

(School Directory updated 12/9/10)

#### ACADEMY OF OUR LADY OF PEACE

web: www.aolp.org  
4860 Oregon Street  
San Diego 92116  
Ph: 619-297-2266  
Fax: 619-297-2473  
City Conference/Western  
Catholic Independent  
All Girls/Four Years  
Enrollment (9-12) = 731  
Pilots - Columbia Blue/White

**Directions:** I-8 to Texas St. S-L @  
Madison Ave. - L @ Oregon St.

#### ALL TRIBES CHARTER SCHOOL

web: www.alltribescharter.org  
34320 Valley Center Road  
Valley Center 92082  
Ph: 760-749-5982  
Fax: 760-749-4153  
Frontier League  
Warner U.S.D.  
Four Years  
Enrollment (9-12) = 30  
Wolf - Red/Black/White  
**Directions:** I-15 to Via Rancho Pkwy to  
Bear Valley Pkwy to Valley Parkway East  
continue on Valley Center Rd. through Valley  
Center to Rincon Reservation-across from  
Rincon Market

#### ARMY NAVY ACADEMY

web: armyandnavyacademy.org  
2605 Carlsbad Blvd. 92018-3000  
Mail: PO Box 3000  
Carlsbad, CA 92018-3000  
Ph: 760-547-5259  
Fax: 760-496-0873  
AD Fax: 760-729-6791  
Coastal Conference/Pacific  
Private School  
All Men/Four Years  
Enrollment (9-12) = 232  
Warriors - Black/Gold

**Directions:** I-5 to Carlsbad Village Drive,  
West to Carlsbad Blvd., North to 2605.

#### THE BISHOP'S SCHOOL

web: www.bishops.com  
7607 La Jolla Blvd.  
La Jolla, CA 92037  
Ph: 858-459-4021  
Fax: 858-459-3914  
Coastal Conference/Coastal  
Private School  
Coed/Four Years  
Enrollment (9-12) = 555  
Knights - Maroon/Gold

**Directions:** N I-5 to La Jolla Pkwy/S I-5  
to La Jolla Village Dr. - W to Torrey Pines Rd.  
W- 52 ends at La Jolla Parkway-  
L@Girard-R@Pearl-R@La Jolla Blvd

#### BONITA VISTA

web: www.bvhigh.com  
751 Otay Lakes Road  
Chula Vista, CA 91913  
Ph: 619-397-2000  
Fax: 619-656-1203  
Metro Conference/Mesa  
Sweetwater UHSD  
Coed/Four Years  
Enrollment (9-12) = 2426  
Barons - Navy Blue/Gold/White

**Directions:** I-805 to H St East - Right @  
Otay Lakes Rd.

#### ADMINISTRATION

Prin: Sister Dolores Anchondo x 200  
AP: Sister Joyce Hampel x 201  
G.AD: Melinda Blade 297-2563  
dr.blade@aolp.org  
AD Sec: Melissa Acosta  
macost@aolp.org  
ASB: Jeanette Handelsman x 154  
Finance: Dasan Mahadevan  
Cheer: Casey Popp  
Band: N/A

#### ADMINISTRATION

Prin: Mary Ann Donohue 272-6091  
ataics@aol.com  
Prin Sec: TBA  
  
AP: N/A  
AD: Michelle Parada 272-6094  
AD Sec: N/A

ASB: N/A  
Finance: N/A  
Cheer: N/A  
Band: N/A

#### ADMINISTRATION

President: Gen. Steve Bliss 547-5299  
sbliss@armyandnavyacademy.org  
Principal: Jeff Hengesbach 547-5199  
jhengesbach@armyandnavyacademy.org  
AD: Tom Tarantino  
ttarantino@armyandnavyacademy.org  
AD Sec: Roberta Ford 547-5258  
rford@armyandnavyacademy.org  
Athletic Trainer: Leana Rice  
leanarice@hotmail.com  
ASB: Veronica Parker-Davis  
Finance: Janet Pullen 547-5269  
Cheer: DNF  
Band: Mike Donovan 547-5161

#### ADMINISTRATION

Headmaster: Aimeclaira Roche x221  
rochea@bishops.com  
Dean: Louise Gilpin x267  
gilpinl@bishops.com  
Acting AD: Joel Allen x450  
allenj@bishops.com  
AD Sec: Debby Hubbard x 630  
hubbardd@bishops.com  
Athletic Trainer: Jason Charlebois  
charleboisj@bishops.com  
ASB: Regina Ballard x 650  
Finance: Kimberly Borgerding x 410  
Cheer: DNF  
Band: Will Parsons x 465

#### ADMINISTRATION

Prin: Bettina Batista  
bettina.batista@sweetwaterschools.org  
Prin Sec: Araceli Guzman  
araceli.guzman@sweetwaterschools.org  
AP: Bryan Schultz  
bryan.schultz@sweetwaterschools.org  
AD: Lance Christensen 216-5008  
lance.christensen@sweetwaterschools.org  
ASB: Ronne Pietila-Wiggs  
Finance: Wendy Munoz 397-2052  
wendy.munoz@sweetwaterschools.org  
Cheer: Lorena Lucero  
Band: Jason Mangan

#### CIFSDS Member Schools = 121 Enrollments based on 10/09 CBEDS

#### VARSIITY HEAD COACHES

Badminton: DNF  
Baseball: DNF  
B. BB: DNF  
G. BB: Norman Guay  
B. XC: DNF  
G. XC: Dan Keays  
Field Hockey: DNF  
Football: DNF  
B. Golf: DNF  
G. Golf: Aaron Gonzales  
Gymnastics: Rebecca Floyd  
B. Lacrosse: DNF  
G. Lacrosse: DNF

B. Soccer: DNF  
G. Soccer: Sally Boettger  
Softball: Tom Angioletti  
B. Swim: DNF  
G. Swim: Kevin Manley  
B. Tennis: DNF  
G. Tennis: Darice Carnaje  
B. Track: DNF  
G. Track: Dan Keays  
B. Volleyball: DNF  
G. Volleyball: Laura Ratto  
B. Water Polo: DNF  
G. Water Polo: DNF

#### VARSIITY HEAD COACHES

Badminton: DNF  
Baseball: Rik Mazzetti  
B. BB: DNF  
G. BB: DNF  
B. XC: DNF  
G. XC: DNF  
Field Hockey: DNF  
Football: DNF  
B. Golf: DNF  
G. Golf: DNF  
Gymnastics: DNF  
B. Lacrosse: DNF  
G. Lacrosse: DNF  
Roller Hockey: DNF

B. Soccer: DNF  
G. Soccer: DNF  
Softball: DNF  
B. Swim: DNF  
G. Swim: DNF  
B. Tennis: DNF  
G. Tennis: DNF  
B. Track: DNF  
G. Track: DNF  
B. Volleyball: DNF  
G. Volleyball: DNF  
B. Water Polo: DNF  
G. Water Polo: DNF  
Wrestling: Nate/Scott Parada

#### VARSIITY HEAD COACHES

Badminton: DNF  
Baseball: Jeff Doyle  
B. BB: Tom Tarantino  
G. BB: DNF  
B. XC: Martin Davis  
G. XC: DNF  
Field Hockey: DNF  
Football: Bert Ford  
B. Golf: Mike Donovan  
G. Golf: DNF  
Gymnastics: DNF  
B. Lacrosse: DNF  
G. Lacrosse: DNF  
Roller Hockey: TBA

B. Soccer: Jennifer Quan  
G. Soccer: DNF  
Softball: DNF  
B. Swim: Steve Morris  
G. Swim: DNF  
B. Tennis: Daniel Primbs  
G. Tennis: DNF  
B. Track: Martin Davis  
G. Track: DNF  
B. Volleyball: DNF  
G. Volleyball: DNF  
B. Water Polo: Steve Morris  
G. Water Polo: DNF  
Wrestling: TBA

#### VARSIITY HEAD COACHES

Badminton: DNF  
Baseball: Al Gomez  
B. BB: Matt Niehues  
G. BB: Marlon Wells  
B. XC: Adam Weiner  
G. XC: Adam Weiner  
Field Hockey: Kristin Davidson  
Football: Joel Allen  
B. Golf: Billy Subang  
G. Golf: Billy Subang  
Gymnastics: DNF  
B. Lacrosse: Steve Sepeta  
G. Lacrosse: Meghan Carr  
Roller Hockey: DNF

B. Soccer: Malcolm Tovey  
G. Soccer: Brian Quinn  
Softball: Rio Dominguez  
B. Swim: Dana Pierce  
G. Swim: Chad Bishop  
B. Tennis: Matt Copland  
G. Tennis: Mariel DeYoung  
B. Track: April Guinchard  
G. Track: April Guinchard  
B. Volleyball: Tod Mattox  
G. Volleyball: Tod Mattox  
B. Water Polo: Jim Fales  
G. Water Polo: Doug Peabody  
Wrestling: DNF

#### VARSIITY HEAD COACHES

Badminton: DNF  
Baseball: Vince Gervais  
B. BB: Bill Woods  
G. BB: Wayne Wooten  
B. XC: Ed Winczowski  
G. XC: Ed Winczowski  
Field Hockey: Ernesto Luna  
Football: Carl Parrick  
B. Golf: Sean Meisner  
G. Golf: Gab Ruz  
Gymnastics: Cody Moses  
B. Lacrosse: Sam cardenas  
G. Lacrosse: Ernesto Luna  
Roller Hockey: Keith Quigley

B. Soccer: Jason Murphy  
G. Soccer: Ryan Marquez  
Softball: John Carlson  
B. Swim: Darrell Jett  
G. Swim: Darrell Jett  
B. Tennis: John Villanueva  
G. Tennis: Heidi Marks  
B. Track: Ray Peterson  
G. Track: Ray Peterson  
B. VB: Hawley Woods  
G. VB: Woodie Taeatafa  
B. Water Polo: Kevin Killacky  
G. Water Polo: Kevin Killacky  
Wrestling: Mark Trice

**BORREGO SPRINGS**

web: www.borregosprings.edmin.com  
 2281 Diegueno Rd., Borrego Springs  
 Mail: 1315 Palm Canyon Drive  
 Borrego Springs, CA 92004  
 Ph: 760-767-5335  
 Fax: 760-767-5999  
 Southern Conference  
 Borrego Springs U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 149  
 Rams - Red/Black/White

**Directions:** I-8 E to 67 N to 78 E to 79N  
 to S-2S to S-22E to R @ Palm Canyon Rd  
 L @ Ocotillo R @ Saddle to school.

**BRAWLEY UNION**

web: www.brawleyhighschool.org  
 480 North Imperial Avenue  
 Brawley, CA 92227  
 Ph: 760-312-5819  
 Fax: 760-344-9520  
 AD Fax: 760-312-6094  
 Southeastern Conference  
 Brawley U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1702  
 Wildcats - Royal Blue/Gold

**Directions:** I-8 E to (El Centro) Imperial  
 Ave/Hwy86/Imperial Ave - in Brawley  
 take 1st St to A St - 3 blks to school.

**CALEXICO**

web: www.calexico.k12.ca.us  
 1030 Encinas Avenue  
 Calexico, CA 92231  
 Ph: 760-768-3980  
 Fax: 760-357-9640  
 AD Fax: 760-768-3995  
 Southeastern Conference  
 Calexico U.S.D.  
 Coed/Three Years  
 Enrollment (9-12) = 2889  
 Bulldogs - Maroon/White

**Directions:** I-8 E to Hwy 111 (Calexico  
 exit) S to Hwy 98-L to Encinas Ave - R  
 on Encinas to school on left side.

**CALEXICO MISSION SCHOOL**

web: TBA  
 601 East First Street  
 Calexico, CA 92231  
 Ph: 760-357-3711  
 Fax: 760-357-3713

Frontier League  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 111  
 Mascot/School Colors = TBA

**Directions:** TBA

**CALIPATRIA**

web: N/A  
 601 West Main Street  
 Calipatria, CA 92233  
 Ph: 760-348-2254  
 Fax: 760-348-2431  
 Southeastern Conference  
 Calipatria U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 366  
 Hornets - Navy Blue/Gold

**Directions:** I-8 to Imperial Ave or #86  
 NE thru Brawley to #111 - N to 9th St - L  
 to Main - L to school.

**ADMINISTRATION**

Prin: Narciso Iglesias  
 niglesias@bsusd.net  
 Prin Sec: Terri Watkins  
 twatkins@bsusd.net  
 AP: N/A  
 CO-AD: Dave Jones/Rich Mossay  
 djones@bsusd.net  
 rmossay@bsusd.net  
 AD Sec: N/A  
 ASB: Tim Fletcher  
 Finance: Mark Lucas  
 mlucas@bsusd.net  
 Cheer: Terra Wade  
 Band: Stephen Clements

**ADMINISTRATION**

Prin: Simon Canalez x6085  
 scanalez@brawleyhigh.org  
 Prin Sec: Sandra Cortez x4057  
 scortez@brawleyhigh.org  
 AP: Jesse Sanchez 312-6089  
 jsanchez@brawleyhigh.org  
 AD: Billy Brewer 312-6065  
 bbrewer@brawleyhigh.org  
 AD Sec: N/A  
 ASB: Jeff Wise 312-6061  
 Finance: Myra Franco x 4175  
 mfranco@brawleyhigh.org  
 Cheer: Cory Nava 351-6342  
 Band: Amy Dailey x 4178

**ADMINISTRATION**

Prin: Gilbert Mendez  
 gmendez@calexico.k12.ca.us  
 Prin Sec: Janet Burgos x4197  
 AP: John Moreno x 4188  
 AD: Joe Apodaca  
 japodaca@calexico.k12.ca.us  
 Athletic Trainer: Ruben Payan  
 ASB: Frank Noriega x 4177  
 Finance: Sandra Ramsey x 4195  
 Cheer: Rose Moreno-Gerardo x 4466  
 Band: Mark Lucas x4041

**ADMINISTRATION**

Prin: Susan Smith  
 ssmith@cams-education.com  
 Prin Sec: TBA  
 AP: TBA  
 AD: William burns  
 wburns@cams-education.com  
 Athletic Trainer: TBA  
 ASB: TBA  
 Finance: TBA  
 Cheer: TBA  
 Band: TBA

**ADMINISTRATION**

Prin: Virginia Calsada 348-4041  
 v\_calsada@hotmail.com  
 Prin Sec: Margie Pizano 348-4046  
 mpizano@calipatria.k12.ca.us  
 Dean: Edgar Self  
 AD: Jose Imperial 348-2142  
 jimperial@calipatria.k12.ca.us  
 AD Sec: Michele Haggarty 348-4047  
 mhaggarty@calipatria.k12.ca.us  
 Athletic Trainer: None  
 ASB: Martha Self  
 Finance: Michelle Haggarty x 4047  
 Cheer: Mercedes Viloria  
 Band: None

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Randy Meeks  
 B. BB: Wes Fischer  
 G. BB: April Olsen  
 B. XC: Cathy Paredes  
 G. XC: Cathy Paredes  
 Field Hockey: DNF  
 Football: Tim Fletcher  
 B. Golf: Rudy Kastelic  
 G. Golf: Rudy Kastelic  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Oscar Fuentes  
 G. Soccer: Mario Gonzalez  
 Softball: Justine McKune  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. Volleyball: DNF  
 G. Volleyball: Rick Rethoret  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Pedro Carranza  
 B. BB: Andy Burnett  
 G. BB: Mike Pacheco  
 B. XC: Jose Flores  
 G. XC: Jose Flores  
 Field Hockey: DNF  
 Football: John Bishop  
 B. Golf: Phil Fennell  
 G. Golf: Hank Baran  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Frank Cervantes  
 G. Soccer: Daniel Hernandez  
 SB: Kristina Contreas/Chris Velasco  
 B. Swim: D'Ann Luckey/Troy Riester  
 G. Swim: D'Ann Luckey/Troy Riester  
 B. Tennis: Mike Palacio  
 G. Tennis: Mike Palacio  
 B. Track: Jose Flores  
 G. Track: Jose Flores  
 B. Volleyball: DNF  
 G. Volleyball: Phil Fennell  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Tony Leon

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Ricky Guzman  
 B. BB: Alfredo Silva  
 G. BB: Sal Cuevas  
 B. XC: Jesus Rojas  
 G. XC: Jesus Rojas  
 Field Hockey: DNF  
 Football: Alfredo Silva  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Javier Bernal  
 G. Soccer: Eric Lopez  
 Softball: Jose Briseno  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: TBA  
 G. Tennis: Xavier Leos  
 B. Track: Cal Armstrong  
 G. Track: Cal Armstrong  
 B. Volleyball: DNF  
 G. Volleyball: TBA  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Jose Jimenez

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: TBA  
 B. BB: TBA  
 G. BB: DNF  
 B. XC: TBA  
 G. XC: TBA  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: TBA  
 G. Soccer: TBA  
 Softball: TBA  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. Volleyball: TBA  
 G. Volleyball: TBA  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Tom Cato  
 B. BB: Robert Romero  
 G. BB: Raul Navarro  
 B. XC: DNF  
 G. XC: DNF  
 Field Hockey: DNF  
 Football: David Shaw  
 B. Golf: Noel Medina  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Noel Medina  
 G. Soccer: DNF  
 Softball: Paul Iten  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. Volleyball: DNF  
 G. Volleyball: Yolanda Uribe  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**CALVARY CHRISTIAN SCHOOL (VISTA)**

web: ccsvista.com  
 885 East Vista Way  
 Vista, CA 92084  
 Ph: 760-724-4590  
 Fax: 760-560-0607  
 Southern Conference  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 116  
 Lions - Navy Blue/White

**Dir:** Hwy 78 to Vista Way exit. Turn Right on Vista way. School/church on right.  
 (Home games are offsite)

**ADMINISTRATION**

Prin: Jess Hetherington  
 jess@calvaryvista.com  
 Prin Sec: Becky Hoden  
 beckyhoden@calvarychapel.com  
 AP: N/A  
 AD: Alex Boshaw  
 alexboshaw@yahoo.com  
 AD Sec: Robin Boshaw  
 ASB: Amy Entzinger  
 Finance: N/A  
 Cheer: N/A  
 Band: N/A

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Steve Whitley  
 B. BB: Eric Apodaca  
 G. BB: Joe Biernacki  
 B. XC: DNF  
 G. XC: DNF  
 Field Hockey: DNF  
 FB - 8-Man: Leroy Hill  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: DNF  
 G. Soccer: DNF  
 Softball: Ray Garcia  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. Volleyball: DNF  
 G. Volleyball: Bridgete Salas  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**CALVARY CHRISTIAN ACADEMY SAN DIEGO**

web: www.ccaknights.com  
 1771 E. Palomar Street  
 Chula Vista, CA 91913  
 Ph: 619-591-2260  
 Fax: 619-591-2261  
 Southern Conference  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 111  
 Royal Knights - Cardinal Red/Gold

**Directions:** 805 S - E on Telegraph  
 Canyon Road - R onto La Media - L onto  
 E Palomar.

**ADMINISTRATION**

Prin: Dan Jester x339  
 djester@calvarysd.com  
 Prin Sec: Susana Sanchez  
 ssanchez@calvarysd.com  
 AP: See Principal  
 AD: Dave Riley x343  
 driley@calvarysd.com  
 AD Sec: N/A  
 ASB: Jared Lee  
 Finance: Christine Hipolito x341  
 chipolito@calvarysd.com  
 Cheer: N/A  
 Band: N/A

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Dave Riley  
 B. BB: Dave Riley  
 G. BB: Gene Rheam  
 B. XC: Debbie Castillo  
 G. XC: Debbie Castillo  
 Field Hockey: DNF  
 Football: Gene Rheam  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: Dale Duval  
 G. Soccer: DNF  
 Softball: Kathy Hill  
 B. Swim: Olive Lenane  
 G. Swim: Olive Lenane  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: TBA  
 G. Track: TBA  
 B. Volleyball: DNF  
 G. Volleyball: Dorothy Robinson  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**CALVIN CHRISTIAN**

web: calvinchristianescondido.org  
 2000 North Broadway  
 Escondido, CA 92026  
 Ph: 760-489-6430  
 Fax: 760-489-7055  
 Coastal Conference/Pacific  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 149  
 Crusaders - Columbia Blue/Black

**Direction:** I-15 to 78 east. North on  
 Broadway.

**ADMINISTRATION**

Prin: Frank Steidl 489-4332  
 franksteidl@calvinchristianescondido.org  
 Prin Sec: Darla Lusky  
 luskygroup@gmail.com  
 AP: N/A  
 AD: Bill Stout 489-0201  
 stoutchs@gmail.com  
 AD Sec: Darla Lusky 520-8435  
 darlalusky@calvinchristianescondido.org  
 ASB: Steve Whitener  
 Finance: Donna Powell 489-4335  
 Cheer: N/A  
 Band: Vicki Van Essen 489-6430

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Frank Bons  
 B. BB: Brad Hollingsworth  
 G. BB: TBA  
 B. XC: John Gregor Macdougall  
 G. XC: John Gregor Macdougall  
 Field Hockey: DNF  
 Football: Bill Stout  
 B. Golf: Gary Radersma  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: Jonathan Beutlich  
 G. Soccer: TBA  
 Softball: TBA  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: Jason Hitchens  
 G. Track: Todd Nash  
 B. Volleyball: DNF  
 G. VB: Doug Van Solkema  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**CANYON CREST ACADEMY**

web: www.canyoncrest.com  
 5951 Village Center Loop Road  
 San Diego, CA 92130  
 Ph: 858-350-0253  
 Fax: 858-350-0280  
 North County Conference/Valley  
 San Dieguito U.H.S.D.  
 Coed/Four Years  
 Enrollment (9 only) = 1812  
 Ravens - Black/Red

**Direction:** Hwy 56 - exit Carmel Valley Rd  
 to the north - right Edgewood Bend Ct -  
 enter thru back gate or to to Village Ctr. Loop  
 Rd - right - then right into front of school.

**ADMINISTRATION**

Prin: Brian Kohn x4000  
 brian.kohn@sduhsd.net  
 Prin Sec: Diane Fisher x 4001  
 AP: Barbara Stroud x 4002  
 barbara.stroud@sduhsd.net  
 AD: Brian Baum  
 brian.baum@sduhsd.net  
 AD Sec: Stacy Candia x 4004  
 Trainer: Melodie Hixson  
 mel1323@aol.com  
 ASB: Erica Williams  
 Finance: Laura Main X 4018  
 laura.main@sduhsd.net  
 Cheer: N/A  
 Band: N/A

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Ryan Sienko  
 B. BB: Brain Baum  
 G. BB: Terry Ryan  
 B. XC: Chuck Hayden  
 G. XC: Chuck Hayden  
 Field Hockey: Analia Carlsson  
 Football: DNF  
 B. Golf: Matt McCullough  
 G. Golf: Matt McCullough  
 Gymnastics: DNF  
 B. Lacrosse: Russ Olsen  
 G. Lacrosse: Rebecca Cathcart  
 Roller Hockey: DNF  
 B. Soccer: Tom Lockhart  
 G. Soccer: Steven Leacock  
 Softball: Morgan Lynch  
 B. Swim: Nicholas Kintz  
 G. Swim: Nicholas Kintz  
 B. Tennis: Chris Black  
 G. Tennis: Chris Black  
 B. Track: Chuck Hayden  
 G. Track: Chuck Hayden  
 G. VB: Luke Honnette  
 G. VB: Ariel Haas  
 B. Water Polo: Ian Davidson  
 G. Water Polo: Charlie Equels  
 Wrestling: Craig Van Dyke

**CARLSBAD**

web: www.carlsbadhigh.com  
 3557 Lancer Way  
 Carlsbad, CA 92008  
 Ph: 760-331-5100  
 Fax: 760-729-6830  
 North County Conference/Avocado West  
 Carlsbad U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2939  
 Lancers - Purple/White

**Direction:** I-5 to Carlsbad Village Dr  
 East-Right on Monroe-turns into Lancer Way

**ADMINISTRATION**

Prin: Maggie Stanchi 331-5199  
 stanchima@sdcoe.net  
 Prin Sec: Diane Jennings x5195  
 djennings@sdcoe.net  
 AP: Tom Bloomquist x5198  
 AD: Chris Greene x5197  
 chsathletics@hotmail.com  
 AD Sec: Emily Smith x 5192  
 Athletic Trainer: Larry Duensing  
 ASB: Tom Robertson 331-5100  
 Finance: Barb Olesky 331-5156  
 Cheer: Natalie Soto  
 Band: Greg Anderson

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Chris Greene  
 B. BB: Scott Ogden  
 G. BB: Randy Bull  
 B. XC: Katie Culley  
 G. XC: Katie Culley  
 Field Hockey: DNF  
 Football: Bob McAllister  
 B. Golf: David Emerick  
 G. Golf: Don Hartley  
 Gymnastics: DNF  
 B. Lacrosse: Chris Scheriff  
 G. Lacrosse: Melissa Turner  
 Roller Hockey: DNF  
 B. Soccer: Jeff Riccitielli  
 G. Soccer: Carl Higham  
 Softball: Dan Worley  
 B. Swim: J.B. Feaster  
 G. Swim: Amanda Phillippe  
 B. Tennis: GeeGee Garvin  
 G. Tennis: GeeGee Garvin  
 B. Track: Joe Angel  
 G. Track: Joe Angel  
 B. VB: Tobin Knudsen  
 G. VB: Emily Andrassy  
 B. Water Polo: Greg Horman  
 G. Water Polo: Greg Horman  
 Wrestling: Ross O'Briant

**CASTLE PARK**

web: www.suhsd.k12.ca.us/cph/  
 1395 Hilltop Drive  
 Chula Vista, CA 91911  
 Ph: 619-691-5600  
 Fax: 619-427-5967  
 Metro Conference/South Bay  
 Sweetwater U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1741  
 Trojans  
 Red/Black/White

**Direction:** I-805 to Orange Ave West.  
 Right @ Hilltop Dr. - school 1/2 mi on right.

**CATHEDRAL CATHOLIC**

web: www.cathedralcatholic.org  
 5555 Del Mar Heights Road  
 San Diego, CA 92130  
 Ph: 858-523-4000  
 AD Fax: 858-523-4083  
 City Conference/Western  
 Diocese of San Diego  
 Coed/Four Years  
 Enrollment (9-12) = 1732  
 Dons  
 Red/Gold

**Directions:** I-5 to Del Mar Heights Rd,  
 east to school on right side of road.

**CENTRAL UNION**

web: www.cuhsd.net  
 1001 Brighton Avenue  
 El Centro, CA 92243  
 Ph: 760-336-4300  
 Fax: 760-353-3570  
 AD Fax: 760-336-4575  
 Southeastern Conference  
 Central U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1762  
 Spartans  
 Blue & White

**Direction:** Hwy 8 east to Imperial Ave N  
 (El Centro) R on Holt - school is on left.

**CHILDRENS CREATIVE AND PERFORMING ARTS ACADEMY (CCPAA)**

web: www.ccpaasd.com  
 3051 El Cajon Blvd.  
 San Diego, CA 92104  
 Ph: 619-584-5424  
 Fax: 619-584-2422

Frontier League  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 61  
 Eagles - Royal Blue/White

**Direction:** Exit 805 at El Cajon Blvd. and  
 head West, Right on Ohio Street.

**CHRISTIAN**

web: www.christianunified.com  
 2100 Greenfield Drive  
 El Cajon, CA 92019  
 Ph: 619-440-1531  
 Fax: 619-590-1734  
 City Conference/Central  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 410  
 Patriots  
 Red/White/Blue

**Direction:** I-8 to Greenfield Dr (El Cajon)  
 S on Greenfield to corner of Greenfield  
 and Madison Ave.

**ADMINISTRATION**

Prin: Diego Ochoa  
 diego.ochoa@sweetwaterschools.org  
 Prin Sec: Libia Ortega  
 libia.ortega@sweetwaterschools.org  
 AP: Abram Jimenez  
 abram.jimenez@sweetwaterschools.org  
 AD: Aaron Partch  
 aaron.partch@sweetwaterschools.org  
 AD Sec: Leticia Castro  
 Atheletic Trainer: Ed Ayub  
 ASB: Miriam Duggan 420-1483  
 Finance: Leticia Castro-Lopez 420-1483  
 Cheer: Arlene Garia  
 Band: Donna Clark 691-5600

**ADMINISTRATION**

Prin: Michael Deely  
 mdeely@cathedralcatholic.org  
 Prin Sec: Tina Mendes x1143  
 tmendez@cathedralcatholic.org  
 AD: David Smola 523-4022  
 dsmola@cathedralcatholic.org  
 AD Sec: Maria Oliver 523-4022  
 Ath Trainer: Tara Hall  
 thall@cathedralcatholic.org  
 ASB: Elizabeth Tysor  
 Finance: Sue Heller x 1135  
 Cheer: Stephanie Ladisa x1298  
 Band: DNF

**ADMINISTRATION**

Prin: Jeffrey Magin x 4301  
 jmagin@cuhsd.net  
 Prin Sec: Elena Williams  
 ewilliams@cuhsd.net  
 AP: Steve Evangelist x 4302  
 AD: Steve Evangelist x 4302  
 steve@cuhsd.net  
 AD Sec: Bianca Abundiz x 4330  
 ASB: Sandy Montalvo x 4314  
 Finance: Veronica Lopez x 4467  
 vlopez@cuhsd.net  
 Cheer: Gabriel Ontiveros  
 Band: Renee Baker x 4436

**ADMINISTRATION**

Prin: Janet M. Cherif  
 jmcherif@yahoo.com  
 Prin Sec: Carolyn Anderson  
 AP: Tim Spence  
 TBA  
 AD Email:  
 AD Sec: N/A  
 ASB: Frima Fenster  
 Finance: N/A  
 Cheer: N/A  
 Band: N/A

**ADMINISTRATION**

Prin: Scott Meadows x 3312  
 smeadows@cusdsd.org  
 Prin Sec: Rose Van Houten x 3312  
 rvanhouten@cusdsd.org  
 AP: N/A  
 AD: Dave Beezer  
 dbeezer@cusdsd.org  
 AD Sec: Janice Hester 590-1724  
 jhester@christianunified.org  
 Ath Trainer: Paul Battillo pbattillo@cusdsd.org  
 ASB: Wendy Hogan  
 Finance: Judy Hertel 590-1724  
 Cheer: Judy Hertel 590-1724  
 Band: Bill Yeager x 3336

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Sheldon Watkins  
 B. BB: Marcos Ochoa  
 G. BB: Josh Baker  
 B. XC: Juan Lozano  
 G. XC: Alison Stevens  
 Field Hockey: DNF  
 Football: Hans Graham  
 B. Golf: Keven Ryan  
 G. Golf: Keven Ryan  
 Gymnastics: DNF  
 B. Lacrosse: Bill Smouse  
 G. Lacrosse: DNF  
 Roller Hockey: Blair Muneses

B. Soccer: TBA  
 G. Soccer: Alison Stevens  
 Softball: Mark Leopold  
 B. Swim: Carvin Stone  
 G. Swim: Patricia Hagel  
 B. Tennis: Susan Davis  
 G. Tennis: Susan Davis  
 B. Track: Rudy Castillo  
 G. Track: Hans Graham  
 B. VB: Aaron Partch  
 G. VB: Lord Garcillano  
 B. Water Polo: Carvin Stone  
 G. Water Polo: Carvin Stone  
 Wrestling: Robert Schertzer

**VARSIITY HEAD COACHES**

Badminton: TBA  
 Baseball: Gary Remiker  
 B. BB: Will Cunningham  
 G. BB: Stephanie Rivera  
 B. XC: Dan Geiger  
 G. XC: Dan Geiger  
 Field Hockey: Kerri Orr  
 Football: Sean Doyle  
 B. Golf: Doug McLean  
 G. Golf: Chris Grazier  
 Gymnastics: TBA  
 B. Lacrosse: Pat Gowen  
 G. Lacrosse: Shannon Robinson  
 Roller Hockey: Luke Sturno

B. Soccer: Bryan Wood  
 G. Soccer: Dawn Lee  
 Softball: Margaret Mauro  
 B. Swim: Jeff Owen  
 G. Swim: Jeff Owen  
 B. Tennis: Ron Marquez  
 G. Tennis: Ron Marquez  
 B. Track: Dan Geiger  
 G. Track: Jonathan Anderson  
 G. VB: Kelly Drobeck  
 B. Water Polo: Brett Ormsby  
 G. Water Polo: Chip O'Rourke  
 Wrestling: Jason Gigliotti

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Gene Martin  
 B. BB: Marty Zwart  
 G. BB: Patsy Enders  
 B. XC: Bob Gaede  
 G. XC: Bob Gaede  
 Field Hockey: DNF  
 Football: Kevin Bird  
 B. Golf: John Briggs  
 G. Golf: John Briggs  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Alonso Garcia  
 G. Soccer: Ramon Lopez  
 Softball: Genaro Diaz  
 B. Swim: Chandra Seaman  
 G. Swim: Chandra Seaman  
 B. Tennis: Dan Williams  
 G. Tennis: Dan Williams  
 B. Track: Ron Shane  
 G. Track: Ron Shane  
 B. VB: DNF  
 G. VB: Alyson Jackson  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Raphael Perez

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: Adam Bendes  
 G. BB: Adam Bendes  
 B. XC: DNF  
 G. XC: DNF  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Adam Bendes  
 G. Soccer: Adam Bendes  
 Softball: DNF  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: DNF  
 G. VB: Alana Mooney  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Mike Mitchell  
 B. BB: Kelvin Starr  
 G. BB: Skip Gerlek  
 B. XC: Mark Crafton  
 G. XC: Danny Sanchez  
 Field Hockey: DNF  
 Football: Matt Oliver  
 B. Golf: David Brewer  
 G. Golf: David Brewer  
 Gymnastics: Terry Miller  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Jeff Vigil  
 G. Soccer: Amanda Rowand  
 Softball: George Gentry  
 B. Swim: David Limbaugh  
 G. Swim: April Tipton  
 B. Tennis: J.R. Walkenhorst  
 G. Tennis: Mike Folsom  
 B. Track: Renee Ross  
 G. Track: Renee Ross  
 B. VB: Chad Hughes  
 G. VB: Chad Hughes  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Mike Stone

**CHRISTIAN LIFE ACADEMY**

web: www.mycla.org  
 613 West Valley Parkway, Suite 245  
 Escondido, CA 92025  
 Ph: 760-741-1233  
 Fax: 760-741-1333  
 Southern Conference  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 59  
 Eagles  
 Royal Blue/White/Gold

**Direction:** All games off site- contact AD.

**CHULA VISTA**

web: www.suhsd.k12.ca.us/cvh  
 820 Fourth Avenue  
 Chula Vista, CA 91911  
 Ph: 619-476-3300  
 Fax: 619-427-5824  
 Metro Conference/Mesa  
 Sweetwater U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2772  
 Spartans  
 Blue/White

**Direction:** I-805 to L St West or I-5 to L St. East - North on Fourth.

**CLAIREMONT**

web: http://prodo31.sandi.net/clairemthts  
 4150 Ute Drive  
 San Diego, CA 92117  
 Ph: 858-273-0201  
 Fax: 858-272-4219  
 City Conference/Central  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1454  
 Chieftains  
 Royal Blue/Orange

**Direction:** I-5 to Balboa Ave East - R @ Modoc to Ute.

**CLASSICAL ACADEMY**

web: TBA  
 144 West Woodward Avenue  
 Escondido, CA 92025  
 Ph: 760-480-9845  
 Fax: 760-480-8118  
 Frontier League  
 Private  
 Coed/Four Years  
 Enrollment (9-12) = 300  
 Masot: TBA  
 School Colors: TBA

**Direction:** TBA

**CORONADO**

web: www.coronado.k12.ca.us  
 650 D Avenue  
 Coronado, CA 92118  
 Ph: 619-522-8907  
 Fax: 619-437-0236  
 City Conference/Central  
 Coronado U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1109  
 Islanders  
 Green/White

**Direction:** I-5 over Coronado Bridge - L at Orange - R at 6th St to D Ave.

**ADMINISTRATION**

Prin: Sally Stance x203  
 sallys@mycla.org  
 Prin Sec: Leah Lombardi x201  
 leahl@mycla.org  
 AP: TBA  
 email:  
 AD: Dave Turner x206  
 davet@mycla.org  
 AD Sec: Andrea Sanders x 204  
 andreas@mycla.org  
 ASB: N/A  
 Finance: N/A  
 Cheer: N/A  
 Band: N/A

**ADMINISTRATION**

Prin: Steve Lizarraga  
 steven.lizarraga@sweetwaterschools.org  
 AP: Joe Heinz 476-3306  
 joe.heinz@sweetwaterschools.org  
 AD: Rex Johnson 476-3355  
 rex.johnson@sweetwaterschools.org  
 AD Sec: None  
 ASB: Scott Tanner 476-3352  
 Finance: Alexia Ramos 476-3351  
 alexia.ramos@sweetwaterschools.org  
 Cheer: Kathy Perry  
 Band: Zig Kanstul

**ADMINISTRATION**

Prin: Lenora Smith  
 lsmit3@sandi.net  
 AP: Bill Laine x 2207  
 AD: Gerard Knuppel x 4603  
 gknuppel@sandi.net  
 AD Sec: N/A  
 ASB: Meg Moore x 4115  
 Finance: Janet Lavercombe x 2208  
 Cheer: Christy Maynard x 4312  
 Band: Don Kuhl x 4505

**ADMINISTRATION**

Prin: Dana Moen  
 dmoen@classicalacademy.com  
 AP: TBA  
 AD: Dana Moen  
 dmoen@classicalacademy.com  
 AD Sec: Debbie Felix  
 dfelix@classicalacademy.com  
 ASB: TBA  
 Finance: TBA  
 Cheer: TBA  
 Band: TBA

**ADMINISTRATION**

Prin: Karl Mueller x 2096  
 kmueller@coronado.k12.ca.us  
 Prin Sec: Maribel Kastlunger x 2096  
 mkastlunger@coronado.k12.ca.us  
 AP: Jennifer Moore x 2098  
 AD: Robin Nixon x 2802  
 rnixon@coronado.k12.ca.us  
 AD Sec: C.J. Lindemann  
 Ath Trainer: Connie Martinez  
 cmartinez@coronado.k12.ca.us  
 ASB: Tim Oster  
 Finance: C.J. Lindemann  
 Cheer: Nicole Belong x 2802  
 Band: N/A

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: TBA  
 B. BB: Nate Turner  
 G. BB: Scott Iverson  
 B. XC: TBA  
 G. XC: TBA  
 Field Hockey: DNF  
 FB - 8-Man: Jake Simpson  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: DNF  
 G. Soccer: DNF  
 Softball: TBA  
 B. Swim: Tom Brecht  
 G. Swim: Tom Brecht  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: TBA  
 G. Track: TBA  
 B. VB: DNF  
 G. VB: LeAnn Dalton  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Jim Westlund  
 B. BB: Garrard Galvan  
 G. BB: John DeJesus  
 B. XC: Art Johnson  
 G. XC: Art Johnson  
 Field Hockey: Ben Villanueva  
 Football: Judd Rachow  
 B. Golf: Patrick Mallory  
 G. Golf: Peter Wilson  
 Gymnastics: DNF  
 B. Lacrosse: Doug Murphy  
 G. Lacrosse: Carolina Soto  
 Roller Hockey: Eric Sharp

B. Soccer: Ruben Oliveira  
 G. Soccer: Carolina Soto  
 Softball: Jackson Wyatt  
 B. Swim: Amr Soli  
 G. Swim: Amr Soli  
 B. Tennis: Raymond Tabuena  
 G. Tennis: Raymond Tabuena  
 B. Track: Felisha Mariscal  
 G. Track: Felisha Mariscal  
 G. VB: Joey Espinosa  
 G. VB: Jennifer Carranza  
 B. Water Polo: Amr Soli  
 G. Water Polo: TBA  
 Wrestling: Daryl Butterfield

**VARSIITY HEAD COACHES**

Badminton: TBA  
 Baseball: Rob DePerro  
 B. BB: Brian Keiser  
 G. BB: Dennis Perry  
 B. XC: Sean Stevenson  
 G. XC: Sean Stevenson  
 Field Hockey: Victoria Jones  
 Football: TBA  
 B. Golf: Jon Beahbim  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: John Beaubien  
 G. Soccer: Eric Kangas  
 Softball: John Coelho  
 B. Swim: TBA  
 G. Swim: Judy Shaffer  
 B. Tennis: Gary Jimenez  
 G. Tennis: Gary Jimenez  
 B. Track: Sean Stevenson  
 G. Track: Sean Stevenson  
 B. VB: James Russell  
 G. VB: Gerry Knuppel  
 B. Water Polo: Jon Watson  
 G. Water Polo: Marianne Watson  
 Wrestling: Gerard Knuppel

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: DNF  
 G. BB: DNF  
 B. XC: Robin McRobbie  
 G. XC: Robin McRobbie  
 Field Hockey: DNF  
 Football 8-Man: Jon Burnes  
 B. Golf: Dana Moen  
 G. Golf: Dana Moen  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Chedy Benattia  
 G. Soccer: Chris Varvel  
 Softball: DNF  
 B. Swim: Dana Moen  
 G. Swim: Dana Moen  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: DNF  
 G. VB: Deanna Mintro  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Sam Ceci  
 B. BB: J.D. Laaperi  
 G. BB: Toler Goodwin  
 B. XC: George Green  
 G. XC: George Green  
 Field Hockey: DNF  
 Football: Bud Mayfield  
 B. Golf: Randy Coutts  
 G. Golf: Hannah Cohen  
 Gymnastics: DNF  
 B. Lacrosse: Alex Cade  
 G. Lacrosse: Jessica Battle  
 Roller Hockey: DNF

B. Soccer: Brian Hiatt-Aleu  
 G. Soccer: Kiko Medina  
 Softball: Tony Isabella  
 B. Swim: Randy Burgess  
 G. Swim: David Throop  
 B. Tennis: Leslie Koshland  
 G. Tennis: Robert LeBuhn  
 B. Track: George Green  
 G. Track: George Green  
 B. VB: TBA  
 G. VB: Leilani Au Hoon  
 B. Water Polo: Randy Burgess  
 G. Water Polo: David Throop  
 Wrestling: DNF

**CRAWFORD EDUCATIONAL COMPLEX**

web: www.sandi.net/crawford  
 4191 Colts Way  
 San Diego, CA 92115  
 Ph: 619-583-2500  
 Fax: 619-583-9207  
 City Conference/Central  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1414  
 Colts  
 Red/White/Blue

**Direction:** I-8 to Fairmont Ave S - L at  
 El Cajon Blvd - R at 54th St - L at Trojan Ave.  
 R on Sharon Place to Colts Way

**DEL NORTE (9th - 11th)**

web:  
 16601 Nighthawk Lane  
 San Diego, CA 92127  
 Ph: 858-487-0877  
 Fax: 858-487-2443  
 North County/Valley  
 Poway U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 783  
 Mascot: Nighthawks  
 Colors:

**Direction:**

**EASTLAKE**

web: www.suhsd.k12.ca.us/elh  
 1120 Eastlake Parkway  
 Chula Vista, CA 91915  
 Ph: 619-397-3800  
 Fax: 619-656-9736  
 Metro Conference/Mesa  
 Sweetwater U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2603  
 Titans  
 Silver/Royal Blue/Kelly Green

**Direction:** I-805 to L St/Telegraph  
 Canyon Rd E - R at Eastlake Parkway.

**EL CAJON VALLEY**

web: www.braves@guhsd.net  
 1035 East Madison Avenue  
 El Cajon, CA 92021  
 Ph: 619-401-4700  
 Fax: 619-447-3943  
 Grossmont Conference/Valley  
 Grossmont U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2307  
 Braves  
 Blue/Red

**Direction:** I-8 to Mollison South - L at  
 Madison Ave (1/2 blk on right).

**EL CAMINO**

web: http://echs.oside.k12.ca.us  
 400 Rancho Del Oro Drive  
 Oceanside, CA 92057  
 Ph: 760-757-8550  
 Fax: 760-757-5321  
 AD Fax: 760-433-4954  
 North County Conference/Avocado West  
 Oceanside U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2963  
 Wildcats  
 Brown/Gold  
**Direction:** I-5 to 76 Expressway - turn east  
 on 76; south on Rancho Del Oro.

**ADMINISTRATION**

Prin: William Laine x2460  
 wlaine@sandi.net  
 Prin Sec: Joanne Witthaus x 2450  
 jwitthaus@sandi.net  
 AP: TBA  
 AD: Scott Page  
 Spage@sandi.net  
 AD Sec: Lupe Vallin 583-2500  
 ASB: Kelcie Butcher  
 Finance: Anna Asaro-Baker x 1012  
 Cheer: Katherine Allstop x 4583  
 Band: N/A

**ADMINISTRATION**

Prin: Greg Mizel  
 gmizel@powayusd.com  
 Prin Sec:  
 AP: TBA  
 AD: Mike Giaime x6320  
 mgiaime@powayusd.com  
 AD Sec:  
 ASB:  
 Finance:  
 Cheer:  
 Band: N/A

**ADMINISTRATION**

Prin: Dr. Mary Lawlor  
 mary.lawlor@sweetwaterschools.org  
 AP: Bob Hughes 397-3852  
 robert.hughes@sweetwaterschools.org  
 AD: Alex Estrada 397-3877  
 alex.estrada@sweetwaterschools.org  
 AD Sec: Sandy Anglin  
 ASB: Robert Barrett  
 Finance: Sandy Anglin  
 Cheer: Robert Blas & Ana Rogers 397-3882  
 Band: Charles Wolf

**ADMINISTRATION**

Prin: Paul Dautremont x 14711  
 pdautrem@guhsd.net  
 Prin Sec: Lori Clark x 14712  
 lorick@guhsd.net  
 AP: Steve Gotowala  
 sgotowala@guhsd.net  
 AD: Randy Robinson x 14867  
 rrobinson@guhsd.net  
 AD Sec: Jonni Kertson 401-4737  
 jkertson@guhsd.net  
 ASB: Doug Roselli  
 Finance: Linda Freize 401-4737  
 Cheer: Ilona Parker  
 Band: Corey Blaker x14895

**ADMINISTRATION**

Prin: Dan Daris x 2430  
 Dan.Daris@oside.k12.ca.us  
 Prin Sec: Vicki Barnett x2431  
 AP: Bob Nelson  
 Robert.Nelson@oside.k12.ca.us  
 AD: Sean Helgesen  
 sean.helgesen@oside.k12.ca.us  
 AD Sec: None  
 Ath Trainer: Kristi Starr  
 kristy.starr@oside.k12.ca.us  
 ASB: Jeffrey Jarrard x 2423  
 Finance: Susan Atkinsx2446/2423  
 Cheer: Cheryl Robinson  
 Band: Mark Lowery x 2462

**VARSIITY HEAD COACHES**

Badminton: Yee Yang  
 Baseball: Jake Womack  
 B. BB: Dave Taylor  
 G. BB: Dwight McDonald  
 B. XC: Baylon Katambwe  
 G. XC: Cesar Ramirez  
 Field Hockey: DNF  
 Football: Lou Coons  
 B. Golf: Stuart Gordon  
 G. Golf: Stuart Gordon  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Rubyat Kibria  
 G. Soccer: Hugo Ramirez  
 Softball: Jack Corasco  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: Jane Medrano  
 G. Tennis: Jane Medrano  
 B. Track: Lou Coons  
 G. Track: Lou Coons  
 B. VB: Dave Taylor  
 G. VB: Nicole Ervin  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Juan Ramirez

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Riley Embrey  
 B. BB: TBA  
 G. BB: TBA  
 B. XC: Jake McNeely  
 G. XC: Dorra Duensing  
 Field Hockey: Meghan McMurtry  
 Football: TBA  
 B. Golf: Mike Reifeiss  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: DNF  
 G. Soccer: DNF  
 Softball: Steve Kurtz  
 B. Swim: Alexandra Hatch  
 G. Swim: Alexandra Hatch  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: Chris Ruff  
 G. Track: Chris Ruff  
 B. VB: Jeff Sutherland  
 G. VB: Jeff Sutherland  
 B. Water Polo: Nick Naiman  
 G. Water Polo: Anthony Cabrera  
 Wrestling: Dale Hanover

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: David Gallegos  
 B. BB: Alex Estrada  
 G. BB: David Koopman  
 B. XC: Joe Stubbs  
 G. XC: Joe Stubbs  
 Field Hockey: Robert Blas  
 Football: John McFadden  
 B. Golf: Bob Barrett  
 G. Golf: Bob Barrett  
 Gymnastics: Cody Moses  
 B. Lacrosse: Nestor Rosas  
 G. Lacrosse: Robert Blas  
 Roller Hockey: Rone Torres

B. Soccer: Martin Casas  
 G. Soccer: Scott Burress  
 Softball: Hugo Valdivia  
 B. Swim: Bryon Monzon  
 G. Swim: Bryon Monzon  
 B. Tennis: Antonio Ramos  
 G. Tennis: Antonio Ramos  
 B. Track: Rone Torres  
 G. Track: Francine Koopman  
 B. VB: Erwin Macalaguim  
 G. VB: Erwin Macalaguim  
 B. Water Polo: Chris Barrick  
 G. Water Polo: Victor Leon  
 Wrestling: Dean Tropp

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Mike Rupp  
 B. BB: Marty Ellis  
 G. BB: Carlos Moss  
 B. XC: Glen Recasner  
 G. XC: Glen Recasner  
 Field Hockey: Krystal Montalvo  
 Football: Norman Whitehead  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: Christina Holland  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: William Mosqueda  
 G. Soccer: Bruce Eldred  
 Softball: Mike Mclaen  
 B. Swim: Kevin Eslinger  
 G. Swim: Kevin Eslinger  
 B. Tennis: Brent Ford  
 G. Tennis: Brent Ford  
 B. Track: Glen Racasner  
 G. Track: Glen Racasner  
 B. VB: Deborah Samson  
 G. VB: Deborah Samson  
 B. Water Polo: Keith Mulligan  
 G. Water Polo: Keith Mulligan  
 Wrestling: Jim Castle

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Joe Gonzales  
 B. BB: Jeffrey Jarrard  
 G. BB: James Greer  
 B. XC: Matt Large  
 G. XC: Lita Esposito  
 Field Hockey: DNF  
 Football: Pulu Poumele  
 B. Golf: Clayton Huggins  
 G. Golf: Anthony Wasano  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Nicholas Chambers  
 G. Soccer: Jason Wos  
 Softball: Ron Mizushima  
 B. Swim: Scott Wagner  
 G. Swim: John Carter  
 B. Tennis: Eric Mateljan  
 G. Tennis: Eric Mateljan  
 B. Track: Sean Helgesen  
 G. Track: Billy Iles  
 B. VB: Alex Pukahi  
 G. VB: Mani Santos  
 B. Water Polo: Santiago Thompson  
 G. Water Polo: Santiago Thompson  
 Wrestling: Herb Cruz

**EL CAPITAN**

web: www.elcapitan@guhsd.net  
 10410 Ashwood Street  
 Lakeside, CA 92040  
 Ph: 619-938-9100  
 Fax: 619-390-8503  
 Grossmont Conference/Valley  
 Grossmont U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1855  
 Vaquero  
 Black/Gold

**Direction:** I-8 to 67 N - R at Mapleview - L at Ashwood.

**ESCONDIDO**

web: www.ehsougars.com  
 1535 North Broadway  
 Escondido, CA 92026  
 Ph: 760-291-4000  
 Fax: 760-291-4085  
 North County Conference/Avocado East  
 Escondido U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2845  
 Cougars  
 Orange/Black

**Direction:** I-15 to Hwy 78 E - L at North Broadway - 1 mile on left.

**ESCONDIDO ADVENTIST ACADEMY**

web: www.eaaschool.org  
 1301 Deodar Road  
 Escondido, CA 92026  
 Ph: 760-746-1800  
 Fax: 760-743-3499  
 Southern Conference  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 93  
 Hawks  
 Red/White

**Direction:** I-15 - exit El Norte and go east - right on Seven Oaks, right on Rock Springs, right on Deodar Road.

**ESCONDIDO CHARTER**

web: www.echs.org  
 1868 East Valley Parkway  
 Escondido, CA 92027  
 Ph: 760-737-3154  
 Fax: 760-738-8996  
 Coastal Conference/Pacific  
 Escondido U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 881  
 White Tigers  
 Maroon/White/Black

**Direction:** I-15 No to Via Rancho Pkwy - R on Bear Valley Pkwy - L at fork - Midway to E Valley Pkwy - L to school.

**FALLBROOK**

web: www.fallbrookhs.org  
 2400 South Stagecoach Lane  
 Fallbrook, CA 92028  
 Ph: 760-723-6300  
 Fax: 760-723-6439

North County Conference/Avocado East  
 Fallbrook U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2840  
 Warriors  
 Red/White

**Direction:** I-15 N to Hwy 76 W to Mission Rd N to R at Stagecoach Lane.

**ADMINISTRATION**

Prin: Sue Emerson  
 smerson@guhsd.net  
 Prin Sec: Marissa Vidger 938-9112  
 mvidger@guhsd.net  
 AP: Paul Hedberg 938-9122  
 phedberg@guhsd.net  
 AD: Steve Vickery 938-9190  
 svickery@guhsd.net  
 AD Sec: Juliana Snow 938-9124  
 jsnow@guhsd.net  
 ASB: Sandy Martinez 938-9187  
 Finance: Annie Barnes 938-9137  
 Cheer: Lindsay Gampel 938-9219  
 Band: Roger Brown 938-9273

**ADMINISTRATION**

Prin: Rich Watkins 291-4001  
 rwatkins@euhsd.k12.ca.us  
 Prin Sec: Denise McClain 291-4001  
 AP: Ken Walker 291-4025  
 kwalker@euhsd.k12.ca.us  
 AD: Steve Bridges 291-4030  
 sbridges@euhsd.k12.ca.us  
 AD Sec: Becky O'Connor 291-4030  
 Train: Jason Foote jfoote@euhsd.k12.ca.us  
 ASB: Heather Weiner x 4034  
 Finance: Penny Dorschel 291-4015  
 pdorchel@euhsd.k12.ca.us  
 Cheer: Mandy Sparapani/Bonnie DeThomas  
 Band: Mike Torres x 4066

**ADMINISTRATION**

Prin: Kris Fuentes x 225  
 principal@eaaschool.org  
 AP: N/A  
 AD: Doug Zimmerman x 224  
 ad@eaaschool.org  
 AD Sec: N/A  
 ASB: Cristy-Anna Martinez  
 Finance: Corinne Robinson x 256  
 Cheer: N/A  
 Band: N/A

**ADMINISTRATION**

Execu. Dir: Dennis Snyder x 119  
 dsnyder@echs.org  
 Asst. Dir: Shawn Roner x 158  
 sroner@echs.org  
 AD: Greg Brose x 148  
 gbrose@echs.org  
 AD Sec: None  
 ASB: Jonathan Takagi x 127  
 Finance: Sheila Randle x 150  
 Cheer: Julieanne Tubbs x 5104  
 Band: N/A

**ADMINISTRATION**

Prin: Rod King x 3101  
 rking@fuhd.net  
 Prin Sec: Gina McInerney x 3102  
 AP: John Hayek x 3111  
 jhayek@fuhd.net  
 AD: Patrick Walker x 3601  
 pwalker@fuhd.net  
 AD Sec: Shar Larsen x 3610  
 slarsen@fuhd.net  
 Ath Trainer: Lacy Troth  
 ltroth@fuhd.net  
 ASB: Josh Way x 3501  
 Finance: Norma Trujillo x 3502  
 Cheer: Megan Estrada  
 Band: Amy Thomas x 2301

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Steve Vickery  
 B. BB: Jason Cavazos  
 G. BB: Frank Quinones  
 B. XC: Anthony Garcia  
 G. XC: Anthony Garcia  
 Field Hockey: Sandy Martinez  
 Football: Ron Burner  
 B. Golf: Kent Holly  
 G. Golf: Kent Holly  
 Gym: Samantha Wilkerson  
 B. Lacrosse: Dale Stowell  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Jared Lynch  
 G. Soccer: Matt Robertson  
 Softball: Joe C. Cota  
 B. Swim: Wesley Tart  
 G. Swim: Wesley Tart  
 B. Tennis: Doug Goodall  
 G. Tennis: Doug Goodall  
 B. Track: Jeff Hines  
 G. Track: Tyler Ludwig  
 B. VB: Stacy Lutack  
 G. VB: Stacy Lutack  
 B. Water Polo: Robin Sanchez  
 G. Water Polo: Robin Sanchez  
 Wrestling: Jacob Launder

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Steve Afenir  
 B. BB: Paul Baldwin x4933  
 G. BB: Chris Williams  
 B. XC: Jerid Meek x4324  
 G. XC: Jerid Meek x4324  
 Field Hockey: Kelly Ladendorf-B  
 Football: Jason Texler x4033  
 B. Golf: Steve Bridges x4030  
 G. Golf: Tom Winter x4205  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Carlos Hernandez  
 G. Soccer: Hector Hernandez  
 Softball: Cary Weiler  
 B. Swim: Gary Sadnick x4063  
 G. Swim: Gary Sadnick x4063  
 B. Tennis: Rigo Cisneros  
 G. Tennis: Rigo Cisneros  
 B. Track: Jud Bordman  
 G. Track: Mirna Hernandez  
 B. VB: Jo Milo  
 G. VB: Lori Becker x4031  
 B. Water Polo: Gary Sadnick x4063  
 G. Water Polo: Gary Sadnick x4063  
 Wrestling: Joe Gelormini x4420

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: Bill Davis  
 G. BB: Michael DeFreece  
 B. XC: DNF  
 G. XC: DNF  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: Geoff Haynes  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: DNF  
 G. Soccer: DNF  
 Softball: Flavio Velez  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: Dan Nicola  
 G. VB: Doug Zimmerman  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Myron Stockton  
 B. BB: Keith Jackson  
 G. BB: Chris Keyser/ Jay Luce  
 B. XC: Katie Panek  
 G. XC: Katie Panek  
 Field Hockey: DNF  
 Football: Greg Brose  
 B. Golf: Brenda Romo  
 G. Golf: Brenda Romo  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Jorge Vazquez/Ron Page  
 G. Soccer: Jorge Torres/Ron Page  
 Softball: Jeff Boyer  
 B. Swim: John McGlynn  
 G. Swim: John McGlynn  
 B. Tennis: Danny Mendoza  
 G. Tennis: Danny Mendoza  
 B. Track: Katie Panek  
 G. Track: Troy Hamlin  
 B. VB: Steve Bostrom  
 G. VB: Jo Milo  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Jesse Schuveiller  
 B. BB: Jeff Brandow  
 G. BB: Roger Moses  
 B. XC: Marco Arias  
 G. XC: Troy Hamlin  
 Field Hockey: Kathy Waite  
 Football: Jay Silvey  
 B. Golf: Steve Jorde  
 G. Golf: Neil Medlock  
 Gymnastics: Heather Hawthorne  
 B. Lacrosse: Al Schoffstall  
 G. Lacrosse: Tadrana Lopez  
 Roller Hockey: DNF

B. Soccer: Omar Benjoud  
 G. Soccer: Omar Benjoud  
 Softball: Shannon Koran  
 B. Swim: Bill Richardson  
 G. Swim: Sean Redmond  
 B. Tennis: Bill Lenaway  
 G. Tennis: Dave Ramirez  
 B. Track: Marco Arias  
 G. Track: Troy Hamlin  
 B. VB: Ryan Morgan  
 G. VB: Peter Peng  
 B. Water Polo: Bob Lamont  
 G. Water Polo: Bob Lamont  
 Wrestling: Greg Wagaman

**FOOTHILLS CHRISTIAN**

web: www.foothillsschool.net  
 2321 Dryden Road  
 El Cajon, CA 92020  
 Ph: 619-303-8035  
 Fax: 619-741-2648  
 Southern Conference  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 237  
 Knights  
 Purple/Silver

**Directions:** All sports are conducted offsites

**FRANCIS PARKER**

web: www.francisparker.org  
 6501 Linda Vista Road  
 San Diego, CA 92111  
 Ph: 858-569-7900  
 Fax: 858-569-0942  
 AD Fax: 858-569-0942  
 Coastal Conference/Coastal  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 487  
 Lancers  
 Brown/Gold/White  
**Dir:** I-8 to Morena Blvd N - R @ Linda Vista Rd or I-805 to 163 S to Friars Rd W. R on Via Las Cumbres-R Linda Vista Rd.

**GOMPERS PREPARATORY ACADEMY**

web: www.gomperscharter.org  
 1005 47th Street  
 San Diego, CA 92102  
 Ph: 619-263-2171  
 Fax: 619-264-4342  
 Frontier League  
 San Diego U.S.D.  
 Enrollment = 242  
 Eagles  
 Blue/Green

**Directions:** TBA

**GRANITE HILLS**

web: www.guhsd.net/granitehills/ghhs/  
 1719 East Madison Avenue  
 El Cajon, CA 92019  
 Ph: 619-593-5500  
 Fax: 619-588-9389  
 Grossmont Conference/Hills  
 Grossmont U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2738  
 Eagles/Ernie  
 Columbia Blue/Navy Blue

**Direction:** I-8 to 2nd St South (in El Cajon) - L on Madison Ave.

**GROSSMONT**

web: www.guhsd.net/grossmont  
 1100 Murray Drive, El Cajon 92020  
 Mail: P.O. Box 1043, La Mesa 91944-1043  
 Ph: 619-668-6000  
 Fax: 619-463-7108  
 Grossmont Conference/Hills  
 Grossmont U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2594  
 Foothiller  
 Royal Blue/Gold

**Direction:** I-8 to Severin North in La Mesa Go north; right on Murray Drive.

**ADMINISTRATION**

Prin: Tom Edelen  
 tomedelen@foothillsschool.net  
 Prin Sec: Robin Bridgeforth  
 robinbridgeforth@foothillsschool.net  
 AP: None  
 AD: Wayne Clark 619-889-7628  
 wayneclark@foothillsschool.net  
 AD Sec: Tammy Switzer  
 tammyswitzer@foothillsschool.net  
 ASB: Julie Alquist  
 Finance: Robin Bridgeforth  
 Cheer: Nancy Foley  
 Band: DNF

**ADMINISTRATION**

Prin: Paul Barsky  
 pbarsky@francisparker.org  
 Prin Sec: Diane Bergel x 4117  
 AP: Marc Thiebach x 4140  
 AD: Dan Kuiper x 4147  
 dkuiper@francisparker.org  
 AD Sec: Jean Rose x 4124  
 jrose@francisparker.org  
 Athletic Trainer: Jarrad Phillips  
 jphillips@francisparker.org  
 ASB: Marc Thiebach x 4140  
 Finance: Jean Rose x 4124  
 Cheer: Jan Rogers x 4107  
 Band: Michael Gonzales x 4150

**ADMINISTRATION**

Prin: Vince Riveroll  
 vriveroll@gomperscharter.org  
 Prin Sec: Paz Ramirez-Garcia  
 pramirez@gomperscharter.org  
 AP: N/A  
 AD: True Groff 405-3638  
 tgroff@gomperscharter.org  
 Co-AD: Jim Winters  
 jwinters@gomperscharter.org  
 AD Sec: N/A  
 ASB:  
 Finance:  
 Cheer:  
 Band:

**ADMINISTRATION**

Prin: Georgette Torres 593-5511  
 gtorres@guhsd.net  
 B-AP: Mike Fowler 593-5520  
 mfowler@guhsd.net  
 G-AP: Dave Watkins 593-5522  
 dwatkins@guhsd.net  
 AD: James Davis  
 jdavis@guhsd.net  
 AD Sec: Cherrie Launder 593-5524  
 clauder@guhsd.net  
 ASB: Bob Wakefield 593-5586  
 Finance: Jill Harrison 593-5537  
 Cheer: Rachel Valenzuela 593-3673  
 Band: Sean McMeeken 593-5629

**ADMINISTRATION**

Prin: Theresa Kemper 619-668-6012  
 tkemper@guhsd.net  
 AP: Jeff Meredith 668-6021  
 jmeredith@guhsd.net  
 AD: Frank Foggiano 619-668-6144  
 ffoggiano@guhsd.net  
 AD Sec: Cindy Proctor 619-688-6024  
 cproctor@guhsd.net  
 ASB: Jeremy Hersch  
 Fin: Roxanne Waastad 668-6037  
 rwaastad@guhsd.net  
 Cheer: Elizabeth Chmiel 619-688-6192  
 Band: Adam Bovie 668-6181

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Dave Lewis  
 B. BB: Brad Leaf  
 G. BB: Jonathan McCaskill  
 B. XC: Mike Edwards  
 G. XC: Mike Edwards  
 Field Hockey: DNF  
 Football: Thom Lubic  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: Joey Tennison  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Gerry Campbell  
 G. Soccer: Kirk Drummond  
 Softball: Keith Hicks  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: Mike Edwards  
 G. Track: Mike Edwards  
 B. VB: Nathan West  
 G. VB: Dan Santos  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: David Glassey  
 B. BB: Jim Tomey  
 G. BB: Dale Parker  
 B. XC: Matt Schellenberg  
 G. XC: Matt Schellenberg  
 Field Hockey: DNF  
 Football: John Morrison  
 B. Golf: Pat Diaz  
 G. Golf: Stacey Zoyiopoulos  
 Gymnastics: DNF  
 B. Lacrosse: David Herman  
 G. Lacrosse: Andrea Ervay  
 Roller Hockey: DNF

B. Soccer: Seth Tunick  
 G. Soccer: Marc Thiebach  
 Softball: Jim Tomey  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: Tom O'Brien  
 G. Tennis: Eric Mann  
 B. Track: Matt Schellenberg  
 G. Track: Matt Schellenberg  
 B. VB: John Herman  
 G. VB: Diane Pascua  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Jason Lewis  
 B. BB: Jason Lewis  
 G. BB: Ashley Wirth  
 B. XC: Kevin Beeman  
 G. XC: Kevin Beeman  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Carlos Acosta  
 G. Soccer: Mat Myashiro  
 Softball: Summer Morse  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: TBA  
 G. Tennis: Mat Miyashiro  
 B. Track: Adam Lake  
 G. Track: Adam Lake  
 B. VB: TBA  
 G. VB: Ashley Wirth  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: James Davis  
 B. BB: Randy Anderson  
 G. BB: Jerry Parker  
 B. XC: Jose Barbosa  
 G. XC: Jose Barbosa  
 Field Hockey: Amber Studer  
 Football: Randy Dewitt  
 B. Golf: Wash Walker  
 G. Golf: Erik Dann  
 Gymnastics: Jennipher Creed  
 B. Lacrosse: Jeff McDade  
 G. Lacrosse: Juliette Evans  
 Roller Hockey: DNF

B. Soccer: Jason Heath  
 G. Soccer: Elio Bello  
 Softball: Erin Coyne  
 B. Swim: Rhett Gaier  
 G. Swim: Cathy Elgas  
 B. Tennis: TBA  
 G. Tennis: Patty Tibbitts  
 B. Track: Erik Dann  
 G. Track: Dave Yarbrough  
 B. VB: Tim Stepp  
 G. VB: Dan Santos  
 B. Water Polo: Rhett Gaier  
 G. Water Polo: Danny Root  
 Wrest: Pete Grisafi

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: James Earley  
 B. BB: Frank Foggiano  
 G. BB: Megan Long  
 B. XC: Ross Bartell  
 G. XC: Ross Bartell  
 Field Hockey: DNF  
 Football: Ron Murphy  
 B. Golf: Pat Giovengo  
 G. Golf: John Neill  
 Gymnastics: Christina Alley  
 B. Lacrosse: J.J. Miramontes  
 G. Lacrosse: John Neill  
 Roller Hockey: DNF

B. Soccer: Gabe Fleming  
 G. Soccer: John Neill  
 Softball: Jerry Lerud  
 B. Swim: Doug Selby  
 G. Swim: Doug Selby  
 B. Tennis: Nathan Welden  
 G. Tennis: Hillary Park  
 B. Track: Haneef Petman  
 G. Track: Gabby Cartwright  
 B. VB: Sara Whitehouse  
 G. VB: Armando Fry  
 B. Water Polo: Clint McLaughlin  
 G. Water Polo: Marcy Wilson  
 Wrestling: Todd Bell

**GUAJOME PARK ACADEMY**

web: www.guajome.net  
 2000 North Santa Fe Avenue  
 Vista, CA 92083  
 Ph: 760-631-8500  
 Fax: 760-631-8503  
 Southern Conference  
 Vista U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 871  
 Frogs  
 Teal/Black

**Direction:** Hwy 78 east or west to north on Vista Village. Left on N Santa Fe. 1/4 mile from Vista HS.

**ADMINISTRATION**

Prin: Bob Hampton x1010  
 hamptonb@guajome.net  
 Prin Sec: Dawn Voss x 1222  
 vossda@guajome.net  
 AP: Stephanie Niess X1055  
 niessst@guajome.net  
 AD : Chris Findell x 1222  
 findellch@guajome.net  
 AD Sec: Don Voss (see above)  
 niessst@guajome.net  
 ASB: Craig Costello  
 Finance: Cathy Murphy x1208  
 murphyca@guajome.net  
 Cheer: N/A  
 Band: N/A

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Mike Soda  
 B. BB: Luis Llamas  
 G. BB: Robin Anderson  
 B. XC: Pat Duffy  
 G. XC: Pat Duffy  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: Luis Llamas  
 G. Golf: Luis Llamas  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Tim Farrell  
 G. Soccer: Lorrie St. Amant  
 Softball: Sheryl Yeager  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: Pat Duffy  
 G. Track: Pat Duffy  
 B. VB: DNF  
 G. VB: Luis Llamas  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Chris Findell

**HEALTH SCIENCES HIGH SCHOOL & MIDDLE COLLEGE**

web: TBA  
 3910 University Avenue, Suite 100  
 San Diego, CA 92105  
 Ph: 858-278-8566  
 Fax: 858-278-4013  
 Frontier League  
 San Diego USD  
 Coed/Four Years  
 Enrollment (9-12) = 443  
 Mascot/School Colors = TBA

**Direction:** TBA

**ADMINISTRATION**

Prin: Dr. Emily Schnell x 222  
 eschell@hshmc.org  
 Prin Sec: TBA  
 AD : Jeff Bonine  
 jbonine@hshmc.org  
 Asst. AD: Demetrius Davenport  
 ddavenport@hshmc.org  
 AD Sec: TBA  
 ASB: TBA  
 Finance: TBA  
 Cheer: TBA  
 Band: TBA

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: TBA  
 G. BB: TBA  
 B. XC: TBA  
 G. XC: TBA  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: TBA  
 G. Golf: TBA  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: TBA  
 G. Soccer: TBA  
 Softball: DNF  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: TBA  
 G. Tennis: TBA  
 B. Track: TBA  
 G. Track: TBA  
 B. VB: TBA  
 G. VB: TBA  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**HELIX CHARTER**

web: www.helixcharter.net  
 7323 University Avenue  
 La Mesa, CA 91941  
 Ph: 619-644-1940  
 Fax: 619-462-9266  
 Grossmont Conference/Hills  
 Grossmont U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2260  
 Highlanders/Scottie Dog  
 Green/Gray/Black

**Direction:** I-8 to 70th St. South - L at University Ave - R at Lowell.

**ADMINISTRATION**

Prin: Rani Goyal x 112  
 rgoyal@helixcharter.net  
 AP: TBA  
 Email:  
 AD: Damon Chase x 127  
 dchase@helixcharter.net  
 AD Sec: Vicky Rodriguez x145  
 Athletic Trainer: Kathryn Shustek  
 kshuste@helixcharter.net  
 ASB: Jeff Wenham x 243  
 Finance: Angel Sison x 455  
 Cheer: Beth Leighton x 390  
 Band: Kathleen Hansen

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Cole Holland  
 B. BB: John Singer  
 G. BB: Trina Hanson  
 B. XC: Bob Baird  
 G. XC: Bob Baird  
 Field Hockey: Cheryl Tyler  
 Football: Troy Starr  
 B. Golf: Frank Theroux  
 G. Golf: Frank Theroux  
 Gymnastics: DNF  
 B. Lacrosse: Chris Ticconi  
 G. Lacrosse: Audrey Wallace  
 Roller Hockey: DNF

B. Soccer: Jeff Kepper  
 G. Soccer: Leslie Gray  
 Softball: Kellie Bryan  
 B. Swim: Joel Hull  
 G. Swim: Lenelle Wylie  
 B. Tennis: Jay Diaz  
 G. Tennis: Jay Diaz  
 B. Track: Terry Hinds  
 G. Track: Sara Allsup  
 B. VB: Dave Mattas  
 G. VB: Linda Brown  
 B. Water Polo: Joe Hull  
 G. Water Polo: Lenelle Wylie  
 Wrestling: Sam Parker

**HIGH TECH HIGH - CHULA VISTA**

web: www.hightechhigh.org  
 1945 Discovery Falls Drive  
 Chula Vista, CA 91915  
 Ph: 619-591-2500  
 Fax: 619-591-2503  
 Charter School  
 Frontier League  
 Coed/Four Years  
 Enrollment (9-12) = 438  
 Bruins  
 Blue/Gold

**Direction:** TBA

**ADMINISTRATION**

Prin: Colleen Green  
 cgreen@hightechhigh.org  
 Dean: Ray Trinidad 591-2506  
 rtrinidad@hightechhigh.org  
 AD: Cory Tatz 398-8653  
 ctatz@hightechhigh.org  
 AD Sec: N/A  
 ASB: N/A  
 Finance: N/A  
 Cheer: N/A  
 Band: N/A

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Alan Botterman  
 B. BB: Chris Shilling  
 G. BB: TBA  
 B. XC: Danny Huante  
 G. XC: Danny Huante  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: TBA  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Rafael Palacios  
 G. Soccer: Hugo Martinez  
 Softball: TBA  
 B. Swim: TBA  
 G. Swim: TBA  
 B. Tennis: DNF  
 G. Tennis: TBA  
 B. Track: Jubilee Olivas  
 G. Track: Jubilee Olivas  
 B. VB: TBA  
 G. VB: Maricela Mendez  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**HIGH TECH HIGH - NORTH COUNTY**

web: TBA  
 1420 West San Marcos Blvd.  
 San Marcos, CA 92078  
 Ph: 760-759-2700  
 Fax: 760-759-2799  
 Charter School  
 Frontier League  
 Coed/Four Years  
 Enrollment (9-12) = 550  
 Mascot = TBA  
 Colors = TBA

**Direction:** TBA

**ADMINISTRATION**

Prin: Nicole Hinostro  
 nhinostro@hightechhigh.org  
 Dean: TBA  
 email: TBA  
 AD: Cory Tatz 398-8653  
 ctatz@hightechhigh.org  
 AD Sec: N/A  
 ASB: N/A  
 Finance: N/A  
 Cheer: N/A  
 Band: N/A

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: TBA  
 G. BB: DNF  
 B. XC: TBA  
 G. XC: TBA  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: TBA  
 G. Golf: TBA  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: DNF  
 G. Soccer: TBA  
 Softball: TBA  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: TBA  
 G. Track: TBA  
 B. VB: DNF  
 G. VB: DNF  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**HIGH TECH HIGH (SAN DIEGO)**

web: www.hightechhigh.org  
 2861 Womble Road  
 San Diego, CA 92106-6025  
 Ph: 619-243-5000  
 Fax: 619-243-5050  
 Charter School  
 Frontier League  
 Coed/Four Years  
 Enrollment (9-12) = 1350  
 Storm - Carolina Blue/Gold

**Direction:** I-8 or I-5 to Rosecrans - past  
 Lytton to light at Gate 3 of NTC/Liberty  
 Stateon development-follow signs to HTH.

**HILLTOP**

web: www.hilltoplancers.org  
 555 Claire Avenue  
 Chula Vista, CA 91910  
 Ph: 619-476-4200  
 Fax: 619-425-3284  
 Metro Conference/Mesa  
 Sweetwater U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2422  
 Lancers  
 Green/White/Black

**Direction:** I-805 to H St West or I-5 to  
 H St East - S on Hilltop Dr - L at Whitney.

**HOLTVILLE**

web: www.holtville.k12.ca.us  
 755 Olive Avenue  
 Holtville, CA 92250  
 Ph: 760-356-2926  
 Fax: 760-356-1206  
 Southeastern Conference  
 Holtville U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 576  
 Vikings  
 Kelly Green/Gold

**Direction:** I-8 East (120 miles) - N on  
 Orchard Rd (becomes Cedar) - L on 7th  
 School on R side.

**HOOVER**

web: www.hoovercardinals.org  
 4474 El Cajon Blvd.  
 San Diego, CA 92115  
 Ph: 619-283-6281  
 Fax: 619-280-5837  
 City Conference/Central  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2190  
 Cardinals  
 Red/White/Black

**Direction:** I-15 North or South, Exit El Cajon  
 Blvd. East

**HORIZON CHRISTIAN ACADEMY**

web: www.horizonsd.org  
 5331 Mt. Alifan Drive  
 San Diego, CA 92111  
 Ph: 858-244-0333  
 Fax: 858-654-3054  
 Coastal Conference/Coastal  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 294  
 Panthers  
 Navy Blue/White/Cardinal

**Direction:** I-805 North to Balboa - West  
 on Balboa to Genese - left on Genesee -  
 Right at Mt. Alifan Drive.

**ADMINISTRATION**

Prin: Brett Peterson  
 bpeterson@hightechhigh.org  
 AP: N/A  
 AD: Cory Tatz 619-518-5045  
 ctatz@hightechhigh.org  
 AD Sec: N/A  
 ASB: TBA  
 Finance: N/A  
 Cheer: Shalee Davis 243-5017  
 Band: N/A

**ADMINISTRATION**

Prin: Ernie Zamudio  
 ernesto.zamudio@sweetwaterschools.org  
 Prin Sec: Kathy Wilkerson  
 AP: Dan Kracha 476-4252  
 daniel.kracha@sweetwaterschools.org  
 AD: Nancy Acerio 476-4290  
 fax: 476-4390  
 nancy.acerio@sweetwaterschools.org  
 AD Sec: N/A  
 ASB: Dan Kracha  
 Finance: Bernadette Judal 476-4251  
 bernadette.judal@sweetwaterschools.org  
 Cheer: Maria Ruggari  
 Band: Jeff Jenkins

**ADMINISTRATION**

Prin: Jackie Hester  
 jackie@holtville.k12.ca.us  
 AP: Darrell Pecht x 108  
 AD: Steve Cato  
 scato@holtville.k12.ca.us  
 AD Sec: Chrys Diez x 100  
 queenb@holtville.k12.ca.us  
 ASB: Ed Queen x 100  
 Finance: Chrys Diez x 100  
 Cheer: Josie Silva  
 Band: Donald Thissen

**ADMINISTRATION**

Charles Podhorsky x2104  
 cpodhorsky@sandi.net  
 Prin Sec: Deby Cowan x 2104  
 dcowan@sandi.net  
 AP: Andy Trakas x 2172  
 AD: Ron Lardizabal x 2162  
 rlardizabal@sandi.net  
 AD Sec: Vince Guarnotta x 2162  
 Ath. Trainer: Christina Saffran  
 csaffran@sandi.net  
 ASB: Dan Camacho x 2130  
 Finance: Herman Acosta x 2137  
 hacosta@sandi.net  
 Cheer: Debby Spreewell  
 Band: Cameron Brown

**ADMINISTRATION**

Prin: Chapin Marsh  
 cmarsh@horizonsd.org  
 Prin Sec: Sharon Predika x 1273  
 AP: Chris Johnson x 1217  
 cjohnson@horizonsd.org  
 AD: Aaron McIntosh  
 amcintosh@horizonsd.org  
 AD Sec: Kathy Yarnall x 1302  
 kyarnall@horizonsd.org  
 Ath. Trainer: David Smith  
 ASB: Jason Steffen x 1258  
 Finance: Debbie Lawler x 1282  
 Cheer: Danielle McIntosh  
 Band: TBA

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Cory Tatz  
 B. BB: Carlos Hill  
 G. BB: Rachel Ching  
 B. XC: Mike Strong  
 G. XC: Sarah Strong  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: TBA  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Adan Sanchez  
 G. Soccer: Harold Levene  
 Softball: Akio Oka  
 B. Swim: Chris Olivas  
 G. Swim: Elika Dadsetan  
 B. Tennis: TBA  
 G. Tennis: Mike Nguyen  
 B. Track: TBA  
 G. Track: TBA  
 B. VB: DNF  
 G. VB: Law Ortuerra  
 B. Water Polo: Marc Favila  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Kurt Gritts  
 B. BB: Chuck Vallero  
 G. BB: Ray Jindra  
 B. XC: Mark Hedderson  
 G. XC: Mark Hedderson  
 Field Hockey: Rita Delgadillo  
 Football: Cody Roelof  
 B. Golf: Chuck Vallero  
 G. Golf: Robyn Gossett  
 Gymnastics: TBA  
 B. Lacrosse: Pete Bishop  
 G. Lacrosse: Sasha Scott  
 Roller Hockey: Dan Vacarro

B. Soccer: John Salts  
 G. Soccer: Rene Ortiz  
 Softball: Nancy Acerio  
 B. Swim: John Salts  
 G. Swim: John Salts  
 B. Tennis: Chris Gentry  
 G. Tennis: Chris Gentry  
 B. Track: Mark Hedderson  
 G. Track: John Gascon  
 G. VB: Chris Spalding  
 B. Water Polo: John Salts  
 G. Water Polo: TBA  
 Wrestling: Thomas Juarez

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Mike Angulo  
 B. BB: John Reschert  
 G. BB: Veronica Estrada  
 B. XC: Gerardo Lara  
 G. XC: Gerardo Lara  
 Field Hockey: DNF  
 Football: Keith Smith  
 B. Golf: John Reschert  
 G. Golf: Bob Candland  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Juan Arroyo  
 G. Soccer: Melissa Golembeck  
 Softball: Kevin Kerns  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: Sandra Duran  
 B. Track: Chad Vanacker  
 G. Track: Chad Vanacker  
 B. VB: DNF  
 G. VB: Lindsay Cato  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: C.J. Johnston

**VARSIITY HEAD COACHES**

Badminton: Vu Nguyen  
 Baseball: Allan Hebbert  
 B. BB: Ollie Goulston  
 G. BB: LaToya White  
 B. XC: Chris Brewster  
 G. XC: Chris Brewster  
 Field Hockey: DNF  
 Football: Cree Morris  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Papo Santos  
 G. Soccer: Melissa Golembeck  
 Softball: Dion Moore  
 B. Swim: Renee Bauer  
 G. Swim: Renee Bauer  
 B. Tennis: John Rivino  
 G. Tennis: John Rivino  
 B. Track: Stewart Payne  
 G. Track: Stewart Payne  
 B. VB: Vince Guarnotta  
 G. VB: Vince Guarnotta  
 B. Water Polo: Luis Azurdia  
 G. Water Polo: DNF  
 Wrestling: Mark Hoskisson

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Clarence Black  
 B. BB: Tyrone Hopkins  
 G. BB: Vickie Carrington  
 B. XC: Lawrence Achacoso  
 G. XC: Lawrence Achacoso  
 Field Hockey: DNF  
 Football: Eric Stavola  
 B. Golf: Gene Reed  
 G. Golf: Gene Reed  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Aaron Macintosh  
 G. Soccer: Matt Chapman  
 Softball: Tom Giamanco  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: TBA  
 G. Track: TBA  
 B. VB: DNF  
 G. VB: TBA  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**IMPERIAL**

web: N/A  
 517 West Barioni Blvd.  
 Imperial, CA 92251  
 Ph: 760-355-3220  
 Fax: 760-355-0869  
 Southeastern Conference  
 Imperial U.S.D.  
 Coed/Four Years  
 Enrollment (912) = 919  
 Tigers  
 Red/White

**Direction:** I-8 to Imperial Ave exit  
 (also Hwy 86 in Imperial) - N to Barioni  
 Blvd - L to school.

**JULIAN**

http://www.juhsd.org  
 1656 Highway 78, Julian  
 Mail: P.O. Box 417  
 Julian, CA 92036  
 Ph: 760-765-0606 x 100  
 Fax: 760-765-2926  
 Southern Conference  
 Julian U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 174  
 Eagles  
 Maroon/White  
**Direction:** I-8 to 67 N (becomes  
 Hwy 78 in Ramona) R at Main St in  
 Julian - L into school.

**KEARNY HIGH EDUCATIONAL COMPLEX**

web: http://kearnykomets.sandi.net  
 7651 Wellington Street  
 San Diego, CA 92111  
 Ph: 858-496-8370  
 Fax: 858-627-7503  
 City Conference/Eastern  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1915  
 Komets  
 Maroon/White

**Direction:** I-805 to Mesa College Dr W -  
 L on Linda Vista Rd - park R or I-163 to  
 Genesee W - R Linda Vista Rd - park L.  
 los Coaches - R at 3rd traffic signal to sch.

**KING-CHAVEZ COMMUNITY HIGH SCHOOL (9th -10th)**

web: www.kingchavez.net  
 201 A Street  
 San Diego, CA 92101  
 Ph: 619-704-1020  
 Fax: 619-704-1021  
 Frontier League  
 Charter School  
 Coed/Four Years  
 Enrollment (9-12) = 220  
 Vaqueros  
 Forrest Green/Orange

**Direction:** TBA

**KUYPER PREPARATORY SCHOOL**

web: TBA  
 2400 Euclid Avenue  
 National City, CA 91950  
 Ph: 619-267-5560  
 Fax: 619-434-5692  
 Frontier League  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 44  
 Mascot: TBA  
 Colors: TBA

**Direction:** TBA

**ADMINISTRATION**

Prin: Roger Ruvalcaba  
 rruvalcaba@ivnet.org  
 Prin Sec: Martha Tabarez x 2195  
 ihsoff@ivnet.org  
 AP: Victor Torres  
 vtorres@ivnet.org  
 B. AD: Victor Cruz x 2194  
 voruz@ivnet.org  
 AD Sec: Noni Lopez x 2194  
 ASB: David Nemteanu  
 Finance: Noni Lopez x 8007  
 Cheer: Pam Beal 554-5869  
 Band: Brook Kofford x 3226

**ADMINISTRATION**

Prin: Cara Couvillion x129  
 ccouv@juhsd.org  
 Prin Sec: Sherry La Chusa x100  
 slachusa@sdcoe.net  
 AP: None  
 AD: Tim White 760-765-0606 x 201  
 twhite@juhsd.org  
 AD Sec: N/A  
 ASB: Garnette Welch x 208  
 Finance: Martha Masch x 108  
 mmasch@juhsd.org  
 Cheer: Robin Boland  
 Band: Garnette Welch x208

**ADMINISTRATION**

Prin: Cheryl Hibbeln X 2901  
 chibbein@sandi.net  
 AP: None  
 AD: Patty Peisner x 2024  
 ppeisner@sandi.net  
 AD Sec: Debbie Suggs x 2940  
 ASB: Mike Paredes x 4906  
 Finance: Leonor Alatorre x 2027  
 Cheer: Michael Harris  
 Band: Carissa Mattison x 6149

**ADMINISTRATION**

Prin: Jeb Hubbs 704-1027  
 jhubbs@kingchavez.org  
 AP: TBA  
 AD: Jason Gentile 417-6928  
 jgentile@kingchavez.org  
 AD Sec: TBA  
 ASB: TBA  
 Finance: TBA  
 Cheer: TBA  
 Band: TBA

**ADMINISTRATION**

Prin: Brian Hendry  
 Email: TBA  
 Prin Sec: TBA  
 AP: Jerry Webb 760-420-0789  
 jerrywebb@gmail.com  
 AD: Jerry Webb 760-420-0789  
 jerrywebb@gmail.com  
 AD Sec: Teresa Hamer 267-5560  
 thamer@kuyperprep.org  
 Trainer: TBA  
 ASB: TBA  
 Finance: TBA  
 Cheer: TBA  
 Band: TBA

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Willie Estes  
 B. BB: David Milan  
 G. BB: Rich Ponchione  
 B. XC: Chris Fowlkes  
 G. XC: Chris Fowlkes  
 Field Hockey: DNF  
 Football: Kerry Legarra  
 B. Golf: Chris Wardrup  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: Velino Herrera  
 G. Soccer: Pedro Rosales  
 Softball: Andrea Horton  
 B. Swim: Jennifer Townsel  
 G. Swim: Jennifer Townsel  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: Wolfgang Horner  
 G. Track: Wolfgang Horner  
 B. VB: DNF  
 G. VB: Chelsey Jensen  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Tirso Lara

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Erik Pederson  
 B. BB: Ryan Cross  
 G. BB: Mark Aumann/Craig Peirson  
 B. XC: Rich Wolf  
 G. XC: Rich Wolf  
 Field Hockey: DNF  
 Football: Tim White  
 B. Golf: TBA  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: Joe Briese  
 G. Soccer: Javier Cordova  
 Softball: Craig Peirson  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: TBA  
 G. Track: TBA  
 B. VB: DNF  
 G. VB: Craig Peirson  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: Kevin Quach  
 Baseball: Brock Ungrieth  
 B. BB: Carl Bronson  
 G. BB: Thom Oxendine  
 B. XC: Bill Aaron  
 G. XC: Bill Aaron  
 Field Hockey: DNF  
 Football: Eric Stavola  
 B. Golf: Gary McMinn  
 G. Golf: TBA  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: Ken Curl  
 G. Soccer: Cristina Aguirre  
 Softball: Aryn Hamilton  
 B. Swim: Tim Mitchell  
 G. Swim: Annie Flynn  
 B. Tennis: Jacob Gonzalez  
 G. Tennis: Matt Peisner  
 B. Track: Matt Deford/Bill Aaron  
 G. Track: Matt Deford/Bill Aaron  
 B. VB: Khang Mai  
 G. VB: Khang Mai  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Jonathon Sachs

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: Kevin Bradshaw  
 G. BB: Jennifer Smith  
 B. XC: TBA  
 G. XC: TBA  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: Kyle Hagenburger  
 G. Soccer: Tara Garland  
 Softball: DNF  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: TBA  
 G. Tennis: TBA  
 B. Track: Jason Gentile  
 G. Track: Jason Gentile  
 B. VB: DNF  
 G. VB: DNF  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: Raul Lozoya  
 G. BB: Jerry Webb  
 B. XC: Don Hamer  
 G. XC: Don Hamer  
 Field Hockey: DNF  
 FB - 8-Man: Jerry Webb  
 B. Golf: TBA  
 G. Golf: TBA  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: DNF  
 G. Soccer: DNF  
 Softball: Jerry Webb  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: Kat Robinson  
 G. VB: Kat Robinson  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**LA COSTA CANYON**

web: www.lcchs.com  
 1 Maverick Way  
 Carlsbad, CA 92009  
 Ph: 760-436-6136  
 Fax: 760-943-3539/ AD Fax: 760-943-3544  
 North County Conference/Avocado West  
 San Dieguito UHSD  
 Coed/Four Years  
 Enrollment (9-12) = 2450  
 Mavericks  
 Green/Vegas Gold/Navy  
**Direction:** I-5 to La Costa Ave E - R on Rancho Santa Fe Rd - L on Camino de los Coaches - R at 3rd traffic signal to school.

**LA JOLLA**

web: lajollahigh.org  
 750 Nautilus Street  
 La Jolla, CA 92037  
 Ph: 858-454-3081  
 Fax: 858-459-2188  
 City Conference/Western  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1591  
 Vikings  
 Scarlet/Black  
**Direction:** I-5 N to La Jolla Pkwy ( turns into Torrey Pines Rd) - L at Girard - R at Pearl - L at Fay - R at Nautilus. I-5 S to LJ Village Dr. west to Torrey Pines(same)

**LA JOLLA COUNTRY DAY**

web: www.ljcds.org  
 9490 Genesee Avenue  
 La Jolla, CA 92037  
 Ph: 858-453-3440  
 Fax: 858-453-8210  
 AD Fax: 858-453-3099  
 Coastal Conference/Coastal  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 451  
 Torreys - Royal Blue/Grey/White/Black  
**Direction:** I-805 to La Jolla Village Dr West Right at Genesee Ave (buses L to Eastgate) or I-5 to Genesee Ave East (buses R to Eastgate). Unload students in bus load area.

**LIBERTY CHARTER**

web: http://libertycharterschool.org/LibertyHigh/index.html  
 4207 Spring Gardens Road  
 La Mesa, CA 91941  
 Ph: 619-668-2131  
 Fax: 619-668-2133  
 Frontier League  
 Public Charter  
 Coed/Four Years  
 Enrollment (9-12) = 109  
 Lions  
 Blue/Gold  
**Direction:** 8 east; 125 south; 94/Spring St. exit r on Spring St.; r on Spring Gardens Rd; l into park lot of La Mesa Adventis Community Church

**LINCOLN**

web: www.lincolnhighsd.net/hornets/  
 4777 Imperial Avenue  
 San Diego, CA 92113  
 Ph: 619-266-6500  
 Fax: 619-266-6605  
 City Conference/Central  
 San Diego USD  
 Coed/Four Years  
 Enrollment (9-12) = 2176  
 Hornet  
 Green/White  
**Direction:** 805 south - exit E HWY 94 - N Euclid Ave - R on 54th St - R on College Grove Dr - R on 55th St

**ADMINISTRATION**

Prin: Kyle Ruggles x6001  
 kyle.ruggles@sduhsd.net  
 Prin Sec: Sara Smith x6001  
 sara.smith@sduhsd.net  
 AP: Doug Kamon x 6004  
 doug.kamon@sduhsd.net  
 AD: John Labeta x6007  
 john.labeta@sduhsd.net  
 AD Sec: Nancy Wease x6002  
 Trainer: Catherine Bates  
 ASB: Heather Warren x6164  
 Finance: Suezan Gardener x6144  
 Cheer: Savannah Heckel x6432  
 Band: Carissa Mattison x6149

**ADMINISTRATION**

Prin: Dana Shelburne x 2200  
 dshelburne@sandi.net  
 Prin Sec: Lynn Dull x2200  
 cdull@sandi.net  
 AP: Beverly Greco x2207  
 bgreco@sandi.net  
 AD: Bob Allen x 2217  
 rallen@sandi.net  
 AD Sec: N/A  
 ASB: Kerry Dill/Joie Caviola x 4304/4305  
 Finance: Fujiko Robinson  
 frobinson@sandi.net  
 Cheer: Georgina Lyon x 4505  
 Band: Kirk Johnson x 2215

**ADMINISTRATION**

Head of School: Chris Schuck x240  
 cschuck@ljcds.org  
 Dir Upper Sch: Rod Jemison x 128  
 AD: Jeff Hutzler x 129  
 jhutzler@ljcds.org  
 AD Sec: Kathy Dinwiddie x 130  
 kdinwiddie@ljcds.org  
 Ath Trainer: David Floyd  
 dfloyd@ljcds.org  
 ASB: Peter Bogue x260  
 Finance: Lori Lindmark x 123  
 Cheer: Kathy Davis  
 Band: N/A

**ADMINISTRATION**

Prin: Debbie Beyer 619-579-7232  
 debbie.beyer@lfcisinc.org  
 AP: Steve Robinson 619-668-2131  
 steve.robinson@lfcisinc.org  
 AD: Steve Robinson 619-668-2131  
 steve.robinson@lfcisinc.org  
 AD Sec: Tamara Contasti  
 tamara.contasti@lfcisinc.org  
 Ath Trainer: N/A  
 ASB: Steve Robinson  
 Finance: N/A  
 Cheer: Heather Beyer 619-596-5665  
 Band: N/A

**ADMINISTRATION**

Prin: Mel Collins x3001  
 mcollins5@sandi.net  
 Prin Sec: Martha Corrales x3010  
 mcorrales1@sandi.net  
 AP: None  
 AD: Ron Hamamoto x1547  
 rhamamoto@sandi.net  
 AD Sec: Martha Corrales x3010  
 mcorrales1@sandi.net  
 ASB: Daniel Camacho  
 Finance: Michel Renaud x2127  
 mrenaud@sandi.net  
 Cheer: Felicia Singleton-Daniel  
 Band: Debbie Nevin

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Justin Machado  
 B. BB: David Cassaw  
 G. BB: John Labeta  
 B. XC: Bill Vice  
 G. XC: Bill Vice  
 Field Hockey: Carlie Sweeney  
 Football: Sean Sovacoal  
 B. Golf: Steve Armstrong  
 G. Golf: Steve Armstrong  
 Gym: Jessica Garrett/Lindsey Newmann  
 B. Lacrosse: Jesse Foss  
 G. Lacrosse: Sara Frascchetti  
 Roller Hockey: DNF  
 B. Soccer: David Cohen  
 G. Soccer: Mike Marvil  
 Softball: Mike Hill  
 B. Swim: TBA  
 G. Swim: TBA  
 B. Tennis: Marc Sandknop  
 G. Tennis: Marc Sandknop  
 B. Track: Joe Cohen  
 G. Track: Joe Cohen  
 B. VB: Mark Brubaker  
 G. VB: Pat McDougall  
 B. Water Polo: Kevin Craig  
 G. Water Polo: Joe Cohen  
 Wrestling: Dwayne Butth

**VARSIITY HEAD COACHES**

Badminton: Jerry Tellers  
 Baseball: Gary Frank  
 B. BB: Kamal Assaf  
 G. BB: Ty Eveleth  
 B. XC: Robert McCarthy  
 G. XC: Roger Karnopp  
 Field Hockey: Paula Conway  
 Football: Rey Hernandez  
 B. Golf: Roger Kifer  
 G. Golf: Alan Merryman  
 Gymnastics: DNF  
 B. Lacrosse: Matt Rosenberg  
 G. Lacrosse: Jenn Tapscoot  
 Roller Hockey: TBA  
 B. Soccer: Dan Berthume  
 G. Soccer: Kristin Jones  
 Softball: Anthony Sarain  
 B. Swim: Tom Atwell  
 G. Swim: Tom Atwell  
 B. Tennis: Matthew Previdi  
 G. Tennis: Maggie Mulkins  
 B. Track: Roger Karnopp  
 G. Track: Roger Karnopp  
 B. VB: David Jones  
 G. VB: David Jones  
 B. Water Polo: Dante Laghetto  
 G. Water Polo: Joe Cohen  
 Wrestling: Ryan Lindenblatt

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: John Edman x 175  
 B. BB: Ryan Meier x 205  
 G. BB: Terri Bamford x233  
 B. XC: Scott Sanders x248  
 G. XC: Scott Sanders x248  
 Field Hockey: DNF  
 Football: Jeff Hutzler x 129  
 B. Golf: Bill Cahoon x 135  
 G. Golf: Bill Cahoon x 135  
 Gymnastics: DNF  
 B. LX: Rory Hyland  
 G. LX: Dave Jenkins x 221  
 Roller Hockey: David Brink  
 B. Soc: Jerry Fleischhacker x299  
 G. Soccer: David Jenkins x 221  
 Softball: Corinne Brunn x275  
 B. Swim: Nate Heppner x227  
 G. Swim: Nate Heppner x227  
 B. Tennis: Joslynn Burkett  
 G. Tennis: Joslynn Burkett  
 B. Track: Kevin Reaume x 244  
 G. Track: Kevin Reaume x 244  
 B. VB: DNF  
 G. VB: Peter Ogle x 272  
 B. Water Polo: Steve Traverso  
 G. Water Polo: Steve Traverso  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: TBA  
 G. BB: Ernie Dickerson  
 B. XC: Danny Sanchez  
 G. XC: Danny Sanchez  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: TBA  
 G. Golf: TBA  
 Gymnastics: DNF  
 B. LX: DNF  
 G. LX: DNF  
 Roller Hockey: DNF  
 B. Soc: Greg Ryan  
 G. Soccer: TBA  
 Softball: DNF  
 B. Swim: TBA  
 G. Swim: TBA  
 B. Tennis: TBA  
 G. Tennis: TBA  
 B. Track: Mark Sulkes  
 G. Track: Mark Sulkes  
 B. VB: TBA  
 G. VB: Rob Johnston  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: Patty Beall  
 Baseball: Dan Timothy  
 B. BB: Jason Bryant  
 G. BB: Glenn Lee  
 B. XC: Adam Henderson  
 G. XC: Adam Henderson  
 Field Hockey: DNF  
 Football: Ron Hamamoto  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. LX: Jonathan Adlam  
 G. LX: Jonathan Adlam  
 Roller Hockey: DNF  
 B. Soc: Jose Rodriguez  
 G. Soccer: Elizabeth Munoz  
 Softball: Sharon Mitchell  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: Mike Desjardins  
 G. Tennis: Carl Davis  
 B. Track: Kiper Bell  
 G. Track: Adam Henderson  
 B. VB: Thomas Thom  
 G. VB: Vivian Blanco  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Francois Portee

**LUTHERAN HIGH OF SAN DIEGO (NOTE: All games played at other sites.)**

web: www.lutheranhighsandiego.org  
 810 Buena Vista Way  
 Chula Vista, CA 91910  
 Ph: 619-262-4444  
 Fax: 619-262-6297  
 Southern Conference  
 Private School  
 Coed/Four Years  
 Enrollment 9-12) = 78  
 Knights  
 Black/Gold

**Direction:** I-805 south to H St. - East on H St. to left on Bunea Vista Way.

**ADMINISTRATION**

Prin: Scott Dufresne  
 scott.dufresne@lhssd.org  
 Prin Sec: Debbie Heien 619-262-4444x120  
 AP: N/A  
 AD: Don Heien 619-262-4444x140  
 don.heien@lhssd.org  
 AD Sec: Debbie Heien 619-262-4444x120  
 ASB: Anna Beyer x 22  
 Finance: Debby Heien 619-262-4444x120  
 Cheer: N/A  
 Band: Jon Vevia 619-262-4444x170

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Don Heien  
 B. BB: Michael Heidtbrink  
 G. BB: Pete Ruiz  
 B. XC: Debbie Castillo  
 G. XC: Debbie Castillo  
 Field Hockey: DNF  
 FB - 8-Man: Matt Lodin  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: DNF  
 G. Soccer: DNF  
 Softball: Neil Meyer  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: DNF  
 G. VB: Neil Meyer  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**MADISON**

web: www.madison.sandi.net  
 4833 Doliva Drive  
 San Diego, CA 92117  
 Ph: 858-496-8410  
 Fax: 858-496-8421  
 City Conference/Central  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1255  
 Warhawks  
 Navy/Silver/White

**Direction:** I-805 to Clairemont Mesa Blvd West - Left at Doliva Dr.

**ADMINISTRATION**

Prin: Richard Nash  
 rmash@sandi.net  
 Prin Sec: Andrea Lopez x 2214  
 alopez3@sandi.net  
 AP: Robin Peters  
 rpeters@sandi.net  
 AD: Rick Jackson x 4001  
 rjackson2@sandi.net  
 AD Sec: N/A  
 ASB: Will Hawthorn, Lori Franks  
 Finance: Chrissie Brynwood x2213  
 cbrynwood@sandi.net  
 Cheer: Megan Richards x 4316  
 Band: Jennifer Brown x 4901

**VARSIITY HEAD COACHES**

Badminton: Mike Stutz  
 Baseball: Robert Lovato  
 B. BB: Mike Stutz  
 G. BB: Lowe Leasau  
 B. XC: Bob Bishop  
 G. XC: Bob Bishop  
 Field Hockey: Erica Strauss  
 Football: Rick Jackson  
 B. Golf: Mike Norton  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Will Hawthorne  
 G. Soccer: Lori Franks  
 Softball: Tay Sneddon  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: Robert Lynch  
 G. Tennis: Robert Lynch  
 B. Track: Rick Jackson  
 G. Track: Rick Jackson  
 B. VB: Heather Janiak  
 G. VB: Heather Janiak  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Jeret Needham

**MAR VISTA**

web: suhsd.k12.ca.us/mvh  
 505 Elm Avenue  
 Imperial Beach, CA 91932  
 Ph: 619-628-5700  
 Fax: 619-424-6232 (ASB)  
 Metro Conference/South Bay  
 Sweetwater UHSD  
 Coed/Four Years  
 Enrollment (9-12) = 1880  
 Mariners  
 Forest Green/Gold

**Direction:** I-5 to Coronado Ave go west Coronado Ave becomes Imperial Beach Blvd pass 4-way stop (Connecticut & IB Blvd) gym and fields on r. side of IB Blvd

**ADMINISTRATION**

Prin: Glenda Golobay  
 glenda.golobay@sweetwaterschools.org  
 Prin Sec: Sandra Angeli  
 AP: Marianne Perrault 619-628-5751  
 marianne.perrault@sweetwaterschools.org  
 AD: William Olinger 619-628-5751  
 william.olingier@sweetwaterschools.org  
 AD Sec: Ethan Charles 628-5752  
 ASB: Marianne Perrault 628-5751  
 Finance: Ethan Charles 628-5752  
 Cheer: Bethany Case 760-214-7645  
 Band: Hugh O'Neil 575-3117

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Allan De los Reyes  
 B. BB: TBA  
 G. BB: Nathaniel Majors  
 B. XC: Ben Holt  
 G. XC: Gisela Wolfe  
 Field Hockey: DNF  
 Football: Brian Hay  
 B. Golf: Barry Zuniga  
 G. Golf: Joel Anderson  
 Gymnastics: DNF  
 B. Lacrosse: Ryan Scott  
 G. Lacrosse: Shizuka Baker  
 Roller Hockey: Ron Cole

B. Soccer: Filemon Jara  
 G. Soccer: Gisela Wolfe  
 Softball: Rick Nichols  
 B. Swim: Chad Kavanaugh  
 G. Swim: Sue Czerwec  
 B. Tennis: Ethan Charles  
 G. Tennis: Melissa Uriate  
 B. Track: Wes Charles  
 G. Track: Wes Charles  
 B. VB: Joe Penolio  
 G. VB: Robbie Cole  
 B. Water Polo: Chad Kavanaugh  
 G. Water Polo: Chad Kavanaugh  
 Wrestling: Levi Harbin

**MARANATHA CHRISTIAN SCHOOLS**

web: www.maranathachristianschools.org  
 9050 Maranatha Drive  
 San Diego, CA 92127-2923  
 Ph: 858-759-9737  
 Fax: 858-759-4001  
 Frontier League  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 109  
 Eagles  
 Navy Blue/Carolina Blue/White

**Direction:** From I-15 take Camino Del Norte W - becomes Camino Del Sur - turn R on Maranath Drive.

**ADMINISTRATION**

Prin: Pete Plotnik x106  
 pete.plotnik@maranathachristianschools.org  
 Prin Sec: Eva House x130  
 eva.house@maranathachristianschools.org  
 AD: Tim Shelton  
 tim.shelton@maranathachristianschools.org  
 AD Sec: Cindi Mason x103  
 cindi.mason@maranathachristianschools.org  
 ASB: Chas Shay  
 Finance: N/A  
 Cheer: Jennifer Walker x151  
 Band: N/A

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Phil Thompson  
 B. BB: Chris MacMillan  
 G. BB: Tim Shelton  
 B. XC: Peter Gregory  
 G. XC: Peter Gregory  
 Field Hockey: DNF  
 FB - 8-Man: Mike Hauser  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: Bill Rogers  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: David Cabral  
 G. Soccer: Sarah Garland  
 Softball: DNF  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: Peter Gregory  
 G. Track: Peter Gregory  
 B. VB: DNF  
 G. VB: Mark Pittman  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**MATER DEI CATHOLIC**

web: www.materdeicatholic.org  
 1615 Mater Dei Drive  
 Chula Vista, CA 91913  
 Ph: 619-423-2121  
 Fax: 619-423-6910  
 Metro Conference/Mesa  
 Diocese of San Diego  
 Coed/Four Years  
 Enrollment (9-12) = 743  
 Crusaders  
 Navy Blue/Vegas Gold

**Direction:** I-805 south to Olympic Parkway exit east (left) - right at La Media - left Birch Road - left Mater Dei Drive

**ADMINISTRATION**

President: Tom Beecher  
 tbeecher@materdeicatholic.org  
 Prin: George Milke x 102  
 gmilke@materdeicatholic.org  
 Prin Sec: Zurissadi Glavez x130  
 AP: None  
 BAD: Bill Gerken x117  
 bgerken@materdeicatholic.org  
 GAD: Nicki Limoges  
 nlimoges@materdeicatholic.org  
 ASB: Cres Angeles & Joseph Brunner  
 Finance: Rocio Hodges  
 Cheer: Marcus McCastle  
 Band: Troy Peets

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Ed Johnson  
 B. BB: Kenny Caesar  
 G. BB: David Monroe  
 B. XC: Carla Martinez  
 G. XC: Carla Martinez  
 Field Hockey: DNF  
 Football: John Joyner  
 B. Golf: Bill Gerken  
 G. Golf: Bill Gerken  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Jerga Zavala  
 G. Soccer: Adrian Caro  
 Softball: Mike Centrullo  
 B. Swim: Kevin Smith  
 G. Swim: Kevin Smith  
 B. Tennis: David Borck  
 G. Tennis: Lea Borck  
 B. Track: Carla Martinez  
 G. Track: Carla Martinez  
 B. VB: Brian Ritz  
 G. VB: Travis Lee  
 B. Water Polo: Guy Souza  
 G. Water Polo: Philip Disney  
 Wrestling: Scott Ullsperger

**MIRA MESA**

web: www.sandi.net/miramesa  
 10510 Reagan Road  
 San Diego, CA 92126  
 Ph: 858-566-2262  
 Fax: 858-549-9541  
 City Conference/Eastern  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2647  
 Marauders  
 Blue/Gold

**Direction:** I-15 to Mira Mesa Blvd West.  
 Left at Reagan Road.

**MISSION BAY**

web: missionbayhigh.com  
 2475 Grand Avenue  
 San Diego, CA 92109  
 Ph: 858-273-1313  
 Fax: N/A  
 AD Fax: 858-273-2327  
 City Conference/Western  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1641  
 Buccaneers  
 Black/Gold

**Direction:** I-5 south to Mission Bay Dr West.  
 Left at Grand Avenue OR I-5 north to  
 Grand Avenue.

**MISSION HILLS**

web: www.missionhillshigh.org  
 One Mission Hills Court  
 San Marcos, CA 92069  
 Ph: 760-290-2700  
 Fax: 760-290-2680  
 AD Fax: 760-290-2687  
 North County Conference/Avocado East  
 San Marcus U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2510  
 Mascot: Grizzlies  
 Colors: Cardinal/Vagas Gold

**Direction:** I-15 N to 78 W exit Woodland  
 Pkwy. Take Mission Road west.

**MISSION VISTA (Frosh & JV only)**

web: www.missionvistahs.org  
 1306 Melrose Drive  
 Vista, CA 92084  
 Ph: 760-758-6800  
 Fax: 760-758-6832  
 North County Conference/Valley  
 Vista U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 525  
 Mascot: Timberwolves  
 Colors: Green/Black

**Direction:** TBA

**MONTE VISTA**

web: grossmont.k12.ca.us/Monte Vista  
 3230 Sweetwater Springs Blvd.  
 Spring Valley, CA 91977  
 Ph: 619-660-3000  
 Fax: 619-670-9749  
 Grossmont Conference/Valley  
 Grossmont U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2077  
 Monarchs  
 Crimson/Gold

**Direction:** I-94 to Sweetwater Springs  
 Blvd South or 54 E - R at Jamacha Blvd  
 Left at Sweetwater Springs Blvd.

**ADMINISTRATION**

Prin: Scott Giusti  
 sgiusti@sandi.net  
 AP: Matt Fallon  
 mfallon@sandi.net  
 AD: DanRegas  
 dregas@sandi.net  
 AD Sec: N/A  
 ASB: Mary Jensen  
 Finance: Anna Day x2231  
 aday1@sandi.net  
 Cheer: Mary Jensen x4202  
 Band: John Dally

**ADMINISTRATION**

Prin: Fred Hilgers x100  
 fhilgers@sandi.net  
 Prin Sec: TBA  
 AP: Gretchen Rhoads x 102  
 grhoads@sandi.net  
 AD: Christa Allen x277  
 callen3@sandi.net  
 AD Sec: Kathy Agosto x 108  
 kagosto@sandi.net  
 ASB: Emmitt Dodd x 213  
 ksafa@sandi.net  
 Finance: Katrine Safa x222  
 Cheer: Kathy Agosto x 108  
 Band: J.P. Balmat x 113

**ADMINISTRATION**

Prin: Brad Lichtman 290-2710  
 brad.lichtman@smusd.org  
 Prin Sec: Carol Foster 290-2711  
 AP: Bill Singh 290-2724  
 bill.singh@smusd.org  
 AD: Ken Putnam 290-2770  
 ken.putnam@smusd.org  
 AD Sec: None  
 Athletic Trainer: Scott Gommel  
 scott.gommel@smusd.org  
 ASB: TBA  
 Finance: Jolene Clark 290-2713  
 Cheer: Alecia Wanders  
 Band: Jeff McNurlan 290-2729

**ADMINISTRATION**

Prin: Rodney Goldenberg x73999  
 rgoldenb@vusd.k12.ca.us  
 Prin Sec: Georjinnie Smith x73994  
 AP: TBA  
 Email:  
 AD: Dave Whiddon x73998  
 dwhiddon@vusd.k12.ca.us  
 AD Sec: TBA  
 Athletic Trainer: TBA  
 ASB: TBA  
 Finance: Debbie Voss x73995  
 dvoss@vusd.k12.ca.us  
 Cheer: TBA  
 Band: TBA

**ADMINISTRATION**

Prin: Randy Montesanto  
 rmontesa@guhsd.net  
 Prin Sec: Ruth Lincoln  
 AP: Bill Sullivan 660-3022  
 bsullivan@guhsd.net  
 AD: Zack Peck 660-3168  
 zpeck@guhsd.net  
 AD Sec: Sheri Barlow 660-3024  
 Athletic Trainer: Konomi Fukuyoc  
 ASB: Adam Kryzwicki x 203086  
 Finance: Roberta Bosworth 660-3037  
 Cheer: Kelly McKean 660-3186  
 Band: Linda Thompsom

**VARSIITY HEAD COACHES**

Badminton: Paul Tessaro  
 Baseball: Gene Watkins  
 B. BB: Paul Tessaro  
 G. BB: Curtis Fulks  
 B. XC: Eric Miller  
 G. XC: Eric Miller  
 FH: Autumn Galameos  
 Football: Gary Blevins  
 B. Golf: Roy Van Grove  
 G. Golf: Roy Van Grove  
 Gymnastics: DNF  
 B. Lacrosse: Fred Griesbach  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Pat Corr  
 G. Soccer: Katy Davis  
 Softball: Catherine Fox-Copeland  
 B. Swim: Kim Yourczek  
 G. Swim: James Earnest  
 B. Tennis: Greg Dodd  
 G. Tennis: Greg Dodd  
 B. Track: Eric Miller  
 G. Track: Eric Miller  
 B. VB: Katy Davis  
 G. VB: Jennifer Otaola  
 B. Water Polo: Kim Yourczek  
 G. Water Polo: Greg Steinbach  
 Wrestling: Dean Brown

**VARSIITY HEAD COACHES**

Badminton: Jim Loveday  
 Baseball: Greg Farrar  
 B. BB: Dennis Kane  
 G. BB: Jerome Bowman  
 B. XC: Elizabeth Vierra  
 G. XC: Elizabeth Vierra  
 Field Hockey: Kris Auer  
 Football: Willie Matson  
 B. Golf: Joe Panian  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Joe Panian  
 G. Soccer: Jorge Palacios  
 Softball: TBA  
 B. Swim: Troy Landon  
 G. Swim: Troy Landon  
 B. Tennis: Cheryl Olivas-Deli  
 G. Tennis: Cheryl Olivas-Deli  
 B. Track: Emmitt Dodd  
 G. Track: Emmitt Dodd  
 B. VB: Crystal Frasca  
 G. VB: Crystal Frasca  
 B. Water Polo: Troy Merkel Landon  
 G. Water Polo: Troy Merkel Landon  
 Wrestling: Marco Herrera

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Ken Putman  
 B. BB: Curtis Hofmeister  
 G. BB: Chris Kroesch  
 B. XC: Ryan Sharp  
 G. XC: Ryan Sharp  
 Field Hockey: Ami Kivett  
 Football: Chris Hauser  
 B. Golf: Jason Hamm  
 G. Golf: Derrick Ford  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: Amy Kivett  
 Roller Hockey: DNF

B. Soccer: Evan Camperell  
 G. Soccer: Jeremy Hixon  
 Softball: Kevin Glatt  
 B. Swim: Bob Turner  
 G. Swim: Bob Turner  
 B. Tennis: Daniel Garcia  
 G. Tennis: Daniel Garcia  
 B. Track: Kyle Billings  
 G. Track: Ryan Sharp  
 B. VB: Andrea Fisher  
 G. VB: Cindy Mathews  
 B. Water Polo: Todd Shaffer  
 G. Water Polo: Todd Shaffer  
 Wrestling: Dave LaVine

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Kevin Morrison (JV)  
 B. BB: John Dubreville (JV)  
 G. BB: Bryanna Norton (JV)  
 B. XC: Joe Crosswhite (JV)  
 G. XC: Joe Crosswhite (JV)  
 Field Hockey: Heidi Harris (JV)  
 Football: DNF  
 B. Golf: Bob Turner (JV)  
 G. Golf: Bob Turner (JV)  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Rick Malec (JV)  
 G. Soccer: Rick Moore (JV)  
 Softball: Guy Bouffard (JV)  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: Meg Powers (F & JV)  
 G. VB: TBA  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Chad Williams  
 B. BB: James Carroll  
 G. BB: Mike Skibbe  
 B. XC: Robert Muscheck  
 G. XC: Bob Muscheck  
 Field Hockey: DNF  
 Football: Page Culver  
 B. Golf: Victor Cruz  
 G. Golf: Victor Cruz  
 Gymnastics: Mavi Richmond  
 B. Lacrosse: Isaac Merfalen  
 G. Lacrosse: Natalie Bustillo  
 Roller Hockey: DNF

B. Soccer: Thomson Usiyan  
 G. Soccer: Manny Sandoval  
 Softball: Sig Chabrowski  
 B. Swim: Ken Thiltgen  
 G. Swim: Cyndy Hoffman  
 B. Tennis: Sang Bai  
 G. Tennis: Sang Bai  
 B. Track: Bob Muscheck  
 G. Track: Bob Muscheck  
 B. VB: Mike Skibbe  
 G. VB: Brian Carpenter  
 B. Water Polo: Damon Newman  
 G. Water Polo: Rick McMillan  
 Wrestling: Steve Bulette

**MONTGOMERY**

web: www.suhsd.k12.ca.us/moh  
 3250 Palm Avenue  
 San Diego, CA 92154  
 Ph: 619-628-3007  
 Fax: 619-424-6473  
 Metro Conference/South Bay  
 Sweetwater U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1855  
 Aztecs  
 Red/White/Blue

**Direction:** I-805 S - Exit Palm Ave to left.

**MORSE**

web: www.morsehs.com  
 6905 Skyline Drive  
 San Diego, CA 92114  
 Ph: 619-262-0763  
 Fax: 619-262-6835  
 City Conference/Eastern  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2370  
 Tigers  
 Navy/Old Gold/White

**Direction:** I-805 to So Bay Fwy East - L at Woodman - R at Skyline Dr or I-805 to Imperial E-R at Woodman-L at Skyline.

**MT. CARMEL**

web: www.sundevilathletics.com  
 9550 Carmel Mountain Road  
 San Diego, CA 92129-2799  
 Ph: 858-484-1180  
 Fax: 858-538-9426  
 AD Fax: 858-538-7764  
 North County Conference/Palomar  
 Poway U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2191  
 Sundevils  
 Scarlet/Gold

**Direction:** I-15 to Rancho Penasquitos Blvd West. School is straight ahead on the right-hand side.

**MOUNT MIGUEL**

http://www.mountmiguelhs.org  
 8585 Blossom Lane  
 Spring Valley, CA 91977  
 Ph: 619-667-6400  
 Fax: 619-697-0794  
 Grossmont Conference/Valley  
 Grossmont U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1814  
 Matadors  
 Red/Black

**Direction:** Hwy 125 to Jamacha Rd. East L on Sweetwater Rd. - L on Blossom Ln.

**MOUNTAIN EMPIRE**

web: www.meusd.k12.ca.us  
 3305 Buckman Springs Road  
 Pine Valley, CA 91962  
 Ph: 619-473-8601  
 Fax: 619-473-8038  
 Southern Conference  
 Mountain Empire U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 455  
 Redhawks  
 Red/Gold/Black

**Direction:** I-8 E to Buckman Springs Rd. R on Buckman Spring to school (2 miles from freeway - on left).

**ADMINISTRATION**

Prin: Lee Romero 628-3807  
 lee.romero@sweetwaterschools.org  
 Prin Sec: Maria Estrada 628-3807  
 maria.estrada@sweetwaterschools.org  
 AP: TBA  
 AD: Julio Alcalá  
 julio.alcala@sweetwaterschools.org  
 AD Sec: Linzola Shackelford  
 ASB: Dan Kracha 423-4940  
 Finance: Linzola Shackelford  
 Cheer: Maura Benitez  
 Band: Jessica Pulido

**ADMINISTRATION**

Prin: Harry Shelton (Interim)  
 hshelton@sandi.net  
 Prin Sec: Eleanore Viado x2781  
 AP: Richard Delapena  
 rdelapena@sandi.net  
 AD: Tracy McNair  
 tmcnair@sandi.net  
 Athletic Trainer: Phil Grooms  
 pgrooms1@sandi.net  
 ASB: Anne Bengtson x 4004  
 Finance: Luong Truong x 2063  
 Cheer: Tai Oliver x 3025  
 Band: Andrew Bearden x4806  
 abearden@sandi.net

**ADMINISTRATION**

Prin: Dr. Tom McCoy x3101  
 tmccoy@powayusd.com  
 AP: Greg Magno x 3219  
 AD: Randy Wright x 3109  
 rwright@powayusd.com  
 AD Sec: Linda Uribe x 3110  
 luribe@powayusd.com  
 Ath Trainer: Christine Ahlf  
 cahlf@powayusd.com  
 ASB: Sanford Carvajal  
 Finance: Maria Lopez x 3131  
 Cheer: Tonga Moore x 3110  
 Band: Garry McPherson x3520

**ADMINISTRATION**

Prin: Steve Coover 667-6412  
 scoover@guhsd.net  
 Prin Sec: Diane Quintero 667-6412  
 dquintero@guhsd.net  
 AP: Dan Santos  
 dsantos@guhsd.net  
 AD: Ernie Reyes 667-6482  
 ereyes@guhsd.net  
 AD Sec: Suzie Panarisi 667-6425  
 Trainer: Chuck Woolsey  
 ASB: Bob Raymond  
 Finance: Jennifer Wilson 667-6437  
 jenniferwilson@guhsd.net  
 Cheer: Sylvia Sposato 667-6451  
 Band: Jason Hutton 667-6554

**ADMINISTRATION**

Prin: Ernie Sopp  
 esopp@meusd.net  
 Prin Sec: Karen Loftis x 200  
 kloftis@meusd.net  
 AP: Steve Gordon x 202  
 sgordon@meusd.net  
 AD: Jarrod Sills x 317  
 jsills@meusd.net  
 AD Sec: Karen Loftis x 200  
 ASB: Mari Mann x 314  
 Finance: None  
 Cheer: Gerogina Tortora  
 Band: Jarrod Sills x 317

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Manuel Hermsillo  
 B. BB: Edward Martin  
 G. BB: BJ Filamor  
 B. XC: Juan Gonzalez  
 G. XC: Ruben Ledesma  
 Field Hockey: DNF  
 Football: Julio Alcalá  
 B. Golf: Julio Alcalá  
 G. Golf: Raul Persona  
 Gymnastics: DNF  
 B. Lacrosse: Gerald French  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Juan Gonzalez  
 G. Soccer: Jill Norris  
 Softball: Christina Espinoza  
 B. Swim: Rene Marmolejo  
 G. Swim: Rene Marmolejo  
 B. Tennis: Craig Miles  
 G. Tennis: Craig Miles  
 B. Track: Hal Herlan  
 G. Track: Ruben Ledesma  
 B. VB: Troy Beale  
 G. VB: Dario Villa  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: TBA

**VARSIITY HEAD COACHES**

Badminton: Yoshi Wright  
 Baseball: Cedric Nealy  
 B. BB: Tony Perez  
 G. BB: Deadrick Robinson  
 B. XC: Phil Grooms  
 G. XC: Phil Grooms  
 Field Hockey: Martha McCarthy  
 Football: Tracy McNair  
 B. Golf: Rex Calvin  
 G. Golf: Rex Calvin  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Mario Arellano  
 G. Soccer: Victor Melendez  
 Softball: Martha McCarty  
 B. Swim: Celeste Bergan  
 G. Swim: Celeste Bergan  
 B. Tennis: Clay Johnson  
 G. Tennis: Clay Johnson  
 B. Track: Rodney Hutsona  
 G. Track: Lana Garner x4316  
 B. VB: Raymond Balaga  
 G. VB: Charlie Siegal  
 B. Water Polo: Celeste Bergan  
 G. Water Polo: Celeste Bergan  
 Wrestling: Mike Barnes x 2955

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Chachi Mueller  
 B. BB: Brad Enright  
 G. BB: Laura Ifergan  
 B. XC: Nate Boyer  
 G. XC: Nate Boyer  
 Field Hockey: Katie Fixen  
 Football: Sanford Carvajal  
 B. Golf: David Rudgers  
 G. Golf: David Rudgers  
 Gym: Monique Lamphiere-Tamayoshi  
 B. Lacrosse: John Whittles  
 G. Lacrosse: Ranessa Santos  
 Roller Hockey: TBA

B. Soccer: Mark Green  
 G. Soccer: Danie Schelhorse  
 Softball: Cesar Chavez  
 B. Swim: Daniel Peck  
 G. Swim: Daniel Peck  
 B. Tennis: Jim Wrage  
 G. Tennis: Jim Wrage  
 B. Track: Dennis McClanahan  
 G. Track: Dennis McClanahan  
 B. VB: Patsy Malta  
 G. VB: Shawn Black  
 B. Water Polo: John Riess  
 G. Water Polo: Jon Au  
 Wrestling: Gail Miller

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Bryon Grigsby  
 B. BB: Jay Rowlett  
 G. BB: Robbie Sandoval  
 B. XC: Anthony Garcia  
 G. XC: Anthony Garcia  
 Field Hockey: DNF  
 Football: Tom Karlo  
 B. Golf: Jimmy Hurst  
 G. Golf: Louise Parks  
 Gym: Evelyn Joel  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Richard Martinez  
 G. Soccer: Rudy Chavez  
 Softball: Kathy Worley  
 B. Swim: Jeni Mascari  
 G. Swim: Jeni Mascari  
 B. Tennis: Duke Deleon  
 G. Tennis: Anna Duran  
 B. Track: Anthony Garcia  
 G. Track: Anthony Garcia  
 B. VB: TBA  
 G. VB: Ernie Reyes  
 B. Water Polo: Jeni Mascari  
 G. Water Polo: Jeni Mascari  
 Wrestling: Victor Richmond

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Jim Jones  
 B. BB: Mark Noland  
 G. BB: Johanna Northcote  
 B. XC: Bill Leblanc  
 G. XC: Heather Westgard  
 Field Hockey: DNF  
 Football: TBA  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: David Barboza  
 G. Soccer: Jarrod Sills  
 Softball: Darlene Daniels  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: Bill Leblanc  
 G. Track: Heather Westgard  
 B. VB: DNF  
 G. VB: TBA  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**OCEAN VIEW CHRISTIAN ACADEMY (FORMERLY MIDWAY BAPTIST)**

web: www.midwaybaptistschools.com

2460 Palm Avenue  
San Diego, CA 92154  
Ph: 619-424-7875  
Fax: 619-424-9204  
Southern Conference  
Private  
Coed/Four Years  
Enrollment (9-12) = 76  
Patriot  
Red/White/Blue

**Direction:** I-5 to Palm Ave/Imperial Beach  
exit - go east/left. 1/3 mi up hill on north side.

**ADMINISTRATION**

Prin: Stephen Johnson x 251  
sjohnson@ovcapatriots.com  
Prin Sec: Barbara Johnson x263  
bjohnson@ovcapatriots.com  
AP: Christy Rheam  
AD: Matt Horton  
mhorton@ovcapatriots.com  
AD Sec: Melody Holz x 250  
mholz@ovcapatriots.com  
ASB: DeVita Andrews  
Finance: Patricia Stonebraker x 254  
Cheer: Mary Matosich  
Band: Lalane Haenisch

**VARSIITY HEAD COACHES**

Badminton: DNF  
Baseball: TBA  
B. BB: Chris Holtz  
G. BB: TBA  
B. XC: DNF  
G. XC: DNF  
Field Hockey: DNF  
Football: Jon Clark  
B. Golf: John Marvel  
G. Golf: DNF  
Gymnastics: DNF  
B. Lacrosse: DNF  
G. Lacrosse: DNF  
Roller Hockey: DNF  
B. Soccer: TBA  
G. Soccer: TBA  
Softball: TBA  
B. Swim: DNF  
G. Swim: DNF  
B. Tennis: DNF  
G. Tennis: DNF  
B. Track: DNF  
G. Track: DNF  
B. VB: DNF  
G. VB: Brian Jasperson  
B. Water Polo: DNF  
G. Water Polo: DNF  
Wrestling: DNF

**OCEANSIDE**

web: www.oceanspirates.com

1 Pirates Cove  
Oceanside, CA 92054  
Ph: 760-722-8201  
Fax: 760-757-2419  
AD Fax: 760-721-7590  
North County Conference/Avocado West  
Oceanside U.S.D.  
Coed/Four Years  
Enrollment (9-12) = 2377  
Pirates  
Green/White

**Direction:** I-5 to Mission Ave West -  
Left at Pirates Cove

**ADMINISTRATION**

Prin: Kimo Marquardt x 2330  
kmarquardt@oside.k12.ca.us  
Prin Sec: Bertha Bernal x 2331  
AP: Jessica Poumele x 2590  
AD: Dave Barrett x 2344  
dave.barrett@oside.k12.ca.us  
AD Sec: Saundra Polanco x2339  
saundra.polanco@oside.k12.ca.us  
Ath Trainer: Anna Munoz  
anna.munoz@oside.k12.ca.us  
ASB: Mike Fisher x 2339  
Finance: Saundra Planco (see above)  
Cheer: Brandy Springs  
Band: Mark Phelps x 3079

**VARSIITY HEAD COACHES**

Badminton: DNF  
Baseball: Dave Barrett  
B. BB: Mark Sconyers  
G. BB: Darius Pickett  
B. XC: Jesse Guillen  
G. XC: Jesse Guillen  
Field Hockey: DNF  
Football: John Carroll  
B. Golf: Pat Cornforth  
G. Golf: Dean Baldrige  
Gymnastics: DNF  
B. Lacrosse: DNF  
G. Lacrosse: DNF  
Roller Hockey: DNF

B. Soccer: Frank Zimmerman  
G. Soccer: Miguel Barragan  
Softball: Joe Nuanez  
B. Swim: Jeff Kamansky  
G. Swim: Chandra Prather  
B. Tennis: DNF  
G. Tennis: Sid Salcedo  
B. Track: Jesse Guillen  
G. Track: Kristi Benson-Clark  
B. VB: DNF  
G. VB: Kristi Benson-Clark  
B. Water Polo: Jeff Kamansky  
G. Water Polo: Matt Stephens  
Wrestling: Ben Davis

**OLYMPIAN**

web: www.suhsd.k12.ca.us/ohs

1925 Magdalena Avenue  
Chula Vista, CA 91915  
Ph: 619-656-2400  
Fax: 619-216-0650  
Metro Conference/South Bay  
Sweewater U.H.S.D.  
Coed/ Four Years  
Enrollment (9-12) = 1539  
Eagles  
Black/Vegas Gold/Turquoise

**Direction:** 805 S, exit Olympic Pkway, 3 m  
turn R on La Media, L on Birch, R on  
Magdalena, go 1 mile to school.

**ADMINISTRATION**

Prin: Elaine Leano  
elaine.leano@sweetwaterschools.org  
Prin Sec: Imelda Genovese 656-2405  
imelda.genovese@sweetwaterschools.org  
AP: Karen Hernandez 656-2450  
AD: Lisa Hernandez  
lisa.hernandez@sweetwaterschools.org  
AD Sec: N/A  
ASB: Karen Hernandez  
Finance: Elaine Stubbs 656-2450  
elaine.stubbs@sweetwaterschools.org  
Cheer: Tanya Joyner 656-2400  
Band: Eric Maybrey 656-2438  
AT: Jeremy Culuko

**VARSIITY HEAD COACHES**

Badminton: DNF  
Baseball: Eddie Venegas  
B. BB: Alex Salazar  
G. BB: Andrea Aguilar  
B. XC: Lynn More  
G. XC: Catherine Croy  
Field Hockey: DNF  
Football: Gil Warren  
B. Golf: Nathaniel Davis  
G. Golf: Nathaniel Davis  
Gymnastics: DNF  
B. Lacrosse: DNF  
G. Lacrosse: DNF  
Roller Hockey: DNF

B. Soccer: Sergio Villalva  
G. Soccer: Aaron Rossi  
Softball: Robert Aguilar  
B. Swim: Rene Marmolejc  
G. Swim: Bing Dawson  
B. Tennis: Lisa Hernandez  
G. Tennis: Lisa Hernandez  
B. Track: Michael Hulin  
G. Track: Jorge Mancillas  
B. VB: Valerie Separa  
G. VB: Valerie Separa  
B. Waterpolo: Rene Marmolejo  
G. Waterpolo: Bing Dawson  
Wrestling: Aramis Vera

**ORANGE GLEN**

web: oghs.euhds.k12.ca.us

2200 Glenridge Road  
Escondido, CA 92027  
Ph: 760-291-5000  
Fax: 760-739-7380  
AD Fax: 760-291-5016  
North County Conference/Valley  
Escondido U.H.S.D.  
Coed/Four Years  
Enrollment (9-12) = 2359  
Patriots - Red/White/Blue

**Direction:** I-15 to Via Rancho Pkwy E.  
L at Bear Valley Pkwy- R at Glen Ridge.

**ADMINISTRATION**

Prin: Tom Allison  
tallison@euhds.k12.ca.us  
AP: Allen Williams x 5025  
awilliams@euhds.k12.ca.us  
AD: Jason Patterson x 5030  
jpatterson@euhds.k12.ca.us  
AD Sec: Maila Zumaya x 5015  
mzumaya@euhds.k12.ca.us  
Ath Trainer: Joanne Lin  
jlin@euhds.k12.ca.us  
ASB: Wendy Szot  
wszot@euhds.k12.ca.us  
Finance: Maila Zumaya  
Cheer: Lisa Lyon  
Band: John Johnson x 5085

**VARSIITY HEAD COACHES**

Badminton: DNF  
Baseball: Jim Asper  
B. BB: Chris Featherly  
G. BB: Damien Cephus  
B. XC: Mike Mena  
G. XC: Mike Mena  
Field Hockey: Melissa Bostwick  
Football: Kris Plash  
B. Golf: Victor Garduno  
G. Golf: John Merz  
Gymnastics: DNF  
B. Lacrosse: DNF  
G. Lacrosse: DNF  
Roller Hockey: DNF

B. Soccer: TBA  
G. Soccer: Hector Ochoa  
Softball: Joe Cascioppo  
B. Swim: TBA  
G. Swim: TBA  
B. Tennis: Kevin Brown  
G. Tennis: Kevin Brown  
B. Track: Mike Mena  
G. Track: Mike Mena  
B. VB: Kris Virdo  
G. VB: Kris Virdo  
B. Water Polo: Kevin Weinberger  
G. Water Polo: Kevin Weinberger  
Wrestling: Paul Caputo

**OTAY RANCH**

web: www.suhsd.k12.ca.us/hs11

1250 Olympic Parkway  
Chula Vista, CA 91913  
Ph: 619-591-5000  
Fax: 619-591-5010  
Metro Conference/Mesa  
Sweetwater UHSD  
Coed/Four Years  
Enrollment (9-12) = 2767  
Mustangs  
Navy Blue/Columbia Blue/Silver

**Direction:** I-805 S - exit E on Olympic  
Parkway (3 miles to school)

**ADMINISTRATION**

Prin: Jose Brosz 591-5005  
jose.brosz@sweetwaterschools.org  
Prin Sec: Alma Morris 591-5005  
AP: Chuck Quilin 591-5000  
charles.quilin@sweetwaterschools.org  
AD: Gene Alim 591-5122  
eugene.alim@sweetwaterschools.org  
AD Sec:None  
Ath Trainer: Raul Camatcho  
RaulCamatcho@suhds.k12.ca.us  
ASB: Dean Nafarrette  
Finance: Brianne Martinez 591-5050  
brianne.martinez@sweetwaterschools.org  
Cheer: Ana Monge 591-5000  
Band: Paul Johnston 591-5000

**VARSIITY HEAD COACHES**

Badminton: DNF  
Baseball: Bob McCurdy  
B. BB: Howard Suda  
G. BB: Ramon Vasquez  
B. XC: Ian Cumming  
G. XC: Ian Cumming  
Field Hockey: Brianne Martinez  
Football: Anthony Martinez  
B. Golf: Joe Rankin  
G. Golf: Greg Sullivan  
Gymnastics: Cody Moses  
B. Lacrosse: Doug Murphy  
G. Lacrosse: Manny Frutos  
Roller Hockey: Adrian Rodriguez

B. Soccer: Brian Lewis  
G. Soccer: Mike Diaz  
Softball: David Marin  
B. Swim: Ernie Medina  
G. Swim: Ernie Medina  
B. Tennis: Fernando Mendez  
G. Tennis: Fernando Mendez  
B. Track: Ian Cumming  
G. Track: Ian Cumming  
B. VB: Tony Fajardo  
G. VB: James Haug  
B. Water Polo: Mile Pilgrim  
G. Water Polo: Ernie Medina  
Wrestling: Troy Vierra

**PACIFIC RIDGE**

web: www.pacificridge.org  
 6269 El Fuerte Street  
 Carlsbad, CA 92009  
 Ph: 760-448-9820  
 Fax: 760-683-6003  
 Coastal Conference/Pacific  
 Private School  
 Enrollment (9-12) = 166  
 Mascot: Firebird  
 Columbia/Blue/Black/White

**Direction:** I-5 to Palomar Airport Road - travel east - turn right on El Fuerte St. (approx 4 miles)

**ADMINISTRATION**

Prin: Dr. Eileen Mullady  
 emullady@pacificridge.org  
 Prin Sec: N/A  
 AP: Bob Ogle  
 bogle@pacificridge.org  
 AD: Darren Lawlor  
 dlawlor@pacificridge.org  
 AD Sec: N/A  
 ASB: N/A  
 Finance: N/A  
 Cheer: N/A  
 Band: N/A

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: TBA  
 G. BB: TBA  
 B. XC: Steve Edwards  
 G. XC: Steve Edwards  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: Darren Lawlor  
 G. Lacrosse: Liza Neptune  
 Roller Hockey: DNF

B. Soccer: David Boyett  
 G. Soccer: Noureddine El Alam  
 Softball: DNF  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: Richard Mattingley  
 G. Tennis: Richard Mattingley  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: DNF  
 G. VB: Aly Dahl  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**PALO VERDE VALLEY**

web: N/A  
 667 North Lovekin Avenue  
 Blythe, CA 92225  
 Ph: 760-922-7148  
 Fax: 760-922-8916  
 Southeastern Conference  
 Palo Verde U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 927  
 Yellowjackets  
 Green/Gold

**Direction:** I-10 to Lovekin Blvd exit. Go north 1/2 mile to school.

**ADMINISTRATION**

Prin: Marrio Walker x223  
 mwalker@pvusd-bly.org  
 Prin Sec: Rachel Vaca x222  
 rvaca@pvusd-bly.org  
 AP: Lisa Schlehuber x227  
 lschlehuber@pvusd-bly.org  
 AD: George Dagnino  
 gdagnino@pvusd-bly.org  
 AD Sec: Marybel Trejo x227  
 mtrejo@pvusd-bly.org  
 ASB: Randy Peterson  
 Finance: Marybel Trejo x227  
 Cheer: Ann Lisa  
 Band: Jose Hernandez

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Jose Patino  
 B. BB: Troy Peterson  
 G. BB: Tony McBride  
 B. XC: Tim Jorgenson  
 G. XC: Tim Jorgenson  
 Field Hockey: DNF  
 Football: George Dagnino  
 B. Golf: Ken Fletcher  
 G. Golf: Ken Fletcher  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Arturo Gonzalez  
 G. Soccer: Jose Patino  
 Softball: Karen Sprawls  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: Tim Jorgenson  
 G. Track: Tim Jorgenson  
 B. VB: DNF  
 G. VB: Emily Chute  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Jessie DeLaO

**PATRICK HENRY**

web: www.henry.sandi.net  
 6702 Wandermere Drive  
 San Diego, CA 92120-3299  
 Ph: 619-286-7700  
 Fax: 619-229-0370  
 City Conference/Eastern  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2470  
 Patriots  
 Green/Gold/White

**Direction:** I-8 to College Ave North - R at Navajo Rd - R at Park Ridge - R at Wandermere Dr.

**ADMINISTRATION**

Prin: Pat Crowder, Ed.D. x 2208  
 pcrowder@sandi.net  
 Prin Sec: Anetha Johnson x 2208  
 ajohnson2@sandi.net  
 AP: Jim Good x 2210  
 jgood1@sandi.net  
 AD: Jack Lococo  
 jlococo@sandi.net  
 AD Sec: N/A  
 ASB: Bill Miller x 4302  
 Finance: Debbie Southward x 2202  
 Cheer: Beatriz Bernal x 4204  
 Band: Matt Kalal x 4602

**VARSIITY HEAD COACHES**

Badminton: Bill Miller  
 Baseball: Jack Lococo x 4507  
 B. BB: Marlin Christensen  
 G. BB: Nick Berteaux  
 B. XC: Andrew Myette x 4404  
 G. XC: Andrew Myette x 4404  
 Field Hockey: Bill Nelson  
 Football: Mike Williams  
 B. Golf: Matt Reese x 2220  
 G. Golf: Charles Pearsall  
 Gymnastics: DNF  
 B. Lacrosse: John Supp  
 G. Lacrosse: Kimberly Sabiston  
 Roller Hockey: DNF

B. Soccer: David Rath  
 G. Soccer: Jason Aldous  
 Softball: Damon Shaffer x 4400  
 B. Swim: Taurja Hinojosa  
 G. Swim: Taurja Hinojosa  
 B. Tennis: TBA  
 G. Tennis: Karen Ronney  
 B. Track: Andrew Myette x 4404  
 G. Track: Andrew Myette x 4404  
 B. VB: Justin Conde  
 G. VB: Justin Conde  
 B. Water Polo: Taurja Hinojosa  
 G. Water Polo: Taurja Hinojosa  
 Wrestling: Gabe Chandler

**POINT LOMA**

www.pointlomahigh.com  
 2335 Chatsworth Blvd.  
 San Diego, CA 92106  
 Ph: 619-223-3121  
 Fax: 619-225-1298  
 City Conference/Eastern  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2129  
 Pointers  
 Maroon/Gold

**Direction:** I-8 to Rosecrans St West - R at Lytton which becomes Chatsworth.

**ADMINISTRATION**

Prin: Barbara Samilson x 1107  
 bsamilson@sandi.net  
 Prin Sec: Pam Dowling x 1107  
 pdowling1@sandi.net  
 AP: Krystal Anderson x 1103  
 AD: John Murphy x4655  
 jmurphy1@sandi.net  
 AD Sec: Sue McCartney x 1103  
 Ath Trainer: Lindsey Donnelly x 1142  
 ldonnell@ptloma.edu  
 ASB: Jennifer Gardham x 1123  
 Finance: Mara Santoni-Cruz x 1112  
 Cheer: Kellie Larsen x 4857  
 Band: Melissa Mimmons x 4457

**VARSIITY HEAD COACHES**

Badminton: TBA  
 Baseball: Jon Posternack  
 B. BB: Chirs Brisco  
 G. BB: Andrea Anderson  
 B. XC: Keith Delong  
 G. XC: Rob Barnett  
 Field Hockey: Mary Ellen Brancheau  
 Football: Mike Hastings  
 B. Golf: Fred Fogerty  
 G. Golf: Fred Fogerty  
 Gymnastics: Travis  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Elliot Savitz  
 G. Soccer: John Murphy  
 Softball: Tom Kamfonik  
 B. Swim: Jerry Rich  
 G. Swim: Jerry Rich  
 B. Tennis: Mark Truver  
 G. Tennis: Shannon Collins  
 B. Track: Keith Delong  
 G. Track: Shannon Collins  
 B. VB: Michael Bevis  
 G. VB: Jon Posternack  
 B. Water Polo: Jerry Rich  
 G. Water Polo: Jerry Rich  
 Wrestling: Phillip Moore

**POWAY**

web: www.powayusd.or/pusdphs/index.asp  
 15500 Espola Road  
 Poway, CA 92064  
 Ph: 858-748-0245  
 Fax: 858-679-6879  
 North County Conference/Palomar  
 Poway U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2740  
 Titans  
 Green/White/Gray

**Direction:** I-15 to Camino del Norte East. Cont. east on Twi Peaks Rd - L on Espola.

**ADMINISTRATION**

Prin: Scott Fisher x 5100  
 sfisher@powayusd.com  
 Prin Sec: Janet Schaitel x5100  
 jschaitel@powayusd.com  
 AP: Pete McKee  
 pmckee@powayusd.com  
 AD: Dan Crane x 5112  
 dcrane@powayusd.com  
 AD Sec: Arlene Grosely x 5102  
 Ath Trainer: CJ Hernandez  
 chernandez@powayusd.com  
 ASB: Emily Petterson x5182  
 Finance: Nita Allen x 5107  
 Cheer: Danielle Crane x 5406  
 Band: Mike Cook x 5200

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Bob Parry  
 B. BB: Aaron Little  
 G. BB: Jay Trousdale  
 B. XC: Dan Schaitel  
 G. XC: Dan Schaitel  
 Field Hockey: Cindi Lou Villa  
 Football: Damian Gonzalez  
 B. Golf: David Thompson  
 G. Golf: Karen Brannon  
 Gymnastics: David Moser  
 B. Lacrosse: Paul Sanit  
 G. Lacrosse: Sarah Spillett  
 Roller Hockey: Dale Ingram

B. Soccer: Gene Morris  
 G. Soccer: Jenn Lalor  
 Softball: Jim Bennet  
 B. Swim: Tim Fuller  
 G. Swim: Susan Bell  
 B. Tennis: Andy Surber  
 G. Tennis: Evi Yarnell-Valles x 5487  
 B. Track: Phil Burian  
 G. Track: Phil Burian  
 B. VB: Charlie Jackson  
 G. VB: Steve Lamb  
 B. Water Polo: Chad Aronen  
 G. Water Polo: Chad Aronen  
 Wrestling: Wayne Branstetter

**PREUSS SCHOOL UCSD (THE)**

web: www.preuss.ucsd.edu  
 9500 Gilman Drive  
 La Jolla, CA 92023-0536  
 Ph: 858-658-7400  
 Fax: 858-658-0988  
 Frontier League  
 San Diego U.S.D. Charter  
 Coed/Four Years  
 Enrollment (9-12) = 413  
 Tritons  
 Royal Blue/Gold

**Direction:** I-5 to Genesee East - R on  
 Campus Point Dr - R on Voigt.

**RAMONA**

web: www.ramonausd.net  
 1401 Hanson Lane  
 Ramona, CA 92065  
 Ph: 760-787-4000  
 Fax: 760-787-4058  
 North County Conference/Palomar  
 Ramona U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2031  
 Bulldogs (The Dawgs)  
 Blue/white/Black/red

**Direction:** I-8 to 67 North to Ramona.  
 R at 10th St to San Vincente Rd -  
 R at Hanson Lane.

**RANCHO BERNARDO**

web: rbhs.org  
 13010 Paseo Lucido  
 San Diego, CA 92128  
 Ph: 858-485-4800  
 Fax: 858-485-4822  
 North County Conference/Palomar  
 Poway U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2564  
 Broncos  
 Royal Blue/Silver/White

**Direction:** I-15 to Camino Del Norte  
 East - Left at Paseo Lucido.

**RANCHO BUENA VISTA**

web: rbvhs.vusd.k12.ca.us  
 1601 Longhorn Drive  
 Vista, CA 92081  
 Ph: 760-727-7284  
 Fax: 760-598-7062  
 North County Conference/Avocado West  
 Vista U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 3077  
 Longhorns  
 Maroon/Silver/White

**Direction:** I-5 to 78 East - South on  
 Melrose to Longhorn Drive.

**RIVER VALLEY CHARTER SCHOOL**

web: www.rivervalleyhigh.org  
 9707 1/2 Marilla Drive  
 Lakeside, CA 92040  
 Ph: 619-390-2579  
 Fax: 619-390-2581  
 Frontier League  
 Lakeside U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 189  
 Snow Leopard  
 Royal Blue/White

**Direction:** Hwy 67 East to Riverford Rd.  
 R to light - L on Woodside Ave - R on  
 Marilla Dr.

**ADMINISTRATION**

Prin: Scott Barton 658-7404  
 sbarton@ucsd.edu  
 Prin Sec: Margie Eiermann 658-7404  
 meiermann@ucsd.edu  
 AP: TBA  
 Email: TBA  
 AD: Lisa Hawk 658-7423  
 mhawk@ucsd.edu  
 AD Sec: None  
 ASB: Ann Artz 658-7400  
 Finance: Sonia Anaya 658-7411  
 Cheer: Stephanie Garcia 658-7237  
 Band: None

**ADMINISTRATION**

Prin: Tony Newman 787-4005  
 tneman@ramonausd.net  
 Prin Sec: Cynthia Salow 787-4005  
 csalow@ramonausd.net  
 AP: David Lohman 787-4009  
 AD: Damon Baldwin 787-4006  
 dbaldwin@ramonausd.net  
 AD Sec: Erin Kent 787-4010  
 ekent@ramonausd.net  
 Ath Trainer: Steve Pettis  
 ASB: Mona Snodgrass  
 Finance: Connie Claxton 787-4015  
 Cheer: Heather Birse 760-695-8003  
 Band: Daniel James 787-4058

**ADMINISTRATION**

Prin: Paul Robinson x 4844  
 probinson@powayusd.com  
 Prin Sec: Becky Brady x 4846  
 AD: Peggy Brose x 4808  
 pbrose@powayusd.com  
 AD Sec: Rhonda Ewald x 4508  
 rewald@powayusd.com  
 Ath Trainer: Robbie Bowers x4541  
 rbowers@powayusd.com  
 ASB: Bill/Robin Christopher x 4543  
 Finance: Kasa Mele x 4825  
 kmele@powayusd.com  
 Cheer: Roxanne Hayes x4558  
 Band: Duane Otani x4578

**ADMINISTRATION**

Prin: Varda Levy 726-2170  
 vlevy@vusd.k12.ca.us  
 Prin Sec: Lupe Rodriguez  
 lrodriguez@vusd.k12.ca.us  
 AP: Steve Hargrave x 3211  
 AD: Marty Nellis  
 mnellis@vusd.k12.ca.us  
 AD Sec: N/A  
 Ath Trainer: Merilee Alexander  
 ASB: Kelly McKinney x 3312  
 Finance: Debbie Voss x 3925  
 Cheer: Danielle Schlapper  
 danielleschlapper@vuhisd.k12.ca.us  
 Band: Eric Weirather/Mark Wadleigh x 3417

**ADMINISTRATION**

Prin: Cheryl Bloom  
 cheryl.bloom@rivervalleyhigh.org  
 Prin Sec: Stacy Clark  
 stacy.clark@rivervalleyhigh.org  
 AD: Eli Pitman  
 elipitman@hotmail.com  
 AD Sec: N/A  
 ASB: Brian Wickersham 390-2579  
 Finance: N/A  
 Cheer: N/A  
 Band: N/A

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: Pete Selleck  
 G. BB: Meghan McGovern  
 B. XC: Barak Smith  
 G. XC: Barak Smith  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: Eric Brazelton  
 G. Lacrosse: Lisa Hawk  
 Roller Hockey: DNF

B. Soccer: Vincent Fulchiron  
 G. Soccer: Danielle Agliam  
 Softball: DNF  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: DNF  
 G. VB: Danielle Agliam  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Dean Welch 787-4101  
 B. BB: Ken Scheib  
 G. BB: Erin O'Connor  
 B. XC: Steven Albanese  
 G. XC: Steven Albanese  
 Field Hockey: DNF  
 Football: Damon Baldwin  
 B. Golf: Jerry Patenaude  
 G. Golf: John Rathbun  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: Jim Bliss  
 Roller Hockey: DNF

B. Soccer: Mike Jordan  
 G. Soccer: George Garcia  
 Softball: Mike Schuler  
 B. Swim: Frank Yterralde  
 G. Swim: Stacy Dusseault  
 B. Tennis: Douglas Failla  
 G. Tennis: Douglas Failla  
 B. Track: Steve Albanese  
 G. Track: Steve Albanese  
 B. VB: Jeff Klauda  
 G. VB: Connie Halfaker  
 B. Water Polo: Donny Williams  
 G. Water Polo: Donny Williams  
 Wrestling: Steve Koch

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Sam Blalock  
 B. BB: Jim Choe  
 G. BB: Robyn Fortney  
 B. XC: Terry Dockery  
 G. XC: Terry Dockery  
 Field Hockey: Kate Rudkin  
 Football: Brad Elrod  
 B. Golf: Kevin Keller  
 G. Golf: Tim Steigerwald  
 Gymnastics: Alyssa Rivera  
 B. Lacrosse: Travis Begay  
 G. Lacrosse: Laura Fortney  
 Roller Hockey: Pat Sagara

B. Soccer: Kurt Trecker  
 G. Soccer: Raffaele Ruotolo  
 Softball: Summer Downs  
 B. Swim: Tim Oelgoetz  
 G. Swim: Tim Oelgoetz  
 B. Tennis: Mike Parrinello  
 G. Tennis: Mike Parrinello  
 B. Track: Don Jones  
 G. Track: Don Jones  
 B. VB: TBA  
 G. VB: Jay Van Vark  
 B. Water Polo: Fred Gleason  
 G. Water Polo: Fred Gleason  
 Wrestling: Joe Eddie Terribili

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Leo Fletes  
 B. BB: Terry Miller  
 G. BB: Pete LaFrance  
 B. XC: Tom Lux  
 G. XC: Tom Lux  
 Field Hockey: Kaci Bronson  
 Football: Erick Jorgensen  
 B. Golf: Terry Miller/Tim Leary  
 G. Golf: Kathy George  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Tim Roty  
 G. Soccer: Tim Leary  
 Softball: TBA  
 B. Swim: Pat Emaus  
 G. Swim: TBA  
 B. Tennis: Mark Bauer  
 G. Tennis: Mark Bauer  
 B. Track: Tom Lux  
 G. Track: Keith Van Asdalan  
 B. VB: DNF  
 G. VB: Le Anne DeBora  
 B. Water Polo: Pat Emaus  
 G. Water Polo: Pat Emaus  
 Wrestling: Preston Picus

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Montie Smith  
 B. BB: DNF  
 G. BB: DNF  
 B. XC: Eli Pitman  
 G. XC: Eli Pitman  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Eli Pitman  
 G. Soccer: Paolo Landini  
 Softball: DNF  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: Eli Pitman  
 G. Track: Eli Pitman  
 B. VB: DNF  
 G. VB: Eli Pitman  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**ROCK ACADEMY (THE)**

web: www.therockacademy.org  
 2277 Rosecrans Street  
 San Diego, CA 92106  
 Ph: 619-764-5200  
 Fax: 619-764-5201  
 Frontier League  
 Enrollment (9-12) = 79  
 Warrior  
 Purple/Black/Silver

**Direction:** From I-8 W take Rosecrans St to Womble, make left. On corner of Rosecrans and Womble.

**SAINT AUGUSTINE**

web: sahs.org  
 3266 Nutmeg Street  
 San Diego, CA 92104  
 Ph: 619-282-2184  
 Fax: 619-282-1203  
 City Conference/Western  
 Catholic Independent  
 All Boys/Four Years  
 Enrollment (9-12) = 720  
 Saints  
 Purple/Gold

**Direction:** I-805 to University Ave - L at 32nd St - L at Nutmeg.

**ST. JOSEPH ACADEMY**

web: www.saintjosephacademy.org  
 500 Las Flores Drive  
 San Marcos, CA 92078  
 Ph: 760-305-8505  
 Fax: 760-305-8466  
 Southern Conference  
 Catholic Independent  
 Coed/Four Years  
 Enrollment (9-12) = 69  
 Crusaders  
 Blue/White/Gold

**Direction:** Hwy 78 exit Rancho Santa Fe-head South. R on Mission Road, head one block east

**SAN DIEGO HIGH EDUCATIONAL COMPLEX**

web: www.sdhs.sandi.net  
 1405 Park Blvd.  
 San Diego, CA 92101  
 Ph: 619-525-7455  
 Fax: 619-744-7676  
 City Conference/Eastern  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2971  
 Cavers  
 Royal Blue/White

**Direction:** I-5 South to 10th Ave. exit. L at A Street - L at Park Blvd.

**SAN DIEGO ACADEMY**

web: sdacademy.com  
 2800 East 4th Street  
 National City, CA 91950  
 Ph: 619-267-9550  
 Fax: 619-267-8662  
 Southern Conference  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 129  
 Cavaliers  
 Royal Blue/White

**Direction:** I-805 to Palm Ave - R to 4th - turn left OR I-805 N to Plaza Blvd - R to Euclid Ave - L to 4th and turn right.

**ADMINISTRATION**

Prin: Richard Andujo 619-764-5206  
 richard.andujo@therockacademy.org  
 Prin Sec: Autumn Cropp 764-5208  
 autumn.cropp@therockacademy.org  
 AD: Matt Chavez 764-5179  
 matt.chavez@therockacademy.org  
 AD Sec: Autumn Cropp 764-5208  
 autumn.cropp@therockacademy.org  
 Finance: Gail Andujo 764-5207  
 gail.andujo@therockacademy.org

**ADMINISTRATION**

Prin: James Horne x 5515  
 jhorne@sahs.org  
 Prin Sec: Karene Evenson x 5515  
 kevenson@sahs.org  
 AP: Mike Stephenson x 5538  
 AD: Mike Stephenson x 5538  
 msteph@sahs.org  
 AD Sec: Sarah Lang x 5536  
 slang@sahs.org  
 ASB: Greg Hecht x5544  
 Finance: Kimm Kay x 5522  
 kkay@sahs.org  
 Cheer: Mark Rauch 297-2266  
 Band: Brandon Jagow x 5528

**ADMINISTRATION**

Prin: Carole White  
 cwhite@saintjosephacademy.org  
 Prin Sec: Clara DiFelipis  
 AD: Kevin Allen  
 kallen@saintjosephacademy.org  
 AD Sec: None  
 ASB: Sarah Del Castillo  
 Finance: Unknown  
 Cheer: Unknown  
 Cheer: Unknown

**ADMINISTRATION**

Prin: Kirk Ankeney  
 kankaney@sandi.net  
 Prin Sec: Vivian Perez x2100  
 vperez@sandi.net  
 AP: Peter Altomare x2122  
 AD: Ty Guzik x2251  
 tguzik@sandi.net  
 AD Sec: Patty Pineda x2251  
 Trainer: None  
 ASB: Francisca Del Carmen x 3007  
 Finance: Kevin Simonds x2109  
 ksimonds@sandi.net  
 Cheer: Trina Reeves  
 Band: Deanna Hastings x 4408

**ADMINISTRATION**

Prin: TBA  
 Email:  
 Prin Sec: Mary Mendoza x 153  
 school@sdacademy.com  
 AP: Julie Savino x 161  
 viceprincipal@sdacademy.com  
 AD: Bud Schaffner x 161  
 schaffner4@cox.net  
 AD Sec: N/A  
 ASB: N/A  
 Finance: Judy Anderson  
 Cheer: N/A  
 Band: Harold Alvarez x 131

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Jesse Nunez  
 B. BB: Waheed Mitchell  
 G. BB: Nick Bertaux  
 B. XC: DNF  
 G. XC: DNF  
 Field Hockey: DNF  
 Football: Rob Thompson  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF:

B. Soccer: DNF  
 G. Soccer: Greg Williams  
 Softball: Brian Lamb  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: DNF  
 G. VB: Danielle Demko  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Brian Lamb

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Craig da Luz x5525  
 B. BB: Mike Haupt x5521  
 G. BB: DNF  
 B. XC: Jerry Downey x5559  
 G. XC: DNF  
 Field Hockey: DNF  
 Football: Richard Sanchez x5596  
 B. Golf: Greg Ranney x5573  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: Christian Da Luz

B. Soccer: Brendan Johnston x5563  
 G. Soccer: DNF  
 Softball: DNF  
 B. Swim: Kevin Manley x5568  
 G. Swim: DNF  
 B. Tennis: Tom Isaak x5570  
 G. Tennis: DNF  
 B. Track: Jerry Downey x5559  
 G. Track: DNF  
 B. VB: Greg Hecht x5544  
 G. VB: DNF  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Frank Unpingco

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: Bob Berenschot  
 G. BB: Steve Cavlier  
 B. XC: DNF  
 G. XC: DNF  
 Field Hockey: DNF  
 FB - 8-Man: Ed Wean  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: DNF  
 G. Soccer: David Tedrow  
 Softball: DNF  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: Cheryl Tedrow  
 G. Track: Cheryl Tedrow  
 B. VB: DNF  
 G. VB: Kevin Allen  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSIITY HEAD COACHES**

Badminton: Deron Amber  
 Baseball: Sean Tucker  
 B. BB: Ryan Imer  
 G. BB: Lonnie Jones  
 B. XC: Ed Ramos  
 G. XC: Ed Ramos  
 Field Hockey: DNF  
 Football: Keir Kimbrough  
 B. Golf: Jeremy Martin  
 G. Golf: Jeremy Martin  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Chris Tolles  
 G. Soccer: Steve Lincoln  
 Softball: Carl Marquez  
 B. Swim: Mariana Delgado  
 G. Swim: Mariana Delgado  
 B. Tennis: Andrew Cretella  
 G. Tennis: Deron Ambler  
 B. Track: Robert Dean  
 G. Track: Robert Dean  
 B. VB: Irene Mello  
 G. VB: Irene Mello  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Carl Marquez

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: Bud Schaffner  
 G. BB: Ollie Hardin  
 B. XC: DNF  
 G. XC: DNF  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: DNF  
 G. Soccer: DNF  
 Softball: DNF  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: Rick Mayang  
 G. VB: Chip Gifford  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**SAN DIEGO JEWISH ACADEMY**

web: sdja.com  
 11860 Carmel Creek Road  
 San Diego, CA 92130  
 Ph: 858-704-3700  
 Fax: 858-704-3771  
 Coastal Conference/Pacific  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 197  
 Lions  
 Royal Blue/Gold

**Direction:** I-5 to Hwy 56 West - Exit  
 Carmel Creek Rd - R 1/4 mile to school.

**ADMINISTRATION**

Prin: Jeff Davis x 3777  
 jdavis@sdja.com  
 Prin Sec: Brittnay Hudson x 3786  
 bhudson@sdja.com  
 Dean: TBA  
 AD: Mike Quigley 704-3762  
 mquigley@sdja.com  
 AD Sec: None  
 Ath Trainer: Dr. Pawen Dhokal  
 pdhokal@sdja.com  
 ASB: TBA  
 Finance: Monica Hoffman 704-3845  
 Cheer: N/A  
 Band: N/A

**VARSITY HEAD COACHES**

Badminton: DNF  
 Baseball: Glen Doshay  
 B. BB: Steve Shoemaker  
 G. BB: Christine Rohane  
 B. XC: DNF  
 G. XC: DNF  
 Field Hockey: DNF  
 Football: Charlie Wund  
 B. Golf: Doug Kipperman  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: TBA  
 B. Soccer: Ryan Hernandez  
 G. Soccer: Yuki Zeigler  
 Softball: Brooke Tubbs  
 B. Swim: James Murphy  
 G. Swim: James Murphy  
 B. Tennis: Adrian Waisfeld  
 G. Tennis: Adrian Waisfeld  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: DNF  
 G. VB: Mellissa Maxwell  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**SAN DIEGUITO ACADEMY**

web: sdacademy.net  
 800 Santa Fe Drive  
 Encinitas, CA 92024  
 Ph: 760-753-1121  
 Fax: 760-753-8142  
 North County Conference/Valley  
 San Dieguito U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1558  
 Mustangs  
 Blue/White

**Direction:** I-5 to Santa Fe Drive East -  
 Drive east 2 blocks to school on left.

**ADMINISTRATION**

Prin: Michael Grove x5001  
 michael.grove@sduhsd.net  
 AP: Ryan Yee x 5005  
 ryan.yee@sduhsd.net  
 AD: John Labeta x 5007  
 john.labeta@sduhsd.net  
 AD Sec: Megan Thompson x5167  
 megan.thompson@sduhsd.net  
 ASB: Rod Keillor x 5155  
 Finance: Jolene Andrade x 5028  
 jolene.andrade@sduhsd.net  
 Cheer: DNF  
 Band: Jeremy Wuertz x 5293

**VARSITY HEAD COACHES**

Badminton: DNF  
 Baseball: Jack McDowell  
 B. BB: Luke Stuckey  
 G. BB: Jim Segovia  
 B. XC: Gordy Haskett  
 G. XC: Gordy Haskett  
 Field Hockey: Brooke Wilson  
 Football: DNF  
 B. Golf: Doug Timmons  
 G. Golf: Doug Timmons  
 Gymnastics: DNF  
 B. Lacrosse: Nick Borden  
 G. Lacrosse: Chuck Kazmarek  
 Roller Hockey: DNF  
 B. Soccer: Craig Dean  
 G. Soccer: Anna Gerber  
 Softball: Sam Corrao  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: Joe Tomasi  
 G. Tennis: Joe Tomasi  
 B. Track: TBA  
 G. Track: Gordy Hasket  
 B. VB: Mark Smith  
 G. VB: Rebekah Bailey  
 B. Water Polo: DNF  
 G. Water Polo: Amber Prestegard  
 Wrestling: Eric Wilson

**SAN MARCOS**

web: sanmarcoshighschool.org  
 1615 San Marcos Blvd.  
 San Marcos, CA 92069  
 Ph: 760-290-2200  
 Fax: 760-736-8275  
 North County Conference/Avocado East  
 San Marcos U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2110  
 Knights  
 Navy/Silver/Blue

**Direction:** I-15 to 78 West to San  
 Marcos Blvd West to Knights Realm Left

**ADMINISTRATION**

Prin: Julie Mottershaw x 2213  
 julie.mottershaw@smusd.org  
 AP: Matt Steitz x 2333  
 AD: Scott Jones 290-2318  
 scott.jones@smusd.org  
 AD Sec: N/A  
 Ath Trainer: Paul Savage  
 paul.savage@smusd.org  
 ASB: Barry Zeait x 2235  
 Finance: Rosanna Alvarez x 2224  
 Cheer: Bonnie Bagheri x 2200  
 Band: Matt Armstrong x 2236

**VARSITY HEAD COACHES**

Badminton: DNF  
 Baseball: Jeff Dufek  
 B. BB: Dante Carey  
 G. BB: Scott Boyens  
 B. XC: Kevin Chindlund  
 G. XC: Kevin Chindlund  
 Field Hockey: Jonathan St. John  
 Football: Robert Cendro  
 B. Golf: John Morello  
 G. Golf: John Morello  
 Gymnastics: DNF  
 B. Lacrosse: Mike Mathai  
 G. Lacrosse: Robert Meder  
 Roller Hockey: DNF  
 B. Soccer: Eddie Skuratovsky  
 G. Soccer: Eric Lona  
 Softball: Brant Bedow  
 B. Swim: Chris Baker  
 G. Swim: Chris Baker  
 B. Tennis: Bruce Storrs  
 G. Tennis: Paul Hartman  
 B. Track: Kevin Chindlund  
 G. Track: Kevin Chindlund  
 B. VB: Huy Nguyen  
 G. VB: Huy Nguyen  
 B. Water Polo: Chris Baker  
 G. Water Polo: Todd Shaffer  
 Wrestling: Brody Barrios

**SAN PASQUAL**

web: sphs@euhsd.k12.ca.us  
 3300 Bear Valley Parkway  
 Escondido, CA 92025  
 Ph: 760-291-6000  
 Fax: 760-480-3112  
 North County Conference/Avocado East  
 Escondido U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2594  
 Golden Eagles  
 Blue/Gold

**Direction:** I-15 to Via Rancho Parkway  
 East - East on Bear Valley Parkway.

**ADMINISTRATION**

Prin: Erin Smith 291-6001  
 esmith@euhsd.k12.ca.us  
 Prin Sec: Ruth Moss 291-6001  
 AP: Richard Watkins 291-6025  
 rwatkins@euhsd.k12.ca.us  
 AD: Andrew Clark  
 aclark@euhsd.k12.ca.us  
 AD Sec: Kim Lane 291-6015  
 Ath Trainer: Chad Pedersen  
 cpedersen@euhsd.k12.ca.us  
 ASB: Tracey Greer x 6090  
 Finance: Kim Lane 291-6015  
 Cheer: Debby Clark  
 Band: Brian Lund

**VARSITY HEAD COACHES**

Badminton: DNF  
 Baseball: Tony Colantano  
 B. BB: Orlando Monell  
 G. BB: TBA  
 B. XC: Patrick King  
 G. XC: Patrick King  
 Field Hockey: Kelli Gannon  
 Football: Tony Corley  
 B. Golf: Jamie Wills  
 G. Golf: Jenny Cole  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: John Burson  
 G. Soccer: Lisa Brown  
 Softball: Andy Villalobos  
 B. Swim: Ed Talbott  
 G. Swim: Ed Talbott  
 B. Tennis: Ron Peet x 6215  
 G. Tennis: Ron Peet x 6215  
 B. Track: Patrick King  
 G. Track: Patrick King  
 B. VB: Caroline Monahan  
 G. VB: Steve Antony  
 B. Water Polo: Ed Talbott  
 G. Water Polo: TBA  
 Wrestling: Ron Rogers

**SAN PASQUAL ACADEMY**

web: spacademy.blogspot.com  
 17701 San Pasqual Valley Road  
 Escondido, CA 92025  
 Ph: 760-233-6004  
 Fax: 760-233-6018  
 AD Fax: 760-504-0386  
 Southern Conference  
 San Diego County Office of Education  
 Coed/Four Years  
 Enrollment (9-12) = 110  
 Dragons  
 Silver/Black/Royal Blue  
**Direction:** I-15 to Via Rancho Pkwy E. -  
 (becomes Bear Valley Pkwy) - R at San  
 Pasqual HS to Old Milky Way Rd to stop  
 sign - R onto Hwy 78 - about 3 mi on right.

**ADMINISTRATION**

Prin: Suzanne Miyasaki  
 smiyasaki@sdcoe.net  
 Admin Asst: Melanie Torres  
 metorres@sdcoe.net  
 AP: N/A  
 AD: Rashiid Burgo 760-504-0386  
 rburgo@sdcoe.net  
 AD Sec: N/A  
 ASB: Michael Fenick  
 Finance: Candie Meyers  
 Cheer: Ron Major  
 Band: N/A

**VARSITY HEAD COACHES**

Badminton: DNF  
 Baseball: Anthony Riccardi  
 B. BB: Robert Waldon  
 G. BB: Tia Moore  
 B. XC: DNF  
 G. XC: DNF  
 Field Hockey: DNF  
 Football: Rashiid Burgo  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: DNF  
 G. Soccer: DNF  
 Softball: Sarah Baumgart  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: DNF  
 G. VB: Sarah Baumgart  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**SAN YSIDRO**

web: www.suhsd.k12.ca.us/sy  
 5353 Airway Road  
 San Diego, CA 92154  
 Ph: 619-710-2300  
 Fax: 619-710-2318  
 Metro Conference/South Bay  
 Sweetwater U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2627  
 Cougars  
 Sky Comunbia Blue/Gold

**Direction:** I-805 S to 905 E. R - Caliente  
 Ave. Turn R - AirwayRd.

**SANTA FE CHRISTIAN**

web: www.sfcs.net  
 838 Academy Drive  
 Solana Beach, CA 92075  
 Ph: 858-956-8900  
 Fax: 858-350-9149  
 Coastal Conference/Coastal  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 367  
 Eagles  
 Red/Gold

**Direction:** I-5 to Loma Santa Fe Dr - W  
 to Stevens Ave. L on Stevens - L on  
 Academy Dr to top of hill - school on L.

**SANTANA**

web: www.guhsd.net/santana  
 9915 Magnolia Avenue  
 Santee, CA 92071  
 Ph: 619-956-0200  
 Fax: 619-449-3119  
 Grossmont Conference/Valley  
 Grossmont U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1458  
 Sultans  
 Purple/Gold

**Direction:** Hwy 67 N to Prospect L. R  
 on Magnolia OR Hwy 52 E to Mast Blvd -  
 L on Mast to Magnolia (school on corner).

**SCRIPPS RANCH**

web: www.sandi.net/srhs/  
 10410 Trenea Street  
 San Diego, CA 92131  
 Ph: 858-621-9020  
 Fax: 858-621-0646  
 City Conference/Western  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2395  
 Falcons  
 Cardinal Red/White/Navy Blue

**Direction:** I-15 to Mira Mesa Blvd - E -  
 R on Scripps Ranch Blvd - R on Scripps  
 Lake Dr - L on Trenea St.

**SERRA**

web: serra.sandi.net  
 5156 Santo Road  
 San Diego, CA 92124  
 Ph: 858-496-8342  
 Fax: 858-571-3457  
 City Conference/Eastern  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (912) = 2087  
 Conquistadors  
 Gold/Brown/White

**Direction:** I-15 to Tierrasanta Blvd - continue  
 East- Left on Santo Road.

**ADMINISTRATION**

Prin: Hector Espinoza x 2304  
 hector.espinoza@sweetwaterschools.org  
 Prin Sec: Vanessa Figueroa  
 AP: Juan Neria 710-2365  
 juan.neria@sweetwaterschools.org  
 AD: Gary Pugh 710-2344  
 gary.pugh@sweetwaterschools.org  
 AD Sec: TBA  
 ASB: Juan Neria  
 Finance: Gabriel Arias  
 gabriela.arias@sweetwaterschools.org  
 Band: Tony Sacco 710-2300

**ADMINISTRATION**

Prin: Matt Hannan  
 mhannan@sfcs.net  
 Prin Sec: Glenda Lyons x 1022  
 AD: Ross Boucher x 1029  
 boucher@sfcs.net  
 AD Sec: Leslie Easterling x1038  
 leasterling@sfcs.net  
 Ath Trainer: Kristal Peterson  
 kpeterson@sfcs.net  
 ASB: Amy Kennard x2230  
 Finance: Billie Holt x 1006  
 Cheer: Julie Mazzola  
 Band: David Hall x 1032

**ADMINISTRATION**

Prin: Tim Schwuchow 956-0211  
 tschwuchow@guhsd.net  
 Prin Sec: Sherry Bingham 956-0212  
 saase@guhsd.net  
 AP: Larry Oedewaldt 956-0221  
 AD: John Bobof 956-0381  
 jbobof@guhsd.net  
 AD Sec: Sandi King 956-0225  
 sking@guhsd.net  
 ASB: Melissa Hassell  
 Finance: Kristi Hines 956-0237  
 khines@guhsd.net  
 Cheer: Jaime arroyo 956-0225  
 Band: TBA

**ADMINISTRATION**

Prin: Kurt Madden  
 kmadden2@sandi.net  
 Prin Sec: Louise Merrithew x 1003  
 AP: John King x 1105  
 jking2@sandi.net  
 AD: Dennis Morrow x 1115  
 dmorrow@sandi.net  
 AD Sec: Donna Sawvelle x 1111  
 Ath Trainer: Whitney  
 jking2@sandi.net  
 ASB: Jen O'Connor x 4501  
 Finance: Vicki Davis x 1121  
 Cheer: Maren Sweeney x 4701  
 Band: Rusty Shedd x 4120

**ADMINISTRATION**

Prin: Mike Jimenez x 201  
 mjimenez5@sandi.net  
 Prin Sec: Bridgette Brunetto x204  
 bbrunetto@sandi.net  
 AP: Jon Robell x 223  
 jrobell@sandi.net  
 AD: Jonn Pisapia x 181  
 jpisapia@sandi.net  
 Admin Asst: Bridgette Brunetto  
 ASB: Joe Schmidt  
 Finance: Chi Seo x 234  
 Cheer: Erica Senegar-Mitchell x 170  
 Band: Steve Rea

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Ken Canche  
 B. BB: Terry Tucker  
 G. BB: Shanna Demus  
 B. XC: Ron Sayers  
 G. XC: Ron Sayers  
 Field Hockey: DNF  
 Football: Greg Davis  
 B. Golf: Randy Hart  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Xavier Hernandez  
 G. Soccer: Kristina Hernandez  
 Softball: Laura Harper  
 B. Swim: Joe Davalos  
 G. Swim: Joe Davalos  
 B. Tennis: Jose Torres  
 G. Tennis: Jose Torres  
 B. Track: Ron Sayers  
 G. Track: Ron Sayers  
 B. VB: Sara Reimund  
 G. VB: Laura Harper  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Mario Ramirez

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Don Mitchell  
 B. BB: Chad Bickley  
 G. BB: Eisha Bohman  
 B. XC: Travis Hobbs  
 G. XC: Travis Hobbs  
 Field Hockey: DNF  
 Football: Nick Ruscetta  
 B. Golf: Nick Ruscetta  
 G. Golf: Wendy Wisbon  
 Gymnastics: DNF  
 B. Lacrosse: Danny Kolts  
 GLX: Suzanne Campaigne  
 Roller Hockey: DNF

B. Soccer: Carlos Calderson  
 G. Soccer: Chris Whyte  
 Softball: Darrell Enderlin  
 B. Swim: Shaun Kennard  
 G. Swim: Shaun Kennard  
 B. Tennis: Augustus Garcis  
 G. Tennis: Roxy Potter  
 B. Track: Chris Whyte  
 G. Track: Chris Whyte  
 B. VB: John Park  
 G. VB: Gail Malone  
 B. Water Polo: Shaun Kennard  
 G. Water Polo: Shaun Kennard  
 Wrestling: Gary Hamura

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Larry Oedewaldt  
 B. BB: Tim Barry  
 G. BB: Mark Tipton  
 B. XC: Bret Wilson  
 G. XC: Bret Wilson  
 Field Hockey: John Failla  
 Football: Dave Gross  
 B. Golf: Jason Kay  
 G. Golf: Linda Chandler  
 Gymnastics: Jennipher Creed  
 B. Lacrosse: Adam Vickery  
 G. Lacrosse: Megan Lilien  
 Roller Hockey: DNF

B. Soccer: Luke Phillips  
 G. Soccer: Don Kurpiewski  
 Softball: Mike Bass  
 B. Swim: Eileen Bagg-Rizzc  
 G. Swim: Eileen Bagg-Rizzo  
 B. Tennis: John Lelevier  
 G. Tennis: Andrea Pino-Vlassis  
 B. Track: Bret Wilson  
 G. Track: Bret Wilson  
 B. VB: Michele Hilemon  
 G. VB: Karen Adams  
 B. Water Polo: Rod Bowen  
 G. Water Polo: Janelle Malueg  
 Wrestling: Mike Hobbs

**VARSIITY HEAD COACHES**

Badminton: Tom Crane  
 Baseball: Ryan Thompson  
 B. BB: Anthony Tucker  
 G. BB: Nancy Moyer  
 B. XC: Lori Grow/Colette Smirmiotis  
 G. XC: Lori Grow/Colette Smirmiotis  
 Field Hockey: Jane Morrill  
 Football: Joey Meyer  
 B. Golf: Mikel Moran  
 G. Golf: Christy Serritela  
 Gymnastics: DNF  
 B. Lacrosse: Andrew Day  
 G. Lacrosse: Aly Josephs  
 Roller Hockey: Marc Lopez

B. Soccer: Hans Witzell  
 G. Soccer: Larry Pernicano  
 Softball: Mary Jo Griswold  
 B. Swim: Ally Brookes  
 G. Swim: Ally Brookes  
 B. Tennis: Tom Hufford  
 G. Tennis: Tom Hufford  
 B. Track: TBA  
 G. Track: TBA  
 B. VB: Ronni Olsen  
 G. VB: Ronni Olsen  
 B. Water Polo: Victor Jensen  
 G. Water Polo: James Tiffany  
 Wrestling: Mark Trice

**VARSIITY HEAD COACHES**

Badminton: TBA  
 Baseball: Scott Hoppood  
 B. BB: Jonn Pisapia  
 G. BB: Ernie Biagioni  
 B. XC: Jim Richards  
 G. XC: Jim Richards  
 Field Hockey: Laurie Berger  
 Football: Brian Basteysn  
 B. Golf: Jarod Martin  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: Todd Parker  
 G. Lacrosse: Laurie Berger  
 Roller Hockey: DNF

B. Soccer: Georges Nedellec  
 G. Soccer: Karyna Figuero  
 Softball: Chris Herrin  
 B. Swim: Megan Corazza  
 G. Swim: Megan Corazza  
 B. Tennis: Lorene Dabney  
 G. Tennis: Lorene Dabney  
 B. Track: Jonn Pisapia  
 G. Track: Jonn Pisapia  
 B. VB: Jerry Blanco  
 G. VB: Tammy Giusta  
 B. Water Polo: Kyle Scarry  
 G. Water Polo: Charlie Equals  
 Wrestling: Michael White

**SOUTH BAY CHRISTIAN**

web: www.sbuoc.org  
 395 "D" Street  
 Chula Vista, CA 91910  
 Ph: 619-585-0600 x30  
 Fax: 619-585-0319  
 Independent/At-Large  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 6  
 Eagles  
 Red/White/Blue

**Direction:** I-805 to Hwy 54 W to  
 Highland - S to corner of 4th & D Streets.

**ADMINISTRATION**

Prin: Devereaux Lloyd x 34  
 revdev@sbcglobal.net  
 Prin Sec: Jackie Ortiz  
 AP: George Nobbs x 29  
 AD-Boys' George Nobbs  
 geonobbs@aol.com  
 AD-Girls': Sarah Chun  
 kuuleialoha1@hotmail.com  
 AD Sec: Janette Davis x 30  
 ASB: Devereaux Lloyd x 34  
 Finance: Jackie Ortiz  
 Cheer: N/A  
 Band: N/A

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: Tony Zuniga  
 G. BB: Sarah Chun  
 B. XC: DNF  
 G. XC: DNF  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: George Nobbs  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: TBA  
 G. Soccer: DNF  
 Softball: DNF  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: Devereaux Lloyd  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: DNF  
 G. VB: Sarah Chun  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**SOUTHERN CALIFORNIA YESHIVA HIGH SCHOOL (SCY HIGH)**

web: www.scyhigh.org  
 3410 Mt. Acadia Blvd.  
 San Diego, CA 92111  
 Ph: 858-560-1818  
 Fax: 858-560-8118  
 Frontier League  
 Private School  
 All Boys/Four Years  
 Enrollment (9-10) = 22  
 Hawks  
 Blue/White/Columbia Blue

**Direction:** Athletic contests held off site.

**ADMINISTRATION**

Prin: Sheldon Wolpoff  
 principal@scyhigh.org  
 Prin Sec: Crystal Janisch  
 info@scyhigh.org  
 AP: N/A  
 AD: Rabbi Moshe Adatto  
 madatto@scyhigh.org  
 AD Sec: Crystal Janisch (see above)  
 info@scyhigh.org  
 ASB: N/A  
 Finance: N/A  
 Cheer: N/A  
 Band: N/A

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: DNF  
 B. BB: Colan Silverman  
 G. BB: DNF  
 B. XC: Darrell Driskell  
 G. XC: DNF  
 Field Hockey: DNF  
 Football: DNF  
 B. Golf: DNF  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: DNF  
 Softball: DNF  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: Ryan Woodard  
 G. Tennis: DNF  
 B. Track: Darrell Driskell  
 G. Track: DNF  
 B. VB: DNF  
 G. VB: DNF  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**SOUTHWEST (I.V.)**

web: www.eaglesnet.net  
 2001 Ocotillo Avenue  
 El Centro, CA 92243  
 Ph: 760-336-4100  
 Fax: 760-353-0467  
 Southeastern Conference  
 Central U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2137  
 Eagles  
 Purple/Vegas Gold

**Direction:** I-8 east - exit Imperial Ave N -  
 turn left on Ocotillo - school on left side  
 approx 6 blocks.

**ADMINISTRATION**

Prin: Danette Morrell 336-4290  
 dmorrell@cuhisd.net  
 Prin Sec: Rita Figueroa 336-4240  
 rfigueroa@cuhisd.net  
 AP: Craig Lyon 336-4257  
 AD: Craig Lyon 336-4257  
 clyon@cuhisd.net  
 AD Sec: Alma Jimenez 336-4220  
 ajimenez@cuhisd.net  
 ASB: Sergio Rubio 336-4215  
 Finance: Diane Richmond 336-4249  
 Cheer: Denise Harrison  
 Band: Mark Mordasini 336-4262

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Sergio Rubio  
 B. BB: Ruben Valenzuela  
 G. BB: Joshua Razmus  
 B. XC: Richard Bird  
 G. XC: Richard Bird  
 Field Hockey: DNF  
 Football: David Drury  
 B. Golf: AJ Escalera  
 G. Golf: Julia Cordova  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: Rafael Contreras  
 G. Soccer: Victor Arredondo  
 Softball: Stephanie Niebla  
 B. Swim: Nikie Lopez  
 G. Swim: Nikie Lopez  
 B. Tennis: Genaro Pineiro  
 G. Tennis: Genaro Pineiro  
 B. Track: Richard Bird  
 G. Track: Richard Bird  
 B. VB: DNF  
 G. VB: Leighann Sudduth  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Ismael Cordova

**SOUTHWEST (S.D.)**

web: www.suhd.k12.ca.us/souh  
 1685 Hollister Avenue  
 San Diego, CA 92154  
 Ph: 619-628-3023  
 Fax: 619-423-8253  
 Metro Conference/South Bay  
 Sweetwater U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1888  
 Raiders  
 Cardinal/Gold/White

**Direction:** I-5 to Coronado Ave -  
 straight ahead to Hollister Street.

**ADMINISTRATION**

Prin: Dr. Maria Armstrong 628-3616  
 maria.armstrong@sweetwaterschools.org  
 Prin Sec: Pamela Rose 628-3616  
 pamelarose@sweetwaterschools.org  
 AP: Mark Carpizo 628-3650  
 mark.carpizo@sweetwaterschools.org  
 AD: David Thompson 628-3774  
 david.thompson@sweetwaterschools.org  
 AD Sec: None  
 ASB: Mark Carpizo 628-3650  
 Finance: Robin Megling 628-3650  
 robin.meglin@sweetwaterschools.org  
 Cheer: Christina Rodriguez  
 Band: Donna Clark 429-6504

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Tucker Pickett  
 B. BB: Steve Selland  
 G. BB: William Stewart  
 B. XC: David Buse  
 G. XC: Chris Tompkins  
 Field Hockey: DNF  
 Football: Mike Esposito  
 B. Golf: Art Quesada  
 G. Golf: Sean Seibel  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: Jerry Nestlerode  
 B. Soccer: Guillermo Medina  
 G. Soccer: Marco Beltran  
 Softball: Rob Russell  
 B. Swim: John Carson  
 G. Swim: John Carson  
 B. Tennis: Tim Jeffries  
 G. Tennis: William Stewart  
 B. Track: David Thompson  
 G. Track: Chris Tompkins  
 B. VB: Mark Balino  
 G. VB: Mike Alviz  
 B. Water Polo: John Carson  
 G. Water Polo: John Carson  
 Wrestling: Jose Lopez

**STEELE CANYON**

web: N/A  
 12440 Campo Road  
 Spring Valley, CA 91978  
 Ph: 619-660-3500  
 Fax: 619-660-7198  
 Grossmont Conference/Hills  
 Grossmont U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2190  
 Cougars  
 Navy Blue/Cardinal

**Direction:** Hwy 94 E to Campo Rd to  
 Cougar Canyon Dr - L into school.

**ADMINISTRATION**

Prin: Dr. Craig Rocha 619-660-3511  
 crocha@schscougars.org  
 Prin Sec: Vicki Ordway 660-3512  
 vordway@schscougars.org  
 AP: Al Love 619-660-3521  
 alove@schscougars.org  
 AD: Gary Stathas x 371  
 gstathas@schscougars.org  
 AD Sec: Kyla Richardson 660-3520  
 krichardson@schscougars.org  
 Athletic Trainer: Gil Saldivar  
 gsaldivar@schscougars.org  
 ASB: Drew Stewart  
 Finance: Julie Uto x 241  
 Cheer: Cheryl Acosta 619-985-1844

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Phil Mittry  
 B. BB: Derek Stephens  
 G. BB: Penny Smith  
 B. XC: Gary Stathas  
 G. XC: Pat Connolly  
 Field Hockey: DNF  
 Football: Ron Boehmke  
 B. Golf: Dan Pyle  
 G. Golf: Richard Harris  
 Gymnastics: Julian Friesen  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF  
 B. Soccer: Noah Diaz  
 G. Soccer: Charlie Cleaves  
 Softball: Julie Bohe  
 B. Swim: Nic Maes  
 G. Swim: Stephanie Kuhns  
 B. Tennis: Jerry Segawa  
 G. Tennis: Jerry Segawa  
 B. Track: Gary Stathas  
 G. Track: Charles Tyler  
 B. VB: Gil Saldivar  
 G. VB: Mike Manthei  
 B. Water Polo: David Serrano  
 G. Water Polo: Wes Tart  
 Wrestling: Dan Kida

**SWEETWATER**

web: www.sweetwaterschools.org  
 2900 Highland Avenue  
 National City, CA 91950  
 Ph: 619-474-9700  
 Fax: 619-474-7635  
 AD Fax: 619-477-7872  
 Metro Conference/South Bay  
 Sweetwater U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2704  
 Red Devils  
 Red and Gray  
**Direction:** I-5 to 24th St East - R at  
 Highland Ave or I-805 to Sweetwater  
 Rd W - R at Highland Ave.

**TORREY PINES**

web: www.tphs.net  
 3710 Del Mar Heights Rd, 92130  
 Ph: 858-755-0125  
 Fax: 858-481-0098  
 AD Fax: 858-259-6097  
 North County Conference/Palomar  
 San Diego U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2642  
 Falcons  
 Cardinal Red/Gold  
**Direction:** From I-5: Del Mar Heights Road-E  
 From 1-15:56 Fwy East, exit (R) Carmel  
 Country Rd, (R) Del Mar Heights Rd.  
 just ahead on left

**TRI-CITY CHRISTIAN**

web: www.tccs.org  
 302 N. Emerald Drive  
 Vista, CA 92083  
 Ph: 760-806-8247  
 Fax: 760-806-9002  
 Coastal Conference/Pacific  
 Private School  
 Coed/Four Years  
 Enrollment (9-12) = 295  
 Eagles  
 Cardinal Red/Navy Blue  
**Direction to Athletic Facilities:**  
 I5 to Hwy 78 E or I-15 to Hwy 78 W.  
 Exit Emerald - go north.

**UNIVERSITY CITY**

web: sandi.net/universitycityhigh/site/default.asp  
 6949 Genesee Avenue  
 San Diego, CA 92122  
 Ph: 858-457-3040  
 Fax: 858-458-9432  
 AD Fax: 858-452-6518  
 City Conference/Western  
 San Diego U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1855  
 Centurions  
 AD Fax: 858-452-6518  
 Navy/White/Columbia Blue  
**Directions:** I-805 to 52 West or I-5  
 to 52 East - North on Genesee.

**VALHALLA**

web: valhalla@guhsd.net  
 1725 Hillside Road  
 El Cajon, CA 92019  
 Ph: 619-593-5300  
 Fax: 619-588-9713  
 Grossmont Conference/Hills  
 Grossmont U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2201  
 Norseman  
 Orange/White  
**Directions:** I-8 to 2nd St South  
 (becomes Jamacha Rd at Main St - L at  
 Hillside Rd.

**ADMINISTRATION**

Prin: Roman Del Rosario 474-9713  
 roman.delrosario@sweetwaterschools.org  
 Prin Sec: Georgia Wapnowski 474-9713  
 georgia.wapnowski@sweetwaterschools.org  
 AP: Dave Mitrovich 474-9750  
 david.mitrovich@sweetwaterschools.org  
 AD: Tim Latham 474-9734  
 robert.latham@sweetwaterschools.org  
 AD Sec: N/A  
 ASB: Dave Mitrovich  
 Finance: Chris Gonzalez 474-9752  
 Cheer: Cyndy Casas  
 Band: Patrick Doerr 292-9803

**ADMINISTRATION**

Prin: Brett Killeen x 2221  
 brett.killeen@sduhsd.net  
 AP: Milan Perisic  
 milan.perisic@sduhsd.net  
 AD: Anne Meigs x 2226  
 anne.meigs@sduhsd.net  
 AD Sec: Tamara Rey x 2226  
 tpreathletics@sduhsd.net  
 Ath Trainer: Christina Scherr  
 christina.scherr@sduhsd.net  
 ASB: Scott Chodorow x 2060  
 Finance: Patricia Hargraves x 2297  
 Cheer: Scott Chodorow x 2060  
 Band: Amy Willcox x 2272

**ADMINISTRATION**

Prin: Eric Baldwin x 209  
 eric.baldwin@tccs.org  
 AP: N/A  
 AD: Stan Bickley x 206  
 coachbickley@tccs.org  
 AD Sec: Pam Morquecho x219  
 pam.morquecho@tccs.org  
 ASB: Kim Berg x 312  
 kim.berg@tccs.org  
 Finance: Michelle Cooke 630-8227x208  
 michelle.cooke@tccs.org  
 Cheer: Tina Blankenship x 312  
 Band: N/A

**ADMINISTRATION**

Prin: Jeff Olivero  
 jolivero@sandi.net  
 Prin Sec: Barbara Prince x 201  
 bprince@sandi.net  
 AP: Heidi Murphy x216  
 hmurphy@sandi.net  
 AD: Edward Yandall x 243  
 eyandall@sandi.net  
 AD Sec: None  
 Ath. Trainer: Tomoku Ohkubo-Kuc  
 japonsky@hotmail.com  
 ASB: Donna Fallon x 153  
 Finance: Gail Newcomb x 208  
 gnewcomb@sandi.net  
 Cheer: Dana Macatantan 990-5076  
 Band: Michael Cummins x 233

**ADMINISTRATION**

Prin: Mary Beth Kastan 593-5312  
 mkastan@guhsd.net  
 AP: Sam Lund 593-5322  
 slund@guhsd.net  
 AD: Robert Wilson 593-5321  
 rwilson@guhsd.net  
 AD Sec: Debi McLean 593-5324  
 dmclean@guhsd.net  
 Ath Trainer: Megan Schutter  
 meganschutter@gmail.com  
 ASB: Jon Owens 593-5386  
 Finance: Connie Kaminsky 593-5337  
 Cheer: Connie Kaminsky  
 Band: Richard Almanza 593-5431

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Paul Wapnowski  
 B. BB: Jesse Aguirre  
 G. BB: Raul Galindo  
 B. XC: Tim Latham  
 G. XC: Raul Galindo  
 Field Hockey: DNF  
 Football: Jose Mendoza  
 B. Golf: Don Howard  
 G. Golf: Don Howard  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: Marvy Ferrer

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Matt Chess  
 B. BB: John Olive  
 G. BB: Amanda Polidoro  
 B. XC: Brent Thorne  
 G. XC: Brent Thorne  
 Field Hockey: Kari DiGuilio  
 Football: Scott Ashby  
 B. Golf: Jay Peariman  
 G. Golf: Larry Knabb  
 Gymnastics: Denise Sterger  
 B. Lacrosse: John Principi  
 G. Lacrosse: Lauren Dachille  
 Roller Hockey: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Ken Bouchard  
 B. BB: Stan Bickley  
 G. BB: Stan Bickley  
 B. XC: DNF  
 G. XC: DNF  
 Field Hockey: DNF  
 Football: Rick Brown  
 B. Golf: Jack Demaree  
 G. Golf: DNF  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

**VARSIITY HEAD COACHES**

Badminton: Robert Tu  
 Baseball: Joe Radovich  
 B. BB: Terry Stonebreaker  
 G. BB: Mary Ann McLaughlin  
 B. XC: Jim McCarthy  
 G. XC: Jim McCarthy  
 Field Hockey: Carrie Seery  
 Football: John Hutsel  
 B. Golf: Kevin Barthel  
 G. Golf: Kevin Barthel  
 Gymnastics: DNF  
 B. Lacrosse: Bernard Steinberger  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

**VARSIITY HEAD COACHES**

Badminton: DNF  
 Baseball: Mike M. Wilson  
 B. BB: Keith Jackson  
 G. BB: Al Silva  
 B. XC: Carter Yarbrough  
 G. XC: Kasey Shemwell  
 Field Hockey: Keith Jackson  
 Football: Steve Sutton  
 B. Golf: Richard Roberts  
 G. Golf: Richard Roberts  
 Gymnastics: Debi Gooding  
 B. Lacrosse: Adam Hahn  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Hiram Villafana  
 G. Soccer: Roberto Bonilla  
 Softball: Cortez Grier  
 B. Swim: Jeanette Islas  
 G. Swim: Jeanette Islas  
 B. Tennis: David Cobian  
 G. Tennis: Roberto Bonilla  
 B. Track: Tim Latham  
 G. Track: Tim Latham  
 B. VB: Erik Hernandez  
 G. VB: Eric Hernandez  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: Joe Ibarra

B. Soccer: Andy Hargreaves  
 G. Soccer: Dennis Costello  
 Softball: Jon Moore  
 B. Swim: Richard Contreras  
 G. Swim: Richard Contreras  
 B. Tennis: Anne Meigs  
 G. Tennis: Anne Meigs x 2026  
 B. Track: Mike Stevens  
 G. Track: Charlene Falcis-Stevens  
 B. VB: Eric Wilkinson  
 G. VB: Jim Harrah  
 B. Water Polo: Rob Tilburg  
 G. Water Polo: Heather Langridge  
 Wrestling: Jesse Mindlin

B. Soccer: TBA  
 G. Soccer: Kay Costlow  
 Softball: Lisa Chappell  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: Mindy Shipley  
 G. Tennis: Mindy Shipley  
 B. Track: Alphonso Pettaway  
 G. Track: Alphonso Pettaway  
 B. VB: Jon Silvester  
 G. VB: Kristen Wright  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

B. Soccer: Javier Gonzalez  
 G. Soccer: Brandon Beall  
 Softball: Michael Roberts  
 B. Swim: Amanda Weinbrecht  
 G. Swim: Amanda Weinbrecht  
 B. Tennis: Tim Lynnot  
 G. Tennis: Bonnie Newmark  
 B. Track: John Hutsel  
 G. Track: John Hutsel  
 B. VB: Brooke Choi  
 G. VB: David Lau  
 B. Water Polo: Mark Stemler  
 G. Water Polo: Mark Stemler  
 Wrestling: Mark Harrington

B. Soccer: Brad Baughn  
 G. Soccer: Dan Codina  
 Softball: Steve Sutton  
 B. Swim: Paige Small  
 G. Swim: Paige Small  
 B. Tennis: Don Ackerly  
 G. Tennis: Don Ackerly  
 B. Track: Jon Owens  
 G. Track: Jon Owens  
 B. VB: Doug Babington  
 G. VB: Doug Babington  
 B. Water Polo: Paige Small  
 G. Water Polo: Paige Small  
 Wrestling: Mike Perez

**VALLEY CENTER**

web: www.vcpusd.net  
 31322 Cole Grade Road  
 Valley Center 92082  
 Ph: 760-751-5500  
 Fax: 760-751-5509  
 North County Conference/Valley  
 Valley Center-Pauma U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 1379  
 Jaguars  
 Black/White/Teal  
**Directions:** I-15 to Old Castle Rd East  
 until deadend. It becomes Lilac Dr. - L  
 on Valley Center Road - L on Cole Grade  
 Rd (3 1/2 miles on left)

**VINCENT MEMORIAL**

web: N/A  
 525 West Sheridan Avenue  
 Calexico, CA 92231  
 Ph: 760-357-3461  
 Fax: 760-357-0902  
 Southern Conference  
 Diocese of San Diego  
 Coed/Four Years  
 Enrollment (9-12) = 245  
 Scots  
 Navy/White/Gold

**Directions:** I-8 E past El Centro to  
 Hwy 111 S - R at Hwy 98 - L to Cesar  
 Chavez Blvd - bear right to school.

**VISTA**

web: vusd.k12.ca.us/vhs.html  
 One Panther Way  
 Vista, CA 92084  
 Ph: 760-726-5611  
 Fax: 760-630-9738  
 North County Conference/Avocado East  
 Vista U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2849  
 Panthers  
 Red/Black/White

**Directions:** I-5 to Hwy 78 E or I-15 to  
 Hwy 78 W - R Vista Village Dr - L South  
 Santa Fe - R Robier - L Panther Way.

**WARNER**

www.sdcoe.k12.ca.us/districts/warner  
 30951 Highway 79  
 mail: P.O. Box 8  
 Warner Springs, CA 92086  
 Ph: 760-782-3517  
 Fax: 760-782-9117  
 Southern Conference  
 Warner U.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 55  
 Wildcats  
 Green/Black  
**Directions:** I-15 to Hwy 76 east. Proceed  
 to Hwy 79 north. Proceed 7 miles north to  
 school.

**WEST HILLS**

web: whhs.guhsd.net  
 8756 Mast Blvd.  
 Santee, CA 92071  
 Ph: 619-956-0400  
 Fax: 619-562-9342  
 Grossmont Conference/Hills  
 Grossmont U.H.S.D.  
 Coed/Four Years  
 Enrollment (9-12) = 2124  
 Wolf Pack/Wolf  
 Silver/Blue/Black

**Directions:** I-52 east to Mast Blvd -  
 East on Mast to school.

**ADMINISTRATION**

Prin: Ron McCowan 751-5502  
 mccowan.ro@vcpusd.net  
 Prin Sec: Robin Macomber 751-5503  
 macomber.ro@vcpusd.net  
 AP: Dennis Zabinsky 751-5531  
 AD: Mike Cummings 751-5554  
 cummings.mi@vcpusd.net  
 AD Sec: Desi Andow-Hegle  
 athletics.ja@vcpusd.net  
 Ath. Trainer: Akiko Yoshiyama  
 yoshiyama.ak@vcpusd.net  
 ASB: Rob Gilster x 401  
 Finance: Silvia Favela 751-5516  
 Cheer: Carli Morasco  
 Band: Christopher Hollyday x896

**ADMINISTRATION**

Prin: Sister Lilia M. Barba, SJS  
 email: N/A  
 AP: Elva Ochoa 357-3461  
 AD: Jesus Gonzalez 357-3461  
 jmano07@hotmail.com  
 AD Sec: N/A  
 ASB: Astrid Roldan  
 Finance: Yvette Sanchez  
 Cheer: Eriam Islas  
 Band: Rodrigo Islas

**ADMINISTRATION**

Prin: Larry White x 71001  
 pmoramar@vusd.k12.ca.us  
 Prin Sec: Debbie Riehle x 71001  
 AP: Ebon Brown x 7103  
 pmoramar@vusd.k12.ca.us  
 AD: Pat Moramarco x 71011  
 pmoramar@vusd.k12.ca.us  
 AD Sec: Pattie Short  
 Ath Trainer: Michelle Hamilton  
 pmoramar@vusd.k12.ca.us  
 ASB: DJ Sosnowski  
 Finance: Elizabeth Rush x 71029  
 elizabethrush@vusd.k12.ca.us  
 Cheer: Jennifer Grainger x 71793  
 Band: Ralph Ewell x 71833

**ADMINISTRATION**

Prin: Dr. Ron Koenig x 14  
 rkoenig@sdcoe.net  
 Prin Sec: Silvianna Gonsalves x14  
 sgonsalves@sdcoe.net  
 AP: None  
 AD: Kelly Farmer x 36  
 kfarmer@sdcoe.net  
 AD Sec: Ann Margaret Vargas x 52  
 amvargas@sdcoe.net  
 ASB: Mindy Torres-Wong  
 Finance: Alice Marshall x 15  
 Cheer: Kelly Farmer x 36  
 Band: None

**ADMINISTRATION**

Prin: Pat Keeley  
 pkeeley@guhsd.net  
 Prin Sec: Kathy Fisher 956-0412  
 AP: Dave Rios 956-0420  
 drios@guhsd.net  
 AD: Don Rutledge 956-0420  
 drutledge@guhsd.net  
 AD Sec: Sue Coffroth 956-0424  
 scoffroth@guhsd.net  
 Ath Trainer: Josh Reiderer  
 jreiderer@guhsd.net  
 ASB: Tanya Perich  
 Finance: Kris Husseman 956-0437  
 Cheer: Lorianne Davis 956-0430  
 Band: Andy Nelson 956-0466

**VARSITY HEAD COACHES**

Badminton: DNF  
 Baseball: Cliff Bernard  
 B. BB: Robert Purdy  
 G. BB: Tony Casillas  
 B. XC: Mike Cummings  
 G. XC: Mike Cummings  
 Field Hockey: Katy Moyneur  
 Football: Rob Gilster  
 B. Golf: Rick Dariland  
 G. Golf: Jason Poole  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: Wendy Fiehler  
 Roller Hockey: DNF

B. Soccer: Robert Morales  
 G. Soccer: Eric Osterberg  
 Softball: John Scibilia  
 B. Swim: Laura McCaulley  
 G. Swim: Laura McCaulley  
 B. Tennis: Peter Skidmore  
 G. Tennis: Peter Skidmore  
 B. Track: Mike Cummings  
 G. Track: Mike Cummings  
 B. VB: Alan Dale  
 G. VB: Nathan Rendon  
 B. Water Polo: Kyle Kline  
 G. Water Polo: Kyle Kline  
 Wrestling: Clay Clifford

**VARSITY HEAD COACHES**

Badminton: DNF  
 Baseball: Phabian Gonzalez  
 B. BB: Peter Contreras  
 G. BB: Jesus Gonzalez  
 B. XC: Jesus Gonzalez  
 G. XC: Jesus Gonzalez  
 Field Hockey: DNF  
 Football: Dave Drury  
 B. Golf: Jesus Gonzalez  
 G. Golf: Jesus Gonzalez  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Carlos Barboza  
 G. Soccer: Juan Ridaura  
 Softball: Jesus Gonzalez  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: Pel Garcia  
 G. Tennis: Pel Garcia  
 B. Track: Jesus Gonzalez  
 G. Track: Jesus Gonzalez  
 B. VB: DNF  
 G. VB: Art Sariego  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSITY HEAD COACHES**

Badminton: DNF  
 Baseball: Rick Lepire  
 B. BB: Charlie Mercado  
 G. BB: Pat Moramarco  
 B. XC: Peter Brooks  
 G. XC: Sonia Flores  
 Field Hockey: Gail Petty  
 Football: Dan Williams  
 B. Golf: Duff McGrath  
 G. Golf: Andy Crouch  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: Matt Stuckey  
 G. Soccer: Roger Leighton  
 Softball: Dan Williams  
 B. Swim: Dave Spence  
 G. Swim: Dave Spence  
 B. Tennis: Shawn Roybal  
 G. Tennis: Shawn Roybal  
 B. Track: Peter Brooks  
 G. Track: Peter Brooks  
 B. VB: DNF  
 G. VB: Julie Kaiser  
 B. Water Polo: Dave Spence  
 G. Water Polo: Dave Spence  
 Wrestling: Chris Davis

**VARSITY HEAD COACHES**

Badminton: DNF  
 Baseball: Wally Zittle  
 B. BB: TBA  
 G. BB: Mindy Wong  
 B. XC: DNF  
 G. XC: DNF  
 Field Hockey: DNF  
 FB - 8-Man: Wally Zittle  
 B. Golf: Scott Munson  
 G. Golf: Scott Munson  
 Gymnastics: DNF  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: DNF

B. Soccer: DNF  
 G. Soccer: DNF  
 Softball: Kelly Farmer  
 B. Swim: DNF  
 G. Swim: DNF  
 B. Tennis: DNF  
 G. Tennis: DNF  
 B. Track: DNF  
 G. Track: DNF  
 B. VB: DNF  
 G. VB: Sandy Vanderlaan  
 B. Water Polo: DNF  
 G. Water Polo: DNF  
 Wrestling: DNF

**VARSITY HEAD COACHES**

Badminton: DNF  
 Baseball: Jason Fowler  
 B. BB: Jeff Armstrong  
 G. BB: Ryan Kinser  
 B. XC: Bill Cleves  
 G. XC: Bill Cleves  
 Field Hockey: DNF  
 Football: Jess Barragan  
 B. Golf: Todd Peterson  
 G. Golf: Jeff Armstrong  
 Gymnastics: Tonya Henry  
 B. Lacrosse: DNF  
 G. Lacrosse: DNF  
 Roller Hockey: Dennis Morris

B. Soccer: Russell Shubert, Jr.  
 G. Soccer: Dave Ridenour  
 Softball: Mike Applebaum  
 B. Swim: Marsha Van Norman  
 G. Swim: Marsha Van Norman  
 B. Tennis: Jack Einbinder  
 G. Tennis: Nathan Weldon  
 B. Track: Jared Liberatore  
 G. Track: Chris Welter  
 B. VB: Brian Devine  
 G. VB: John Shirk  
 B. Water Polo: James Searls  
 G. Water Polo: James Searls  
 Wrestling: Justin Gigliotti

**WESTVIEW**

web: www.WestviewWolverines.com  
13500 Camino Del Sur  
San Diego, CA 92129  
Ph: 858-780-2000  
Fax: 858-780-2054  
North County Conference/Palomar  
Poway U.S.D.  
Coed/Four Years  
Enrollment (9-12) = 2366  
Wolverines  
Black/Vegas Gold/White

**Directions:** I-5 to SR-56 East of 1-15 to  
SR-56 West, Exit Camino Del Sur, head North

**ADMINISTRATION**

Prin: Dawn Kastner x 3003  
dkastner@powayusd.com  
Prin Sec: Gretchen Snyder x 3005  
gsnyder@powayusd.com  
AP: Todd Cassen x 3011  
AD: Chris Carter x 3006  
ccarter@powayusd.com  
AD Sec: Charan Kirpalani x 3018  
ckirpalani@powayusd.com  
Ath Trainer: Marcia Klaiber  
mklaiber@powayusd.com  
ASB: Scott Wild x3268  
Finance: Janet Waidelch 780-2061  
jwaidelch@powayusd.com  
Cheer: Janine Tompkins 619-206-7936  
Band: Jeri Webb x 3262

**VARSITY HEAD COACHES**

Badminton: DNF  
Baseball: Beau Champoux  
B. BB: Kyle Smith  
G. BB: Bob McHefey  
B. XC: John Colson  
G. XC: John Colson  
Field Hockey: Sarah Haggerty  
Football: Mike Woodward  
B. Golf: Dave Evenson  
G. Golf: Cathi Dow  
Gymnastics: Diane Wavrik  
B. Lacrosse: Peter Hawken  
G. Lacrosse: Aubrey Cline  
Roller Hockey: Mike Kurth

B. Soccer: Martin Coughlin  
G. Soccer: Peter Stogsdill  
Softball: Kelly Petersen  
B. Swim: Jake Siegfried  
G. Swim: Jake Siegfried  
B. Tennis: Suzie Engel  
G. Tennis: Suzie Engel  
B. Track: Jamal Felton  
G. Track: Jamal Felton  
B. VB: Steve McLaughlin  
G. VB: Nancy Ros  
B. Water Polo: Ian McKercher  
G. Water Polo: Amy Jennings  
Wrestling: Perry Watson