



TO: SWIMMING AND DIVING COACH

**FROM: JERRY SCHNIEPP, COMMISSIONER
JOHN LABETA, ASSISTANT COMMISSIONER**

DATE: JANUARY 20, 2016

RE: SAN DIEGO CIF 2016 SWIMMING AND DIVING SEASON

1. **PRESEASON ADVISORY MEETING**
January 26, 2016 - 4:00 p.m., Hall of Champions, Center Court. **(ADVISORY GROUP: PLEASE BRING YOUR FLASH DRIVES TO THIS MEETING)**
2. **POST-SEASON ADVISORY MEETING**
June 8, 2016 - 4:00 p.m., at the Hall of Champions, Center Court
3. **GREEN BOOK**
Coaches are advised to review general eligibility rules as well as special Swimming and Diving rules in the 2015-2016 Green Book. Copies of this book were made available to all schools at the distribution meetings in August. For more information contact your school administration or the CIFSDS website @ www.cifsd.org (click on Green Book). **REMINDER OF RULE REGARDING PARTICIPATION WITH CLUB PROGRAMS DURING SEASON OF SPORT, MINIMUM NUMBER OF COMPETITIONS TO ENTER SECTION CHAMPIONSHIPS, AND MANDATORY PRACTICE WITH SCHOOL TEAM.**
4. **RECOMMENDED GUIDELINES FOR GAME MANAGEMENT**
The form titled Recommended Guidelines for Game Management is available online at www.cifsd.org, click on Forms, Miscellaneous.
5. **ORGANIZED TEAM PRACTICE**
The starting date for official before- and after-school swimming and diving team practice is **Saturday, February 13, 2016.**
6. **SCRIMMAGES**
The earliest date permitted for interscholastic contests is **February 22, 2016.** A school may conduct an interscholastic scrimmage without limit on the number of opponents and without restriction on multiple sites, **if** the total number of events for each team is no greater than for one regulation meet.

7. **MAXIMUM COMPETITION**

- A. Team - CIFSDS swimming and diving teams will be permitted to compete in a season maximum of 13 team meets (any combination of dual/tri-contests and tournaments/invitationals all of which count one point each).
- B. Individual - CIFSDS swimmers and divers will be permitted to compete in a season maximum of 13 dual/tri-meets and invitational (one point each) which are interchangeable.

8. **SWIM COMPETITION DATES**

- May 7** Last possible pre-playoff competition.
- May 11-14** Swimming and Diving Prelims and Championships (Proposed):
- May 11** Boys' and Girls' Division I Swimming Prelims - 3:00 p.m. at Granite Hills H.S.
- May 12** Boys' and Girls' Division II Swimming Prelims - 3:00 p.m. at Granite Hills H.S.
- May 13** Boys' and Girls' Division I & II Diving Prelims and Finals – GIRLS, Both divisions - 10:00 a.m., Boys', Both divisions to follow 1½ hours after the conclusion of girls or 1:00 p.m. whichever is later - San Diego Mesa College.
- May 16** Boys' and Girls' Swimming Finals at Granite Hills High School.
Division I at 9:00 a.m.; Division II at 3:00 p.m.

- Wedge starts in 2015-2016. (**BACKSTROKE LEDGES BEGINS IN THE 2016-17 SEASON**)
- Please identify all athletes who will be taking AP Exams and resolve conflicts in February.

State Regionals – Clovis West Aquatic Complex, Clovis May 20-21, 2016

- The top three (3) overall times from championship heats in each divisions, in each event, will qualify as section entrants to the California State Championships. At-Large entries may be considered for swim only (not dive) based on CIF-State determined times at the following link:

[CIF-State Swim and Dive Entries Information](#)

The top four (4) overall diving scores will advance to the state meet.

9. **ETHICS IN SPORTS POLICY**

Coaches are reminded of the “ETHICS IN SPORTS” Policy:

EJECTION POLICY:

Any player whose conduct merits ejection from a game by an official for acts of *gross unsportsmanlike conduct* shall be disqualified from participating in the remainder of the game and will be subject to the following penalties:

In all sports with the exception of football, the penalty will be ejection from that contest and a 3 or 6 game/match suspension; in the sport of football, the penalty will be ejection from that contest and a 3 game suspension.

Any athlete ejected for act of this nature is required to meet with the CIFSDS Commissioner or Assistant Commissioner at an agreed upon time prior to returning to play.

Ejections for reasons other than “gross unsportsmanlike conduct” will result in a penalty of ejection from

that contest and a one (1) game/match suspension. A one game suspension may not be appealed.

After the suspension from play, the student may only return after certification by the school principal or his/her designee that the student(s) has completed a conference with a school administrator. The appropriate form indicating the completion of the conference must be filed with the San Diego Section office prior to "rejoining the team" ("rejoining the team" is in reference to competition, not practice).

A second ejection from a game or contest will cause the student to be suspended for the remainder of the season. Participation of a player who was ejected from a previous contest, who knowingly or unknowingly participates in the next contest, will result in the forfeiture of that contest.

Players are permitted to practice with the team and attend contests, but not in game uniform, during the period of suspension.

A copy of the revised policy must be signed by each coach, athlete and parent/guardian before attending or participating in a contest. The signed copies are to be filed at each school site, and each Principal is to forward a compliance form to the CIFSDS Office.

NOTE: Compliance form due dates are as follows:

Fall Sports = September 1, 2015; Winter Sports = November 23, 2015; Spring Sports = March 1, 2016.

10. **SANCTIONED TOURNAMENT/INVITATIONAL EVENTS - NEW FORMAT - EFFECTIVE AUGUST 1, 2009**
CIFSDS SANCTIONING - CIFSDS will sanction tournaments/invitationals when invited schools are from California, Arizona, Nevada, Oregon, Alaska, Hawaii, Canada, and Mexico and/or from non-border states when total of invited schools are less than eight (8) or invited states are less than five (5). New CIFSDS sanction application is on website www.cifsd.org - Tournaments.

CIFSDS sanction is necessary for all tournaments at all levels (Varsity, JV, Frosh, and Club).

Tournament/Invitational Directors must provide the assignment secretary with a sanction number (issued by CIFSDS office) **before** officials may be assigned. Please check the CIFSDS website for approved sanction numbers @ www.cifsd.org click on Tournaments.

Reminder - sanctioning deadline for CIFSDS applications for SPRING tournaments/invitational is December 1 (\$25 sanction fee). After deadline \$100 late fee will be assessed for a total of \$125.

11. **OUTSIDE COMPETITION**
Unlimited outside swimming and/or diving competition (other than school competitions/events) is permitted during the season for San Diego Section swimmers and divers providing they enter the outside competitions as unattached individuals and abide by all rules applicable to unattached competition.
12. **RULE 600 INFORMATION**
As an only exception, athletes participating in the individual sports of swimming, diving, and gymnastics may practice during their season of sport, as unattached athletes, with club teams, which are established under the National Governing Board for that sport, so long as the athlete also practices with the school team. (Approved June 3, 2003 Board of Managers.)
13. **REMINDER - COACHING COMPENSATION (CIF STATE BYLAW 503 F)**
A coach shall not be reimbursed for coaching services from any source other than the school funds

without the approval of the school's governing board, nor be subject to any bonus arrangement dependent upon the success of the school's team.

14. **PLAYOFF FORMAT**

2016 San Diego CIF Swimming and Diving Championships will be conducted in two divisions (see attached breakdown). Swimmers and divers who equal or better the “automatic” standards as reviewed by the Swimming and Diving Advisory Committee will be entered in the San Diego CIF Prelims of each division.

15. **OFFICIALS ASSOCIATION - RULES INTERPRETATIONS - ASSIGNMENT SECRETARY**

For information regarding the San Diego Swimming and Diving Officials Association, please contact Bob Eisele, President and Assigner, at rge@att.net and for technical questions, VP Rules Interpreter Mike Saltzstein at mikesaltzstein@att.net or by phone at 619-405-7660

16. **HIGH SCHOOL SPORTS SPONSORSHIP PROGRAM**

The CIF-San Diego Section is beginning its **20th** year of a High School Sports Sponsorship Program to help offset the ever-increasing costs of conducting section championships in all sports. The purpose of the program is to seek and solicit support (financial, products, or services) from individuals, organizations, and/or businesses desiring to sponsor CIFSDS activities; whereby the CIFSDS provides specific sponsorship acknowledgment. The goal of the High School Sports Sponsorship Program is to have each of the 19 section approved sports sponsored by a wide range of the San Diego community. For an application or more information on the sports sponsorship program, please contact the CIF-San Diego Section office or visit our web site at www.cifsd.org.

17. **SUPERVISION FORM**

According to State CIF Article 22 B9, – Who May Coach

- a. All public school teams must be coached by a person who meets the requirements of the California Education Code and the California Administrative Code Title V. **NOTE: Parents may not supervise his/her athlete or the team.**
- b. In the case of a non-public school, a person engaged by that school on a yearly contract basis as a regular member of the school teaching staff and certified by the administrator of that school as competent for the position held.

A copy of the supervision form is attached to the coach’s copy of this bulletin and available on the CIFSDS website @ www.cifsd.org (under forms or swimming and diving). **NOTE:** Do not send a copy to the CIFSDS office – it is to be taken to the match.

Distribution:

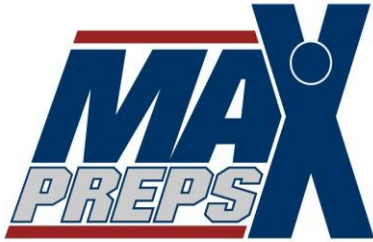
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