

2013 ALL-CIF

FOOTBALL

First Team Offense

QB—Anthony Lawrence	Grossmont	Sr.
QB—Brad Cagle	El Capitan	Jr.
RB—Royce Freeman	Imperial	Sr.
RB—Thai Cottrell	Oceanside	Sr.
RB—Isaiah Strayhorn	Eastlake	Sr.
RB—Jimmie Hill	Mar Vista	Sr.
WR—Mikah Holder	Oceanside	Sr.
WR—JaJuan Thomas	San Pasqual	Sr.
WR—Christian Brooks	Grossmont	Sr.
WR—Isiah Hennie	San Marcos	Sr.
OL—Cole Habib	St. Augustine	Sr.
OL—Jalen Wyatt	Helix	Sr.
OL---Wes Braddock	Eastlake	Sr.
OL—Tony Pineda	Oceanside	Sr.
OL—Andres Preciado	Mar Vista	Sr.

Second team Offense

QB—Connor Wynn	Mission Hills	Sr.
QB--Christian Chapman	Carlsbad	Sr.
RB—Elijah Preston	St. Augustine	So.
RB—Chris Moliga	Cathedral Catholic	Sr.
RB—Drake Madarang	Hilltop	Sr.
RB—Bulla Graft	Bishop's	Jr.
RB—Esteban Senteno	Mission Hills	Sr.
WR—Andre Petties-Wilson	Mission Bay	Sr.
WR—Iman Chapman-Dixon	Mater Dei Catholic	Sr.
WR—Lamarriel Taylor	Mission Bay	Sr.
OL—Derreck Cooper	San Pasqual	Sr.
OL—Jose Barraza	Hoover	Sr.
OL—Adam Le	RBV	Sr.
OL—Aaron Mitchell	Cathedral Catholic	Sr.
OL—Michael Chevalier	Mt. Carmel	Sr.

First Team Defense

DL—Sam Vermillion	Madison	Sr.
DL—Robert Stretch	Castle Park	Sr.
DL—Jaquille Bradford	Hoover	Jr.
DL—Emilio Rodriguez	Eastlake	Sr.
LB—Keifer Graham	Eastlake	Sr.
LB—Fred Warner	Mission Hills	Sr.
LB—Rey Osuna	Olympian	Sr.
LB—Kyle Hendrickson	San Pasqual	Sr.
LB—Ricky Liuchan	Mission Hills	Sr.
DB—Jace Whittaker	Oceanside	Sr.
DB—DeChaun Holiday	Mission Hills	Jr.

DB—Isiah Olave	Eastlake	Sr.
DB—Alijah Holder	Oceanside	Sr.
DB—Jalen Davis	Helix	Sr.
DB—Damonte Holiday	Hoover	Sr.
Second team		
DL—Tiasamo Savusa	Madison	Sr.
DL—Jake Vermillion	Madison	Sr.
DL—Khris Alvarez	San Marcos	Sr.
DL—T-Bone Williams	Ramona	Sr.
DL—Ricky Alvarez	Bonita Vista	Sr.
LB—Travis Kerchner	Ramona	Sr.
LB—Jordan Perez	Carlsbad	Sr.
LB—Xavier Ulutu	Cathedral Catholic	Sr.
LB—Jabrion Burnside	Helix	Sr.
LB—David Vasquez	Hilltop	Sr.
DB—Frank Buncom IV	St. Augustine	Jr.
DB—Jabril Clewis	Patrick Henry	Sr.
DB—Kevin Moore	Madison	Sr.
DB—Devaughn Murray	Mt. Miguel	Sr.
DB—Isaac Williams	La Costa Canyon	Sr.

Offensive player of the year: Royce Freeman, Imperial
 Defensive player of the year: Fred Warner, Mission Hills
 Kicker of the year: Daniel McManus, West Hills
 Coach of the year: Michael Wright, Crawford

GIRLS VOLLEYBALL

First team

Reily Buechler	Torrey Pines	Sr.
Brittany Abercrombie	La Costa Canyon	Sr.
Savannah Rennie	Torrey Pines	Jr.
Jolie Rasmussen	Canyon Crest	So.
Michaela Dews	Francis Parker	Sr.
McKenna Hollingsworth	Tri-City Christian	Sr.
Raeann Greisen	Bishop's	Sr.
Lael Ceriani	Scripps Ranch	Sr.
Emily Krogman	Westview	Sr.
Brianna Winbigler	RBV	Sr.

Second team

Arela Williams	LJCD	Sr.
Kira Long	Rancho Buena Vista	Sr.
Hailey Devlin	Scripps Ranch	Sr.
Kelsey Horvath	Poway	Sr.
Lexi Sun	Santa Fe Christian	Fr.
Brooke Stites	Westview	Sr.

Katherine Brouker	West Hills	Jr.
Allie Loitz	Bonita Vista	Sr.
Hannah Mathiesen	Santa Fe Christian	Sr.
Annie Hasselmann	LJCD	Jr.

Player of the Year: Reily Buechler, Torrey Pines

Libero: Sarah Benjamin, Francis Parker

Coach of the Year: Brennan Dean, Torrey Pines

GIRLS GOLF

First Team

Sarah Cho	Torrey Pines	Sr.
Haley Moore	San Pasqual	So.
Muni He	Torrey Pines	Fr.
Jennifer Peng	Torrey Pines	Sr.
Jessica Mangrobang	Mater Dei Catholic	So.
Seung Park	Torrey Pines	So.
Daniela Anastasi	La Jolla	Jr.
Alana Uriell	Carlsbad	Sr.
Michelle Picca	Mission Vista	Jr.
Nastasia Kossacky	Del Norte	So.

Second Team

Mallory Muehlbauer	Mission Vista	Jr.
Jessica Wagner	Rancho Bernardo	Sr.
Shiyang Fan	Torrey Pines	Jr.
Cecelia DeMatteo	Rancho Bernardo	Fr.
Isabella Salant	Pacific Ridge	Jr.
Kate Pasterkiewicz	Francis Parker	Sr.
Waverly Whiston	La Jolla	Fr.
Yubin Huh	Canyon Crest	Fr.
Annika Chickering	Del Norte	So.
Jaime Jacob	La Costa Canyon	So.

Player of the Year: Sarah Cho, Torrey Pines

Coach of the Year: Chris Drake, Torrey Pines

BOYS CROSS COUNTRY

First Team

Steven Fahy	La Costa Canyon	Sr.
Tal Braude	Torrey Pines	Sr.
Andrew Tellames	Orange Glen	Sr.
Derek Morton	Mt. Carmel	Sr.
Trevor Siniscalchi	Westview	Jr.

Tyler Hansen	San Marcos	Sr.
Kyle Adams	RBV	Sr.
Marcus Montalvo	Mt. Carmel	Sr.
Cody Drisko	Carlsbad	Sr.
Garrett De Long	Mt. Carmel	Jr.
Second Team		
Josh Paradise	Steele Canyon	Jr.
Steven Terris	La Costa Canyon	Jr.
Eric Lawver	La Costa Canyon	Jr.
Javier Osuna	Montgomery	Sr.
Bannon Greer	Valley Center	Jr.
Jarod Dias	Vista	So.
Spencer Dodds	Torrey Pines	So.
Sean Unger	Carlsbad	Sr.
Trent Rule	Valhalla	Jr.
Raymond Boffman	Cathedral Catholic	Jr.

Runner of the Year: Tal Braude, Torrey Pines

Coach of the Year: Scott Sanders, La Jolla Country Day

GIRLS CROSS COUNTRY

First Team

Emma Abrahamson	La Costa Canyon	Sr.
Katie Sammer	Rancho Bernardo	Sr.
Natalia LaSpada	LJCD	Jr.
Sophie Smith	Poway	Sr.
Ashley Cope	Vista	Sr.
Angela Ortlieb	San Pasqual	Jr.
Anne Charles	Canyon Crest Academy	Sr.
Riley Prohaska	La Costa Canyon	So.
Kelly Bernd	Canyon Crest Academy	So.
Sarah Abrahamson	La Costa Canyon	So.
Christa Kloha	Westview	Jr.

Second Team

Paula Stonehouse	Cathedral Catholic	Sr.
Lauren Roberts	La Jolla	Jr.
Shea Ricketts	Valhalla	Sr.
Alex Calegari	Poway	Fr.
Rachel Bohan	Cathedral Catholic	So.
Elizabeth Mang	RBV	So.
Nia Akins	Rancho Bernardo	So.
Erica Barrett	Westview	Fr.
Celina Lepe	Monte Vista	Sr.
Jacqueline Garner	Torrey Pines	Jr.
Chandler Johnson	Clairemont	Sr.

Runner of the Year: Emma Abrahamson, La Costa Canyon
Coach of the Year: Bill Vice, La Costa Canyon

GIRLS TENNIS

Jessica Failla	Ramona	Jr.
Kelsey Chen	Torrey Pines	Jr.
Graciela Rosas	Vincent Memorial	Jr.
Nicole Yermanos	La Costa Canyon	Jr.
Emily Kuo	La Jolla	Jr.
Isabel Lee	Scripps Ranch	Jr.
Paulina Ferrari	La Jolla Country Day	Fr.
Kelly Shaffer	Bishop's	Sr.
Carissa Bernhardt	Rancho Bernardo	So.
Ashley Chao	Rancho Bernardo	Jr.
Taylor Mohrhardt	La Jolla	Sr.
Colleen Mellinger	La Jolla	Sr.

Player of the Year: Jessica Failla, Ramona
Coach of the Year:

FIELD HOCKEY

First team

Gabrielle DePetro	Canyon Crest Academy	Sr.
Kelley Kramer	Rancho Buena Vista	Sr.
Kelsey DeJesus	Scripps Ranch	Sr.
Alie Zimmer	Torrey Pines	Sr.
Emily Jewel	Scripps Ranch	Sr.
Mara Gutierrez	San Pasqual	Sr.
Ashley Watson	San Pasqual	Sr.
Maddie Ashbrook	Fallbrook	Sr.
Kate Young	Serra	Sr.
Tatyana Nelson	Serra	Sr.
Katie Carlson	Canyon Crest Academy	Sr.

Second Team

Zoe Randolph	La Costa Canyon	Sr.
Madison Reece	Del Norte	Sr.
Kira Williamson	Cathedral Catholic	Sr.
Peyton Mowery	Cathedral Catholic	Jr.
Kendra Jones	Scripps Ranch	Sr.
Kaitlin Duncan	Vista	Sr.
Marissa Medici	Vista	Sr.
Amanda Mosler	Serra	Sr.
Caroline Bowman	Canyon Crest	Sr.
Sam Zevenbergen	San Pasqual	Sr.

Gabi Jimenez Torrey Pines So.

Player of the year: Gabrielle DePetro, Canyon Crest

Coach of the Year: Jane Morrill, Scripps Ranch

BOYS WATER POLO

First team

Cody Smith	Cathedral Catholic	Sr,
Jordan Colina	Cathedral Catholic	Sr.
Richard Daly	Bishop's	Sr.
Owen Asalone	Carlsbad	Sr.
Cole Martinez	La Jolla	Sr.
Austin Rone	Cathedral Catholic	Sr.
Bryce Hoerman	Cathedral Catholic	Sr.
Andrew Chun	Bishop's	So.
Kevin Chapa	Carlsbad	Sr.
Tommy Higginson	Bishop's	Sr.

Second team

Michael Thornbury	Rancho Buena Vista	Sr.
Duke Becker	La Jolla	Sr.
Teddy Best	Vista	Sr.
Kevin Shultz	Cathedral Catholic	Sr.
Merritt Veyveris	Vista	Jr.
Jake Frese	Coronado	Jr.
Eric Bowen	Santana	Sr.
Collin Sullivan	San Pasqual	Sr.
Noah Braun	Scripps Ranch	Sr.

Player of the year: Cody Smith, Cathedral Catholic

Coach of the year: Brett Ormsby, Cathedral Catholic