

FIELD HOCKEY

TEAM CHAMPIONS

Date	Winner	Coach	Runner-up	Coach	Score
02/07/75	Morse	Kris Mallory	San Dieguito	Joan Peterson	P.T.
03/06/76	Fallbrook	Ginny Krausz	Madison	Betty Bennett	1-0 OT
02/26/77	San Marcos	Lynne McCarthy	Bishop's	Marcia Harrod	(P.T.)
02/25/78	San Marcos	Lynne McCarthy	Serra	Kris Mallory	2-1
02/24/79	San Marcos	Lynne McCarthy	Morse	Laurie Berger	2-1
03/08/80	Serra	Kris Mallory	San Marcos	Lynne McCarthy	2-0
02/28/81	Serra	Kris Mallory	Oceanside	Robin MacDonald	3-0
2/26/82	Serra	Kris Mallory	Morse	Laurie Berger	3-1
02/26/83	Serra (Winter)	Kris Mallory	Oceanside	Robin MacDonald	3-2
11/19/83	Serra (Fall)	Kris Mallory	Morse	Laurie Berger	4-0
11/17/84	Serra	Kris Mallory	Vista	Maria Guerra	2-1
11/23/85	Serra	Laurie Berger	Torrey Pines	Ellie Minor	4-0
11/22/86	Fallbrook	Kathy Yancey	Serra	Laurie Berger	1-1 (OT*)
11/21/87	Serra	Laurie Berger	San Pasqual	Pat Sheehan	5-1
11/19/88	Serra	Laurie Berger	Mira Mesa	Jean Palmer	2-1
11/18/89	Mira Mesa	Jean Palmer	Serra	Laurie Berger	1-1 (OT*)
11/17/90	Serra	Laurie Berger	Mira Mesa	Jean Palmer	1-1 (OT*)
11/23/91	Fallbrook	Kathy Waite	Rancho Buena Vista	Maria Osa Guerra	2-1 (OT)
11/21/92	Serra	Laurie Berger	Torrey Pines	Cheri Freddie	1-0
11/20/93	San Dieguito	Kathy Oversmith	Serra	Laurie Berger	1-0
11/19/94	Serra	Laurie Berger	Hilltop	Janet Balsley	1-0
11/18/95	San Pasqual	Tracey Paul	Hilltop	Janet Balsley	1-1 (3-1)
11/22/96	San Pasqual	Tracey Paul	Scripps Ranch	Jane Morrill	2-1
11/22/97	Scripps Ranch	Jane Morrill	Serra	Laurie Berger	1-0
11/21/98	San Pasqual	Tracey Paul	Serra	Laurie Berger	3-1
11/20/99	Serra	Laurie Berger	San Pasqual	Tracey Paul	2-1
11/18/00	La Costa Canyon	Ellie Minor	Serra	Laurie Berger	4-0
11/17/01	Torrey Pines	Kari Labeta	La Costa Canyon	Ellie Minor	3-2 (OT)

DIVISION I

Date	Winner	Coach	Runner-up	Coach	Score
11/23/02	Torrey Pines	Kari Labeta	San Pasqual	Amy Oldknow	3-0
11/22/03	La Costa Canyon	Sara Lewis	Rancho Buena Vista	Jonathan St. John	2-1 (OT)
11/20/04	Scripps Ranch	Jane Morrill	Torrey Pines	Kari DiGiulio	2-2*
11/19/05	La Costa Canyon	Kim Elmore	Fallbrook	Kathy Waite	2-0
11/18/06	La Costa Canyon	Kim Elmore	Torrey Pines	Kari DiGiulio	3-2
11/17/07	La Costa Canyon	Kim Elmore	San Pasqual	Paula Conway	3-1
11/22/08	Torrey Pines	Kari DiGiulio	San Pasqual	Kelli Gannon	3-1 (OT)
11/21/09	San Pasqual	Kelli Gannon	Fallbrook	Kathy Waite	1-0
11/20/09	Scripps Ranch	Jane Morrill	Torrey Pines	Kari DiGiulio	2-1+

*strokes +won shootout 3-0

DIVISION II

Date	Winner	Coach	Runner-up	Coach	Score
11/23/02	Scripps Ranch	Jane Morrill	Serra	Laurie Berger	4-1
11/22/03	Scripps Ranch	Jane Morrill	Serra	Laurie Berger	3-1
11/20/04	Serra	Laurie Berger	Santana	Danny Martinez	6-1
11/19/05	San Pasqual	Carrie Flammia	Serra	Laurie Berger	1-0
11/18/06	Serra	Laurie Berger	Westview	Kelli Gannon	2-1
11/17/07	Scripps Ranch	Jane Morrill	Serra	Laurie Berger	4-2 (OT)
11/22/08	Scripps Ranch	Jane Morrill	Serra	Laurie Berger	2-1 (OT)
11/21/09	Serra	Laurie Berger	Scripps Ranch	Jane Morrill	3-2
11/20/10	Serra	Laurie Berger	San Dieguito Academy	Brooke Wilson	1-0

CIFSDS COACHES PLAYER OF THE YEAR

1976 — Kathy Szezyler, Madison	1982 — Marie Dizon, Serra	1988 — Julie Taylor, Serra
1977 — Sandi Chamberlain, San Marcos and Kelly Westerwick, Bishop's	1983 — Mare Chung, Serra (Winter)	1989 — Etheline Mendoza, Serra
1978 — Barbi Chamberlain, San Marcos and Hilly Wester, Fallbrook	1983 — Kathy Thomas, Serra(Fall)	1990 — Barbara Hansen, Serra
1979 — Mary Kellog, San Marcos	1984 — Kathy Thomas, Serra	1991 — Dawn Pederson, Fallbrook
1980 — Nancy Frahm, San Marcos	1985 — Cherie Freddie, Serra	1992 — Joy Driscoll, Serra
1981 — Veronica Aguilar, Serra	1986 — Liz Cortez, Fallbrook	1993 — Joy Driscoll, Serra
	1987 — Kris Fillat, Serra	1994 — Shanel Gohsler, Serra

CIFSDS HALL OF CHAMPIONS/MEDIA PLAYER OF THE YEAR

1995 — Pauline Duenas, Hilltop	2001 — Jessica Miller, LC Canyon	2007 — Lauren Greenwald, LC Canyon
1996 — Kelli Gannon, San Pasqual	2002 — Cara Lopresti, Torrey Pines	2008 — Deanna Kennedy, Scripps Ranch
1997 — Lisa Comrie, Scripps Ranch	2003 — Kathryn Elenz-Martin, LC Canyon	2009 — Allison Swartz, Scripps Ranch
1998 — Dalinda Banuelos, San Pasqual	2004 — Dani Castro, Scripps Ranch	2010 — Maggie Sevilla, Scripps Ranch
1999 — Samantha Gallop, Serra	2005 — Lisa Maffucci, La Costa Canyon	
2000 — Heather Kibbee, LC Canyon	2006 — Katherine Donner, Serra	

TEAM RECORDS**Most Consecutive CIFSDS Championships**

- 7 — Serra (1980-85)
- 3 — San Marcos(1977-79)
- 3 — Scripps Ranch (2002-2004, 07-09)
- 3 — La Costa Canyon (2005-07)
- 2 — Serra (1987-88, 2009-10)
- 2 — San Pasqual (1995-96)
- 2 — Torrey Pines (2001-02)

Most Consecutive League Championships or Co-Champion

- 18 — Serra, Eastern (1979-95)
- 5 — Serra, Eastern (2003-07)
- 4 — Morse, Eastern (1980-83)
- 3 — Fallbrook, Avocado West (1979-81)
- 3 — San Marcos, Avocado (1979-81)
- 3 — Hilltop, Western (1989-91)
- 3 — Hilltop, Western (1993-95)
- 3 — San Pasqual, Avocado (1994-96)
- 3 — Scripps Ranch, Western (2000-2002)

Most Goals (Season)

- 171 — Serra (1984)
- 135 — Serra (1987)
- 128 — Serra (1998)
- 125 — Serra (Fall, 1983)
- 125 — Serra (1999)
- 112 — Serra (1986)
- 110 — Scripps Ranch (2002)
- 109 — Serra (2003)
- 108 — Serra (1982)
- 104 — Serra (Winter, 1983)
- 104 — Serra (1997)
- 104 — Serra (1998)
- 103 — Serra (1988)
- 103 — Serra (1993)

Most Goals (Game)

- 18 — Serra vs.Mission Bay (10/12/93)
- 16 — Serra vs.Eastlake (9/25/98)
- 15 — San Marcos vs.Madison (9/08/87)
- 15 — Serra vs.El Cajon Valley (10/29/87)
- 15 — Serra vs.Morse (10/14/93)
- 15 — Serra vs.Mission Bay (10/12/94)
- 15 — El Capitan vs. El Cajon Valley (10/24/08)
- 14 — Serra vs.El Cajon Valley (10/16/85)
- 14 — Serra vs.Morse (10/02/85)
- 14 — San Marcos vs.Morse (10/03/94)
- 14 — Serra vs.El Cajon Valley (11/08/96)
- 14 — Serra vs.Morse (10/07/98)

Longest Winning Streak

- 86 — Serra (1983-86)
- 59 — Scripps Ranch (9/17/02-10/02/04)
- 41 — Serra (1981-83)
- 35 — San Pasqual (1995-96)
- 33 — La Costa Canyon (2005-06)
- 32 — Serra (1987-88)
- 20 — Serra (1987)
- 20 — Serra (1999-2000)
- 17 — Serra (1979-81)
- 17 — Serra (1993)
- 16 — San Marcos (1978-80)
- 16 — Serra (1989)
- 16 — Serra (1994)
- 16 — Serra (1999)
- 16 — San Pasqual (2000)
- 13 — San Marcos (1980-81)
- 13 — Serra (1990-91)

Longest League Winning Streak

- 104 — Serra, Western (1978-87)
- 49 — Scripps Ranch, Western (2000-2003)
- 29 — Serra, Eastern (1992-95)
- 27 — Serra, Eastern (1998-2000)
- 24 — Fallbrook, Avocado West (1974-77)
- 19 — El Capitan, Grossmont North (2009-10)
- 17 — San Pasqual, Avocado (1995-96)
- 13 — San Marcos, Avocado (1979-81)
- 12 — San Marcos, Avocado West (1977-78)
- 12 — San Pasqual, Avocado (1996)
- 11 — Bishop's, Western (1975-76)
- 11 — San Marcos, Avocado East (1975-77)

Most Shutout Games (Season)

- 21 — Scripps Ranch (27 games, 2002)
- 20 — Serra (21 games, 1980)
- 20 — Hilltop (24, 1995)
- 19 — Serra (20, 1983)
- 19 — Serra (20, 1983)
- 19 — Serra (20, 1984)
- 19 — San Pasqual (26, 1996)
- 19 — Serra (27, 1998)
- 19 — Serra (27, 2000)
- 19 — San Pasqual (22, 2000)
- 18 — Serra (27, 1999)
- 18 — Serra (27, 2003)
- 17 — Morse (21, 1979)
- 17 — Serra (22, 1993)
- 16 — Serra (21, 1982)
- 16 — Serra (20, 1986)
- 16 — Serra (21, 1987)
- 16 — Serra (20, 1990)
- 16 — Serra (18, 1992)
- 16 — Serra (24, 1997)

Fewest Goals Allowed (Season)

- 1 — Serra (20 games, 1983)
- 1 — Morse (11, 1977)
- 1 — Serra (21, 1980)
- 1 — Serra (20, 1984)
- 2 — Serra (16, 1979)
- 2 — Serra (18, 1992)
- 3 — San Marcos (15, 1978)
- 3 — Serra (20, 1985)
- 4 — Morse (15, 1975)
- 4 — Serra (20, 1986)
- 4 — Serra (21, 1987)
- 4 — San Pasqual (22, 2000)

INDIVIDUAL RECORDS**Most Shutouts By One Goalie (Career)**

- 67 — Haley Exner, Scripps Ranch (2000-2003)
- 55 — Robyn Hancock, Serra (1994-97)
- 53 — Kerry Orr, Serra (1998-2000)
- 46 — Christi Barwick, Torrey Pines (2003-06)
- 44 — Sabina Harrington, Serra (1978-81)
- 39 — Kelly Ladendorf, Serra (1983-85)
- 34 — Lelani Reynolds, Hilltop (1992-95)
- 30 — Kaycee Gunion, Helix (2004-06)
- 29 — Mickey McGinn, San Marcos (1978-80)
- 28 — Myone Reese, Serra (1990-92)
- 24 — Allison Skinner, Serra (1990-92)
- 22 — Natalie Maches, Scripps Ranch (2004)
- 22 — Samantha Sprau, San Dieguito Academy (2005-08)
- 22 — Rebecca Walger, El Capitan (2007-09)
- 21 — KellyLu Downey, Oceanside (1979-81)
- 20 — Lyn Adams, San Marcos (1975-77)

Most Shutouts By One Goalie (Season)

17 — Samantha Sprau, San Dieguito Academy (2008)

Fewest Goals Scored On One Goalie (Career)

3 — Kelly Ladendorf, Serra (40 games, 1983-85)
 8 — Allison Skinner, Serra (34, 1990-92)
 9 — Lisa Nicosia, San Marcos (20, 1984)
 9 — Myone Reese, Serra (37)
 10 — Sabina Harrington, Serra (53, 1979-81)
 13 — Harue Marsden, Morse (23, 1977-78)
 13 — Mickey McGinn, San Marcos (41, 1978-80)
 17 — Lorie Rienstra, Fallbrook (26, 1979-80)
 26 — Diane Jenkins, Torrey Pines (1978-80)
 27 — KellyLu Downey, Oceanside (35, 1979-81)

Fewest Goals Scored On One Goalie (Season)

1 — Harue Marsden, Morse (1976)
 1 — Sabina Harrington, Serra (1980)
 1 — Kelly Ladendorf, Serra (1984)
 1 — Cappy Yeatman, Serra (1985)
 2 — Michelle Barend, San Pasqual (1976)
 2 — Ann Lops, Torrey Pines (1976)
 2 — Sabina Harrington, Serra (1979)
 2 — Kelly Ladendorf, Serra (1985)
 2 — Myone Reese, Serra (1990)
 2 — Allison Skinner, Serra (1992)

Most Goals Scored (Career)

106 — Mare Chung, Serra (1980-83)
 106 — Kris Fillat, Serra (1985-87)
 100 — Pauline Duenas, Hilltop (1993-96)
 97 — Kathy Thomas, Serra (1982-84)
 85 — Etheline Mendoza, Serra (1987-89)
 75 — Nikole Hollis, El Capitan (2006-09)
 72 — Amanda Combs, El Capitan (2004-06)
 71 — Cherie Freddie, Serra (1983-85)
 66 — Patti Caswell, Serra (1982-84)
 65 — Julia Taylor, Serra (1986-88)
 62 — Taryn Monjo, Serra (1998-2000)
 60 — Becky Steiger, San Marcos (1983-86)
 58 — Natalie Crane, Serra (1993-95)
 58 — Katie Griswold (2003-06)

Most Goals Scored (Season)

53 — Kris Fillat, Serra (1987)
 48 — Mare Chung, Serra (1982)
 48 — Amanda Combs, El Capitan (2006)
 46 — Mare Chung, Serra (1983)
 44 — Kathy Thomas, Serra (1984)
 39 — Etheline Mendoza, Serra (1989)
 38 — Lisa Barone, San Marcos (1987)
 37 — Patti Caswell, Serra (1984)
 36 — Kathy Thomas, Serra (1983) 3
 34 — Pauline Duenas, Hilltop (1995)
 33 — Kris Fillat, Serra (1986)
 33 — Nikole Hollis, El Capitan (2009)

Most Goals Scored (Game)

7 — Ann Beitler, Serra vs.Morse (10/14/93)
 7 — Paula Serrano, San Marcos vs.Morse (10/03/94)
 6 — Veronica Anguilar, Serra vs.Mission Bay (2/06/81)
 6 — Joyce Stewart, Morse vs.Patrick Henry (1/28/83)
 6 — Leslie Reinstra, Fallbrook vs.El Cajon Valley (10/18/83)
 6 — Etheline Mendoza, Serra vs.Bonita Vista (10/19/88)
 5 — 12 players tied

Most Assists (Career)

60 — Kori Jenkins, Serra (1995-97)
 54 — Taryn Monjo, Serra (1998-2000)
 53 — Samantha Gallup, Serra (1998-99)
 52 — Alice Martinez, El Capitan (2000-03)
 51 — Joanna Adamski, Serra (2005-07)
 49 — Julia Taylor, Serra (1986-88)
 48 — Nikole Hollis, El Capitan (2006-09)
 47 — Shirley Kessler, Serra (1985-87)
 47 — Barbara Hansen, Serra (1988-90)
 46 — Carolyn Lee, Serra (1996-98)
 42 — Etheline Mendoza, Serra (1987-89)
 40 — Kelsey Monagan, Serra (1987-89)
 40 — Jill Garcia, Serra (1996-98)
 38 — Jackie Ahinga, Serra (1998-2000)
 38 — Jamie Kahn, Serra (2001-2003)
 34 — Joy Driscoll, Serra (1991-93)
 34 — Kaitlin Duncan, Serra (2005-06)
 33 — Rocky Moffitt, Serra (2001-2003)
 31 — Tina Graff, Serra (1995-96)

Most Assists (Season)

42 — Samantha Gallup, Serra (1999)
 34 — Jill Garcia, Serra (1998)
 31 — Shirley Kessler, Serra (1987)
 31 — Carolyn Lee, Serra (1998)
 28 — Lauren Adamek, Serra (1999)
 27 — Alice Martinez, El Capitan (2003)
 26 — Kori Jenkins, Serra (1996)
 26 — Kelsey Monagan, Serra (1988)
 24 — Kori Jenkins, Serra (1997)
 24 — Erin Gray, Serra (1998)
 23 — Joy Driscoll, Serra (1993)
 22 — Taryn Monjo, Serra (1999)
 22 — Taryn Monjo, Serra (2000)
 22 — Jamie Kahn, Serra (2003)
 21 — Barbara Hansen, Serra (1989)
 21 — Jackie Ahinga, Serra (1999)
 21 — Kaitlin Duncan, Serra (2006)
 20 — Julia Taylor, Serra (1988)
 20 — Kari Labeta, Serra (1994)
 20 — Elizabeth Siemion (2008)

Most Assists (Game)

8 — Barbara Hansen, Serra vs.Morse (10/19/89)
 7 — Kori Jenkins, Serra vs.El Cajon Valley (11/05/96)
 5 — Kelsey Monagan, Serra vs.Bonita Vista (10/19/88)
 5 — Jena Smith, Serra vs.Morse (10/4/00)
 4 — Shirley Kessler, Serra vs.Morse (11/03/87)
 4 — Tina Montgomery, Serra vs.Bonita Vista (10/19/88)
 4 — Julia Taylor, Serra vs.Madison (10/28/88)
 4 — Ann Beitler, Serra vs.El Cajon Valley (9/30/93)
 4 — Joy Driscoll, Serra vs.Morse (11/09/93)
 4 — Shanel Goshler, Serra vs.Mission Bay (10/12/94)
 4 — Natalie Crane, Serra vs.Mission Bay (10/26/94)
 4 — Dalinda Banuelos, San Pasqual vs.Vista (11/12/96)
 4 — Kelli Gannon, San Pasqual vs.San Diego (9/28/96)
 4 — Kori Jenkins, Serra vs.Vista (9/27/97)
 4 — Carolyn Lee, Serra vs.Eastlake (9/25/98)
 4 — Taryn Monjo, Serra vs.Patrick Henry (11/3/00)
 4 — Elizabeth Siemion, San Dieguito Aca. vs. Mt. Carmel (2008)