

(School Directory updated 1/7/10)

ACADEMY OF OUR LADY OF PEACE

web: www.aolp.org
4860 Oregon Street
San Diego 92116
Ph: 619-297-2266
Fax: 619-297-2473
City Conference/Western
Catholic Independent
All Girls/Four Years
Enrollment (9-12) = 732
Pilots - Columbia Blue/White

Directions: I-8 to Texas St. S-L @
Madison Ave. - L @ Oregon St.

ALL TRIBES CHARTER SCHOOL

web: www.alltribescharter.org
34320 Valley Center Road
Valley Center 92082
Ph: 760-749-5982
Fax: 760-749-4153
Frontier League
Warner U.S.D.
Four Years
Enrollment (9-12) = 30
Wolf - Red/Black/White
Directions: I-15 to Via Rancho Pkwy to
Bear Valley Pkwy to Valley Parkway East
continue on Valley Center Rd. through Valley
Center to Rincon Reservation-across from
Rincon Market

ARMY AND NAVY ACADEMY

web: armyandnavyacademy.org
2605 Carlsbad Blvd. 92018-3000
Mail: PO Box 3000
Carlsbad, CA 92018-3000
Ph: 760-547-5259
Fax: 760-729-6791
AD Fax: 760-729-6791
Coastal Conference/North
Private School
All Men/Four Years
Enrollment (9-12) = 234
Warriors - Black/Gold

Directions: I-5 to Carlsbad Village Drive,
West to Carlsbad Blvd., North to 2605.

AURORA

web: www.Calexico.k12.ca.us
641 Rockwood Avenue
Calexico, CA 92231
Ph: 760-768-3940
Fax: 760-768-1459
Frontier League
Calexico U.S.D.
Coed/Four Years
Enrollment (9-12) = 206
Mascot: Eagles
Colors: Navy Blue/White

Direction: I-8 E to Hwy 111 South to
Calexico, turn Left onto 7th continue to
Rockwood Ave.

THE BISHOP'S SCHOOL

web: www.bishops.com
7607 La Jolla Blvd.
La Jolla, CA 92037
Ph: 858-459-4021
Fax: 858-459-3914
Coastal Conference/South
Private School
Coed/Four Years
Enrollment (9-12) = 562
Knights - Maroon/Gold

Directions: N I-5 to La Jolla Pkwy/S I-5
to La Jolla Village Dr. - W to Torrey Pines Rd.
W- 52 ends at La Jolla Parkway-
L@Girard-R@Pearl-R@La Jolla Blvd

ADMINISTRATION

Prin: Sister Dolores Anchondo x 200
AP: Sister Joyce Hampel x 201
G.AD: Melinda Blade 297-2563
dr.blade@aolp.org
AD Sec: Melissa Acosta
macost@aolp.org
ASB: Jeanette Handelsman x 154
Finance: Trent Smail x 127
Cheer: Mark Rauch x 227
Band: N/A

ADMINISTRATION

Prin: Mary Ann Donohue 272-6091
ataics@aol.com
Prin Sec: TBA

AP: N/A
AD: Michelle Parada 272-6094
AD Sec: N/A

ASB: N/A
Finance: N/A
Cheer: N/A
Band: N/A

ADMINISTRATION

President: Gen. Steve Bliss 547-5299
sbliss@armyandnavyacademy.org
Dean: David Haynes 547-5199
dhaynes@armyandnavyacademy.org
AD: John Maffucci 547-5259
jmaffucci@armyandnavyacademy.org
AD Sec: Roberta Ford 547-5258
rford@armyandnavyacademy.org
Athletic Trainer: Carrie Gommel
cgommel@armyandnavyacademy.org
ASB: Cori Friedman
Finance: Janet Pullen 547-5269
Cheer: DNF
Band: Mike Donovan 547-5161

ADMINISTRATION

Prin: Dan Plough x 4399
dplough@calexico.k12.ca.us
Prin Sec: Aurora Pinto x 4398
apinto@calexico.k12.ca.us
AP: N/A
AD: Sergio Nava 768-3940
snava@calexico.k12.ca.us
AD Sec: Aurora Pinto x 4398
ASB: Marco Miramon 768-3940
Finance: Aurora Pinto x 4398
Cheer: N/A
Band: N/A

ADMINISTRATION

Headmaster: Aimeclair Roche x221
rochea@bishops.com
Dean: Louise Gilpin x267
gilpinl@bishops.com
AD: Tom Tarantino x 233
tarantinot@bishops.com
Assoc AD: Joel Allen
allenj@bishops.com
AD Sec: Debby Hubbard x 630
hubbardd@bishops.com
Athletic Trainer: Jason Charlebois
charleboisj@bishops.com
ASB: Regina Ballard x 650
Finance: Kimberly Borgerding x 410
Cheer: DNF
Band: Will Parsons x 465

CIFSDS Member Schools = 12(as of 10/27/09)
Enrollments based on 10/08 CBEDS

VARSITY HEAD COACHES

Badminton: DNF
Baseball: DNF
B. BB: DNF
G. BB: Norman Guay
B. XC: DNF
G. XC: Dan Keays
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: Aaron Gonzales
Gymnastics: Mark Rauch/Rebecca Floyd
B. Lacrosse: DNF
G. Lacrosse: DNF

B. Soccer: DNF
G. Soccer: Sally Boettger
Softball: Tom Angioletti
B. Swim: DNF
G. Swim: Kevin Manley
B. Tennis: DNF
G. Tennis: Darice Carnaje
B. Track: DNF
G. Track: Dan Keays
B. Volleyball: DNF
G. Volleyball: John Landicho
B. Water Polo: DNF
G. Water Polo: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Rik Mazzetti
B. BB: DNF
G. BB: DNF
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

B. Soccer: DNF
G. Soccer: DNF
Softball: DNF
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. Volleyball: DNF
G. Volleyball: DNF
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Nate/Scott Parada

VARSITY HEAD COACHES

Badminton: DNF
Baseball: TBA
B. BB: John Maffucci
G. BB: DNF
B. XC: Martin Davis
G. XC: DNF
Field Hockey: DNF
Football: Bert Ford
B. Golf: Dan Loden
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

B. Soccer: Jennifer Quan
G. Soccer: DNF
Softball: DNF
B. Swim: TBA
G. Swim: DNF
B. Tennis: Daniel Primbs
G. Tennis: DNF
B. Track: Martin Davis
G. Track: DNF
B. Volleyball: DNF
G. Volleyball: DNF
B. Water Polo: Dan Loden
G. Water Polo: DNF
Wrestling: Garry Dillard

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Sergio Nava
B. BB: DNF
G. BB: DNF
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

B. Soccer: Sergio Nava
G. Soccer: DNF
Softball: TBA
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: DNF
G. VB: DNF
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Al Gomez
B. BB: Tom Tarantino
G. BB: Marlon Wells
B. XC: Adam Weiner
G. XC: Adam Weiner
Field Hockey: Kristin Davidson
Football: Joel Allen
B. Golf: Billy Subang
G. Golf: Billy Subang
Gymnastics: DNF
B. Lacrosse: Steve Sepeta
G. Lacrosse: Meghan Carr
Roller Hockey: DNF

B. Soccer: Malcolm Tovey
G. Soccer: Brian Quinn
Softball: Rio Dominguez
B. Swim: Dana Pierce
G. Swim: Chad Bishop
B. Tennis: TBA
G. Tennis: Mariel DeYoung
B. Track: April Guinchard
G. Track: April Guinchard
B. Volleyball: Tod Mattox
G. Volleyball: Tod Mattox
B. Water Polo: Jim Fales
G. Water Polo: Doug Peabody
Wrestling: DNF

BONITA VISTA

web: www.suhsd.k12.ca.us/bvh
 751 Otay Lakes Road
 Chula Vista, CA 91913
 Ph: 619-216-5000
 Fax: 619-656-1203
 Metro Conference/Mesa
 Sweetwater UHSD
 Coed/Four Years
 Enrollment (9-12) = 2492
 Barons - Navy Blue/Gold

Directions: I-805 to H St East - Left @ Otay Lakes Rd.

BORREGO SPRINGS

web: www.borregosprings.edmin.com
 2281 Diegueno Rd., Borrego Springs
 Mail: 1315 Palm Canyon Drive
 Borrego Springs, CA 92004
 Ph: 760-767-5335
 Fax: 760-767-5999
 Southern Conference
 Borrego Springs U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 144
 Rams - Red/Black/White

Directions: I-8 E to 67 N to 78 E to 79N to S-2S to S-22E to R @ Palm Canyon Rd L @ Ocotillo R @ Saddle to school.

BRAWLEY UNION

web: www.brawleyhighschool.org
 480 North Imperial Avenue
 Brawley, CA 92227
 Ph: 760-312-5819
 Fax: 760-344-9520
 AD Fax: 760-312-6094
 Southeastern Conference
 Brawley U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1752
 Wildcats - Royal Blue/Gold

Directions: I-8 E to (El Centro) Imperial Ave/Hwy86/Imperial Ave - in Brawley take 1st St to A St - 3 blks to school.

CALEXICO

web: www.calexico.k12.ca.us
 1030 Encinas Avenue
 Calexico, CA 92231
 Ph: 760-768-3980
 Fax: 760-357-9640
 AD Fax: 760-768-3995
 Southeastern Conference
 Calexico U.S.D.
 Coed/Three Years
 Enrollment (9-12) = 2868
 Bulldogs - Maroon/White

Directions: I-8 E to Hwy 111 (Calexico exit) S to Hwy 98-L to Encinas Ave - R on Encinas to school on left side.

CALEXICO MISSION SCHOOL

web: TBA
 601 East First Street
 Calexico, CA 92231
 Ph: 760-357-3711
 Fax: 760-357-3713

Frontier League
 Private School
 Coed/Four Years
 Enrollment (9-12) = 128
 Mascot/School Colors = TBA

Directions: TBA

ADMINISTRATION

Prin: Bettina Batista 216-5004
 bettina.batista@suhsd.k12.ca.us
 AP: Bryan Schultz
 bryan.schultz@suhsd.k12.ca.us
 AD: Lance Christensen 216-5008
 lance.christensen@suhsd.k12.ca.us
 ASB: Dave Mitrovitch 421-5211
 Finance: Wendy Munoz 421-5211
 Cheer: Loena Lucero 216-5000
 Band: Jason Mangan 216-5000

ADMINISTRATION

Prin: Doug Ferber
 dferber@bsusd.net
 Prin Sec: Terri Watkins
 twatkins@bsusd.net
 AP: N/A
 CO-AD: Dave Jones/Rich Mossay
 djones@bsusd.net
 rmossay@bsusd.net
 AD Sec: N/A
 ASB: Tim Fletcher
 Finance: Mark Lucas
 mlucas@bsusd.net
 Cheer: Terra Wade
 Band: Stephen Clements

ADMINISTRATION

Prin: Simon Canalez x6085
 scanalez@brawleyhigh.org
 Prin Sec: Sandra Cortez x4057
 scortez@brawleyhigh.org
 AP: Jesse Sanchez 312-6089
 jsanchez@brawleyhigh.org
 AD: Billy Brewer 312-6065
 bbrewer@brawleyhigh.org
 AD Sec: N/A
 ASB: Jeff Wise 312-6061
 Finance: Myra Franco x 4175
 mfranco@brawleyhigh.org
 Cheer: Cory Nava 351-6342
 Band: Amy Dailey x 4178

ADMINISTRATION

Prin: Gilbert Barraza Jr. x 4199
 gbarraza@calexico.k12.ca.us
 Prin Sec: Janet Burgos x4197
 AP: John Moreno x 4188
 AD: Joe Apodaca
 japodaca@calexico.k12.ca.us
 Athletic Trainer: Ruben Payan
 ASB: Frank Noriega x 4177
 Finance: Sandra Ramsey x 4195
 Cheer: Rose Moreno-Gerardo x 4466
 Band: Mark Lucas x4041

ADMINISTRATION

Prin: Susan Smith
 Email = TBA
 Prin Sec: TBA
 AP: TBA
 AD: William burns
 wburns5@hotmail.com
 Athletic Trainer: TBA
 ASB: TBA
 Finance: TBA
 Cheer: TBA
 Band: TBA

VARSAITY HEAD COACHES

Badminton: DNF
 Baseball: Vince Gervais
 B. BB: Bill Woods
 G. BB: Wayne Wooten
 B. XC: Ed Winczowski
 G. XC: Ed Winczowski
 Field Hockey: Ernesto Luna
 Football: Carl Parrick
 B. Golf: Sean Meisner
 G. Golf: Gab Ruz
 Gymnastics: Cody Moses
 B. Lacrosse: TBA
 G. Lacrosse: Ernesto Luna
 Roller Hockey: Keith Quigley

B. Soccer: Jason Murphy
 G. Soccer: Ron Pietila
 Softball: John Carlson
 B. Swim: Daniel Davalos
 G. Swim: Daniel Davalos
 B. Tennis: John Villanueva
 G. Tennis: Heidi Marks
 B. Track: Ray Peterson
 G. Track: Ray Peterson
 B. VB: Hawley Woods
 G. VB: Woodie Taeatafa
 B. Water Polo: Kevin Killacky
 G. Water Polo: Kevin Killacky
 Wrestling: Gabe Ruz

VARSAITY HEAD COACHES

Badminton: DNF
 Baseball: Randy Meeks
 B. BB: Wes Fischer
 G. BB: April Olsen
 B. XC: Cathy Paredes
 G. XC: Cathy Paredes
 Field Hockey: DNF
 Football: Tim Fletcher
 B. Golf: Rudy Kastelic
 G. Golf: Rudy Kastelic
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Oscar Fuentes
 G. Soccer: Mario Gonzalez
 Softball: Justine McKune
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. Volleyball: DNF
 G. Volleyball: Rick Rethore
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSAITY HEAD COACHES

Badminton: DNF
 Baseball: Pedro Carranza
 B. BB: Andy Burnett
 G. BB: Mike Pacheco
 B. XC: Jose Flores
 G. XC: Jose Flores
 Field Hockey: DNF
 Football: John Bishop
 B. Golf: Phil Finnell
 G. Golf: Hank Baran
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Frank Cervantes
 G. Soccer: Daniel Hernandez
 SB: Kristina Contreras/Chris Velasco
 B. Swim: D'Ann Luckey/Troy Riester
 G. Swim: D'Ann Luckey/Troy Riester
 B. Tennis: Mike Palacio
 G. Tennis: Mike Palacio
 B. Track: Jose Flores
 G. Track: Jose Flores
 B. Volleyball: DNF
 G. Volleyball: Phil Finnell
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Tony Leon

VARSAITY HEAD COACHES

Badminton: DNF
 Baseball: Ricky Guzman
 B. BB: Alfredo Silva
 G. BB: Sal Cuevas
 B. XC: Jesus Rojas
 G. XC: Jesus Rojas
 Field Hockey: DNF
 Football: Alfredo Silva
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Javier Bernal
 G. Soccer: Eric Lopez
 Softball: Jose Briseno
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: TBA
 G. Tennis: Xavier Leos
 B. Track: Cal Armstrong
 G. Track: Cal Armstrong
 B. Volleyball: DNF
 G. VB: TBA
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Jose Jimenez

VARSAITY HEAD COACHES

Badminton: DNF
 Baseball: TBA
 B. BB: TBA
 G. BB: DNF
 B. XC: TBA
 G. XC: TBA
 Field Hockey: DNF
 Football: DNF
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: TBA
 G. Soccer: TBA
 Softball: TBA
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. Volleyball: TBA
 G. Volleyball: TBA
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

CALIPATRIA

web: N/A
 601 West Main Street
 Calipatria, CA 92233
 Ph: 760-348-2254
 Fax: 760-348-2431
 Southeastern Conference
 Calipatria U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 355
 Hornets - Navy Blue/Gold

Directions: I-8 to Imperial Ave or #86
 NE thru Brawley to #111 - N to 9th St - L
 to Main - L to school.

CALVARY CHRISTIAN

web: ccsvista.org/index.html
 885 East Vista Way
 Vista, CA 92084
 Ph: 760-724-4590
 Fax: 760-560-0607
 Southern Conference/ Citrus West
 Private School
 Coed/Four Years
 Enrollment (9-12) = 109
 Lions - Navy Blue/White

Dir: Hwy 78 to Vista Way exit. Turn Right
 on Vista way. School/church on right.
 (Home games are offsite)

CALVARY CHRISTIAN SAN DIEGO

web: www.ccknights.com
 1771 E. Palomar Street
 Chula Vista, CA 91913
 Ph: 619-591-2260
 Fax: 619-591-2261
 Southern Conference/Citrus South
 Private School
 Coed/Four Years
 Enrollment (9-12) = 102
 Royal Knights - Cardinal Red/Gold

Directions: 805 S - E on Telegraph
 Canyon Road - R onto La Media - L onto
 E Palomar.

CALVIN CHRISTIAN

web: calvinchristianesccondido.org
 2000 North Broadway
 Escondido, CA 92026
 Ph: 760-489-6430
 Fax: 760-489-7055
 Coastal Conference/North
 Private School
 Coed/Four Years
 Enrollment (9-12) = 192
 Crusaders - Columbia Blue/Black

Direction: I-15 to 78 east. North on
 Broadway.

CANYON CREST ACADEMY

web: www.canyoncrest.com
 5951 Village Center Loop Road
 San Diego, CA 92130
 Ph: 858-350-0253
 Fax: 858-350-0280
 Coastal Conference/South
 San Dieguito U.H.S.D.
 Coed/Four Years
 Enrollment (9 only) = 1787
 Ravens - Black/Red

Direction: Hwy 56 - exit Carmel Valley Rd
 to the north - right Edgewood Bend Ct -
 enter thru back gate or to Village Ctr. Loop
 Rd - right - then right into front of school.

ADMINISTRATION

Prin: Virginia Calsada 348-4041
 v_calsada@hotmail.com
 Prin Sec: Margie Pizano 348-4046
 mpizano@calipatria.k12.ca.us
 Dean: Edgar Self
 AD: Jose Imperial 348-2142
 jimperial@calipatria.k12.ca.us
 AD Sec: Michele Haggarty 348-4047
 mhaggarty@calipatria.k12.ca.us
 Athletic Trainer: None
 ASB: Martha Self
 Finance: Michelle Haggarty x 4047
 Cheer: Mercedes Viloria
 Band: None

ADMINISTRATION

Prin: Jess Hetherington
 jess@calvaryvista.com
 Prin Sec: Becky Hoden
 beckyhoden@calvarychapel.com
 AP: N/A
 AD: Alex Boshaw
 boshaw5@sbcglobal.net
 AD Sec: Robin Boshaw
 ASB: Amy Entzminger
 Finance: N/A
 Cheer: N/A
 Band: N/A

ADMINISTRATION

Prin: Dan Jester x339
 djester@calvarysd.com
 Prin Sec: Susana Sanchez
 ssanchez@calvarysd.com
 AP: See Principal
 AD: Frank Henry x343
 fhenny@calvarysd.com
 AD Sec: N/A
 ASB: Jared Lee
 Finance: Christine Hipolito x341
 chipolito@calvarysd.com
 Cheer: N/A
 Band: N/A

ADMINISTRATION

Prin: Frank Steidl 489-4332
 franksteidl@calvinchristianesccondido.org
 Prin Sec: Darla Lusky
 luskygroup@gmail.com
 AP: N/A
 AD: Bill Stout 489-0201
 stoutcchs@gmail.com
 AD Sec: Darla Lusky 520-8435
 darlalusky@calvinchristianesccondido.org
 ASB: Steve Whitener
 Finance: Donna Powell 489-4335
 Cheer: N/A
 Band: Vicki Van Essen 489-6430

ADMINISTRATION

Prin: Brian Kohn x4000
 brian.kohn@sduhsd.net
 Prin Sec: Diane Fisher x 4001
 AP: Barbara Stroud x 4002
 barbara.stroud@sduhsd.net
 AD: Matt McCullough x 4005
 matthew.mccullough@sduhsd.net
 AD Sec: Stacy Candia x 4004
 Trainer: Melodie Hixson
 mel1323@aol.com
 ASB: Erica Williams
 Finance: Laura Main X 4018
 laura.main@sduhsd.net
 Cheer: N/A
 Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Tom Cato
 B. BB: Robert Romero
 G. BB: Raul Navarro
 B. XC: DNF
 G. XC: DNF
 Field Hockey: DNF
 Football: David Shaw
 B. Golf: Noel Medina
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Noel Medina
 G. Soccer: DNF
 Softball: Paul Iten
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. Volleyball: DNF
 G. Volleyball: Yolanda Uribe
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Steve Whitley
 B. BB: Eric Apodaca
 G. BB: Joe Biernacki
 B. XC: DNF
 G. XC: DNF
 Field Hockey: DNF
 FB - 8-Man: Leroy Hill
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: DNF
 G. Soccer: DNF
 Softball: Ray Garcia
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. Volleyball: DNF
 G. Volleyball: Erin Harris
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Joe Butler
 B. BB: Frank Henry
 G. BB: Gene Rheam
 B. XC: Debbie Castillo
 G. XC: Debbie Castillo
 Field Hockey: DNF
 Football: Frank Henry
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Dale Duvall
 G. Soccer: DNF
 Softball: Kathy Hill
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: Frank Henry
 G. Track: Frank Henry
 B. Volleyball: DNF
 G. Volleyball: Dorothy Robinson
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Frank Bons
 B. BB: Mark Carlson
 G. BB: Brad Jansen
 B. XC: John Gregor Macdougall
 G. XC: John Gregor Macdougall
 Field Hockey: DNF
 Football: Brad Jansen
 B. Golf: Gary Radersma
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Jonathan Beutlich
 G. Soccer: Mark Vander Werf
 Softball: TBA
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: John Hitchens
 G. Track: Todd Nash
 B. Volleyball: DNF
 G. VB: Doug Van Solkema
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Ryan Sienko
 B. BB: Brain Baum
 G. BB: Terry Ryan
 B. XC: Chuck Hayden
 G. XC: Chuck Hayden
 Field Hockey: Analia Carlsson
 Football: DNF
 B. Golf: Matt McCullough
 G. Golf: Matt McCullough
 Gymnastics: DNF
 B. Lacrosse: Russ Olsen
 G. Lacrosse: Rebecca Cathcart
 Roller Hockey: DNF
 B. Soccer: Tom Lockhart
 G. Soccer: Steven Leacock
 Softball: Morgan Lynch
 B. Swim: Nicholas Kintz
 G. Swim: Nicholas Kintz
 B. Tennis: Chris Black
 G. Tennis: Chris Black
 B. Track: Chuck Hayden
 G. Track: Chuck Hayden
 B. VB: Luke Honnette
 G. VB: Ariel Haas
 B. Water Polo: Ian Davidson
 G. Water Polo: Charlie Equels
 Wrestling: Craig Van Dyke

CARLSBAD

web: www.carlsbadhigh.com
 3557 Lancer Way
 Carlsbad, CA 92008
 Ph: 760-331-5100
 Fax: 760-729-6830
 North County Conference/Palomar
 Carlsbad U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2936
 Lancers - Purple/White

Direction: I-5 to Carlsbad Village Dr
 East-Right on Monroe-turns into Lancer Way

ADMINISTRATION

Prin: Maggie Stanchi 331-5199
 stanchima@sdcoe.net
 Prin Sec: Diane Jennings x5195
 djennings@sdcoe.net
 AP: Tom Bloomquist x5198
 AD: Chris Greene x5197
 chsathletics@hotmail.com
 AD Sec: Emily Smith x 5192
 Athletic Trainer: Larry Duensing
 ASB: Tom Robertson 331-5100
 Finance: Barb Olesky 331-5156
 Cheer: Natalie Soto
 Band: Greg Anderson

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Chris Greene
 B. BB: Scott Ogden
 G. BB: Randy Bull
 B. XC: Katie Meehan
 G. XC: Katie Meehan
 Field Hockey: DNF
 Football: Bob McAllister
 B. Golf: David Emerick
 G. Golf: Don Hartley
 Gymnastics: DNF
 B. Lacrosse: Chris Scherrif
 G. Lacrosse: Melissa Turner
 Roller Hockey: DNF
 B. Soccer: Jeff Riccitelli
 G. Soccer: Carl Higham
 Softball: Dan Worley
 B. Swim: J.B. Feaster
 G. Swim: Amanda Phillippe
 B. Tennis: GeeGee Garvin
 G. Tennis: GeeGee Garvin
 B. Track: Joe Angel
 G. Track: Joe Angel
 B. VB: Tobin Knudsen
 G. VB: Kristin Tomkinson
 B. Water Polo: JB Feaster
 G. Water Polo: Shawn Donahue
 Wrestling: Ross O'Briant

CASTLE PARK

web: www.suhsd.k12.ca.us/cph/
 1395 Hilltop Drive
 Chula Vista, CA 91911
 Ph: 619-691-5600
 Fax: 619-427-5967
 Metro Conference/South Bay
 Sweetwater U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1860
 Trojans
 Red/Black/White

Direction: I-805 to Orange Ave West.
 Right @ Hilltop Dr. - school 1/2 mi on right.

ADMINISTRATION

Prin: Diego Ochoa
 diego.ochoa@suhsd.k12.ca.us
 Prin Sec: Gabriela Chavez
 gabriela.chavez@suhsd.k12.ca.us
 AP: Abram Jimenez
 abram.jimenez@suhsd.k12.ca.us
 AD: Russell Moore 585-6205
 russell.moore@suhsd.k12.ca.us
 AD Sec: None
 Athletic Trainer: Ed Ayub
 ASB: Miriam Duggan 420-1483
 Finance: Leticia Castro-Lopez 420-1483
 Cheer: Zoe Hernandez 691-5600
 Band: Donna Clark 691-5600

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Joaquin Sosa
 B. BB: Aaron Partch
 G. BB: Armando Rodriguez
 B. XC: Ray Davis
 G. XC: Alison Stevens
 Field Hockey: DNF
 Football: John Senesky
 B. Golf: Jonathan Frye
 G. Golf: TBA
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: TBA
 B. Soccer: Hector Sanchez
 G. Soccer: Alison Stevens
 Softball: TBA
 B. Swim: Carvin Stone
 G. Swim: Patty Hagel
 B. Tennis: Dan Angiano
 G. Tennis: Dan Angiano
 B. Track: Rudy Castillo
 G. Track: Charles Platt
 B. Track: Aaron Partch
 G. VB: Mario Figueroa
 B. Water Polo: Carvin Stone
 G. Water Polo: TBA
 Wrestling: Robert Schertzer

CATHEDRAL CATHOLIC

web: www.cathedralcatholic.org
 5555 Del Mar Heights Road
 San Diego, CA 92130
 Ph: 858-523-4000
 AD Fax: 858-523-4083
 City Conference/Western
 Diocese of San Diego
 Coed/Four Years
 Enrollment (9-12) = 1726
 Dons
 Red/Gold

Directions: I-5 to Del Mar Heights Rd,
 east to school on right side of road.

ADMINISTRATION

Prin: Michael Deely
 mdeely@cathedralcatholic.org
 Prin Sec: Tina Mendes x1143
 tmendez@cathedralcatholic.org
 AD: David Smola 523-4022
 dsmola@cathedralcatholic.org
 AD Sec: Maria Oliver 523-4022
 Ath Trainer: Tara Hall
 thall@cathedralcatholic.org
 ASB: Elizabeth Tysor
 Finance: Sue Heller x 1135
 Cheer: Stephanie Ladisa x1298
 Band: DNF

VARSITY HEAD COACHES

Badminton: TBA
 Baseball: Gary Remiker
 B. BB: Will Cunningham
 G. BB: Melissa Padgett
 B. XC: Dan Geiger
 G. XC: Dan Geiger
 Field Hockey: Shannon Robinsor
 Football: Sean Doyle
 B. Golf: Doug McLean
 G. Golf: Chris Grazier
 Gymnastics: TBA
 B. Lacrosse: Pat Gowan
 G. Lacrosse: Shannon Robinsor
 Roller Hockey: Luke Sturno
 B. Soccer: Bryan Wood
 G. Soccer: Dawn Lee
 Softball: Margaret Mauro
 B. Swim: Jeff Owen
 G. Swim: Jeff Owen
 B. Tennis: Ron Marquez
 G. Tennis: Ron Marquez
 B. Track: Dan Geiger
 G. Track: Dan Geiger
 B. VB: Jonathan Anderson
 G. VB: Kelly Drobeck
 B. Water Polo: Brett Ormsby
 G. Water Polo: Chip O'Rourke
 Wrestling: Jason Gigliotti

CENTRAL UNION

web: www.cuhsd.net
 1001 Brighton Avenue
 El Centro, CA 92243
 Ph: 760-336-4300
 Fax: 760-353-3570
 AD Fax: 760-336-4575
 Southeastern Conference
 Central U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1712
 Spartans
 Blue & White

Direction: Hwy 8 east to Imperial Ave N
 (El Centro) R on Holt - school is on left.

ADMINISTRATION

Prin: Jeffrey Magin x 4301
 jmagin@cuhsd.net
 Prin Sec: Elena Williams
 ewilliams@cuhsd.net
 AP: Steve Evangelist x 4302
 AD: Steve Evangelist x 4302
 steve@cuhsd.net
 AD Sec: Bianca Abundiz x 4330
 ASB: Sandy Montalvo x 4314
 Finance: Veronica Lopez x 4467
 F email: vlopez@cuhsd.net
 Cheer: Gabriel Ontiveros
 Band: Renee Baker x 4436

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Gene Martin
 B. BB: Marty Zwart
 G. BB: Patsy Enders
 B. XC: Bob Gaede
 G. XC: Bob Gaede
 Field Hockey: DNF
 Football: Kevin Bird
 B. Golf: John Briggs
 G. Golf: John Briggs
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Alonso Garcia
 G. Soccer: Ramon Lopez
 Softball: Genaro Diaz
 B. Swim: Chandra Seaman
 G. Swim: Chandra Seaman
 B. Tennis: Dan Williams
 G. Tennis: Dan Williams
 B. Track: Ron Shane
 G. Track: Ron Shane
 B. VB: DNF
 G. VB: Alyson Jackson
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Ron Shane

CHILDRENS CREATIVE AND PERFORMING ARTS ACADEMY (CCPA)

web: www.ccpaasd.com
 3051 El Cajon Blvd.
 San Diego, CA 92104
 Ph: 619-584-5424
 Fax: 619-584-2422

Frontier League
 Private School
 Coed/Four Years
 Enrollment (9-12) = 63
 Eagles - Royal Blue/White

Direction: Exit 805 at El Cajon Blvd. and
 head West, Right on Ohio Street.

ADMINISTRATION

Prin: Janet M. Cherif
 jmcherif@yahoo.com
 Prin Sec: Carolyn Anderson
 AP: Tim Spence
 TBA
 AD Email:
 AD Sec: N/A
 ASB: Frima Fenster
 Finance: N/A
 Cheer: N/A
 Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: Adam Bendes
 G. BB: Adam Bendes
 B. XC: DNF
 G. XC: DNF
 Field Hockey: DNF
 Football: DNF
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Adam Bendes
 G. Soccer: Adam Bendes
 Softball: DNF
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. VB: DNF
 G. VB: Adam Bendes
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

CHRISTIAN

web: www.christianunified.com
 2100 Greenfield Drive
 El Cajon, CA 92019
 Ph: 619-440-1531
 Fax: 619-590-1734
 City Conference/Central
 Private School
 Coed/Four Years
 Enrollment (9-12) = 420
 Patriots
 Red/White/Blue

Direction: I-8 to Greenfield Dr (El Cajon)
 S on Greenfield to corner of Greenfield
 and Madison Ave.

CHRISTIAN LIFE ACADEMY

web: www.mycla.org
 613 West Valley Parkway, Suite 245
 Escondido, CA 92025
 Ph: 760-741-1233
 Fax: 760-741-1333
 Southern Conference/Citrus West
 Private School
 Coed/Four Years
 Enrollment (9-12) = 88
 Eagles
 Royal Blue/White/Gold

Direction: All games off site- contact AD.

CHULA VISTA

web: www.suhsd.k12.ca.us/cvh
 820 Fourth Avenue
 Chula Vista, CA 91911
 Ph: 619-476-3300
 Fax: 619-427-5824
 Metro Conference/Mesa
 Sweetwater U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2881
 Spartans
 Blue/White

Direction: I-805 to L St West or I-5 to
 L St. East - North on Fourth.

CLAIREMONT

web: http://prodo31.sandi.net/clairemonths
 4150 Ute Drive
 San Diego, CA 92117
 Ph: 858-273-0201
 Fax: 858-272-4219
 City Conference/Central
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1476
 Chieftains
 Royal Blue/Orange

Direction: I-5 to Balboa Ave East - R @
 Modoc to Ute.

CORONADO

web: www.coronado.k12.ca.us
 650 D Avenue
 Coronado, CA 92118
 Ph: 619-522-8907
 Fax: 619-437-0236
 City Conference/Central
 Coronado U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1109
 Islanders
 Green/White

Direction: I-5 over Coronado Bridge - L
 at Orange - R at 6th St to D Ave.

ADMINISTRATION

Prin: Scott Meadows x 3312
 smeadows@cusd.org
 Prin Sec: Rose Van Houten x 3312
 rvanhouten@cusd.org
 AP: N/A
 AD: Dave Beezer
 dbeezer@cusd.org
 AD Sec: Janice Hester 590-1724
 jhester@christianunified.org
 Ath Trainer: Paul Battillo pbattillo@cusd.org
 ASB: Wendy Hogan
 Finance: Judy Hertel 590-1724
 Cheer: Judy Hertel 590-1724
 Band: Bill Yeager x 3336

ADMINISTRATION

Prin: Lynn Holtzouser x 203
 lynn@mycla.org
 Prin Sec: Amy Rojas x200
 amy@mycla.org
 AP: Steve Holtzouser x 206
 steveh@mycla.org
 AD: Steve Holtzouser x 206
 steveh@mycla.org
 AD Sec: Andrea Sanders x 204
 andreas@mycla.org
 ASB: N/A
 Finance: N/A
 Cheer: N/A
 Band: N/A

ADMINISTRATION

Prin: George Ohnesorgen x 63301
 george.ohnesorgen@suhsd.k12.ca.us
 AP: Joe Heinz 476-3306
 joe.heinz@suhsd.k12.ca.us
 AD: Rex Johnson 476-3355
 rex.johnson@suhsd.k12.ca.us
 AD Sec: None
 ASB: Janet Bonney 476-3352
 Finance: Alexia Ramos 476-3351
 alexia.ramos@suhsd.k12.ca.us
 Cheer: Kathy Perry
 Band: Zig Kanstul

ADMINISTRATION

Prin: Lenora Smith
 lsmith3@sandi.net
 AP: Bill Laine x 2207
 AD: Gerard Knuppel x 4603
 gknuppel@sandi.net
 AD Sec: N/A
 ASB: Meg Moore x 4115
 Finance: Janet Lavercombe x 2208
 Cheer: Christy Maynard x 4312
 Band: Don Kuhli x 4505

ADMINISTRATION

Prin: Karl Mueller x 2096
 kmueller@coronado.k12.ca.us
 Prin Sec: Maribel Kastlunger x 2096
 mkastlunger@coronado.k12.ca.us
 AP: Jennifer Moore x 2098
 AD: Robin Nixon x 2802
 rnixon@coronado.k12.ca.us
 AD Sec: C.J. Lindemann
 Ath Trainer: Connie Martinez
 cmartinez@coronado.k12.ca.us
 ASB: Tim Oster
 Finance: C.J. Lindemann
 Cheer: Nicole Belong x 2802
 Band: N/A

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Mike Mitchell
 B. BB: Kelvin Starr
 G. BB: Skip Gerlek
 B. XC: Mark Crafton
 G. XC: Danny Sanchez
 Field Hockey: DNF
 Football: Matt Oliver
 B. Golf: David Brewer
 G. Golf: David Brewer
 Gymnastics: Terry Miller
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Jeff Vigil
 G. Soccer: Amanda Rowand
 Softball: George Gentry
 B. Swim: David Limbaugh
 G. Swim: April Tipton
 B. Tennis: J.R. Walkenhorst
 G. Tennis: Mike Folsom
 B. Track: Renee Ross
 G. Track: Renee Ross
 B. VB: Chad Hughes
 G. VB: Chad Hughes
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Mike Stone

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: TBA
 B. BB: Nate Turner
 G. BB: Scott Iverson
 B. XC: TBA
 G. XC: TBA
 Field Hockey: DNF
 FB - 8-Man: Jake Simpson
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: DNF
 G. Soccer: DNF
 Softball: TBA
 B. Swim: Tom Brecht
 G. Swim: Tom Brecht
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: TBA
 G. Track: TBA
 B. VB: DNF
 G. VB: LeAnn Dalton
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Jim Westlund
 B. BB: Garrard Galvan
 G. BB: John DeJesus
 B. XC: Art Johnson
 G. XC: Art Johnson
 Field Hockey: Ben Villanueva
 Football: Judd Rachow
 B. Golf: Patrick Mallory
 G. Golf: TBA
 Gymnastics: DNF
 B. Lacrosse: Doug Murphy
 G. Lacrosse: Carolina Soto
 Roller Hockey: Pam Wiser

B. Soccer: Ruben Oliveira
 G. Soccer: Carolina Soto
 Softball: Jackson Wyatt
 B. Swim: TBA
 G. Swim: TBA
 B. Tennis: TBA
 G. Tennis: Bruce Ellerd
 B. Track: Art Johnson
 G. Track: Felisha Mariscal
 B. VB: Roger Casas
 G. VB: Roger Casas
 B. Water Polo: Phillip Disney
 G. Water Polo: TBA
 Wrestling: Daryl Butterfield

VARSIITY HEAD COACHES

Badminton: TBA
 Baseball: Rob DePerro
 B. BB: Brian Keiser
 G. BB: Dennis Perry
 B. XC: Sean Stevenson
 G. XC: Sean Stevenson
 Field Hockey: Judy Shaffer
 Football: Rian Floco
 B. Golf: Jon Beahbiem
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: John Beaubien
 G. Soccer: Eric Kangas
 Softball: John Coelho
 B. Swim: TBA
 G. Swim: Judy Shaffer
 B. Tennis: Gary Jimenez
 G. Tennis: Gary Jimenez
 B. Track: Sean Stevenson
 G. Track: Sean Stevenson
 B. VB: James Russell
 G. VB: Gerry Knuppel
 B. Water Polo: Dan Knight
 G. Water Polo: Marianne Watson
 Wrestling: Gerard Knuppel

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Sam Ceci
 B. BB: J.D. Laaperi
 G. BB: Toler Goodwin
 B. XC: George Green
 G. XC: George Green
 Field Hockey: DNF
 Football: Bud Mayfield
 B. Golf: Randy Coutts
 G. Golf: Hannah Cohen
 Gymnastics: DNF
 B. Lacrosse: Alex Cade
 G. Lacrosse: Jessica Battle
 Roller Hockey: DNF

B. Soccer: Brian Hiatt-Aleu
 G. Soccer: Kiko Medina
 Softball: Tony Isabella
 B. Swim: Randy Burgess
 G. Swim: David Throop
 B. Tennis: Jim Mashburn
 G. Tennis: Robert LeBuhn
 B. Track: George Green
 G. Track: George Green
 B. VB: TBA
 G. VB: Leilani Au Hoon
 B. Water Polo: Randy Burgess
 G. Water Polo: David Throop
 Wrestling: DNF

CRAWFORD EDUCATIONAL COMPLEX

web: www.sandi.net/crawford
 4191 Colts Way
 San Diego, CA 92115
 Ph: 619-583-2500
 Fax: 619-583-9207
 Central/Central
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1488
 Colts
 Red/White/Blue

Direction: I-8 to Fairmont Ave S - L at El Cajon Blvd - R at 54th St - L at Trojan Ave. R on Sharon Place to Colts Way

DEL NORTE (9th & 10th Grade Only)

web:
 16601 Nighthawk Lane
 San Diego, CA 92127
 Ph: 858-487-0877
 Fax: 858-487-2443
 North County/TBA
 Poway U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 600
 Mascot: Nighthawks
 Colors:

Direction:

EASTLAKE

web: www.suhsd.k12.ca.us/elh
 1120 Eastlake Parkway
 Chula Vista, CA 91915
 Ph: 619-397-3800
 Fax: 619-656-9736
 Metro Conference/Mesa
 Sweetwater U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2563
 Titans
 Silver/Royal Blue/Kelly Green

Direction: I-805 to L St/Telegraph Canyon Rd E - R at Eastlake Parkway.

EL CAJON VALLEY

web: www.braves@guhsd.net
 1035 East Madison Avenue
 El Cajon, CA 92021
 Ph: 619-401-4700
 Fax: 619-447-3943
 Grossmont Conference/Valley
 Grossmont U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2227
 Braves
 Blue/Red

Direction: I-8 to Mollison South - L at Madison Ave (1/2 blk on right).

EL CAMINO

web: http://echs.oxide.k12.ca.us
 400 Rancho Del Oro Drive
 Oceanside, CA 92057
 Ph: 760-757-8550
 Fax: 760-757-5321
 AD Fax: 760-433-4954
 North County Conference/Palomar
 Oceanside U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 3156
 Wildcats
 Brown/Gold

Direction: I-5 to 76 Expressway - turn east on 76; south on Rancho Del Oro.

EL CAPITAN

web: www.elcapitan@guhsd.net
 10410 Ashwood Street
 Lakeside, CA 92040
 Ph: 619-938-9100
 Fax: 619-390-8503
 Grossmont Conference/Valley
 Grossmont U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1864
 Vaquero
 Black/Gold

Direction: I-8 to 67 N - R at Mapleview - L at Ashwood.

ADMINISTRATION

Prin: William Laine x2460
 wlaine@sandi.net
 Prin Sec: Clara Brown x 2550
 cbrown@sandi.net
 AP: TBA
 AD: Jon Robell
 jrobell@sandi.net
 AD Sec: Lupe Vallin 583-2500
 ASB: Lou Coons-Champs x 4405
 Finance: Anna Asaro-Baker x 1012
 Cheer: Karen Rogoff x 4020
 Band: N/A

ADMINISTRATION

Prin: Greg Mizel
 gmizel@powayusd.com
 Prin Sec:
 AP: TBA
 AD: Mike Giaime x6320
 mgiaime@powayusd.com
 AD Sec:
 ASB:
 Finance:
 Cheer:
 Band: N/A

ADMINISTRATION

Prin: Dr. Mary Lawlor
 mary.lawlor@suhsd.k12.ca.us
 AP: Bob Hughes 397-3852
 robert.hughes@suhsd.k12.ca.us
 AD: Alex Estrada 397-3877
 alex.estrada@suhsd.k12.ca.us
 AD Sec: Sandy Anglin
 ASB: Robert Barrett
 Finance: Sandy Anglin
 Cheer: Robert Blas & Ana Rogers 397-3882
 Band: Charles Wolf

ADMINISTRATION

Prin: Paul Dautremont x 14711
 pdautrem@guhsd.net
 Prin Sec: Lori Clark x 14712
 lorick@guhsd.net
 AP: Steve Gotowala
 sgotowala@guhsd.net
 AD: Randy Robinson x 14867
 rrobinson@guhsd.net
 AD Sec: Jonni Kertson x 14725
 jkertson@guhsd.net
 ASB: Doug Roselli
 Finance: Linda Freize x14747
 Cheer: Ilona Parker
 Band: Corey Blaker x14895

ADMINISTRATION

Prin: Dan Daris x 2430
 Dan.Daris@oxide.k12.ca.us
 Prin Sec: Vicki Barnett x2431
 AP: Bob Nelson
 Robert.Nelson@oxide.k12.ca.us
 AD: Sean Helgesen
 sean.helgesen@oxide.k12.ca.us
 AD Sec: None
 Ath Trainer: Kristi Starr
 kristy.starr@oxide.k12.ca.us
 ASB: Jeffrey Jarrard x 2423
 Finance: Susan Atkinsx2446/2423
 Cheer: Cheryl Robinson
 Band: Mark Lowery x 2462

ADMINISTRATION

Prin: Sue Emerson
 smerson@guhsd.net
 Prin Sec: Marissa Vidger 938-9112
 mvidger@guhsd.net
 AP: Paul Hedberg 938-9122
 phedberg@guhsd.net
 AD: Steve Vickery 938-9190
 svickery@guhsd.net
 AD Sec: Suzette Hyde 938-9125
 shyde@guhsd.net
 ASB: Sandy Martinez 938-9187
 Finance: Annie Barnes 938-9137
 Cheer: Lindsay Gampel 938-9219
 Band: Roger Brown 938-9273

VARSITY HEAD COACHES

Badminton: Thong Yang
 Baseball: Chris Nickeson
 B. BB: Dave Taylor
 G. BB: Dwight McDonald
 B. XC: Baylon Katambwe
 G. XC: Cesar Ramirez
 Field Hockey: DNF
 Football: Mike Ward
 B. Golf: Stuart Gordon
 G. Golf: Stuart Gordon
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: TBA
 G. Soccer: Hugo Ramirez
 Softball: Jack Corasco
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: Jane Medrano
 G. Tennis: Dave Taylor
 B. Track: Omar Daniels
 G. Track: Omar Daniels
 B. VB: Dave Taylor
 G. VB: Nicole Ervin
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Juan Ramirez

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: TBA
 B. BB: TBA
 G. BB: TBA
 B. XC: Jake McNeely
 G. XC: Jake McNeely
 Field Hockey: Meghan McMurtr
 Football: DNF
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: DNF
 G. Soccer: DNF
 Softball: TBA
 B. Swim: TBA
 G. Swim: TBA
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: TBA
 G. Track: TBA
 B. VB: DNF
 G. VB: Jeff Sutherland
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: TBA

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: David Gallegos
 B. BB: Alex Estrada
 G. BB: David Koopman
 B. XC: Joe Stubbs
 G. XC: Joe Stubbs
 Field Hockey: Robert Blas
 Football: John McFadden
 B. Golf: Bob Barrett
 G. Golf: Bob Barrett
 Gymnastics: Cody Moses
 B. Lacrosse: Nestor Rosas
 G. Lacrosse: DNF
 Roller Hockey: Rone Torres
 B. Soccer: Martin Casas
 G. Soccer: Scott Burress
 Softball: Hugo Valdivia
 B. Swim: Bryon Monzon
 G. Swim: Bryon Monzon
 B. Tennis: Antonio Ramos
 G. Tennis: Antonio Ramos
 B. Track: Rone Torres
 G. Track: Francine Koopman
 B. VB: Erwin Macalaguim
 G. VB: Erwin Macalaguim
 B. Water Polo: Chris Barrick
 G. Water Polo: Victor Leon
 Wrestling: Dean Tropp

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Mike Rupp
 B. BB: Marty Ellis
 G. BB: Carlos Moss
 B. XC: Glen Recasner
 G. XC: Glen Recasner
 Field Hockey: Krystal Montalvo
 Football: Danny Goodrich
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: Jennifer Edgil
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: William Mosqueda
 G. Soccer: Bruce Eldred
 Softball: Mike McIaen
 B. Swim: Kevin Eslinger
 G. Swim: Kevin Eslinger
 B. Tennis: Brent Ford
 G. Tennis: Brent Ford
 B. Track: Glen Racasner
 G. Track: Glen Racasner
 B. VB: Deborah Samson
 G. VB: Deborah Samson
 B. Water Polo: Keith Mulligan
 G. Water Polo: Keith Mulligan
 Wrestling: TBA

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Joe Gonzales
 B. BB: Jeffrey Jarrard
 G. BB: James Greer
 B. XC: Matt Large
 G. XC: Lita Espisito
 Field Hockey: DNF
 Football: Pulu Pumele
 B. Golf: Clayton Huggins
 G. Golf: Anthony Wasano
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Nicholas Chambers
 G. Soccer: Jason Wos
 Softball: Ron Mizushima
 B. Swim: Scott Wagner
 G. Swim: John Carter
 B. Tennis: Eric Mateljan
 G. Tennis: Eric Mateljan
 B. Track: Sean Helgesen
 G. Track: Billy Iles
 B. VB: Alex Pukahi
 G. VB: Mani Santos
 B. Water Polo: Santiago Thompson
 G. Water Polo: Santiago Thompson
 Wrestling: Herb Cruz

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Steve Vickery
 B. BB: Jason Cavazos
 G. BB: Frank Quinones
 B. XC: Anthony Garcia
 G. XC: Anthony Garcia
 Field Hockey: Sandy Martinez
 Football: Ron Burner
 B. Golf: Kent Holly
 G. Golf: Kent Holly
 Gym: Samantha Wilkerson
 B. Lacrosse: Dale Stowell
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Jared Lynch
 G. Soccer: Matt Robertson
 Softball: Joe C. Cota
 B. Swim: Wesley Tart
 G. Swim: Wesley Tart
 B. Tennis: Doug Goodall
 G. Tennis: Doug Goodall
 B. Track: Jeff Hines
 G. Track: Tyler Ludwig
 B. VB: Stacy Lutack
 G. VB: Stacy Lutack
 B. Water Polo: Robin Sanchez
 G. Water Polo: Robin Sanchez
 Wrestling: Jeff Hines

ESCONDIDO

web: www.ehscougars.com
 1535 North Broadway
 Escondido, CA 92026
 Ph: 760-291-4000
 Fax: 760-291-4085
 North County Conference/Avocado
 Escondido U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2802
 Cougars
 Orange/Black

Direction: I-15 to Hwy 78 E - L at
 North Broadway - 1 mile on left.

ESCONDIDO ADVENTIST ACADEMY

web: www.eaaschool.org
 1301 Deodar Road
 Escondido, CA 92026
 Ph: 760-746-1800
 Fax: 760-743-3499
 Southern Conference/Citrus West
 Private School
 Coed/Four Years
 Enrollment (9-12) = 88
 Hawks
 Red/White

Direction: I-15 - exit El Norte and go east -
 right on Seven Oaks, right on Rock Springs,
 right on Deodar Road.

ESCONDIDO CHARTER

web: www.echs.org
 1868 East Valley Parkway
 Escondido, CA 92027
 Ph: 760-737-3154
 Fax: 760-738-8996
 Coastal Conference/Frontier
 Escondido U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 845
 White Tigers
 Maroon/White/Black

Direction: I-15 No to Via Rancho Pkwy -
 R on Bear Valley Pkwy - L at fork -
 Midway to E Valley Pkwy - L to school.

FALLBROOK

web: www.fallbrookhs.org
 2400 South Stagecoach Lane
 Fallbrook, CA 92028
 Ph: 760-723-6300
 Fax: 760-723-6439

North County Conference/Avocado
 Fallbrook U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2934
 Warriors
 Red/White

Direction: I-15 N to Hwy 76 W to
 Mission Rd N to R at Stagecoach Lane.

FOOTHILLS CHRISTIAN

web: www.foothillschristianschool.com
 2321 Dryden Road
 El Cajon, CA 92020
 Ph: 619-303-8035
 Fax: 619-741-2648
 Southern Conference
 Private School
 Coed/Four Years
 Enrollment (9-12) = 211
 Knights
 Purple/Silver

Directions: All sports are conducted
 offsites

ADMINISTRATION

Prin: Rich Watkins 291-4001
 rwatkins@euhsd.k12.ca.us
 Prin Sec: Denice McClain 291-4001
 AP: Ken Walker 291-4025
 kwalker@euhsd.k12.ca.us
 AD: Steve Bridges 291-4030
 sbridges@euhsd.k12.ca.us
 AD Sec: Becky O'Connor 291-4030
 Train: Jason Foote jfoote@euhsd.k12.ca.us
 ASB: Heather Weiner x 4034
 Finance: Penny Dorschel 291-4015
 pdorschel@euhsd.k12.ca.us
 Cheer: Mandy Sparapani/Bonnie DeThomas
 Band: Mike Torres x 4066

ADMINISTRATION

Prin: Kris Fuentes x 225
 principal@eaaschool.org
 AP: N/A
 AD: Doug Zimmerman x 224
 ad@eaaschool.org
 AD Sec: N/A
 ASB: Cristy-Anna Martinez
 Finance: Corinne Robinson x 256
 Cheer: N/A
 Band: N/A

ADMINISTRATION

Execu. Dir: Dennis Snyder x 119
 dsnyder@echs.org
 Asst. Dir: Shawn Roner x 158
 sroner@echs.org
 AD: Greg Brose x 148
 gbrose@echs.org
 AD Sec: Corie Reese x 101
 creese@echs.org
 ASB: Jonathan Takagi x 127
 Finance: Sheila Randle x 150
 Cheer: Veronica Farran x 5104
 Band: N/A

ADMINISTRATION

Prin: Rod King x 3101
 rking@fuhsd.net
 Prin Sec: Gina McInerney x 3102
 AP: John Hayek x 3111
 jhayek@fuhsd.net
 AD: Patrick Walker x 3601
 pwalker@fuhsd.net
 AD Sec: Shar Larsen x 3610
 slarsen@fuhsd.net
 Ath Trainer: Lacy Troth
 ltroth@fuhsd.net
 ASB: Josh Way x 3501
 Finance: Norma Trujillo x 3502
 Cheer: Megan Estrada
 Band: Amy Thomas x 2301

ADMINISTRATION

Prin: Tom Edelen
 tom.edelen@foothillschristianschool.com
 Prin Sec: Paula Naffziger
 paula.naffziger@foothillschristianschool.com
 AP: None
 AD: Wayne Clark 889-7628
 wayne.clark@foothillschristianschool.com
 AD Sec: Robin Bridgeforth
 robin.bridgeforth@foothillschristianschool.com
 ASB: Julie Alquist
 Finance: Paula Naffziger
 Cheer: Nancy Foley
 Band: DNF

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Steve Afenir
 B. BB: Paul Baldwin x4933
 G. BB: Chris Williams
 B. XC: Jerid Meek x4324
 G. XC: Jerid Meek x4324
 Field Hockey: Kelly Ladendorf
 Football: Paul Gomes x4033
 B. Golf: Steve Bridges x4030
 G. Golf: Tom Winter x4205
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Carlos Hernandez
 G. Soccer: Hector Hernandez
 Softball: Cary Weiler
 B. Swim: Gary Sadnick x4063
 G. Swim: Gary Sadnick x4063
 B. Tennis: Rigo Cisneros
 G. Tennis: Rigo Cisneros
 B. Track: Randy Boozer x4939
 G. Track: Randy Boozer x4939
 B. VB: Jo Milo
 G. VB: Lori Becker x4031
 B. Water Polo: Gary Sadnick x4063
 G. Water Polo: Gary Sadnick x4063
 Wrestling: Joe Gelormini x4420

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: Bill Davis
 G. BB: Michael DeFreece
 B. XC: DNF
 G. XC: DNF
 Field Hockey: DNF
 Football: DNF
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: DNF
 G. Soccer: DNF
 Softball: Flavio Velez
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. VB: Dan Nicola
 G. VB: Doug Zimmerman
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Myron Stockton
 B. BB: Gerard Tanksley
 G. BB: Chris Keyser/ Jay Luce
 B. XC: Katie Panek/Holly Marjar
 G. XC: Katie Panek/Holly Marjar
 Field Hockey: DNF
 Football: Greg Brose
 B. Golf: Mark Umphreyville
 G. Golf: Mark Umphreyville
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Levi Santiago/Ron Page
 G. Soccer: Jorge Torres/Ron Page
 Softball: Jeff Boyer
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: Emily Wisden
 G. Track: Emily Wisden
 B. VB: DNF
 G. VB: Joe Milo
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Danny Harris/John Burnes

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Jesse Schuveiller
 B. BB: Jeff Brandow
 G. BB: Roger Moses
 B. XC: Marco Arias
 G. XC: Troy Hamlin
 Field Hockey: Kathy Waite
 Football: Jay Silvey
 B. Golf: Steve Jorde
 G. Golf: Neil Medlock
 Gymnastics: Heather Hawthorne
 B. Lacrosse: Al Schoffstall
 G. Lacrosse: Tadrana Lopez
 Roller Hockey: DNF
 B. Soccer: Omar Benjoud
 G. Soccer: Omar Benjoud
 Softball: Shannon Koran
 B. Swim: Bill Richardson
 G. Swim: Sean Redmond
 B. Tennis: Bill Lenaway
 G. Tennis: Dave Ramirez
 B. Track: Marco Arias
 G. Track: Troy Hamlin
 B. VB: Ryan Morgan
 G. VB: Peter Peng
 B. Water Polo: Bob Lamont
 G. Water Polo: Bob Lamont
 Wrestling: Greg Wagaman

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Steve Perdue
 B. BB: Brad Leaf
 G. BB: Rachel Edelen
 B. XC: Mike Edwards
 G. XC: Mike Edwards
 Field Hockey: DNF
 Football: Steve Perdue
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: Bill Nigh
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Tim Wourms
 G. Soccer: Kirk Drummond
 Softball: Keith Hicks
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: Thomas Snooks
 G. Track: Thomas Snooks
 B. VB: DNF
 G. VB: Dan Santos
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

FRANCIS PARKER

web: www.francisparker.org
 6501 Linda Vista Road
 San Diego, CA 92111
 Ph: 858-569-7900
 Fax: 858-569-0942
 AD Fax: 858-569-0942
 Coastal Conference/South
 Private School
 Coed/Four Years
 Enrollment (9-12) = 498
 Lancers
 Brown/Gold/White
 Dir: I-8 to Morena Blvd N - R @ Linda
 Vista Rd or I-805 to 163 S to Friars Rd W.
 R on Via Las Cumbres-R Linda Vista Rd.

GOMPERS PREPARATORY ACADEMY

web: www.gomperscharter.org
 1005 47th Street
 San Diego, CA 92102
 Ph: 619-263-2171
 Fax: 619-264-4342
 Frontier League
 San Diego U.S.D.
 Enrollment = 270
 Eagles
 Blue/Green

Directions: TBA

GRANITE HILLS

web: www.guhsd.net/granitehills/ghhs/
 1719 East Madison Avenue
 El Cajon, CA 92019
 Ph: 619-593-5500
 Fax: 619-588-9389
 Grossmont Conference/Hills
 Grossmont U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2727
 Eagles/Ernie
 Columbia Blue/Navy Blue

Direction: I-8 to 2nd St South (in El
 Cajon) - L on Madison Ave.

GROSSMONT

web: www.guhsd.net/grossmont
 1100 Murray Drive, El Cajon 92020
 Mail: P.O. Box 1043, La Mesa 91944-1043
 Ph: 619-668-6000
 Fax: 619-463-7108
 Grossmont Conference/Hills
 Grossmont U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2454
 Foothiller
 Royal Blue/Gold

Direction: I-8 to Severin North in La Mesa
 Go north; right on Murray Drive.

GUAJOME PARK ACADEMY

web: www.guajome.net
 2000 North Santa Fe Avenue
 Vista, CA 92083
 Ph: 760-631-8500
 Fax: 760-631-8503
 Southern Conference/Citrus West
 Vista U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 843
 Frogs
 Teal/Black

Direction: Hwy 78 east or west to north
 on Vista Village. Left on N Santa Fe.
 1/4 mile from Vista HS.

ADMINISTRATION

Prin: Patrick Mitchell x 4120
 pmitchell@francisparker.org
 Prin Sec: Diane Bergel x 4117
 AP: Marc Thiebach x 4140
 AD: Dan Kuiper x 4147
 dkuiper@francisparker.org
 AD Sec: Jean Rose x 4124
 jrose@francisparker.org
 Athletic Trainer: Jarrad Phillips
 jphillips@francisparker.org
 ASB: Marc Thiebach x 4140
 Finance: Jean Rose x 4124
 Cheer: Jan Rogers x 4107
 Band: Michael Gonzales x 4150

ADMINISTRATION

Prin: Vince Riveroll
 vriveroll@gomperscharter.org
 Prin Sec: Paz Ramirez-Garcia
 pramirez@gomperscharter.org
 AP: N/A
 AD: True Groff 405-3638
 tgroff@gomperscharter.org
 AD Sec: N/A
 ASB:
 Finance:
 Cheer:
 Band:

ADMINISTRATION

Prin: Georgette Torres 593-5511
 gtorres@guhsd.net
 B-AP: Mike Fowler 593-5520
 mfowler@guhsd.net
 G-AP: Dave Watkins 593-5522
 dwatkins@guhsd.net
 AD: James Davis
 jdavis@guhsd.net
 AD Sec: Cherrie Launder 593-5524
 clauder@guhsd.net
 ASB: Bob Wakefield 593-5586
 Finance: Jill Harrison 593-5537
 Cheer: Rachel Valenzuela 593-3673
 Band: Sean McMeeken 593-5629

ADMINISTRATION

Prin: Theresa Kemper 688-6012
 tkemper@guhsd.net
 AP: Jeff Meredith 688-6021
 jmeredith@guhsd.net
 AD: Frank Foggiano 688-6144
 ffoggiano@guhsd.net
 AD Sec: Cindy Proctor 688-6024
 cproctor@guhsd.net
 ASB: Jeremy Hersch
 Fin: Roxanne Waastad 668-6037
 rwaastad@guhsd.net
 Cheer: Elizabeth Chmiel 688-6129
 Band: Mitchell Way 668-6181

ADMINISTRATION

Prin: Bob Hampton x1010
 hamptonb@guajome.net
 Prin Sec: Dawn Voss x 1222
 vossda@guajome.net
 AP: Dr. Ben Paull x1055
 paullbe@guajome.net
 AD : Chris Findell x 1222
 findellch@guajome.net
 AD Sec: Dawn Voss (see above)
 ASB: Craig Costello
 Finance: Cathy Murphy x1208
 murphyca@guajome.net
 Cheer: N/A
 Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: David Glassey
 B. BB: Jim Tomey
 G. BB: Dale Parker
 B. XC: Matt Schellenberg
 G. XC: Matt Schellenberg
 Field Hockey: DNF
 Football: John Morrison
 B. Golf: Pat Diaz
 G. Golf: Stacey Zoyiopoulos
 Gymnastics: DNF
 B. Lacrosse: David Herman
 G. Lacrosse: Andrea Ervay
 Roller Hockey: DNF
 B. Soccer: Seth Tunick
 G. Soccer: Marc Thiebach
 Softball: Jim Tomey
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: Tom O'Brien
 G. Tennis: Eric Mann
 B. Track: Matt Schellenberg
 G. Track: Matt Schellenberg
 B. VB: John Herman
 G. VB: Eric Sato
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Jason Lewis
 B. BB: Jason Lewis
 G. BB: Kevin Beeman
 B. XC: Kevin Beeman
 G. XC: Kevin Beeman
 Field Hockey: DNF
 Football: TBA
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Carlos Acosta
 G. Soccer: Mathew Myasthira
 Softball: TBA
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: TBA
 G. Tennis: TBA
 B. Track: Tom Haakma
 G. Track: Tom Haakma
 B. VB: TBA
 G. VB: Cris Halling
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: James Davis
 B. BB: Randy Anderson
 G. BB: Jerry Parker
 B. XC: Dave Yarbrough
 G. XC: Dave Yarbrough
 Field Hockey: Amber Studer
 Football: Randy Dewitt
 B. Golf: TBA
 G. Golf: Erik Dann
 Gymnastics: Jennipher Edgil
 B. Lacrosse: Jeff McDade
 G. Lacrosse: Juliette Evans
 Roller Hockey: DNF
 B. Soccer: Jason Heath
 G. Soccer: Elio Bello
 Softball: Erin Coyne
 B. Swim: Rhett Gaeir
 G. Swim: Cathy Elgas
 B. Tennis: TBA
 G. Tennis: Patty Tibbits
 B. Track: Erik Dann
 G. Track: Dave Yarbrough
 B. VB: Tim Stepp
 G. VB: Dan Santos
 B. Water Polo: Rhett Gaeir
 G. Water Polo: Danny Root
 Wrest: Bart Hartley/Jeremiah Larson

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: James Earley
 B. BB: Frank Foggiano
 G. BB: Megan Long
 B. XC: Bill Stellin
 G. XC: Ross Bartell
 Field Hockey: DNF
 Football: Ron Murphy
 B. Golf: Pat Giovengo
 G. Golf: John Neill
 Gymnastics: Christina Alley
 B. Lacrosse: J.J. Miramontes
 G. Lacrosse: John Neill
 Roller Hockey: DNF
 B. Soccer: Gabe Fleming
 G. Soccer: John Neill
 Softball: Jerry Lerud
 B. Swim: Doug Selby
 G. Swim: Doug Selby
 B. Tennis: Nathan Welden
 G. Tennis: Hillary Park
 B. Track: Hane Petrman
 G. Track: Gabby Cartwright
 B. VB: Sara Whitehouse
 G. VB: Armando Fry
 B. Water Polo: Clint McLaughlin
 G. Water Polo: Kirsten Frazer
 Wrestling: Todd Bell

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Mike Soda
 B. BB: Luis Llamas
 G. BB: Robin Anderson
 B. XC: Pat Duffy
 G. XC: Pat Duffy
 Field Hockey: DNF
 Football: DNF
 B. Golf: Luis Llamas
 G. Golf: Luis Llamas
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Brian Beld
 G. Soccer: Lorrie St. Amant
 Softball: Sheryl Yeager
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: Pat Duffy
 G. Track: Pat Duffy
 B. VB: DNF
 G. VB: Luis Llamas
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Chris Findell

HEALTH SCIENCES HIGH SCHOOL & MIDDLE COLLEGE

web: TBA
 3910 University Avenue, Suite 100
 San Diego, CA 92105
 Ph: 858-278-8566
 Fax: 858-278-4013
 Frontier League
 San Diego USC
 Coed/Four Years
 Enrollment (9-12) = 443
 Mascot/School Colors = TBA

Direction: TBA

ADMINISTRATION

Prin: Dr. Emily Schnell x 222
 eschell@hshmc.org
 Prin Sec: TBA
 AP: TBA
 email = TBA
 AD : Mike Wegenka x 223
 mwegenka@hshmc.org
 AD Sec: TBA
 ASB: TBA
 Finance: TBA
 Cheer: TBA
 Band: TBA

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: TBA
 G. BB: TBA
 B. XC: TBA
 G. XC: TBA
 Field Hockey: DNF
 Football: DNF
 B. Golf: TBA
 G. Golf: TBA
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: TBA
 G. Soccer: TBA
 Softball: DNF
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: TBA
 G. Tennis: TBA
 B. Track: DNF
 G. Track: DNF
 B. VB: TBA
 G. VB: TBA
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

HELIX CHARTER

web: www.helixcharter.net
 7323 University Avenue
 La Mesa, CA 91941
 Ph: 619-644-1940
 Fax: 619-462-9266
 Grossmont Conference/Hills
 Grossmont U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2248
 Highlanders/Scottie Dog
 Green/Gray/Black

Direction: I-8 to 70th St. South - L at University Ave - R at Lowell.

ADMINISTRATION

Prin: Doug Smith x 112
 dsmith@helixcharter.net
 AP: Josh Stepler
 jstepne@helixcharter.net
 AD: Damon Chase x 524
 dchase@helixcharter.net
 AD Sec: N/A
 Athletic Trainer: Kathryn Shustek
 kshuste@helixcharter.net
 ASB: Jeff Wenham x 243
 Finance: Angel Siscoon x 455
 Cheer: Beth Leighton x 390
 Band: Kathleen Hansen

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Cole Holland
 B. BB: John Singer
 G. BB: Trina Hanson
 B. XC: Bob Baird
 G. XC: Bob Baird
 Field Hockey: Cheryl Tyler
 Football: Troy Starr
 B. Golf: Frank Theroux
 G. Golf: Frank Theroux
 Gymnastics: DNF
 B. Lacrosse: Chris Ticconi
 G. Lacrosse: Audrey Wallace
 Roller Hockey: DNF
 B. Soccer: Jeff Kepper
 G. Soccer: Leslie Gray
 Softball: Kellie Bryan
 B. Swim: Joel Hull
 G. Swim: Lenelle Wylie
 B. Tennis: Jay Diaz
 G. Tennis: Jay Diaz
 B. Track: Sara Allsup
 G. Track: Dave Mattas
 G. VB: Linda Brown
 B. Water Polo: Joe Hull
 G. Water Polo: Lenelle Wylie
 Wrestling: Kenneth Jenkins

HIGH TECH HIGH (CHULA VISTA)

web: www.hightechhigh.org
 1945 Discovery Falls Drive
 Chula Vista, CA 91915
 Ph: 619-591-2500
 Fax: 619-591-2503
 Charter School
 Frontier League
 Coed/Four Years
 Enrollment (9-12) = 294
 Bruins
 Blue/Gold

Direction: TBA

ADMINISTRATION

Prin: Colleen Green
 cgreen@hightechhigh.org
 Dean: Ray Trinidad 591-2506
 rtinidad@hightechhigh.org
 AD: Cory Tatz 398-8653
 ctatz@hightechhigh.org
 AD Sec: N/A
 ASB: N/A
 Finance: N/A
 Cheer: N/A
 Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Alan Botterman
 B. BB: Chris Shilling
 G. BB: TBA
 B. XC: Danny Huante
 G. XC: Danny Huante
 Field Hockey: DNF
 Football: DNF
 B. Golf: TBA
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Rafael Palacios
 G. Soccer: Hugo Martinez
 Softball: TBA
 B. Swim: TBA
 G. Swim: TBA
 B. Tennis: DNF
 G. Tennis: TBA
 B. Track: Jubilee Olivas
 G. Track: Jubilee Olivas
 B. VB: TBA
 G. VB: Maricela Mendez
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

HIGH TECH HIGH (SAN DIEGO)

web: www.hightechhigh.org
 2861 Womble Road
 San Diego, CA 92106-6025
 Ph: 619-243-5000
 Fax: 619-243-5050
 Charter School
 Frontier League
 Coed/Four Years
 Enrollment (9-12) = 1350
 Storm - Carolina Blue/Gold

Direction: I-8 or I-5 to Rosecrans - past Lytton to light at Gate 3 of NTC/Liberty Stateon development-follow signs to HTH.

ADMINISTRATION

Prin: Brett Peterson
 bpeterson@hightechhigh.org
 AP: N/A
 AD: Cory Tatz 619-518-5045
 ctatz@hightechhigh.org
 AD Sec: N/A
 ASB: TBA
 Finance: N/A
 Cheer: Shalee Davis 243-5017
 Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Cory Tatz
 B. BB: Carlos Hill
 G. BB: Rachel Ching
 B. XC: Mike Strong
 G. XC: Sarah Strong
 Field Hockey: DNF
 Football: DNF
 B. Golf: TBA
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Adan Sanchez
 G. Soccer: Harold Levene
 Softball: Akiyo Oka
 B. Swim: Chris Olivas
 G. Swim: Erika Dadsetan
 B. Tennis: TBA
 G. Tennis: Mike Nguyen
 B. Track: TBA
 G. Track: TBA
 B. VB: DNF
 G. VB: Law Ortiuguerra
 B. Water Polo: Marc Favila
 G. Water Polo: DNF
 Wrestling: DNF

HILLTOP

web: www.hilltoplancers.org
 555 Claire Avenue
 Chula Vista, CA 91910
 Ph: 619-476-4200
 Fax: 619-425-3284
 Metro Conference/Mesa
 Sweetwater U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2533
 Lancers
 Green/White/Black

Direction: I-805 to H St West or I-5 to H St East - S on Hilltop Dr - L at Whitney.

ADMINISTRATION

Prin: Ernie Zamudio
 ernesto.zamudio@suhsd.k12.ca.us
 Prin Sec: Kathy Wilkerson
 AP: Dan Kracha 476-4252
 daniel.kracha@suhsd.k12.ca.us
 AD: Nancy Acerrio 476-4290
 fax: 476-4390
 nancy.acerrio@suhsd.k12.ca.us
 AD Sec: N/A
 ASB: Dan Kracha
 Finance: Bernadette Judal 476-4251
 bernadette.judal@suhsd.k12.ca.us
 Cheer: Maria Ruggari
 Band: Jeff Jenkins

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Kurt Gritts
 B. BB: Chuck Vallero
 G. BB: Ray Jindra
 B. XC: Mark Hedderson
 G. XC: Mark Hedderson
 Field Hockey: Lynn Garcia
 Football: Mark Flint
 B. Golf: Chuck Vallero
 G. Golf: Kurt Gritts
 Gymnastics: TBA
 B. Lacrosse: Pete Bishop
 G. Lacrosse: TBA
 Roller Hockey: Dan Vacarro
 B. Soccer: John Salts
 G. Soccer: Rene Ortiz
 Softball: Nancy Acerrio
 B. Swim: John Salts
 G. Swim: John Salts
 B. Tennis: Chris Gentry
 G. Tennis: Chris Gentry
 B. Track: Mark Hedderson
 G. Track: Mark Hedderson
 B. VB: John Gascon
 G. VB: Kristie Spalding
 B. Water Polo: John Salts
 G. Water Polo: TBA
 Wrestling: Thomas Juarez

HOLTVILLE

web: www.holtville.k12.ca.us
 755 Olive Avenue
 Holtville, CA 92250
 Ph: 760-356-2926
 Fax: 760-356-1206
 Southeastern Conference
 Holtville U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 557
 Vikings
 Kelly Green/Gold

Direction: I-8 East (120 miles) - N on Orchard Rd (becomes Cedar) - L on 7th School on R side.

HOOVER

web: www.hoovercardinals.org
 4474 El Cajon Blvd.
 San Diego, CA 92115
 Ph: 619-283-6281
 Fax: 619-280-5837
 City Conference/Central
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2094
 Cardinals
 Red/White/Black

Direction: I-15 North or South, Exit El Cajon Blvd. East

HORIZON CHRISTIAN ACADEMY

web: www.horizonsd.org
 5331 Mt. Alifan Drive
 San Diego, CA 92111
 Ph: 858-244-0333
 Fax: 858-654-3054
 Coastal Conference/South
 Private School
 Coed/Four Years
 Enrollment (9-12) = 316
 Panthers
 Navy Blue/White/Cardinal

Direction: I-805 North to Balboa - West on Balboa to Genesee - left on Genesee - Right at Mt. Alifan Drive.

IMPERIAL

web: N/A
 517 West Barioni Blvd.
 Imperial, CA 92251
 Ph: 760-355-3220
 Fax: 760-355-0869
 Southeastern Conference
 Imperial U.S.D.
 Coed/Four Years
 Enrollment (912) = 913
 Tigers
 Red/White

Direction: I-8 to Imperial Ave exit (also Hwy 86 in Imperial) - N to Barioni Blvd - L to school.

JULIAN

http://www.juhsd.org
 1656 Highway 78, Julian
 Mail: P.O. Box 417
 Julian, CA 92036
 Ph: 760-765-0606 x 100
 Fax: 760-765-2926
 Southern Conference
 Julian U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 177
 Eagles
 Maroon/White

Direction: I-8 to 67 N (becomes Hwy 78 in Ramona) R at Main St in Julian - L into school.

ADMINISTRATION

Prin: Jackie Hester
 jackie@holtville.k12.ca.us
 AP: Darrell Pechtl x 108
 AD: Steve Cato
 scato@holtville.k12.ca.us
 AD Sec: Chrys Diez x 100
 queenb@holtville.k12.ca.us
 ASB: Ed Queen x 100
 Finance: Chrys Diez x 100
 Cheer: Josie Silva
 Band: Donald Thissen

ADMINISTRATION

Charles Podhorsky x2104
 cpodhorsky@sandi.net
 Prin Sec: Deby Cowan x 2104
 dcowan@sandi.net
 AP: Andy Trakas x 2172
 AD: Ron Lardizabal x 2162
 rlardizabal@sandi.net
 AD Sec: Vince Guarnotta x 2162
 Ath. Trainer: Christina Saffran
 csaffran@sandi.net
 ASB: Dan Camacho x 2130
 Finance: Herman Acosta x 237
 Cheer: Melissa Hartly x 2257
 Band: Debbie Nevin x 2127

ADMINISTRATION

Prin: Chapin Marsh
 cmarsh@horizonsd.org
 Prin Sec: Sharon Predika x 1273
 AP: Chris Johnson x 1217
 cjohnson@horizonsd.org
 AD: Aaron McIntosh
 amcintosh@horizonsd.org
 AD Sec: Kathy Yarnall x 1302
 kyarnall@horizonsd.org
 Ath. Trainer: David Smith
 ASB: Jason Steffen x 1258
 Finance: Debbie Lawler x 1282
 Cheer: Danielle McIntosh
 Band: TBA

ADMINISTRATION

Prin: Lisa Tabarez x 2199
 lisat@ivnet.org
 Prin Sec: Martha Tabarez x 2195
 ihsoff@ivnet.org
 AP: Aimee Queen x8004
 B. AD: Victor Cruz x 2194
 vcruz@ivnet.org
 AD Sec: Noni Lopez x 2194
 ASB: David Nemteanu
 Finance: Noni Lopez x 8007
 Cheer: Pam Beal 554-5869
 Band: Brook Kofford x 3226

ADMINISTRATION

Prin: Cara Kern x129
 ckern@sdcoe.net
 Prin Sec: Sherry La Chusa x100
 slachusa@sdcoe.net
 AP: None
 AD: Tim White 760-765-0606 x 201
 twhite@sdcoe.net
 AD Sec: N/A
 ASB: Garnette Welch x 208
 Finance: Martha Masch x 108
 farmgirl@sdcoe.net
 Cheer: Robin Boland
 Band: Garnette Welch x208

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Mike Angulo
 B. BB: John Reschert
 G. BB: Veronica Estrada
 B. XC: Gerardo Lara
 G. XC: Gerardo Lara
 Field Hockey: DNF
 Football: Keith Smith
 B. Golf: John Reschert
 G. Golf: Bob Candland
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Juan Arroyo
 G. Soccer: Martha Chapman
 Softball: Kevin Kerns
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: Sandra Duran
 B. Track: Chad Vanacker
 G. Track: Chad Vanacker
 B. VB: DNF
 G. VB: Lindsay Cato
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: C.J. Johnston

VARSITY HEAD COACHES

Badminton: Vu Nguyen
 Baseball: Ron Lardizabal
 B. BB: Ollie Goulston
 G. BB: Archie Robinson
 B. XC: Mark Hoskisson
 G. XC: Mark Hoskisson
 Field Hockey: DNF
 Football: Mike Wright
 B. Golf: Terry Johnes
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Papo Santos
 G. Soccer: Melissa Golembeck
 Softball: Dion Moore
 B. Swim: Sinthya Carranza
 G. Swim: Sinthya Carranza
 B. Tennis: John Rivino
 G. Tennis: John Rivino
 B. Track: Jeff Bonine
 G. Track: Stewart Payne
 B. VB: Vince Guarnotta
 G. VB: Vince Guarnotta
 B. Water Polo: Sinthya Carranza
 G. Water Polo: DNF
 Wrestling: Mark Hoskisson

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Clarence Black
 B. BB: Tyrone Hopkins
 G. BB: Vickie Carrington
 B. XC: Lawrence Achacoso
 G. XC: Lawrence Achacoso
 Field Hockey: DNF
 Football: Chris Johnson
 B. Golf: Gene Reed
 G. Golf: Gene Reed
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Aaron Macintosh
 G. Soccer: Matt Chapman
 Softball: Tom Giamanco
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: TBA
 G. Track: TBA
 B. VB: DNF
 G. VB: TBA
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Richard Diaz
 B. BB: David Milan
 G. BB: Rich Ponchione
 B. XC: Chris Fowlkes
 G. XC: Chris Fowlkes
 Field Hockey: DNF
 Football: Steve Cato
 B. Golf: Chris Wardrup
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Felipe Ismero
 G. Soccer: TBA
 Softball: Andrea Horton
 B. Swim: Jennifer Townsel
 G. Swim: Jennifer Townsel
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: Wolfgang Horner
 G. Track: Wolfgang Horner
 B. VB: DNF
 G. VB: Jessica Conway
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Terso Lara

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Erik Pederson
 B. BB: Ryan Cross
 G. BB: Mark Aumann/Craig Peirson
 B. XC: Rich Wolf
 G. XC: Rich Wolf
 Field Hockey: DNF
 Football: Tim White
 B. Golf: TBA
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Joe Briesse
 G. Soccer: Javier Cordova
 Softball: Craig Peirson
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: TBA
 G. Track: TBA
 B. VB: DNF
 G. VB: Craig Peirson
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

KEARNY HIGH EDUCATIONAL COMPLEX

web: <http://kearnykomets.sandi.net>
 7651 Wellington Street
 San Diego, CA 92111
 Ph: 858-496-8370
 Fax: 858-627-7503
 City Conference/Eastern
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1927
 Komets
 Maroon/White

Direction: I-805 to Mesa College Dr W -
 L on Linda Vista Rd - park R or I-163 to
 Genesee W - R Linda Vista Rd - park L.
 los Coaches - R at 3rd traffic signal to sch.

KING-CHAVEZ COMMUNITY HIGH SCHOOL

web: www.kingchavez.net
 201 A Street
 San Diego, CA 92101
 Ph: 619-704-1020
 Fax: 619-704-1021
 Frontier League
 Charter School
 Coed/Four Years
 Enrollment (9-12) = 220 (9th only 2009-10)
 Vaqueros
 Forrest Green/Orange

Direction: TBA

KUYPER PREPARATORY SCHOOL

web: TBA
 2400 Euclid Avenue
 National City, CA 91950
 Ph: 619-267-5560
 Fax: 619-434-5692
 Frontier League
 Private School
 Coed/Four Years
 Enrollment (9-12) = 40
 Mascot: TBA
 Colors: TBA

Direction: TBA

LA COSTA CANYON

web: www.lcchs.com
 1 Maverick Way
 Carlsbad, CA 92009
 Ph: 760-436-6136
 Fax: 760-943-3539
 North County Conference/Avocado
 San Dieguito UHSD
 Coed/Four Years
 Enrollment (9-12) = 2541
 Mavericks
 Green/Vegas Gold/Navy
Direction: I-5 to La Costa Ave E - R on
 Rancho Santa Fe Rd - L on Camino de
 los Coaches - R at 3rd traffic signal to
 school.

LA JOLLA

web: lajollahigh.org
 750 Nautilus Street
 La Jolla, CA 92037
 Ph: 858-454-3081
 Fax: 858-459-2188
 City Conference/Western
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1641
 Vikings
 Scarlet/Black
Direction: I-5 N to La Jolla Pkwy (turns
 into Torrey Pines Rd) - L at Girard - R at
 Pearl - L at Fay - R at Nautilus. I-5 S to
 LJ Village Dr. west to Torrey Pines(same)

ADMINISTRATION

Prin: Cheryl Hibbeln X 2901
 chibbein@sandi.net
 AP: None
 AD: Patty Peisner
 ppeisner@sandi.net
 AD Sec: Debbie Suggs x 2940
 ASB: Mike Paredes x 4906
 Finance: Leonor Alatorre x 2027
 Cheer: Michael Harris
 Band: Carissa Mattison x 6149

ADMINISTRATION

Prin: Jeb Hubbs 704-1027
 jhubbs@kingchavez.net
 AP: TBA
 AD: Jason Gentile 417-6928
 jgentil@kingchavez.net
 AD Sec: TBA
 ASB: TBA
 Finance: TBA
 Cheer: TBA
 Band: TBA

ADMINISTRATION

Prin: Donald Hamer
 info@kuyperprep.org
 Prin Sec: TBA
 AP: TBA
 Email: TBA
 AD: Jerry Webb 760-420-0789
 jerrydwebb@gmail.com
 AD Sec: Teresa Hamer 267-5560
 thamer@kuyperprep.org
 Trainer: TBA
 ASB: TBA
 Finance: TBA
 Cheer: TBA
 Band: TBA

ADMINISTRATION

Prin: Kyle Ruggles x6001
 kyle.ruggles@sduhsd.net
 Prin Sec: Sara Smith x6001
 sara.smith@sduhsd.net
 AP: Doug Kamon x 6004
 doug.kamon@sduhsd.net
 AD: John Labeta x6007
 john.labeta@sduhsd.net
 AD Sec: Nancy Wease x6002
 Trainer: Catherine Bates
 ASB: Heather Warren x6164
 Finance: Suezan Gardener x6144
 Cheer: Savannah Heckel x6432
 Band: Carissa Mattison x6149

ADMINISTRATION

Prin: Dana Shelburne x 2200
 dshelburne@sandi.net
 Prin Sec: Lynn Dull x2200
 cdull@sandi.net
 AP: Beverly Greco x2207
 bgreco@sandi.net
 AD: Bob Allen x 2217
 rallen@sandi.net
 AD Sec: N/A
 ASB: Kerry Dill/Joey Caviola x 4304/4305
 Finance: Fujiko Robinson
 frobinson@sandi.net
 Cheer: Georgina Lyon x 4505
 Band: Kirk Johnson x 2215

VARSITY HEAD COACHES

Badminton: Kevin Quach
 Baseball: Brock Ungrieth
 B. BB: Carl Bronson
 G. BB: Thom Oxendine
 B. XC: Bill Aaron
 G. XC: Bill Aaron
 Field Hockey: DNF
 Football: Eric Stavola
 B. Golf: Gary McMinn
 G. Golf: TBA
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Ken Curl
 G. Soccer: Cristina Aguirre
 Softball: Aryn Hamilton
 B. Swim: Tim Mitchell
 G. Swim: Annie Flynn
 B. Tennis: Jacob Gonzalez
 G. Tennis: Patty Peisner
 B. Track: Matt Deford/Bill Aaron
 G. Track: Matt Deford/Bill Aaron
 B. VB: Khang Mai
 G. VB: Khang Mai
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Dan Samuels/Jonathon Sachs

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: Kevin Bradshaw
 G. BB: Jennifer Smith
 B. XC: TBA
 G. XC: TBA
 Field Hockey: DNF
 Football: DNF
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Kyle Hagenburger
 G. Soccer: Tara Garland
 Softball: DNF
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: TBA
 G. Tennis: TBA
 B. Track: Jason Gentile
 G. Track: Jason Gentile
 B. VB: DNF
 G. VB: DNF
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: Raul Lozoya
 G. BB: Jerry Webb
 B. XC: Don Hamer
 G. XC: Don Hamer
 Field Hockey: DNF
 FB - 8-Man: Jerry Webb
 B. Golf: TBA
 G. Golf: TBA
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: DNF
 G. Soccer: DNF
 Softball: Jerry Webb
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 G. Track: DNF
 B. VB: Kat Robinson
 G. VB: Kat Robinson
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Justin Machado
 B. BB: David Cassaw
 G. BB: John Labeta
 B. XC: Bill Vice
 G. XC: Bill Vice
 Field Hockey: TBA
 Football: Darrin Brown
 B. Golf: Steve Armstrong
 G. Golf: Steve Armstrong
 Gym: Jessica Garrett/Lindsey Newman
 B. Lacrosse: Dallas Hartley
 G. Lacrosse: Katie Dolan
 Roller Hockey: DNF

B. Soccer: David Cohen
 G. Soccer: Mike Marvil
 Softball: Mike Hill
 B. Swim: TBA
 G. Swim: TBA
 B. Tennis: Marc Sandknop
 G. Tennis: Marc Sandknop
 B. Track: Joe Cohen
 G. Track: Joe Cohen
 B. VB: Mark Brubaker
 G. VB: Pat McDougall
 B. Water Polo: Kevin Craig
 G. Water Polo: Joe Cohen
 Wrestling: Dwayne Buth

VARSITY HEAD COACHES

Badminton: Jerry Tellers
 Baseball: Gary Frank
 B. BB: Kamal Assaf
 G. BB: Ty Eveleth
 B. XC: Robert McCarthy
 G. XC: Roger Karnopp
 Field Hockey: Paula Conway
 Football: Rey Hernandez
 B. Golf: Roger Kifer
 G. Golf: Alan Merryman
 Gymnastics: DNF
 B. Lacrosse: Matt Rosenberg
 G. Lacrosse: Jenn Tapscott
 Roller Hockey: TBA

B. Soccer: Dan Berthiume
 G. Soccer: Kristin Jones
 Softball: Ken Davis
 B. Swim: Tom Atwell
 G. Swim: Tom Atwell
 B. Tennis: Thomas Andrews
 G. Tennis: Maggie Mulkins
 B. Track: Anthony Pollard
 G. Track: Roger Karnopp
 B. VB: David Jones
 G. VB: David Jones
 B. Water Polo: Tom Atwell
 G. Water Polo: Dante Laghetto
 Wrestling: Ryan Lilndenblatt

LA JOLLA COUNTRY DAY

web: www.ljcds.org
 9490 Genesee Avenue
 La Jolla, CA 92037
 Ph: 858-453-3440
 Fax: 858-453-8210
 AD Fax: 858-453-3099
 Coastal Conference/South
 Private School
 Coed/Four Years
 Enrollment (9-12) = 417
 Torreys - Royal Blue/Grey/White/Black
Direction: I-805 to La Jolla Village Dr West
 Right at Genesee Ave (buses L to Eastgate)
 or I-5 to Genesee Ave East (buses R to
 Eastgate). Unload students in bus load area.

LIBERTY CHARTER

web: www.lfcsinc.org
 1012 East Bradley Avenue
 El Cajon, CA 92021
 Ph: 619-596-8508
 Fax: 619-596-8511
 Frontier League
 Public Charter
 Coed/Four Years
 Enrollment (9-12) = 125
 Lions
 Blue/Gold

Direction: TBA**LINCOLN**

web: www.lincolnhighsd.net/hornets/
 4777 Imperial Avenue
 San Diego, CA 92113
 Ph: 619-266-6500
 Fax: 619-266-6605
 City/Central
 San Diego USD
 Coed/Four Years
 Enrollment (9-12) = 2378
 Hornet
 Green/White

Direction: 805 south - exit E HWY 94 - N
 Euclid Ave - R on 54th St - R on College
 Grove Dr - R on 55th St**LUTHERAN HIGH OF SAN DIEGO (NOTE: All games played at other sites.)**

web: www.lutheranhighsandiego.org
 810 Buena Vista Way
 Chula Vista, CA 91910
 Ph: 619-262-4444
 Fax: 619-262-6297
 Southern Conference
 Private School
 Coed/Four Years
 Enrollment 9-12) = 92
 Knights
 Black/Gold

Direction: I-805 south to H St. - East on
 H St. to left on Buena Vista Way.**MADISON**

web: www.madison.sandi.net
 4833 Doliva Drive
 San Diego, CA 92117
 Ph: 858-496-8410
 Fax: 858-496-8421
 City Conference/Central
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1219
 Warhawks
 Navy/Silver/White

Direction: I-805 to Clairemont Mesa Blvd
 West - Left at Doliva Dr.**ADMINISTRATION**

Head of School: Chris Schuck x240
 cschuck@ljcds.org
 Dir Upper Sch: Rod Jemison x 128
 AD: Jeff Hutzler x 129
 jhutzler@ljcds.org
 AD Sec: Kathy Dinwiddie x 130
 kdinwiddie@ljcds.org
 Ath Trainer: David Floyd
 dfloyd@ljcds.org
 ASB: Peter Bogue x260
 Finance: Lori Lindmark x 123
 Cheer: Megan Eacret
 Band: N/A

ADMINISTRATION

Prin: Debbie Beyer 619-579-7232
 debbie.beyer@lfcsinc.org
 AP: Steve Robinson 619-316-5839
 steve.robinson@lfcsinc.org
 AD: Steve Robinson 619-596-8508
 steve.robinson@lfcsinc.org
 AD Sec: Tamara Contasti
 tamara.contasti@lfcsinc.org
 Ath Trainer: N/A
 ASB: Steve Robinson
 Finance: N/A
 Cheer: Heather Beyer 619-596-5665
 Band: N/A

ADMINISTRATION

Prin: Mel Collins x3001
 mcollins5@sandi.net
 Prin Sec: Martha Corrales x3010
 mcorrales1@sandi.net
 AP: None
 AD: Ron Hamamoto x1547
 rhamamoto@sandi.net
 AD Sec: Martha Corrales x3010
 mcorrales1@sandi.net
 ASB: Daniel Camacho
 Finance: Michel Renaud x2127
 mrenaud@sandi.net
 Cheer: Felicia Singleton-Daniel
 Band: Debbie Nevin

ADMINISTRATION

Prin: Scott Dufresne
 scott.dufresne@lhssd.org
 Prin Sec: Sheryl Sjobom x 13
 AP: N/A
 AD: Don Heien x 14
 don.heien@lhssd.org
 AD Sec: Debbie Heien x 12
 ASB: Anna Beyer x 22
 Finance: Debby Heien x 12
 Cheer: N/A
 Band: N/A

ADMINISTRATION

Prin: Richard Nash
 mash@sandi.net
 Prin Sec: Andrea Lopez x 2214
 alopez3@sandi.net
 AP: Robin Peters
 rpeters@sandi.net
 AD: Rick Jackson x 4001
 rjackson2@sandi.net
 AD Sec: N/A
 ASB: Will Hawthorn, Lori Franks
 Finance: Vernon Lowe x 2213
 vlowe@sandi.net
 Cheer: Megan Richards x 4316
 Band: Jennifer Brown x 4901

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: John Edman x 175
 B. BB: Ryan Meier x 205
 G. BB: Terri Bamford x233
 B. XC: Scott Sanders x248
 G. XC: Scott Sanders x248
 Field Hockey: DNF
 Football: Jeff Hutzler x 129
 B. Golf: Bill Cahoon x 135
 G. Golf: Bill Cahoon x 135
 Gymnastics: DNF
 B. LX: Rory Hyland
 G. LX: Dave Jenkins x 221
 Roller Hockey: David Brink

B. Soc: Jerry Fleischhacker x299
 G. Soccer: David Jenkins x 221
 Softball: Corinne Brunn x275
 G. Swim: Nate Heppner x227
 G. Tennis: Joslynn Burkett
 G. Tennis: Joslynn Burkett
 B. Track: Kevin Reaume x 244
 G. Track: Kevin Reaume x 244
 B. VB: DNF
 G. VB: Peter Ogle x 272
 B. Water Polo: Steve Traverso
 G. Water Polo: Steve Traverso
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: Gene Salas
 G. BB: Regina Bolger
 B. XC: Danny Sanchez
 G. XC: Danny Sanchez
 Field Hockey: DNF
 Football: DNF
 B. Golf: TBA
 G. Golf: TBA
 Gymnastics: DNF
 B. LX: DNF
 G. LX: DNF
 Roller Hockey: DNF

B. Soc: Greg Tyan
 G. Soccer: TBA
 Softball: DNF
 B. Swim: TBA
 G. Swim: TBA
 B. Tennis: TBA
 G. Tennis: TBA
 G. Track: DNF
 B. Track: DNF
 G. VB: Robert Johnston
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: Patty Beall
 Baseball: Dan Timothy
 B. BB: Jason Bryant
 G. BB: Glenn Lee
 B. XC: Adam Henderson
 G. XC: Adam Henderson
 Field Hockey: DNF
 Football: Ron Hamamoto
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. LX: Jonathan Adlam
 G. LX: Jonathan Adlam
 Roller Hockey: DNF

B. Soc: Jose Rodriguez
 G. Soccer: Elizabeth Munoz
 Softball: Sharon Mitchell
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: Mike Desjardins
 G. Tennis: Carl Davis
 B. Track: Kiper Bell
 G. Track: Adam Henderson
 B. VB: Thomas Thom
 G. VB: Vivian Blanco
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Francois Portee

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Don Heien
 B. BB: Michael Heidtbrink
 G. BB: Brian Buckalew
 B. XC: Jamie Howard
 G. XC: Jamie Howard
 Field Hockey: DNF
 FB - 8-Man: Matt Lodin
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: DNF
 G. Soccer: DNF
 Softball: Neil Meyer
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. VB: DNF
 G. VB: Neil Meyer
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: Mike Stutz
 Baseball: Robert Lovato
 B. BB: Mike Stutz
 G. BB: Lowe Leasau
 B. XC: Bob Bishop
 G. XC: Bob Bishop
 Field Hockey: Erica Strauss
 Football: Rick Jackson
 B. Golf: Mike Norton
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Will Hawthorne
 G. Soccer: Lori Franks
 Softball: Tay Sneddon
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: Robert Lynch
 G. Tennis: Robert Lynch
 B. Track: Rick Jackson
 G. Track: Rick Jackson
 B. VB: Heather Janiak
 G. VB: Heather Janiak
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: John Santone

MAR VISTA

web: suhsd.k12.ca.us/mvh
 505 Elm Avenue
 Imperial Beach, CA 91932
 Ph: 619-628-5700
 Fax: 619-628-5755 (ASB)
 Metro Conference/South Bay
 Sweetwater UHSD
 Coed/Four Years
 Enrollment (9-12) = 2025
 Mariners
 Forest Green/Gold

Direction: I-5 to Coronado Ave go west
 Coronado Ave becomes Imperial Beach Blvd
 pass 4-way stop (Connecticut & IB Blvd)
 gym and fields on r. side of IB Blvd

MARANATHA CHRISTIAN SCHOOLS

web: www.maranathachristianschools.org
 9050 Maranatha Drive
 San Diego, CA 92127-2923
 Ph: 858-759-9737
 Fax: 858-759-4001
 Frontier League
 Private School
 Coed/Four Years
 Enrollment (9-12) = 88
 Eagles
 Navy Blue/Carolina Blue/White

Direction: From I-15 take Camino Del Norte
 W - becomes Camino Del Sur - turn R on
 Maranath Drive.

MATER DEI CATHOLIC

web: www.materdeicatholic.org
 1615 Mater Dei Drive
 Chula Vista, CA 91913
 Ph: 619-423-2121
 Fax: 619-423-6910
 Metro Conference/Mesa
 Diocese of San Diego
 Coed/Four Years
 Enrollment (9-12) = 794
 Crusaders
 Navy Blue/Vegas Gold

Direction: I-805 south to Olympic Parkway
 exit east (left) - right at La Media - left Birch
 Road - left Mater Dei Drive

MIDWAY BAPTIST

web: www.midwaybaptistschools.com
 2460 Palm Avenue
 San Diego, CA 92154
 Ph: 619-424-7875
 Fax: 619-424-9204
 Southern Conference/Citrus
 Private
 Coed/Four Years
 Enrollment (9-12) = 93
 Patriot
 Red/White/Blue

Direction: I-5 to Palm Ave/Imperial Beach
 exit - go east/left. 1/3 mi up hill on north side.

MIRA MESA

web: www.sandi.net/miramesa
 10510 Reagan Road
 San Diego, CA 92126
 Ph: 858-566-2262
 Fax: 858-549-9541
 City Conference/Eastern
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2652
 Marauders
 Blue/Gold

Direction: I-15 to Mira Mesa Blvd West.
 Left at Reagan Road.

ADMINISTRATION

Prin: Glenda Golobay
 glenda.golobay@suhsd.k12.ca.us
 Prin Sec: Sandra Angeli
 AP: Marianne Perrault 628-5751
 marianne.perrault@suhsd.k12.ca.us
 AD: William Olinger
 willrolinger@gmail.com
 AD Sec: Ethan Charles 628-5752
 ASB: Marianne Perrault 628-5751
 Finance: Ethan Charles 628-5752
 Cheer: Bethany Case 760-214-7645
 Band: Hugh O'Neil 575-3117

ADMINISTRATION

Prin: Pete Plotnick x106
 pete.plotnick@maranathachristianschools.org
 Prin Sec: Eva House x130
 eva.house@maranathachristianschools.org
 AD: Rle Nichols x 153
 rle.nichols@maranathachristianschools.org
 AD Sec: Cindi Mason x103
 cindi.mason@maranathachristianschools.org
 ASB: Chas Shay
 Finance: N/A
 Cheer: Jennifer Walker x151
 Band: N/A

ADMINISTRATION

President: Tom Beecher
 tbeecher@materdeicatholic.org
 Prin: George Milke x 102
 gmilke@materdeicatholic.org
 Prin Sec: Zurissadi Glavez x130
 AP: None
 BAD: Bill Gerken x117
 bgerken@materdeicatholic.org
 GAD: Nicki Limoges
 nlimoges@materdeicatholic.org
 ASB: Cres Angeles & Ed Johnson
 Finance: Rocio Hodges
 Cheer: Heather Powers
 Band: Troy Peets

ADMINISTRATION

Prin: Stephen Johnson x 251
 sjohnson@midwaybaptistschools.com
 Prin Sec: Barbara Johnson x263
 bjohnson@midwaybaptistschools.com
 AP: Christy Rheam
 AD: Matt Horton
 mhorton@midwaybaptistschools.com
 AD Sec: Melody Holz x 250
 mholz@midwaybaptistschools.com
 ASB: DeVita Andrews
 Finance: Patricia Stonebraker x 254
 Cheer: Mary Matosich
 Band: Lalane Haenisch

ADMINISTRATION

Prin: Scott Giusti
 sgiusti@sandi.net
 AP: Matt Fallon
 mfallon@sandi.net
 AD: Dan Regas
 dregas@sandi.net
 AD Sec: N/A
 ASB: Mary Jensen
 Finance: Anna Day x2231
 aday1@sandi.net
 Cheer: Mary Jensen x4202
 Band: John Dally

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Allan Delos Reyes
 B. BB: Jesse Aguirre
 G. BB: Nathaniel Major
 B. XC: Ben Holt
 G. XC: Gisela Wolfe
 Field Hockey: DNF
 Football: Brian Hay
 B. Golf: Barry Zuniga
 G. Golf: Joel Anderson
 Gymnastics: DNF
 B. Lacrosse: Ryan Scott
 G. Lacrosse: Shizuka Baker
 Roller Hockey: Ron Cole

B. Soccer: Filemon Jara
 G. Soccer: Gisela Wolfe
 Softball: Dan Woodard
 B. Swim: Chad Kavanaugh
 G. Swim: Sue Czerwiec
 B. Tennis: Melissa Uriate
 G. Tennis: Melissa Uriate
 B. Track: Jim Coates
 G. Track: Greg Pena
 B. VB: Robbie Cole
 G. VB: Robbie Cole
 B. Water Polo: Chad Kavanaugh
 G. Water Polo: Chad Kavanaugh
 Wrestling: Levi Harbin, Johnthan Barnett

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Phil Thompson
 B. BB: Rle Nichols
 G. BB: Jessica Reagan
 B. XC: Peter Gregory
 G. XC: Peter Gregory
 Field Hockey: DNF
 FB - 8-Man: Rle Nichols
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: TBA
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: David Cabral
 G. Soccer: DNF
 Softball: DNF
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: Peter Gregory
 G. Track: Peter Gregory
 B. VB: DNF
 G. VB: Mark Pittman
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Ed Johnson
 B. BB: Kenny Caesar
 G. BB: David Monroe
 B. XC: Kristen Willich
 G. XC: Kristen Willich
 Field Hockey: DNF
 Football: John Joyner
 B. Golf: Bill Gerken
 G. Golf: Bill Gerken
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Jorge Zavala
 G. Soccer: Brenda Byrn
 Softball: Mike Centurlo
 B. Swim: Kevin Smith
 G. Swim: Kevin Smith
 B. Tennis: Alex Reyes
 G. Tennis: Lea Borck
 B. Track: Carla Martinez
 G. Track: Carla Martinez
 B. VB: Brian Ritz
 G. VB: Karen Nerat
 B. Water Polo: Guy Souza
 G. Water Polo: DNF
 Wrestling: Scott Ullsperger

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: TBA
 B. BB: Chris Holtz
 G. BB: TBA
 B. XC: DNF
 G. XC: DNF
 Field Hockey: DNF
 Football: Jon Clark
 B. Golf: John Marvel
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: TBA
 G. Soccer: TBA
 Softball: TBA
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. VB: DNF
 G. VB: Brian Jaspersen
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: Paul Tessaro
 Baseball: Gene Watkins
 B. BB: Paul Tessaro
 G. BB: Curtis Fulks
 B. XC: Eric Miller
 G. XC: Eric Miller
 Field Hockey: Sarah Neiss
 Football: Gary Blevins
 B. Golf: Roy Van Grove
 G. Golf: Roy Van Grove
 Gymnastics: DNF
 B. Lacrosse: Fred Griesbach
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Pat Corr
 G. Soccer: Katy Davis
 Softball: Catherine Fox-Copeland
 B. Swim: Kim Yourczek
 G. Swim: James Earnest
 B. Tennis: Greg Dodd
 G. Tennis: Greg Dodd
 B. Track: Eric Miller
 G. Track: Eric Miller
 B. VB: Katy Davis
 G. VB: Jennifer Otaola
 B. Water Polo: Kim Yourczek
 G. Water Polo: Greg Steinbach
 Wrestling: Dean Brown

MISSION BAY

web: missionbayhigh.com
 2475 Grand Avenue
 San Diego, CA 92109
 Ph: 858-273-1313
 Fax: N/A
 AD Fax: 858-273-2327
 City Conference/Western
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1692
 Buccaneers
 Black/Gold
Direction: I-5 south to Mission Bay Dr West.
 Left at Grand Avenue OR I-5 north to
 Grand Avenue.

MISSION HILLS

web: www.missionhillshigh.org
 One Mission Hills Court
 San Marcos, CA 92069
 Ph: 760-290-2700
 Fax: 760-290-2680
 AD Fax: 760-290-2687
 North County Conference/Avocado
 San Marcos U.S.D
 Coed/Four Years
 Enrollment (9-12) = 2479
 Mascot: Grizzlies
 Colors: Cardinal/Vagas Gold
Direction: I-15 N to 78 W exit Woodland
 Pkwy. Take Mission Road west.

MISSION VISTA (Frosh & JV only)

web: TBA
 740 Olive Avenue
 Vista, CA 92084
 Ph: 760-758-6800
 Fax: 760-643-2522
 Independent
 Vista U.S.D
 Coed/Four Years
 Enrollment (9-12) = 300
 Mascot: Timberwolves
 Colors: Green/Black

Direction: TBA**MONTE VISTA**

web: grossmont.k12.ca.us/Monte Vista
 3230 Sweetwater Springs Blvd.
 Spring Valley, CA 91977
 Ph: 619-660-3000
 Fax: 619-670-9749
 Grossmont Conference/Valley
 Grossmont U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1994
 Monarchs
 Crimson/Gold

Direction: I-94 to Sweetwater Springs
 Blvd South or 54 E - R at Jamacha Blvd
 Left at Sweetwater Springs Blvd.**MONTGOMERY**

web: www.suhsd.k12.ca.us/moh
 3250 Palm Avenue
 San Diego, CA 92154
 Ph: 619-628-3007
 Fax: 619-424-6473
 Metro Conference/South Bay
 Sweetwater U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1914
 Aztecs
 Red/White/Blue

Direction: I-805 S - Exit Palm Ave to left.**ADMINISTRATION**

Prin: Fred Hilgers x100
 fhilgers@sandi.net
 Prin Sec: TBA
 AP: Gretchen Rhoads x 102
 grhoads@sandi.net
 AD: Dennis Pugh x 277
 dpugh1@sandi.net
 AD Sec: Kathy Agosto x 108
 kagosto@sandi.net
 ASB: Emmitt Dodd x 213
 Finance: Katrine Safa x222
 ksafa@sandi.net
 Cheer: Kathy Agosto x 108
 Band: J.P. Balmat x 113

ADMINISTRATION

Prin: Brad Lichtman 290-2710
 brad.lichtman@smusd.org
 Prin Sec: Carol Foster 290-2711
 AP: Bill Singh 290-2724
 bill.singh@smusd.org
 AD: Ken Putnam 290-2770
 ken.putnam@smusd.org
 AD Sec: None
 Athletic Trainer: Scott Gommel
 scott.gommel@smusd.org
 ASB: TBA
 Finance: Jolene Clark 290-2713
 Cheer: Alecia Wanders
 Band: Jeff McNurlan 290-2729

ADMINISTRATION

Prin: Rodney Goldenberg x6185
 rgoldenb@vusd.k12.ca.us
 Prin Sec: Georginne Smith
 AP: TBA
 Email:
 AD: Dave Whiddon
 dwhiddon@vusd.k12.ca.us
 AD Sec: TBA
 Athletic Trainer: TBA
 ASB: TBA
 Finance: TBA
 Cheer: TBA
 Band: TBA

ADMINISTRATION

Prin: Randy Montesanto
 rmontesa@guhsd.net
 Prin Sec: Ruth Lincoln
 AP: Bill Sullivan
 bsullivan@guhsd.net
 AD: Zack Peck 660-3168
 zpeck@guhsd.net
 AD Sec: Sheri Barlow 660-3024
 ASB: Adam Kryzwicki x 203086
 Finance: Roberta Bosworth 660-3037
 Cheer: Kelly McKean 660-3186
 Band: Linda Thompson

ADMINISTRATION

Prin: Lee Romero 628-3807
 lee.romero@suhsd.k12.ca.us
 Prin Sec: Maria Estrada 628-3807
 maria.estrada@suhsd.k12.ca.us
 AP: TBA
 AD: Julio Alcalá
 julio.alcala@suhsd.k12.ca.us
 AD Sec: Linzola Shackelford
 ASB: Dan Kracha 423-4940
 Finance: Linzola Shackelford
 Cheer: Maura Benitez
 Band: Jessica Pulido

VARSITY HEAD COACHES

Badminton: Jim Loveday
 Baseball: Greg Farrar
 B. BB: Dennis Kane
 G. BB: Jerome Bowman
 B. XC: Elizabeth Vierra
 G. XC: Elizabeth Vierra
 Field Hockey: Kris Auer
 Football: Willie Matson
 B. Golf: Joe Panian
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Joe Panian
 G. Soccer: Jorge Palacios
 Softball: TBA
 B. Swim: Troy Landon
 G. Swim: Troy Landon
 B. Tennis: Cheryl Olivas-Deli
 G. Tennis: Cheryl Olivas-Deli
 B. Track: Emmitt Dodd
 G. Track: Emmitt Dodd
 B. VB: Crystal Frasca
 G. VB: Crystal Frasca
 B. Water Polo: Troy Landon
 G. Water Polo: Troy Landon
 Wrestling: Marco Herrera-Mondragon

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Ken Putman
 B. BB: Curtis Hofmeister
 G. BB: Chris Kroesch
 B. XC: Ryan Sharp
 G. XC: Ryan Sharp
 Field Hockey: Arni Kivett
 Football: Chris Hauser
 B. Golf: Jason Hamm
 G. Golf: Derrick Ford
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: Amy Kivett
 Roller Hockey: DNF

B. Soccer: Evan Camperell
 G. Soccer: Gerry Maley
 Softball: Kevin Glatt
 B. Swim: Bob Turner
 G. Swim: Bob Turner
 B. Tennis: Daniel Garcia
 G. Tennis: Daniel Garcia
 B. Track: Kyle Billings
 G. Track: Ryan Sharp
 B. VB: Andrea Fisher
 G. VB: Cindy Mathews
 B. Water Polo: Sasha Petcovich
 G. Water Polo: Bob Turner
 Wrestling: Dave LaVine

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: TBA
 B. BB: James Townsend
 G. BB: Telita Huffman
 B. XC: Joe Crosswhite
 G. XC: Joe Crosswhite
 Field Hockey: DNF
 Football: DNF
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Rick Enriquez
 G. Soccer: Rick Moore
 Softball: TBA
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. VB: Meg Powers
 G. VB: TBA
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Chad Williams
 B. BB: James Carroll
 G. BB: Mike Skibbe
 B. XC: Robert Muschek
 G. XC: Leah Jackson
 Field Hockey: DNF
 Football: Page Culver
 B. Golf: Victor Cruz
 G. Golf: Victor Cruz
 Gymnastics: Mavi Richmond
 B. Lacrosse: Isaac Merfalen
 G. Lacrosse: Alicia Ghio
 Roller Hockey: DNF

B. Soccer: Saul Hernandez
 G. Soccer: Thompson Usiyan
 Softball: Sig Chabrowski
 B. Swim: Ken Thiltgen
 G. Swim: Cyndy Hoffman
 B. Tennis: Sang Bai
 G. Tennis: Sang Bai
 B. Track: Bob Muschek
 G. Track: Bob Muschek
 B. VB: Mike Skibbe
 G. VB: Brian Carpenter
 B. Water Polo: Damon Newman
 G. Water Polo: Rick McMillan
 Wrestling: Steve Bulette

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Manuel Hermosillo
 B. BB: Edward Martin
 G. BB: BJ Filamor
 B. XC: Juan Gonzalez
 G. XC: Ruben Ledesma
 Field Hockey: DNF
 Football: Julio Alcalá
 B. Golf: Julio Alcalá
 G. Golf: Raul Persona
 Gymnastics: DNF
 B. Lacrosse: Gerald French
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Juan Gonzalez
 G. Soccer: Jill Norris
 Softball: Christina Escamilla
 B. Swim: Rene Marmolejo
 G. Swim: Rene Marmolejo
 B. Tennis: Craig Miles
 G. Tennis: Craig Miles
 B. Track: Hal Herlan
 G. Track: Ruben Ledesma
 B. VB: Troy Beale
 G. VB: Dario Villa
 B. Water Polo: DNF
 G. Water Polo: René Marmolejo
 Wrestling: Jay Coffey

MORSE

web: www.morsehs.com
 6905 Skyline Drive
 San Diego, CA 92114
 Ph: 619-262-0763
 Fax: 619-262-6835
 City Conference/Eastern
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2471
 Tigers
 Navy/Old Gold/White

Direction: I-805 to So Bay Fwy East -
 L at Woodman - R at Skyline Dr or I-805
 to Imperial E-R at Woodman-L at Skyline.

MT. CARMEL

web: www.powayusd.com/pusdmchs/
 9550 Carmel Mountain Road
 San Diego, CA 92129-2799
 Ph: 858-484-1180
 Fax: 858-538-9426
 AD Fax: 858-538-7764
 North County Conference/Valley
 Poway U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2380
 Sundevils
 Scarlet/Gold

Direction: I-15 to Rancho Penasquitos
 Blvd West. School is straight ahead on
 the right-hand side.

MOUNT MIGUEL

http://www.mountmiguelhs.org/
 8585 Blossom Lane
 Spring Valley, CA 91977
 Ph: 619-667-6400
 Fax: 619-697-0794
 Grossmont Conference/Valley
 Grossmont U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1942
 Matadors
 Red/Black

Direction: Hwy 125 to Jamacha Rd. East
 L on Sweetwater Rd. - L on Blossom Ln.

MOUNTAIN EMPIRE

web: www.meusd.k12.ca.us
 3305 Buckman Springs Road
 Pine Valley, CA 91962
 Ph: 619-473-8601
 Fax: 619-473-8038
 Southern Conference
 Mountain Empire U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 461
 Redhawks
 Red/Gold/Black

Direction: I-8 E to Buckman Springs Rd.
 R on Buckman Spring to school (2 miles
 from freeway - on left).

OCEANSIDE

web: www.ohspirates.com
 1 Pirates Cove
 Oceanside, CA 92054
 Ph: 760-722-8201
 Fax: 760-757-2419
 AD Fax: 760-721-7590
 North County Conference/Valley
 Oceanside U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2514
 Pirates
 Green/White

Direction: I-5 to Mission Ave West -
 Left at Pirates Cove

ADMINISTRATION

Prin: Harry Shelton (Interim)
 hshelton@sandi.net
 Prin Sec: Eleanor Viado x2781
 AP: Richard Delapena
 rdelapena@sandi.net
 AD: Gabriel Senteno
 gsenteno@sandi.net
 Athletic Trainer: Phil Grooms
 pgrooms1@sandi.net
 ASB: Anne Bengtson x 4004
 Finance: Luong Truong x 2063
 Cheer: Tai Oliver x 3025
 Band: N/A

ADMINISTRATION

Prin: Dr. Tom McCoy x3101
 tmccoy@powayusd.com
 AP: Greg Magno x 3219
 AD: Randy Wright x 3109
 rwright@powayusd.com
 AD Sec: Linda Uribe x 3110
 Ath Trainer: Christine Ahlf
 cahlf@powayusd.com
 ASB: Sanford Carvajal
 Finance: Maria Lopez x 3131
 Cheer: Tonga Moore x 3219
 Band: Garry McPherson x3520

ADMINISTRATION

Prin: Steve Coover 667-6412
 scoover@guhsd.net
 Prin Sec: Diane Quintero 667-6412
 Dquintero@guhsd.net
 AP: Joe Cota 667-6421
 jbcota@guhsd.net
 AD: Ernie Reyes 667-6482
 ereyes@guhsd.net
 AD Sec: Suzie Panarisi x 132
 Trainer: Chuck Woolsey
 ASB: Bob Raymond
 Finance: Jennifer Wilson 667-6437
 Jenwilson@guhsd.net
 Cheer: Sylvia Sposato 667-6451
 Band: Jason Hutton 667-6554

ADMINISTRATION

Prin: Ernie Sopp
 esopp@meusd.net
 Prin Sec: Karen Loftis x 200
 kloftis@meusd.net
 AP: Steve Gordon x 202
 sgordon@meusd.net
 AD: Jarrod Sills x 317
 jsills@meusd.net
 AD Sec: Karen Loftis x 200
 ASB: Mari Mann x 314
 Finance: None
 Cheer: Gerogina Tortora
 Band: Jarrod Sills x 317

ADMINISTRATION

Prin: Kimo Marquardt x 2330
 kmarquardt@oside.k12.ca.us
 Prin Sec: Bertha Bernal x 2331
 AP: Jessica Poumele x 2590
 AD: Dave Barrett x 2344
 dave.barrett@oside.k12.ca.us
 AD Sec: Saundra Polanco x2339
 saundra.polanco@oside.k12.ca.us
 Ath Trainer: Anna Munoz
 anna.munoz@oside.k12.ca.us
 ASB: Mike Fisher x 2339
 Finance: Saundra Planco (see above)
 Cheer: Brandy Springs
 Band: Mark Phelps x 3079

VARSIITY HEAD COACHES

Badminton: TBA
 Baseball: Cedric Nealy
 B. BB: Bobby Smuler
 G. BB: Deadrick Robinson
 B. XC: Phil Grooms
 G. XC: Phil Grooms
 Field Hockey: Martha McCarthy
 Football: Tracy Mcnair
 B. Golf: Jesse Denney x 4309
 G. Golf: Rex Calvin
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Jesse Denney
 G. Soccer: Larry Covington
 Softball: Martha McCarty
 B. Swim: Celeste Bergan
 G. Swim: Celeste Bergan
 B. Tennis: Clay Johnson
 G. Tennis: Clay Johnson
 B. Track: Rodney Hutson
 G. Track: Lana Garner x4316
 B. VB: TBA
 G. VB: TBA
 B. Water Polo: Celeste Bergan
 G. Water Polo: Celeste Bergan
 Wrestling: Mike Barnes x 2955

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Mike Giaime
 B. BB: Brad Enright
 G. BB: Robin Blalock
 B. XC: Nate Boyer
 G. XC: Nate Boyer
 Field Hockey: Katie Fixen
 Football: Sanford Carvajal
 B. Golf: TBA
 G. Golf: Jay Van Vark
 Gym: Monique Lamphiere-Tamayoshi
 B. Lacrosse: TBA
 G. Lacrosse: Rob Alacron
 Roller Hockey: TBA

B. Soccer: Mark Green
 G. Soccer: Danie Schelhorse
 Softball: Rubby Chavez
 B. Swim: Daniel Peck
 G. Swim: Daniel Peck
 B. Tennis: Jim Wrage
 G. Tennis: Jim Wrage
 B. Track: Dennis McClanahan
 G. Track: Dennis McClanahan
 B. VB: Patsy Malta
 G. VB: Bri Beal
 B. Water Polo: Anthony Cabrera
 G. Water Polo: Jon Au
 Wrestling: Gail Miller

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Bryon Grigsby
 B. BB: Jay Rowlett
 G. BB: Robbie Sandoval
 B. XC: Anthony Garcia
 G. XC: Anthony Garcia
 Field Hockey: DNF
 Football: Tom Karlo
 B. Golf: Jimmy Hurst
 G. Golf: Louise Parks
 Gym: Evelyn Lopez
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Richard Martinez
 G. Soccer: Rudy Chavez
 Softball: Kathy Worley
 B. Swim: Jeni Mascari
 G. Swim: Jeni Mascari
 B. Tennis: Duke Deleon
 G. Tennis: Dennis Duran
 B. Track: Anthony Garcia
 G. Track: Anthony Garcia
 B. VB: John Fitzgerald
 G. VB: John Fitzgerald
 B. Water Polo: Jeni Mascari
 G. Water Polo: Jeni Mascari
 Wrestling: Jim Houston

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Jim Jones
 B. BB: Mark Noland
 G. BB: Johanna Northcote
 B. XC: Bill Leblanc
 G. XC: Heather Westgard
 Field Hockey: DNF
 Football: TBA
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: David Barboza
 G. Soccer: Jarrod Sills
 Softball: Darlene Daniels
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: Bill Leblanc
 G. Track: Heather Westgard
 B. VB: DNF
 G. VB: TBA
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Gary Priestler

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Dave Barrett
 B. BB: Corey Hogue
 G. BB: Cameron Clark
 B. XC: Jesse Guillen
 G. XC: Jesse Guillen
 Field Hockey: DNF
 Football: John Carroll
 B. Golf: Pat Cornforth
 G. Golf: Dean Baldrige
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Frank Zimmerman
 G. Soccer: Gary Wallace
 Softball: Joe Nuanez
 B. Swim: Jeff Kamansky
 G. Swim: Chandra Prather
 B. Tennis: Sid Salcedo
 G. Tennis: Sid Salcedo
 B. Track: Jesse Guillen
 G. Track: Kristi Benson-Clark
 B. VB: Kristi Benson-Clark
 G. VB: Merideth Faumonia
 B. Water Polo: Jeff Kamansky
 G. Water Polo: Matt Stephens
 Wrestling: Ben Davis

OLYMPIAN

web: www.suhsd.k12.ca.us/ohs
 1925 Magdalena Avenue
 Chula Vista, CA 91915
 Ph: 619-656-2400
 Fax: 619-216-0650
 Metro Conference/South Bay
 Sweetwater U.H.S.D.
 Coed/ Four Years
 Enrollment (9-12) = 1330
 Eagles
 Black/Vegas Gold/Turquoise

Direction: 805 S, exit Olympic Pkway, 3 m turn R on La Media, L on Birch, R on Magdalena, go 1 mile to school.

ORANGE GLEN

web: oghs.euhsd.k12.ca.us
 2200 Glenridge Road
 Escondido, CA 92025
 Ph: 760-291-5000
 Fax: 760-739-7380
 AD Fax: 760-291-5016
 North County Conference/Valley
 Escondido U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2330
 Patriots - Red/White/Blue

Direction: I-15 to Via Rancho Pkwy E. L at Bear Valley Pkwy- R at Glen Ridge.

OTAY RANCH

web: www.suhsd.k12.ca.us/hs11
 1250 Olympic Parkway
 Chula Vista, CA 91913
 Ph: 619-591-5000
 Fax: 619-591-5010
 Metro Conference/Mesa
 Sweetwater UHSD
 Coed/Four Years
 Enrollment (9-12) = 2721
 Mustangs
 Navy Blue/Columbia Blue/Silver

Direction: I-805 S - exit E on Olympic Parkway (3 miles to school)

PACIFIC RIDGE

web: www.pacificridge.org
 6269 El Fuerte Street
 Carlsbad, CA 92009
 Ph: 760-448-9820
 Fax: 760-683-6003
 Frontier League
 Private School
 Enrollment (9-12) = 83
 Mascot: Firebird
 Columbia/Blue/Black/White

Direction: I-5 to Palomar Airport Road - travel east - turn right on El Fuerte St. (approx 4 miles)

PALO VERDE VALLEY

web: N/A
 667 North Lovekin Avenue
 Blythe, CA 92225
 Ph: 760-922-7148
 Fax: 760-922-8916
 Southeastern Conference
 Palo Verde U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 944
 Yellowjackets
 Green/Gold

Direction: I-10 to Lovekin Blvd - North on Lovekin about 3/4 of mile to school.

ADMINISTRATION

Prin: John Devore 656-2405
 john.devore@suhsd.k12.ca.us
 Prin Sec: Imelda Genovese 656-2405
 imelda.genovese@suhsd.k12.ca.us
 AP: Karen Hernandez 656-2450
 AD: Jorge Mancillas 656-2400
 jorge.mancillas@suhsd.k12.ca.us
 AD Sec: N/A
 ASB: Karen Hernandez
 Finance: Elaine Stubbs 656-2450
 elaine.stubbs@suhsd.k12.ca.us
 Cheer: Tanya Joyner 656-2400
 Band: Eric Maybrey 656-2438
 AT: Jeremy Culuko

ADMINISTRATION

Prin: Tom Allison
 tallison@euhsd.k12.ca.us
 AP: Allen Williams x 5026
 awilliams@euhsd.k12.ca.us
 AD: Sam Kristensen 291-5030
 skristensen@euhsd.k12.ca.us
 AD Sec: Maila Zumaya x 5015
 mzumaya@euhsd.k12.ca.us
 Ath Trainer: Ruth Arner
 rarner@euhsd.k12.ca.us
 ASB: Chris Turrentine
 Finance: Maila Zumaya
 Cheer: Laaza Plash
 Band: John Johnson x 5085

ADMINISTRATION

Prin: Jose Brosz x 5005
 jose.brosz@suhsd.k12.ca.us
 Prin Sec: Alma Morris x 5005
 alam.morris@suhsd.k12.ca.us
 AP: Brahim Wahib
 AD: Gene Alim 591-5122
 eugene.alim@suhsd.k12.ca.us
 AD Sec:None
 Ath Trainer: Raul Camatcho
 ASB: Chuck Quillin 591-5050
 Finance: Liz Silva 591-5050
 Cheer: Veronica Jaramillo 581-5000
 Band: Paul Johnson 591-5000

ADMINISTRATION

Prin: Dr. Eileen Mullady
 emullady@pacificridge.org
 Prin Sec: N/A
 AP: N/A
 AD: Darren Lawlor
 dlawlor@pacificridge.org
 AD Sec: N/A
 ASB: N/A
 Finance: N/A
 Cheer: N/A
 Band: N/A

ADMINISTRATION

Interim Prin: Mario Walker
 mwalker@pvusd-bly.k12.ca.us
 Prin Sec: Norma Castillo x 222
 ncastillo@pvusd-bly.k12.ca.us
 AP: Jeremy James x224
 jjames@pvusd-bly.org
 AD: Randy Peterson x 265
 rpeterson@pvusd-bly.k12.ca.us
 AD Sec: Rachel Vaca x227
 rvaca@pvusd-bly.org
 ASB: Randy Peterson
 Finance: Rachel Vaca x 227
 Cheer: Madeline Adcock
 Band: Jose Hernandez

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Eddie Venegas
 B. BB: Alex Salazar
 G. BB: Ray Howard
 B. XC: Lynn More
 G. XC: Catherine Croy
 Field Hockey: DNF
 Football: Gil Warren
 B. Golf: Nathaniel Davis
 G. Golf: Nathaniel Davis
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Raul Persona
 G. Soccer: Aaron Rossi
 Softball: Robert Aguilar
 B. Swim: Rene Marmolejic
 G. Swim: Bing Dawson
 B. Tennis: Lisa Hernandez
 G. Tennis: Lisa Hernandez
 B. Track: Michael Hulin
 G. Track: Jorge Mancillas
 B. VB: Valerie Separa
 G. VB: Valerie Separa
 B. Waterpolo: Rene Marmolejic
 G. Waterpolo: Bing Dawson
 Wrestling: Aramis Vera

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Sam Kristensen
 B. BB: Chris Featherly
 G. BB: Caitlin Haley
 B. XC: Mike Mena
 G. XC: Mike Mena
 Field Hockey: Stephanie Osows
 Football: Kris Plash
 B. Golf: Victor Garduno
 G. Golf: John Merz
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Mike Pellicio
 G. Soccer: Hector Ochoa
 Softball: Joe Cascioppo
 B. Swim: Liz Boyer
 G. Swim: Liz Boyer
 B. Tennis: Kevin Brown
 G. Tennis: Kevin Brown
 B. Track: Mike Mena
 G. Track: Mike Mena
 B. VB: Elise Hope
 G. VB: Elise Hope
 B. Water Polo: Scott Morton
 G. Water Polo: Scott Morton
 Wrestling: Paul Caputo

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Bob McCurdy
 B. BB: Howard Suda
 G. BB: Ramon Vasquez
 B. XC: Ian Cummings
 G. XC: Ian Cummings
 Field Hockey: Brianne Martinez
 Football: Gene Alim
 B. Golf: Joe Rankin
 G. Golf: Greg Sullivan
 Gymnastics: Cody Moses
 B. Lacrosse: Eric Ruden
 G. Lacrosse: Manny Frutos
 Roller Hockey: Adrian Rodriguez

B. Soccer: Brian Lewis
 G. Soccer: Mike Diaz
 Softball: David Marin
 B. Swim: Ernie Medina
 G. Swim: Ernie Medina
 B. Tennis: Albert Ramos
 G. Tennis: Albert Ramos
 B. Track: Ian Cumming
 G. Track: Ian Cumming
 B. VB: Tony Fajardo
 G. VB: James Haug
 B. Water Polo: Mile Pilgrim
 G. Water Polo: Ernie Medina
 Wrestling: Troy Vierra

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: DNF
 G. BB: DNF
 B. XC: Steve Edwards
 G. XC: Steve Edwards
 Field Hockey: DNF
 Football: DNF
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: Darren Lawlor
 G. Lacrosse: Liza Neptune
 Roller Hockey: DNF

B. Soccer: David Boyett
 G. Soccer: Riki Ann Serrins
 Softball: DNF
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: TBA
 G. Tennis: TBA
 B. Track: DNF
 G. Track: DNF
 B. VB: DNF
 G. VB: Melissa Sullivan
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Gilbert Guilin
 B. BB: Rick Copple
 G. BB: Gerald Edwards
 B. XC: Tim Jorgenson
 G. XC: Tim Jorgenson
 Field Hockey: DNF
 Football: George Dagnino
 B. Golf: Ken Fletcher
 G. Golf: Val Braden
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Arturo Gonzalez
 G. Soccer: Craig Wiita
 Softball: Gloria Naranjo
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: George Dagnino
 G. Track: Gerald Edwards
 B. VB: DNF
 G. VB: Emily Chute
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Ian John

PATRICK HENRY

web: www.henry.sandi.net
 6702 Wandermere Drive
 San Diego, CA 92120-3299
 Ph: 619-286-7700
 Fax: 619-229-0370
 City Conference/Eastern
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2454
 Patriots
 Green/Gold/White

Direction: I-8 to College Ave North - R
 at Navajo Rd - R at Park Ridge - R at
 Wandermere Dr.

POINT LOMA

www.pointlomahigh.com
 2335 Chatsworth Blvd.
 San Diego, CA 92106
 Ph: 619-223-3121
 Fax: 619-225-1298
 City Conference/Eastern
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2076
 Pointers
 Maroon/Gold

Direction: I-8 to Rosecrans St West -
 R at Lytton which becomes Chatsworth.

POWAY

web: www.powayusd.or/pusdphs/index.asp
 15500 Espola Road
 Poway, CA 92064
 Ph: 858-748-0245
 Fax: 858-679-6879
 North County Conference/Palomar
 Poway U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2865
 Titans
 Green/White/Gray

Direction: I-15 to Camino del Norte East.
 Cont. east on Twi Peaks Rd - L on Espola.

PREUSS SCHOOL UCSD (THE)

web: www.preuss.ucsd.edu
 9500 Gilman Drive
 La Jolla, CA 92023-0536
 Ph: 858-658-7400
 Fax: 858-658-0988
 Fronter League
 San Diego U.S.D. Charter
 Coed/Four Years
 Enrollment (9-12) = 418
 Tritons
 Royal Blue/Gold

Direction: I-5 to Genessee East - R on
 Campus Point Dr - R on Voigt.

RAMONA

web: www.ramonausd.net
 1401 Hanson Lane
 Ramona, CA 92065
 Ph: 760-787-4000
 Fax: 760-787-4058
 North County Conference/Valley
 Ramona U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2055
 Bulldogs (The Dawgs)
 Blue/white/Black/red

Direction: I-8 to 67 North to Ramona.
 R at 10th St to San Vincente Rd -
 R at Hanson Lane.

ADMINISTRATION

Prin: Pat Crowder x 2208
 pcrowder@sandi.net
 Prin Sec: Anetha Johnson x 2208
 ajohnson2@sandi.net
 AP: Jim Good x 2210
 jgood1@sandi.net
 AD: Jack Lococo
 jlococo@sandi.net
 AD Sec: N/A
 ASB: Bill Miller x 4302
 Finance: Debbie Southward x 2202
 Cheer: Beatriz Bernal x 4204
 Band: Matt Kalal x 4602

ADMINISTRATION

Prin: Barbara Samilson x 1107
 bsamilson@sandi.net
 Prin Sec: Pam Dowling x 1107
 pdowling1@sandi.net
 AP: Kevin Gormly x 1103
 AD: John Murphy x4655
 jmurphy1@sandi.net
 AD Sec: Sue McCartney x 1103
 Ath Trainer: Lindsey Donnelly x 1142
 ldonnell@ptloma.edu
 ASB: Jennifer Gardham x 1123
 Finance: Mara Santoni-Cruz x 1112
 Cheer: Kellie Larsen x 4857
 Band: Melissa Mimmons x 4457

ADMINISTRATION

Prin: Scott Fisher x 5100
 sfisher@powayusd.com
 Prin Sec: Janet Schaitel x5100
 jschaitel@powayusd.com
 AP: Pete McKee
 pmckee@powayusd.com
 AD: Dan Crane x 5112
 dcrane@powayusd.com
 AD Sec: Arlene Grosely x 5102
 Ath Trainer: CJ Hernandez
 chernandez@powayusd.com
 ASB: Emily Petterson x5182
 Finance: Nita Allen x 5107
 Cheer: Danielle Crane x 5406
 Band: Mike Cook x 5200

ADMINISTRATION

Prin: Scott Barton 658-7404
 sbarton@ucsd.edu
 Prin Sec: Margie Eiermann 658-7404
 meiermann@ucsd.edu
 AP: TBA
 Email: TBA
 AD: Lisa Hawk 658-7423
 mhawk@ucsd.edu
 AD Sec: None
 ASB: Ann Artz 658-7400
 Finance: Sonia Anaya 658-7411
 Cheer: Stephanie Garcia 658-7237
 Band: None

ADMINISTRATION

Prin: Tony Newman 787-4005
 tnewman@ramonausd.net
 Prin Sec: Cynthia Salow 787-4005
 csalow@ramonausd.net
 AP: David Lohman 787-4009
 AD: Damon Baldwin 787-4006
 dbaldwin@ramonausd.net
 AD Sec: Erin Kent 787-4010
 ekent@ramonausd.net
 Ath Trainer: Steve Pettis
 ASB: Mona Snodgrass
 Finance: Connie Claxton 787-4015
 Cheer: Heather Birse 760-695-8003
 Band: Daniel James 787-4058

VARSIITY HEAD COACHES

Badminton: Bill Miller
 Baseball: Jack Lococo x 4507
 B. BB: Jack Morganstern
 G. BB: Nick Berteaux
 B. XC: Andrew Myette x 4404
 G. XC: Andrew Myette x 4404
 Field Hockey: Bill Nelson
 Football: Mike Williams
 B. Golf: Matt Reese x 2220
 G. Golf: Charles Pearsall
 Gymnastics: DNF
 B. Lacrosse: John Supp
 G. Lacrosse: Elisha Agee
 Roller Hockey: DNF

B. Soccer: David Rath
 G. Soccer: Howard Hawver
 Softball: Damon Shaffer x 4400
 B. Swim: Tawnja Hinojosa
 G. Swim: Tawnja Hinojosa
 B. Tennis: TBA
 G. Tennis: Karen Ronney
 B. Track: Andrew Myette x 4404
 G. Track: Andrew Myette x 4404
 B. VB: Justin Conde
 G. VB: Justin Conde
 B. Water Polo:Tawnja Hinojosa
 G. Water Polo: Tawnja Hinojosa
 Wrestling: TBA

VARSIITY HEAD COACHES

Badminton: TBA
 Baseball: Jon Posternack
 B. BB: Chris Brisco
 G. BB: Andrea Anderson
 B. XC: Keith DeLong
 G. XC: Rob Barnett
 Field Hockey: Shannon Collins
 Football: Mike Hastings
 B. Golf: Fred Fogerty
 G. Golf: Fred Fogerty
 Gymnastics: Travis
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Manny Diaz
 G. Soccer: John Murphy
 Softball: Tom Kamfonik
 B. Swim: Jerry Rich
 G. Swim: Jerry Rich
 B. Tennis: Chris Majors
 G. Tennis: Chris Majors
 B. Track: Keith DeLong
 G. Track: Shannon Collins
 B. VB: Michael Bevis
 G. VB: Jon Posternack
 B. Water Polo: Jerry Rich
 G. Water Polo: Jerry Rich
 Wrestling: Phillip Moore

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Bob Parry
 B. BB: Aaron Little
 G. BB: Jay Trousdale
 B. XC: Dan Schaitel
 G. XC: Dan Schaitel
 Field Hockey: Cindi Lou Villa
 Football: Damian Gonzalez
 B. Golf: David Thompson
 G. Golf: Karen Brannon
 Gymnastics: David Moser
 B. Lacrosse: Paul Sanit
 G. Lacrosse: Sarah Spillett
 Roller Hockey: Dale Ingram

B. Soccer: Gene Morris
 G. Soccer: Jenn Lalor
 Softball: Jim Bennet
 B. Swim: Tim Fuller
 G. Swim: Susan Bell
 B. Tennis: Andy Surber
 G. Tennis: Evi Yarnell-Valles x 5487
 B. Track: Phil Burian
 G. Track: Phil Burian
 B. VB: Charlie Jackson
 G. VB: Steve Lamb
 B. Water Polo: Chad Aronen
 G. Water Polo: Chad Aronen
 Wrestling: Wayne Branstetter

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: Pete Selleck
 G. BB: Meghan McGovern
 B. XC: Barak Smith
 G. XC: Barak Smith
 Field Hockey: DNF
 Football: DNF
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: Eric Brazelton
 G. Lacrosse: Lisa Hawk
 Roller Hockey: DNF

B. Soccer: Vincent Fulchiron
 G. Soccer: Danielle Agliam
 Softball: DNF
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. VB: DNF
 G. VB: Danielle Agliam
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Dean Welch 787-4101
 B. BB: Ken Scheib
 G. BB: TBA
 B. XC: Steven Albanese
 G. XC: Steven Albanese
 Field Hockey: DNF
 Football: Damon Baldwin
 B. Golf: Jerry Patenaude
 G. Golf: John Rathbun
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: Jim Bliss
 Roller Hockey: DNF

B. Soccer: Mike Jordan
 G. Soccer: George Garcia
 Softball: Mike Schuler
 B. Swim: Frank Yterralde
 G. Swim: Stacy Dusseault
 B. Tennis: Douglas Failla
 G. Tennis: Douglas Failla
 B. Track: Bob Verhoest
 G. Track: Bob Verhoest
 B. VB: Jeff Klauda
 G. VB: Connie Halfaker
 B. Water Polo: Donny Williams
 G. Water Polo: Donny Williams
 Wrestling: Steve Koch

RANCHO BERNARDO

web: rbhs.org
 13010 Paseo Lucido
 San Diego, CA 92128
 Ph: 858-485-4800
 Fax: 858-485-4822
 North County Conference/Palomar
 Poway U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2789
 Broncos
 Royal Blue/Silver/White

Direction: I-15 to Camino Del Norte
 East - Left at Paseo Lucido.

RANCHO BUENA VISTA

web: rbvhs.vusd.k12.ca.us
 1601 Longhorn Drive
 Vista, CA 92081
 Ph: 760-727-7284
 Fax: 760-598-7062
 North County Conference/Palomar
 Vista U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 3104
 Longhorns
 Maroon/Silver/White

Direction: I-5 to 78 East - South on
 Melrose to Longhorn Drive.

RIVER VALLEY CHARTER SCHOOL

web: www.rivervalleyhigh.org
 9707 1/2 Marilla Drive
 Lakeside, CA 92040
 Ph: 619-390-2579
 Fax: 619-390-2581
 Frontier League
 Lakeside U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 145
 Snow Leopard
 Royal Blue/White

Direction: Hwy 67 East to Riverford Rd.
 R to light - L on Woodside Ave - R on
 Marilla Dr.

ROCK ACADEMY (THE)

web: www.therockacademy.org
 2277 Rosecrans Street
 San Diego, CA 92106
 Ph: 619-764-5200
 Fax: 619-764-5201
 Frontier League
 Enrollment (9-12) = 51
 Warrior
 Purple/Black/Silver

Direction: From I-8 W take Rosecrans St to
 Womble, make left. On corner of Rosecrans
 and Womble.

SAINT AUGUSTINE

web: sahs.org
 3266 Nutmeg Street
 San Diego, CA 92104
 Ph: 619-282-2184
 Fax: 619-282-1203
 City Conference/Western
 Catholic Independent
 All Boys/Four Years
 Enrollment (9-12) = 714
 Saints
 Purple/Gold

Direction: I-805 to University Ave - L
 at 32nd St - L at Nutmeg.

ADMINISTRATION

Prin: Paul Robinson x 4844
 probinson@powayusd.com
 Prin Sec: Becky Brady x 4846
 AD: Peggy Brose x 4808
 pbrose@powayusd.com
 AD Sec: Rhonda Ewald x 4508
 rewald@powayusd.com
 Ath Trainer: Robbie Bowers x4541
 rbowers@powayusd.com
 ASB: Bill/Robin Christopher x 4543
 Finance: Kasa Mele x 4825
 kmele@powayusd.com
 Cheer: Darla Issak x4323
 Band: Tom Cole x 4578

ADMINISTRATION

Prin: Varda Levy 726-2170
 vlevy@vusd.k12.ca.us
 Prin Sec: Lupe Rodriguez
 lrodriguez@vusd.k12.ca.us
 AP: Steve Hargrave x 3211
 AD: Marty Nellis
 mnellis@vusd.k12.ca.us
 AD Sec: N/A
 Ath Trainer: Merilee Alexander
 ASB: Kelly McKinney x 3312
 Finance: Debbie Voss x 3925
 Cheer: Danielle Schlapper
 danielschlapper@vuhdsd.k12.ca.us
 Band: Eric Weirather/Mark Wadleigh x 3417

ADMINISTRATION

Prin: Cheryl Bloom
 cheryl.bloom@rivervalleyhigh.org
 Prin Sec: Stacy Clark
 stacy.clark@rivervalleyhigh.org
 AD: Eli Pitman
 elipitman@hotmail.com
 AD Sec: N/A
 ASB: Brian Wickershaw 390-2579
 Finance: N/A
 Cheer: N/A
 Band: N/A

ADMINISTRATION

Prin: Richard Andujo 619-764-5206
 richard.andojo@therockacademy.org
 Prin Sec: Autumn Cropp 764-5208
 autumn.cropp@therockacademy.org
 AD: Zack Jones 226-7625
 zack.jones@therocksandiego.org
 AD Sec: Lorri Greene 226-7625
 lorri.greene@therocksandiego.org
 Finance: Gail Andujo 764-5207
 gail.andojo@therockacademy.org

ADMINISTRATION

Prin: James Horne x 5515
 jhorne@sahs.org
 Prin Sec: Karene Evenson x 5515
 kevenson@sahs.org
 AP: Mike Stephenson x 5538
 AD: Mike Stephenson x 5538
 msteph@sahs.org
 AD Sec: Sarah Lang x 5536
 slang@sahs.org
 ASB: Greg Hecht x5544
 Finance: Kimm Kay x 5522
 kkay@sahs.org
 Cheer: Mark Rauch 297-2266
 Band: Brandon Jagow x 5528

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Sam Blalock
 B. BB: Jim Choe
 G. BB: Amy Peck
 B. XC: Terry Dockery
 G. XC: Terry Dockery
 Field Hockey: Kate Rudkin
 Football: Brad Elrod
 B. Golf: Kevin Keller
 G. Golf: Tim Steigerwald
 Gymnastics: Mindy Bailey
 B. Lacrosse: Bruce Seitz
 G. Lacrosse: Laura Fortney
 Roller Hockey: Pat Sagara

B. Soccer: Kurt Trecker
 G. Soccer: Raffaele Ruotolo
 Softball: Summer Downs
 B. Swim: Tim Oelgoetz
 G. Swim: Tim Oelgoetz
 B. Tennis: Mike Parrinello
 G. Tennis: Mike Parrinello
 B. Track: Don Jones
 G. Track: Don Jones
 B. VB: Rachael Grant-Dixon
 G. VB: Jay Van Vark
 B. Water Polo: Fred Gleason
 G. Water Polo: Fred Gleason
 Wrestling: Joe Eddie Terribilini

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Leo Fletes
 B. BB: Terry Miller
 G. BB: Pete LaFrance
 B. XC: Tom Lux
 G. XC: Tom Lux
 Field Hockey: Kaci Bronson
 Football: Erick Jorgensen
 B. Golf: Terry Miller/Tim Leary
 G. Golf: Kathy George
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Mike saldanna
 G. Soccer: Tim Leary
 Softball: TBA
 B. Swim: Adam Crosswhite
 G. Swim: Adam Crosswhite
 B. Tennis: Mark Bauer
 G. Tennis: Mark Bauer
 B. Track: Tom Lux
 G. Track: Keith van Asdalan
 B. VB: DNF
 G. VB: Le Anne DeBora
 B. Water Polo: Adam Crosswhite
 G. Water Polo: Adam Crosswhite
 Wrestling: Preston Picus

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: DNF
 G. BB: DNF
 B. XC: Eli Pitman
 G. XC: Eli Pitman
 Field Hockey: DNF
 Football: DNF
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Eli Pitman
 G. Soccer: Paolo Landini
 Softball: DNF
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: Eli Pitman
 G. Track: Eli Pitman
 B. VB: DNF
 G. VB: DNF
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Jesse Nunez
 B. BB: Zack Jones
 G. BB: Matt Chavez
 B. XC: DNF
 G. XC: DNF
 Field Hockey: DNF
 Football: Rob Thompson
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: DNF
 G. Soccer: Greg Williams
 Softball: Brian Lamb
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. VB: DNF
 G. VB: Danielle Demko
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Craig da Luz x5525
 B. BB: Mike Haupt x5521
 G. BB: DNF
 B. XC: Jerry Downey x5559
 G. XC: DNF
 Field Hockey: DNF
 Football: Richard Sanchez x5599
 B. Golf: Greg Ranney x5573
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: Christian Da Luz

B. Soccer: Brendan Johnston x5563
 G. Soccer: DNF
 Softball: DNF
 B. Swim: Kevin Manley x5568
 G. Swim: DNF
 B. Tennis: Tom Isaak x5570
 G. Tennis: DNF
 B. Track: Jerry Downey x5559
 G. Track: DNF
 B. VB: Greg Hecht x5544
 G. VB: DNF
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Frank Unpingco

ST. JOSEPH ACADEMY

web: www.saintjosephacademy.org
 500 Las Flores Drive
 San Marcos, CA 92078
 Ph: 760-305-8505
 Fax: 760-305-8466
 Frontier League
 Catholic Independent
 Coed/Four Years
 Enrollment (9-12) = 63
 Crusaders
 Blue/White/Gold

Direction: Hwy 78 exit Rancho Santa Fe-head South. R on Mission Road, head one block east

ADMINISTRATION

Prin: Carole White
 cwhite@saintjosephacademy.org
 Prin Sec: Clara DiFelipis
 AD: Kevin Allen
 kallen@saintjosephacademy.org
 AD Sec: None
 ASB: Sarah Del Castillo
 Finance: Unknown
 Cheer: Unknown
 Cheer: Unknown

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: Bob Berenschot
 G. BB: Steve Cavlier
 B. XC: DNF
 G. XC: DNF
 Field Hockey: DNF
 FB - 8-Man: Ed Wean
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 Roller Hockey: DNF
 B. Soccer: DNF
 G. Soccer: David Tedrow
 Softball: DNF
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: Cheryl Tedrow
 G. Track: Cheryl Tedrow
 B. VB: DNF
 G. VB: Kevin Allen
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF
 Wrestling: DNF

SAN DIEGO HIGH EDUCATIONAL COMPLEX

web: www.sdhs.sandi.net
 1405 Park Blvd.
 San Diego, CA 92101
 Ph: 619-525-7455
 Fax: 619-744-7676
 City Conference/Eastern
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2894
 Cavers
 Royal Blue/White

Direction: I-5 South to 10th Ave. exit. L at A Street - L at Park Blvd.

ADMINISTRATION

Prin: Rocio Weiss x2122
 eweiss@sandi.net
 Prin Sec: Vivian Perez x2100
 vperez@sandi.net
 AP: Peter Altomare x2122
 AD: Ty Guzik x2251
 tguzik@sandi.net
 AD Sec: Patty Pineda x2251
 Trainer: None
 ASB: Francisca Del Carmen x 3007
 Finance: Kevin Simonds x2109
 ksimonds@sandi.net
 Cheer: Trina Reeves
 Band: Deanna Hastings x 4408

VARSITY HEAD COACHES

Badminton: Deron Amber
 Baseball: Sean Tucker
 B. BB: Ryan Imer
 G. BB: Lonnie Jones
 B. XC: Ed Ramos
 G. XC: Ed Ramos
 Field Hockey: DNF
 Football: Keir Kimbrough
 B. Golf: Jeremy Martin
 G. Golf: Jeremy Martin
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Chris Tolles
 G. Soccer: Steve Lincoln
 Softball: Carl Marquez
 B. Swim: Mariana Delgado
 G. Swim: Mariana Delgado
 B. Tennis: Andrew Cretella
 G. Track: Robert Dean
 B. Track: Robert Dean
 G. Track: Robert Dean
 B. VB: Irene Mello
 G. VB: Irene Mello
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Carl Marquez

SAN DIEGO ACADEMY

web: sdacademy.com
 2800 East 4th Street
 National City, CA 91950
 Ph: 619-267-9550
 Fax: 619-267-8662
 Southern Conference
 Private School
 Coed/Four Years
 Enrollment (9-12) = 112
 Cavaliers
 Royal Blue/White

Direction: I-805 to Palm Ave - R to 4th - turn left OR I-805 N to Plaza Blvd - R to Euclid Ave - L to 4th and turn right.

ADMINISTRATION

Prin: Mervin Kesler
 principal@sdacademy.com
 Prin Sec: Mary Mendoza x 153
 school@sdacademy.com
 AP: Julie Savino x 161
 viceprincipal@sdacademy.com
 AD: Bud Schaffner x 161
 schaffner4@cox.net
 AD Sec: N/A
 ASB: N/A
 Finance: Judy Anderson
 Cheer: N/A
 Band: Harold Alvarez x 131

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: Bud Schaffner
 G. BB: Ollie Hardin
 B. XC: DNF
 G. XC: DNF
 Field Hockey: DNF
 Football: DNF
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: DNF
 G. Soccer: DNF
 Softball: DNF
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. VB: DNF
 G. VB: Chip Gifford
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

SAN DIEGO JEWISH ACADEMY

web: sdja.com
 11860 Carmel Creek Road
 San Diego, CA 92130
 Ph: 858-704-3700
 Fax: 858-704-3771
 Southern Conference/Citrus West
 Private School
 Coed/Four Years
 Enrollment (9-12) = 191
 Lions
 Royal Blue/Gold

Direction: I-5 to Hwy 56 West - Exit Carmel Creek Rd - R 1/4 mile to school.

ADMINISTRATION

Prin: Jeff Davis x 3777
 jdavis@sdja.com
 Prin Sec: Brittnay Hudson x 3786
 bhudson@sdja.com
 Dean: TBA
 AD: Charlie Wund x 3732
 cwund@sdja.com
 AD Sec: None
 Ath Trainer: Dr. Pawen Dhokal
 pdhokal@sdja.com
 ASB: TBA
 Finance: Monica Hoffman 704-3845
 Cheer: N/A
 Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Charlie Wund
 B. BB: Steve Shoemaker
 G. BB: Christine Rohane
 B. XC: Jenna Blubaugh
 G. XC: Jenna Blubaugh
 Field Hockey: DNF
 Football: Pawen Dhokal
 B. Golf: Doug Kipperman
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: TBA
 B. Soccer: Brian Dragou
 G. Soccer: Jill Weinberg
 Softball: Jeff Parrott
 B. Swim: James Murphy
 G. Swim: James Murphy
 B. Tennis: Adrian Waisfeld
 G. Tennis: Adrian Waisfeld
 B. Track: DNF
 G. Track: DNF
 B. VB: DNF
 G. VB: Mellissa Maxwell
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

SAN DIEGUITO ACADEMY

web: sdacademy.net
 800 Santa Fe Drive
 Encinitas, CA 92024
 Ph: 760-753-1121
 Fax: 760-753-8142
 Coastal Conference/North
 San Dieguito U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1497
 Mustangs
 Blue/White

Direction: I-5 to Santa Fe Drive East - Drive east 2 blocks to school on left.

ADMINISTRATION

Prin: Michael Grove x5001
 michael.grove@sduhsd.net
 AP: Don Rizzi
 don.rizzi@sduhsd.net
 AD: John Labeta x 5007
 john.labeta@sduhsd.net
 AD Sec: Megan Thompson x 5167
 megan.thompson@sduhsd.net
 ASB: Rod Keillor x 5155
 Finance: Jolene Andrade x 5028
 jolene.andrade@sduhsd.net
 Cheer: DNF
 Band: Jeremy Wuertz x 5293

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Dennis Koolhaas
 B. BB: Ethan Segovia
 G. BB: Jim Segovia
 B. XC: Gordy Haskett
 G. XC: Gordy Haskett
 Field Hockey: Brooke Wilson
 Football: DNF
 B. Golf: Doug Timmons
 G. Golf: James Hrzina
 Gymnastics: DNF
 B. Lacrosse: Greg Moser
 G. Lacrosse: Liza Neptune
 Roller Hockey: DNF
 B. Soccer: Craig Dean
 G. Soccer: Evan Camperell
 Softball: Sam Corrao
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: Joe Tomasi
 G. Tennis: Joe Tomasi
 B. Track: TBA
 G. Track: Gordy Hasket
 B. VB: Dexter Harvey
 G. VB: Dexter Harvey
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: TBA

SAN MARCOS

web: sanmarcoshighschool.org
 1615 San Marcos Blvd.
 San Marcos, CA 92069
 Ph: 760-290-2200
 Fax: 760-736-8275
 North County Conference/Valley
 San Marcos U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2032
 Knights
 Navy/Silver/Blue

Direction: I-15 to 78 West to San
 Marcos Blvd West to Knights Realm Left

ADMINISTRATION

Prin: Julie Mottershaw x 2213
 jmottershaw@smusd.org
 AP: Matt Steitz x 2333
 AD: Scott Jones 290-2318
 scott.jones@smusd.org
 AD Sec: N/A
 Ath Trainer: Paul Savage
 paul.savage@smusd.org
 ASB: Barry Zeait x 2235
 Finance: Rosanna Alvarez x 2224
 Cheer: Bonnie Bagheri x 2200
 Band: Matt Armstrong x 2236

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Jeff Dufek
 B. BB: Dante Carey
 G. BB: Scott Boyens
 B. XC: Kevin Chindlund
 G. XC: Kevin Chindlund
 Field Hockey: Jonathan St. John
 Football: Robert Cendro
 B. Golf: John Morello
 G. Golf: John Morello
 Gymnastics: DNF
 B. Lacrosse: Mike Mathai
 G. Lacrosse: Robert Meder
 Roller Hockey: DNF
 B. Soccer: Eddie Skuratovsky
 G. Soccer: Eric Lona
 Softball: Brant Bedow
 B. Swim: Chris Baker
 G. Swim: Chris Baker
 B. Tennis: Bruce Storrs
 G. Tennis: Paul Hartman
 B. Track: Kevin Chindlund
 G. Track: Kevin Chindlund
 B. VB: Tom Coleman
 G. VB: Huy Nguyen
 B. Water Polo: Chris Baker
 G. Water Polo: Todd Shaffer
 Wrestling: Brody Barrios

SAN PASQUAL

web: sphs@euhsd.k12.ca.us
 3300 Bear Valley Parkway
 Escondido, CA 92025
 Ph: 760-291-6000
 Fax: 760-480-3112
 North County Conference/Avocado
 Escondido U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2571
 Golden Eagles
 Blue/Gold

Direction: I-15 to Via Rancho Parkway
 East - East on Bear Valley Parkway.

ADMINISTRATION

Prin: Erin Smith 291-6001
 esmith@euhsd.k12.ca.us
 Prin Sec: Ruth Moss 291-6001
 AP: Richard Watkins 291-6025
 rwatkins@euhsd.k12.ca.us
 AD: Andrew Clark
 aclark@euhsd.k12.ca.us
 AD Sec: Kim Lane 291-6015
 Ath Trainer: Chad Pedersen
 cpedersen@euhsd.k12.ca.us
 ASB: Tracey Greer x 6090
 Finance: Kim Lane 291-6015
 Cheer: Debby Clark
 Band: Brian Lund

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Tony Colantano
 B. BB: Orlando Monell
 G. BB: TBA
 B. XC: Patrick King
 G. XC: Patrick King
 Field Hockey: TBA
 Football: Tony Corley
 B. Golf: Jamie Wills
 G. Golf: Jenny Cole
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: John Burson
 G. Soccer: Lisa Brown
 Softball: Andy Villalobos
 B. Swim: Ed Talbott
 G. Swim: Ed Talbott
 B. Tennis: Ron Peet x 6215
 G. Tennis: Ron Peet x 6215
 B. Track: Patrick King
 G. Track: Patrick King
 B. VB: Caroline Monahan
 G. VB: Steve Antony
 B. Water Polo: Ed Talbott
 G. Water Polo: TBA
 Wrestling: Ron Rogers

SAN PASQUAL ACADEMY

web: sanpasqualacademy.org
 17701 San Pasqual Valley Road
 Escondido, CA 92056
 Ph: 760-233-6003
 Fax: 760-233-6018
 AD Fax: 760-504-0386
 Southern Conference
 San Diego County Office of Education
 Coed/Four Years
 Enrollment (9-12) = 110
 Dragons
 Silver/Black/Royal Blue
Direction: I-15 to Via Rancho Pkwy E. -
 (becomes Bear Valley Pkwy) - R at San
 Pasqual HS to Old Milky Way Rd to stop
 sign - R onto Hwy 78 - about 3 mi on right.

tallison@sdcoe.net

Prin: Ron Major
 rmajor@sdcoe.net
 Prin Sec: Candie Meyers
 meyers@sdcoe.net
 AP: N/A
 AD: Bob Manning 504-0386
 coachmanning@hotmail.com
 AD Sec: N/A
 ASB: Michael Fenick
 Finance: Candie Meyers
 Cheer: TBA
 Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Bob Manning
 B. BB: Bryan Moore
 G. BB: Tia Moore
 B. XC: DNF
 G. XC: DNF
 Field Hockey: DNF
 Football: Bob Manning
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: DNF
 G. Soccer: DNF
 Softball: TBA
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. VB: DNF
 G. VB: Mary Beacham
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

SAN YSIDRO

web: www.suhsd.k12.ca.us/syhs
 5353 Airway Road
 San Diego, CA 92154
 Ph: 619-710-2300
 Fax: 619-710-2318
 Metro Conference/South Bay
 Sweetwater U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2420
 Cougars
 Sky Blue/Gold

Direction: I-805 S to 905 E. R - Caliente
 Ave. Turn R - AirwayRd.

ADMINISTRATION

Prin: Hector Espinoza x 2304
 hector.espinoza@suhsd.k12.ca.us
 Prin Sec: Vanessa Figueroa
 AP: Juan Neria
 juan.neria@suhsd.k12.ca.us
 AD: Gary Pugh 710-2344
 gary.pugh@suhsd.k12.ca.us
 AD Sec Alejandra Inzunza
 ASB: Alejandra Inzunza
 Finance: Maria Prince 710-2365
 Cheer: Carla Love
 Band: Tony Sacco 710-2300

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Ken Canche
 B. BB: Terry Tucker
 G. BB: Shanna Demus
 B. XC: Ron Sayers
 G. XC: TBA
 Field Hockey: DNF
 Football: Gary Pugh
 B. Golf: Randy Hart
 G. Golf: Ken Canche
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Mike Hovenic
 G. Soccer: Kristina Hernandez
 Softball: Laura Harper
 B. Swim: Tom Grall
 G. Swim: Tom Grall
 B. Tennis: TBA
 G. Tennis: Cheryl Bayley
 B. Track: Ron Sayers
 G. Track: TBA
 B. VB: Sara Reimund
 G. VB: Laura Harper
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Mario Ramirez

SANTA FE CHRISTIAN

web: www.sfcs.net
 838 Academy Drive
 Solana Beach, CA 92075
 Ph: 858-755-8900
 Fax: 858-350-9149
 Coastal Conference/North
 Private School
 Coed/Four Years
 Enrollment (9-12) = 357
 Eagles
 Red/Gold

Direction: I-5 to Loma Santa Fe Dr - W
 to Stevens Ave. L on Stevens - L on
 Academy Dr to top of hill - school on L.

ADMINISTRATION

Prin: Matt Hannan
 mhannan@sfcs.net
 Prin Sec: Glenda Lyons x 1022
 AD: Ross Boucher x 1029
 boucher@sfcs.net
 AD Sec: Leslie Easterling x1038
 leasterling@sfcs.net
 Ath Trainer: Kristal Peterson
 kpeterson@sfcs.net
 ASB: Amy Kennard x2230
 Finance: Billie Holt x 1006
 Cheer: Julie Mazzola
 Band: David Hall x 1032

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Don Mitchell
 B. BB: Chad Bickley
 G. BB: Eisha Bohman
 B. XC: Travis Hobbs
 G. XC: Travis Hobbs
 Field Hockey: DNF
 Football: Nick Ruscetta
 B. Golf: Nick Ruscetta
 G. Golf: Wendy Wisbon
 Gymnastics: DNF
 B. Lacrosse: Danny Kolts
 G. Lacrosse: Suzanne Campaig
 Roller Hockey: DNF
 B. Soccer: Carlos Calderon
 G. Soccer: Chris Whyte
 Softball: Darrell Enderlin
 B. Swim: Shaun Kennard
 G. Swim: Shaun Kennard
 B. Tennis: Augustus Garcis
 G. Tennis: Roxy Potter
 B. Track: Chris Whyte
 G. Track: Chris Whyte
 B. VB: John Park
 G. VB: Gail Malone
 B. Water Polo: Shaun Kennard
 G. Water Polo: Shaun Kennard
 Wrestling: Isreal LoBue

SANTANA

web: www.guhsd.net/santana
 9915 Magnolia Avenue
 Santee, CA 92071
 Ph: 619-956-0200
 Fax: 619-449-3119
 Grossmont Conference/Valley
 Grossmont U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1418
 Sultans
 Purple/Gold

Direction: Hwy 67 N to Prospect L. R
 on Magnolia OR Hwy 52 E to Mast Blvd -
 L on Mast to Magnolia (school on corner).

ADMINISTRATION

Prin: Tim Schwuchow 956-0211
 tschwuchow@guhsd.net
 Prin Sec: Sherry Bingham 956-0212
 saase@guhsd.net
 AP: Larry Oedewaldt 956-0221
 AD: John Bobof 956-0381
 jbobof@guhsd.net
 AD Sec: Sandi King 956-0225
 sking@guhsd.net
 ASB: Melissa Hassell
 Finance: Kristi Hines 956-0237
 khines@guhsd.net
 Cheer: Jackie Billings 956-0220
 Band: TBA

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Larry Oedewaldt
 B. BB: Tim Barry
 G. BB: Mark Tipton
 B. XC: Bret Wilson
 G. XC: Bret Wilson
 Field Hockey: John Failla
 Football: Dave Gross
 B. Golf: Jason Kay
 G. Golf: Linda Chandler
 Gymnastics: Jennipher Creed
 B. Lacrosse: Adam Vickery
 G. Lacrosse: Megan Lilien
 Roller Hockey: DNF
 B. Soccer: Luke Phillips
 G. Soccer: Don Kurpiewski
 Softball: Mike Bass
 B. Swim: Eileen Bagg-Rizzo
 G. Swim: Eileen Bagg-Rizzo
 B. Tennis: John Lelevier
 G. Tennis: Andrea Pino-Vlassis
 B. Track: Bret Wilson
 G. Track: Bret Wilson
 B. VB: Michele Hilemon
 G. VB: Karen Adams
 B. Water Polo: Rod Bowen
 G. Water Polo: Janelle Malueg
 Wrestling: Mike Hobbs

SCRIPPS RANCH

web: www.sandi.net/srhs/
 10410 Treena Street
 San Diego, CA 92131
 Ph: 858-621-9020
 Fax: 858-621-0646
 City Conference/Western
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2330
 Falcons
 Cardinal Red/White/Navy Blue

Direction: I-15 to Mira Mesa Blvd - E -
 R on Scripps Ranch Blvd - R on Scripps
 Lake Dr - L on Treena St.

ADMINISTRATION

Prin: Kurt Madden
 kmadden2@sandi.net
 Prin Sec: Louise Merrithew x 1003
 AP: John King x 1105
 jking2@sandi.net
 AD: Dennis Morrow x 1115
 dmorrow@sandi.net
 AD Sec: Donna Sawwelle x 1111
 Ath Trainer: Whitney
 jking2@sandi.net
 ASB: Jen O'Connor x 4501
 Finance: Vicki Davis x 1121
 Cheer: Maren Sweeney x 4701
 Band: Rusty Shedd x 4120

VARSIITY HEAD COACHES

Badminton: Tom Crane
 Baseball: Ryan Thompson
 B. BB: Anthony Tucker
 G. BB: Nancy Moyer
 B. XC: Lori Grow/Colette Smirni
 G. XC: Lori Grow/Colette Smirni
 Field Hockey: Jane Morrill
 Football: Sergio Diaz
 B. Golf: Mikel Moran
 G. Golf: Christy Serritela
 Gymnastics: DNF
 B. Lacrosse: Andrew Day
 G. Lacrosse: Nick Holslag
 Roller Hockey: Marc Lopez
 B. Soccer: Hans Witzell
 G. Soccer: Larry Pernicano
 Softball: Mary Jo Griswold
 B. Swim: James Tiffany
 G. Swim: Colette Smirniotis
 B. Tennis: Tom Hufford
 G. Tennis: Tom Hufford
 B. Track: TBA
 G. Track: TBA
 B. VB: Ronni Olsen
 G. VB: Ronni Olsen
 B. Water Polo: Victor Jensen
 G. Water Polo: James Tiffany
 Wrestling: Mark Trice

SERRA

web: serrra.sandi.net
 5156 Santo Road
 San Diego, CA 92124
 Ph: 858-496-8342
 Fax: 858-571-3457
 City Conference/Eastern
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2094
 Conquistadors
 Gold/Brown/White

Direction: I-15 to Tierrasanta Blvd - continue
 East- Left on Santo Road.

ADMINISTRATION

Prin: Mike Jimenez x 201
 mjimenez5@sandi.net
 Prin Sec: Wendy Fransk x 201
 wfransk@sandi.net
 AP: Josh Stepner x 222
 jstepner@sandi.net
 AD: John Pisapia x 181
 jpisapia@sandi.net
 Admin Asst: Bridgette Brunetto
 ASB: Joe Schmidt
 Finance: Chi Seo x 234
 Cheer: Erin Danielson x 218
 Band: Steve Rea

VARSIITY HEAD COACHES

Badminton: TBA
 Baseball: Brian Basteys
 B. BB: Jonn Pisapia
 G. BB: Ernie Biagioni
 B. XC: Jim Richards
 G. XC: Jim Richards
 Field Hockey: Laurie Berger
 Football: Brian Basteys
 B. Golf: Jarod Martin
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: Todd Parker
 G. Lacrosse: Laurie Berger
 Roller Hockey: DNF
 B. Soccer: Georges Nedellec
 G. Soccer: Elizabeth Ward
 Softball: Chris Herrin
 B. Swim: Suzie Fore
 G. Swim: Suzie Fore
 B. Tennis: Lorene Dabney
 G. Tennis: Lorene Dabney
 B. Track: Jonn Pisapia
 G. Track: Jonn Pisapia
 B. VB: Jerry Blanco
 G. VB: Tammy Giusta
 B. Water Polo: Charlie Equels
 G. Water Polo: Charlie Equels
 Wrestling: Henry Blackwood

SOUTH BAY CHRISTIAN

web: www.sbuoc.org
 395 "D" Street
 Chula Vista, CA 91910
 Ph: 619-585-0600 x30
 Fax: 619-585-0319
 Free Lance
 Private School
 Coed/Four Years
 Enrollment (9-12) = 14
 Eagles
 Red/White/Blue

Direction: I-805 to Hwy 54 W to
 Highland - S to corner of 4th & D Streets.

ADMINISTRATION

Prin: Devereaux Lloyd x 34
 revdev@sbcglobal.net
 Prin Sec: Jackie Ortiz
 AP: George Nobbs x 29
 AD-Boys: George Nobbs
 geonobbs@aol.com
 AD-Girls: Sarah Chun
 kuuleialoha1@hotmail.com
 AD Sec: Janette Davis x 30
 ASB: Devereaux Lloyd x 34
 Finance: Jackie Ortiz
 Cheer: N/A
 Band: N/A

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: Tony Zuniga
 G. BB: Sarah Chun
 B. XC: DNF
 G. XC: DNF
 Field Hockey: DNF
 Football: DNF
 B. Golf: George Nobbs
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: TBA
 G. Soccer: DNF
 Softball: DNF
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: Devereaux Lloyd
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. VB: DNF
 G. VB: Sarah Chun
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

SOUTHERN CALIFORNIA YESHIVA HIGH SCHOOL (SCY HIGH)

web: www.scyhigh.org
 3410 Mt. Acadia Blvd.
 San Diego, CA 92111
 Ph: 858-560-1818
 Fax: 858-560-8118
 Frontier League
 Private School
 All Boys/Four Years
 Enrollment (9-10) = 22
 Hawks
 Blue/White/Columbia Blue

Direction: Athletic contests held off site.

ADMINISTRATION

Prin: Sheldon Wolpoff
 principal@scyhigh.org
 Prin Sec: Jessica Anderson
 info@scyhigh.org
 AP: N/A
 AD: Ryan Woodard
 sports@scyhigh.org
 AD Sec: Jessica Anderson (see above)
 info@scyhigh.org
 ASB: N/A
 Finance: N/A
 Cheer: N/A
 Band: N/A

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: Ryan Woodard
 G. BB: DNF
 B. XC: Darrell Driskell
 G. XC: DNF
 Field Hockey: DNF
 Football: DNF
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: DNF
 G. Soccer: DNF
 Softball: DNF
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: Ryan Woodard
 G. Tennis: DNF
 B. Track: Darrell Driskell
 G. Track: DNF
 B. VB: DNF
 G. VB: DNF
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

SOUTHWEST (I.V.)

web: www.eaglesnet.net
 2001 Ocotillo Avenue
 El Centro, CA 92243
 Ph: 760-336-4100
 Fax: 760-353-0467
 Southeastern Conference/Imperial Valley
 Central U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2256
 Eagles
 Purple/Vegas Gold

Direction: I-8 east - exit Imperial Ave N - turn left on Ocotillo - school on left side approx 6 blocks.

SOUTHWEST (S.D.)

web: www.suhsd.k12.ca.us/soh
 1685 Hollister Avenue
 San Diego, CA 92154
 Ph: 619-660-3023
 Fax: 619-423-8253
 Metro Conference/South Bay
 Sweetwater U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1952
 Raiders
 Cardinal Red/Gold

Direction: I-5 to Coronado Ave - straight ahead to Hollister Street.

STEELE CANYON

web: N/A
 12440 Campo Road
 Spring Valley, CA 91978
 Ph: 619-660-3500
 Fax: 619-660-7198
 Grossmont Conference/Hills
 Grossmont U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2118
 Cougars
 Navy Blue/Cardinal

Direction: Hwy 94 E to Campo Rd to Cougar Canyon Dr - L into school.

SWEETWATER

web: www.suhsd.k12.ca.us/suh/
 2900 Highland Avenue
 National City, CA 91950
 Ph: 619-474-9700
 Fax: 619-474-7635
 AD Fax: 619-477-7872
 Metro Conference/South Bay
 Sweetwater U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2724
 Red Devils
 Red/Gray/White/Black
Direction: I-5 to 24th St East - R at Highland Ave or I-805 to Sweetwater Rd W - R at Highland Ave.

TORREY PINES

web: www.tphs.net
 3710 Del Mar Heights Rd, 92130
 Ph: 858-755-0125
 Fax: 858-481-0098
 AD Fax: 858-259-6097
 North County Conference/Avocado
 San Dieguito U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2673
 Falcons
 Cardinal Red/Gold
Direction: From I-5: Del Mar Heights Road-E From 1-15:56 Fwy East, exit (R) Carmel Country Rd, (R) Del Mar Heights Rd. just ahead on left

ADMINISTRATION

Prin: Danette Morrell 336-4290
 dmorrell@cuhsd.net
 Prin Sec: Rita Figueroa 336-4240
 rfigueroa@cuhsd.net
 AP: Craig Lyon 336-4257
 AD: Craig Lyon 336-4257
 clyon@cuhsd.net
 AD Sec: Alma Jimenez 336-4220
 ajimenez@cuhsd.net
 ASB: Sergio Rubio 336-4215
 Finance: Diane Richmond 336-4249
 Cheer: Denise Harrison
 Band: Mark Mordasini 336-4262

ADMINISTRATION

Prin: Dr. Maria Armstrong
 maria.armstrong@suhsd.k12.ca.us
 Prin Sec: Pam Rose x 110
 pamelarose@suhsd.k12.ca.us
 AP: Rich Carreon
 richard.carreon@suhsd.k12.ca.us
 AD: David Thompson 628-3023
 david.thompson@suhsd.k12.ca.us
 AD Sec: Robin Meglin 628-3190
 ASB: Mark Carpizo
 Finance: Robin Megling 628-3190
 Cheer: Dolly Charles 628-3023
 Band: Carlos Navarette 628-3023

ADMINISTRATION

Prin: Dr. Craig Rocha 619-660-3511
 crocha@guhsd.net
 Prin Sec: Vicki Ordway 660-3512
 vordway@guhsd.net
 AP: Al Love 619-660-3521
 alove@guhsd.net
 AD: Gary Stathas x 371
 gstathas@guhsd.net
 AD Sec: Kyla Richardson 660-3520
 krichardson@guhsd.net
 Athletic Trainer: Gil Saldivar
 gsaldivar@guhsd.net
 ASB: Drew Stewart
 Finance: Julie Uto x 241
 Cheer: Cheryl Acosta 619-985-1844

ADMINISTRATION

Prin: Wes Braddock 474-9713
 wes.braddock@suhsd.k12.ca.us
 Prin Sec: Georgia Wapnowski
 AP: Dave Mitrovich
 david.mitrovich@suhsd.k12.ca.us
 AD: Tim Latham 474-9734
 robert.latham@suhsd.k12.ca.us
 AD Sec: N/A
 ASB: Dave Mitrovich
 Finance: Chris Gonzalez 474-9751
 Cheer: Cyndy Casas
 Band: Patrick Doerr

ADMINISTRATION

Prin: Brett Killeen x 2221
 brett.killeen@sduhsd.net
 AP: Rob Coppo
 robert.coppo@sduhsd.net
 AD: Anne Meigs x 2226
 anne.meigs@sduhsd.net
 AD Sec: Pam Brand x 2226
 tpathletics@sduhsd.net
 Ath Trainer: Christina Scherr
 christina.scherr@sduhsd.net
 ASB: Scott Chodorow x 2060
 Finance: Patricia Hargraves x 2297
 Cheer: Scott Chodorow x 2060
 Band: Amy Willcox x 2272

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Sergio Rubio
 B. BB: Ruben Valenzuela
 G. BB: Joshua Razmus
 B. XC: Richard Bird
 G. XC: Richard Bird
 Field Hockey: DNF
 Football: David Drury
 B. Golf: AJ Escalera
 G. Golf: Julia Cordova
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Rafael Contreras
 G. Soccer: Victor Arredondo
 Softball: Stephanie Niebla
 B. Swim: Nikie Lopez
 G. Swim: Nikie Lopez
 B. Tennis: Genaro Pineiro
 G. Tennis: Genaro Pineiro
 B. Track: David Obeso
 G. Track: Richard Bird
 B. VB: DNF
 G. VB: Leighann Sudduth
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Ismael Cordova

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Tucker Pickett
 B. BB: Steve Selland
 G. BB: William Stewart
 B. XC: David Buse
 G. XC: Renata Bush
 Field Hockey: DNF
 Football: David Martinez
 B. Golf: Art Quesada
 G. Golf: Sean Seibel
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: Jerry Nestterodt
 B. Soccer: Guillermo Medina
 G. Soccer: Marco Bektran
 Softball: Rob Russel
 B. Swim: John Carson
 G. Swim: John Carson
 B. Tennis: Tim Jefferies
 G. Tennis: TBA
 B. Track: David Thompson
 G. Track: Chris Tompkins
 B. VB: Jae Engino
 G. VB: Tom Hernandez
 B. Water Polo: Jon Carson
 G. Water Polo: Jon Carson
 Wrestling: David Martinez

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Phil Mittry
 B. BB: Derek Stephens
 G. BB: Penny Smith
 B. XC: Gary Stathas
 G. XC: Pat Connolly
 Field Hockey: DNF
 Football: Ron Boehmke
 B. Golf: Dan Pyle
 G. Golf: Richard Harris
 Gymnastics: Julian Friesen
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF
 B. Soccer: Noah Diaz
 G. Soccer: Charlie Cleaves
 Softball: Julie Bohe
 B. Swim: Nic Maes
 G. Swim: Stephanie Kuhns
 B. Tennis: Jerry Segawa
 G. Tennis: Jerry Segawa
 B. Track: Gary Stathas
 G. Track: Charles Tyler
 B. VB: Gil Saldivar
 G. VB: Mike Manthei
 B. Water Polo: David Serrano
 G. Water Polo: Wes Tart
 Wrestling: Dan Kida

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: TBA
 B. BB: Jose Mendoza
 G. BB: Heather Huckaby
 B. XC: Tim Latham
 G. XC: Craig Balsley
 Field Hockey: DNF
 Football: Tony Garcia
 B. Golf: Don Howard
 G. Golf: Don Howard
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: Yvonne Curtis
 B. Soccer: Raul Galindo
 G. Soccer: Roberto Bonilla
 Softball: Yvonne Curtis
 B. Swim: Gina Murrillo
 G. Swim: Gina Murrillo
 B. Tennis: David Cobian
 G. Tennis: Robert Bonilla
 B. Track: Tim Latham
 G. Track: Tim Latham
 B. VB: Erik Hernandez
 G. VB: Eric Hernandez
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: Joe Ibarra

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Matt Chess
 B. BB: John Olive
 G. BB: Amanda Polidoro
 B. XC: Brent Thorne
 G. XC: Brent Thorne
 Field Hockey: Kari DiGuilio
 Football: Scott Ashby
 B. Golf: Jay Pearlman
 G. Golf: Larry Knabb
 Gymnastics: Denise Sterger
 B. Lacrosse: John Principi
 G. Lacrosse: Amanda Bourquin
 Roller Hockey: DNF
 B. Soccer: Andy Hargreaves
 G. Soccer: Dennis Costello
 Softball: Jon Moore
 B. Swim: Richard Contreras
 G. Swim: Richard Contreras
 B. Tennis: Anne Meigs
 G. Tennis: Anne Meigs x 2026
 B. Track: Mike Stevens
 G. Track: Charlene Falcis-Stevens
 B. VB: Jim Harrah
 G. VB: Jim Harrah
 B. Water Polo: Rob Tilburg
 G. Water Polo: Heather Langridge
 Wrestling: Jesse Mindlin

TRI-CITY CHRISTIAN

web: www.tccs.org
 302 N. Emerald Drive
 Vista, CA 92083
 Ph: 760-806-8247
 Fax: 760-806-9002
 Coastal Conference/North
 Private School
 Coed/Four Years
 Enrollment (9-12) = 307
 Eagles
 Cardinal Red/Navy Blue

Direction to Athletic Facilities:

I5 to Hwy 78 E or I-15 to Hwy 78 W.
 Exit Emerald - go north.

UNIVERSITY CITY

web: www.universitycityhigh.org
 6949 Genesee Avenue
 San Diego, CA 92122
 Ph: 858-457-3040
 Fax: 858-458-9432
 AD Fax: 858-452-6518
 City Conference/Western
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1851
 Centurions
 Navy/White/Columbia Blue
Directions: I-805 to 52 West or I-5
 to 52 East - North on Genesee.

VALHALLA

web: Valhalla@guhdsd.net
 1725 Hillsdale Road
 El Cajon, CA 92019
 Ph: 619-593-5300
 Fax: 619-588-9713
 Grossmont Conference/Hills
 Grossmont U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2127
 Norseman
 Orange/White

Directions: I-8 to 2nd St South
 (becomes Jamacha Rd at Main St - L at
 Hillsdale Rd.

VALLEY CENTER

web: www.vcpusd.net
 31322 Cole Grade Road
 Valley Center 92082
 Ph: 760-751-5500
 Fax: 760-751-5509
 North County Conference/Valley
 Valley Center-Pauma U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1431
 Jaguars
 Black/White/Teal
Directions: I-15 to Old Castle Rd East
 until deadend. It becomes Lilac Dr. - L
 on Valley Center Road - L on Cole Grade
 Rd (3 1/2 miles on left)

VINCENT MEMORIAL

web: N/A
 525 West Sheridan Avenue
 Calexico, CA 92231
 Ph: 760-357-3461
 Fax: 760-357-0902
 Southern Conference
 Diocese of San Diego
 Coed/Four Years
 Enrollment (9-12) = 271
 Scots
 Navy/White/Gold

Directions: I-8 E past El Centro to
 Hwy 111 S - R at Hwy 98 - L to Cesar
 Chavez Blvd - bear right to school.

ADMINISTRATION

Prin: Clark Gilbert x 209
 clark.gilbert@tccs.org
 AP: N/A
 AD: Stan Bickley x 206
 coachbickley@tccs.org
 AD Sec: Teri Montano x 219
 teri.montano@tccs.org
 ASB: Kim Berg x 312
 kim.berg@tccs.org
 Finance: Michelle Cooke 630-8227x208
 michelle.cooke@tccs.org
 Cheer: Tina Blankenship x 312
 Band: N/A

ADMINISTRATION

Prin: Michael Price
 mprice1@sandi.net
 Prin Sec: Barbara Prince x 201
 bprince@sandi.net
 AP: Emma Martinez x 205
 emarlinez1@sandi.net
 AD: Edward Yandall x 243
 eyandall@sandi.net
 AD Sec: N/A
 ASB: Donna Fallon x 153
 Finance: Gail Newcomb x 208
 gnewcomb@sandi.net
 Cheer: Dana Macatantam 990-5076
 Band: Michael Cummins x 233

ADMINISTRATION

Prin: Mary Beth Kastan 593-5312
 mkastan@guhdsd.net
 AP: Sam Lund 593-5322
 slund@guhdsd.net
 AD: Robert Wilson 593-5321
 rwilson@guhdsd.net
 AD Sec: Debi McLean 593-5324
 dmclean@guhdsd.net
 Ath Trainer: Megan Schutter
 meganschutter@gmail.com
 ASB: Jon Owens 593-5386
 Finance: Connie Kaminsky 593-5337
 Cheer: Connie Kaminsky
 Band: Richard Almanza 593-5431

ADMINISTRATION

Prin: Ron McCowan 751-5502
 mccowan.ro@vcpusd.net
 Prin Sec: Robin Macomber 751-5503
 macomber.ro@vcpusd.net
 AP: Dennis Zabinsky 751-5531
 AD: Mike Cummings 751-5554
 cummings.mi@vcpusd.net
 AD Sec: Christa Baldwin x 2301
 athletics.ja@vcpusd.net
 Ath. Trainer: Akiko Yoshiyama
 yoshiyama.ak@vcpusd.net
 ASB: Rob Gilster x 401
 Finance: Silvia Favela 751-5516
 Cheer: Carli Morasco
 Band: Christopher Hollyday x896

ADMINISTRATION

Prin: Sister Lilia M. Barba, SJS
 email: N/A
 AP: Elva Ochoa 357-3461
 AD: Jesus Gonzalez 357-3461
 jmano07@hotmail.com
 AD Sec: N/A
 ASB: Astrid Roldan
 Finance: Yvette Sanchez
 Cheer: Eriam Islas
 Band: Rodrigo Islas

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Ken Bouchard
 B. BB: Stan Bickley
 G. BB: Stan Bickley
 B. XC: Cheri Wengronowitz
 G. XC: Cheri Wengronowitz
 Field Hockey: DNF
 Football: Rick Brown
 B. Golf: Jack Demaree
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Daniel Salas
 G. Soccer: Kay Costilow
 Softball: Lisa Chappell
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: Mindy Shipley
 G. Tennis: Mindy Shipley
 B. Track: Alphonso Pettaway
 G. Track: Alphonso Pettaway
 B. VB: Mike Bird
 G. VB: Kristen Wright
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSITY HEAD COACHES

Badminton: Robert Tu
 Baseball: Joe Radovich
 B. BB: Terry Stonebreaker
 G. BB: Mary Ann McLaughlin
 B. XC: Jim McCarthy
 G. XC: Jim McCarthy
 Field Hockey: Carrie Seery
 Football: John Hutsel
 B. Golf: Tara Howell
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: Bernard Steinberger
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Josh Conner
 G. Soccer: Brandon Beall
 Softball: Michael Roberts
 B. Swim: Ty Lackey
 G. Swim: Ty Lackey
 B. Tennis: Bo Navarro
 G. Tennis: Bonnie Newmark
 B. Track: John Hutsel
 G. Track: John Hutsel
 B. VB: Brooke Choi
 G. VB: David Lau
 B. Water Polo: Ty Lackey
 G. Water Polo: Ty Lackey
 Wrestling: Jeret Needham

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Mike M. Wilson
 B. BB: Keith Jackson
 G. BB: TBA
 B. XC: Carter Yarbrough
 G. XC: Carter Yarbrough
 Field Hockey: Keith Jackson
 Football: Steve Sutton
 B. Golf: Ken Garry
 G. Golf: Ken Garry
 Gymnastics: Debi Gooding
 B. Lacrosse: TBA
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Robert Baughn
 G. Soccer: Shane Martinez
 Softball: Doug Hartung
 B. Swim: Paige Small
 G. Swim: Paige Small
 B. Tennis: Don Ackerly
 G. Tennis: Don Ackerly
 B. Track: Jon Owens
 G. Track: Jon Owens
 B. VB: Doug Babington
 G. VB: Doug Babington
 B. Water Polo: Paige Small
 G. Water Polo: Paige Small
 Wrestling: Mike Perez

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Cliff Bernard
 B. BB: Robert Purdy
 G. BB: Tony Casillas
 B. XC: Mike Cummings
 G. XC: Mike Cummings
 Field Hockey: Katy Moynour
 Football: Rob Gilster
 B. Golf: Rick Darland
 G. Golf: Jason Poole
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: TBA
 Roller Hockey: DNF

B. Soccer: Robert Morales
 G. Soccer: Eric Osterberg
 Softball: John Scibilia
 B. Swim: Christina Wisecarver
 G. Swim: Christina Wisecarver
 B. Tennis: Peter Skidmore
 G. Tennis: Peter Skidmore
 B. Track: Mike Cummings
 G. Track: Mike Cummings
 B. VB: Alan Dale
 G. VB: Nathan Rendon
 B. Water Polo: Kyle Kline
 G. Water Polo: Kyle Kline
 Wrestling: Clay Clifford

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Phabian Gonzalez
 B. BB: Peter Contreras
 G. BB: Jesus Gonzalez
 B. XC: Jesus Gonzalez
 G. XC: Jesus Gonzalez
 Field Hockey: DNF
 Football: Dave Drury
 B. Golf: Jesus Gonzalez
 G. Golf: Jesus Gonzalez
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Carlos Barboza
 G. Soccer: Juan Ridaura
 Softball: Jesus Gonzalez
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: Pel Garcia
 G. Tennis: Pel Garcia
 B. Track: Jesus Gonzalez
 G. Track: Jesus Gonzalez
 B. VB: DNF
 G. VB: Art Sariego
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VISTA

web: vusd.k12.ca.us/vhs.html
 One Panther Way
 Vista, CA 92084
 Ph: 760-726-5611
 Fax: 760-630-9738
 North County Conference/Palomar
 Vista U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 3038
 Panthers
 Red/Black/White

Directions: I-5 to Hwy 78 E or I-15 to Hwy 78 W - R Vista Village Dr - L South Santa Fe - R Robier - L Panther Way.

WARNER

www.sdcoe.k12.ca.us/districts/warner
 30951 Highway 79
 mail: P.O. Box 8
 Warner Springs, CA 92086
 Ph: 760-782-3517
 Fax: 760-782-0605
 Southern Conference/Citrus
 Warner U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 77
 Wildcats
 Black/Green

Directions: I-15 to Hwy 76 east. Proceed to Hwy 79 north. Go 7 miles north to school.

WEST HILLS

web: whhs.guhisd.net
 8756 Mast Blvd.
 Santee, CA 92071
 Ph: 619-956-0400
 Fax: 619-562-9342
 Grossmont Conference/Hills
 Grossmont U.H.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2227
 Wolf Pack/Wolf
 Silver/Blue/Black

Directions: I-52 east to Mast Blvd - East on Mast to school.

WESTVIEW

web: www.WestviewWolverines.com
 13500 Camino Del Sur
 San Diego, CA 92129
 Ph: 858-780-2000
 Fax: 858-780-2054
 North County Conference/Valley
 Poway U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 2424
 Wolverines
 Black/Vegas Gold/White

Directions: I-5 to SR-56 East of 1-15 to SR-56 West, Exit Camino Del Sur, head North

ADMINISTRATION

Prin: Larry White x 71001
 lwhite@vusd.k12.ca.us
 Prin Sec: Debbie Riehle x 71001
 AP: Ebon Brown x 7103
 ebrown@vusd.k12.ca.us
 AD: Pat Moramarco x 71011
 pmoramar@vusd.k12.ca.us
 AD Sec: Pattie Short
 Ath Trainer: Michelle Hamilton
 mhamilton@vusd.k12.ca.us
 ASB: DJ Sosnowski
 Finance: Karen Riedel x 71029
 Cheer: Jennifer Grainger x 71793
 Band: Neil Anderson x 71833

ADMINISTRATION

Prin: Dr. Ron Koenig x 14
 rkoenig@sdcoe.net
 Prin Sec: Silvianna Gonsalves x14
 sgonsalves@sdcoe.net
 AP: None
 AD: Howard Behrms x52
 hbehrms@sdcoe.net
 AD Sec: Ann Margret Vargas
 amvargas@sdcoe.net
 ASB: Jolanda DeLuca
 Finance: Alice Marshall x 15
 Cheer: Leticia Barron X10
 Band: None

ADMINISTRATION

Prin: Pat Keeley
 pkeeley@guhisd.net
 Prin Sec: Kathy Fisher 956-0412
 AP: Dave Rios 956-0420
 drios@guhisd.net
 AD: Don Rutledge 956-0420
 drutledge@guhisd.net
 AD Sec: Susan Coffroth 956-0420
 scoffroth@guhisd.net
 Ath Trainer: Josh Reiderer
 jreiderer@guhisd.net
 ASB: Tanya Perich
 Finance: Kris Husseman 956-0437
 Cheer: Lorianne Davis 956-0430
 Band: Andy Nelson 956-0466

ADMINISTRATION

Prin: Dawn Kastner x 3003
 dkastner@powayusd.com
 Prin Sec: Tina McDowell x 3005
 AP: Todd Cassen x 3011
 AD: Chris Carter x 3006
 ccarter@powayusd.com
 AD Sec: Amanda Marshall x 3007
 amarshall@powayusd.com
 Ath Trainer: Monica Abeler
 mabeler@powayusd.com
 ASB: Scott Wild x3268
 Finance: Janet Waidelch 780-2061
 jwaidelch@powayusd.com
 Cheer: Janine Tompkins 619-206-7936
 Band: Jeri Webb x 3262

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Rick Lepire
 B. BB: Charlie Mercado
 G. BB: Jennie Dillon
 B. XC: Trevor Sybert
 G. XC: Sonia Flores
 Field Hockey: Gail Petty
 Football: Dan Williams
 B. Golf: Duff McGrath
 G. Golf: Rick Lepire
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Matt Stuckey
 G. Soccer: Roger Leighton
 Softball: Andy Cheek
 B. Swim: Dave Spence
 G. Swim: Dave Spence
 B. Tennis: Shawn Roybal
 G. Tennis: Shawn Roybal
 B. Track: Trevor Sybert
 G. Track: Trevor Sybert
 B. VB: DNF
 G. VB: Julie Kaiser
 B. Water Polo: Dave Spence
 G. Water Polo: Dave Spence
 Wrestling: Chris Davis

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: TBA
 B. BB: Wally Zittle
 G. BB: Mindy Wong
 B. XC: DNF
 G. XC: DNF
 Field Hockey: DNF
 FB - 8-Man: Wally Zittle
 B. Golf: TBA
 G. Golf: TBA
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: DNF
 G. Soccer: DNF
 Softball: TBA
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. VB: DNF
 G. VB: Mindy Wong
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Chris Baum
 B. BB: Jeff Armstrong
 G. BB: Ryan Kinser
 B. XC: Bill Cleves
 G. XC: Bill Cleves
 Field Hockey: DNF
 Football: Casey Ash
 B. Golf: Todd Peterson
 G. Golf: Jeff Armstrong
 Gymnastics: Tonya Summers
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: Dennis Morris

B. Soccer: Russell Shubert, Jr.
 G. Soccer: Dave Ridenour
 Softball: Meagan Hartung
 B. Swim: Marsha Van Norman
 G. Swim: Marsha Van Norman
 B. Tennis: Jack Einbinder
 G. Tennis: Nathan Weldon
 B. Track: Chris Welter
 G. Track: Chris Welter
 B. VB: Jason Miner
 G. VB: Bert Novicio
 B. Water Polo: James Searls
 G. Water Polo: James Searls
 Wrestling: Justin Gigliotti

VARSIITY HEAD COACHES

Badminton: DNF
 Baseball: Beau Champoux
 B. BB: Kyle Smith
 G. BB: Bob McHeffey
 B. XC: John Colson
 G. XC: John Colson
 Field Hockey: Aubrey Cline
 Football: Mike Woodward
 B. Golf: Dave Evenson
 G. Golf: Kyle Safford
 Gymnastics: Diane Wavrik
 B. Lacrosse: Peter Hawken
 G. Lacrosse: Aubrey Cline
 Roller Hockey: Mike Kurth

B. Soccer: Martin Coughlin
 G. Soccer: Peter Stogsdill
 Softball: Tamara McGowan
 B. Swim: Jake Siegfried
 G. Swim: Jake Siegfried
 B. Tennis: Amy Cook
 G. Tennis: Suzie Engel
 B. Track: Jamal Felton
 G. Track: Jamal Felton
 B. VB: Steve McLaughlin
 G. VB: Nancy Ros
 B. Water Polo: Ian Mc Kercher
 G. Water Polo: Amy Jennings
 Wrestling: Perry Watson