



TO: FOOTBALL COACH

**FROM: JERRY SCHNIEPP, COMMISSIONER
JOHN LABETA, ASSISTANT COMMISSIONER**

DATE: JUNE 28, 2018

RE: 2018 FOOTBALL PRESEASON BULLETIN

1. **PRESEASON ADVISORY MEETING**
July 30, 2018 - 6:00 p.m., CIFSDS Office. 3636 Camino Del Rio North, Suite 200
2. **POST-SEASON ADVISORY MEETING**
November 26, 2018 - CIFSDS office, 3636 Camino Del Rio North, Suite 200
9:00 am, Advisory mtg., 10:00 am, All-CIF Selection mtg.
* (All-CIF meeting to immediately follow advisory meeting noted above)
3. **OFFICIAL PLAYOFF FOOTBALL**
Spalding has graciously agreed to provide all the section playoff footballs and will be the official football for the 2018 CIF-San Diego Section Football Playoffs.
4. **2018 RULES BOOK**
A copy of the 2018 National Federation Football Rules Book is being mailed to schools for varsity coach. It is the official rules book for the CIF and governs all interscholastic football competition in the San Diego Section unless otherwise provided in the Green Book or bulletins. Please note carefully the rule changes from those by which the CIF operated during the 2017 season. **NOTE: Any football used in CIF competition, must have the NFHS authentication mark on the ball.**
5. **GREEN BOOK**
Coaches are advised to review general eligibility rules as well as special Football rules listed in the 2018-19 Green Book. Copies of this book are made available to school administrators in August. For more information contact your school administration or the CIFSDS website @ www.cifsd.org, click on Green Book.
Consent information for 14 year old student to participate in Varsity Football Practices and or Games:
 - The [Consent for 14-Year-Old Student to Participate in Varsity Football](#) form must be submitted and approved via CIFSDS Home by **Wednesday, October 31, 2018** at the close of

the business day to be eligible to compete. The form may also be found on the CIFSDS website under Football and Misc. Forms.

The [Parent/Guardian Consent for 14-Year-Old Student to Participate in Varsity Football](#) form must be submitted and approved via your school site to be eligible to compete. Parents may find the conditions for participation along with the copy of the parent/guardian consent form and the-principal's verification form that the student has satisfied all requirements in order to request participation of a 14 year old in football contests or scrimmages. The form may be found on the CIFSDS website under Football and Misc. Forms.

- Please be advised that State CIF rule 1900 allows athletes less than 15 years of age to participate in varsity football provided the proper documentation is provided.
- Letters from the doctor and the football coach as well as parent consent form are to be kept on file at your school site. **A copy of the principal's verification form must be sent to the CIFSDS office prior to the first contest or scrimmage athlete is to compete in.**
- Due dates for this consent form have changed please make sure and note the date these are due as the playoffs approach.

6. **RECOMMENDED GUIDELINES FOR GAME MANAGEMENT**

The form titled [Recommended Guidelines for Game Management](#) is available online at www.cifsd.org, click on Forms, Miscellaneous.

7. **CONDITIONING WEEK**

Number of Practice Days; No Sunday Practice

- There shall be no football games until the squad has had 14 days of practice before the first game. Each individual student on the team must have had at least 10 days of practice before being allowed to compete in a game. No Sunday practice is permitted (See Bylaw 310 for exception).

Scrimmage Limitations

- No individual student shall participate in an interscholastic scrimmage before his/her 10th day of practice for that particular school. Scrimmage is defined as practice where the teams alternate in carrying the ball, downs are not counted, no score is kept and the coaches are on the field directing play.

8. **ORGANIZED TEAM PRACTICE**

Practice may begin on July 30, 2018.

9. **MAXIMUM CONTESTS**

San Diego CIF Football teams will be permitted to compete in a season maximum of 10 contests in addition to one scrimmage or carnival and any post-regular season CIFSDS competition. Should a total of two scrimmages and/or carnivals be desired, a maximum of nine contests may be played.

10. **COMPETITION DATES**

August 9 2018- First possible scrimmage

August 16, 2018 - First possible interscholastic contest

October 26, 2018 - Last possible pre-playoff competition

11. **ETHICS IN SPORTS" POLICY**

Coaches are reminded of the "ETHICS IN SPORTS" Policy:

EJECTION POLICY:

Any player whose conduct merits ejection from a game by an official for acts of *gross unsportsmanlike conduct* shall be disqualified from participating in the remainder of the game and will be subject to the following penalties:

In all sports with the exception of football, the penalty will be ejection from that contest and a 6 or 3 game/match suspension; in the sport of football, the penalty will be ejection from that contest and a 3 game suspension.

Any athlete ejected for act of this nature is required to meet with the CIFSDS Commissioner or Assistant Commissioner at an agreed upon time prior to returning to play.

Ejections for reasons other than “gross unsportsmanlike conduct” will result in a penalty of ejection from that contest and a one (1) game/match suspension. A one game suspension may not be appealed.

After the suspension from play, the student may only return after certification by the school principal or his/her designee that the student(s) has completed a conference with a school administrator. The appropriate form indicating the completion of the conference must be filed with the San Diego Section office prior to “rejoining the team” (“rejoining the team” is in reference to competition, not practice).

A second ejection from a game or contest will cause the student to be suspended for the remainder of the season. Participation of a player who was ejected from a previous contest, who knowingly or unknowingly participates in the next contest, will result in the forfeiture of that contest.

Players are permitted to practice with the team and attend contests, but not in game uniform, during the period of suspension.

A copy of the revised policy must be signed by each coach, athlete and parent/guardian before attending or participating in a contest. The signed copies are to be filed at each school site, and each Principal is to forward a compliance form to the CIFSDS Office.

NOTE: Compliance form due dates are as follows:

Fall Sports = August 28, 2018; Winter Sports = November 26, 2018; Spring Sports = February 25, 2019.

12. COACHING CERTIFICATION

Reminder that all coaches (paid or unpaid) must be certified in coaching. Coaches may become certified online for a fee of \$52.00 or in a classroom setting by one of California’s instructors. For information, go to State CIF website www.cifstate.org and click on one of the following links:

- [About CIF Coaching Education Program](#)
- [CIF/NFHS Online Coaching Education Course](#) (\$52.00 per coach)

13. REMINDER - COACHING COMPENSATION (CIF STATE BYLAW507)

A coach shall not be reimbursed for coaching services from any source other than the school funds without the approval of the school's governing board, nor be subject to any bonus arrangement dependent upon the success of the school's team.

14. **PLAYOFF FORMAT**

2018 CIFSDS 11-man playoffs will be conducted in six (6) divisions based upon divisional placement done thru the CIFSDS office

15. **PLAYOFF DATES – PROPOSED (STATE PLAYOFF INFORMATION TO FOLLOW)**

- Regular season-ending games: **Friday, October 26, 2018.**
- Playoff Pairings meeting on **Saturday, October 27, 2018**
- 1st Round, Divisions I-V at home site of higher seed, **Friday, November 2, 2018**
- Quarterfinal Round, Divisions I-V at home site of higher seed, **Friday, November 9, 2018.**
- Semifinal Round, Open Division at home site of higher seed, **Friday, November 9, 2018.**
- Semifinal Round, Divisions I-V at home site of higher seed, **Friday, November 16, 2018.**
- Championship Round, Open Division at SWC, **Saturday, November 17, 2018**
- Championship Round, Divisions I-IV at SWC, **Friday & Saturday, November 23-24, 2018**
- Championship Round, Division V, at TBA, **Friday, November 23, 2018.**

16. **OFFICIALS ASSOCIATION--RULES INTERPRETATIONS—ASSIGNMENT SECRETARY**

San Diego County Football Officials Association:

President – Mark Lindsay - 619-838-1511 replaymark@gmail.com

Rules Interpreter/CIFSDS Liaison - Steve Coover - 619-667- 6411

cooversteve@gmail.com

Assigner - Tom Ables - 619-997-7684 or assignsdcfoa@gmail.com

Imperial Valley Football Association:

President - Stan Armstrong - 760-562-7348 or swarmstrong@cityofimperial.org

Assigner - Alan Phillips - 760-353-8180 or alanp@icoe.k12.ca.us.

Email Distribution:

Varsity Football Coach

Athletic Director

Conference Presidents/Schedulers

Roger Blake, Ron Nocetti - State CIF

Mark Lindsay, Tom Ables, Steve Coover –

SDCFOA Stan Armstrong, Alan Phillips – IVFOA

Mike Dolan – Co-Tournament Director

(football/preseason-fb-2018)

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