



Parent Orientation to High School Athletics

"What you need to know about high school athletic programs"

An informational presentation intended for
parents of students who wish to play high
school sports.

August 10, 2010

6:00 p.m. to 7:00 p.m.

San Diego County Office of Education

6401 Linda Vista Road, San Diego 92111

Rooms 401-402

From North Coastal: From Interstate 5, take the Sea World Drive/Teacolote Road exit. Take Sea World Drive to Friars Road, turn left. Left again onto on Via Las Cumbres. SDCOE will be at the top of the hill on the right just before the light.

From North Inland: Take Interstate 15 South to 163 South. Get off at the Genesee Exit and turn right onto Genesee. Get into the left lane in order to turn left at the first stop light onto Linda Vista Road. SDCOE is about a mile down on the left.

From South Coastal: Take Interstate 5 North to Morena Blvd/8 East Exit. Exit at Morena Blvd. Just about a block after the exit goes under the freeway overpass bear right onto Linda Vista Road. SDCOE is about a mile up the hill on the right.

From East County: Take Interstate 8 West to 163 North. Exit right away onto Friars Road West. Drive for about a mile then right onto Via Las Cumbres. SDCOE will be at the top of the hill on the right just before the light.

OR

Take 52 West to 163 South. Exit at Genesee and turn right at the light onto Genesee. Get into the left lane in order to turn left at the first stop light onto Linda Vista Road. SDCOE is about a mile down on the left.

Contact: CIFSDS 858-292-8165x12 or wmclaugh@sdcoe.net