's vs. Rancho Buena Vista (12/8/16)
 - vs. Montgomery (12/15/16)
 - vs. Ramona (1/14/16)
 - vs. J Serra (1/30/16)
 - vs Bonita Vista (1/15/17)
- 13 — Santana vs. Oceanside (2/25/94)
- 13 — Rancho Bernardo vs. RB Vista (2/09/99)
- 13 — Vista vs. West Hills (2/23/00)
- 13 — Vista vs. Rancho Bernardo (2/26/00)
- 13 — Bishop's vs. Helix (12/10/15)
 - vs. Chula Vista (12/3/16)
 - vs. Mira Mesa (12/13/16)
 - vs. Los Alamitos (1/2/16)
 - vs. Santa Fe Christian (2/3/17)
 - vs. Lincoln (2/4/17)
 - vs. La Costa Canyon (2/24/17)
- 12 — Vista vs. Fallbrook (1/05/99)
- 12 — Vista vs. RB Vista (2/17/00)
- 12 — Calvin Christian vs. Tri-City Christian (12/17/04)
- 12 — Bishop's vs. Scripps Ranch (12/18/15)
 - vs. Santa Fe Christian (1/27/16)
- 11 — Santana vs. El Camino (12/23/92)
- 11 — Santana vs. West Hills (1/15/93)
- 11 — Santana vs. Chinle (AZ), (12/17/94)
- 11 — Rancho Bernardo vs. Vista (2/11/99)
- 11 — Rancho Bernardo vs. Eastlake (12/20/02)
- 11 — Vista vs. Casa Robles (12/30/97)
- 11 — Vista vs. Poway (1/18/00)
- 11 — Kearny vs. Mira Mesa (2/16/01)
- 11 — Monte Vista vs. Fallbrook (1/30/00)
- 11 — LJCD vs. Horizon (2/11/02)
- 11 — San Diego vs. La Costa Canyon (2/28/03)
- 11 — Ramona vs. San Pasqual (1/14/05)
- 11 — Carlsbad vs. Rancho Bernardo (12/31/05)
- 11 — Westview vs. Santana (12/03/07)
- 11 — Westview vs. La Costa Canyon (1/18/08)
- 11 — Bishop's vs. Kearny (12/17/15)
- 10 — By 13 teams.

**Highest Percentage 3-Point Field Goals Made (Season)
(Minimum 100 Attempts)**

- 43.1 — Grossmont (106 FGM/246 FGA, 1990)
- 42.1 — Vista (53/126, 1991)
- 40.2 — Rancho Bernardo (43/107, 1992)
- 37.0 — Mission Bay (68/184, 1994)
- 36.5 — LJCD (153/419, 2004)
- 35.5 — Christian (109/307, 1995)
- 35.2 — Rancho Bernardo (154/437, 1999)
- 35.0 — Bishop's (2017)
- 34.5 — Granite Hills (107/310, 1991)
- 34.3 — Rancho Bernardo (143/417, 1995)
- 33.0 — Eastlake (87/260, 1998)
- 32.6 — Bishop's (227/674, 2016)
- 32.4 — Bishop's (91/281, 1994)

Fewest Points Scored by Winning Team

- 16 — West Shores vs. Calexico Mission (9), (2/2/17)
- 18 — Chula Vista vs. Castle Park (16), (1976)
- 20 — San Pasqual vs. San Marcos (18), (3/26/76)
- 21 — Warner vs. Venture Christian (18), (1/07/05)
- 22 — Maranatha Christian vs. Pacific Ridge (20), (1/10/12)
- 24 — Granite Hills vs. Helix (19), (3/20/75)
- 24 — Borrego Springs vs. Tri-City Christian (22), (1/21/93)
- 25 — El Cajon Valley vs. Granite Hills (22), (4/24/81)

25 — Montgomery vs. El Cajon Valley (19), (11/30/85)
26 — Borrego Springs vs. Lutheran (25), (1/25/93)
26 — EC Southwest vs. Brawley (23), (1/18/05)
26 — El Capitan vs. El Cajon Valley (23), (2/3/10)
27 — Oceanside vs. Point Loma (23), (1/09/90)
27 — Calvary Christian vs. San Diego Academy (23), (2/05/02)
27 — Calvin Christian vs. Preuss (24), (2/28/03)
27 — Preuss vs. Lutheran (20), (12/28/04)
27 — Maranatha Christian (27) vs. San Pasqual Academy (12/3/11)
28 — Borrego Springs vs. Lutheran (25), (12/12/92)
28 — Warner vs. San Pasqual (26), (1/31/02)
28 — Coronado vs. Pt. Loma (22), (12/28/04)
28 — Southwest IV vs. Imperial (27) (2/14/14)
28 — Southwest IV vs Brawley (19) (2/12/14)

Longest League/Conference Winning Streak

66 — Point Loma, Western & Eastern (1982-88)
64 — Julian, Citrus East (-2004)
57 — El Camino, Avocado (1996-2002)
52 — Mt. Miguel, Grossmont South (ended 2/07/06))
49 — Patrick Henry, Eastern (1978-81)
48 — Santana, Grossmont 2A (1987-90)
47 — San Marcos, Palomar & Avocado (1979-82)
46 — Holtville, Desert (1991-96)
41 — Santana, Grossmont (1983-86)
36 — Holtville, Mountain & Desert (1990-94)
36 — Ocean View Christian, Sunset (2011-2014)
35 — Holtville, Desert (1986-89)
30 — Chula Vista, Metro (1981-84)

Most Points Scored Single Game (2 Teams)

185 — Kearny (137) vs. Morse (48), (1/31/03)
179 — San Diego (103) vs. Kearny (76), (2/11/03)
174 — LJCD (94) vs. Ribault (80), (12/05/03)
173 — San Diego (115) vs. Patrick Henry (58), (2/07/03)
170 — Rancho Bernardo (89) vs. Mt. Carmel (81), (2/16/99)
166 — Mt. Carmel (93) vs. Granite Hills (73), (2/27/91)
164 — Santana (85) vs. Vista (79), (12/30/95)
163 — Rancho Bernardo (83) vs. Vista (80), (2/08/94)
161 — Torrey Pines (82) vs. Mt. Carmel (79), (12/03/96)
160 — Eastlake (93) vs. USDHS (67), (12/06/96)
(80) vs. Crater (OR) (80), (12/28/96)
159 — San Pasqual Aca. (88) vs. Guajome Park (71), (2/10/06)
158 — Bishop's (93) vs. Rancho Buena Vista (65), (12/8/16)
157 — Rancho Bernardo (82) vs. RB Vista (75), (1/23/96)
156 — Bishop's (112) vs. Mira Mesa (44), (12/11/16)
155 — Mt. Carmel (98) vs. San Dieguito (57), (1/23/87)
155 — Eastlake (107) vs. Sweetwater (48), (1/18/96)
155 — San Diego (103) vs. La Costa Canyon (52), (2/28/03)
155 — Bishop's (97) vs. Bonita Vista (58), (12/10/16)
154 — San Diego (116) vs. Morse (38), (2/12/02)
154 — Bishop's (82) vs. Bishop Monague (72), (12/28/16)

Team Scoring Average (Season)

88.1 — San Diego, Marlon Wells (coach), (2003)
85.5 — El Camino, Ray Johnson, (1985)
83.2 — Point Loma, Lee Trepanier (1986)
81.3 — Point Loma, Lee Trepanier (1984)
79.6 — Bishop's, Marlon Wells (2017)
78.6 — Kearny, Scotty Gilbert (2000)
76.8 — Point Loma, Lee Trepanier (1987)
76.5 — Santana, Wade Vickery (1996)
76.5 — Eastlake, Larry Armbrust (1997)
76.3 — El Camino, Ray Johnson (1984)
75.4 — LJCD, Terri Bamford (2004)
75.3 — Bishop's, Marlon Wells (2016)
75.1 — Morse, William Cain (1998)
74.4 — Eastlake, Larry Armbrust (1996)
74.0 — Santana, Wade Vickery (1984)

INDIVIDUAL RECORDS

Most Points Scored (Career)

4,300 — Destiny Littleton, Bishop's (2013-2017)
3,837 — Charde Houston, San Diego (2001-2004)
3,325 — Brandi Collato, Santa Fe Christian (1998-2001)
3,252 — Candice Wiggins, LJCD (2001-2004)
3,188 — Terri Mann, Point Loma (1984-87)
2,604 — London Houchin, Ramona (2003-06)
2,588 — Chris Enger, Vista (1986-89)
2,529 — Linda Pace, Francis Parker (2002-2003)
2,418 — Sharon Turner, El Camino (1982-85)
2,359 — Jacqueline Montalban, Eastlake (1994-97)
2,325 — Ali Englehardt, Mt. Carmel (2013-15)
2,282 — Imani Littleton, Bishop's (2010-13)
2,194 — Eisha Bohman, Rancho Buena Vista (1995-98)
2,190 — Allison Duffy, El Capitan (2003-2006)
2,190 — Jordan Franey, Santana (2003-06)
2,156 — Maria Bruncker, Patrick Henry (1993-96)
2,152 — Casey McWilliam, Mt. Carmel (2013-16)
2,061 — DiJonai Carrington, Horizon Christian (2012- 16)
2,019 — Monica Filer, Point Loma (1986-89)
2,006 — Stephanie Kindreich, El Capitan (1994-97)

Most Points Scored (Season)

1,366 — Destiny Littleton, Bishop's (2017)
1,178 — Destiny Littleton, Bishop's (2016)
1,174 — Terri Mann, Point Loma (1987)
1,161 — Charde Houston, San Diego (2004)
1,146 — Destiny Littleton, Bishop's (2015)
1,087 — Brandi Collato, Santa Fe Christian (2001)
1,083 — Charde Houston, San Diego (2002)
1,025 — Charde Houston, San Diego (2003)
968 — Candice Wiggins, LJCD (2002)
921 — Kirsten Cummings, Patrick Henry (1981)
920 — Sharon Turner, El Camino (1985)
916 — Brandi Collato, Santa Fe Christian (2000)
897 — Susie O'Brien, San Marcos (1989)
874 — Chris Enger, Vista (1989)
873 — Brandi Collato, Santa Fe Christian (1999)
846 — Daphanie Kennedy, Kearny (2003)
822 — Heather Holm, El Cajon Valley (1992)
810 — Chris Enger, Vista (1988)
809 — London Houchin, Ramona (2006)
788 — Candice Wiggins, LJCD (2003)
784 — London Houchin, Ramona (2005)
778 — Reco Edwards, El Cajon Valley (1994)
767 — Alissa Murphy, Scripps Ranch (1994)
767 — Linda Pace, Francis Parker (2003)

Most Points Scored (Game)

71 — Charde Houston, San Diego vs. Castle Park (12/09/02)
68 — Destiny Littleton, Bishop's vs. Mira Mesa (12/13/2016)
67 — Charde Houston, San Diego vs. Morse (2/12/02)
65 — Terri Mann, Point Loma vs. Chula Vista (12/31/86)
65 — Destiny Littleton, Bishop's vs. University City (12/14/16)
61 — Charde Houston, San Diego vs. West Hills
60 — Linda Neilson, Hilltop vs. Southwest (4/08/76)
60 — Sharon Turner, El Camino vs. Ramona (1/17/85)
58 — Charde Houston, San Diego vs. Scripps Ranch (2004)
55 — Kirsten Cummings, Patrick Henry vs. Hilltop (5/27/81)
55 — Terri Mann, Point Loma vs. Mira Mesa (2/19/86)
55 — Brandi Collato SF Christian vs. TC Christian (2/09/01)
54 — Destiny Littleton, Bishop's vs. Olympian (12/1/16)
vs. Montgomery (12/15/16)
53 — Charde Houston, San Diego vs. Calexico (2/25/03)
53 — Destiny Littleton, Bishop's vs. Chula Vista (12/3/16)
52 — Christina Adams, Grossmont vs. West Hills (1/23/90)
52 — Destiny Littleton, Bishop's vs. Helix (12/10/15)
vs. San Diego (12/7/16)
vs. Great Oak (12/28/16)
vs. Eastlake (1/7/16)

- vs. Horizon Christian (2/5/16)
- 51 — Terri Mann, Point Loma vs. Madison (2/10/87)
- 51 — Vicki Teter, Julian vs. Vincent Memorial (1/12/89)
- 51 — Destiny Littleton, Bishop's vs. Torrey Pines (3/3/16)
- 50 — Terri Mann, Point Loma vs. Hilltop (12/30/86)
- 50 — Christina Adams, Grossmont vs. Sweetwater (12/05/89)
vs. Valhalla (2/01/90)
- 50 — Reco Edwards, El Cajon Valley vs. West Hills (2/17/94)
- 50 — Janet Franey, Helix vs. Point Loma (12/01/97)
- 50 — Triola Alexander, Kearny (1999)
- 50 — Brandi Collato, SF Christian vs. C. Christian (1/19/01)
- 50 — Candice Wiggins, LJCD vs. Brentwood (3/11/04)
- 50 — Marissa Rivera, LJCD vs. Calvin Christian (1/20/04)
- 50 — Destiny Littleton, Bishop's vs. Rancho Buena Vista (12/10/14)
vs. Rancho Buena Vista (12/8/16)
vs. Scripps Ranch (12/16/16)
- 50 — Alessandra Aguirre, Bishop's vs. La Jolla (1/20/16)

Most Blocked Shots (Career)

- 1,112 — Adia Barnes, Mission Bay (1991-94)
- 923 — Shawn Wilcox, Westview (2003-06)
- 859 — Chris Enger, Vista (1986-89)
- 390 — Alisha Nater, Christian (1993-95)
- 359 — Tierra Griffis, Serra (2010-2013)
- 351 — Mildred Conston, Oceanside (1987-90)
- 343 — Tylinn Carter, Serra (2010-2013)
- 310 — Courtney Bale, Vista (1993-96)
- 287 — Imani Littleton, Bishop's (2010-13)
- 284 — Kim Ward, Holtville (1991-94)
- 278 — Theresa Usher, University City (1997-2000)
- 277 — Amanda Undegraff, Bishop's (1991-94)
- 277 — Marissa Rivera, LJCD (2001-2004)
- 276 — Kris Grazzini, Mt. Carmel (1990-92)
- 260 — Kristen Carlson, Poway (1990-93)

Most Blocked Shots (Season)

- 273 — Chris Enger, Vista (1988)
- 265 — Chris Enger, Vista (1989)
- 182 — Audrey Green, San Marcos (2003)
- 177 — Mildred Conston, Oceanside (1989)
- 174 — Mildred Conston, Oceanside (1990)
- 149 — Imani Littleton, Bishop's (2014)
- 148 — Shawn Wilcox, Westview (2006)
- 142 — Brianna O'Brien, Vista (1997)
- 138 — Alisha Nater, Christian (1995)
- 138 — Shawn Wilcox, Westview (2005)
- 132 — Alisha Nater, Christian (1994)
- 131 — Tiarra Griffis, Serra (2013)
- 129 — Courtney Bale, Vista (1996)
- 120 — Alisha Nater, Christian (1993)
- 117 — Kris Grazzini, Mt. Carmel (1990)
- 116 — Kristen Carlson, Poway (1993)

Most Blocked Shots (Game)

- 18 — Audrey Green, San Marcos vs. Westview (1/07/03)
- 17 — Chris Enger, Vista vs. Helix (12/22/87)
- 17 — Mildred Conston, Oceanside vs. North (12/27/89)
vs. San Marcos (2/15/90)
- 15 — Chris Enger, Vista vs. Poway (12/16/88)
- 15 — Tinisha Patrick, Kearny vs. San Diego (1/04/05)
- 15 — Sierra Campisano, Torrey Pines vs. Ramona (11/29/12)
- 13 — Audrey Green, San Marcos vs. Patrick Henry (12/27/02)
- 12 — Kris Grazzini, Mt. Carmel vs. San Dieguito (1/04/91)
- 12 — Leah Vague, San Marcos vs. Torrey Pines (1/25/94)
- 12 — Kelly Clausen, TC Christian vs. Cornorstone (12/30/03)
- 12 — Paige Mintun, Valley Center vs. Horizon (12/27/04)
vs. San Pasqual (2/11/05)
- 12 — Erica Sanchez, Midway Baptist vs. Calvin Christian (2/25/06)
- 12 — Sierra Campisano, Torrey Pines vs. Carlsbad (12/19/12)
- 11 — Kris Grazzini, Mt. Carmel vs. Santana (12/20/89)
- 11 — Alisha Nater, Christian vs. Marian Catholic (2/11/94)

- 11 — Audrey Green, San Marcos vs. La Costa Canyon (12/11/02)
vs. Granite Hills (12/12/02)
vs. Steele Canyon (12/18/02)
vs. Vista (1/31/03)
- 11 — Shawn Wilcox, Westview vs. Valhalla (12/27/04)
vs. Oceanside (1/14/05)
- 11 — Sierra Campisano, Torrey Pines vs. Olympian (12/21/12)
- 11 — Imani Littleton, Bishops vs. Mission Hills (12/13/13)
- 10 — Audrey Green, San Marcos vs. Hoover (12/19/02)
vs. Hoover (12/26/02)
- 10 — Kris Grazzini, Mt. Carmel vs. Torrey Pines (1/15/91)
vs. Rancho Bernardo (3/04/92)
- 10 — Amanda Undegraff, Bishop's vs. Mt. Empire (1/14/94)
- 10 — Courtney Bale, Vista vs. Rancho Bernardo (3/01/96)
- 10 — Melanie Baker, Holtville vs. Julian (1/29/98)
- 10 — Rachel Edelen, Christian vs. Madison (2/11/03)
- 10 — Shawn Wilcox, Westview vs. Francis Parker (12/14/04)
- 10 — Paige Mintun, Valley Center, Whitney (12/28/04)
- 10 — Tinisha Patrick, Kearny vs. La Jolla (2/25/05)
- 10 — Desirae Evans, Marian Cath. vs. LC Canyon (12/22/05)
- 10 — Paris Johnson, San Diego vs. Foothill (12/28/05)
- 10 — Jessica Globe, Fallbrook vs. Valhalla (12/29/05)
- 10 — Erica Sanchez, Midway Baptist vs. Mtn. Empire (1/24/06)
- 10 — Nabila Gaines, Calipatria vs. Imperial (1/31/06)
- 10 — Paige Mintun, Valley Center vs. Kearny (2/01/06)
- 10 — Tiarra Griffis, Serra vs. Morse (2/12/13)
- 10 — Tiarra Griffis, Serra vs. RBV (2/2/13)
- 10 — Tiarra Griffis, Serra vs. West Hills (2/25/10)
- 10 — Tylinn Carter, Serra vs. Hoover (2/08/2010)

Most Assists (Career)

- 1,005 — Cheyenne Curley-Payne, Eastlake (2006-09)
- 863 — Consuelo Aranda, Vincent Memorial (2003-2006)
- 828 — Stephanie Shadwell, Christian (1992-95)
- 773 — Monica Filer, Point Loma (1986-89)
- 670 — Tami Fick, Coronado (1976-78)
- 648 — Nancy Caparaz, Southwest (1983-86)
- 608 — Jennifer Reyes, Marian Catholic (1989-92)
- 596 — Sabrina Johnson, Ocean View Christian (2010-2014)
- 593 — Sarah Wilkins, Rancho Bernardo (1996-99)
- 580 — Jaclyn Goldbarg, Grossmont (2002-2005)
- 570 — Cheryl Sturzenegger, Fallbrook (1977-80)
- 565 — Kelli Schott, Vista (1987-89)
- 564 — Debbie Dunbar, Fallbrook (1980-83)
- 553 — Jackie Turpin, Santana (2000-2002)

Most Assists (Season)

- 390 — Monica Filer, Point Loma (1989)
- 348 — Amy White, Julian (1994)
- 312 — Tami Fick, Coronado (1978)
- 271 — Betsy Wilgenburg, Calvin Christian (1989)
- 264 — Cheyenne Curley-Payne (2009)
- 258 — Jaclyn Goldbarg, Grossmont (2003)
- 256 — Sharon Turner, El Camino (1985)
- 256 — Consuelo Aranda, Vincent Memorial (2005)
- 254 — Kelli Schott, Vista (1989)
- 254 — Cheyenne Curley-Payne (2007)
- 253 — Jackie Turpin, Santana (2002)
- 251 — Cheyenne Curley-Payne (2008)
- 249 — Jennifer Gross, University City (1993)
- 248 — Stephanie Shadwell, Christian (1995)
- 239 — Jennifer Reyes, Marian Catholic (1992)
- 238 — DiJonai Carrington, Horizon Christian (2013)
- 227 — Malia Casillas, Bishop's (2016)

Most Assists (Game)

- 23 — Consuelo Aranda, Vincent Memorial vs. Warner (2/18/05)
- 22 — Monica Filer, Point Loma vs. Madison (1/18/89)
- 21 — Monica Filer, Point Loma vs. Bonita Vista (12/28/88)
- 21 — Stephanie Shadwell, Christian vs. Mar Vista (1/04/95)
- 20 — Sharon Turner, El Camino vs. Basic (NV), (12/28/84)

20 — Mary Hernandez, Hilltop vs. Mar Vista (2/14/85)
20 — Jennifer Reyes, Marian Cath. vs. TC Christian (2/26/92)
19 — Cheryl Sturzenegger, Fallbrook vs. Torrey Pines (4/20/80)
18 — Cathy O'Brien, San Marcos vs. Lincoln Prep (5/28/82)
18 — Debbie Dunbar, Fallbrook vs. Vista (3/19/83)
18 — Lois Guillory, Point Loma vs. Crawford (12/08/87)
18 — Claudine Neves, Point Loma vs. Morse (2/19/90)
18 — Sarah Percy, Torrey Pines vs. Castle Park (12/03/93)
18 — Consuelo Aranda, V. Memorial vs. B. Springs (11/30/04)

Most Rebounds (Career)

2,256 — Terri Mann, Point Loma (1984-87)
1,519 — Sabrina Johnson, Ocean View Christian (2010-2014)
1,467 — DiJonai Carrington, Horizon Christian (2012-16)
1,392 — Tyeast Brown, Point Loma (1987-90)
1,365 — Chris Enger, Vista (1986-89)
1,347 — Candice Wiggins, LJCD (2001-2004)
1,334 — Mildred Conston, Oceanside (1987-90)
1,327 — Destiny Littleton, Bishop's (2013-17)
1,307 — Cindy VanderWoude, Escondido (1990-93)
1,281 — Kendra Rhea, El Capitan (1996-99)
1,279 — Cathy O'Brien, San Marcos (1979-82)
1,261 — Imani Littleton, Bishop's (2010-13)
1,192 — Kirsten Cummings, Patrick Henry (1979-81)
1,185 — Marissa Rivera, LJCD (2001-2004)
1,174 — Eisha Bohman, Rancho Buena Vista (1995-98)
1,145 — Kristy Seidel, Fallbrook (1982-84)
1,109 — Tylinn Carter, Serra (2010-2013)
1,036 — Tiarra Griffis, Serra (2010-2013)

Most Rebounds (Season)

816 — Terri Mann, Point Loma (1987)
695 — DiJonai Carrington, Horizon Christian (2015)
538 — Terri Mann, Point Loma (1985)
538 — Tyeast Brown, Point Loma (1989)
505 — Terri Mann, Point Loma (1986)
484 — Sabrina Johnson, Ocean View Christian (2012-2013)
474 — Cathy O'Brien, San Marcos (1981)
463 — Cindy VanderWoude, Escondido (1993)
457 — Chris Enger, Vista (1988)
454 — Chris Enger, Vista (1989)
440 — Kirsten Cummings, Patrick Henry (1981)
413 — Cathy O'Brien, San Marcos (1982)
404 — Tylinn Carter, Serra (2013)
402 — Imani Littleton, Bishop's (2013)
400 — Tiarra Griffis, Serra (2013)

Most Rebounds (Game)

46 — Cynthia Purvis, San Diego vs. Bishop's (3/24/81)
46 — Cynthia Purvis, San Diego vs. Bishop's (4/24/81)
43 — DiJonai Carrington, Horizon Christian vs. Bishop's (1/9/15)
37 — DiJonai Carrington, Horizon Christian vs. Santa Fe Christian (1/27/15)
36 — Terri Mann, Point Loma vs. Chula Vista (12/31/86)
35 — Terri Mann, Point Loma vs. Las Vegas (1/02/87)
35 — DiJonai Carrington, Horizon Christian vs. Mater Dei Catholic (3/4/15)
33 — Teresa Rodriguez, Montgomery vs. Marian (2/12/85)
32 — Michelle Harimer, Fallbrook vs. Castle Park (4/18/82)
32 — Kristy Seidel, Fallbrook vs. Orange Glen (3/26/83)
32 — Terri Mann, Point Loma vs. Hilltop (12/30/86)
 vs. Bonita Vista (1/02/87)
 vs. Serra (1/27/87)
 vs. Madison (2/10/87)
32 — DiJonai Carrington, Horizon Christian vs. Douglas (2/10/15)
31 — Clarissa Rogers, Point Loma vs. San Diego
31 — Carol VanderWoude, Calvin Christian vs. Borrego (1990)
31 — Shawn Gallagher, Chula Vista vs. Southwest (1/17/91)
31 — Tanya Strong, El Capitan vs. Santana (2/17/95)

Most Steals (Career)

1,065 — Cheyenne Curley-Payne, Eastlake (2006-09)
782 — Ashley Duffy, El Capitan (2006-09)
776 — Candice Wiggins, LJCD (2001-2004)

718 — Sabrina Johnson, Ocean View Christian (2010-2014)
699 — Stephanie Shadwell, Christian (1992-95)
677 — Tiffany Stutz, Christian (1989-92)
652 — Terri Mann, Point Loma (1984-87)
627 — Nancy Caparaz, Southwest (1983-86)
618 — Debbie Stanton, Eastlake (1995-98)
580 — Evalyn Cota, Southwest IV (2011-2014)
554 — Monica Filer, Point Loma (1986-89)
525 — Tylinn Carter, Serra (2010-2013)
463 — Allison Hines, Chula Vista (1991-94)
448 — Andrea Bravo, El Capitan (1986-89)
443 — Destiny Littleton, Bishop's (2013-17)
440 — Maria Bruncker, Patrick Henry (1993-96)

Most Steals (Season)

328 — Cheyenne Curley-Payne, Eastlake (2008)
295 — Cheyenne Curley-Payne, Eastlake (2007)
282 — Betsy Wilgenburg, Calvin Christian (1989)
264 — Ashley Duffy, El Capitan (2009)
251 — Terri Mann, Point Loma (1987)
240 — Cheyenne Curley-Payne, Eastlake (2009)
236 — Candice Wiggins, LJCD (2002)
222 — Monica Filer, Point Loma (1989)
220 — Sabrina Johnson, Ocean View Christian (2010-2011)
213 — Debbie Stanton, Eastlake (1996)
209 — Sabrina Johnson, Oceanview Christian (2012)
205 — Candice Wiggins, LJCD (2003)
205 — Evalyn Cota, Southwest (2014)
203 — Nancy Caparaz, Southwest (1986)
203 — Debbie Stanton, Eastlake (1998)
202 — Cheyenne Curley-Payne, Eastlake (2006)
194 — Ashley Duffy, El Capitan (2007)
193 — Lois Guillory, Point Loma (1988)
192 — Evalyn Cota, Southwest IV (2013)
191 — Consuelo Aranda, Vincent Memorial (2005)
190 — Stephanie Shadwell, Christian (1995)
184 — Candice Wiggins, LJCD (2001)
182 — Stephanie Shadwell, Christian (1994)
180 — Tylinn Carter, Serra (2013)

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Most Steals (Game)

19 — Nancy Caparaz, Southwest vs. Montgomery (1986)
19 — Tonya Chamberlain, Mt. Miguel vs. Bonita Vista (12/23/87)
19 — Sabrina Johnson, Ocean View Christian vs. High Tech High CV (12/02/2011)
18 — Tami Brown, Point Loma vs. San Diego (3/12/80)
18 — Candice Wiggins, LJCD vs. Peninsula (12/02/02)
18 — Cheyenne Curley-Payne, Eastlake vs. Otay Ranch (2/08/08)
17 — Betsy Wilgenburg, Calvin Christian vs. Lutheran (1/27/89)
17 — Candice Wiggins, LJCD vs. Horizon (2/11/02)
17 — Cheyenne Curley-Payne, Eastlake vs. San Ysidro (2/01/08)
17 — Cheyenne Curley-Payne, Eastlake vs. Bonita Vista (2/12/09)
17 — Sabrina Johnson, Ocean View Christian vs. Warner (12/06/12)
16 — Terri Mann, Point Loma vs. Carlsbad (1/15/86)
vs. Chula Vista (12/31/86)
16 — Betsy Wilgenburg, C. Christian vs. Lin. Christian (2/02/88)
vs. Borrego Springs (1/30/89)
vs. Lutheran (2/15/89)
16 — Veronica Ibarra, Holtville vs. LJCD (11/23/90)
16 — Debbie Stanton, Eastlake vs. Hilltop (2/01/96)
16 — Christine Fitzgerald, Mt. Miguel vs. Steele Canyon (1/31/03)
16 — Cheyenne Curley-Payne, Eastlake vs. Bonita Vista (1/23/09)
16 — Evalyn Cota, Southwest IV vs. Calipatria (1/31/13)
15 — Yolanda Crawford, Point Loma vs. La Jolla (4/21/83)
15 — Nancy Caparaz, Southwest vs. Castle Park (1985)
15 — Betsy Wilgenburg, C. Christian vs. Victory Christian (2/02/89)
vs. Midway Baptist (2/07/89)
15 — Cecilia Navarro, EC Southwest vs. Hilltop (1/06/06)
15 — Cheyenne Curley-Payne, Eastlake vs. Otay Ranch (1/18/08)
15 — Sabrina Johnson, Ocean View Christian vs. Warner (01/04/2011)

- 15 — Evalyn Cota, Southwest vs. Oceanside (1/03/2013)
15 — DiJonai Carrington, Horizon Christian vs. Foothills Christian (2/20/13)

Highest Scoring Average (Career)

- 40.0 — DiJonai Carrington, Horizon Christian (2012-15)
33.3 — Destiny Littleton, Bishop's (2013-17)
28.3 — Candice Wiggins, LJCD (2001-2004)
27.7 — Terri Mann, Point Loma (1984-87)
26.5 — Jaima Oxley, Fallbrook (1976-77)
26.4 — Brandi Collato, Santa Fe Christian (1998-01)
24.9 — Christina Adams, Grossmont & Granite Hills (1988-91)
24.0 — Susie O'Brien, San Marcos (1987-89)
23.9 — Cathy O'Brien, San Marcos (1979-82)
23.5 — London Houchin, Ramona (2003-06)
23.4 — Kirsten Cummings, Patrick Henry (1979-81)
22.7 — Chris Enger, Vista (1986-89)
22.0 — Jamie Glassford, Madison (1978-80)
20.8 — Sylvia Maas, Point Loma (1979-81)
20.3 — Jacqueline Montalban, Eastlake (1994-97)

Highest Scoring Average (Season)

- 44.4 — DiJonai Carrington, Horizon Christian (2013)
42.7 — Destiny Littleton, Bishop's (2017)
40.0 — DiJonai Carrington, Horizon Christian (2015)
38.3 — Christina Adams, Grossmont (1990)
36.7 — Terri Mann, Point Loma (1987)
35.7 — Destiny Littleton, Bishop's (2016)
35.6 — Charde Houston, San Diego (2003)
34.9 — Charde Houston, San Diego (2002)
34.1 — Kirsten Cummings, Patrick Henry (1981)
33.7 — Destiny Littleton, Bishop's (2015)
33.6 — Charde Houston, San Diego (2004)
32.9 — Brandi Collato, Santa Fe Christian (2001)
30.9 — Susie O'Brien, San Marcos (1989)
30.5 — Reco Edwards, El Cajon Valley (1994)
30.4 — Heather Holm, El Cajon Valley (1992)
30.3 — Candice Wiggins, LJCD (2002)
30.3 — Candice Wiggins, LJCD (2004)
29.5 — Alissa Murphy, Scripps Ranch (1994)
29.3 — Janet Franey, Helix (1998)
29.2 — Candice Wiggins, LJCD (2003)
29.0 — Jaima Oxley, Fallbrook (1977)

Most Free Throws (Career)

- 1,153 — Destiny Littleton, Bishop's (2013-17)
772 — Brandi Collato, Santa Fe Christian (1998-2001)
692 — Candice Wiggins, LJCD (2001-2004)
641 — Janet Franey, Helix (1995-98)
528 — Christina Adams, Grossmont & Granite Hills (1988-91)
513 — Heather Holm, El Cajon Valley (1989-92)
496 — Susie O'Brien, San Marcos (1987-89)
473 — Jaclyn Goldbarg, Grossmont (2002-2005)
435 — Stephanie Thompson, Santana (1988-91)
429 — Marcey Wolf, Chula Vista (1987-89)
403 — Stephanie Shadwell, Christian (1992-95)
399 — Imani Littleton, Bishop's (2010-13)
397 — Eisha Bohman, Rancho Buena Vista (1995-98)
389 — Chris Enger, Vista (1986-89)

Most Free Throws (Season)

- 372 — Destiny Littleton, Bishop's (2015)
344 — Destiny Littleton, Bishop's (2017)
280 — Destiny Littleton, Bishop's (2016)
279 — Janet Franey, Helix (1998)
268 — Brandi Collato, Santa Fe Christian (2000)
254 — Christina Adams, Grossmont (1990)
254 — Triola Alexander, Kearny (1999)
253 — Susie O'Brien, San Marcos (1989)
229 — Heather Holm, El Cajon Valley (1992)
225 — Alissa Murphy, Scripps Ranch (1994)
222 — Candice Wiggins, LJCD (2002)

- 213 — Brandi Collato, Santa Fe Christian (2001)
- 187 — Candice Wiggins, LJCD (2004)
- 185 — Brandi Collato, Santa Fe Christian (1999)
- 185 — DiJonai Carrington, Horizon Christian (2015)
- 182 — Adia Barnes, Mission Bay (1994)
- 181 — Marcey Wolf, Chula Vista (1989)

Most Free Throws (Game)

- 31 — Jaclyn Goldbarg, Grossmont vs. Oceanside (12/10/04)
- 28 — Christina Adams, Grossmont vs. Serra (12/02/89)
- 25 — Richelle Perkins, Bishop's vs. Coast Union (3/10/94)
- 22 — Destiny Littleton, Bishop's vs. Eastlake (1/7/16)
- 21 — Christina Adams, Grossmont vs. El Cajon Valley (2/15/90)
- 20 — Janet Franey, Helix vs. El Capitan (1/01/98)
- 20 — Brandi Collato, Santa Fe Christian (3/11/00)
- 19 — Christina Adams, Grossmont vs. San Pasqual (2/22/90)
- 19 — Tammy Hinrichs, San Marcos vs. Carlsbad (1/07/92)
- 19 — Richelle Perkins, Bishop's vs. Lincoln Prep (12/09/93)
vs. Julian (1/21/94)
- 18 — Susie O'Brien, San Marcos vs. Oceanside (1/19/89)
- 18 — Alissa Murphy, Scripps Ranch vs. La Jolla (2/11/94)
- 18 — Destiny Littleton, Bishop's vs. Bishop Gorman (12/26/15)
vs. San Diego (12/7/16)
- 17 — Monica Filer, Point Loma vs. Mira Mesa (1/20/89)
vs. Morse (1/24/89)
vs. Patrick Henry (1/27/89)
- 17 — Christina Adams, Grossmont vs. Mt. Miguel (12/12/89)
vs. Valhalla (2/01/90)
- 17 — Marcey Wolf, Chula Vista vs. Coronado (1/24/89)
- 17 — Heather Holm, El Cajon Valley vs. Valhalla (2/18/92)
- 17 — Janet Franey, Helix vs. Banning (12/23/97)
vs. Cathedral City (12/27/97)
- 17 — Destiny Littleton, Bishop's vs. Rancho Buena Vista (12/8/16)
vs. JSerra (1/21/17)
- 16 — DiJonai Carrington, Horizon Christian vs. Eastlake (3/1/16)
- 15 — Destiny Littleton, Bishop's vs. Eastlake (12/27/16)
vs. Horizon (2/5/16)
- 14 — Destiny Littleton, Bishop's vs. Mira Mesa (12/13/16)
- 14 — Addison Werbelow, San Dieguito vs. Corona del Mar (12/30/17)
vs. Del Norte (1/5/18)
vs. Tri- City Christian (1/9/18)
- 13 — Destiny Littleton, Bishop's vs. Olympian (12/1/16)
- 12 — Destiny Littleton, Bishop vs. Kendridge, WA (12/28/13)
vs. Chula Vista (12/3/16)
vs. La Jolla Country Day (2/28/17)

Most Consecutive Free Throws

- 49 — Brandi Collato, Santa Fe Christian (2000)
- 31 — Triola Alexander, Kearny (1999)
- 30 — Destiney Littleton, Bishop's (2016)
- 28 — Christina Adams, Grossmont (1990)
- 27 — Elainea Washington, Kearny (2001)
- 27 — Amanda Krismer, Santana (2003)
- 26 — Eisha Bohman, Rancho Buena Vista (1998)
- 26 — Destiney Littleton, Bishop's (2016)
- 25 — Katie Kuklok, Poway (2011)
- 25 — Destiney Littleton, Bishop's (2016)
- 24 — Janet Franey, Helix (1996)
- 24 — Destiney Littleton, Bishop's (2016)
- 23 — Brandi Collato, Santa Fe Christian (2001)
- 22 — DeAngela Minter, Vista (1993)
- 22 — Eisha Bohman, Rancho Buena Vista (1998)
- 22 — Brandi Collato, Santa Fe Christian (2001)
- 22 — Brandi Collato, Santa Fe Christian (2001)

Highest Free-Throw Shooting Percentage (Career)

(Minimum 125 Attempts)

- 86.2 — Katie Kuklok, Poway (280 FTM/325 FTA, 2008-11)
- 83.9 — Destiny Littleton, Bishop's (1153/1373, 2013-2017)
- 83.5 — Brandi Collato, SFC (772/925, 1998-2001)
- 81.0 — Nada Tomic, Rancho Bernardo (248/306, 1992-95)

80.1 — Jaclyn Goldberg, Grossmont (379/473, 2002-2005)
 75.5 — Lisa Roper, Monte Vista (200/265, 1999-2002)
 75.0 — Candice Wiggins, LJC (692/926, 2001-2004)
 74.2 — Jaime Ranson, Santana (242/326, 2000-2003)
 73.7 — Katie Girtten, Westview (258/343, 2004-07)
 72.6 — Christina Adams, Grossmont & Granite Hills (528/727, 1988-91)
 72.3 — Janet Franey, Helix (641/886, 1995-98)
 70.9 — Jamie Shadian, Poway (181/255, 1990-93)
 70.6 — Ashley Duffy, El Capitan (3328/462, 2006-09)
 69.9 — Kelli Schott, Vista (188/269, 1987-89)
 69.8 — Nicholle Bromley, Rancho Bernardo (143/205, 1996-99)
 68.8 — Eisha Bohman, RB Vista (133/163, 1995-98)
 68.0 — Leslie Ellis, Santana (234/344, 1985-88)
 67.5 — Stephanie Kindreich, El Capitan (374/504, 1994-97)
 67.1 — Jennifer Alley, Mt. Carmel (108/161, 1990-92)

**Highest Free-Throw Shooting Percentage (Season)
 (Minimum 55 Attempts)**

90.3 — Katie Kuklok, Poway (112 FTM/124 FTA, 2011)
 90.0 — Destiny Littleton, Bishop's (344-382, 2017)
 89.2 — Destiny Littleton, Bishop's (280/314, 2016)
 87.3 — Jaclyn Goldberg, Grossmont (131/150, 2005)
 87.0 — Brandi Collato, Santa Fe Christian (2001)
 86.0 — Brandi Collato, Santa Fe Christian (2000)
 85.2 — Katie Kuklok, Poway (69/81, 2010)
 84.7 — Jaclyn Goldberg, Grossmont (117/138, 2003)
 83.8 — Michelle Kral, Poway (129/154, 2006)
 83.7 — Destiny Littleton, Bishop's (372/444, 2015))
 82.8 — Katie Kuklok, Poway (48/58, 2008)
 82.6 — Jaime Ranson, Santana (57/69, 2001)
 82.5 — Nada Tomic, Rancho Bernardo (80/97, 1995)
 82.3 — Katie Kuklok, Poway (51/62, 2009)
 82.0 — Angie Martinez (74/90, 1996)
 81.6 — Eisha Bohman, RB Vista (133/163, 1998)
 81.0 — Tabatha Velis, Mt. Miguel (50/62, 1998)
 81.0 — Candice Wiggins, LJC (187/231, 2004)
 80.2 — Leslie Ellis, Santana (85/106, 1988)
 80.0 — Kelly Simers, Santana (52/65, 1996)
 80.0 — Brandi Collato, Santa Fe Christian (1999)
 79.0 — Janet Franey, Helix (175/222, 1997)
 78.9 — Nikki Mercado, Vista (60/76, 2002)
 78.8 — Kim McCaskey, San Marcos (82/104, 1995)
 78.5 — Lisa Roper, Monte Vista (106/135, 2002)

**Highest Free-Throw Shooting Percentage (Game)
 (Minimum 10 Attempts)**

100 — Monica Filer, Pt. Loma vs. Mission Bay (11/11, 12/08/88)
 100 — Vicki de Jesus, Mt. Carmel vs. Poway (14/14, 12/15/90)
 100 — Alison Peckham, Holtville vs. Palos Verdes (12/12, 12/03/91)
 100 — Truc Huynh, Escondido vs. Mission Bay (10/10, 2/20/91)
 100 — Kara Milling, Poway vs. Vista (10/10, 2/20/91)
 100 — DeAngela Minter, Vista vs. Mission Bay (10/10, 12/11/93)
 100 — Jacqueline Montalban, Eastlake vs. Banning (16/16, 12/21/95)
 100 — Christina Daley, Granite Hills vs. Mt. Miguel (12/12, 1/30/96)
 100 — Janet Franey, Helix vs. Austin O'Brian (16/16, 12/28/96)
 100 — Christina Daley, Granite Hills vs. Mt. Miguel (10/10, 2/20/98)
 100 — Hilary Jager, Vista vs. Poway (10/10, 12/29/99)
 100 — Brandi Collato, Santa Fe Christian vs. LJC (10 FTM/10 FTA, 2/01/00)
 vs. Valley Lutheran (AZ), (10/10, 12/01/00) vs. Bishop's (10/10, 1/31/01)
 vs. San Dieguito (13/13, 2/16/01)
 100 — Jackie Turpin, Santana vs. El Capitan (13/13, 2/06/01)
 100 — Reggie Horta, Brawley (11/11, 2/05/02)
 100 — Candice Wiggins, LJC vs. Ribault (18/18, 12/05/03)
 100 — Katie Girtten, Westview vs. San Dieguito (12/12, 12/01/04)
 100 — Jerica Williams, Mt. Miguel vs. Francis Parker (10/10, 12/28/05)
 100 — Cheyenne Curley-Payne, Eastlake vs. Tigard (11/11, 12/29/07)
 100 — Ashley Duffy, El Capitan vs. Mission Hills (10/10, 11/28/08)
 100 — Tiarra Griffis, Serra vs. Orange Lutheran (10/10, 3/6/2013)
 100 — Destiny Littleton, Bishop's vs. Kentridge (12/12, 12/28/13)

vs. OLP (14/14, 12/1/14) vs. Mt. Carmel (10/10, 12/18/15)
vs. Mission Hills (14/14, 12/30/15) vs. Eastlake (22/22, 1/7/16)
vs. Horizon (15/15, 2/5/16) vs. Olympian (13/13, 12/1/16) vs. Chula
Vista (12/12, 12/3/16) vs. Mira Mesa (14/14, 12/13/16) vs. Horizon
(10/10, 1/20/17) vs. La Jolla Country Day (12/12, 2/28/17)

Most 3-Point Field Goals Attempted (Career)

1,307 — Alessandra Aguirre, Bishop's (2014-17)
881 — Destiny Littleton, Bishop's (2014-17)
804 — Katie Kuklok, Poway (2008-11)
729 — Sarah Porter, Horizon Christian (2010-14)
709 — Emily Nunez, Mission Hills (2012-16)
671 — Tristen Ryan, Vista (2000-2002)
637 — Katie Girtten, Westview (2004-07)
615 — Jennifer Bryant, Westview (2005-08)
539 — Cortney Bennett, Vista (1996-99)
534 — Lisa Roper, Monte Vista (1999-2002)
493 — DiJonai Carrington, Horizon Christian (2012-16)
491 — DeAngela Minter, Vista (1991-94)
479 — June Brubaker, LJCD (2001-2002)
475 — Alison Peckham, Holtville (1989-92)
459 — Candice Wiggins, LJCD (2001-2004)
437 — Betsey Tunney, Vista (1997-2000)
420 — Robyn Turner, Torrey Pines (1994-97)
398 — Monique Bueno, Serra (2010-2013)
321 — Amanda Undegraff, Bishop's (1991-94)
318 — Janet Franey, Helix (1995-98)

Most 3-Point Field Goals Made (Career)

436 — Alessandra Aguirre, Bishop's (2014-17)
336 — Katie Kuklok, Poway (2008-11)
323 — Elise Paty, San Diego (2003-2006)
321 — Kelly Simers, Santana (1993-96)
317 — Destiny Littleton, Bishop's (2014-17)
241 — Katie Girtten, Westview (2004-07)
233 — Emily Nunez, Mission Hills (2012-16)
221 — London Houchin, Ramona (2003-06)
218 — Sarah Porter, Horizon Christian (2010-14)
196 — Christina Adams, Grossmont & Granite Hills (1988-91)
192 — Alison Peckham, Holtville (1989-92)
188 — Tristen Ryan, Vista (2000-2002)
187 — Jennifer Bryant, Westview (2005-08)
179 — Cathy Bass, Santana (1991-94)
179 — Morgan Sabala, Granite Hills (2004-07)
178 — Candice Wiggins, LJCD (2001-2004)
165 — Lisa Roper, Monte Vista (1999-2002)
153 — Cortney Bennett, Vista (1996-99)
153 — Betsey Tunney, Vista (1997-2000)
151 — DeAngela Minter, Vista (1991-94)
145 — Maritza Morales, Holtville (1992-95)

Most 3-Point Field Goals Attempted (Season)

412 — Alessandra Aguirre, Bishop's (2016)
402 — Alessandra Aguirre, Bishop's (2017)
337 — Destiny Littleton, Bishop's (2017)
336 — Alessandra Aguirre, Bishop's (2015)
299 — Sarah Porter, Horizon Christian (2014)
291 — Jennifer Bryant, Westview (2008)
288 — Joelle Bunnell, Granite Hills (2002)
288 — Katie Kuklok, Poway (2011)
279 — Emily Nunez, Mission Hills (2013)
277 — Tristen Ryan, Vista (2002)
274 — Katie Kuklok, Poway (2010)
269 — Alison Peckham, Holtville (1990)
255 — DeAngela Minter, Vista (1994)
250 — June Brubaker, LJCD (2002)
247 — Janet Franey, Helix (1995)
245 — Christina Adams, Granite Hills (1991)
234 — Robyn Turner, Torrey Pines (1997)
234 — Destiny Littleton, Bishop's (2016)

232 — Christina Adams, Grossmont (1990)
229 — June Brubaker, LJCD (2001)
221 — Faith Legakes, Southwest IV (2014)
217 — Katie Girten, Westview (2005)
214 — Cortney Bennett, Vista (1999)
213 — Madison Chang, Bishop's (2017)
207 — Tristen Ryan, Vista (2001)
205 — Emily Nunez, Mission Hills (2015)
205 — Katie Doran, Horizon Christian (2016)
198 — Lisa Roper, Monte Vista (2001)
196 — Mariana Ecija, Horizon Christian (2016)
189 — Lisa Roper, Monte Vista (2002)
189 — Emily Nunez, Mission Hills (2016)
187 — Tristen Ryan, Vista (2000)
187 — Destiny Littleton, Bishop's (2015)
186 — Monique Bueno, Serra (2013)
186 — DiJonai Carrington, Horizon Christian (2016)
185 — Haley Dominguez, Horizon Christian (2017)
179 — Jennifer Bryant, Westview (2007)
170 — Amanda Undegraff, Bishop's (1994)
169 — Ashley Duffy, El Capitan (2009)
167 — Megan Long, El Capitan (2000)

Most 3-Point Field Goals Made (Season)

150 — Destiny Littleton, Bishop's (2017)
142 — Alessandra Aguirre, Bishop's (2016)
134 — Kelly Simers, Santana (1996)
129 — Alessandra Aguirre, Bishop's (2016)
118 — Katie Kuklok, Poway (2011)
117 — Kelly Simers, Santana (1995)
114 — Katie Kuklok, Poway (2010)
113 — Alessandra Aguirre, Bishop's (2015)
104 — La'Kenya Simon-West, Grossmont (2007)
101 — Joelle Bunnell, Granite Hills (2002)
100 — Christina Adams, Grossmont (1990)
98 — Jennifer Bryant, Westview (2008)
95 — Cathy Bass, Santana (1993)
91 — Sarah Porter, Horizon Christian (2014)
90 — Madison Chang, Bishop's (2017)
86 — June Brubaker, LJCD (2002)
83 — DeAngela Minter, Vista (1994)
83 — Janet Franey, Helix (1998)
83 — Elainea Washington, Kearny (2001)
82 — Destiny Littleton, Bishop's (2016)
81 — Emily Nunez, Mission Hills (2013)
74 — Maritza Morales, Holtville (1995)
74 — Katie Girten, Westview (2005)
74 — Emily Nunez, Mission Hills (2015)
73 — Alynne Nguyen, Orange Glen (2012)
72 — Tristen Ryan, Vista (2002)
69 — Alison Peckham, Holtville (1990)
69 — London Houchin, Ramona (2005)
67 — Cathy Bass, Santana (1994)
67 — Megan Long, El Capitan (2000)
67 — Emily Nunez, Mission Hills (2016)

Most 3-Point Field Goals Attempted (Game)

32 — Cathy Bass, Santana vs. El Capitan (1/22/93)
25 — Amanda Brown, West Hills (12/02)
23 — Alessandra Aguirre, Bishop's vs. Hilltop (11/30/15)
 vs. La Jolla (1/20/16)
 vs. Rancho Buena Vista (12/8/16)
 vs. Scripps Ranch (12/16/16)
22 — Alessandra Aguirre, Bishop's vs. Bonita Vista (1/15/17)
22 — DiJonai Carrington, Horizon Christian vs. Morse (12/10/15)
21 — Christina Adams, Grossmont vs. Santana (2/18/90)
21 — Afton Huggar, Monte Vista vs. Hilltop (12/28/00)
21 — Alessandra Aguirre, Bishop's vs. Ramona (1/14/16)
21 — Destiny Littleton, Bishop's vs. University City (12/14/16)
20 — Christina Adams, Grossmont vs. Valhalla (1/16/90)

- 20 — June Brubaker, LJCD vs. Horizon (2/11/02)
- 20 — Karen Vela, San Dieguito Academy vs San Pasqual (1/28/14)
- 19 — DeAngela Minter, Vista vs. San Dieguito (2/10/94)
- 19 — Joelle Bunnell, Granite Hills vs. Hilltop (12/03/01)
- 19 — Destiny Littleton, Bishop's vs. Brawley (12/5/16)
- 19 — Sarah Porter, Horizon Christian vs. Edison (1/25/14)
vs. Notre Dame Academy (2/1/14)
- 18 — Christina Adams, Grossmont vs. Sweetwater (12/05/89)
- 18 — Lisa Roper, Monte Vista vs. Hilltop (12/28/00)
- 17 — Christina Adams, Granite Hills vs. Orange Glen (2/19/91)
- 17 — Robyn Turner, Torrey Pines vs. Point Loma (2/26/97)
- 17 — Alessandra Aguirre, Bishop's vs. Granite Hills (1/16/16)
vs. Santa Fe Christian (1/27/16)
vs. Brawley (12/5/16)
- 17 — Destiny Littleton, Bishop's vs. Rock Academy (1/27/17)
- 17 — DiJonai Carrington, Horizon Christian vs. Hilltop (3/4/15)
- 16 — Alison Peckham, Holtville vs. Bishop's (1/17/90)
- 16 — Christina Adams, Grossmont vs. Valhalla (2/01/90)
- 16 — DeAngela Minter, Vista vs. Fallbrook (1/25/94)
- 16 — Janet Franey, Helix vs. Ramona (12/26/97)
- 16 — Kelli Alexander, Monte Vista vs. San Dieguito (12/31/98)
- 16 — Lisa Roper, Monte Vista vs. Fallbrook (11/30/00)
- 16 — Faith Legakes, Southwest IV vs University City (2/25/14)
- 16 — Alessandra Aguirre, Bishop's vs. San Diego (12/19/15)
Vs. Chula Vista (12/3/16)
vs. Bishop Gorman (12/26/15)
- 16 — Destiny Littleton, Bishop's vs. Olympian (12/1/16)
vs. Scripps Ranch (12/16/16)
- 16 — DiJonai Carrington, Horizon Christian vs. Santa Fe Christian (2015)

Most 3-Point Field Goals Made (Game)

- 15 — Alessandra Aguirre, Bishop's vs. La Jolla (1/20/16)
- 13 — Destiny Littleton, Bishop's vs. University City (12/14/16)
- 11 — June Brubaker, LJCD vs. Horizon (2/11/02)
- 11 — Amanda Brown, West Hills (12/02)
- 10 — Lynn Riordan, Serra vs. Poway (12/08/90)
- 10 — Kelly Simers, Santana vs. Chinle (AZ), (12/17/94)
- 10 — Brandi Collato, SF Christian vs. TC Christian (2/09/01)
- 10 — Rachel Dulin, Rancho Bernardo vs. Eastlake (12/20/02)
- 10 — Destiny Littleton, Bishop's vs. Rock Academy (1/27/17)
- 10 — Madison Chang, Bishop's vs. Rock Academy (2/14/17)
- 10 — DiJonai Carrington, Horizon Christian vs. Morse (12/10/15)
- 9 — Christina Adams, Grossmont vs. Sweetwater (12/05/89)
vs. Valhalla (1/16/90)
vs. Valhalla (2/01/90)
- 9 — Cathy Bass, Santana vs. El Camino (12/23/92)
- 9 — Kelly Simers, Santana vs. Oceanside (2/25/94)
- 9 — Joelle Bunnell, Granite Hills vs. Hilltop (12/03/01)
- 9 — Alynne Nguyen, Orange Glen vs. Escondido Charter (1/4/12)
- 9 — Alessandra Aguirre, Bishop's vs. Scripps Ranch (1/16/16)
- 9 — Madison CHang, Bishop's vs. Santa Fe Christian (2/10/17)
- 8 — Christina Adams, Grossmont vs. Helix (1/02/90)
vs. West Hills (2/09/90) vs. Santana (2/18/90)
- 8 — Cathy Bass, Santana vs. El Capitan (1/22/93)
- 8 — Brandi Collato, Santa Fe Christian vs. Horizon (1/12/01)
vs. Orme (AZ), (10/01/00)
- 8 — Elise Paty, San Diego vs. Rincon, Ariz. (12/27/05)
vs. El Dorado (12/29/05)
vs. Hamilton, Ariz. (12/30/05)
- 8 — Braeden Spangler, Valley Center vs. Steele Cyn. (12/30/05)
- 8 — Emily Nunez, Mission Hills vs. San Diego 12/29/12
- 8 — Destiny Littleton, Bishop's vs. Serra (12/28/15)
- 8 — Alessandra Aguirre, Bishop's vs. Santa Fe Christian (1/27/16)
vs. Bonita Vista (1/15/17)
- 8 — Destiny Littleton, Bishop's vs. Great Oak (12/28/16)
- 8 — Sarah Porter, Horizon Christian vs. Knight (1/4/14)
vs. Francis Parker (1/27/14)

- 7 — Christina Adams, Granite Hills vs. Monte Vista (2/01/91)
vs. Orange Glen (2/19/91)
- 7 — DeAngela Minter, Vista vs. San Dieguito (2/10/94)
- 7 — Cathy Bass, Santana vs. Dinuba (CA), (3/08/94)
- 7 — Janet Franey, Helix vs. Cathedral City (12/27/97)
- 7 — Betsey Tunney, Vista vs. Poway (1/18/00)
- 7 — Lisa Roper, Monte Vista vs. Fallbrook (11/30/00)
- 7 — Afton Huggar, Monte Vista vs. El Cajon Valley (12/22/00)
- 7 — Tristen Ryan, Vista vs. Mar Vista (12/07/01)
- 7 — Candice Wiggins, LJCD vs. Oakland Tech (12/27/03)
- 7 — LaToya Cuningham, LJCD vs. Francis Parker (1/16/04)
- 7 — Katie Girtten, Westview vs. Patrick Henry (12/28/04)
- 7 — Jaclyn Goldbarg, Grossmont vs. Steele Canyon (1/03/05)
- 7 — Elise Paty, San Diego vs. Patrick Henry (1/20/06)
vs. Mira Mesa (1/31/06)
- 7 — Jennifer Bryant, Westview vs. El Camino (1/08/08)
- 7 — Katie Kuklok, Poway vs. Rancho Bernardo (1/29/10)
- 7 — Katie Kuklok, Poway vs. Ramona (2/11/11)
- 7 — Alynne Nguyen, Orange Glen vs. Grossmont (12/10/11)
- 7 — Cynthia Diaz, San Marcos vs. Mission Hills (1/25/2013)
- 7 — Emily Nunez, Mission Hills vs. Mt. Miguel (12/8/15)
- 7 — Alessandra Aguirre, Bishop's vs. Patrick Henry (1/27/16)
vs. Chula Vista (12/3/16)
vs. Bonita Vista (12/10/16)
- 7 — Destiny Littleton, Bishop's vs. Olympian (12/1/16)
vs. Scripps Ranch (12/16/16)
- 7 — Sarah Porter, Horizon Christian vs. Carlsbad (2/1/15)
- 7 — Haley Dominguez, Horizon Christian vs. Fallbrook (12/16/16)

**Highest Percentage 3-Point Field Goals Made (Career)
(Minimum 100 Attempts)**

- 50.2 — Jaclyn Goldbarg, Grossmont (105 FGM/207 FGA, 2002-2005)
- 41.8 — Katie Kuklok, Poway (336/804, 2008-11)
- 41.6 — Carol Pajarillo, Rancho Bernardo (42/101, 1991-92)
- 40.8 — Nada Tomic, Rancho Bernardo (102/250 1992-95)
- 40.3 — Jenny Wenning, Christian (50/124 1994-95)
- 39.4 — Alicia Gerken, Vista (43/105, 1989-91)
- 39.0 — Nathalie Karns, Eastlake (77/199, 1997-98)
- 39.0 — Candice Wiggins, LJCD (178/459, 2001-2004)
- 35.9 — Destiny Littleton, Bishop's (317/881, 2013-17)
- 35.5 — Amanda Undegraff, Bishop's (114/321, 1991-94)
- 35.1 — Katie Girtten, Westview (241/687, 2004-07)
- 35.0 — Betsey Tunney, Vista (153/437, 1997-2000)
- 34.9 — Jamie Shadian, Poway (38/109, 1990-93)
- 34.8 — Brea Lowary, Mission Bay (1992-95)

**Highest 3-Point Percentage Field Goals Made (Season)
(Minimum 70 Attempts)**

- 52.9 — Jaclyn Goldbarg, Grossmont (37 FGM/70 FGA, 2005)
- 50.0 — Monica Filer, Point Loma (38/76, 1989)
- 48.4 — Katie Kuklok, Poway (45/93, 2008)
- 45.5 — Nada Tomic, Rancho Bernardo (61/134, 1995)
- 44.9 — Mikaelyn Austin, Rancho Bernardo (51/132, 1999)
- 42.2 — Madison Chang, Bishop's (83/188, 2017)

- 42.0 — Nathalie Karns, Eastlake (50/120, 1998)
- 41.6 — Carol Pajarillo, Rancho Bernardo (42/101, 1992)
- 41.6 — Katie Kuklok, Poway (114/274, 2010)
- 41.5 — Betsey Tunney, Vista (56/138, 2000)
- 41.4 — Alicia Gerken, Vista (41/99, 1991)
- 41.0 — Candice Wiggins, LJCD (43/105, 2003)
- 41.0 — Katie Kuklok, Poway (118/288, 2011)
- 40.8 — Destiny Littleton, Bishop's (150/367, 2017)
- 40.5 — Beatrice Berman, Westview (45/111, 2008)
- 40.3 — Jenny Wenning, Christian (50/124, 1995)
- 40.1 — Megan Long, El Capitan (2000)
- 39.2 — Christina Adams, Granite Hills (96/245, 1991)
- 39.0 — Eisha Bohman, Rancho Buena Vista (30/77, 1998)
- 39.0 — June Brubaker, LJCD (46/118, 2002)

