



2021 HEALTH & SAFETY GUIDELINES

SEASON 2 SPORTS

Pre-Practice & Contest Screenings

- All coaches, student athletes, and game officials shall be screened prior to each practice or contest for signs / symptoms of COVID-19 prior to participating.
- Teams traveling for a contest should screen their student athletes prior to boarding transportation for the event, and once again upon arrival at the contest site. (Home contest site is not responsible for screening visiting athletes and coaches)
- Responses to screening questions for each person should be recorded and stored based upon school or district protocols.
- Any person with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care professional.

Hygiene Practices

- When practical, make handwashing/sanitization stations available and accessible for all Student Athletes, Coaches, Officials, and Spectators at all times.
- Disinfect frequently used items and surfaces on a daily basis.
- Mandate the use of face coverings for everyone entering the campus at all times.
- Require all Student Athletes, Coaches, Officials, and Spectators to bring their own water bottles. Water bottles must not be shared. Food should not be shared.

Facilities & Equipment

- All athletic facilities and equipment should be cleaned and disinfected at the conclusion of each practice or contest.
- Cleaning schedules should be created and implemented for all athletic facilities and equipment.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility should be wiped down and sanitized (chairs, furniture in meeting rooms, weight room equipment, bathrooms, athletic training room tables, etc.)

Limit Areas for Public Gatherings

- Consider strategies to prevent groups from gathering at entrances/exits to facilities to limit crossover and contact.

These Guidelines are specific to the San Diego Section are not meant to supersede CIF State Health and Safety Guidelines. Please refer to https://www.cifstate.org/covid-19/All_Sports_Guidelines.pdf for more information.



2021 CIFSDS Golf Modifications

WIDESPREAD

This document provides guidance and game modifications for schools, game administrators, coaches, players, and officials to follow in accordance with NFHS, state and local restrictions and recommendations. Game Administration is responsible for informing all participants of local guidelines for participation.

General Safety and Sanitation at any golf facility

- Players must practice social distancing at all times while on property i.e. maintain a six-foot distance from others. This includes the driven range, practice putting green, teeing area, etc.
- Sanitizer should be available at starting tees.
- Players and coaches are requested to leave the golf course immediately after the round to avoid large gatherings.
- Players should not participate in traditional handshakes or hugs, prior to, during or after the round is complete.
- Masks should be worn at all times by all individuals participating in the activity, even with heavy exertion as tolerated.
- Social distancing measures shall be in place at all times other than when engaged in competition.
- Only essential personnel are permitted on the course. These are defined as players, coaches, athletic trainers, and officials.

Warm – up / before the round

- Players should arrive 30 – 45 minutes before their tee times with face covering in place. Range time per team/player will be limited, possibly to 10 minutes per player/team depending on the event and golf course.
- Practice green is only available to players 10 – 20 minutes before each tee time.
- Coaches must wear face coverings at all times.

Starting tee / Scoring

- The method of scoring will be done without the exchanging of scorecards and the gathering of players in an official scoring area.

Food and Beverage / Water

- Players must be prepared to start the round with their own water bottle.
- Golf course food available for purchase may be limited depending on the facility.

Should the conditions warrant, these modifications will be adjusted. Any further update will be posted on cifsds.org.