

## **2014 ALL-CIF**

### **FOOTBALL**

#### First Team Offense

QB—Brad Cagle	El Capitan	Sr.
QB—Kareem Coles	Madison	Sr.
QB—Matt Romero	Oceanside	Sr.
QB—Collin Rugg	La Jolla	Sr.
RB—Josh Bernard	Oceanside	Sr.
RB—Bulla Graft	Bishop's	Sr.
RB—Isaiah Strayhorn	Eastlake	Sr.
WR—Martrel Holmes	Mission Hills	Sr.
WR—Isaiah Capoocia	El Capitan	Sr.
WR—Anthony Tael	El Camino	Sr.
OL—Jaylon Kuykendall	Helix	Sr.
OL—Christian Cronk	Oceanside	Sr.
OL—Elijah Wofford	La Costa Canyon	Sr.
OL—Clayton Jimerson	Madison	Sr.
OL—Kevin Estes	San Marcos	Sr.

#### Second team Offense

QB—Dakota Miller	Mission Hills	Jr.
QB—Michael Austin	Helix	Jr.
RB—Brandon Gansch	Ramona	Sr.
RB—Nate Stinson	Helix	Jr.
RB—Adrian Petty	Christian	Jr.
RB—Isaiah Osborne	Madison	Sr.
RB—Elijah Preston	St. Augustine	Jr.
WR—Brandon Bonham	La Jolla	Sr.
WR—Garrett Binkley	Ramona	Sr.
WR—Raphy Carr	West Hills	Sr.
OL—Cedrick Bigge-Duren	Oceanside	Sr.
OL—Austin Lucht	Rancho Bernardo	Sr.
OL—Chris Gesell	St. Augustine	Sr.
OL—Raul Briseno	Ramona	Sr.
OL—Kevin Kish	El Camino	Sr.

#### First Team Defense

DL—Jaquille Bradford	Hoover	Sr.
DL—Tommy Woo	Oceanside	Sr.
DL—Mau Ena	Vista	Sr.
DL—Amadeo West	Oceanside	Sr.
DL—Tim O'Brien	Point Loma	Sr.
LB—Casey Toohill	Cathedral Catholic	Sr.
LB—John Garcia	Lincoln	Sr.
LB—David F'aatu'iese	Vista	Sr.

LB—Ronnie Sallee	Eastlake	Sr.
LB—D.J. Smith	El Capitan	Sr.
DB—Frank Buncom IV	St. Augustine	Sr.
DB—DeChaun Holiday	Mission Hills	Sr.
DB—Quenton Meeks	Del Norte	Sr.
DB—Jordan Miller	Oceanside	Sr.
DB—Troy Warner	Mission Hills	Jr.

Second team

DL—Angel Juarez	Castle Park	Sr.
DL—Forrest Hanlon	Helix	Jr.
DL—Austin Brown	Hoover	Sr.
DL—Ray Smith	Cathedral Catholic	Sr.
LB—Zeke Noa	Helix	So.
LB—J.D. Fox	Escondido	Sr.
LB—Connor Finnestad	Mater Dei Catholic	Sr.
LB—Justus Te'i	Mission Hills	Jr.
LB—Jacob Virissimo	Point Loma	Sr.
LB—Lewis Butler	Hoover	Jr.
DB—Terrell Burgess	San Marcos	Jr.
DB—Kameron Calhoun	Rancho Bernardo	Sr.
DB—Scotty Young	Helix	So.
DB—Jarred Turner	El Capitan	Sr.
DB—Eric Wilson	El Camino	Sr.

Offensive player of the year: Josh Bernard, Oceanside

Defensive player of the year: DeChaun Holiday, Mission Hills

Kicker of the year: Jake Bailey, Santa Fe Christian

Coach of the year: Ron Burner, El Capitan

**GIRLS VOLLEYBALL**

First team

Savannah Rennie	Torrey Pines	Sr.
Savvy Simo	Torrey Pines	Jr.
Kolby Bird	Westview	Sr.
Faith Smith	Point Loma	Sr.
Jordan Mageo	Scripps Ranch	Sr.
Gretchen Cash	Bishop's	Sr.
Jenn Wineholt	Francis Parker	Jr.
Annie Hasselmann	La Jolla Country Day	Sr.
Jolie Rasmussen	Canyon Crest	Jr.
Isabelle Guzik	Westview	Jr.

Second team

Camille Oemcke	Torrey Pines	Sr.
Katherine Brouker	West Hills	Sr.
Robyn Arthur	Ramona	Sr.

Cady Francis	La Costa Canyon	Sr.
Lexi Sun	Santa Fe Christian	So.
Nicole McClellan	Scripps Ranch	Sr.
Madeleine Gates	La Jolla	Jr.
Abby Bertics	Bishop's	Sr.
Grace Forren	Francis Parker	Sr.
Jessica McRoskey	Our Lady of Peace	Jr.

Player of the Year: Savannah Rennie, Torrey Pines

Libero: Kate Swanson, Bishop's

Coach of the Year: Davis Ransom, Point Loma

### **GIRLS GOLF**

#### First Team

Haley Moore	San Pasqual	Jr.
Calista Reyes	Rancho Bernardo	Fr.
Daniela Anastasi	La Jolla	Sr.
Muni He	Torrey Pines	So.
Shannon Oh	Carlsbad	Sr.
Samantha Yi	Rancho Bernardo	Fr.
Sung Eun Park	Torrey Pines	Jr.
Jessica Mangrobang	Mater Dei Catholic	Jr.
Rong Ji	Torrey Pines	Sr.
Chloe Belle Hooton	Bishop's	Sr.
Jenny Zhang	University City	Sr.

#### Second Team

Carolyn Zhao	Torrey Pines	So.
Hana Bradshaw	Rancho Bernardo	So.
Yubin Huh	Canyon Crest	So.
Sasha Banks	Escondido Charter	Sr.
Maddelyn Zack	Poway	Sr.
Waverly Whiston	La Jolla	So.
Nastasia Kossacky	Del Norte	Jr.
Hana Furuichi	Torrey Pines	Sr.
Michelle Picca	Mission Vista	Sr.
Madeleine Garay	La Jolla	

Player of the Year: Haley Moore, San Pasqual

Coach of the Year: Tim Steigerwald, Rancho Bernardo

### **BOYS CROSS COUNTRY**

#### First Team

Trevor Siniscalchi	Westview	Sr.
Alex Tucker	Westview	Sr.

Evan Jameson	Del Norte	Sr.
Steven Terris	La Costa Canyon	Sr.
Eric Lawver	La Costa Canyon	Sr.
Julius Diehr	La Jolla Country Day	Sr.
Nathan Williams	Carlsbad	Sr.
Tre Waters	Mission Hills	Sr.
Simeon Paul	Mt. Carmel	So.
Trent Rule	Valhalla	Sr.

Second Team

Tomas Miralles	La Jolla Country Day	Jr.
Raymond Boffman	Cathedral Catholic	Sr.
Garrett De Long	Mt. Carmel	Jr.
Joaquin Martinez	Cathedral Catholic	Fr.
Jeffrey Stewart	Rancho Bernardo	Sr.
Awal Hussen	Hoover	Jr.
Jake Thompson	San Pasqual	Jr.
Wyatt Hill	Rancho Bernardo	Sr.
Luis Pina	Steele Canyon	So.
Paul Aste	Canyon Crest	Sr.
Samuel Teklay	Hoover	So.

Runner of the Year: Trevor Siniscalchi, Westview

Coach of the Year: Robert Muschek, Westview

**GIRLS CROSS COUNTRY**

First Team

Jacqueline Garner	Torrey Pines	Sr.
Sienna Santiago	High Tech	So.
Kelly Bernd	Canyon Crest	Jr.
Nia Akins	Rancho Bernardo	Jr.
Elena Garcia	Mt. Carmel	Sr.
Darla Osuna	Otay Ranch	Sr.
Kelli Stetson	San Pasqual	Sr.
Renee Laurenzana	San Pasqual	Fr.
Hailey Morejon	San Marcos	Sr.
Brooke Trossen	Francis Parker	So.
Christa Kloha	Westview	Sr.

Second Team

Michaela Fromme	La Costa Canyon	So.
Corinne Chapkis	Canyon Crest	Fr.
Paige Carter	San Marcos	So.
Leyla McFarland	Eastlake	Fr.
Carlene Masar	Steele Canyon	Fr.
Kassady Learn	Rancho Bernardo	So.

Laura Moran	Mt. Carmel	So.
Natalia LaSpada	LJCD	Sr.
Erica Barrett	Westview	So.
Alex Calegari	Poway	So.
Jourdan Wilson	El Camino	Jr.

Runner of the Year: Kelly Bernd, Canyon Crest  
 Coach of the Year: Dennis McClanahan, Mt. Carmel

### **GIRLS TENNIS**

Hannah Zhao	Torrey Pines	Fr.
Kelsey Chen	Torrey Pines	Sr.
CC Schwab	Torrey Pines	Sr.
Kathy Wang	Torrey Pines	Fr.
Paulina Ferrari	La Jolla Country Day	So.
Alexa Meyer	Torrey Pines	So.
Graciela Rosas	Vincent Memorial	Sr.
Valeria Corral	Mater Dei Catholic	Jr.
Carissa Bernhardt	Rancho Bernardo	Jr.
Abby Valera	Eastlake	Sr.
Kendal McGinnis	La Jolla Country Day	Sr.
Megan Tran	La Jolla Country Day	Fr.

Player of the Year: Hannah Zhao, Torrey Pines

### **BOYS WATER POLO**

First team

Cooper Milton	Cathedral Catholic	Jr.
Andrew Chun	Bishop's	Jr.
Marko Vukojevic	Cathedral Catholic	Jr.
Daniel Dedina	Coronado	Jr.
Evan Elig	Bishop's	Jr.
Dennis Blyashov	Cathedral Catholic	So.
Jake Frese	Coronado	Sr.
Zack LaGrange	Bishop's	Jr.
Patrick Collins	Cathedral Catholic	Sr.
Jack Walsh	Coronado	Sr.

Second team

Erik Siegel	Cathedral Catholic	Jr.
Esteban Vasquez	Bishop's	Jr.
Conner Chanove	Carlsbad	Sr.
Noah Tiu	Cathedral Catholic	Jr.
Tony Murphy	Grossmont	Jr.
Joshua Spence	Vista	So.
Noah Martin	Carlsbad	Jr.

Evan Reider	La Costa Canyon	Sr.
Tannyr Horton	Vista	Jr.
Kacper Langiewicz	Mission Hills	Sr.

Player of the Year: Cooper Milton, Cathedral Catholic  
 Coach of the Year: Bill Richardson, Fallbrook

**FIELD HOCKEY**

First Team

Gabi Jimenez	Torrey Pines	Sr.
Emily Tran	Serra	Sr.
Cierra Taylor	Scripps Ranch	Sr.
Tatiana Arias	Fallbrook	Jr.
Makenna Grewe	Del Norte	Sr.
Peyton Mowery	Cathedral Catholic	Sr.
Nina Randolph	La Costa Canyon	Jr.
Kayla Jordan	Serra	Sr.
Daniella Puplava	San Pasqual	Sr.
Marissa Medici	Vista	Sr.
Erica Bondoc	Westview	Sr.

Second Team

Michaela Prince	Scripps Ranch	Jr.
Kelsey Bushman	Scripps Ranch	Jr.
Sophia D'Amato	Serra	Sr.
Cody Churchill	Serra	Sr.
Sydney Peters	El Capitan	Sr.
Yasmine Ortega	Hilltop	Sr.
Kelly Collins	La Jolla	Sr.
Thea Hanson	Canyon Crest	Sr.
Brynn Zorilla	Rancho Buena Vista	Fr.
Samantha Cirino	Torrey Pines	Jr.
Sloane Adams	San Pasqual	Sr.

Player of the Year: Emily Tran, Serra  
 Coach of the Year: Laurie Berger, Serra