

# GIRLS BASKETBALL

## TEAM CHAMPIONS

### DIVISION I

Date	Winner	Coach	Runner-up	Coach	Score
3/04/88	Mt. Carmel	Peggy Brose	Santana	Wade Vickery	57-47
3/04/89	Point Loma	Lee Trepanier	Mira Mesa	Gary Blevins	44-25
3/02/90	Mt. Carmel	Peggy Brose	Santana	Wade Vickery	56-55
3/02/91	Poway	Jay Trousdale	Mt. Carmel	Tracey Johnson	55-41
3/07/92	Poway	Jay Trousdale	Mt. Carmel	Tracey Johnson	55-33
3/04/93	Rancho Bernardo	Peggy Brose	Poway	Jay Trousdale	48-38
3/04/94	Vista	Pat Moramarco	Poway	Jay Trousdale	51-41
3/04/95	Poway	Jay Trousdale	Rancho Bernardo	Peggy Brose	61-55
3/01/96	Rancho Bernardo	Peggy Brose	Vista	Pat Moramarco	48-46
3/07/97	Rancho Bernardo	Peggy Brose	RB Vista	Kathy George	51-47
3/07/98	RB Vista	Kathy George	El Camino	Terry Scaife	50-22
3/05/99	El Camino	Terry Scaife	El Capitan	Jim Mottershaw	56-48
3/04/00	Mt. Carmel	Robin Blalock	El Camino	Terry Scaife	55-54 (OT)
3/02/01	Mt. Carmel	Robin Blalock	El Camino	Terry Scaife	54-47
3/02/02	El Camino	Vicki Evans-Thomas	Poway	Jay Trousdale	48-29
3/07/03	El Camino	Vicki Evans-Thomas	Poway	Jay Trousdale	66-34
3/05/04	San Diego**	Marlon Wells	Mt. Carmel	Robin Blalock	61-56
3/05/05	Carlsbad	Mark Pixley	San Diego	Marlon Wells	58-53
3/04/06	San Diego	Marlon Wells	Eastlake	Janet Eleazar	65-61
3/03/07	Eastlake	Janet Eleazar	Helix	Tina Meridith	61-47
2/29/08	Poway	Jay Trousdale	Bonita Vista	Wayne Wooten	50-46
3/07/09	La Costa Canyon	John Labeta	Poway	Jay Trousdale	47-33
3/06/10	San Diego	Lonnie Jones	Poway	Jay Trousdale	68-56
3/05/11	La Costa Canyon	John Labeta	San Diego	Lonnie Jones	76-41

### DIVISION II

Date	Winner	Coach	Runner-up	Coach	Score
3/04/88	San Pasqual*	Lori Becker	Fallbrook	Gerry Port	45-40
3/04/89	Vista	Joe DeMaria	San Marcos	Bob Kellison	65-51
3/03/90	Point Loma	Lee Trepanier	San Pasqual	Terri Bamford	62-34
3/02/91	El Cajon Valley	Robert Holm	Carlsbad	John Duperville	55-42
3/07/92	Carlsbad	John Duperville	University City	Steve Vukojevich	53-43
3/04/93	University City	Steve Vukojevich	Carlsbad	John Duperville	46-37
3/04/94	Mission Bay	Larry Willis	Escondido	Lori Becker	68-44
3/04/95	Torrey Pines	Ken Baumann	Scripps Ranch	Dan Regas	75-69
3/01/96	Scripps Ranch	Dan Regas	Santana Wade	Vickery	67-60
3/07/97	Santana	Wade Vickery	Montgomery	Lori Morris	49-48
3/07/98	Eastlake	Larry Armbrust	Santana	Kris Farris	60-58
3/05/99	University City	Kathy Platt	La Jolla	Nancy Moyer	54-42
3/04/00	Santana	Wade Vickery	University City	Kathy Platt	50-47
3/02/01	University City	Jennifer Gross	Santana	Wade Vickery	48-39
3/02/02	Orange Glen	Phill Anderson	Mount Miguel	Robbie Sandoval	52-41
3/07/03	Mount Miguel	Robbie Sandoval	El Capitan	Darin Curtis	55-49 (2 OT)
3/05/04	Mount Miguel	Robbie Sandoval	Ramona	Dan Marshall	58-44
3/04/05	Mount Miguel	Robbie Sandoval	El Capitan	Darin Curtis	53-47
3/03/06	Mt. Carmel	Robin Blalock	Mount Miguel	Robbie Sandoval	52-51
3/02/07	Mt. Carmel	Robin Blalock	Montgomery	Lori Morris	60-49
3/01/08	Mt. Carmel	Robin Blalock	Westview	Bob McHeffey	50-44
3/06/09	West Hills	Ryan Kinser	Mount Miguel	Robbie Sandoval	46-44
3/05/10	West Hills	Ryan Kinser	Westview	Bob McHeffey	40-25
3/04/11	Westview	Bob McHeffey	Mt. Carmel	Tim Jollett	50-44

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## DIVISION III

Date	Winner	Coach	Runner-up	Coach	Score
3/04/88	Ramona	Joe Bess	Lincoln Prep	Dorothy Robinson	41-23
3/04/89	USDHS	Rob Gorney	Ramona	Joe Bess	54-46
3/01/90	OLP	Yvonne Sanchez	Lincoln Prep	Dorothy Robinson	67-60
3/01/91	Santana	Wade Vickery	Kearny	Joe Hernandez	46-36
3/05/92	OLP	Yvonne Sanchez	West Hills	LuAnn Gores	61-38
3/01/93	USDHS	Sean Doyle	Santana	Wade Vickery	52-44
3/04/94	Santana	Wade Vickery	Scripps Ranch	Dan Regas	61-53
3/04/95	Santana*	Wade Vickery	OLP	Lyn Anastasio	52-28
3/01/96	Eastlake	Larry Armbrust	USDHS	Sean Doyle	75-47
3/08/97	Eastlake*	Larry Armbrust	USDHS	Richard Butcher	51-35
3/07/98	Kearny	Scotty Gilbert	USDHS	Demetrius Laffitte	48-42
3/05/99	Kearny	Scotty Gilbert	USDHS	Demetrius Laffitte	44-40 (OT)
3/04/00	Kearny	Scotty Gilbert	USDHS	Demetrius Laffitte	47-35
3/02/01	USDHS	Demetrius Laffitte	Valley Center	Tiffany Vasquez	53-43
3/02/02	Santana	Wade Vickery	University City	Jennifer Gross	69-59
3/08/03	Mission Bay*	Melissa Barker	Kearny	Scotty Gilbert	59-53
3/05/04	Mission Bay	Melissa Barker	Kearny	Scotty Gilbert	48-41
3/05/05	Santana	Wade Vickery	Valley Center	Mark Melton	47-39
3/04/06	Santana	Wade Vickery	Kearny	Scotty Gilbert	71-59
3/03/07	Mount Miguel	Robbie Sandoval	Cathedral Catholic	Melissa Padgett	55-39
2/29/08	Cathedral Catholic	Melissa Padgett	Mount Miguel	Robbie Sandoval	56-50
3/07/09	Canyon Crest	Terry Ryan	OLP	Norman Guay	56-51
3/06/10	Mount Miguel	Robbie Sandoval	OLP	Norman Guay	57-49
3/05/11	Mount Miguel	Robbie Sandoval	Cathedral Catholic	Nicky Geis	63-55

## DIVISION IV

Date	Winner	Coach	Runner-up	Coach	Score
3/05/88	Holtville	Mike Pacheco	Coronado	William Cass	47-34
3/02/89	Holtville	Mike Pacheco	Coronado	Ernie Dickerson	44-30
3/02/90	Holtville	Mike Pacheco	Coronado	William Cass	57-31
3/01/91	Lincoln Prep	Dorothy Robinson	Coronado	William Cass	63-34
3/05/92	Lincoln Prep	Dorothy Robinson	Coronado	William Cass	58-43
3/01/93	Coronado	Brad Couture	Lincoln Prep	Dorothy Robinson	55-50
3/04/94	Lincoln Prep	Dorothy Robinson	Holtville	Tom Peckham	58-43
3/04/95	Clairemont	Lamont Jackson	Holtville	Tom Peckham	52-50 (OT)
3/01/96	Coronado	William Cass	Lincoln Prep	Dorothy Robinson	43-41
3/08/97	Bishop's	Fentriss Winn	Coronado	William Cass	56-38
3/07/98	Bishop's	Fentriss Winn	Coronado	William Cass	50-28
3/05/99	Bishop's*	Fentriss Winn	Horizon	Alan Nazamura	48-22
3/04/00	Bishop's*	Fentriss Winn	Coronado	Toler Goodwin	48-20
3/02/01	Bishop's#	Fentriss Winn	Lincoln Prep	Dorothy Robinson	75-42
3/02/02	Bishop's	Fentriss Winn	Coronado	Toler Goodwin	72-31
3/07/03	La Jolla Country Day**	Terri Bamford	Bishop's	Lakeysa Wright	73-54
3/06/04	La Jolla Country Day**	Terri Bamford	Bishop's	Lakeysa Wright	57-31
3/05/05	La Jolla Country Day*	Terri Bamford	Bishop's	John Farrell	59-47
3/03/06	La Jolla Country Day*	Terri Bamford	Bishop's	John Farrell	44-37
3/03/07	La Jolla Country Day*	Terri Bamford	Francis Parker	Lakeysa Wright	45-38
3/01/08	La Jolla Country Day**	Terri Bamford	Bishop's	Marlon Wells	56-38
3/07/09	Bishop's	Marlon Wells	Mater Dei#	David Monroe	71-63
3/06/10	La Jolla Country Day	Terri Bamford	Bishop's	Marlon Wells	62-51
3/05/11	La Jolla Country Day*	Terri Bamford	Bishop's	Marlon Wells	79-50

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## DIVISION V

Date	Winner	Coach	Runner-up	Coach	Score
3/05/88	La Jolla Country Day	Jack Wigley	Lutheran	Steve Kuschel	48-32
3/02/89	La Jolla Country Day	Jack Wigley	Calvin Christian	Ron Smith	49-47
3/02/90	La Jolla Country Day	Jack Wigley	Christian	Rod Bell	70-63
3/02/91	Christian+	Ken Weeks	Calvin Christian	Preston Bruxvoort	63-51
3/07/92	Christian#	Mike Zazvrskey	Julian	Carl Focarelli	75-47
3/04/93	Christian+	Ken Grainger	Bishop's	Richard Butcher	53-48
3/04/94	Christian**	Ken Grainger	Bishop's	Fentriss Winn	64-46
3/04/95	Christian#	Ken Grainger	Julian	Carl Focarelli	86-52
3/01/96	Julian*	Carl Focarelli	Horizon	Lamont Jackson	53-35
3/08/97	Horizon	Richard Andujo	Christian	Scott Oatsvall	49-45
3/07/98	Horizon	Richard Andujo	Julian	Carl Focarelli	63-53
3/05/99	Santa Fe Christian	Tobie Braun	Francis Parker	Nicole Anderson	53-52
3/04/00	Santa Fe Christian**	Paul Clark	La Jolla Country Day	Terri Bamford	49-39
3/02/01	La Jolla Country Day#	Terri Bamford	Santa Fe Christian	Paul Clark	66-39
3/02/02	La Jolla Country Day#	Terri Bamford	Julian	Jennifer Hylie	108-35
3/07/03	Santa Fe Christian	Paul Clark	Calvin Christian	Scott Boyens	34-28
3/06/04	Santa Fe Christian	Paul Clark	Julian	Jennifer Wylie	67-43
3/04/05	Santa Fe Christian	Paul Clark	Calipatria	Martin Gaines	41-34
3/04/06	Julian	Mark Aumann	Santa Fe Christian	Paul Clark	52-44
3/02/07	Calvin Christian	Scott Boyens	Christian Life	Todd Nash	48-35
2/29/08	Calvin Christian*	Brad Jansen	Escondido Adventist	Michael DeFreece	41-28
3/06/09	Christian Life	Scott Boyens	Vincent Memorial	Jesus Gonzalez	54-29
3/05/10	Christian Life	Scott Boyens	Vincent Memorial	Jesus Gonzalez	82-54
3/04/11	Horizon	Victoria Carrington	Christian Life	Scott Iverson	61-42

## CLASS 3A

Date	Winner	Coach	Runner-up	Coach	Score
6/01/82	Fallbrook	Buck White	Madison	RaNae Seaman	43-32
6/01/83	Poway	Dave Boulware	Bonita Vista	Ralph Carrier	57-46
2/29/84	Santana	Wade Vickery	Patrick	Henry John Ferguson	54-50
2/27/85	Point Loma#	Lee Trepanier	Fallbrook	Buck White	86-52
3/08/86	Point Loma#	Lee Trepanier	Monte Vista	Manny Silva	65-42
3/07/87	Point Loma#	Lee Trepanier	Vista	Joe DeMaria	52-39

## CLASS 2A

Date	Winner	Coach	Runner-up	Coach	Score
5/10/75	Hilltop	Janet Balsley	Helix	Marianne Loftus	41-38
5/22/76	Helix	Marianne Loftus	Fallbrook	Buck White	35-31
5/26/77	El Capitan	Ross Furrow	Fallbrook	Buck White	60-57
5/25/78	Fallbrook	Buck White	El Capitan	Ross Furrow	52-47
5/23/79	Patrick Henry	Fritz Ziegenfuss	Valhalla	Dennis Biletnikoff	46-45
5/30/80	Helix	John Singer	Patrick Henry	Fritz Ziegenfuss	41-40
5/29/81	Patrick Henry	Fritz Ziegenfuss	Helix	John Singer	45-36
6/01/82	San Marcos	Gary Keith	Chula Vista	Larry Armbrust	59-38
6/01/83	El Camino+	Ray Johnson	Chula Vista	Larry Armbrust	71-61
2/29/84	Point Loma#	Lee Trepanier	El Camino	Ray Johnson	64-47
2/27/85	El Camino**	Ray Johnson	USDHS	Dana Shelburne	75-42
3/08/86	San Marcos	Bob Kellison	Southwest	John Boone	55-52
3/07/87	La Jolla	Lori Schwalbach	San Pasqual	Brad Merrill	44-40

+ Southern California Regional Champion \* Southern California Regional Runner-up

\*\* Southern California Regional Champion and State CIF Runner-Up # Southern California Regional Champion and State CIF Champion

## GIRLS BASKETBALL

### CIFSDS HALL OF CHAMPIONS/ MEDIA PLAYER OF THE YEAR

1996 — Alissa Murphy, Scripps Ranch  
 1997 — Eisha Bohman, RB Vista  
 1998 — Eisha Bohman, RB Vista  
 1999 — Kendra Rhea, El Capitan  
 2000 — La Toya Bristow, El Camino  
 2001 — Candice Wiggins, LJCD  
 2002 — Candice Wiggins, LJCD  
 2003 — Candice Wiggins, LJCD  
 2004 — Candice Wiggins, LJCD and  
 Charde Houston, San Diego  
 2005 — Jerica Williams, Mount Miguel  
 2006 — Jordan Franey, Santana  
 2007 — Paris Johnson, San Diego  
 2008 — Dominique Conners, LJCD  
 2009 — Gizelle Studevart, Bishop's  
 2010 — Ariana Elegado, LJCD  
 2011 — Danielle Miller, Mount Miguel

### CIFSDS COACHES DIVISION PLAYER OF THE YEAR

1975 — Deanna Castro, Helix  
 1976 — Debbie Baer, Helix  
 1977 — Gayle Suttles, El Capitan and  
 Jaima Oxley, Fallbrook  
 1978 — Tami Fick, Coronado  
 1979 — LuAnn Gores, Valhalla  
 1980 — Kirsten Cummings, Patrick Henry  
 1981 — Kirsten Cummings, Patrick Henry  
 1982 — Cathy O'Brien, San Marcos  
 1983 — Debbie Dunbar, Fallbrook  
 1984 — Suzanne Eagye, Point Loma  
 1985 — Terri Mann, Point Loma  
 1986 — Terri Mann, Point Loma  
 1987 — Terri Mann, Point Loma  
 1988 — Chris Enger, Vista  
  
 1989 — Chris Enger, Vista and  
 Monica Filer, Point Loma (3A)  
 Susie O'Brien, San Marcos and  
 Christina Willis, Mission Bay (2A)  
 Betsy Wilgenburg, C. Christian (1A)  
  
 1990 — Tyeast Brown, Point Loma (3A)  
 Christina Adams, Grossmont and  
 Mildred Conston, Oceanside (2A)  
 Vicki Teter, Julian (1A)  
  
 1991 — Christian Murguia, Castle Park (3A)  
 Sheila Dixon, Lincoln Prep and  
 Desiree Weiman, Santana (2A)  
 Annetta DeJong, Calvin Christian  
 and Isabel Schoepflin, LJCD (1A)  
  
 1992 — Jamie Shadian, Poway (3A)  
 Heather Holm, El Cajon (2A)  
 Juli Cheskaty, Francis Parker (1A)  
  
 1993 — Lorraine Watson, R. Bernardo  
 and Jamie Shadian, Poway (3A)  
 Vanessa Nygaard, Carlsbad (2A)  
 Amanda Undegraff, Bishop's (1A)

1994 — DeAngela Minter, Vista (Div I)  
 Adia Barnes, Mission Bay and  
 Reco Edwards, El Cajon (Div II)  
 Alissa Murphy, Sc. Ranch (Div III)  
 Shondel Robinson, Lincoln (Div IV)  
 Stephanie Shadwell, Christian and  
 Amanda Undegraff, Bishop's (Div V)  
  
 1995 — Kelly Speas, R. Bernardo (Div I)  
 Alissa Murphy, Sc. Ranch (Div II)  
 Susie Erpelding, OLP (Div III)  
 Dawn Page, Clairemont (Div IV)  
 Stephanie Shadwell, Christian (Div V)  
  
 1996 — Courtney Bale, Vista (Div I)  
 Alissa Murphy, Scripps Ranch and  
 Sophia Sledge, Santana (Div II)  
 Jacqueline Montalban, Eastlake  
 (Div III)  
 Vanessa Bowman, Coronado  
 (Div IV)  
 April Olsen, Julian (Div V)  
  
 1997 — Eisha Bohman, RB Vista (Div I)  
 Paige Sutton, Santana (Div II)  
 Jacqueline Montalban, Eastlake  
 (Div III)  
 Angela Ortega, Bishop's (Div IV)  
 Tracey Epps, Christian (Div V)  
  
 1998 — Eisha Bohman, RB Vista (Div I)  
 Debbie Stanton, Eastlake (Div II)  
 Triola Alexander, Kearny (Div III)  
 Brianna Winn, Bishop's (Div IV)  
 Katie Magnuson, Horizon (Div V)  
  
 1999 — Kendra Rhea, El Capitan (Div I)  
 Shannon Torregrosa,  
 University City (Div II)  
 Triola Alexander, Kearny (Div III)  
 Kirsten Grimm, Bishop's (Div IV)  
 Brandi Collato, SF Christian (Div V)  
  
 2000 — La Toya Bristow, El Camino (Div I)  
 Kathryn Wynne, Santana (Div II)  
 Triola Alexander, Kearny (Div III)  
 Kirsten Grimm, Bishop's (Div IV)  
 Brandi Collato, SF Christian (Div V)  
  
 2001 — Candace Doung, Mt. Carmel (Div I)  
 Breezy Ambort, University City  
 (Div II)  
 Alexis Castro, USDHS (Div III)  
 Brianna Winn, Bishop's (Div IV)  
 Candice Wiggins, LJCD (Div V)  
  
 2002 — Jamie Campbell, Mt. Carmel (Div I)  
 Christine Fitzgerald, Mt. Miguel  
 (Div II)  
 Jackie Turpin, Santana (Div III)  
 Mallorie Winn, Bishop's (Div IV)  
 Candice Wiggins, LJCD (Div V)  
  
 2003 — Charde Houston, San Diego (Div I)  
 None selected (Div II)  
 Amber Sprague, M. Bay (Div III)  
 Candice Wiggins, LJCD (Div IV)  
 Kelly Leppert, SF Christian (Div V)

2004 — Charde Houston, San Diego (Div I)  
 Allison Duffy, El Capitan (Div II)  
 Amber Sprague, M. Bay (Div III)  
 Candice Wiggins, LJCD (Div IV)  
 Kelly Leppert, SF Christian (Div V)  
  
 2005 — Lauren Aadland, Carlsbad (Div I)  
 Jerica Williams, Mt. Miguel (Div II)  
 Jordan Franey, Santana (Div III)  
 Mercedes Fox-Griffin, LJCD  
 (Div IV)  
 Robin Darcy, SF Christian (Div V)  
  
 2006 — Paris Johnson, San Diego (Div I)  
 Whitney Spence, Mt. Carmel (Div II)  
 Jordan Franey, Santana (Div III)  
 Kathleen Roehrkasse, Bishop's  
 (Div IV)  
 Robin Darcy, SF Christian (Div V)  
  
 2007 — Brittany Palmer, Eastlake (Div I)  
 Jenna Briete, Mt. Carmel (Div II)  
 Precious Robinson, Mount Miguel  
 (Div III)  
 Dominique Conners, LJCD (Div IV)  
 Briana Jackson, Calvin Christian  
 (Div V)  
  
 2008 — Danielle Boykin, Bonita Vista (Div I)  
 Kelly Hansen, Mt. Carmel (Div II)  
 Victoria Lippert, Cathedral  
 (Div III)  
 Janae Fulcher, LJCD (Div IV)  
 Lissette Covarrubias,  
 Vincent Memorial (Div V)  
  
 2009 — Emily Osga, Patrick Henry (Div I)  
 Danesia Williamson,  
 Mount Miguel (Div II)  
 Ashley Guay, OLP (Div III)  
 Jhazmine Lynch, Mater Dei (Div IV)  
 Kimmy Iverson,  
 Christian Life (Div V)  
  
 2010 — Tia Dixon, San Diego (Div I)  
 Marilyn Naderhoff,  
 West Hills (Div II)  
 Y'vonte Neal,  
 Mount Miguel (Div III)  
 Ariana Elegado, LJCD (Div IV)  
 Melanie Lombardi,  
 Christian Life (Div V)  
  
 2011 — Jen Dumiak, LCC (Div I)  
 Melissa Peng, Westview (Div II)  
 Danielle Miller, Mt. Miguel (Div III)  
 Kelsey Plum, LJCD (Div IV)  
 Kimbrel Flournoy, Horizon (Div V)

## TEAM RECORDS

### Most Points (Game)

159 — San Pasquale vs. Guajome Park ( )  
 137 — Kearny vs. Morse (48), (1/31/03)  
 135 — LJC vs. Tri-City Christian (1/30/04)  
 123 — Eastlake vs. Gila Bend (AZ), (12/29/95)  
 122 — Chula Vista vs. Castle Park (10), (1/04/84)  
 122 — El Camino vs. Carlsbad (26), (1/10/85)  
 122 — Point Loma vs. Mira Mesa (30), (2/19/86)  
 122 — San Diego vs. Oceanside (12/27/01)  
 121 — El Camino vs. Ramona (16), (1/17/85)  
 119 — Christian vs. Crawford (13), (1/24/95)  
 117 — Christian vs. Mar Vista (8), (1/04/95)  
 116 — Kearny vs. Patrick Henry (12/14/00)  
 115 — El Camino vs. Basic (NV) (16), (12/28/84)  
 115 — San Diego vs. Patrick Henry (58), (2/07/03)  
 114 — Rancho Bernardo vs. Sweetwater (18), (2/23/93)  
 113 — Chula Vista vs. Mar Vista (19), (4/22/82)  
 113 — Rancho Bernardo vs. York House (12/28/98)

### Most Points (One Quarter)

45 — Christian vs. Sweetwater (11/25/94)  
 44 — Christian vs. Crawford (1/24/95)  
 43 — Morse vs. Patrick Henry (12/27/97)  
 43 — Kearny vs. Patrick Henry (12/14/00)  
 40 — Holtville vs. Vincent Memorial (2/15/94)  
 40 — Eastlake vs. Gila Bend (AZ), (12/29/95)  
 39 — Point Loma vs. Serra (1/17/86)  
 39 — Christian vs. Eastlake (11/26/94)  
 38 — Fallbrook vs. Orange Glen (4/22/82)  
 38 — Francis Parker vs. Victory Christian (1/12/84)  
 38 — LJC vs. Tri-City Christian (1/30/04)  
 38 — Valley Center vs. Horizon (12/02/04)  
 37 — Mt. Carmel vs. San Dieguito (1/23/87)  
 37 — Eastlake vs. Castle Park (1/28/97)  
     vs. Hilltop (2/04/97)  
 37 — Morse vs. Carson (12/31/97)  
 37 — Kearny vs. Morse (1/31/03)  
 37 — San Diego vs. Morse (2/04/03)  
     vs. Calexico (2/25/03)  
 37 — Eastlake vs. San Ysidro (2/01/08)

### Consecutive League Champion or Co-Champion

13 — Holtville, Desert (1984-96)  
 12 — Eastlake, (1995-2007)  
 10 — Fallbrook, Palomar (1974-83)  
 10 — Santana, Grossmont 2A & Grossmont North (1987-95)  
 9 — Point Loma, Western (3) & Eastern (6), (1982-90)  
 8 — Julian, Citrus East (1997-2004)  
 6 — Calvin Christian, Citrus (1990-95)  
 6 — Christian, Harbor (1991-94)  
 6 — Morse, Eastern (1993-98)  
 6 — Mt. Miguel, Grossmont South (2001-2006)  
 6 — Bonita Vista, (2001-2006)  
 4 — Patrick Henry, Eastern (1978-81)  
 4 — San Marcos, Palomar & Avocado (1979-82)  
 4 — La Jolla, Western (1985-88)  
 4 — Bishop's, Coastal (1991-94)  
 4 — LJC, Coastal South (2000-2004)

### Longest Home Court Winning Streak

143 — Point Loma (1981-88)  
 63 — Fallbrook (1975-80)  
 52 — Patrick Henry (1978-81)  
 44 — LJC (1999-2004)  
 41 — Fallbrook (1980-83)  
 33 — Kearny (1977-79)  
 28 — Helix (1979-81)  
 26 — Santana (1982-85)  
 25 — Kearny (1975-77)

### Longest Winning Streak

74 — Point Loma (1985-88)  
 62 — Point Loma (1983-85)  
 44 — Fallbrook (1978-79)  
 42 — Fallbrook (1982-83)  
 41 — Helix (1979-81)  
 34 — Helix (1975-77)  
 26 — El Capitan (1976-77)  
 26 — Mt. Miguel (2002-2003)  
 25 — San Marcos (1979-80)  
 24 — San Diego (2006)  
 23 — San Marcos (1981-82)  
 23 — Santana (1984-85)  
 23 — Poway (1990-91)

### Most Southern California Regional Championships

5 — Christian, Ken Weeks (coach) Div V, (1991)  
     Mike Zazvrskey, Div V, (1992)  
     Ken Grainger, Div V, (1993, 1994, & 1995)  
 4 — Point Loma, Lee Trepanier, Div II, (1984)  
     Lee Trepanier, Div I, (1985, 1986, & 1987)  
 4 — LJC, Terri Bamford, Div V, (2001 & 2002)  
     Terri Bamford, Div IV (2003 & 2004)  
 1 — El Camino, Ray Johnson, Div II, (1985)  
 1 — Lincoln Prep, Dot Robinson, Div IV, (1992)

### Most State CIF Championships

4 — Point Loma, Lee Trepanier (coach), Div II, (1984)  
     Lee Trepanier, Div I, (1985, 1986, & 1987)  
 2 — LJC, Terri Bamford, Div V, (2001 & 2002)  
 2 — Christian, Mike Zazvrskey, Div V, (1992)  
     Ken Grainger, Div V, (1995)

### Most 3-Point Field Goals Attempted (Season)

754 — Westview (2008)  
 683 — Vista (1999)  
 647 — Vista (2000)  
 592 — Westview (2007)  
 536 — Vista (1994)  
 507 — Monte Vista (2001)  
 480 — West Hills (2004)  
 478 — LJC (2001)  
 472 — Eastlake (2008)  
 468 — Westview (2006)  
 437 — Rancho Bernardo (1999)  
 429 — Monte Vista (2000)  
 419 — LJC (2004)  
 417 — Rancho Bernardo (1995)  
 410 — LJC (2002)  
 381 — Eastlake (2007)  
 379 — Westview (2005)  
 376 — Torrey Pines (1997)

### Most 3-Point Field Goals Made (Season)

236 — El Cajon Valley (1999)  
 231 — Westview (2008)  
 213 — Santana (1996)  
 188 — Vista (2000)  
 178 — Santana (1995)  
 174 — Vista (1999)  
 169 — Westview (2007)  
 166 — Santana (1994)  
 164 — Vista (1998)  
 157 — Santana (1993)  
 154 — Rancho Bernardo (1999)  
 153 — LJC (2004)  
 149 — Eastlake (2008)  
 146 — Vista (1994)  
 146 — Holtville (1995)  
 146 — LJC (2001)

# GIRLS BASKETBALL

## Most 3-Point Field Goals Attempted (Game)

- 41 — Monte Vista vs. Hilltop (12/28/00)
- 38 — Vista vs. Fallbrook (1/05/99)
- 37 — Vista vs. San Marcos (1/28/99)
- 36 — Vista vs. Valhalla (12/16/99)
- 34 — Vista vs. Oceanside (1/06/00)
- 33 — Monte Vista vs. Burbank (12/28/99)
- 32 — Vista vs. El Toro (12/11/99)  
vs. Rancho Bernardo (2/26/00)
- 32 — Westview vs. Santana (12/03/07)
- 31 — Westview vs. Bishop's (12/15/07)  
vs. Bonita Vista (12/14/07)
- 30 — Vista vs. El Toro (12/12/98)  
vs. San Marcos (2/16/99)  
vs. Jasper Place (12/16/99)  
vs. RB Vista (2/17/00)
- 30 — Monte Vista vs. Clairemont (12/12/00)
- 30 — West Hills vs. Mar Vista (1/05/04)
- 30 — Westview vs. Vista del Lago (12/27/07)
- 29 — Vista vs. West Hills (12/15/98)  
vs. Eastlake (12/29/98)
- 29 — Monte Vista vs. Fallbrook (1/30/00)
- 29 — West Hills vs. Grossmont (2/20/04)
- 29 — Westview vs. Mt. Carmel (1/25/08)  
vs. La Costa Canyon (1/18/08)
- 28 — Vista vs. West Hills (2/23/00)
- 27 — Vista vs. El Camino (12/16/92)
- 27 — Monte Vista vs. Valhalla (2/09/01)
- 27 — West Hills vs. El Capitan (1/27/04)

## Most 3-Point Field Goals Made (Game)

- 15 — Rancho Bernardo vs. York House (12/28/98)
- 13 — Santana vs. Oceanside (2/25/94)
- 13 — Rancho Bernardo vs. RB Vista (2/09/99)
- 13 — Vista vs. West Hills (2/23/00)
- 13 — Vista vs. Rancho Bernardo (2/26/00)
- 12 — Vista vs. Fallbrook (1/05/99)
- 12 — Vista vs. RB Vista (2/17/00)
- 12 — Calvin Christian vs. Tri-City Christian (12/17/04)
- 11 — Santana vs. El Camino (12/23/92)
- 11 — Santana vs. West Hills (1/15/93)
- 11 — Santana vs. Chinle (AZ), (12/17/94)
- 11 — Rancho Bernardo vs. Vista (2/11/99)
- 11 — Rancho Bernardo vs. Eastlake (12/20/02)
- 11 — Vista vs. Casa Robles (12/30/97)
- 11 — Vista vs. Poway (1/18/00)
- 11 — Kearny vs. Mira Mesa (2/16/01)
- 11 — Monte Vista vs. Fallbrook (1/30/00)
- 11 — LJCD vs. Horizon (2/11/02)
- 11 — San Diego vs. La Costa Canyon (2/28/03)
- 11 — Ramona vs. San Pasqual (1/14/05)
- 11 — Carlsbad vs. Rancho Bernardo (12/31/05)
- 11 — Westview vs. Santana (12/03/07)
- 11 — Westview vs. La Costa Canyon (1/18/08)
- 10 — By 13 teams.

## Highest Percentage 3-Point Field Goals Made (Season)

(Minimum 100 Attempts)

- 43.1 — Grossmont (106 FGM/246 FGA, 1990)
- 42.1 — Vista (53/126, 1991)
- 40.2 — Rancho Bernardo (43/107, 1992)
- 37.0 — Mission Bay (68/184, 1994)
- 36.5 — LJCD (153/419, 2004)
- 35.5 — Christian (109/307, 1995)
- 35.2 — Rancho Bernardo (154/437, 1999)
- 34.5 — Granite Hills (107/310, 1991)
- 34.3 — Rancho Bernardo (143/417, 1995)
- 33.0 — Eastlake (87/260, 1998)
- 32.4 — Bishop's (91/281, 1994)

## Fewest Points Scored by Winning Team

- 18 — Chula Vista vs. Castle Park (16), (1976)
- 20 — San Pasqual vs. San Marcos (18), (3/26/76)
- 21 — Warner vs. Venture Christian (18), (1/07/05)
- 24 — Granite Hills vs. Helix (19), (3/20/75)
- 24 — Borrego Springs vs. Tri-City Christian (22), (1/21/93)
- 25 — El Cajon Valley vs. Granite Hills (22), (4/24/81)
- 25 — Montgomery vs. El Cajon Valley (19), (11/30/85)
- 26 — Borrego Springs vs. Lutheran (25), (1/25/93)
- 26 — EC Southwest vs. Brawley (23), (1/18/05)
- 26 — El Capitan vs. El Cajon Valley (23), (2/3/10)
- 27 — Oceanside vs. Point Loma (23), (1/09/90)
- 27 — Calvary Christian vs. San Diego Academy (23), (2/05/02)
- 27 — Calvin Christian vs. Preuss (24), (2/28/03)
- 27 — Preuss vs. Lutheran (20), (12/28/04)
- 28 — Borrego Springs vs. Lutheran (25), (12/12/92)
- 28 — Warner vs. San Pasqual (26), (1/31/02)
- 28 — Coronado vs. Pt. Loma (22), (12/28/04)
- 29 — Orange Glen vs. Fallbrook (27), (1/14/92)

## Longest League/Conference Winning Streak

- 66 — Point Loma, Western & Eastern (1982-88)
- 64 — Julian, Citrus East (-2004)
- 57 — El Camino, Avocado (1996-2002)
- 52 — Mt. Miguel, Grossmont South (ended 2/07/06)
- 49 — Patrick Henry, Eastern (1978-81)
- 48 — Santana, Grossmont 2A (1987-90)
- 47 — San Marcos, Palomar & Avocado (1979-82)
- 46 — Holtville, Desert (1991-96)
- 41 — Santana, Grossmont (1983-86)
- 36 — Holtville, Mountain & Desert (1990-94)
- 35 — Holtville, Desert (1986-89)
- 30 — Chula Vista, Metro (1981-84)

## Most Points Scored Single Game (2 Teams)

- 185 — Kearny (137) vs. Morse (48), (1/31/03)
- 179 — San Diego (103) vs. Kearny (76), (2/11/03)
- 174 — LJCD (94) vs. Ribault (80), (12/05/03)
- 173 — San Diego (115) vs. Patrick Henry (58), (2/07/03)
- 170 — Rancho Bernardo (89) vs. Mt. Carmel (81), (2/16/99)
- 166 — Mt. Carmel (93) vs. Granite Hills (73), (2/27/91)
- 164 — Santana (85) vs. Vista (79), (12/30/95)
- 163 — Rancho Bernardo (83) vs. Vista (80), (2/08/94)
- 161 — Torrey Pines (82) vs. Mt. Carmel (79), (12/03/96)
- 160 — Eastlake (93) vs. USDHS (67), (12/06/96)
- 160 — Eastlake (80) vs. Crater (OR) (80), (12/28/96)
- 159 — San Pasqual Aca. (88) vs. Guajome Park (71), (2/10/06)
- 157 — Rancho Bernardo (82) vs. RB Vista (75), (1/23/96)
- 155 — Mt. Carmel (98) vs. San Dieguito (57), (1/23/87)
- 155 — Eastlake (107) vs. Sweetwater (48), (1/18/96)
- 155 — San Diego (103) vs. La Costa Canyon (52), (2/28/03)
- 154 — San Diego (116) vs. Morse (38), (2/12/02)

## Team Scoring Average (Season)

- 88.1 — San Diego, Marlon Wells (coach), (2003)
- 85.5 — El Camino, Ray Johnson, (1985)
- 83.2 — Point Loma, Lee Trepanier (1986)
- 81.3 — Point Loma, Lee Trepanier (1984)
- 78.6 — Kearny, Scotty Gilbert (2000)
- 76.8 — Point Loma, Lee Trepanier (1987)
- 76.5 — Santana, Wade Vickery (1996)
- 76.5 — Eastlake, Larry Armbrust (1997)
- 76.3 — El Camino, Ray Johnson (1984)
- 75.4 — LJCD, Terri Bamford (2004)
- 75.1 — Morse, William Cain (1998)
- 74.4 — Eastlake, Larry Armbrust (1996)
- 74.0 — Santana, Wade Vickery (1984)

## INDIVIDUAL RECORDS

### Most Points Scored (Career)

3,837 — Charde Houston, San Diego (2001-2004)  
 3,325 — Brandi Collato, Santa Fe Christian (1998-2001)  
 3,252 — Candice Wiggins, LJCD (2001-2004)  
 3,188 — Terri Mann, Point Loma (1984-87)  
 2,604 — London Houchin, Ramona (2003-06)  
 2,588 — Chris Enger, Vista (1986-89)  
 2,529 — Linda Pace, Francis Parker (2002-2003)  
 2,418 — Sharon Turner, El Camino (1982-85)  
 2,359 — Jacqueline Montalban, Eastlake (1994-97)  
 2,194 — Eisha Bohman, Rancho Buena Vista (1995-98)  
 2,190 — Allison Duffy, El Capitan (2003-2006)  
 2,190 — Jordan Franey, Santana (2003-06)  
 2,156 — Maria Brunker, Patrick Henry (1993-96)  
 2,019 — Monica Filer, Point Loma (1986-89)  
 2,006 — Stephanie Kindreich, El Capitan (1994-97)

### Most Points Scored (Season)

1,174 — Terri Mann, Point Loma (1987)  
 1,161 — Charde Houston, San Diego (2004)  
 1,087 — Brandi Collato, Santa Fe Christian (2001)  
 1,083 — Charde Houston, San Diego (2002)  
 1,025 — Charde Houston, San Diego (2003)  
 968 — Candice Wiggins, LJCD (2002)  
 921 — Kirsten Cummings, Patrick Henry (1981)  
 920 — Sharon Turner, El Camino (1985)  
 916 — Brandi Collato, Santa Fe Christian (2000)  
 897 — Susie O'Brien, San Marcos (1989)  
 874 — Chris Enger, Vista (1989)  
 873 — Brandi Collato, Santa Fe Christian (1999)  
 846 — Daphanie Kennedy, Kearny (2003)  
 822 — Heather Holm, El Cajon Valley (1992)  
 810 — Chris Enger, Vista (1988)  
 809 — London Houchin, Ramona (2006)  
 788 — Candice Wiggins, LJCD (2003)  
 784 — London Houchin, Ramona (2005)  
 778 — Reco Edwards, El Cajon Valley (1994)  
 767 — Alissa Murphy, Scripps Ranch (1994)  
 767 — Linda Pace, Francis Parker (2003)

### Most Points Scored (Game)

71 — Charde Houston, San Diego vs. Castle Park (12/09/02)  
 67 — Charde Houston, San Diego vs. Morse (2/12/02)  
 65 — Terri Mann, Point Loma vs. Chula Vista (12/31/86)  
 61 — Charde Houston, San Diego vs. West Hills  
 60 — Linda Neilson, Hilltop vs. Southwest (4/08/76)  
 60 — Sharon Turner, El Camino vs. Ramona (1/17/85)  
 58 — Charde Houston, San Diego vs. Scripps Ranch (2004)  
 55 — Kirsten Cummings, Patrick Henry vs. Hilltop (5/27/81)  
 55 — Terri Mann, Point Loma vs. Mira Mesa (2/19/86)  
 55 — Brandi Collato SF Christian vs. TC Christian (2/09/01)  
 53 — Charde Houston, San Diego vs. Calexico (2/25/03)  
 52 — Christina Adams, Grossmont vs. West Hills (1/23/90)  
 51 — Terri Mann, Point Loma vs. Madison (2/10/87)  
 51 — Vicki Teter, Julian vs. Vincent Memorial (1/12/89)  
 50 — Terri Mann, Point Loma vs. Hilltop (12/30/86)  
 50 — Christina Adams, Grossmont vs. Sweetwater (12/05/89)  
 vs. Valhalla (2/01/90)  
 50 — Reco Edwards, El Cajon Valley vs. West Hills (2/17/94)  
 50 — Janet Franey, Helix vs. Point Loma (12/01/97)  
 50 — Triola Alexander, Kearny (1999)  
 50 — Brandi Collato, SF Christian vs. C. Christian (1/19/01)  
 50 — Candice Wiggins, LJCD vs. Brentwood (3/11/04)  
 50 — Marissa Rivera, LJCD vs. Calvin Christian (1/20/04)

### Most Blocked Shots (Career)

1,112 — Adia Barnes, Mission Bay (1991-94)  
 923 — Shawn Wilcox, Westview (2003-06)  
 859 — Chris Enger, Vista (1986-89)  
 390 — Alisha Nater, Christian (1993-95)  
 351 — Mildred Conston, Oceanside (1987-90)  
 310 — Courtney Bale, Vista (1993-96)  
 284 — Kim Ward, Holtville (1991-94)  
 278 — Theresa Usher, University City (1997-2000)  
 277 — Amanda Undegraff, Bishop's (1991-94)  
 277 — Marissa Rivera, LJCD (2001-2004)  
 276 — Kris Grazzini, Mt. Carmel (1990-92)  
 260 — Kristen Carlson, Poway (1990-93)

### Most Blocked Shots (Season)

273 — Chris Enger, Vista (1988)  
 265 — Chris Enger, Vista (1989)  
 182 — Audrey Green, San Marcos (2003)  
 177 — Mildred Conston, Oceanside (1989)  
 174 — Mildred Conston, Oceanside (1990)  
 148 — Shawn Wilcox, Westview (2006)  
 142 — Brianna O'Brien, Vista (1997)  
 138 — Alisha Nater, Christian (1995)  
 138 — Shawn Wilcox, Westview (2005)  
 132 — Alisha Nater, Christian (1994)  
 129 — Courtney Bale, Vista (1996)  
 120 — Alisha Nater, Christian (1993)  
 117 — Kris Grazzini, Mt. Carmel (1990)  
 116 — Kristen Carlson, Poway (1993)

### Most Blocked Shots (Game)

18 — Audrey Green, San Marcos vs. Westview (1/07/03)  
 17 — Chris Enger, Vista vs. Helix (12/22/87)  
 17 — Mildred Conston, Oceanside vs. North (12/27/89)  
 vs. San Marcos (2/15/90)  
 15 — Chris Enger, Vista vs. Poway (12/16/88)  
 15 — Tinisha Patrick, Kearny vs. San Diego (1/04/05)  
 13 — Audrey Green, San Marcos vs. Patrick Henry (12/27/02)  
 12 — Kris Grazzini, Mt. Carmel vs. San Dieguito (1/04/91)  
 12 — Leah Vague, San Marcos vs. Torrey Pines (1/25/94)  
 12 — Kelly Clausen, TC Christian vs. Cornerstone (12/30/03)  
 12 — Paige Mintun, Valley Center vs. Horizon (12/27/04)  
 vs. San Pasqual (2/11/05)  
 12 — Erica Sanchez, Midway Baptist vs. Calvin Christian (2/25/06)  
 11 — Kris Grazzini, Mt. Carmel vs. Santana (12/20/89)  
 11 — Alisha Nater, Christian vs. Marian Catholic (2/11/94)  
 11 — Audrey Green, San Marcos vs. La Costa Canyon (12/11/02)  
 vs. Granite Hills (12/12/02)  
 vs. Steele Canyon (12/18/02)  
 vs. Vista (1/31/03)  
 11 — Shawn Wilcox, Westview vs. Valhalla (12/27/04)  
 vs. Oceanside (1/14/05)  
 10 — Audrey Green, San Marcos vs. Hoover (12/19/02)  
 vs. Hoover (12/26/02)  
 10 — Kris Grazzini, Mt. Carmel vs. Torrey Pines (1/15/91)  
 vs. Rancho Bernardo (3/04/92)  
 10 — Amanda Undegraff, Bishop's vs. Mt. Empire (1/14/94)  
 10 — Courtney Bale, Vista vs. Rancho Bernardo (3/01/96)  
 10 — Melanie Baker, Holtville vs. Julian (1/29/98)  
 10 — Rachel Edelen, Christian vs. Madison (2/11/03)  
 10 — Shawn Wilcox, Westview vs. Francis Parker (12/14/04)  
 10 — Paige Mintun, Valley Center, Whitney (12/28/04)  
 10 — Tinisha Patrick, Kearny vs. La Jolla (2/25/05)  
 10 — Desirae Evans, Marian Cath. vs. LC Canyon (12/22/05)  
 10 — Paris Johnson, San Diego vs. Foothill (12/28/05)  
 10 — Jessica Globe, Fallbrook vs. Valhalla (12/29/05)  
 10 — Erica Sanchez, Midway Baptist vs. Mtn. Empire (1/24/06)  
 10 — Nabila Gaines, Calipatria vs. Imperial (1/31/06)  
 10 — Paige Mintun, Valley Center vs. Kearny (2/01/06)

# GIRLS BASKETBALL

## Most Assists (Career)

1,005 — Cheyenne Curley-Payne, Eastlake (2006-09)  
863 — Consuelo Aranda, Vincent Memorial (2003-2006)  
828 — Stephanie Shadwell, Christian (1992-95)  
773 — Monica Filer, Point Loma (1986-89)  
670 — Tami Fick, Coronado (1976-78)  
648 — Nancy Caparaz, Southwest (1983-86)  
608 — Jennifer Reyes, Marian Catholic (1989-92)  
593 — Sarah Wilkins, Rancho Bernardo (1996-99)  
580 — Jaclyn Goldbarge, Grossmont (2002-2005)  
570 — Cheryl Sturzenegger, Fallbrook (1977-80)  
565 — Kelli Schott, Vista (1987-89)  
564 — Debbie Dunbar, Fallbrook (1980-83)  
553 — Jackie Turpin, Santana (2000-2002)

## Most Assists (Season)

390 — Monica Filer, Point Loma (1989)  
348 — Amy White, Julian (1994)  
312 — Tami Fick, Coronado (1978)  
271 — Betsy Wilgenburg, Calvin Christian (1989)  
264 — Cheyenne Curley-Payne (2009)  
258 — Jaclyn Goldbarge, Grossmont (2003)  
256 — Sharon Turner, El Camino (1985)  
256 — Consuelo Aranda, Vincent Memorial (2005)  
254 — Kelli Schott, Vista (1989)  
254 — Cheyenne Curley-Payne (2007)  
253 — Jackie Turpin, Santana (2002)  
251 — Cheyenne Curley-Payne (2008)  
249 — Jennifer Gross, University City (1993)  
248 — Stephanie Shadwell, Christian (1995)  
239 — Jennifer Reyes, Marian Catholic (1992)

## Most Assists (Game)

23 — Consuelo Aranda, Vincent Memorial vs. Warner (2/18/05)  
22 — Monica Filer, Point Loma vs. Madison (1/18/89)  
21 — Monica Filer, Point Loma vs. Bonita Vista (12/28/88)  
21 — Stephanie Shadwell, Christian vs. Mar Vista (1/04/95)  
20 — Sharon Turner, El Camino vs. Basic (NV), (12/28/84)  
20 — Mary Hernandez, Hilltop vs. Mar Vista (2/14/85)  
20 — Jennifer Reyes, Marian Cath. vs. TC Christian (2/26/92)  
19 — Cheryl Sturzenegger, Fallbrook vs. Torrey Pines (4/20/80)  
18 — Cathy O'Brien, San Marcos vs. Lincoln Prep (5/28/82)  
18 — Debbie Dunbar, Fallbrook vs. Vista (3/19/83)  
18 — Lois Guillory, Point Loma vs. Crawford (12/08/87)  
18 — Claudine Neves, Point Loma vs. Morse (2/19/90)  
18 — Sarah Percy, Torrey Pines vs. Castle Park (12/03/93)  
18 — Consuelo Aranda, V. Memorial vs. B. Springs (11/30/04)

## Most Rebounds (Career)

2,256 — Terri Mann, Point Loma (1984-87)  
1,392 — Tyeast Brown, Point Loma (1987-90)  
1,365 — Chris Enger, Vista (1986-89)  
1,347 — Candice Wiggins, LJCD (2001-2004)  
1,334 — Mildred Conston, Oceanside (1987-90)  
1,307 — Cindy VanderWoude, Escondido (1990-93)  
1,281 — Kendra Rhea, El Capitan (1996-99)  
1,279 — Cathy O'Brien, San Marcos (1979-82)  
1,192 — Kirsten Cummings, Patrick Henry (1979-81)  
1,185 — Marissa Rivera, LJCD (2001-2004)  
1,174 — Eisha Bohman, Rancho Buena Vista (1995-98)  
1,145 — Kristy Seidel, Fallbrook (1982-84)

## Most Rebounds (Season)

816 — Terri Mann, Point Loma (1987)  
538 — Terri Mann, Point Loma (1985)  
538 — Tyeast Brown, Point Loma (1989)  
505 — Terri Mann, Point Loma (1986)  
474 — Cathy O'Brien, San Marcos (1981)  
463 — Cindy VanderWoude, Escondido (1993)  
457 — Chris Enger, Vista (1988)  
454 — Chris Enger, Vista (1989)  
440 — Kirsten Cummings, Patrick Henry (1981)  
413 — Cathy O'Brien, San Marcos (1982)

## Most Rebounds (Game)

46 — Cynthia Purvis, San Diego vs. Bishop's (3/24/81)  
46 — Cynthia Purvis, San Diego vs. Bishop's (4/24/81)  
36 — Terri Mann, Point Loma vs. Chula Vista (12/31/86)  
35 — Terri Mann, Point Loma vs. Las Vegas (1/02/87)  
33 — Teresa Rodriguez, Montgomery vs. Marian (2/12/85)  
32 — Michelle Harimer, Fallbrook vs. Castle Park (4/18/82)  
32 — Kristy Seidel, Fallbrook vs. Orange Glen (3/26/83)  
32 — Terri Mann, Point Loma vs. Hilltop (12/30/86)  
vs. Bonita Vista (1/02/87)  
vs. Serra (1/27/87)  
vs. Madison (2/10/87)  
31 — Clarissa Rogers, Point Loma vs. San Diego  
31 — Carol VanderWoude, Calvin Christian vs. Borrego (1990)  
31 — Shawn Gallagher, Chula Vista vs. Southwest (1/17/91)  
31 — Tanya Strong, El Capitan vs. Santana (2/17/95)

## Most Steals (Career)

1,065 — Cheyenne Curley-Payne, Eastlake (2006-09)  
782 — Ashley Duffy, El Capitan (2006-09)  
776 — Candice Wiggins, LJCD (2001-2004)  
699 — Stephanie Shadwell, Christian (1992-95)  
677 — Tiffany Stutz, Christian (1989-92)  
652 — Terri Mann, Point Loma (1984-87)  
627 — Nancy Caparaz, Southwest (1983-86)  
618 — Debbie Stanton, Eastlake (1995-98)  
554 — Monica Filer, Point Loma (1986-89)  
463 — Allison Hines, Chula Vista (1991-94)  
448 — Andrea Bravo, El Capitan (1986-89)  
440 — Maria Bruncker, Patrick Henry (1993-96)

## Most Steals (Season)

328 — Cheyenne Curley-Payne, Eastlake (2008)  
295 — Cheyenne Curley-Payne, Eastlake (2007)  
282 — Betsy Wilgenburg, Calvin Christian (1989)  
264 — Ashley Duffy, El Capitan (2009)  
251 — Terri Mann, Point Loma (1987)  
240 — Cheyenne Curley-Payne, Eastlake (2009)  
236 — Candice Wiggins, LJCD (2002)  
222 — Monica Filer, Point Loma (1989)  
213 — Debbie Stanton, Eastlake (1996)  
205 — Candice Wiggins, LJCD (2003)  
203 — Nancy Caparaz, Southwest (1986)  
203 — Debbie Stanton, Eastlake (1998)  
202 — Cheyenne Curley-Payne, Eastlake (2006)  
194 — Ashley Duffy, El Capitan (2007)  
193 — Lois Guillory, Point Loma (1988)  
191 — Consuelo Aranda, Vincent Memorial (2005)  
190 — Stephanie Shadwell, Christian (1995)  
184 — Candice Wiggins, LJCD (2001)  
182 — Stephanie Shadwell, Christian (1994)

## Most Steals (Game)

19 — Nancy Caparaz, Southwest vs. Montgomery (1986)  
19 — Tonya Chamberlain, Mt. Miguel vs. Bonita Vista (12/23/87)  
18 — Tami Brown, Point Loma vs. San Diego (3/12/80)  
18 — Candice Wiggins, LJCD vs. Peninsula (12/02/02)  
18 — Cheyenne Curley-Payne, Eastlake vs. Otay Ranch (2/08/08)  
17 — Betsy Wilgenburg, Calvin Christian vs. Lutheran (1/27/89)

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- 17 — Candice Wiggins, LJCD vs. Horizon (2/11/02)
- 17 — Cheyenne Curley-Payne, Eastlake vs. San Ysidro (2/01/08)
- 17 — Cheyenne Curley-Payne, Eastlake vs. Bonita Vista (2/12/09)
- 16 — Terri Mann, Point Loma vs. Carlsbad (1/15/86)  
vs. Chula Vista (12/31/86)
- 16 — Betsy Wilgenburg, C. Christian vs. Lin. Christian (2/02/88)  
vs. Borrego Springs (1/30/89)  
vs. Lutheran (2/15/89)
- 16 — Veronica Ibarra, Holtville vs. LJCD (11/23/90)
- 16 — Debbie Stanton, Eastlake vs. Hilltop (2/01/96)
- 16 — Christine Fitzgerald, Mt. Miguel vs. Steele Canyon (1/31/03)
- 16 — Cheyenne Curley-Payne, Eastlake vs. Bonita Vista (1/23/09)
- 15 — Yolanda Crawford, Point Loma vs. La Jolla (4/21/83)
- 15 — Nancy Caparaz, Southwest vs. Castle Park (1985)
- 15 — Betsy Wilgenburg, C. Christian vs. Victory Christian (2/02/89)  
vs. Midway Baptist (2/07/89)
- 15 — Cecilia Navarro, EC Southwest vs. Hilltop (1/06/06)
- 15 — Cheyenne Curley-Payne, Eastlake vs. Otay Ranch (1/18/08)

### Highest Scoring Average (Career)

- 28.3 — Candice Wiggins, LJCD (2001-2004)
- 27.7 — Terri Mann, Point Loma (1984-87)
- 26.5 — Jaima Oxley, Fallbrook (1976-77)
- 26.4 — Brandi Collato, Santa Fe Christian (1998-01)
- 24.9 — Christina Adams, Grossmont & Granite Hills (1988-91)
- 24.0 — Susie O'Brien, San Marcos (1987-89)
- 23.9 — Cathy O'Brien, San Marcos (1979-82)
- 23.5 — London Houchin, Ramona (2003-06)
- 23.4 — Kirsten Cummings, Patrick Henry (1979-81)
- 22.7 — Chris Enger, Vista (1986-89)
- 22.0 — Jamie Glassford, Madison (1978-80)
- 20.8 — Sylvia Maas, Point Loma (1979-81)
- 20.3 — Jacqueline Montalban, Eastlake (1994-97)

### Highest Scoring Average (Season)

- 38.3 — Christina Adams, Grossmont (1990)
- 36.7 — Terri Mann, Point Loma (1987)
- 35.6 — Charde Houston, San Diego (2003)
- 34.9 — Charde Houston, San Diego (2002)
- 34.1 — Kirsten Cummings, Patrick Henry (1981)
- 33.6 — Charde Houston, San Diego (2004)
- 32.9 — Brandi Collato, Santa Fe Christian (2001)
- 30.9 — Susie O'Brien, San Marcos (1989)
- 30.5 — Reco Edwards, El Cajon Valley (1994)
- 30.4 — Heather Holm, El Cajon Valley (1992)
- 30.3 — Candice Wiggins, LJCD (2002)
- 30.3 — Candice Wiggins, LJCD (2004)
- 29.5 — Alissa Murphy, Scripps Ranch (1994)
- 29.3 — Janet Franey, Helix (1998)
- 29.2 — Candice Wiggins, LJCD (2003)
- 29.0 — Jaima Oxley, Fallbrook (1977)

### Most Free Throws (Career)

- 772 — Brandi Collato, Santa Fe Christian (1998-2001)
- 692 — Candice Wiggins, LJCD (2001-2004)
- 641 — Janet Franey, Helix (1995-98)
- 528 — Christina Adams, Grossmont & Granite Hills (1988-91)
- 513 — Heather Holm, El Cajon Valley (1989-92)
- 496 — Susie O'Brien, San Marcos (1987-89)
- 473 — Jaclyn Goldberg, Grossmont (2002-2005)
- 435 — Stephanie Thompson, Santana (1988-91)
- 429 — Marcey Wolf, Chula Vista (1987-89)
- 403 — Stephanie Shadwell, Christian (1992-95)
- 397 — Eisha Bohman, Rancho Buena Vista (1995-98)
- 389 — Chris Enger, Vista (1986-89)

### Most Free Throws (Season)

- 279 — Janet Franey, Helix (1998)
- 268 — Brandi Collato, Santa Fe Christian (2000)
- 254 — Christina Adams, Grossmont (1990)
- 254 — Triola Alexander, Kearny (1999)
- 253 — Susie O'Brien, San Marcos (1989)
- 229 — Heather Holm, El Cajon Valley (1992)
- 225 — Alissa Murphy, Scripps Ranch (1994)
- 222 — Candice Wiggins, LJCD (2002)
- 213 — Brandi Collato, Santa Fe Christian (2001)
- 187 — Candice Wiggins, LJCD (2004)
- 185 — Brandi Collato, Santa Fe Christian (1999)
- 182 — Adia Barnes, Mission Bay (1994)
- 181 — Marcey Wolf, Chula Vista (1989)

### Most Free Throws (Game)

- 31 — Jaclyn Goldberg, Grossmont vs. Oceanside (12/10/04)
- 28 — Christina Adams, Grossmont vs. Serra (12/02/89)
- 25 — Richelle Perkins, Bishop's vs. Coast Union (3/10/94)
- 21 — Christina Adams, Grossmont vs. El Cajon Valley (2/15/90)
- 20 — Janet Franey, Helix vs. El Capitan (1/01/98)
- 20 — Brandi Collato, Santa Fe Christian (3/11/00)
- 19 — Christina Adams, Grossmont vs. San Pasqual (2/22/90)
- 19 — Tammy Hinrichs, San Marcos vs. Carlsbad (1/07/92)
- 19 — Richelle Perkins, Bishop's vs. Lincoln Prep (12/09/93)  
vs. Julian (1/21/94)
- 18 — Susie O'Brien, San Marcos vs. Oceanside (1/19/89)
- 18 — Alissa Murphy, Scripps Ranch vs. La Jolla (2/11/94)
- 17 — Monica Filer, Point Loma vs. Mira Mesa (1/20/89)  
vs. Morse (1/24/89)  
vs. Patrick Henry (1/27/89)
- 17 — Christina Adams, Grossmont vs. Mt. Miguel (12/12/89)  
vs. Valhalla (2/01/90)
- 17 — Marcey Wolf, Chula Vista vs. Coronado (1/24/89)
- 17 — Heather Holm, El Cajon Valley vs. Valhalla (2/18/92)
- 17 — Janet Franey, Helix vs. Banning (12/23/97)  
vs. Cathedral City (12/27/97)

### Most Consecutive Free Throws

- 49 — Brandi Collato, Santa Fe Christian (2000)
- 31 — Triola Alexander, Kearny (1999)
- 28 — Christina Adams, Grossmont (1990)
- 27 — Elainea Washington, Kearny (2001)
- 27 — Amanda Krismer, Santana (2003)
- 26 — Eisha Bohman, Rancho Buena Vista (1998)
- 25 — Katie Kuklok, Poway (2011)
- 24 — Janet Franey, Helix (1996)
- 23 — Brandi Collato, Santa Fe Christian (2001)
- 22 — DeAngela Minter, Vista (1993)
- 22 — Eisha Bohman, Rancho Buena Vista (1998)
- 22 — Brandi Collato, Santa Fe Christian (2001)
- 22 — Brandi Collato, Santa Fe Christian (2001)

## GIRLS BASKETBALL

### Highest Free-Throw Shooting Percentage (Career)

- (Minimum 125 Attempts)  
 86.2 — Katie Kuklok, Poway (280 FTM/325 FTA, 2008-11)  
 83.5 — Brandi Collato, SFC (772/925, 1998-2001)  
 81.0 — Nada Tomic, Rancho Bernardo (248/306, 1992-95)  
 80.1 — Jaclyn Goldbarge, Grossmont (379/473, 2002-2005)  
 75.5 — Lisa Roper, Monte Vista (200/265, 1999-2002)  
 75.0 — Candice Wiggins, LJCDC (692/926, 2001-2004)  
 74.2 — Jaime Ranson, Santana (242/326, 2000-2003)  
 73.7 — Katie Girten, Westview (258/343, 2004-07)  
 72.6 — Christina Adams, Grossmont & Granite Hills (528/727, 1988-91)  
 72.3 — Janet Franey, Helix (641/886, 1995-98)  
 70.9 — Jamie Shadian, Poway (181/255, 1990-93)  
 70.6 — Ashley Duffy, El Capitan (3328/462, 2006-09)  
 69.9 — Kelli Schott, Vista (188/269, 1987-89)  
 69.8 — Nicholle Bromley, Rancho Bernardo (143/205, 1996-99)  
 68.8 — Eisha Bohman, RB Vista (133/163, 1995-98)  
 68.0 — Leslie Ellis, Santana (234/344, 1985-88)  
 67.5 — Stephanie Kindreich, El Capitan (374/504, 1994-97)  
 67.1 — Jennifer Alley, Mt. Carmel (108/161, 1990-92)

### Highest Free-Throw Shooting Percentage (Season)

- (Minimum 55 Attempts)  
 90.3 — Katie Kuklok, Poway (112 FTM/124 FTA, 2011)  
 87.3 — Jaclyn Goldbarge, Grossmont (131/150, 2005)  
 87.0 — Brandi Collato, Santa Fe Christian (2001)  
 86.0 — Brandi Collato, Santa Fe Christian (2000)  
 85.2 — Katie Kuklok, Poway (69/81, 2010)  
 84.7 — Jaclyn Goldbarge, Grossmont (117/138, 2003)  
 83.8 — Michelle Kral, Poway (129/154, 2006)  
 82.8 — Katie Kuklok, Poway (48/58, 2008)  
 82.6 — Jaime Ranson, Santana (57/69, 2001)  
 82.5 — Nada Tomic, Rancho Bernardo (80/97, 1995)  
 82.3 — Katie Kuklok, Poway (51/62, 2009)  
 82.0 — Angie Martinez (74/90, 1996)  
 81.6 — Eisha Bohman, RB Vista (133/163, 1998)  
 81.0 — Tabatha Velis, Mt. Miguel (50/62, 1998)  
 81.0 — Candice Wiggins, LJCDC (187/231, 2004)  
 80.2 — Leslie Ellis, Santana (85/106, 1988)  
 80.0 — Kelly Simers, Santana (52/65, 1996)  
 80.0 — Brandi Collato, Santa Fe Christian (1999)  
 79.0 — Janet Franey, Helix (175/222, 1997)  
 78.9 — Nikki Mercado, Vista (60/76, 2002)  
 78.8 — Kim McCaskey, San Marcos (82/104, 1995)  
 78.5 — Lisa Roper, Monte Vista (106/135, 2002)

### Highest Free-Throw Shooting Percentage (Game)

- (Minimum 10 Attempts)  
 100 — Monica Filer, Pt. Loma vs. Mission Bay (11/11, 12/08/88)  
 100 — Vicki de Jesus, Mt. Carmel vs. Poway (14/14, 12/15/90)  
 100 — Alison Peckham, Holtville vs. Palos Verdes (12/12, 12/03/91)  
 100 — Truc Huynh, Escondido vs. Mission Bay (10/10, 2/20/91)  
 100 — Kara Milling, Poway vs. Vista (10/10, 2/20/91)  
 100 — DeAngela Minter, Vista vs. Mission Bay (10/10, 12/11/93)  
 100 — Jacqueline Montalban, Eastlake vs. Banning (16/16, 12/21/95)  
 100 — Christina Daley, Granite Hills vs. Mt. Miguel (12/12, 1/30/96)  
 100 — Janet Franey, Helix vs. Austin O'Brian (16/16, 12/28/96)  
 100 — Christina Daley, Granite Hills vs. Mt. Miguel (10/10, 2/20/98)  
 100 — Hilary Jager, Vista vs. Poway (10/10, 12/29/99)

- 100 — Brandi Collato, Santa Fe Christian vs. LJCDC (10 FTM/10 FTA, 2/01/00)  
 vs. Valley Lutheran (AZ), (10/10, 12/01/00)  
 vs. Bishop's (10/10, 1/31/01)  
 vs. San Dieguito (13/13, 2/16/01)  
 100 — Jackie Turpin, Santana vs. El Capitan (13/13, 2/06/01)  
 100 — Reggie Horta, Brawley (11/11, 2/05/02)  
 100 — Candice Wiggins, LJCDC vs. Ribault (18/18, 12/05/03)  
 100 — Katie Girten, Westview vs. San Dieguito (12/12, 12/01/04)  
 100 — Jerica Williams, Mt. Miguel vs. Francis Parker (10/10, 12/28/05)  
 100 — Cheyenne Curley-Payne, Eastlake vs. Tigard (11/11, 12/29/07)  
 100 — Ashley Duffy, El Capitan vs. Mission Hills (10/10, 11/28/08)

### Most 3-Point Field Goals Attempted (Career)

- 804 — Katie Kuklok, Poway (2008-11)  
 671 — Tristen Ryan, Vista (2000-2002)  
 637 — Katie Girten, Westview (2004-07)  
 615 — Jennifer Bryant, Westview (2005-08)  
 539 — Cortney Bennett, Vista (1996-99)  
 534 — Lisa Roper, Monte Vista (1999-2002)  
 491 — DeAngela Minter, Vista (1991-94)  
 479 — June Brubaker, LJCDC (2001-2002)  
 475 — Alison Peckham, Holtville (1989-92)  
 459 — Candice Wiggins, LJCDC (2001-2004)  
 437 — Betsey Tunney, Vista (1997-2000)  
 420 — Robyn Turner, Torrey Pines (1994-97)  
 321 — Amanda Undegraff, Bishop's (1991-94)  
 318 — Janet Franey, Helix (1995-98)  
 305 — Nicholle Bromley, Rancho Bernardo (1996-99)  
 300 — Katie Ziegler, Vista (1992-95)

### Most 3-Point Field Goals Made (Career)

- 336 — Katie Kuklok, Poway (2008-11)  
 323 — Elise Paty, San Diego (2003-2006)  
 321 — Kelly Simers, Santana (1993-96)  
 241 — Katie Girten, Westview (2004-07)  
 221 — London Houchin, Ramona (2003-06)  
 196 — Christina Adams, Grossmont & Granite Hills (1988-91)  
 192 — Alison Peckham, Holtville (1989-92)  
 188 — Tristen Ryan, Vista (2000-2002)  
 187 — Jennifer Bryant, Westview (2005-08)  
 179 — Cathy Bass, Santana (1991-94)  
 179 — Morgan Sabala, Granite Hills (2004-07)  
 178 — Candice Wiggins, LJCDC (2001-2004)  
 165 — Lisa Roper, Monte Vista (1999-2002)  
 153 — Cortney Bennett, Vista (1996-99)  
 153 — Betsey Tunney, Vista (1997-2000)  
 151 — DeAngela Minter, Vista (1991-94)  
 145 — Maritza Morales, Holtville (1992-95)

### Most 3-Point Field Goals Attempted (Season)

- 291 — Jennifer Bryant, Westview (2008)  
 288 — Joelle Bunnell, Granite Hills (2002)  
 288 — Katie Kuklok, Poway (2011)  
 277 — Tristen Ryan, Vista (2002)  
 274 — Katie Kuklok, Poway (2010)  
 269 — Alison Peckham, Holtville (1990)  
 255 — DeAngela Minter, Vista (1994)  
 250 — June Brubaker, LJCDC (2002)  
 247 — Janet Franey, Helix (1995)  
 245 — Christina Adams, Granite Hills (1991)  
 234 — Robyn Turner, Torrey Pines (1997)  
 232 — Christina Adams, Grossmont (1990)  
 229 — June Brubaker, LJCDC (2001)  
 217 — Katie Girten, Westview (2005)

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214 — Courtney Bennett, Vista (1999)  
 207 — Tristen Ryan, Vista (2001)  
 198 — Lisa Roper, Monte Vista (2001)  
 189 — Lisa Roper, Monte Vista (2002)  
 187 — Tristen Ryan, Vista (2000)  
 179 — Jennifer Bryant, Westview (2007)  
 170 — Amanda Undegraff, Bishop's (1994)  
 169 — Ashley Duffy, El Capitan (2009)  
 167 — Megan Long, El Capitan (2000)

### Most 3-Point Field Goals Made (Season)

134 — Kelly Simers, Santana (1996)  
 118 — Katie Kuklok, Poway (2011)  
 117 — Kelly Simers, Santana (1995)  
 114 — Katie Kuklok, Poway (2010)  
 104 — La'Kenya Simon-West, Grossmont (2007)  
 101 — Joelle Bunnell, Granite Hills (2002)  
 100 — Christina Adams, Grossmont (1990)  
 98 — Jennifer Bryant, Westview (2008)  
 95 — Cathy Bass, Santana (1993)  
 86 — June Brubaker, LJCDC (2002)  
 83 — DeAngela Minter, Vista (1994)  
 83 — Janet Franey, Helix (1998)  
 83 — Elainea Washington, Kearny (2001)  
 74 — Maritza Morales, Holtville (1995)  
 74 — Katie Girten, Westview (2005)  
 72 — Tristen Ryan, Vista (2002)  
 69 — Alison Peckham, Holtville (1990)  
 69 — London Houchin, Ramona (2005)  
 67 — Cathy Bass, Santana (1994)  
 67 — Megan Long, El Capitan (2000)

### Most 3-Point Field Goals Attempted (Game)

32 — Cathy Bass, Santana vs. El Capitan (1/22/93)  
 25 — Amanda Brown, West Hills (12/02)  
 21 — Christina Adams, Grossmont vs. Santana (2/18/90)  
 21 — Afton Huggar, Monte Vista vs. Hilltop (12/28/00)  
 20 — Christina Adams, Grossmont vs. Valhalla (1/16/90)  
 20 — June Brubaker, LJCDC vs. Horizon (2/11/02)  
 19 — DeAngela Minter, Vista vs. San Dieguito (2/10/94)  
 19 — Joelle Bunnell, Granite Hills vs. Hilltop (12/03/01)  
 18 — Christina Adams, Grossmont vs. Sweetwater (12/05/89)  
 18 — Lisa Roper, Monte Vista vs. Hilltop (12/28/00)  
 17 — Christina Adams, Granite Hills vs. Orange Glen (2/19/91)  
 17 — Robyn Turner, Torrey Pines vs. Point Loma (2/26/97)  
 16 — Alison Peckham, Holtville vs. Bishop's (1/17/90)  
 16 — Christina Adams, Grossmont vs. Valhalla (2/01/90)  
 16 — DeAngela Minter, Vista vs. Fallbrook (1/25/94)  
 16 — Janet Franey, Helix vs. Ramona (12/26/97)  
 16 — Kelli Alexander, Monte Vista vs. San Dieguito (12/31/98)  
 16 — Lisa Roper, Monte Vista vs. Fallbrook (11/30/00)

### Most 3-Point Field Goals Made (Game)

11 — June Brubaker, LJCDC vs. Horizon (2/11/02)  
 11 — Amanda Brown, West Hills (12/02)  
 10 — Lynn Riordan, Serra vs. Poway (12/08/90)  
 10 — Kelly Simers, Santana vs. Chinle (AZ), (12/17/94)  
 10 — Brandi Collato, SF Christian vs. TC Christian (2/09/01)  
 10 — Rachel Dulin, Rancho Bernardo vs. Eastlake (12/20/02)  
 9 — Christina Adams, Grossmont vs. Sweetwater (12/05/89)  
     vs. Valhalla (1/16/90)  
     vs. Valhalla (2/01/90)  
 9 — Cathy Bass, Santana vs. El Camino (12/23/92)  
 9 — Kelly Simers, Santana vs. Oceanside (2/25/94)  
 9 — Joelle Bunnell, Granite Hills vs. Hilltop (12/03/01)  
 8 — Christina Adams, Grossmont vs. Helix (1/02/90)  
     vs. West Hills (2/09/90)  
     vs. Santana (2/18/90)  
 8 — Cathy Bass, Santana vs. El Capitan (1/22/93)

8 — Brandi Collato, Santa Fe Christian vs. Horizon (1/12/01)  
     vs. Orme (AZ), (10/01/00)  
 8 — Elise Paty, San Diego vs. Rincon, Ariz. (12/27/05)  
     vs. El Dorado (12/29/05)  
     vs. Hamilton, Ariz. (12/30/05)  
 8 — Braeden Spangler, Valley Center vs. Steele Cyn. (12/30/05)  
 7 — Christina Adams, Granite Hills vs. Monte Vista (2/01/91)  
     vs. Orange Glen (2/19/91)  
 7 — DeAngela Minter, Vista vs. San Dieguito (2/10/94)  
 7 — Cathy Bass, Santana vs. Dinuba (CA), (3/08/94)  
 7 — Janet Franey, Helix vs. Cathedral City (12/27/97)  
 7 — Betsey Tunney, Vista vs. Poway (1/18/00)  
 7 — Lisa Roper, Monte Vista vs. Fallbrook (11/30/00)  
 7 — Afton Huggar, Monte Vista vs. El Cajon Valley (12/22/00)  
 7 — Tristen Ryan, Vista vs. Mar Vista (12/07/01)  
 7 — Candice Wiggins, LJCDC vs. Oakland Tech (12/27/03)  
 7 — LaToya Cuninghame, LJCDC vs. Francis Parker (1/16/04)  
 7 — Katie Girten, Westview vs. Patrick Henry (12/28/04)  
 7 — Jaclyn Goldbarg, Grossmont vs. Steele Canyon (1/03/05)  
 7 — Elise Paty, San Diego vs. Patrick Henry (1/20/06)  
     vs. Mira Mesa (1/31/06)  
 7 — Jennifer Bryant, Westview vs. El Camino (1/08/08)  
 7 — Katie Kuklok, Poway vs. Rancho Bernardo (1/29/10)  
 7 — Katie Kuklok, Poway vs. Ramona (2/11/11)

### Highest Percentage 3-Point Field Goals Made (Career)

(Minimum 100 Attempts)

50.2 — Jaclyn Goldbarg, Grossmont  
     (105 FGM/207 FGA, 2002-2005)  
 41.8 — Katie Kuklok, Poway (336/804, 2008-11)  
 41.6 — Carol Pajarillo, Rancho Bernardo (42/101, 1991-92)  
 40.8 — Nada Tomic, Rancho Bernardo (102/2501992-95)  
 40.3 — Jenny Wenning, Christian (50/1241994-95)  
 39.4 — Alicia Gerken, Vista (43/105, 1989-91)  
 39.0 — Nathalie Karns, Eastlake (77/199, 1997-98)  
 39.0 — Candice Wiggins, LJCDC (178/459, 2001-2004)  
 35.5 — Amanda Undegraff, Bishop's (114/321, 1991-94)  
 35.1 — Katie Girten, Westview (241/687, 2004-07)  
 35.0 — Betsey Tunney, Vista (153/437, 1997-2000)  
 34.9 — Jamie Shadian, Poway (38/109, 1990-93)  
 34.8 — Brea Lowary, Mission Bay (1992-95)

### Highest 3-Point Percentage Field Goals Made (Season)

(Minimum 70 Attempts)

52.9 — Jaclyn Goldbarg, Grossmont (37 FGM/70 FGA, 2005)  
 50.0 — Monica Filer, Point Loma (38/76, 1989)  
 48.4 — Katie Kuklok, Poway (45/93, 2008)  
 45.5 — Nada Tomic, Rancho Bernardo (61/134, 1995)  
 44.9 — Mikaelyn Austin, Rancho Bernardo (51/132, 1999)  
 42.0 — Nathalie Karns, Eastlake (50/120, 1998)  
 41.6 — Carol Pajarillo, Rancho Bernardo (42/101, 1992)  
 41.6 — Katie Kuklok, Poway (114/274, 2010)  
 41.5 — Betsey Tunney, Vista (56/138, 2000)  
 41.4 — Alicia Gerken, Vista (41/99, 1991)  
 41.0 — Candice Wiggins, LJCDC (43/105, 2003)  
 41.0 — Katie Kuklok, Poway (118/288, 2011)  
 40.5 — Beatrice Berman, Westview (45/111, 2008)  
 40.3 — Jenny Wenning, Christian (50/124, 1995)  
 40.1 — Megan Long, El Capitan (2000)  
 39.2 — Christina Adams, Granite Hills (96/245, 1991)  
 39.0 — Eisha Bohman, Rancho Buena Vista (30/77, 1998)  
 39.0 — June Brubaker, LJCDC (46/118, 2002)