

RELEASE DATE: Thursday, Dec. 8

2016 ALL-CIF

FOOTBALL

First Team Offense

QB—Terrell Carter	Madison	Sr.
QB—Braxton Burmeister	La Jolla Country Day	Sr.
QB—Tate Haynes	Cathedral Catholic	Sr.
RB—C.J. Verdell	Mater Dei Catholic	Sr.
RB—Erick Buchanan	Madison	Sr.
RB—Milan Grice	Rancho Bernardo	Sr.
WR—Domonique Guevara	Grossmont	Sr.
WR—Brandon Lewis	Madison	Sr.
WR—Kyle Philips	San Marcos	Jr.
WR—Mozes Mooney	Bishop's	Jr.
OL—Dominic Gudino	Olympian	Sr.
OL—Graham Valentine	Cathedral Catholic	Sr.
OL—Blayne De La Rosa	Helix	Sr.
OL—David Folsom	Point Loma	Jr.
OL—Donovan Laie	Oceanside	Jr.

Second team Offense

QB—Carson Baker	Helix	Jr.
QB—Rodney Thompson	St. Augustine	Sr.
RB—Micah Edwards	Lincoln	Sr.
RB—Chris Brown	El Camino	Jr.
RB—Khalil Spruill	Mar Vista	Sr.
RB—Joey Morones	Christian	Sr.
RB—Bobby Wallace	Santana	Sr.
WR—Gus Ferreira	Hilltop	Sr.
WR—JR Justice	St. Augustine	Jr.
TE—Jake Gerardi	Oceanside	Sr.
OL—Gabriel Preciado	Mar Vista	Sr.
OL—Yujay Kurosu	Torrey Pines	Sr.
OL—Chase Layne	Rancho Bernardo	Sr.
OL—Payton Stoner	Mt. Carmel	Sr.
OL—Garrett Curran	Granite Hills	Jr.

First Team Defense

DL—JoJo Falo	Madison	Sr.
DL—Andrew Schasa	Lincoln	Sr.
DL—Chiemeka Ochi	Mt. Carmel	Sr.
DL—Matt Roehrig	Rancho Bernardo	Sr.
DL—Daniel Anderson	Bishop's	Sr.
LB—Sampson Niu	Madison	Sr.

LB—Ezekiel Noa	Helix	Sr.
LB—Andrew Alves	St. Augustine	Jr.
LB—Noah Lacsina	Olympian	Sr.
LB—Moroni Anae	Cathedral Catholic	Sr.
DB—Scottie Young	Helix	Sr.
DB—Isaac Taylor-Stuart	St. Augustine	Jr.
DB—Jordan Genmark-Heath	Cathedral Catholic	Sr.
DB—Tariq Thompson	St. Augustine	Sr.
DB—Azizi Hearn	Oceanside	Sr.

Second team

DL—Michael Shawcroft	Helix	So.
DL—Jack Cavellier	Cathedral Catholic	Sr.
DL—Noah Saulo	Madison	So.
DL—Joshua McNish-Heider	Valhalla	Jr.
DL—Kayden Jackson	Mission Bay	Sr.
LB—Chris Fatilua	Madison	Jr.
LB—Jovan Bayless	Mater Dei Catholic	Sr.
LB—Gabe Gymr	Torrey Pines	Sr.
LB—Josh Bornes	San Marcos	Jr.
LB—Bryson Collins	Madison	Sr.
DB—Quentin Frazier	Mater Dei Catholic	Sr.
DB—Kyle Moses	Mater Dei Catholic	Sr.
DB—Devin Lloyd	Otay Ranch	Sr.
DB—Kayvon Brown	Lincoln	Sr.
DB—Riley Havird	Grossmont	Sr.

Offensive player of the Year: C.J. Verdell, Mater Dei Catholic

Defensive player of the year: Ezekiel Noa, Helix

Kicker of the year: Matt Araiza, Rancho Bernardo

Coach of the year: Rick Jackson, Madison

GIRLS VOLLEYBALL

First team

Lexi Sun	Santa Fe Cristian	Sr.
Emily Hubbard	Santa Fe Christian	Sr.
Brynn Chandler	Torrey Pines	Sr.
Alexis Filippone	Torrey Pines	Sr.
Megan Faraimo	Cathedral Catholic	Jr.
Kristen Abels	Eastlake	Sr.
Sophia Acker	Bishop's	Sr.
Camryn Machado	La Costa Canyon	Sr.
Morgan Lewis	La Costa Canyon	So.
Sammy Shupe	Ramona	Sr.

Second team

Lauren Appelman	Olympian	Sr.
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Jaden Whitmarsh	Torrey Pines	Jr.
Olivia Lovenberg	Canyon Crest	Jr.
Jordyn Schuette	Del Norte	Sr.
Kjia Rivers	Del Norte	Sr.
Lauren Flaming	Bishop's	Sr.
Lindsey Miller	Cathedral Catholic	Fr.
Natalie Seol	Ramona	Sr.
Grecia Cordero	Otay Ranch	Sr.
Kendall Cady	West Hills	Jr.

Player of the Year: Lexi Sun, Santa Fe Christian

Libero: Camryn Tastad, Santa Fe Christian

Coach of the Year: Tod Mattox, Bishop's

GIRLS GOLF

First Team

Brooke Seay	Francis Parker	So.
Brianna Navarrosa	Mater Dei Catholic	Fr.
Calista Reyes	Rancho Bernardo	Jr..
Carolyn Zhao	Torrey Pines	Sr.
April Ranches	Serra	Jr.
Sabrina Nguyen	Cathedral Catholic	Fr.
Breann Horn	El Capitan	Jr.
Jung Min Park	Torrey Pines	Sr.
Grace Fitzgerald	Poway	Sr.
Dani Rodea	Torrey Pines	Sr.

Second Team

Ivanna Montemayor	Mater Dei Catholic	Fr.
Madison Miller	Cathedral Catholic	Jr.
Samantha Yi	Rancho Bernardo	Jr.
Catalin Yturralde	Our Lady of Peace	So.
Yuree Huh	Torrey Pines	So.
Carolyn Garay	Francis Parker	So.
Napua Glossner	Scripps Ranch	Fr.
Hannah Jugar	Bonita Vista	So.
Claire Hogle	Rancho Bernardo	Sr.
Angela Ding	Pacific Ridge	Jr.

Player of the Year: Brooke Seay, Francis Parker

Coach of the Year: Tim Steigerwald, Rancho Bernardo

BOYS CROSS COUNTRY

First Team

Samuel Boone	Mt. Carmel	Jr.
Joaquin Martinez	Cathedral Catholic	So.
Zev Feidelberg	Del Norte	Fr.
Simeon Paul	Mt. Carmel	Sr.
Xander Doyle	Rancho Buena Vista	Sr.
Anthony Benitez	Serra	Jr.
Isaiah Labra	Bonita Vista	Jr.
Stefen Rasmuson	Mira Mesa	Jr.
Justin Mulvany	Otay Ranch	So.
Jeremiah Suzara	Otay Ranch	Sr.

Second Team

Alex Barr	Scripps Ranch	Sr.
Jarett Chinn	Poway	Sr.
Jacob Stanford	La Costa Canyon	So.
Garrett Stanford	La Costa Canyon	So.
Hank Tadeusiak	Cathedral Catholic	Sr.
Fuyuki Kuroiwa	Rancho Bernardo	Sr.
Morgan Turpin	Mt. Carmel	So.
Brady DeHaven	Granite Hills	Jr.
Jaron Farnham	Del Norte	Jr.
Everett Williams	Carlsbad	Sr.

Runner of the Year: Joaquin Martinez de Pinillos, Cathedral Catholic
 Coach of the Year: Dan Geiger, Cathedral Catholic

GIRLS CROSS COUNTRY

First Team

Kristin Fahy	La Costa Canyon	So.
McKenna Brown	La Costa Canyon	Jr.
Gwendalyn Gibson	Ramona	Sr.
Renee Phillips	Coronado	Sr.
Elise Boisvert	University City	Jr.
Kira Loren	Canyon Crest	Sr.
Skyler Wallace	Sage Creek	Fr.
Erica Barrett	Westview	Sr.
Hannah Hartwell	Carlsbad	So.
Brooke Trossen	Francis Parker	Sr.
Sienna Santiago	SD High Tech	Sr.

Second Team

Laura Moran	Mt. Carmel	Sr.
Jessica Riedman	La Costa Canyon	So.
Caitlin Cornell	San Marcos	Fr.
Lexi Watkins	La Jolla Country Day	Jr.

Carolinh Calvert	El Capitan	Fr.
Teresa Perez	Coronado	So.
Patricia Miessner	Eastlake	Fr.
Mariana Beltran-Pico	Olympian	So.
Elle Waters	Cathedral Catholic	Jr.

Runner of the Year: Kristin Fahy, La Costa Canyon
 Coach of the Year: George Green, Coronado

GIRLS TENNIS

Jennifer Kerr	San Dieguito	Sr.
Jennifer Richards	La Jolla Country Day	Sr.
Frances Cornwall	Poway	Sr.
Venous Ghazi	Helix	So.
Amy Huang	Westview	Fr.
Alex Kuo	La Jolla	Jr.
Britney Pellechoud	Westview	Jr.
Sophie Raiszadeh	Cathedral Catholic	So.
Megan Tran	Torrey Pines	Jr.
Kathy Wang	Torrey Pines	Jr.
Zlata Bobyr	Canyon Crest	So.
Giulia Hayer	Canyon Crest	Fr.

Player of the Year: Jenifer Kerr, San Dieguito
 Coach of the Year: Darice Carnaje, La Jolla

BOYS WATER POLO

First team

Joshua Spence	Vista	Sr.
Spencer Nelson	Cathedral Catholic	Sr.
Dennis Blyashov	Cathedral Catholic	Sr.
Nico Ivanov	La Jolla	Sr.
Riad Hallal	Coronado	Sr.
George Hagestad	Bishop's	Jr.
Jaeden Calder	Vista	So.
Chris Lee	Bishop's	Jr.
Mason Farley	Coronado	Jr.
Kosta Karlov	Torrey Pines	Sr.

Second team

Mitch Scott	Vista	Jr.
Daniel Norman	Carlsbad	Sr.
Jared Schaner	Valley Center	Sr.
Andy Rodgers	Coronado	So.
Aaron Voganthaler	Poway	So.
Connor Carpenter	La Jolla	Sr.

Andrew Higginson	Valhalla	So.
Ford Eldredge	Bishop's	So.
Andre Rivas	San Pasqual	Sr.
Jacob Banner	Valley Center	Sr.

Player of the Year: Joshua Spence, Vista

Coach of the Year: Dave Spence, Vista

FIELD HOCKEY

First Team

Megan Rodgers	Serra	Sr.
Meghan Schneider	Serra	Sr.
Emily Mosler	Serra	Sr.
Daniella Schoenfeld	Serra	Sr.
Audrey Matthew	Scripps Ranch	Sr.
Catherine Potente	Scripps Ranch	Jr.
Megan Connors	Scripps Ranch	So.
Madison Theodore	La Costa Canyon	Sr.
Brynn Zorilla	Rancho Buena Vista	Jr.
Cassidy Solomon	La Costa Canyon	Sr.
Katherine Peterson	Serra	Jr.

Second Team

Rebecca Leitner	Scripps Ranch	Sr.
Katie Schneider	Serra	So.
Summer Borsack	La Costa Canyon	Sr.
Jane Onners	Serra	So.
April Paulson	Fallbrook	Sr.
Kragen Metz	Canyon Crest	Sr.
Isabella Flud	Poway	Sr.
Cameron Rutters	Rancho Buena Vista	Jr.
Keely Akagi	San Pasqual	So.
Hanna Winn	Serra	So.
Chloe Riddlespurger	Cathedral Catholic	Jr.

Player of the Year: Megan Rodgers, Serra

Coach of the Year: Laurie Berger, Serra