

CIF San Diego Section Championship - 2009
Division I Boys & Girls - Swimming and Diving

Results

#1 Girls 200 Yard Medley Relay

Section Recd: 1:46.97# 2007 Torrey Pines High
A Pold, J Schmitt, M Wimer, L Herman

DI Record: 1:46.97@ 2007 Torrey Pines High
Pold, Schmitt, Wimer, Hermann

2008 Champ: 1:50.06 2008 Carlsbad High

A Morales, K Tomkinson, L Ryan, M Dornick

AllAmericaAu: 1:49.32!

AllAmericaCo: 1:50.85&

Team	Relay	Finals Time
Championship Final		
1 TPINE		1:46.72#
DePeralta, Allison FR	Schmitt, Jessica SR	
Paris, Allison SO	Loy, Kelsey SR	
27.64	28.74	26.23 24.11
2 CARL		1:47.39!
Johnson, Krista SR	Tomkinson, Allison FR	
Dornick, Monica SO	Tomkinson, Katie SR	
27.98	30.86	25.38 23.17
3 RCHOB		1:47.68!
Anderson, Katie FR	Ortizharo, Danielle SR	
Bowersox, Kathryn FR	Smyth, Danielle SR	
28.02	29.55	25.76 24.35
4 LCC		1:51.54
Gonzalez, Megan FR	Nagy, Kenna FR	
Stewart, Kendyl FR	Fontaine, Kasey FR	
29.50	32.03	24.41 25.60
5 MHILL		1:53.33
Richardson, Kellie FR	Linscheid, Candace SR	
Lomayesva, Natalie JR	Panian, Justine FR	
30.14	29.86	28.85 24.48
6 GHILL		1:57.38
Wilbur, Brianna SR	Johnson, Sarah SR	
Meyer, Roni FR	Clark, Emily SO	
29.23	33.32	29.63 25.20
Consolation Final		
7 SPAS		1:55.51
Lukes, Chandra SO	Bosworth, Amanda FR	
Brown, Kylie SO	Stygar, Kristen SO	
27.88	34.02	27.24 26.37
8 VISTA		1:55.73
Williams, Victoria SO	Exley, Heather JR	
Nyenhuis, Chloe SO	Menkee, Chelsea SR	
31.45	32.22	27.02 25.04
9 HENRY		1:57.81
McLean, Michaela SO	Fryrear, Jasmine SO	
Pugh, Cassie SR	Hart, Jordan JR	
27.81	33.24	29.84 26.92
10 EASTL		1:58.05
Ahmed, Aabra SO	Pollock, Rebecca FR	
Moreno, Jessica JR	Banks, Simone SO	
30.34	32.33	30.32 25.06

11 POWAY		1:59.33
Winton, Caitlin JR	Ruppert, Ashley SR	
Knight, Amanda SO	O'Connell, Anna SO	
30.46	34.14	27.66 27.07
12 ELCAM		2:02.81
Stapp, Tami FR	Brown, Katrina SR	
McCauley, Haley SO	Consiglio, Melanie JR	
32.34	35.41	28.92 26.14

#1 Girls 200 Yard Medley Relay

Team	Relay	Prelim Time
Preliminaries		
1 RCHOB		1:48.77!
Anderson, Katie FR	Ortizharo, Danielle SR	
Bowersox, Kathryn FR	Smyth, Danielle SR	
27.72	30.27	25.99 24.79
2 TPINE		1:49.14!
DePeralta, Allison FR	Schmitt, Jessica SR	
Paris, Allison SO	Loy, Kelsey SR	
28.07	29.90	26.57 24.60
3 CARL		1:50.77&
Johnson, Krista SR	Tomkinson, Allison FR	
Dornick, Monica SO	Tomkinson, Katie SR	
28.67	31.97	26.13 24.00
4 LCC		1:52.84
Fontaine, Kasey FR	Nagy, Kenna FR	
Stewart, Kendyl FR	Gonzalez, Megan FR	
29.73	32.07	25.13 25.91
5 MHILL		1:55.30
Richardson, Kellie FR	Linscheid, Candace SR	
Lomayesva, Natalie JR	Panian, Justine FR	
30.21	31.58	28.46 25.05
6 GHILL		1:55.55
Wilbur, Brianna SR	Johnson, Sarah SR	
Meyer, Roni FR	Clark, Emily SO	
28.81	32.98	28.96 24.80
7 SPAS		1:56.07
Lukes, Chandra SO	Bosworth, Amanda FR	
Brown, Kylie SO	Stygar, Kristen SO	
27.95	34.26	28.03 25.83
8 VISTA		1:56.40
Williams, Victoria SO	Exley, Heather JR	
Nyenhuis, Chloe SO	Menkee, Chelsea SR	
31.03	32.43	26.92 26.02
9 EASTL		1:57.10
Ahmed, Aabra SO	Pollock, Rebecca FR	
Moreno, Jessica JR	Banks, Simone SO	
30.56	32.08	29.64 24.82

10 ELCAM		1:58.51
Ochsner, Dana SR	Brown, Katrina SR	
McCauley, Haley SO	Huggins, Shaye SR	
29.31	34.73	28.68 25.79
11 HENRY		1:59.20
Fryrear, Jasmine SO	McLean, Michaela SO	
Pugh, Cassie SR	Hart, Jordan JR	
27.83	34.38	29.68 27.31
12 POWAY		1:59.80
Winton, Caitlin JR	Ruppert, Ashley SR	
Knight, Amanda SO	O'Connell, Anna SO	
30.33	34.40	28.14 26.93
13 WVIEW		2:00.23
OU, Kelly FR	Marx, Sarah JR	
Ockletree, Suranee FR	Quach, Amy SR	
31.22	32.72	29.95 26.34
14 GROSS		2:00.32
Curran, Clare FR	Krasovich, Emily 11	
Shelby, Arielle 12	Stone, Jaime 11	
30.75	34.01	28.88 26.68
15 RBV		2:00.78
Janda, Chloe SO	Testerman, April JR	
Lemieux, Claire JR	Grossmith, Katie SO	
29.77	37.36	28.18 25.47
16 HELIX		2:01.40
Scott, Ashley FR	Proffit, Skyler FR	
Bebi, Rosa FR	Hammes, Katie SR	
31.98	32.86	28.39 28.17
17 FALLB		2:01.43
Sommer, Tamzen SO	Dowden, Casaundra JR	
Maryn, Neika SR	Fitzpatrick, Sydney SR	
30.65	33.35	29.61 27.82
18 WHILL		2:02.87
Hamm, Sara SO	Hall, Kelsey SR	
Canty, Kaitlyn JR	Lazor, Jessica SO	
32.72	36.32	27.64 26.19
19 ESCO		2:03.19
Bowersox, Diane SR	Staedtler, Xenia JR	
Duncan, Molly SR	Blanscet, Cassie JR	
29.68	33.54	31.58 28.39
20 OTAYR		2:03.67
Sanchez, Alex JR	Rodriguez, Mariela FR	
Ogden, Sabrina SO	Rodriguez, Leslie SR	
31.40	35.89	29.99 26.39
21 HILLT		2:10.49
Aguilar, Elizabeth FR	Carreon, Diana FR	
Perez De La Torre, Eira	Quezada, Crystal FR	
34.38	38.85	30.67 26.59
22 MMESA		2:18.20
Areta, Cecilia 12	Shortill, Katherine 11	
Daum, Brianna 12	Lopez, Chelsea 11	
38.67	38.31	32.84 28.38
--- CHULA		DQ
Smith, Ashley SR	Oropeza, Leslie SR	
Espinoza, Lidia FR	Massey, Felicia JR	
37.60	40.16	37.91 29.73

CIF San Diego Section Championship - 2009
Division I Boys & Girls - Swimming and Diving

Results

#3 Girls 200 Yard Free

Section Recd: 1:46.62# 2005 Blake Hayter

DI Record: 1:48.05@ 2004 Witney Spence

2008 Champ: 1:49.88 2008 Monica Dornick

AllAmericaAu: 1:51.56!

AllAmericaCo: 1:52.99&

Name	Yr	Team	Finals Time
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Championship Final

1 Dornick, Monica	SO	CARL	1:48.12!
	25.22	27.16	27.79
			27.95
2 Hall, Kelsey	SR	WHILL	1:48.76!
	26.00	27.47	27.54
			27.75
3 Voigt, Andrea	JR	EASTL	1:52.26&
	26.56	28.32	28.76
			28.62
4 Stoddard, Taylor	SR	EASTL	1:54.01
	26.51	28.15	29.51
			29.84
5 Burke, Kellie	SO	CARL	1:57.05
	26.92	28.77	30.14
			31.22
6 Meyer, Roni	FR	GHILL	1:57.13
	27.10	29.60	30.26
			30.17

Consolation Final

7 Spitsler, Riley	FR	RCHOB	1:54.72
	27.36	29.56	29.64
			28.16
8 Pold, Eva	FR	TPINE	1:55.39
	27.19	29.35	29.67
			29.18
9 Brown, Kylie	SO	SPAS	1:57.33
	27.41	29.46	30.63
			29.83
10 Sheehan, Kelley	SO	POWAY	1:57.39
	27.57	29.63	30.11
			30.08
11 McClure, Lauren	FR	CARL	1:58.49
	27.82	29.78	30.75
			30.14
12 Janda, Chloe	SO	RBV	2:01.40
	28.01	30.25	31.60
			31.54

#3 Girls 200 Yard Free

Name	Yr	Team	Prelim Time
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Preliminaries

1 Dornick, Monica	SO	CARL	1:51.40!
	25.99	27.88	28.78
			28.75
2 Hall, Kelsey	SR	WHILL	1:52.71&
	26.19	28.28	29.00
			29.24
3 Voigt, Andrea	JR	EASTL	1:53.36
	26.62	28.62	29.24
			28.88
4 Stoddard, Taylor	SR	EASTL	1:55.06
	27.19	28.51	29.65
			29.71
5 Burke, Kellie	SO	CARL	1:56.49
	27.64	29.06	29.72
			30.07
6 Meyer, Roni	FR	GHILL	1:56.68
	27.28	29.46	30.07
			29.87

7 Sheehan, Kelley	SO	POWAY	1:56.85
	27.27	29.38	30.22
			29.98
8 Spitsler, Riley	FR	RCHOB	1:57.03
	26.79	29.73	30.58
			29.93
9 Brown, Kylie	SO	SPAS	1:57.95
	27.57	29.41	30.59
			30.38
10 Pold, Eva	FR	TPINE	1:58.59
	27.20	29.59	30.89
			30.91
11 McClure, Lauren	FR	CARL	1:59.70
	28.05	30.34	31.02
			30.29
12 Janda, Chloe	SO	RBV	2:00.51
	28.23	30.35	31.28
			30.65

13 Paris, Allison	SO	TPINE	2:00.55
	28.25	30.28	31.17
			30.85
14 Schenk, Delaney	SO	RCHOB	2:00.68
	27.72	30.19	31.47
			31.30

15 Bochsler, Hannah	SO	RCHOB	2:01.65
	28.30	30.06	31.43
			31.86
16 Molde, Lauren	SR	HELIX	2:02.90
	28.36	31.10	32.78
			30.66
17 Harris, Kelly	FR	TPINE	2:04.70
	28.69	31.36	32.44
			32.21
18 Ockletree, Suranee	FR	WVIEW	2:05.04
	29.25	31.23	32.78
			31.78
19 Avis, Kristy	SR	TPINE	2:05.55
	29.20	31.15	32.26
			32.94
20 Rodriguez, Mariela	FR	OTAYR	2:06.38
	29.08	31.54	33.11
			32.65
21 Perry, Danielle	JR	GHILL	2:07.05
	29.08	31.53	33.28
			33.16
22 Schmidt, Nicole	SR	RCHOB	2:07.29
	29.52	32.05	32.81
			32.91
23 Ogden, Sabrina	SO	OTAYR	2:07.97
	30.24	31.60	33.09
			33.04
24 Villa, Cat	JR	POWAY	2:10.63
	29.53	32.54	34.15
			34.41

#5 Girls 200 Yard IM

Section Recd: 2:00.94# 2007 Jessica Schmitt

DI Record: 2:00.94@ 2007 Jessica Schmitt

2008 Champ: 2:04.50 2008 Bianca Casciari

AllAmericaAu: 2:05.74!

AllAmericaCo: 2:07.60&

Name	Yr	Team	Finals Time
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Championship Final

1 Schmitt, Jessica	SR	TPINE	2:00.16#
	26.13	30.49	34.33
			29.21
2 Johnson, Krista	SR	CARL	2:05.89&
	27.31	31.46	37.50
			29.62
3 Linscheid, Candace	SR	MHILL	2:06.63&
	28.24	32.83	35.66
			29.90
4 Anderson, Katie	FR	RCHOB	2:08.41
	28.43	30.91	39.34
			29.73
5 Ortizharo, Danielle	SR	RCHOB	2:09.04
	27.86	33.37	36.62
			31.19

6 Papadopoulos, Helen	SR	TPINE	2:15.69
	28.74	33.96	40.25
			32.74

Consolation Final

7 Bebi, Rosa	FR	HELIX	2:11.75
	29.03	33.41	38.32
			30.99
8 Fryrear, Jasmine	SO	HENRY	2:12.33
	29.02	32.70	39.23
			31.38
9 Exley, Heather	JR	VISTA	2:15.38
	31.33	35.04	37.30
			31.71
10 Rusk, Jenny	JR	RCHOB	2:16.73
	28.79	36.15	39.50
			32.29
11 Nagy, Kenna	FR	LCC	2:17.04
	29.48	34.39	39.93
			33.24
12 Lambert-FLiszar, Flor	FR	TPINE	2:18.09
	30.03	34.65	40.06
			33.35

#5 Girls 200 Yard IM

Name	Yr	Team	Prelim Time
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Preliminaries

1 Schmitt, Jessica	SR	TPINE	2:05.11!
	27.22	32.76	35.29
			29.84
2 Anderson, Katie	FR	RCHOB	2:08.46
	28.26	31.25	39.20
			29.75
3 Johnson, Krista	SR	CARL	2:08.60
	27.80	32.01	38.11
			30.68
4 Ortizharo, Danielle	SR	RCHOB	2:09.74
	28.15	33.06	37.48
			31.05
5 Papadopoulos, Helen	SR	TPINE	2:14.11
	28.90	33.09	39.64
			32.48
6 Linscheid, Candace	SR	MHILL	2:14.18
	29.66	35.57	36.66
			32.29
7 Nagy, Kenna	FR	LCC	2:14.89
	29.51	34.64	39.01
			31.73
8 Bebi, Rosa	FR	HELIX	2:14.97
	29.50	35.14	39.78
			30.55
9 Exley, Heather	JR	VISTA	2:15.52
	31.35	35.12	37.52
			31.53
10 Fryrear, Jasmine	SO	HENRY	2:15.56
	29.30	34.30	40.63
			31.33
11 Lambert-FLiszar, Flor	FR	TPINE	2:18.11
	29.95	34.97	40.05
			33.14
12 Rusk, Jenny	JR	RCHOB	2:19.20
	29.61	37.02	39.88
			32.69
13 Ryan, Lauren	SO	CARL	2:19.43
	29.06	35.86	41.97
			32.54
14 Lemieux, Claire	JR	RBV	2:19.87
	28.79	35.49	42.87
			32.72
15 Espinoza, Lidia	FR	CHULA	2:21.01
	30.06	37.50	41.05
			32.40

CIF San Diego Section Championship - 2009
Division I Boys & Girls - Swimming and Diving

Results

Preliminaries ... (#5 Girls 200 Yard IM)

16	Proffit, Skyler	FR	HELIX	2:21.15
	30.61	38.18	38.96	33.40
17	Smith, Anna	SO	POWAY	2:22.04
	30.73	34.93	41.69	34.69
18	Pietrzyk, Amber	JR	RCHOB	2:22.34
	31.05	38.10	39.28	33.91
19	Schlarb, Myriah	SO	WVIEW	2:23.23
	30.39	37.92	40.99	33.93
20	OU, Kelly	FR	WVIEW	2:23.93
	31.46	35.69	43.02	33.76
21	Knollin, Katy	SO	VISTA	2:24.71
	30.30	38.10	42.61	33.70
22	Pollock, Rebecca	FR	EASTL	2:24.97
	31.67	37.92	41.29	34.09
23	Stein, Dorit	JR	TPINE	2:25.51
	30.96	38.57	42.04	33.94
24	Chavez, Jennifer	FR	FALLB	2:33.11
	31.30	38.95	47.85	35.01

#7 Girls 50 Yard Free

Section Recd: 23.68# 2009 Jacquie Kimmel
DI Record: 23.68@ 2009 Jacquie Kimmel
2008 Champ: 23.90 2008 Jacquie Kimmel
AllAmericaAu: 23.86!
AllAmericaCo: 24.12&

Championship Final

1	Tomkinson, Katie	SR	CARL	23.73!
2	Kimmel, Jacquie	SR	EASTL	23.76!
3	Lukes, Chandra	SO	SPAS	24.04&
4	DePeralta, Allison	FR	TPINE	24.32
5	Maher, Justine	SO	EASTL	24.52
6	Wilbur, Brianna	SR	GHILL	25.20

Consolation Final

7	Panian, Justine	FR	MHILL	24.57
8	Loy, Kelsey	SR	TPINE	24.87
9	Smyth, Danielle	SR	RCHOB	25.23
10	Banks, Simone	SO	EASTL	25.39
11	Clark, Emily	SO	GHILL	25.46
---	Bushnell, Sarah	FR	FALLB	DQ

#7 Girls 50 Yard Free

Name	Yr	Team	Prelim Time	
1	Kimmel, Jacquie	SR	EASTL	23.68#
2	Tomkinson, Katie	SR	CARL	24.09&
3	Lukes, Chandra	SO	SPAS	24.36
*4	Maher, Justine	SO	EASTL	24.58
*4	Wilbur, Brianna	SR	GHILL	24.58
6	DePeralta, Allison	FR	TPINE	24.66

7	Bushnell, Sarah	FR	FALLB	24.83
8	Panian, Justine	FR	MHILL	24.99
9	Loy, Kelsey	SR	TPINE	25.03
10	Smyth, Danielle	SR	RCHOB	25.04
11	Banks, Simone	SO	EASTL	25.31
12	Clark, Emily	SO	GHILL	25.42
13	Schlegel, Erika	JR	POWAY	25.53
14	Menkee, Chelsea	SR	VISTA	25.64
15	Williams, Elizabeth	SO	CARL	25.66
16	Huggins, Shaye	SR	ELCAM	25.74
17	Nokes, Heather	SR	RCHOB	25.77
18	Kremer, Reid	JR	TPINE	25.82
19	Consiglio, Melanie	JR	ELCAM	25.92
20	Montes, Karina	SO	RCHOB	25.95
21	Grossmith, Katie	SO	RBV	26.00
22	Croteau-hanson, River	SR	GHILL	26.15
23	Rodriguez, Leslie	SR	OTAYR	26.49
24	Rodriguez, Alexandria	JR	FALLB	26.85

#9 Girls 1 mtr Diving

CIF Consideration 145.00

CIF Automatic 185.00

Section Recd: 226.25# 2007 Laura Sanford - 6
DI Record: 226.25@ 2007 Laura Stanford - 6
2008 Champ: 221.85 2008 Haley Francis

Name	Yr	Team	Finals Score	
1	Francois, Haley	SO	RCHOB	228.00@
2	Belcher, Kiley	FR	MHILL	217.40
3	Kohls, Nicholle	SR	FALLB	206.15
4	Wilkinson, Kelly	FR	VISTA	206.05
5	Kurz, McKenna	FR	LCC	203.55
6	Gill, Ali	FR	POWAY	193.70
7	Lusher, Jamie	SO	FALLB	191.95
8	Kane, Jessica	FR	CARL	185.75
9	Kane, Chelsea	SR	CARL	175.05
10	Sanks, Tiffany	SR	GROSS	169.70
11	Gibson, Katie		WHILL	168.50
12	Ishii, Melissa	JR	RBV	158.80
13	Mendoza, Emily	FR	POWAY	156.65
14	Seitz, Elizabeth	SR	GHILL	155.20
15	Knox, Haley	JR	FALLB	151.90
16	Levy, Margot	JR	TPINE	148.90
17	Jasmund, Ashley	JR	HILLT	134.40
18	Mayorga, Juliette	JR	RBV	125.15
---	Ringwald, Marissa	SO	HILLT	DQ
---	Reef, BreAna	SO	HILLT	DQ
---	Tang, Ruth	SR	RCHOB	DQ
---	Sanscartier, Candice	SR	RCHOB	DQ
---	Stringer, Alex	JR	CARL	DQ
---	Mateos, Nidia	SO	RCHOB	DQ

#11 Girls 100 Yard Fly

Section Recd: 55.42# 2007 Bianca Casciari
DI Record: 55.42@ 2007 Bianca Casciari
2008 Champ: 56.90 2008 Bianca Casciari
AllAmericaAu: 56.75!
AllAmericaCo: 57.50&

Name	Yr	Team	Finals Time	
Championship Final				
1	Stewart, Kendyl	FR	LCC	53.44#
	24.91	28.53		
2	Tomkinson, Allison	FR	CARL	56.52!
	26.36	30.16		
3	Bowersox, Kathryn	FR	RCHOB	57.03&
	27.01	30.02		
4	Panian, Justine	FR	MHILL	57.56
	27.66	29.90		
5	McLean, Michaela	SO	HENRY	57.90
	27.14	30.76		
6	Maher, Justine	SO	EASTL	58.98
	27.84	31.14		

Consolation Final

7	Paris, Allison	SO	TPINE	59.75
	27.83	31.92		
8	Ryan, Lauren	SO	CARL	1:00.85
	28.31	32.54		
9	Haririan, Pareesa	FR	TPINE	1:01.06
	28.45	32.61		
10	Bowersox, Diane	SR	ESCO	1:01.26
	28.62	32.64		
11	Rusk, Jenny	JR	RCHOB	1:01.98
	28.79	33.19		
12	Lemieux, Claire	JR	RBV	1:02.13
	28.88	33.25		

#11 Girls 100 Yard Fly

Name	Yr	Team	Prelim Time	
Preliminaries				
1	Stewart, Kendyl	FR	LCC	56.38!
	26.52	29.86		
2	Bowersox, Kathryn	FR	RCHOB	57.49&
	26.60	30.89		
3	Tomkinson, Allison	FR	CARL	57.96
	27.54	30.42		
4	Panian, Justine	FR	MHILL	58.11
	27.52	30.59		
5	McLean, Michaela	SO	HENRY	59.17
	28.09	31.08		
6	Maher, Justine	SO	EASTL	59.44
	28.04	31.40		

**CIF San Diego Section Championship - 2009
Division I Boys & Girls - Swimming and Diving**

Results

Preliminaries ... (#11 Girls 100 Yard Fly)			
7	Paris, Allison	SO TPINE	1:00.81
	28.73	32.08	
8	Ryan, Lauren	SO CARL	1:00.93
	28.71	32.22	
9	Haririan, Pareesa	FR TPINE	1:01.22
	28.53	32.69	
10	Bowersox, Diane	SR ESCO	1:01.62
	28.86	32.76	
11	Rusk, Jenny	JR RCHOB	1:01.82
	29.37	32.45	
12	Lemieux, Claire	JR RBV	1:02.17
	29.27	32.90	
13	Scott, Ashley	FR HELIX	1:02.49
	29.42	33.07	
14	Bochsler, Hannah	SO RCHOB	1:02.59
	29.45	33.14	
15	Chard, Michelle	SO RCHOB	1:03.56
	29.07	34.49	
16	Gonzalez, Megan	FR LCC	1:03.64
	29.13	34.51	
17	Ogden, Sabrina	SO OTAYR	1:03.72
	30.27	33.45	
18	Knight, Amanda	SO POWAY	1:03.74
	29.09	34.65	
19	Sanchez, Alex	JR OTAYR	1:03.85
	29.31	34.54	
20	Warren, Sierra	SR GHILL	1:04.19
	29.76	34.43	
21	Espinoza, Lidia	FR CHULA	1:04.42
	30.28	34.14	
22	Salgado, Kaelin	JR ELCAM	1:04.83
	30.36	34.47	
23	Williams, Casey	FR TPINE	1:05.26
	29.98	35.28	
24	Stein, Dorit	JR TPINE	1:06.07
	31.27	34.80	

#13 Girls 100 Yard Free			
Section Recd: 50.56# 1989 Alison Terry			
DI Record: 51.07@ 2003 Valerie Tukey			
2008 Champ: 51.92 2008 Chandra Lukes			
AllAmericaAu: 51.72!			
AllAmericaCo: 52.39&			
Name	Yr	Team	Finals Time
Championship Final			
1	Tomkinson, Katie	SR CARL	50.83@
	24.70	26.13	
2	Voigt, Andrea	JR EASTL	52.29&
	25.67	26.62	
3	Lukes, Chandra	SO SPAS	52.54
	25.27	27.27	
4	Pham, Chi	JR WVIEW	53.06
	25.45	27.61	

5	Stoddard, Taylor	SR EASTL	53.23
	25.73	27.50	
6	Bushnell, Sarah	FR FALLB	54.62
	26.23	28.39	
Consolation Final			
7	DePeralta, Allison	FR TPINE	52.85
	25.78	27.07	
8	Nyenhuis, Chloe	SO VISTA	54.37
	26.26	28.11	
9	Kremer, Reid	JR TPINE	54.92
	26.58	28.34	
10	Molde, Lauren	SR HELIX	55.59
	26.91	28.68	
11	Clark, Emily	SO GHILL	56.11
	26.62	29.49	
12	Richardson, Kellie	FR MHILL	56.21
	27.21	29.00	
#13 Girls 100 Yard Free			
Name	Yr	Team	Prelim Time
Preliminaries			
1	Tomkinson, Katie	SR CARL	51.71!
	25.13	26.58	
2	Voigt, Andrea	JR EASTL	52.92
	25.82	27.10	
3	Pham, Chi	JR WVIEW	53.21
	25.47	27.74	
4	Lukes, Chandra	SO SPAS	53.32
	25.43	27.89	
5	Bushnell, Sarah	FR FALLB	53.54
	25.88	27.66	
6	Stoddard, Taylor	SR EASTL	53.94
	26.43	27.51	
7	Nyenhuis, Chloe	SO VISTA	54.01
	25.75	28.26	
8	DePeralta, Allison	FR TPINE	54.90
	26.72	28.18	
9	Molde, Lauren	SR HELIX	55.06
	26.75	28.31	
10	Kremer, Reid	JR TPINE	55.64
	27.09	28.55	
11	Richardson, Kellie	FR MHILL	55.75
	27.09	28.66	
12	Clark, Emily	SO GHILL	55.81
	26.45	29.36	
13	Schlegel, Erika	JR POWAY	55.83
	26.92	28.91	
14	Smyth, Danielle	SR RCHOB	56.01
	27.28	28.73	

15	Grossmith, Katie	SO RBV	56.62
	26.63	29.99	
16	Callahan, Holly	FR GROSS	56.76
	27.23	29.53	
17	Schwab, Anna	FR POWAY	57.26
	27.84	29.42	
18	Monson, Lauren	SO RCHOB	57.53
	27.74	29.79	
19	Consiglio, Melanie	JR ELCAM	57.59
	27.35	30.24	
20	Rodriguez, Leslie	SR OTAYR	57.78
	28.21	29.57	
21	Miller, Rachel	SR CARL	58.23
	27.74	30.49	
22	Croteau-hanson, River	SR GHILL	58.38
	27.67	30.71	
23	Williams, Victoria	SO VISTA	58.55
	28.32	30.23	
24	Ahmed, Aabra	SO EASTL	58.70
	28.76	29.94	
#15 Girls 500 Yard Free			
Section Recd: 4:43.75# 2005 Blake Hayter			
DI Record: 4:47.21@ 2004 Whitney Spence			
2008 Champ: 4:57.02 2008 Monica Dornick			
AllAmericaAu: 4:58.13!			
AllAmericaCo: 5:02.19&			
Name	Yr	Team	Finals Time
Championship Final			
1	Hall, Kelsey	SR WHILL	4:48.88!
	26.82	28.50	28.72 29.02
	29.50	29.51	29.52 29.59
	29.41	28.29	
2	Dornick, Monica	SO CARL	4:49.13!
	26.32	28.42	28.95 29.25
	29.54	29.38	29.63 29.81
	29.69	28.14	
3	Meyer, Roni	FR GHILL	5:05.27
	28.04	30.11	30.87 30.96
	31.03	30.77	31.19 30.98
	30.93	30.39	
4	Pold, Eva	FR TPINE	5:05.95
	28.39	30.13	30.92 30.77
	30.89	30.97	30.98 31.47
	31.23	30.20	
5	Spitser, Riley	FR RCHOB	5:08.68
	28.31	30.70	30.86 31.66
	31.90	31.38	31.62 31.11
	30.85	30.29	
6	McClure, Lauren	FR CARL	5:12.75
	28.79	31.02	31.47 31.36
	31.61	31.62	31.95 31.61
	32.00	31.32	

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Consolation Final ... (#15 Girls 500 Yard Free)

Consolation Final

7	Brown, Kylie	SO	SPAS	5:15.55
	28.40	31.02	31.66	32.20
	32.44	32.21	31.73	32.35
	31.92	31.62		
8	Burke, Kellie	SO	CARL	5:19.48
	28.78	30.65	31.34	31.76
	32.36	32.79	32.79	32.88
	33.19	32.94		
9	Fontaine, Kasey	FR	LCC	5:22.90
	29.06	31.97	32.61	32.64
	32.74	32.66	32.63	32.90
	33.32	32.37		
10	Schenk, Delaney	SO	RCHOB	5:23.18
	29.03	31.36	31.76	31.94
	32.60	32.81	33.07	33.36
	34.02	33.23		
11	Levy, Lauren	SR	TPINE	5:31.13
	29.08	31.85	32.69	32.91
	32.81	33.65	34.39	35.31
	34.29	34.15		
12	Haririan, Pareesa	FR	TPINE	5:35.44
	29.66	32.63	33.43	34.27
	34.15	33.96	34.50	34.60
	34.76	33.48		

#15 Girls 500 Yard Free

Name	Yr	Team	Prelim Time	
Preliminaries				
1	Dornick, Monica	SO	CARL	4:56.82!
	26.58	29.37	29.95	30.17
	30.06	30.57	30.45	30.55
	29.90	29.22		
2	Hall, Kelsey	SR	WHILL	4:59.46&
	27.08	29.32	29.88	29.88
	29.91	30.23	30.56	31.04
	31.02	30.54		
3	Spitser, Riley	FR	RCHOB	5:10.08
	28.56	30.89	30.91	31.12
	31.60	31.54	31.28	31.58
	31.93	30.67		
4	Meyer, Roni	FR	GHILL	5:10.81
	28.04	31.14	31.71	31.69
	31.76	31.49	31.39	31.52
	31.48	30.59		
5	McClure, Lauren	FR	CARL	5:11.81
	28.63	31.12	31.54	31.60
	31.64	31.61	31.84	31.52
	31.47	30.84		

6	Pold, Eva	FR	TPINE	5:13.04
	28.50	31.01	31.84	31.75
	31.45	31.65	31.62	31.65
	32.08	31.49		
7	Burke, Kellie	SO	CARL	5:15.40
	28.89	30.63	31.41	31.38
	31.45	31.78	32.10	32.76
	32.66	32.34		
8	Brown, Kylie	SO	SPAS	5:19.63
	28.54	31.04	31.56	32.20
	32.38	32.94	33.38	32.83
	32.68	32.08		
9	Fontaine, Kasey	FR	LCC	5:23.05
	29.46	32.80	33.16	33.02
	32.80	32.38	32.53	32.54
	32.60	31.76		
10	Schenk, Delaney	SO	RCHOB	5:24.33
	28.92	31.19	32.06	32.55
	32.68	32.85	33.17	33.64
	33.96	33.31		
11	Levy, Lauren	SR	TPINE	5:28.74
	29.54	31.96	32.12	32.81
	33.12	33.48	34.59	34.27
	33.97	32.88		
12	Haririan, Pareesa	FR	TPINE	5:33.78
	29.30	31.40	33.05	33.61
	33.93	34.47	34.41	34.77
	34.10	34.74		
13	Gansert, Haley	SO	RCHOB	5:35.34
	30.18	32.74	33.02	33.96
	34.05	34.37	35.09	34.23
	34.30	33.40		
14	Ockletree, Suranee	FR	WVIEW	5:35.85
	29.92	32.54	33.45	33.83
	34.30	33.95	34.69	35.06
	34.88	33.23		
15	Schlarb, Myriah	SO	WVIEW	5:36.46
	30.58	33.48	32.92	33.70
	33.74	34.16	34.38	34.58
	34.76	34.16		
16	McCauley, Haley	SO	ELCAM	5:39.75
	29.49	32.26	33.39	34.17
	34.80	35.35	35.31	36.22
	35.60	33.16		
17	Schmidt, Nicole	SR	RCHOB	5:39.92
	30.63	33.55	34.37	34.68
	34.87	34.78	34.64	34.36
	34.37	33.67		
18	Rodriguez, Mariela	FR	OTAYR	5:40.15
	30.40	33.23	34.13	34.76
	34.93	34.66	35.37	35.78
	34.58	32.31		

19	Hart, Jordan	JR	HENRY	5:40.53
	30.49	33.25	34.33	34.65
	35.12	34.75	35.31	35.60
	34.55	32.48		
20	Maggs, Hari	FR	TPINE	5:40.94
	30.22	33.00	33.88	34.35
	34.41	34.39	34.60	35.10
	35.64	35.35		
21	Moreno, Jessica	JR	EASTL	5:42.73
	30.41	34.04	34.70	34.54
	35.11	35.14	35.01	35.15
	34.83	33.80		
22	Holm, Courtney	SO	GHILL	5:43.18
	30.53	32.95	34.26	34.87
	35.34	35.39	35.32	35.27
	35.37	33.88		
23	Vertrees, Jenna	SR	CARL	5:43.27
	30.57	34.01	34.27	34.59
	34.89	35.04	35.46	35.67
	35.17	33.60		
24	Smith, Anna	SO	POWAY	5:49.47
	30.86	33.57	34.82	35.40
	35.43	35.79	35.97	36.24
	36.15	35.24		

#17 Girls 200 Yard Free Relay
Section Recd: 1:38.52# 2007 Torrey Pines High
B Pedley, A Pold, L Hermann, J Schmitt
DI Record: 1:38.52@ 2007 Torrey Pines High
Pedley, Pold, Hermann, Schmitt
2008 Champ: 1:39.09 2008 Eastlake High
H Voigt, A Voigt, T Stoddard, J Kimmel
AllAmericaAu: 1:38.34!
AllAmericaCo: 1:39.64&

Team	Relay	Finals Time
Championship Final		
1	EASTL	1:36.77!
	Voigt, Andrea JR	Maher, Justine SO
	Stoddard, Taylor SR	Kimmel, Jacquie SR
	24.68	24.37
	24.49	23.23
2	CARL	1:38.73&
	Tomkinson, Katie SR	Williams, Elizabeth SO
	Ryan, Lauren SO	Dornick, Monica SO
	24.28	25.27
	25.46	23.72
3	RCHOB	1:41.14
	Montes, Karina SO	Nokes, Heather SR
	Spitser, Riley FR	Smyth, Danielle SR
	26.45	25.29
	24.72	24.68
4	VISTA	1:43.06
	Menkee, Chelsea SR	Hill, Katrina JR
	Williams, Victoria SO	Nyenhuis, Chloe SO
	25.28	26.69
	26.28	24.81
5	POWAY	1:43.07
	O'Connell, Anna SO	Schwab, Anna FR
	Schlegel, Erika JR	Sheehan, Kelley SO
	27.24	25.73
	24.98	25.12

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Championship Final ... (#17 Girls 200 Yard Free

6 GHILL				1:43.67
Wilbur, Brianna SR	Meyer, Roni FR			
Johnson, Sarah SR	Clark, Emily SO			
25.22	26.74	26.39	25.32	

Consolation Final

7 SPAS				1:43.58
Lukes, Chandra SO	Johnson, Jae FR			
Stygar, Kristen SO	Bosworth, Amanda FR			
24.59	26.73	26.17	26.09	

8 TPINE				1:43.80
Silvas, Madison JR	Levy, Lauren SR			
Paris, Allison SO	Kremer, Reid JR			
26.67	26.12	25.90	25.11	

9 WVIEW				1:44.07
Quach, Amy SR	Fowler, Aubrie SR			
Hamrick, Lacey JR	Pham, Chi JR			
26.59	26.79	26.63	24.06	

10 FALLB				1:46.05
Rodriguez, Alexandria J	Maryn, Neika SR			
Walker, Lisa SO	Bushnell, Sarah FR			
26.60	27.26	27.34	24.85	

11 HELIX				1:48.03
Schramm, Ashley JR	Proffit, Skyler FR			
Scott, Ashley FR	Molde, Lauren SR			
28.66	27.92	25.78	25.67	

12 ELCAM				1:50.46
Consiglio, Melanie JR	Brown, Katrina SR			
McCauley, Haley SO	Daciolas, Jennifer JR			
26.56	27.13	27.76	29.01	

#17 Girls 200 Yard Free Relay

Team	Relay	Prelim Time
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Preliminaries

1 EASTL				1:38.92&
Voigt, Andrea JR	Maher, Justine SO			
Stoddard, Taylor SR	Kimmel, Jacquie SR			
24.95	24.82	25.41	23.74	

2 CARL				1:39.50&
Dornick, Monica SO	Tomkinson, Katie SR			
Williams, Elizabeth SO	Ryan, Lauren SO			
24.22	25.42	25.59	24.27	

3 RCHOB				1:41.50
Montes, Karina SO	Nokes, Heather SR			
Spitser, Riley FR	Smyth, Danielle SR			
26.07	25.47	24.78	25.18	

4 GHILL				1:42.99
Clark, Emily SO	Meyer, Roni FR			
Croteau-hanson, River S	Wilbur, Brianna SR			
25.68	26.65	25.70	24.96	

5 POWAY				1:43.56
Schwab, Anna FR	Schlegel, Erika JR			
O'Connell, Anna SO	Sheehan, Kelley SO			
27.28	25.44	26.06	24.78	

6 VISTA				1:44.14
Menkee, Chelsea SR	Hill, Katrina JR			
Williams, Victoria SO	Nyenhuis, Chloe SO			
26.61	26.00	26.41	25.12	

7 TPINE				1:44.28
Silvas, Madison JR	Levy, Lauren SR			
Paris, Allison SO	Kremer, Reid JR			
26.37	26.44	26.23	25.24	

8 ELCAM				1:44.33
Consiglio, Melanie JR	Brown, Katrina SR			
Ochsner, Dana SR	Huggins, Shaye SR			
26.04	27.02	25.69	25.58	

9 WVIEW				1:44.64
Quach, Amy SR	Fowler, Aubrie SR			
Hamrick, Lacey JR	Pham, Chi JR			
26.80	27.24	26.37	24.23	

10 SPAS				1:45.06
Lukes, Chandra SO	Johnson, Jae FR			
Stygar, Kristen SO	Bosworth, Amanda FR			
24.92	26.95	26.52	26.67	

11 FALLB				1:45.24
Rodriguez, Alexandria J	Maryn, Neika SR			
Walker, Lisa SO	Bushnell, Sarah FR			
26.20	27.16	26.81	25.07	

12 HELIX				1:45.83
Schramm, Ashley JR	Proffit, Skyler FR			
Scott, Ashley FR	Molde, Lauren SR			
27.38	27.32	25.65	25.48	

13 RBV				1:48.26
Beamon, Chelsea SR	Beamon, Autumn SO			
Janda, Chloe SO	Grossmith, Katie SO			
28.43	28.25	26.27	25.31	

14 GROSS				1:48.79
Stone, Jaime 11	Shelby, Arielle 12			
Callahan, Holly FR	Pape, Tyanna FR			
26.79	27.84	27.25	26.91	

17 LCC				1:52.19
Kelly, Misha JR	Lally, Bridget SR			
Sedghi, Nika SO	Foster, Clarissa SO			
27.64	28.35	27.24	28.96	

18 OTAYR				1:53.47
Gagarin, Sara FR	Py, Audrey FR			
Inzunza, Cecy	Eaton, Kelsey FR			
27.08	30.27	28.12	28.00	

19 HENRY				1:53.48
Crooks, Melinda FR	Dowell, Andrianna JR			
Prater-Fahey, Mahalia S	Fink, Erin JR			
28.95	27.49	29.32	27.72	

20 MMESA				1:55.88
Daum, Brianna 12	Genereaux, Sierra 11			
Figueroa, Yanina 12	Palu, Winona 11			
28.49	29.69	29.42	28.28	

21 MHILL				1:58.23
Leffler, Jenna JR	Martino, Nichole SR			
Tucker, Jessica FR	Lagieweiz, Ania FR			
29.37	29.64	29.63	29.59	

22 CHULA				2:01.41
Oropeza, Leslie SR	Massey, Felicia JR			
Oropeza, Valeria JR	Espinoza, Lidia FR			
28.62	32.12	31.61	29.06	

#19 Girls 100 Yard Back

Section Recd: 55.12# 2008 Nicole Parmenter
DI Record: 56.38@ 2006 Kirsten Fontana
2008 Champ: 57.59 2008 Jacquie Kimmel
AllAmericaAu: 57.50!
AllAmericaCo: 58.43&

Name	Yr	Team	Finals Time
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Championship Final

1 Stewart, Kendyl	FR	LCC	55.37@
26.94	28.43		
2 Kimmel, Jacquie	SR	EASTL	57.79&
28.27	29.52		

3 Anderson, Katie	FR	RCHOB	57.93&
28.34	29.59		
4 Pham, Chi	JR	WVIEW	58.27&
28.34	29.93		

5 McLean, Michaela	SO	HENRY	58.50
28.62	29.88		
6 Johnson, Krista	SR	CARL	58.89
28.93	29.96		

Consolation Final

7 Bowersox, Kathryn	FR	RCHOB	58.80
28.52	30.28		
8 Loy, Kelsey	SR	TPINE	1:00.98
30.00	30.98		
9 Sheehan, Kelley	SO	POWAY	1:01.05
30.10	30.95		

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Consolation Final ... (#19 Girls 100 Yard Back)

10	Nokes, Heather	SR	RCHOB	1:01.94
	30.56	31.38		
11	Bowersox, Diane	SR	ESCO	1:02.01
	30.27	31.74		
12	Curran, Clare	FR	GROSS	1:05.13
	31.82	33.31		

#19 Girls 100 Yard Back

Name Yr Team Prelim Time

Preliminaries

1	Stewart, Kendyl	FR	LCC	56.74!
	27.80	28.94		
2	Kimmel, Jacquie	SR	EASTL	58.29&
	28.39	29.90		
3	Anderson, Katie	FR	RCHOB	58.30&
	28.52	29.78		
4	Pham, Chi	JR	WVIEW	58.52
	28.41	30.11		
5	McLean, Michaela	SO	HENRY	59.20
	29.46	29.74		
6	Johnson, Krista	SR	CARL	59.84
	29.59	30.25		
7	Bowersox, Kathryn	FR	RCHOB	1:00.66
	29.33	31.33		
8	Loy, Kelsey	SR	TPINE	1:01.16
	30.09	31.07		
9	Sheehan, Kelley	SO	POWAY	1:01.88
	30.14	31.74		
10	Bowersox, Diane	SR	ESCO	1:01.89
	30.15	31.74		
11	Nokes, Heather	SR	RCHOB	1:02.09
	30.61	31.48		
12	Curran, Clare	FR	GROSS	1:02.37
	30.24	32.13		
13	Fontaine, Kasey	FR	LCC	1:02.46
	30.41	32.05		
14	Ochsner, Dana	SR	ELCAM	1:02.47
	30.04	32.43		
15	Janda, Chloe	SO	RBV	1:02.84
	30.42	32.42		
16	Richardson, Kellie	FR	MHILL	1:03.28
	31.23	32.05		
17	Papadopoulos, Helen	SR	TPINE	1:03.30
	31.09	32.21		
18	Fryrear, Jasmine	SO	HENRY	1:03.44
	30.89	32.55		
19	Wilbur, Brianna	SR	GHILL	1:03.51
	31.03	32.48		

20	Monson, Lauren	SO	RCHOB	1:03.76
	30.86	32.90		
21	Winton, Caitlin	JR	POWAY	1:04.63
	31.47	33.16		
22	Gonzalez, Megan	FR	LCC	1:04.74
	31.73	33.01		
23	Rogers, Heather	JR	POWAY	1:06.86
	32.06	34.80		
24	Ahmed, Abra	SO	EASTL	1:07.53
	33.34	34.19		

#21 Girls 100 Yard Breast

Section Recd: 1:01.77# 1998 Staci Stitts
DI Record: 1:01.77@ 1998 Staci Stitts
2008 Champ: 1:06.73 2008 Danielle Ortizharo
AllAmericaAu: 1:05.24!
AllAmericaCo: 1:06.28&

Name Yr Team Finals Time

Championship Final

1	Schmitt, Jessica	SR	TPINE	1:01.85!
	29.15	32.70		
2	Linscheid, Candace	SR	MHILL	1:04.63!
	30.74	33.89		
3	Ortizharo, Danielle	SR	RCHOB	1:05.81&
	30.50	35.31		
4	Bebi, Rosa	FR	HELIX	1:08.27
	32.38	35.89		
5	Curran, Clare	FR	GROSS	1:08.53
	32.45	36.08		
6	Exley, Heather	JR	VISTA	1:09.35
	32.37	36.98		
Consolation Final				
7	Tomkinson, Allison	FR	CARL	1:07.10
	31.69	35.41		
8	Nagy, Kenna	FR	LCC	1:09.79
	33.32	36.47		
9	Pollock, Rebecca	FR	EASTL	1:10.44
	33.03	37.41		
10	Banks, Simone	SO	EASTL	1:10.62
	33.55	37.07		
11	Proffit, Skyler	FR	HELIX	1:10.83
	33.28	37.55		
12	Williams, Elizabeth	SO	CARL	1:11.60
	33.72	37.88		

#21 Girls 100 Yard Breast

Name Yr Team Prelim Time

Preliminaries				
1	Schmitt, Jessica	SR	TPINE	1:04.27!
	30.25	34.02		
2	Ortizharo, Danielle	SR	RCHOB	1:06.43
	31.02	35.41		

3	Linscheid, Candace	SR	MHILL	1:07.97
	32.19	35.78		
4	Bebi, Rosa	FR	HELIX	1:08.84
	32.56	36.28		
5	Exley, Heather	JR	VISTA	1:08.97
	32.33	36.64		
6	Curran, Clare	FR	GROSS	1:09.19
	32.60	36.59		
7	Tomkinson, Allison	FR	CARL	1:09.21
	33.13	36.08		
8	Nagy, Kenna	FR	LCC	1:10.07
	32.95	37.12		
9	Proffit, Skyler	FR	HELIX	1:10.18
	33.01	37.17		
10	Pollock, Rebecca	FR	EASTL	1:10.74
	33.44	37.30		
11	Williams, Elizabeth	SO	CARL	1:11.06
	33.86	37.20		
12	Banks, Simone	SO	EASTL	1:11.50
	33.25	38.25		
13	Lambert-FLiszar, Flor	FR	TPINE	1:11.70
	33.30	38.40		
14	Johnson, Sarah	SR	GHILL	1:12.14
	34.12	38.02		
*15	Pietrzyk, Amber	JR	RCHOB	1:12.23
	34.28	37.95		
*15	Levy, Lauren	SR	TPINE	1:12.23
	34.20	38.03		
17	Lomayesva, Natalie	JR	MHILL	1:12.61
	34.31	38.30		
18	Marx, Sarah	JR	WVIEW	1:13.30
	34.63	38.67		
19	DeSantis, Katie	SR	VISTA	1:13.78
	34.72	39.06		
20	Dowden, Casaundra	JR	FALLB	1:13.86
	34.83	39.03		
21	Gansert, Haley	SO	RCHOB	1:14.18
	35.16	39.02		
22	Bosworth, Amanda	FR	SPAS	1:14.28
	35.07	39.21		
23	Owens, Katherine	FR	GHILL	1:14.85
	36.22	38.63		
24	Derderian, Celena	JR	SPAS	1:14.90
	35.45	39.45		

CIF San Diego Section Championship - 2009
Division I Boys & Girls - Swimming and Diving

Results

#23 Girls 400 Yard Free Relay

Section Recd: 3:30.29# 2007 Torrey Pines High

A Pold, L Hermann, B Pedley, J Schmitt

DI Record: 3:30.29@ 2007 Torrey Pines High

A Pold, L Hermann, B Pedley, J Schmitt

2008 Champ: 3:31.37 2008 Eastlake High

T Stoddard, J Maher, A Voigt, J Kimmel

AllAmericaAu: 3:33.90!

AllAmericaCo: 3:36.76&

Team	Relay	Finals Time			
Championship Final					
1 EASTL		3:29.65#			
	Voigt, Andrea JR	Maher, Justine SO			
	Stoddard, Taylor SR	Kimmel, Jacquie SR			
	25.61	52.51	25.13	52.61	
	25.39	52.70	24.80	51.83	
2 TPINE		3:33.19!			
	Kremer, Reid JR	Loy, Kelsey SR			
	DePeralta, Allison FR	Schmitt, Jessica SR			
	26.58	55.68	25.64	53.79	
	25.63	53.13	24.03	50.59	
3 RCHOB		3:33.64!			
	Spitser, Riley FR	Bowersox, Kathryn FR			
	Ortizharo, Danielle SR	Anderson, Katie FR			
	26.13	54.31	25.28	53.76	
	25.62	53.43	24.88	52.14	
4 CARL		3:41.87			
	Burke, Kellie SO	Ryan, Lauren SO			
	Williams, Elizabeth SO	Johnson, Krista SR			
	26.99	55.92	26.36	54.72	
	26.38	56.14	26.31	55.09	
5 MHILL		3:42.25			
	Panian, Justine FR	Richardson, Kellie FR			
	Lomayesva, Natalie JR	Linscheid, Candace SR			
	26.01	53.26	26.86	56.28	
	27.86	59.58	25.70	53.13	
6 POWAY		3:45.36			
	Knight, Amanda SO	Schwab, Anna FR			
	Schlegel, Erika JR	Sheehan, Kelley SO			
	27.98	58.36	27.44	57.37	
	25.76	54.96	26.29	54.67	
Consolation Final					
7 VISTA		3:45.12			
	Menkee, Chelsea SR	Exley, Heather JR			
	Nyenhuis, Chloe SO	Williams, Victoria SO			
	26.67	55.37	27.61	57.83	
	28.09	57.90	25.94	54.02	
8 LCC		3:47.66			
	Fontaine, Kasey FR	Gonzalez, Megan FR			
	Nagy, Kenna FR	Stewart, Kendyl FR			
	27.96	58.28	29.00	1:00.89	
	28.08	56.59	24.83	51.90	

9 HELIX		3:49.38			
	Molde, Lauren SR	Schramm, Ashley JR			
	Bebi, Rosa FR	Scott, Ashley FR			
	27.00	55.82	28.92	1:00.37	
	27.12	57.08	26.48	56.11	
10 WVIEW		3:49.81			
	Quach, Amy SR	Ockletree, Suranee FR			
	Hamrick, Lacey JR	Pham, Chi JR			
	27.55	58.75	28.15	58.51	
	28.61	59.39	25.49	53.16	
11 FALLB		3:49.86			
	Rodriguez, Alexandria J	Fitzpatrick, Sydney SR			
	Dowden, Casaundra JR	Bushnell, Sarah FR			
	27.87	59.01	27.64	58.38	
	27.47	57.27	26.10	55.20	
12 HENRY		3:53.21			
	Pugh, Cassie SR	Fryrear, Jasmine SO			
	Hart, Jordan JR	McLean, Michaela SO			
	29.55	1:02.41	26.61	56.10	
	28.85	1:00.59	25.84	54.11	

#23 Girls 400 Yard Free Relay

Team	Relay	Prelim Time			
Preliminaries					
1 EASTL		3:33.48!			
	Voigt, Andrea JR	Maher, Justine SO			
	Stoddard, Taylor SR	Kimmel, Jacquie SR			
	25.34	52.85	25.77	53.80	
	25.82	53.70	25.61	53.13	
2 TPINE		3:37.21			
	Kremer, Reid JR	Loy, Kelsey SR			
	DePeralta, Allison FR	Schmitt, Jessica SR			
	27.37	56.01	25.99	54.29	
	26.02	54.01	25.25	52.90	
3 RCHOB		3:37.64			
	Spitser, Riley FR	Bowersox, Kathryn FR			
	Ortizharo, Danielle SR	Anderson, Katie FR			
	26.78	55.62	25.74	54.28	
	26.40	54.50	25.43	53.24	
4 CARL		3:41.90			
	Burke, Kellie SO	Ryan, Lauren SO			
	Williams, Elizabeth SO	Johnson, Krista SR			
	26.11	53.95	26.52	55.17	
	26.90	56.38	27.00	56.40	
5 MHILL		3:46.30			
	Panian, Justine FR	Richardson, Kellie FR			
	Lomayesva, Natalie JR	Linscheid, Candace SR			
	26.50	54.52	26.94	56.22	
	28.42	59.95	26.91	55.61	

6 POWAY		3:48.19			
	Schwab, Anna FR	Knight, Amanda SO			
	Schlegel, Erika JR	Sheehan, Kelley SO			
	28.30	59.59	27.59	56.92	
	26.57	56.19	26.46	55.49	
7 VISTA		3:48.88			
	Menkee, Chelsea SR	Exley, Heather JR			
	Nyenhuis, Chloe SO	Hill, Katrina JR			
	27.15	56.52	28.22	58.09	
	27.62	58.92	26.48	55.35	
8 HELIX		3:50.51			
	Schramm, Ashley JR	Scott, Ashley FR			
	Bebi, Rosa FR	Molde, Lauren SR			
	28.94	1:00.09	26.95	56.79	
	26.98	57.58	26.45	56.05	
9 LCC		3:50.98			
	Fontaine, Kasey FR	Gonzalez, Megan FR			
	Nagy, Kenna FR	Stewart, Kendyl FR			
	27.44	57.07	29.09	1:01.79	
	27.90	58.38	25.72	53.74	
10 WVIEW		3:51.01			
	Quach, Amy SR	Ockletree, Suranee FR			
	Hamrick, Lacey JR	Pham, Chi JR			
	27.71	58.62	28.70	59.72	
	28.56	59.22	25.46	53.45	
11 FALLB		3:51.83			
	Fitzpatrick, Sydney SR	Dowden, Casaundra JR			
	Rodriguez, Alexandria J	Bushnell, Sarah FR			
	27.66	58.38	28.60	59.52	
	28.13	58.71	26.17	55.22	
12 HENRY		3:53.60			
	McLean, Michaela SO	Hart, Jordan JR			
	Pugh, Cassie SR	Fryrear, Jasmine SO			
	28.98	1:01.42	27.42	57.45	
	28.71	1:00.48	25.99	54.25	
13 SPAS		3:54.10			
	Brown, Kylie SO	Blanchard, Jennifer SR			
	Johnson, Jae FR	Styggar, Kristen SO			
	27.55	56.64	29.14	1:00.09	
	28.17	58.72	27.39	58.65	
14 GROSS		3:55.99			
	Stone, Jaime 11	Shelby, Arielle 12			
	Curran, Clare FR	Callahan, Holly FR			
	28.71	1:00.54	28.07	59.51	
	28.34	58.13	27.76	57.81	
15 GHILL		3:57.62			
	Perry, Danielle JR	Croteau-hanson, River S			
	Whittier, Kyla SR	Johnson, Sarah SR			
	27.51	59.08	28.13	58.61	
	29.10	1:00.47	28.16	59.46	
16 OTAYR		4:02.46			
	Ogden, Sabrina SO	Sanchez, Alex JR			
	Rodriguez, Mariela FR	Rodriguez, Leslie SR			
	29.71	1:00.26	27.70	59.42	
	30.04	1:02.95	28.35	59.83	

CIF San Diego Section Championship - 2009
Division I Boys & Girls - Swimming and Diving
Results

Preliminaries ... (#23 Girls 400 Yard Free Relay)				
17	WHILL			4:02.99
	Gimm, Katie JR	Jenks, Chelsea SR		
	Lazor, Jessica SO	Taylor, Gabby SR		
	28.80	1:00.38	29.75	1:03.27
	30.93	1:04.94	25.81	54.40
18	ESCO			4:03.35
	Staedtler, Xenia JR	Ordille, Gina SR		
	Haller, Raquel JR	Duncan, Molly SR		
	28.30	58.73	29.28	1:02.50
	30.47	1:02.86	28.25	59.26
19	HILLT			4:15.20
	Aguilar, Elizabeth FR	Carreon, Diana FR		
	Lane, Michelle JR	Quezada, Crystal FR		
	30.41	1:03.02	30.59	1:03.09
	31.32	1:08.99	28.02	1:00.10
---	RBV			DQ
	Lemieux, Claire JR	Bjarnson, Kianna FR		
	Bjarnson, Cherstin JR	Nolan, Olivia SR		
	28.70	59.79	30.24	1:05.69
	29.49	1:04.64	30.70	1:05.35
---	MMESA			DQ
	Genereaux, Sierra 11	Pivaroff, Tara SO		
	Figueroa, Yanina 12	Palu, Winona 11		
---	ELCAM			DQ
	Brown, Katrina SR	Stapp, Tami FR		
	Waid, Rebecca SR	Salgado, Kaelin JR		
	29.07	1:01.37	28.25	59.72
	28.91	1:02.54	29.00	1:01.00

Women - Team Rankings - Through Event 23

1.	Carlsbad High School	218
2.	Rancho Bernardo High School	184
3.	Torrey Pines High School	172
4.	Eastlake High School	171
5.	Mission Hills High School	97
6.	La Costa Canyon	85
7.	Vista High School	75
8.	Granite Hills High School	70
9.	San Pasqual High School	63
10.	Poway High School	58
11.	Fallbrook High School	38
12.	Westview	36
13.	Helix Charter High School	35
13.	Patrick Henry High School	35
15.	West Hills High School	31
16.	Grossmont High School	14
17.	Escondido High School	5
18.	El Camino High School	4
19.	Rancho Buena Vista High School	3