

BOYS CROSS COUNTRY

TEAM CHAMPIONS

LARGE SCHOOL

Date	Winner	Coach	Score	Runner-up	Coach	Score
11/23/60	Granite Hills	Rudi Friberg	56	Hoover	Raleigh Holt	74
11/22/61	Helix	Bill Ellis	47	Grossmont	Marlin Baer	56
11/21/62	El Capitan	Ron Vavra	44	Helix	Mike Muirhead	58
11/27/63	El Capitan	Ron Vavra	20	El Cajon Valley	Joe Brooks	76
11/25/64	Escondido	C. Bonebrake	87	Helix	Mike Muirhead	90
12/03/65	Monte Vista	Bob Larsen	35	Grossmont	James Hatcher	72
11/23/66	Monte Vista	Bob Larsen	19	Point Loma	Fred Ludwig	84
11/22/67	El Cajon Valley	Joe Brooks	42	Point Loma	Fred Ludwig	65
11/27/68	Monte Vista	Mike Curran	39	Point Loma	Fred Ludwig	74
11/26/69	Helix	Mike Muirhead	39	Mount Miguel	Erich Russell	76
11/25/70	Clairemont	Aaron York	32	Monte Vista	Larry Godfrey	58
11/24/71	Clairemont	Russ Cravens	47	Monte Vista	Larry Godfrey	74
11/30/72	Monte Vista	Larry Godfrey	56	Madison	Larry Elliott	64
11/29/73	Crawford	Dennis Lottermoser	53	Monte Vista	Larry Godfrey	90
11/28/74	Crawford	Dennis Lottermoser	55	Monte Vista	Larry Godfrey	60
11/26/75	Monte Vista	Larry Godfrey	44	Crawford	Dennis Lottermoser	89
11/24/76	Helix	Mike Muirhead	46	Crawford	Gerald Tooze	57

SMALL SCHOOL

Date	Winner	Coach	Score	Runner-up	Coach	Score
11/23/60	Vista	Jim Downs	22	Mar Vista	Ed Teagle	34
11/22/61	Granite Hills	Rudi Friberg	41	Mission Bay	Elmer Runge	60
11/21/62	Granite Hills	Rudi Friberg	58 co-champions	Lincoln Prep	Dewey Youngblood	58
11/27/63	Granite Hills	Rudi Friberg	67 co-champions	Monte Vista	Bob Larsen	67
11/25/64	Monte Vista	Bob Larsen	59	Hilltop	Ken Anderson	97
12/03/65	El Cajon Valley	Joe Brooks	38	Vista	Jim Downs	67
11/23/66	El Cajon Valley	Joe Brooks	23	Hilltop	Ken Anderson	53
11/22/67	Sweetwater	David Ashley	68	San Dieguito	Vince Meyer	79
11/27/68	El Cajon Valley	Joe Brooks	37	Santana	Bob Avant	106
11/26/69	Sweetwater	David Ashley	68	Coronado	Charles Durland	80
11/25/70	El Cajon Valley	Wayne Layton	27	Escondido	Charles Bonebrake	76
11/24/71	San Dieguito	Jim Temples	60	St. Augustine	Bill O'Shaughnessy	82
11/30/72	Sweetwater	Gerald Smith	46	San Dieguito	Jim Temples	87
11/29/73	El Cajon Valley	Wayne Layton	38	San Marcos	Jim Temples	41
11/28/74	Fallbrook	Walt Parry	59	Granite Hills	Dick Wilkins	77
11/26/75	Bonita Vista	Ed Teagle	72	Fallbrook	Walt Parry	74
11/24/76	El Cajon Valley	Wayne Layton	58	Ramona	Dan Matheny	72

CLASS 3A

Date	Winner	Coach	Score	Runner-up	Coach	Score
11/23/77	Helix	Mike Muirhead	47	Kearny	Richard Cota	84
11/22/78	Helix	Mike Muirhead	46	Monte Vista	Larry Godfrey	84
11/28/79	Helix	Mike Muirhead	44	Monte Vista	Bill Clauder	78
11/26/80	Valhalla	Don Roberson	50	Mira Mesa	Dennis Lottermoser	57
11/25/81	Santana	Lloyd Kaster	57	Valhalla	Don Roberson	59
11/24/82	Monte Vista	Manuel Sandoval	48	Valhalla	Manuel Guaderama	56
11/23/83	Monte Vista	Manuel Sandoval	44	Serra	Bob Oliver	47
11/21/84	Monte Vista	Manuel Sandoval	42	Mt. Carmel	Dennis McClanahan	60
11/27/85	El Capitan	Dick Wilkins	62	Vista	Carl Hause	66
11/26/86	Vista	Carl Hause	53	Poway	Dan Schaitel	67
11/21/87	Poway	Dan Schaitel	36	Santana	Wayne Layton	92
11/11/88	Poway	Dan Schaitel	34	Fallbrook	Marty Hauck	133
11/10/89	Poway	Dan Schaitel	31	Fallbrook	Marty Hauck	80

BOYS CROSS COUNTRY

CLASS 2A

Date	Winner	Coach	Score	Runner-up	Coach	Score
11/23/77	Oceanside	Ken Barnes	83	El Cajon Valley	Wayne Layton	105
11/22/78	Serra	Bob Oliver	62	Fallbrook	Walt Parry	72
11/28/79	Serra	Bob Oliver	66	Fallbrook	Walt Parry	84
11/26/80	Bonita Vista	Chip Holmes	49	Monte Vista	Bill Clauder	69
11/25/81	Hilltop	Ian Cumming	54	Mar Vista	Ben Holt	68
11/24/82	Bonita Vista	Dewey Matthews	39	Mar Vista	Ben Holt	57
11/23/83	El Camino	Dayle Mazzarella	52	El Capitan	Dave Storm	61
11/21/84	Hilltop	Ian Cumming	37	Serra	Bob Oliver	72
11/27/85	Serra	Bob Oliver	66	San Pasqual	Will Wester	101
11/26/86	Serra	Bob Oliver	52	Valhalla	Don Roberson	74
11/21/87	Serra	Bob Oliver	43	El Capitan	Dave Storm	82
11/11/88	San Pasqual	Will Wester	68	Castle Park	Forest Partch	70
11/20/89	Helix	David Schultz	62	Santana	Wayne Layton	108

CLASS 1A

Date	Winner	Coach	Score	Runner-up	Coach	Score
11/23/77	Ramona	Dave Wilson	54	Christian	Jeff Edwards	71
11/22/78	USDHS	Dana Shelburne	49	LJCD	Noel Montruccio	52
11/28/79	Southwest	Fred Sills	41	LJCD	Noel Montruccio	80
11/26/80	Mar Vista	Thomas Holt	72	Escondido	Robert Embrey	102
11/25/81	Ramona	Dan Mathery	68	San Marcos	Bob Harman	114
11/24/82	El Camino	Dayle Mazzarella	45	Ramona	Greg Hayes	63
11/23/83	University City	Rick Mitchell	55	Ramona	Tom Smith	60
11/21/84	Ramona	Tom Smith	50	El Camino	Dayle Mazzarella	66
11/27/85	Ramona	Tom Smith	52	El Camino	Dayle Mazzarella	60
11/26/86	San Pasqual	Will Wester	43	Escondido	Brady Clay	51
11/21/87	El Camino	Dayle Mazzarella	23	RB Vista	Ed Matheus	86
11/11/88	El Camino	Dayle Mazzarella	43	Calvin Christian	William Stout	126
11/10/89	San Pasqual	Will Wester	23	La Jolla	Chuck Boyer	38

CLASS 1AA

Date	Winner	Coach	Score	Runner-up	Coach	Score
11/10/89	Calvin Christian	William Stout	33	Bishop's	James Ballengee	80

DIVISION I

Date	Winner	Coach	Score	Runner-up	Coach	Score
11/17/90	San Diego	Ed Ramos	53	Poway	Dan Schaitel	60
11/23/91	Mira Mesa	Dennis Lottermoser	64	Fallbrook	Marty Hauck	109
11/21/92	Mira Mesa	Dennis Lottermoser	47	Mt. Carmel	Dennis McClanahan	61
11/20/93	Chula Vista	Jennie Lasse Johnson	67	Vista	Craig Balsley	68
11/19/94	Chula Vista	Jennie Lasse Johnson	46	Vista	Craig Balsley	62
11/18/95	Poway	Dan Schaitel	86	Chula Vista	Jennie Lasse Johnson	89
11/23/96	Mt. Carmel	Dennis McClanahan	77	Poway	Dan Schaitel	99
11/22/97	Poway	Dan Schaitel	88	Granite Hills	David Yarbrough	104
11/21/98	West Hills	Pat Connolly	84	Granite Hills	David Yarbrough	124
11/20/99	Mt Carmel	Dennis McClanahan	79	Poway	Dan Schaitel	82 (tie)
				Vista	Peter Brooks	
11/18/00	Vista	Peter Brooks	54	Poway	Dan Schaitel	110
11/17/01	Mt. Carmel	Dennis McClanahan	69	San Diego	Eduardo Ramos	107
11/23/02	Torrey Pines	Brent Thorne	94	Vista	Peter Brooks	95
11/22/03	Torrey Pines	Brent Thorne	65	El Camino	Tim Kloos	79
11/20/04	Torrey Pines	Brent Thorne	101	El Camino	Tim Kloos	110
11/19/05	Rancho Bernardo	Terry Dockery	103	Fallbrook	Marty Hauck	111
11/18/06	RB Vista	Tom Lux	64	Vista	Paul Kinder	97
11/17/07	RB Vista	Tom Lux	55	Otay Ranch	Ian Cummings	105
11/22/08	Patrick Henry	Andrew Myette	59	Torrey Pines	Brent Thorne	70

DIVISION II

Date	Winner	Coach	Score	Runner-up	Coach	Score
11/17/90	San Pasqual	Will Wester	61	Helix	David Schultz	76
11/23/91	San Pasqual	Will Wester	50	Helix	David Schultz	74
11/21/92	Mission Bay*	Mike Seaman	44	San Pasqual	Tim Whitehead	57
11/20/93	Mission Bay	Dan Ungricht	34	San Pasqual	Tim Whitehead	68
11/19/94	Scripps Ranch	Bob Oliver	51	San Pasqual	Richard Verney	76
11/18/95	Torrey Pines	Brent Thorne	72	El Capitan	Dick Wilkins	119
11/23/96	West Hills	Pat Connolly	62	Point Loma	Jim McCarthy	84
11/22/97	West Hills	Pat Connolly	49	San Pasqual	Patrick King	105
11/21/98	San Pasqual	Patrick King	44	Scripps Ranch	Bob Oliver	83
11/20/99	La Jolla	Chuck Boyer	52	Ramona	Dave Wilson	74
11/18/00	Ramona	Dave Wilson	49	Patrick Henry	Thom Hunt	126
11/17/01	Hoover	Chuck Hayden	71	Scripps Ranch	Bob Oliver	114
11/23/02	Patrick Henry	Thom Hunt	82	San Pasqual	Patrick King	101

BOYS CROSS COUNTRY

DIVISION II -continued-

Date	Winner	Coach	Score	Runner-up	Coach	Score
11/22/03	West Hills	Bill Cleaves	60	University City	Jim McCarthy	90
11/20/04	Monte Vista	Robert Muschek	93	San Pasqual	Patrick King	101
11/19/05	San Pasqual	Patrick King	64	Monte Vista	Robert Muschek	72
11/18/06	San Pasqual	Patrick King	99	Monte Vista	Robert Muschek	123
11/17/07	Steele Canyon	Gary Stathas	72	Mt. Carmel	Nate Boyer	73
11/22/08	Mt. Carmel	Nate Boyer	78	Bonita Vista	Ed Winczowski	95

DIVISION III

Date	Winner	Coach	Score	Runner-up	Coach	Score
11/17/90	La Jolla	Chuck Boyer	37	Mission Bay	Dan Ungricht	55
11/23/91	La Jolla	Chuck Boyer	31	St. Augustine	Jerry Downey	50
11/21/92	St. Augustine	Jerry Downey	42	La Jolla	Chuck Boyer	54
11/20/93	Scripps Ranch	Bob Oliver	54	St. Augustine	Jerry Downey	61
11/19/94	Ramona	Dave Wilson	36	West Hills	Pat Connolly	97
11/18/95	West Hills	Pat Connolly	57	La Jolla	Chuck Boyer	62
11/23/96	Ramona	Dave Wilson	55	Mar Vista	Ben Holts	63
11/22/97	La Jolla	Chuck Boyer	25	Santana	Dave Harper	64
11/21/98	La Jolla	Chuck Boyer	23	University City	Jim McCarthy	76
11/20/99	USDHS	Dan Geiger	37	Mar Vista	Ben Holts	46
11/18/00	Valley Center	Mike Cummings	67	Hoover	Tilahun Fessehai	78
11/17/01	Valley Center	Mike Cummings	55	La Jolla	Chuck Boyer	68
11/23/02	University City	Jim McCarthy	55	La Jolla	Chuck Boyer	56
11/22/03	La Jolla	Chuck Boyer	60	St. Augustine	Jerry Downey	68
11/20/04	Valley Center	Mike Cummings	61	La Jolla	Chuck Boyer	74
11/19/05	St. Augustine	Jerry Downey	54	Valley Center	Mike Cummings	74
11/18/06	Valley Center	Mike Cummings	56	La Jolla	Hal Goforth	96
11/17/07	Valley Center	Mike Cummings	84	La Jolla	Hal Goforth	113
11/22/08	Monte Vista	Robert Muschek	55	University City	Jim McCarthy	77

DIVISION IV

Date	Winner	Coach	Score	Runner-up	Coach	Score
11/17/90	Army-Navy	Mike McFate	62	Christian	Steve Wenning	62
11/23/91	Coronado	Mel Bechtel	37	Christian	Steve Wenning	47
11/21/92	Coronado	Mel Bechtel	56	Calvin Christian	Linda Marcus	59
11/20/93	Coronado	Mel Bechtel	38	Calvin Christian	Linda Marcus	70
11/19/94	Coronado	Mel Bechtel	31	Calvin Christian	Linda Marcus	104
11/18/95	Clairemont	Sean Stevenson	42	Coronado	Mel Bechtel	43
11/23/96	St. Augustine	Jerry Downey	37	Clairemont	Sean Stevenson	50
11/22/97	St. Augustine	Jerry Downey	26	Holtville	Matt McCormick	51 (tie)
				Clairemont	Sean Stevenson	
11/21/98	St. Augustine	Jerry Downey	18	Valley Center	Mike Cummings	58
11/20/99	St. Augustine	Jerry Downey	26	Valley Center	Mike Cummings	33
11/18/00	St. Augustine	Jerry Downey	24	Clairemont	Sean Stevenson	60
11/17/01	LJCD	S. Bakhiet/S. Sanders	44	Coronado	Mel Bechtel	60
11/23/02	LJCD	S. Bakhiet/S. Sanders	39	Bishop's	Luke Augilar	79
11/22/03	LJCD	S. Sanders/S. Tadder	60	Otay Ranch	Ian Cummings	75
11/20/04	LJCD	S. Sanders/S. Tadder	55	Bishop's	Steve Brown	70
11/19/05	Bishop's	Steve Brown	59	Mountain Empire	Bill LeBlanc	103
11/18/06	LJCD	Scott Sanders	72	Christian	Mark Crafton	85
11/17/07	LJCD	Scott Sanders	62	Coronado	George Green	72
11/22/08	LJCD	Scott Sanders	57	Christian	Mark Crafton	68

DIVISION V

Date	Winner	Coach	Score	Runner-up	Coach	Score
11/23/96	Holtville	Gerardo Lara	16	Calvin Christian	Bill Stout	64
11/22/97	Calvin Christian	Bill Stout	26	Bishop's	Wendy Svatek	57
11/21/98	Calvin Christian	Bill Stout	30	Christian	Scott Matters	78
11/20/99	Calvin Christian	Bill Stout	34	LJCD	Sarah Bakhiet	79
11/18/00	Calvin Christian	Bill Stout	43	LJCD	Sarah Bakhiet	60
11/17/01	Calvin Christian	Bill Stout	26	Tri-City Christian	G.W. Dameron	50
11/23/02	Tri-City Christian	G.W. Dameron	37	Julian	Bill Porter	47
11/22/03	Tri-City Christian	G.W. Dameron	23	Julian	Bill Porter	65
11/20/04	Tri-City Christian	G.W. Dameron	40	Calvin Christian	Bill Stout	53
11/19/05	Calvin Christian	Bill Stout	39	Vista Calvary Chr.	Pete Plotnik	54
11/18/06	Calvary Christian	G.W. Dameron	25	Julian	Bill Porter	43
11/17/07	Tri-City Christian	Mike Mena	34	Calvin Christian	Bill Stout	49
11/22/08	Tri-City Christian	Christian Cheri	39	Calvin Christian	John Gregor Macdougall	50

*State CIF Divisional Champion

BOYS CROSS COUNTRY

INDIVIDUAL CHAMPIONS

LARGE SCHOOL DIVISION

1960 — Ray DeBalt, Granite Hills (9:43 Time)
1961 — Joe O'Connor, Grossmont (10:20.6)
1962 — John Condit, El Capitan (9:43)
1963 — Bob Lamorandier, Grossmont (9:30.4)
1964 — Dave Funderburk, Vista (9:43.8)
1965 — Otis Martin, Lincoln Prep (9:52)
1966 — Don Olsen, Monte Vista (10:18.8)
1967 — Tom Davidson, El Cajon Valley (10:15)
1968 — Chuck Ledbetter, Kearny (10:41.5)
1969 — Ed Mendoza, Helix (10:15)
1970 — Dave Harper, Clairemont (9:55)
1971 — Albert Velasco, Fallbrook (10:00)
1972 — Gary Close, Monte Vista (9:45)
1973 — Steve Mowry, Madison (9:55.3)
1974 — Phil Hendrick, Crawford (9:41)
1975 — Thom Hunt, Patrick Henry (9:46.5)
1976 — Ricardo Perez, Kearny (15:01)**
**5,000 Meters (new course distance beginning in 1976)

SMALL SCHOOL DIVISION

1960 — Larry Plew, Vista (9:55 Time)
1961 — Jim Cutler, Mission Bay (10:45)
1962 — Larry Pyke, Mission Bay (9:53)
1963 — Dave Funderburk, Vista (9:33)
1964 — Lane Mason, La Jolla (9:58)
1965 — Tim Danielson, Chula Vista (9:52)
1966 — Armando Valencia, El Cajon Valley (10:03.2)
1967 — Jim Warren, Hilltop (10:32)
1968 — Don Thomas, El Cajon Valley (11:08)
1969 — Steve Israel, El Capitan (10:34)
1970 — Terry Cotton, El Cajon Valley (10:10)
1971 — Cliff Cole, Escondido (10:28)
1972 — Albert Velasco, Fallbrook (9:50)
1973 — Shannon Laird, San Marcos (10:10)
1974 — Gary Hernandez, Mission Bay (9:54.2)
1975 — Bob Currel, Castle Park (10:16)
1976 — Manuel Guaderrama, Ramona (15:23)**

CLASS 3A

1977 — Rick Rose, Helix (15:33.6 Time)
1978 — Bill Cleaves, Helix (15:13)
1979 — Sean Evans, Patrick Henry (15:32)
1980 — Stan Aguilar, Helix (15:22.3)
1981 — Dave Ivy, Santana (15:43.7)
1982 — Aaron Ruud, Valhalla (16:06)
1983 — Ted Goodlake, Fallbrook (15:18)
1984 — Shawn Sandoval, Southwest (15:54)
1985 — Robert Lopes, Monte Vista (15:40)
1986 — Robbie Lopes, Monte Vista (15:53.4)
1987 — Byron DeVore, Poway (15:50.5)
1988 — Ed Paz, Poway (15:39.9)
1989 — Jeff Hernandez, Bonita Vista (16:07)

CLASS 2A

1977 — Rodney Rivera, Serra (15:59.2 Time)
1978 — Fred Doane, Bonita Vista (15:24)
1979 — Rollie Wingo, Point Loma (16:06)
1980 — Andy Morage, Bonita Vista (15:50.4)
1981 — Matt Clayton, Mar Vista (16:02.8)
1982 — Matt Clayton, Mar Vista (16:30)
1983 — Adolfo Garcia, Escondido (15:27)
1984 — Ellis Del Sol, Hilltop (16:10)
1985 — Mark Dani, Valhalla (14:44)
1986 — Marc Davis, San Diego (15:49.2)
1987 — Goshu Tadese, Crawford (15:29.2)
1988 — Francis O'Neil, San Pasqual (15:31.2)
1989 — Davis Virgil, Santana (15:40)

CLASS 1A

1977 — Rick Satterlee, Coronado (16:17.8 Time)
1978 — Michael Robbins, USDHS (16:04)
1979 — Andy Morabe, LJCD (16:20)
1980 — Jerry Marsh, LJCD (16:30.3)
1981 — Jose Vega, Chula Vista (15:50)
1982 — Pat Green, La Jolla (16:27)
1983 — Pat Green, La Jolla (15:41)
1984 — Marc Davis, San Diego (17:01)
1985 — George Castro, Ramona (15:54)
1986 — Jorge Castro, Ramona (16:53.1)
1987 — Jason Heideman, Escondido (16:13.8)
1988 — Jeff Sanders, El Camino (16:15.9)
1989 — Tom Bache, USDHS (15:56)

CLASS 1AA

1989 — David Soto, Christian (16:23 Time)

DIVISION I

1990 — Jeff Hernandez, Bonita Vista (16:06 Time)
1991 — Mebrahtom Keflezighi, San Diego (15:59)
1992 — Mebrahtom Keflezighi, San Diego (15:34)
1993 — Mebrahtom Keflezighi, San Diego (15:04.5)*
1994 — Larry Henderson, Mira Mesa (15:36)
1995 — Larry Henderson, Mira Mesa (15:54)*
1996 — Mike Baskin, Mt. Carmel (16:08)
1997 — Mike Baskin, Mt. Carmel (15:46)
1998 — Evan Fox, West Hills (15:47)
1999 — Travis Laird, San Marcos (15:33)
2000 — Abadir Barre, Mt. Carmel (16:14)
2001 — Abadir Barre, Mt. Carmel (15:49)
2002 — Nicholas Salomone, Vista (16:02)
2003 — Babey Wagnew, Helix (15:34)
2004 — A.J. Acosta, El Camino (15:25)
2005 — A.J. Acosta, El Camino (15:36)*
2006 — Eric Avila, Bonita Vista (15:58)
2007 — Bret Hasvold, Fallbrook (16:00)
2008 — Adrian Rafiee, Patrick Henry (16:08)

DIVISION II

1990 — Robert Walker, San Pasqual (15:27 Time)
1991 — Daniel Das Neves, Helix (15:24)
1992 — Nazario Romero, San Pasqual (15:37)
1993 — Devin Elizondo, Mission Bay (15:34.3)
1994 — Ayub Abdusalam, Hoover (15:51)
1995 — Ayub Abdusalam, Hoover (15:57.4)
1996 — Dustin Diaz, West Hills (16:09)
1997 — Marcus Chandler, Serra (15:47.6)
1998 — Marcus Chandler, Serra (15:36)
1999 — Jon Rankin, Monte Vista (15:51)
2000 — Taylor Williams, Helix (16:13)
2001 — Troy Swier, Mar Vista (15:38)
2002 — Troy Swier, Mar Vista (15:24)
2003 — Troy Swier, Mar Vista (15:41)
2004 — Riley Booker, University City (15:51)
2005 — Riley Booker, University City (15:55)*
2006 — Muluken Beressa, Monte Vista (15:51)
2007 — Adrian Sherrod, Steele Canyon (16:08)
2008 — Dahir Mohamed, Hoover (16:03)

*State CIF Divisional Champion

BOYS CROSS COUNTRY

DIVISION III

1990 — Ciro Melendez, Mission Bay (16:30 Time)
1991 — Francisco Alcaraz, La Jolla (16:40)
1992 — Mark Hauser, St. Augustine (15:48)
1993 — Mark Hauser, St. Augustine (15:43.5)*
1994 — Shilo Glass, Ramona (16:13)
1995 — Dustin Diaz, West Hills (16:40)
1996 — Marcus Chandler, Serra (16:02)
1997 — David Dunbar, La Jolla (16:52)
1998 — Mohamed Aden, Kearny (16:28)
1999 — Blake Swier, Mar Vista (16:36)
2000 — Cooper Bachman, Valley Center (16:13)
2001 — Sean Barrett, St. Augustine (16:00)
2002 — Gus Polito, Valley Center (15:46)
2003 — Paul Coover, La Jolla (16:23)
2004 — Murat Kayali, La Jolla (16:08)
2005 — Kyle Suarez, St. Augustine (15:57)
2006 — Alex Avilez, Valley Center (16:37)
2007 — Travis Peterson, San Dieguito Academy (16:53)
2008 — Mac Fleet, University City (16:00)*

DIVISION IV

1990 — George Tevelde, Calvin Christian (16:54 Time)
1991 — Josh Cox, Christian (16:49)
1992 — Josh Cox, Christian (16:28)
1993 — Trevor Clarke, Coronado (16:43.5)
1994 — Miguel Ramirez, Holtville (16:23)
1995 — Miguel Ramirez, Holtville (16:37.6)
1996 — Nick Hamlin, Madison (16:17)
1997 — Brian Sullivan, St. Augustine (16:35)
1998 — Colin Donnelly, St. Augustine (17:12)
1999 — Ryan Moorcroft, St. Augustine (16:24)
2000 — William Kraemer, Army-Navy (16:32)
2001 — Tyler Middleton, LJCD (17:09)
2002 — Jacob Ruzevick, Coronado (16:58)
2003 — Taylor Searles, Bishop's (17:09)
2004 — Jake Ruzevick, Coronado (16:43)
2005 — Jesus Romo, Guajome Park Academy (17:12)
2006 — Jesus Romo, Guajome Park (17:18)
2007 — Ben Enowitz, Coronado (16:46)
2008 — Jesse Beason, Christian (17:05)

DIVISION V

1996 — Miguel Ramirez, Holtville (16:23 Time)
1997 — Bart Connor, Calvin Christian (17:12)
1998 — Bart Connor, Calvin Christian (17:25)
1999 — Peter Holland, Bishop's (16:39)
2000 — John Wai, Christian (17:16)
2001 — Garrett Metcalf, Tri-City Christian (17:32)
2002 — Garrett Metcalf, Tri-City Christian (17:51)
2003 — Mitch Howell, Tri-City Christian (17:49)
2004 — John Pfeil, Tri-City Christian (16:57)
2005 — Michael Walters, Calvin Christian (17:08)
2006 — Ryan Vilas, Calvary Christian (17:17)
2007 — Carson Colpean, Tri-City Christian (19:14)
2008 — Eric Causey, Tri-City Christian (17:38)

*State CIF Divisional Champion