

CIFSDS Div 1 Prelims and Finals - 6/5/2021 to 6/12/2021

Del Norte High School

Results - CIF Finals

Event 1 Girls 4x100 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Helix	A	48.51
2 Poway	A	48.61
3 Mission Hills	A	48.72
4 Patrick Henry	A	49.06
5 San Marcos	A	49.49
6 Torrey Pines	A	49.65
7 Olympian	A	51.17
--- Carlsbad	A	DQ
--- Rancho Bernardo	A	DQ

Event 2 Boys 4x100 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Helix	A	42.17
2 Rancho Bernardo	A	42.67
3 Oceanside	A	42.85
4 Carlsbad	A	43.00
5 Poway	A	43.25
6 Olympian	A	43.28
7 Vista	A	43.42
8 Otay Ranch	A	44.24
--- Mission Hills	A	DQ

Event 3 Girls 1600 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Buswell, Tessa	9	Poway	4:56.90
2 Salz, Annika	11	Torrey Pines	4:57.48
3 Asis, Mallory	10	Mira Mesa	4:59.33
4 Riggins, Hannah	10	Del Norte	4:59.53
5 Rogers, Mackenzie	11	Poway	5:00.23
6 Farmer, Jacey	11	Rancho Berna	5:01.34
7 Taylor, Scarlett	9	Torrey Pines	5:12.96
8 Echsner, Ella	9	Del Norte	5:14.09
9 Bourgeois, Kiana	11	Torrey Pines	5:22.33

Event 4 Boys 1600 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Schmid, Jyden	12	Mira Mesa	4:14.03
2 Davis, Aiden	12	Patrick Henr	4:14.40
3 Taylor, Levi	11	San Marcos	4:14.91
4 Millan, David	12	Mira Mesa	4:15.34
5 Brown, Nicholas	12	Westview	4:16.83
6 Villarreal, Jesus	12	Vista	4:21.07
7 Bowlds, Preston	11	Patrick Henr	4:21.70
8 Felix, Missael	12	San Ysidro	4:26.01
9 Brumley, James	11	Patrick Henr	4:31.79

Event 5 Girls 100 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1 Miller, Elise	12	San Pasqual	14.15 1.9

2 James, Charlize	11	San Diego	14.53 1.9
3 Kull, Audrey	12	Helix	15.11 1.9
4 Medley, Lauren	11	Del Norte	15.33 1.9
5 Chase, Makena	12	Granite Hill	15.58 1.9
6 Pingley, Jenniece	11	El Camino (O)	15.58 1.9
7 Goldberg, Megan	11	Poway	16.24 1.9
8 Oldham, Califia	12	Torrey Pines	16.62 1.9
--- Ceballos, Melanie	11	El Camino (O)	DNF 1.9

Event 6 Boys 110 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1 Jefferson, Maxwell	12	Poway	14.34 1.9
2 Rantamaki, Oskari	11	San Pasqual	15.54 1.9
3 Thomas, Isaac	11	Mission Hill	15.66 1.9
4 Forte, Joseph	11	Rancho Berna	15.70 1.9
5 Hackett, Travis	12	Canyon Crest	15.71 1.9
6 Salter, Daniel	11	San Diego	15.96 1.9
7 Smart, Matthew	12	Poway	16.07 1.9
8 Linley, Ethan	12	Carlsbad	16.62 1.9
9 Guides, Kyle	11	El Camino (O)	16.95 1.9

Event 7 Girls 400 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Bean, Alyssa	11	Poway	55.68
2 Schornstein, Tanna	9	Torrey Pines	56.21
3 Thomas, Deja	11	Mission Hill	58.12
4 Harris, Shayla	11	Patrick Henr	59.26
5 Dixon, Trinity	11	San Marcos	59.83
6 Slinger, Addison	10	Patrick Henr	1:00.19
7 Werts, Megan	10	San Marcos	1:00.62
8 Standlee, Sara	11	Grossmont	1:01.42
9 Cervantes, Ivanna	11	Olympian	1:01.42

Event 8 Boys 400 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Parker, Adren	10	Helix	48.75
2 Bradford, Xavier	12	Grossmont	49.34
3 Brotschi, Haydn	11	Otay Ranch	49.64
4 Castro, Ian	11	Mission Hill	50.22
5 Smith, Caden	12	Carlsbad	50.23
6 Maher, Kian	11	San Marcos	50.40
7 Van, Xavier	11	Helix	50.60
8 Wright, Dominick	11	Eastlake	51.43
9 Hughes, Lukas	10	Poway	52.87

Event 9 Girls 100 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Sergeant, Summer	12	Vista	12.13 1.9
2 Swyney, Kelsey	10	Carlsbad	12.31 1.9
3 Reeves, Karly	12	Torrey Pines	12.39 1.9
4 Alexander, Journey	12	Mission Hill	12.42 1.9
5 Odom, Alana	11	Helix	12.53 1.9

CIFSDS Div 1 Prelims and Finals - 6/5/2021 to 6/12/2021

Del Norte High School

Results - CIF Finals

Finals ... (Event 9 Girls 100 Meter Dash Varsity)

Name	Yr	School	Finals
6 Jelmland, Emma	11	San Marcos	12.55 1.9
7 Blea, Anissa	11	Bonita Vista	12.61 1.9
8 Fernandez, Juana	11	Mission Hill	12.66 1.9
9 Bratton, Isabella	12	San Marcos	12.74 1.9

Event 10 Boys 100 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Smith, Kyle	12	Mission Hill	10.63 2.6
2 Smith, Lamar	11	Mission Hill	10.88 2.6
3 Boone, Michael	12	Helix	10.93 2.6
4 Jones, Jared	11	Helix	10.97 2.6
5 Osinowo, Elon	12	Oceanside	11.08 2.6
6 Castro, Dominic	12	Vista	11.11 2.6
7 Chapman, Quince	11	Mission Hill	11.13 2.6
8 Battle, Ezekiel	11	San Diego	11.25 2.6

Event 11 Girls 800 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Buswell, Tessa	9	Poway	2:14.66
2 Villatoro, Kalista	10	Canyon Crest	2:15.87
3 Farmer, Jacey	11	Rancho Berna	2:15.90
4 Purcell, Ashley	9	San Marcos	2:17.36
5 Boyle, Alex	12	El Camino (O	2:17.87
6 Bruhn, Madeline	11	Rancho Berna	2:21.49
7 Merrifield, Lake	11	Eastlake	2:22.78
8 Saadus, Alana	10	San Marcos	2:27.94
9 Pena, Julisa	11	Carlsbad	2:33.59

Event 12 Boys 800 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Brown, Nicholas	12	Westview	1:55.84
2 Millan, David	12	Mira Mesa	1:55.93
3 Barclay, Sebastian	12	Torrey Pines	1:56.79
4 Saenz, Nicolas	11	El Camino (O	1:56.89
5 Perez, Omar	12	Westview	1:57.18
6 Lacour, Vaughn	11	Rancho Berna	1:57.34
7 Ryan, Jacob	12	Rancho Berna	1:57.46
8 Rosen, Ian	10	Grossmont	1:57.78
9 Davis, Aiden	12	Patrick Henr	2:03.29

Event 13 Girls 300 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1 James, Charlize	11	San Diego	43.75
2 Medley, Lauren	11	Del Norte	44.18
3 Janik, Karina	10	Torrey Pines	44.20
4 Janik, Dominika	10	Torrey Pines	45.64
5 Pingley, Jenniece	11	El Camino (O	46.11
6 Lewis, Olivia	11	Carlsbad	46.13
7 Joyner, Skylar	11	San Marcos	47.12
8 Badrani, Rasha	11	San Pasqual	47.31

9 Galvan, Maya	11 Olympian	48.34
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Event 14 Boys 300 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1 Jefferson, Maxwell	12	Poway	38.34
2 Salter, Daniel	11	San Diego	40.21
3 Linley, Ethan	12	Carlsbad	40.25
4 Smart, Matthew	12	Poway	41.13
5 Matthews, Brett	11	Westview	41.45
6 Rantamaki, Oskari	11	San Pasqual	42.28
7 Mendenhall, David	12	Rancho Berna	42.30
8 Murphy, Avery	12	Rancho Berna	43.18
9 Thomas, Isaac	11	Mission Hill	43.24

Event 15 Girls 200 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Bean, Alyssa	11	Poway	24.15 2.0
2 Sergeant, Summer	12	Vista	24.48 2.0
3 Thomas, Deja	11	Mission Hill	25.19 2.0
4 Odom, Alana	11	Helix	25.62 2.0
5 Smith, Daniella	11	Patrick Henr	25.79 2.0
6 Alexander, Journey	12	Mission Hill	25.98 2.0
7 Blea, Anissa	11	Bonita Vista	26.05 2.0
8 Cummins, Amaya	12	San Marcos	26.43 2.0
9 Langford, Indiana	11	Poway	26.59 2.0

Event 16 Boys 200 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 Smith, Kyle	12	Mission Hill	21.66 1.6
2 Smith, Lamar	11	Mission Hill	22.06 1.6
3 Castro, Dominic	12	Vista	22.34 1.6
4 Parker, Adren	10	Helix	22.43 1.6
5 Bradford, Xavier	12	Grossmont	22.45 1.6
6 Brotschi, Haydn	11	Otay Ranch	22.61 1.6
7 Battle, Ezekiel	11	San Diego	22.71 1.6
8 Martin, Michael	12	Eastlake	22.78 1.6
9 Goff, Miles	12	Olympian	22.89 1.6

Event 17 Girls 3200 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Asis, Mallory	10	Mira Mesa	10:45.08
2 Rogers, Mackenzie	11	Poway	10:56.25
3 Young, Morgan	11	Carlsbad	11:02.62
4 Salz, Annika	11	Torrey Pines	11:06.63
5 Taylor, Scarlett	9	Torrey Pines	11:08.57
6 Learn, Ashley	12	Rancho Berna	11:18.26
7 Gaut, Marissa	10	Torrey Pines	11:24.10
8 Hansen, Ashley	12	San Marcos	11:32.96
9 Sutherland, Audra	10	Rancho Berna	11:33.03
10 Vuong, Vanessa	9	Eastlake	11:39.76
11 Chittle, Sophia	11	Poway	11:41.11
12 Wang, Natalie	9	Torrey Pines	x11:42.68

CIFSDS Div 1 Prelims and Finals - 6/5/2021 to 6/12/2021

Del Norte High School

Results - CIF Finals

Finals ... (Event 17 Girls 3200 Meter Run Varsity)

Name	Yr	School	Finals
13 Kriss, Sequoia	12	Bonita Vista	11:46.06
14 Exline, Anna	11	San Pasqual	12:05.66
15 Mekitarian, Melissa	11	Eastlake	12:11.97
16 Challburg, Amanda	10	Eastlake	12:12.01
17 Wilson, Milena	11	Westview	12:14.05
18 Longton, Madison	12	Calexico	13:14.62

Event 18 Boys 3200 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Schmid, Jyden	12	Mira Mesa	9:26.79
2 Jones, Sam	12	El Camino (O)	9:28.09
3 Blakely, Russell	10	Grossmont	9:29.00
4 Murray, Jake	12	Poway	9:30.51
5 Bowlds, Preston	11	Patrick Henr	9:33.82
6 Taylor, Levi	11	San Marcos	9:34.75
7 Dunnigan, Charlie	12	Patrick Henr	9:35.19
8 Presa, Andrew	10	San Marcos	9:36.46
9 Martinez, Anthony	11	Eastlake	9:37.83
10 Hidle, Jonathan	11	Torrey Pines	9:58.07
11 Reyes, Omar	9	El Camino (O)	9:58.84
12 Shorey, Jake	10	Otay Ranch	10:04.08
13 Okura, Kei	11	Grossmont	10:06.02
14 Von Esch, Nicholas	10	Del Norte	10:06.53
15 Baza Carrillo, Ruben	11	Otay Ranch	10:07.50
16 Loving, Nathaniel	12	Olympian	10:08.50
17 Ramos, Noah	12	San Diego	10:15.68

Event 19 Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Poway	A	3:56.16
2 Torrey Pines	A	3:57.64
3 Del Norte	A	4:00.14
4 Mission Hills	A	4:04.18
5 Patrick Henry	A	4:05.33
6 San Marcos	A	4:05.95
7 Rancho Bernardo	A	4:07.05
8 Carlsbad	A	4:11.45
9 Vista	A	4:17.09

Event 20 Boys 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Poway	A	3:23.80
2 Carlsbad	A	3:24.01
3 Torrey Pines	A	3:26.69
4 Rancho Bernardo	A	3:27.26
5 Westview	A	3:28.02
6 Grossmont	A	3:29.13
7 Eastlake	A	3:29.22
8 Bonita Vista	A	3:31.88

Event 21 Girls Long Jump Varsity

Name	Yr	School	Finals
Finals			
1 Miller, Elise	12	San Pasqual	19-04.25 1.0
2 Lewis, Olivia	11	Carlsbad	17-10.00 0.7
3 Millard, Riley	12	Carlsbad	17-07.50 0.9
4 Alexander, Journey	12	Mission Hill	17-07.00 +0.0
5 Tarquin, Taryn	12	Carlsbad	17-04.75 +0.0
6 Goldberg, Megan	11	Poway	17-00.00 0.7
7 Loy, Nicole	11	Del Norte	16-08.25 1.2
8 Ceballos, Melanie	11	El Camino (O)	16-07.75 +0.0
9 Lankford, Riley	10	Rancho Berna	15-10.75 1.1

Event 22 Boys Long Jump Varsity

Name	Yr	School	Finals
Finals			
1 Willis, Camren	12	Poway	23-06.75 1.9
2 Osinowo, Elon	12	Oceanside	22-05.00 +0.0
3 Martin, Matt	11	Mission Hill	22-04.25 0.2
4 Redon, Nicola	10	San Diego	21-11.75 -0.3
5 Davis, Marquel	12	San Diego	21-03.25 +0.0
6 Whitney, Justin	12	Canyon Crest	21-03.00 +0.0
7 Buu, Brandon	11	Eastlake	21-01.00 0.2
8 Carter, Quinn	12	San Pasqual	19-11.25 0.2

Event 23 Girls Triple Jump Varsity

Name	Yr	School	Finals
Finals			
1 Miller, Elise	12	San Pasqual	42-03.50 +0.0
2 Pingley, Jenniece	11	El Camino (O)	36-10.25 1.3
3 Shaw, Amanda	12	Olympian	36-08.00 0.1
4 Tarquin, Taryn	12	Carlsbad	36-01.75 0.5
5 Reynante, Kayla	12	Bonita Vista	35-08.50 0.4
6 Overton, Charly	12	Rancho Berna	35-08.00 0.4
7 Mohanraj, Iniyaa	11	Del Norte	35-01.25 0.6
8 Campbell, Vivienne	12	Oceanside	35-00.25 0.3
9 Sullivan, Makenna	12	Eastlake	34-02.00 0.9

Event 24 Boys Triple Jump Varsity

Name	Yr	School	Finals
Finals			
1 Buu, Brandon	11	Eastlake	45-04.00 0.3
2 Molina, Xavier	12	Oceanside	44-04.00 +0.0
3 Blodgett, Jaxton	11	Canyon Crest	41-11.00 0.8
4 Flores, Rogelio	12	Otay Ranch	40-09.00 +0.0
5 Mendenhall, David	12	Rancho Berna	40-08.00 0.1
6 Carter, Quinn	12	San Pasqual	40-03.50 0.1
7 Glenn, Cooper	12	Torrey Pines	39-10.00 +0.0
8 Detling, Bryant	11	Poway	38-09.50 +0.0
--- Osinowo, Elon	12	Oceanside	FOUL

Event 25 Girls High Jump Varsity

Name	Yr	School	Finals
Finals			
1 Miller, Elise	12	San Pasqual	5-04.00
2 Roberts, Cheyenne	11	Westview	J5-04.00

CIFSDS Div 1 Prelims and Finals - 6/5/2021 to 6/12/2021

Del Norte High School

Results - CIF Finals

Finals ... (Event 25 Girls High Jump Varsity)

Name	Yr	School	Finals
3 Moore-Bastide, Macaria	11	Eastlake	5-02.00
4 Hiltz, Olivia	11	Del Norte	J5-02.00
5 Hanna, Angelica	12	Rancho Berna	5-00.00
6 Wax, Mia	11	Eastlake	J5-00.00
7 Chambers, Toni	11	Canyon Crest	J5-00.00
8 Pingley, Jenniece	11	El Camino (O)	J5-00.00
--- Carle-Parra, Sabrina	11	Eastlake	NH

Event 26 Boys High Jump Varsity

Name	Yr	School	Finals
1 Cardoza, Justin	11	Eastlake	6-05.00
2 Stanislas, Tychicus	12	Vista	J6-05.00
3 Forte, Joseph	11	Rancho Berna	6-01.00
4 Guido, Antonio	11	Westview	5-11.00
5 Buxton, Berry	12	Olympian	5-09.00
5 Schultz, Justin	11	Rancho Berna	5-09.00
7 Gross, Jackson	9	Torrey Pines	5-07.00
8 Cauwenberghs, Ginkgo	11	Canyon Crest	J5-07.00

Event 27 Girls Pole Vault Varsity

Name	Yr	School	Finals
1 Callahan, Ashley	12	Rancho Berna	14-06.00
2 Leigh, Allison	11	Del Norte	14-00.00
3 O'Connor, Charlotte	11	Rancho Berna	12-06.00
4 Hilliard, Avery	10	Poway	J12-06.00
4 Thomsom, Evangeline	10	Poway	J12-06.00
6 Quiroz, Melodie	11	Rancho Berna	12-00.00
7 Loy, Nicole	11	Del Norte	11-06.00
8 Ostrow, Emma	12	Canyon Crest	10-06.00
9 Montiel, Lilia	10	Rancho Berna	xJ10-06.00

Event 28 Boys Pole Vault Varsity

Name	Yr	School	Finals
1 Fahey, Arran	12	Vista	15-03.00
2 Richards, Nathan	11	Poway	14-03.00
3 Mhaske, Rughved	12	Rancho Berna	J14-03.00
4 Carroll, Jason	12	Rancho Berna	13-09.00
5 Luna de la Fuente, Kaiden	11	Rancho Berna	13-03.00
6 Brooks, Joey	12	Vista	J13-03.00
7 Correa, Jaeden	11	Poway	12-09.00
8 Rydbeck, Matt	11	Rancho Berna	x12-03.00
8 Rosen, Aidan	11	Del Norte	12-03.00

Event 29 Girls Shot Put Varsity

Name	Yr	School	Finals
1 Elkinton, Noelle	12	Del Norte	42-04.00
2 McNairy, Kaylah	12	San Diego	41-11.75
3 Wyatt, Jordyn	12	San Diego	35-03.00
4 Mbamo, Savannah	12	Rancho Berna	33-07.50
5 Lauifi, Heiley	9	Helix	32-06.50

6 Lauifi, Leilah	9	Helix	32-04.00
7 Smith, Hannah	12	El Camino (O)	32-03.00
8 Gonzalez, Arramis	11	Otay Ranch	31-09.50
9 Rucks, Laura	10	Torrey Pines	31-09.00

Event 30 Boys Shot Put Varsity

Name	Yr	School	Finals
1 Martinez, Luis	11	Vista	52-11.50
2 Miller, Hawkin	11	El Camino (O)	51-11.00
3 Hoskins, Carter	12	El Camino (O)	50-06.00
4 Martin, Deven	12	Rancho Berna	46-04.00
5 De Bow, Christian	12	Rancho Berna	46-02.50
6 Colborn, Ethan	12	Rancho Berna	44-01.50
7 Symans, Cole	12	Canyon Crest	43-02.50
8 Fountain, Riley	12	Mission Hill	43-00.00
9 Brady, Ryan	12	El Camino (O)	41-05.00

Event 31 Girls Discus Throw Varsity

Name	Yr	School	Finals
1 Elkinton, Noelle	12	Del Norte	144-11
2 Wyatt, Jordyn	12	San Diego	124-00
3 McNairy, Kaylah	12	San Diego	117-11
4 Mbamo, Savannah	12	Rancho Berna	112-05
5 Houston, Taylor	10	Grossmont	106-07
6 Lauifi, Heiley	9	Helix	98-03
7 Gonzalez, Arramis	11	Otay Ranch	97-08
8 Rosa, Jazmine	11	Rancho Berna	95-09
9 Savaiinaea, Jazmarie	11	Otay Ranch	88-07

Event 32 Boys Discus Throw Varsity

Name	Yr	School	Finals
1 Martin, Deven	12	Rancho Berna	150-06
2 Miller, Hawkin	11	El Camino (O)	144-00
3 Dommers, Alex	12	Torrey Pines	132-09
4 Colborn, Ethan	12	Rancho Berna	130-08
5 Hoskins, Carter	12	El Camino (O)	125-06
6 Daynes, Tyler	11	Del Norte	124-03
7 Fountain, Riley	12	Mission Hill	121-00
8 Chavez, Tyson	12	Mission Hill	118-11
9 Martinez, Luis	11	Vista	100-02

Women - Varsity - Team Rankings - 16 Events Scored

1) Poway	84
2) Del Norte	64
3) Torrey Pines	58
4) Rancho Bernardo	54
5) San Diego	46
6) San Pasqual	41
6) Carlsbad	41
8) Mission Hills	37
9) Helix	35
10) San Marcos	26
11) El Camino (Oceanside)	23
12) Patrick Henry	21
13) Vista	18
14) Mira Mesa	16

CIFSDS Div 1 Prelims and Finals - 6/5/2021 to 6/12/2021

Del Norte High School

Results - CIF Finals

15) Canyon Crest Academy	11
15) Eastlake	11
17) Bonita Vista	8
17) Westview	8
17) Olympian	8
20) Grossmont	5
21) Granite Hills	4
22) Otay Ranch	3
23) Oceanside	1

 Men - Varsity - Team Rankings - 16 Events Scored

1) Rancho Bernardo	81.5
2) Poway	67
3) Mission Hills	59
4) Vista	45
5) El Camino (Oceanside)	39
6) Helix	38
7) Mira Mesa	33
8) Westview	31
9) Eastlake	26
9) Oceanside	26
11) Carlsbad	24
12) San Diego	23
13) Grossmont	22
13) Torrey Pines	22
15) Patrick Henry	16
15) Canyon Crest Academy	16
17) Otay Ranch	15
17) San Pasqual	15
19) San Marcos	13
20) Olympian	6.5
21) Del Norte	4
22) Bonita Vista	1
22) San Ysidro	1