

RELEASE DATE:

2018 ALL-CIF

FOOTBALL

First Team Offense

QB—Miles Hastings	San Marcos	Sr.
QB—Noah Tumblin	Mira Mesa	Sr.
QB—Kyrin Beachem	Oceanside	Sr.
RB—Jahmon McClendon	Monte Vista	Sr.
RB—Shawn Poma	Cathedral Catholic	Sr.
RB—Elelyon Noa	Helix	Jr.
RB—Kenan Christon	Madison	Sr.
RB—Mac Bingham	Torrey Pines	Sr.
WR—Casey Granfors	University City	Sr.
WR—Jamahd Monroe	Lincoln	Sr.
WR—Daniel Stokes	Madison	Sr.
OL—Brian Driscoll	Torrey Pines	Sr.
OL—Edward Hill	Valley Center	Sr.
OL—Ross Maseuli	Cathedral Catholic	So.
OL—Isaiah Jatta	Helix	Sr.
OL—Vincent Santos	Eastlake	Sr.

Second team Offense

QB—Deniro Osuna	Central	Jr.
QB—Jonte Stewart	Otay Ranch	Sr.
RB—Dorian Richardson	Rancho Buena Vista	Sr.
RB—Isaiah Thompson	Morse	Sr.
RB—Cael Patterson	Orange Glen	Jr.
RB—Duce Reynolds	Kearny	Sr.
RB—Sean McDonald	Ramona	Sr.
RB—Josh Butler	Poway	Jr.
WR—Tuupash Turner	Valley Center	Sr.
WR—Sam Sciafe	St. Augustine	Jr.
WR—Javelle Brown	Mira Mesa	Sr.
OL—Christopher Alvarado	Helix	Sr.
OL—Logan Berzins	Cathedral Catholic	Jr.
OL—Rudy Archuleta	San Pasqual	Sr.
OL—Michael Malauulu	Morse	Jr.
OL—Jack Carlson	San Marcos	Sr.

First Team Defense

DL—Akili Butler	Lincoln	Sr.
DL—Quinn Roff	San Marcos	Sr.
DL—T-ray Kirkland	Lincoln	Sr.
DL—Isaac Anderson	Mission Hills	Sr.

LB—Michael Shawcroft	Helix	Sr.
LB—Ozzie Nicholas	La Costa Canyon	Jr.
LB—JT Penick	St. Augustine	Sr.
LB—Joshua McCurty	Eastlake	Sr.
LB—Raiden Hunter	San Diego	Sr.
LB—Jordan Allen	Cathedral Catholic	Jr.
DB—Don Chapman	Lincoln	Sr.
DB—Jayden Wickware	San Diego	Sr.
DB—Delshawn Traylor	Helix	Jr.
DB—Shamar Martin	Morse	Sr.
DB—JL Skinner	Point Loma	Sr.
DB—Jonny Tanner	Rancho Bernardo	Sr.

Second team

DL—Carson Drake	Santa Fe Christian	Sr.
DL—Miles McCormick	Cathedral Catholic	Sr.
DL—Blake Schmidt	Monte Vista	Sr.
DL—Damon Thomas	Mar Vista	Sr.
LB—Luke Manos	Rancho Bernardo	Sr.
LB—Connor Heffler	St. Augustine	Jr.
LB—Ethan Simley	Cathedral Catholic	Sr.
LB—Michael Stearns	Torrey Pines	Sr.
DB—Xavier Hamlett	Helix	Jr.
DB—McKinley Eglan-Young	Eastlake	Sr.
DB—Ke'ontae Springs	Madison	Jr.
DB—Crishawn Gordon	Valley Center	Sr.
DB—Devon Jones	Kearny	Sr.
DB—Marcus Dean	Mira Mesa	Sr.
DB—Thaddeo Campbell	Central Union	Sr.
DB—Michael Linguadoca	Santa Fe Christian	Sr.

Offensive player of the Year: Shawn Poma, Cathedral Catholic

Defensive player of the year: Michael Shawcroft, Helix

Kicker of the year: Ryan Sanborn, Francis Parker

Coach of the year: Tracy McNair, Morse

GIRLS VOLLEYBALL

First team

Brooke Buchner	Bishop's	Jr.
Madison Endsley	Cathedral Catholic	Jr.
Emily Fitzner	Torrey Pines	Sr.
Samantha Francis	La Jolla Country Day	So.
Sara Jones	Santa Fe Christian	Sr.
Hanna Karl	Sage Creek	Jr.
Morgan Lewis	La Costa Canyon	Sr.
Delaynie Maple	Torrey Pines	Jr.

Olivia Schewe	Canyon Crest	Sr.
Karenna Wurl	Cathedral Catholic	Sr.

Second team

Stephanie Adams	El Capitan	Jr.
Leyla Blackwell	La Jolla	Jr.
Karen Cordero	Otay Ranch	Sr.
Evie Gonzalez	Canyon Crest	Sr.
Kendra Ham	Torrey Pines	Sr.
Sabrina Hardisty	Scripps Ranch	Sr.
Delaney Karl	Sage Creek	Fr.
Athena Leota	Bishop's	Sr.
Macall Peed	Torrey Pines	Sr.
Peyton Wilhite	Cathedral Catholic	Sr.

Player of the Year: Emily Fitzner, Torrey Pines

Libero: Karenna Wurl, Cathedral Catholic

Coach of the Year: Amanda Savage, Sage Creek

GIRLS GOLF

First Team

Brianna Navarrosa	Mater Dei Catholic	Jr.
Lauren Gomez	Point Loma	So.
Ivanna Montemayor	Mater Dei Catholic	Jr.
Vanessa Ho	Rancho Bernardo	So
Estibaly Garcia	Mater Dei Catholic	So.
Crista Izuzuiza	Coronado	Jr.
Mary Damian	Point Loma	So.
Stephanie Heimler	Rancho Bernardo	Sr.
Caroline Garay	Francis Parker	Sr.
Jasmine Leovao	El Camino	Fr.

Second Team

Hannah Jugar	Bonita Vista	Sr.
Lynn Pham	University City	Fr.
Libby Fleming	Torrey Pines	So.
Brooke Ryback	Our Lady of Peace	So.
Michelle Yi	Canyon Crest	So.
Yuree Huh	Torrey Pines	Sr.
Summer Yang	Torrey Pines	Jr.
Melanie Reyes	Bonita Vista	So.
Serena Chi	Rancho Bernardo	Jr.
Meghan Royal	Carlsbad	Fr.

Player of the Year: Brianna Navarrosa, Mater Dei Catholic

Coach of the Year: Alex Valenzuela, Mater Dei Catholic

BOYS CROSS COUNTRY

First Team

Jonathan Velasco	Mission Hills	Sr.
Jacob Stanford	La Costa Canyon	Sr.
Garrett Stanford	La Costa Canyon	Sr.
Caleb Niednagel	La Costa Canyon	Jr.
Franky Varela	San Pasqual	Sr.
Jonathan Rodriguez-Gomez	Grossmont	Sr.
Justin Mulvany	Otay Ranch	Sr.
Morgan Turpin	Mt. Carmel	Sr.
Andrew Schulz	Canyon Crest	Jr.
Henry McClish	San Diego	Jr.

Second Team

Alejandro Barranco	Poway	Jr.
Alex Wahab	Del Norte	Sr.
Nader Ali	Crawford	Sr.
Sam Jones	El Camino	So.
Andy Pueschel	La Costa Canyon	Jr.
Zane Golpariani	Del Norte	Sr.
Zak Beckwith	Poway	Jr.
Joshua Bauer	Point Loma	Sr.
Jaden Forester	Helix	Jr.
Josh Ligas	Poway	Jr.

Runner of the Year: Jacob Stanford, La Costa Canyon

Coach of the Year: Tyler Ludwig, El Capitan

GIRLS CROSS COUNTRY

First Team

Kristin Fahy	La Costa Canyon	Sr.
Carlie Dorostkar	Canyon Crest	Jr.
Skyler Wallace	Sage Creek	Jr.
Bella Longo	Mission Vista	So.
Jessica Riedman	La Costa Canyon	Sr.
Stormy Wallace	Sage Creek	Fr.
Jacey Farmer	Rancho Bernardo	Fr.
Ashley Learn	Rancho Bernardo	So.
Mariana Beltran-Picos	Olympian	Sr.
Trang Woolridge	Westview	So.

Second Team

Kira Compton	La Costa Canyon	Fr.
Sydney Weaber	La Costa Canyon	So.
Arionn Livingston	Steele Canyon	Fr.
Teresa Perez	Coronado	Sr.
Katie Downs	Poway	Jr.
Giovanna de Silva	Scripps Ranch	Sr.
Mackenzie Kozina	El Camino	Fr.
Luz Mercado	Eastlake	Sr.
Liliana Prieto	El Camino	Sr.
Lavanya Pandey	Sage Creek	Jr.

Runner of the Year: Kristin Fahy, La Costa Canyon
 Coach of the Year: Jacob Feiring, Sage Creek

GIRLS TENNIS

Katie Codd	Canyon Crest	Fr.
Irene Huang	Canyon Crest	So.
Niki Shahbazi	Eastlake	So.
Olivia Madarang	SD High Tech	Jr.
Sophia Colavin	La Costa Canyon	Fr.
Laura Eugenio	Mater Dei Catholic	Jr.
Amanda Letzring	Mt. Carmel	Jr.
Antonia Pareja	Sage Creek	Fr.
Carolyna Fowler	Canyon Crest	Fr.
Asha Gidwani	Canyon Crest	Fr.
Emily Fowler	Canyon Crest	Jr.
Giulia Hayer	Canyon Crest	Jr.

Player of the Year: Katie Codd, Canyon Crest
 Coach of the Year: Joe Tomassi, San Dieguito Academy

BOYS WATER POLO

First team		
AJ Kuypers	Cathedral Catholic	Sr.
Ford Eldridge	Bishop's	Sr.
Cole Atwell	La Jolla	Sr.
Thomas Gruwell	Cathedral Catholic	Sr.
Jaedan Calder	Vista	Sr.
Maximo Carrillo	Bishop's	Sr.
Christopher Sturtevant	Cathedral Catholic	Sr.
Andy Rogers	Coronado	Sr.
Jack Martin	Bishop's	So.
Austin Smit	Cathedral Catholic	Sr.
Second Team		
Sheldon French	Valhalla	Sr.

Trevor Moore	Steele Canyon	Jr.
Zach Rath	Poway	Sr.
Daniel O’Laughlin	Grossmont	Sr.
Merle Richman	Bishop’s	Sr.
Hayden Nightingale	Vista	Sr.
Liam Zawadzki	Grossmont	Sr.
Andrew Higginson	Valhalla	Sr.
Chris Ball	Point Loma	Sr.
Torin Carss	San Pasqual	Jr.

Player of the Year: AJ Kuypers, Cathedral Catholic

Coach of the Year: Dave Spence, Vista

FIELD HOCKEY

First Team

Megan Connors	Scripps Ranch	Sr.
Bella Ianni	Vista	Sr.
Jane Onners	Serra	Sr.
Hanna Winn	Serra	Sr.
Tyler Samuelson	Serra	Sr.
Erin Burgess	Scripps Ranch	Jr.
Victoria Mellow	Scripps Ranch	Sr.
Alexis Kansky	Rancho Buena Vista	Sr.
Anna Hong	Canyon Crest	Sr.
Keeley Akagi	San Pasqual	Sr.
Bobbi Parker	San Pasqual	Sr.

Second Team

Jolie Riedell	Scripps Ranch	Sr.
Adah Anderson	Scripps Ranch	Jr.
Melanie Schwimmer	Bishop’s	Sr.
Tegan Samuelson	Serra	So.
Phoebe Lemm	Serra	Jr.
Sara Stone	Westview	Jr.
Laura Sepa	Westview	Sr.
Abbey Frame	Rancho Buena Vista	Jr.
Morgan Hansen	La Jolla	Sr.
Taylor Tropp	Eastlake	Sr.
Marissa Garcia	Eastlake	Sr.

Player of the Year: Megan Connors, Scripps Ranch

Coach of the Year: Dani Castro, Scripps Ranch